JULY in Hethersett was a hot and, at times, very wet month with temperatures climbing to 30 degrees and then giving way to some torrential rain and flash floods which saw much of the village covered in water.

As usual the village came alive with a host of events, many of which are covered in this edition of the Herald, which has its usual mix of event reports, comments, coming events and features.

Sunday, July 9th, saw 17 gardens open to the public in the bi-annual event organised by Hethersett Environmental Action Team (HEAT) with the proceeds this year going to a wildlife project in the village. The following Sunday saw over 250 people take part in the annual two mile Hethersett Run the Square funrun.

Woodcote Sheltered Housing complex turned the clock back almost 80 years for a special Forties Day.

Other major events during July included the rain which came in torrents during the month and saw many village roads flooded.

The photographs on this page are of the floods (top left), the open gardens (top centre) and the winner of the funrun Alistair Shearer who completed the course in just under 11 minutes (top right).

Our summer special starts on page 15.
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot and Wet Month for Hethersett</td>
<td>1</td>
</tr>
<tr>
<td>Bus Damaged in Mill Road</td>
<td>3</td>
</tr>
<tr>
<td>More Mindless Vandalism on Playing Field</td>
<td>4</td>
</tr>
<tr>
<td>Research Help Needed</td>
<td>7</td>
</tr>
<tr>
<td>Herald Comment</td>
<td>8</td>
</tr>
<tr>
<td>The Red Barrows - From the Archives</td>
<td>10</td>
</tr>
<tr>
<td>Jubilee Youth Club News</td>
<td>14</td>
</tr>
<tr>
<td>Woodcote Sheltered Housing’s Forties Day</td>
<td>15</td>
</tr>
<tr>
<td>Hethersett Open Gardens Day</td>
<td>18</td>
</tr>
<tr>
<td>Hethersett Annual Funrun</td>
<td>25</td>
</tr>
<tr>
<td>Powerhooping for Finnbar</td>
<td>33</td>
</tr>
<tr>
<td>New Season Announced for Village Screen</td>
<td>34</td>
</tr>
<tr>
<td>Hethersett Matters</td>
<td>36</td>
</tr>
<tr>
<td>Council and Government Contact Details</td>
<td>38</td>
</tr>
<tr>
<td>Hethersett Helpline</td>
<td>39</td>
</tr>
<tr>
<td>News From the Village</td>
<td>42</td>
</tr>
<tr>
<td>Cuppie Hut is Launched</td>
<td>43</td>
</tr>
<tr>
<td>Herald Health - Health in the Workplace</td>
<td>45</td>
</tr>
<tr>
<td>Hethersett Pictorial - The Floods</td>
<td>47</td>
</tr>
<tr>
<td>Who’s Who at the Herald</td>
<td>50</td>
</tr>
<tr>
<td>Herald What’s On</td>
<td>51</td>
</tr>
<tr>
<td>News From Hethersett Library</td>
<td>53</td>
</tr>
<tr>
<td>From Austerity to Prosperity - Norwich 1945-1960</td>
<td>56</td>
</tr>
<tr>
<td>News From the Parish Council</td>
<td>58</td>
</tr>
<tr>
<td>Groups and Society Reports</td>
<td>60</td>
</tr>
<tr>
<td>Hethersett Hedgehogs</td>
<td>63</td>
</tr>
<tr>
<td>Mediawatch</td>
<td>65</td>
</tr>
<tr>
<td>Troops to Be Commemorated</td>
<td>66</td>
</tr>
<tr>
<td>Hethersett and the Meltons’ Sports Association Meeting</td>
<td>67</td>
</tr>
<tr>
<td>Sports Reports</td>
<td>69</td>
</tr>
<tr>
<td>Village Stalwart Retires from Football Duty</td>
<td>77</td>
</tr>
</tbody>
</table>
Tree Damage

THE dangers from overhanging trees was aptly illustrated when a First double decker bus had an upstairs front window smashed by a tree branch on Mill Road. The damage is shown in our photograph on the right.

The accident happened towards the end of June and resulted in debris strewn across the road. (see photograph above).
More Mindless Vandalism

HETHERSETT Memorial Playing Field was subjected to a new spate of mindless vandalism in July.

The pavilion was splattered with ugly graffiti (see photograph above and on page five) and the container shed belonging to Hethersett Croquet Club was damaged (see photograph below).

Towards the end of the month news came in of a concerted effort to break into a container owned by Hethersett Hawks Cycle Speedway Club.

The vandalism comes after a period of relative calm following a close partnership between Memorial Playing Field Trustees and the Police.

Playing Field Trustees told us about the graffiti which has been reported to the police. The Croquet Club sent us the following comments:

“The croquet club’s shed on the Memorial Playing Field was subjected to mindless vandalism in early June. Despite this being a substantial building erected in the Spring, constructed of concrete panels, the vandals managed to kick in the side of the building. They also attempted to break the padlocks to the
metal door. Previously the roof had been cracked by someone jumping from the Cycle Speedway Club container storage building, next to the shed, onto the roof.”

The croquet club has reported the vandalism to Norfolk Police, which has said that the Memorial Playing Field is one of its local priorities.

At the same time, it was discovered that an attempt had been made to obstruct access to the main Memorial Field Pavilion by stuffing the key hole with broken glass and can ring pulls!

If you see any vandalism taking place on the Memorial Playing Field please ring
999 and report it to the police. Meanwhile playing field trustees leapt into action to get rid of the graffiti.

Playing Field Trustee and Hethersett Parish Councillor Stephen Slack said: “We take the view that prompt clearing and cleaning up is an essential sign that standards do matter.”

Tim Hudson-Church has been co-opted onto the trustees and carried out the removal of the graffiti through the support of Fendercare Marine, a company based at Seething, which loaned a wet blasting machine to carry out the removal.

The photographs on this page show the pavilion after the removal of the graffiti.

Towards the end of the month came news of another spate of vandalism. This time it was an attack on the Hethersett Hawks Cycle Speedway Club container.
Club secretary Mel Perkins said:

“There was a failed break-in attempt at the larger cycle speedway storage container. Originally I considered that it was the action of teenagers but, on closer inspection of the damage, I came to the conclusion that this was not teenagers but a pre-meditated attempt to break in by someone a lot stronger than a teenage schoolboy and with suitable equipment for the purpose, probably a crowbar.

“The reasonably strong padlock had been bent and sheared off, the force also turning the bolt that it goes through by 30 degrees,

“Having broken the padlock, the criminal would have thought he could open the door but had not counted on the even stronger lock inside. Having the attempt foiled he must have fled as the broken padlock was still left in place together with the metal frame.,” Mel said.

Once again the matter has been reported to the police.

_______________________________________________________________________

Student Needs Research Help

WE have been contacted by MSc student Samuel Kinrade who is looking for help in his research into local travel behaviours and how they may be impacted by the implementation of new transport infrastructure.

Samuel is undertaking his research in the light of the possible re-opening of the historic Hethersett Railway Station - something that we have featured in previous editions of the Herald.

Samuel will be particularly looking at the research from a social perspective and the data will be used as a part of a master’s dissertation project undertaken through University College London (UCL).

The survey takes around 10 minutes to complete and those completing it will be entered into a prize draw for the chance to win a £25 Amazon gift card.

Samuel assures us that all answers will be confidential. Further information is available from Samuel at: samuel.kinrade.16@ucl.ac.uk.

The survey is available at
https://goo.gl/forms/ZTwUyFvWwMo3YPlo2
Mess After the Rain

Speaking to a number of householders in various parts of the village after the torrential storms of July, it became obvious that they feel not everything is being done to ensure the safety of their properties.

Overflowing drains and a system that obviously cannot cope with torrential downpours is a worrying factor. It took the Fire Brigade a number of hours to pump out one road which is prone to flooding.

One of the by products of flooding is the mess it leaves on grass verges as is illustrated opposite as cars are forced to drive across them in order to get to or from their homes. Certainly the matter of flooding in many of our roads is a concern that needs to be fully investigated by the water authorities.

More Vandalism

JUST when we thought that vandalism on the Memorial Playing Field was a thing of the past, it has reared its ugly head again with a croquet club container having its door caved in, graffiti being left on the walls and door of the playing field pavilion and an attempt being made to break into a container owned by Hethersett Hawks Cycle Speedway Club.

We hope that residents will be vigilant and report anyone they see acting suspiciously or causing damage to the police. A big effort previously by the playing field trustees and the police saw instances of vandalism almost disappear. Let’s hope that this latest outbreak is only a blip in our fight against this moronic behaviour.

Overhanging trees

THE photographs on page three of this edition shows the problems that can occur from overhanging trees which shattered a window on a double decker bus in
Mill Road. Thankfully nobody was hurt but it does illustrate perfectly the need to keep these branches clipped.

A Dying Breed

The village owes a huge debt of gratitude to Mel Perkins who has stepped down from his role with Hethersett Athletic Football Club after 25 years as club secretary. Mel is also secretary of Hethersett Hawks Cycle Speedway, a position he continues with over 50 years since founding the club in 1966. Without his commitment and enthusiasm over decades, there is no doubt that neither club would exist. Wayne Johnson the outgoing chairman of Hethersett Athletic summed it up at the club’s recent annual meeting (see page 77 for a full report) when he referred to Mel as “one of a dying breed.”

Finnbar

Little Finnbar Cork, who tragically died last year from a brain tumour, continues to inspire so many people. The Finnbar Force charity is holding numerous events throughout the year and we report on just some of them in this edition. It is so humbling to see how Finnbar’s legacy lives on and also how people are responding and raising money for the charity set up in his memory.

Steepletower Improvements

The mess that is the entrance to Steepletower looks like being sorted out shortly in more ways than one. Different parts of the entrance seem to be the responsibility of different organisations. Thankfully they have all come together to spruce up the area and that should certainly improve the look of one of the major entrances to the village.

Ignorant Motorists

The annual village funrun takes place once a year for a period of one hour. During this time a number of roads in the village are closed. This fact is advertised in the local press, on social media and via flyers posted through letterboxes.

Despite this the organisers and marshals (all of whom are volunteers) are still subjected to abuse by motorists demanding access to closed roads. It’s a shame that these ignorant drivers do not have the same sense of community spirit as all those who either help organise, support or take part in the event.
IT was early January, 1995, when the PTA committee of Hethersett Middle School was gathered around the private dining room table at the King’s Head Pub desperately trying to think of something different to do at its May Fair.

Suddenly, Mike Anderson, who was never short of an idea or two, said “Why don’t we do the Red Barrows?” He quickly explained that this would be a Red Arrows type display, only done with wheelbarrows. This seemed like a pretty good idea at the time and chairman, Liz Hovey was given the task of doing some research.

Two weeks later the committee started to reconvene in the main dining room at the pub. One by one we arrived and one by one we voiced our doubts about doing something so stupid. The general consensus was that we were going to put our collective feet down and say that there was no way that we were going to make fools of ourselves by running around a field pushing a wheelbarrow.
We were going to put on a united front and absolutely refuse to do it. Liz duly arrived, armed with not only her usual enthusiasm, but also reams of paper showing the precise flight patterns of all of the real Red Arrows latest routine which they had willingly supplied. Within minutes the brave committee had completely caved in and readily agreed to give it a go. “Oh yes Liz, we’d love to do it”, we said.

Despite our initial reluctance, there can be no doubting the committee’s enthusiasm for the project. The nine person team was selected and training began almost immediately. The team was to be: Squadron Leader Liz Hovey – Red 1, and Flight Lieutenants Clive Ringer – Red 2, Peter Steward – Red 3, Nick Folliard – Red 4, Joyce Griffin – Red 5, Mike Anderson – Red 6, Gary Thornton – Red 7, Roger Morgan – Red 8 and Steve Fulford – Red 9. The supervisor and commentator was Celia Alden – Red 10.

We started in the scout hut simply walking through the complex moves and generally bumping into each other. We gradually progressed to twilight sessions on the Middle School playground and with Squadron Leader Alden barking out the orders, ran around pushing a ramshackle collection of wheelbarrows. With our usual meticulous planning, Red 5 Joyce, who had the shortest legs, was given the furthest to run!

As the day of the Fair approached preparations were stepped up. Red 4 Nick made a set of beautifully painted wings, suitable stirring and patriotic music was recorded, a group of nine brand new wheelbarrows was kindly loaned by Jewsons and, to top it all, a full set of flying suits complete with helmets was obtained from RAF Coltishall.
On the day of the fair, the sun was shining and an expectant crowd had gathered around the playground. With Red 10 in the control tower, the team took to the stage and to the sound of the Dam Busters March launched into its carefully choreographed routine. Needless to say, we produced a near faultless performance, smoothly going through the transitions including diamond nine, delta wing and the Vulcan.

The thrilling head to head was carried out at breakneck speed as were the running cross over and the Interlace. At the end of the show we were joined by our youngest recruit, trainee pilot 6 year old Neil Anderson (Red 0) to take the salute from Wing Commander Richard Gunston and lollipop man Eric Mendoza.

The crowd roared its approval and called for an encore, apart from one misguided soul who had misread the advertising poster and was expecting to see the real Red Arrows! The group’s fame quickly spread and we were invited to repeat the performance at other fetes.

We took part in the Hethersett Carnival procession performing our routine whilst walking through the streets, which was no mean feat.

We were awarded first place in the best float competition before doing our final show on the field next to the village hall.

At the next committee meeting to discuss the fete, Mike suddenly said: “How about doing the Red Sparrows
next year, you know, it’s like the Red Arrows but done using winged bicycles!” This was met by a resounding NO WAY!

To ensure that this would never happen, the beautiful wings were ceremoniously burnt on a bonfire on November 5th later that year.

Video evidence of our routine was taken at the time but sadly, or should I say fortunately, this has long since been lost unless you know otherwise of course!

OUR picture at the top of the page shows a bonfire with a difference as the Read Barrows meet their end. Above Eric Mendoza and the Red Barrows salute at the end of one of their performances.
IT was a very hot dog show and fete this year, dare I say almost too hot!
Finding shade for the dogs and stall holders was the order of the morning so gazebos and tents were required to be put up.

Thanks to Leslie and Steve, they went up quickly and we were able to set-up the stalls speedily.

We had a much bigger variety of stalls this year including cup cakes, sweets, toys and more. We also had the traditional fete games such as Splat the Rat, Hook a Duck and the Treasure Hunt.

The dog show, attracted dogs of all shapes and sizes for Zoe to judge. In the end there had to be winners and the top three were:

In third place was Luna the Cockapoo who also had the Waggiest Tail,

Reserve Best in Show was Merlin the crossbreed who won the Judge's Choice. Best in Show, who was presented with the cup, was Jess the Norfolk Terrier who also had the most appealing eyes. Congratulations to all those who entered and made it such a fun afternoon. We look forward to welcoming you back next year to defend your title Jess.

We were grateful to Chapelfield Vets, Wymondham, for sponsoring the show and to Premiere Rosettes for the beautiful rosettes they generously donated.

It seemed a lot quieter this year than previous years, but maybe that was due to the heat. However, the attendance was disappointing when so much effort had gone into the day and stall holders had come from outside the village. Having said this we appear to have made approximately £700 which will go towards the club, upkeep of the hall and equipment.

Thank you to everyone who supported the fete in any way. We are going to hold a toy sale with cakes, raffle, books and refreshments during October or early November to try and raise about £150 which we didn't make at the fete! An exact date will be advertised as soon as we have it but at the moment we are looking at either November 11th or October 7th.
Woodcote Forties Day

WOODCOTE Sheltered Housing complex in Firs Road turned the clocks back almost 80 years for a special day of 1940s nostalgia.

There was fun for old and young alike with a number of forties themed games from bagatelle to hook a duck.

Singer Kitty Collins entertained throughout the day with songs from the Second World War and others made famous in the 1940s and a number of guests took the opportunity to dress in 1940s clothes.

There were a number of military vehicles on show and home made cakes and refreshments were served.

Proceeds from this year’s event amounted to £1500 to be split between Hethersett Dementia Group, Hethersett Surgery and Woodcote Social Club. To see a photograph and further details of the presentation to the dementia group go to page 42.

Kitty Collins is pictured at the top of the page and opposite is a general view of some of the stalls.
Above Kitty Collins and South Norfolk MP Richard Bacon get into the Forties spirit and opposite Woodcote resident Paula Brettingham with a framed set of her postcards showing Woodcote through the seasons. Sets were sold in aid of the charities.
Getting into the spirit of the Forties Day were the two gentlemen above and opposite. Home made cakes did a roaring trade.
SEVENTEEN gardens opened their doors to the public on Sunday, 9th July, for the bi-annual village event.

In contrast to 2015 when rain threatened to wipe out the event, this year’s Hethersett Open Gardens Day was blessed with bright sunshine in the morning and a more cloudy afternoon - but the rain stayed away.

As always, variety was the key word with everything from cultured lawns to a prairie being featured. Gardens were open in Great Melton Road, Lynch Green, Myrtle Road, Grove Road, Nelson Close, Exmouth Close, Haconsfield, Cann’s Lane, Priory Close, St David’s Road, New Road, Malthouse Road and Mill Road.
Hethersett Summer Events Special

Associate editor Gary Wyatt was out with his camera to take some of the more quirky aspects of this year’s Open Gardens event. We publish a gallery of his photographs over the next few pages and on page 23 he talks to some of the owners about their gardens.
Hethersett Summer Events Special
Visitors love the Hethersett Open Gardens event but what do the garden owners think? Herald Associate Editor Gary Wyatt asked three of his close neighbours, who opened their gardens this year, what they get out of it themselves –

ALL of the owners said how lovely most visitors were and how they enjoyed meeting people. Pat said she enjoyed the surprise on visitors’ faces when they saw the garden behind her house as it is normally completely hidden from public view. Husband Peter said he enjoyed “titivating” the garden in preparation for the event, as this made him go that extra mile to ensure everything looked good on the day. Their granddaughter Lily had made some delicious cakes and buns for sale to visitors and they were proving popular when I called round.

Over the road, Sandra said she found visitors’ comments very rewarding and they gave her reassurance that the recent changes she and husband Barry had made to the garden were on the right lines. Visitors were also a source of inspiration and suggestions for further development of the garden. Meanwhile, family dog Jo appeared to be sharpening up her croquet skills!

Further along the road, it seems another dog had become famous with visitors even before they arrived, as Sasha the cocker spaniel had been included in the description of the garden in the event brochure. Owners Judith and Martin said that Sasha’s long soft ears were...
especially popular! Like the other owners, they also enjoyed meeting and chatting with visitors. All this took place under the beady eye of the watchful hen.

From speaking to owners at other gardens around the village, it seems that enjoying the interaction with visitors is a common and rewarding theme, and a big incentive to the owners to take part. One or two mentioned that it was quite hard work preparing their garden in advance and a very full day during the event itself, but that what they got out of it personally far outweighed any disadvantages. Nobody said “never again” so roll on the next event in 2019.

Coming to
The Social Club

Events may be subject to change.

**August 19th** - What’s Up Band.

**August 27th** - Karaoke in the lounge.

Details can be checked on the club’s web site at: [www.hethersettsocialclub.co.uk](http://www.hethersettsocialclub.co.uk)

If you have an event you would like promoted in Hethersett Herald please send details to petersteward@lineone.net or leave a message on our Facebook page. Our Facebook address can be found in this edition.
Over 250 people of all ages took part in the eighth annual Hethersett Funrun.

The youngest was two and the oldest 76 and everyone once again finished the course which took in a two mile square along closed roads that included Queen’s Road, Great Melton Road, Mill Road, New Road and Old Norwich Road, starting and finishing outside Hethersett Junior School.

First home was Alistair Shearer in a time of 10 minutes and 57 seconds. Alistair has only lived in the village since April and saw the run
advertised in a local shop.

“Unfortunately the first two runners home were denied a grandstand finish by two selfish car drivers who insisted on their right to drive down the roads which were legally closed,” said organiser Shane Hull.

Despite this it was another successful event for the run which is organised through the auspices of Hethersett and the Meltons’ Sports Association and which is part of the village’s Olympic Legacy going back to 2010.

A number of runners wore fancy dress and winner of the best costume was Jessica Pullinger dressed as a monkey. For the first time this year, the run culminated in a family funday at Rowan House Well Being Centre and Hethersett Social Club where there were raffles, tombolas, competitions, barbecues and a number of “come and try” health sessions. The pre-run warm up was led by Norfolk Olympian Paul Evans and a number of marshals from the village and Crusaders Rugby Club ensured the runners finished safely.
Hethersett Summer Events Special

Hethersett Funrun Picture Gallery

Pictures by David Bills and Peter Steward.

On the left a group of finishers wind down after the funrun event.

On the right a cross section of the runners with their special 2017 commemorative medals.

Organisers and entrants all joined in with the fun as two of the first aiders showed at the end of the run.
Hethersett Summer Events Special
ON the previous page some of the younger runners line-up for the camera and Alex McDowell flips a burger outside Hethersett Social Club. This page shows a banner advertising the run at Hethersett Social Club and one of the stalls in the grounds of Rowan House.
A number of clubs and organisations joined in the fun and our photograph above shows Hethersett Methodist Minister the Rev Matthew Olanrewaju with his family and supporters who served refreshments on the forecourt outside the church. The church also designed its own banner.
ABOVE - runners and walkers start their run and opposite and on the next page, individuals approach the end of the event.
Hethersett Summer Events Special
THE weather failed to dampen the spirits of a hardy group which raised funds for the Finnbar’s Force charity at Hethersett Woodside and Infants School.

Rain and bad weather meant that the powerhoop event had to be held as two separate classes in the school hall rather than as one giant class in the playground.

The event raised a superb £1425 and, as our photographs show, those taking part had a great deal of fun in raising the money. Brightly-coloured hoops were
spun around bodies as part of a fundraiser for the new charity launched after Finnbar’s death to help children suffering from brain tumours and their families.

Organiser Jane Keeley said she was thrilled with the amount raised at the event, which also included a picnic, disco and barbecue.

Powerhooping involves exercising with a weighted hula hoop.

Tristan and Claire Cork, left, and Jane Keeley, right, with a Stormtrooper at the Powerhooping for Finnbar charity event. Picture: Nicole Keeley Photography

New Season of Village Screen

THE latest series of Hethersett Village Screen films has been announced after the group’s summer break.

Films for September through to December will be held in Hethersett Village Hall on Sunday afternoons at 3pm. A list of features appears on the next page and we will have more on the group in next month’s Herald.
Their Finest (12A)
Sunday 3rd September, 3pm

Gemma Arterton and Bill Nighy star in the tale of a former secretary, newly appointed as a scriptwriter for propaganda films, who joins the cast and crew of a major production while the Blitz rages around them.

My Cousin Rachel (12A)
Sunday 15th October, 3pm

A young Englishman plots revenge against his late cousin’s mysterious, beautiful wife, believing her responsible for his death. But his feelings become complicated as he finds himself falling under the beguiling spell of her charms. Rachel Weisz stars in this adaptation of the classic Daphne Du Maurier novel.

Viceroy's House (12A)
Sunday 12th November, 3pm

The final Viceroy of India, Lord Mountbatten, is tasked with overseeing the transition of British India to independence, but meets with conflict as different sides clash in the face of monumental change. A strong ensemble cast features Hugh Bonneville, Gillian Anderson, Michael Gambon, Manish Dayal and Simon Callow.

Whisky Galore (PG)
Sunday 17th December, 3pm

Whisky Galore is a remake of the classic British comedy in which Scottish islanders attempt to steal whisky from a wrecked ship. It features a rich cast of comic talent, including Ellie Kendrick, James Cosmo, Eddie Izzard, Sean Biggerstaff, Tim Pigott-Smith, Naomi Battrick and Gregor Fisher.
Working with Norfolk Trading Standards to make you aware of some of the latest scams to avoid.

Norfolk Trading Standards is warning residents to be aware of telephone cold calls stating they can help stop telephone cold calls.

Trading Standards is aware that there are a number of companies cold calling claiming to be able to offer this ‘service’ with some charging one-off fees and others charging ongoing monthly fees.

It is extremely unlikely that any ‘service’ of this type can legitimately claim to be able to stop cold calls so any money paid is unlikely to achieve any benefit.

Trading Standards always advise never to buy items or agree to ongoing services when approached by a telephone cold call.

If you have responded to one of these cold calls which you now believe may not have been genuine, or if the company is taking an ongoing monthly payment and you need further advice, contact the Citizens’ Advice consumer helpline via its online reporting form or telephone 03454 04 05 06.

Norfolk Trading Standards is warning residents about telephone cold calls claiming to be offering ‘Government grants’ for replacement boilers after receiving a number of complaints.

Trading Standards advises always be very wary of any approach made in a telephone cold call and NEVER give or confirm any personal details or agree to someone visiting your home if approached in this manner.

Impartial advice on energy saving and accessing genuine grants is available from the Energy Saving Trust.

If you need advice about telephone cold calling or have agreed to a visit during a cold call contact the Citizens’ Advice consumer helpline on their online reporting form or by telephone to 03454 04 05 06.

Norfolk Trading Standards is again receiving reports from Norfolk residents who are being targeted with telephone cold calls about ‘potential fire risks with solar panels’.
During the calls the cold caller will claim that ‘an urgent visit is needed to undertake a fire risk assessment’ and in some calls it has been reported that the callers are making claims that if a fire is caused by the solar panels the fire service will not attend and house insurance will be invalid.

These claims are false but are being used to put pressure on householders to agree to the visit. Where ‘risk assessment’ visits have taken place householders are being told the solar panel systems require ‘solar isolators’ and through pressure selling techniques a number of Norfolk residents have made payments of around £3000 for this addition to their solar system.

Trading Standards always advise residents to be very wary of any approach made in a telephone cold call and NEVER agree to someone visiting your home if approached in this manner.

If you have solar panels on your property and you have concerns about their safety or are looking to have any maintenance done to them you should use a Norfolk Trusted Trader or a member of the Solar Trade Association.

If you have received one of these calls, have agreed to a home visit or an installation following this type of call, please contact the Citizens’ Advice consumer helpline on 03454 04 05 06.

Winter Wonderland Time

Hethersett Old Hall School is holding a Christmas Fayre on November 18th and has stalls for hire.

The school’s Winter Wonderland Fayre will run from 10am until 3pm.

“Stalls cost £25 and can be booked through myself at salshog@hotmail.com,” said chairman of the school’s parents association Joy Elsley
Below are the contact details for people you may want to get in touch with on village matters:

**Member of Parliament**
Our MP is Richard Bacon who can be contacted through the following:
Email - Richard@richardbacon.org.uk.
Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.
Telephone: 01379 642097
Web site: www.richardbacon.org.uk
Facebook - Bacon4SouthNorfolk
Twitter - @Bacon4SNorfolk

**Norfolk County Council**
Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

**South Norfolk Council**
Our South Norfolk Council representatives are Leslie Dale and David Bills. Leslie can be contacted on 01603 810952. David can be contacted on 01603 813041.

**Hethersett Parish Council**
Clerk to the council Ian Weetman can be contacted on 01603 810915. Parish council chairman Jackie Sutton can be contacted on 01603 811170.

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**Temporary Road Closure**

A section of Back Lane will be closed for three days in August.

Back Lane for 100 metres from the junction with Henstead Road will be shut to traffic from 9.30am on August 7th until 3.30pm on August 9th for renewal of BT cables.
Hethersett Herald has again teamed up with Able Community Care to provide answers to common questions:

Question: I am a widow and finding it difficult to make ends meet. Neither I nor my husband had private pensions and now on one state pension I have to be very careful. My husband was a farm worker for 50 years of his life. Is there any related organisation that I can make contact with to see if they can help me with a problem I have?

Answer: You do not say what the problem is but you should make contact with the Royal Agricultural Benevolent Institution. This organisation provides assistance to retired or disabled farmers, farm managers/workers and their dependents in England and Wales.

You can write to; The Head of Welfare, Shaw House, 27, West Way, Oxford, OX2 0QH. If you would like to telephone them, the helpline number is 01865 724931

Question: What is the difference between analogue hearing aids and digital hearing aids and where can I get some information with reference to what the NHS can provide and also some advice should I decide to purchase an aid?

Answer: Analogue hearing aids amplify electronic signals whilst digital hearing aids use a tiny computer to process sound and they are designed to reduce background noise and can be programmed to suit different living conditions.

The NHS has high-quality digital hearing aids up to the top of the mid-range. For most situations, they perform very well and the waiting time to get one is short. It takes only two to five weeks from having your hearing test to getting your NHS hearing aid fitted.

For guidance on aids that can be purchased privately visit the Action on Hearing Loss (formally the RNID) and download their fact sheet with reference to private purchase at www.actiononhearingloss.org.uk

Question: My son is disabled and would like to set up his own business. He has made a few enquiries but rather than encouraging him it has had the opposite effect. Are there any organisations who are experienced in working with disabled people who set up their own businesses?

Answer: If you look on the internet there are quite a number of organisations that can offer guidance and advice but we would suggest that you may like to begin with the organisation Liveability.
Livability is the UK’s largest Christian disability charity and gives disabled and disadvantaged people real choice about how they live their lives. In this vein they offer help and guidance for people who wish to become self employed and start a business. In addition to advice they offer workshops which cover core entrepreneurial skills such as business planning, book keeping and marketing. Once the business is launched they can provide up to 18 months mentoring.

Livability has only been providing this help for a relatively short time but their web site advises that already to date they have helped launch over 150 new businesses for people with a disability. The web site is www.livability.org.uk

A website run by people who have started up a business as a disabled person is Disability Means Business. DMB is a resource for disabled entrepreneurs who are self employed or wishing to start up their own business and can put you in touch with other disabled entrepreneurs to share knowledge which may help with the success of your business. For further information please visit www.disabilitymeansbusiness.co.uk

Able Community Care The Old Parish Rooms, Whitlingham Lane, Trowse, Norwich, Norfolk, NR14 8TZ Tel: 01603 764567 E Mail - ablemg@aol.com Web site: www.uk-care.com

The Things They Say

Looking at some of the things that are being said about Hethersett and by Hethersett residents:

“What had been unthinkable, by some, at the start of 2017 was called, and has happened, and we no longer have a clear majority Government. When I awoke on Friday 9th June, and saw the result, my immediate reaction was to think, ”Oh I wonder how long it will be before they ask the DUP to join them? Why? Because Callaghan has done it with the Ulster Unionists in 1978, but they, of course, had no seats from the 2017 General Election, leaving only the DUP to ask.

“We live in turbulent times. By the time you read this, we will have no idea what the political landscape will look like, and whether or not Mrs May will survive if a leadership challenge is issued. Brexit soft or hard, will most likely, be under way, and some may even be calling for another General Election to give us a clear cut majority (as happened in 1974).”

Rev Derek McClean, Rector of Hethersett, writing in the Good News magazine.
HETHERSETT HERALD

Your Monthly E-Magazine

News, views, comment, information and photographs keeping you up to date with what is happening in our village. Hathersett Herald is published on the first day of each month exclusively at:

www.hathersett.org.uk

Supported by
£500 For Dementia Group

A CHEQUE for £500 has been presented to the Hethersett Dementia Support Group as part of the proceeds from the Forties Day event at Woodcote Sheltered Housing complex in Firs Road (see page 15 for a report on the event).

The cheque was presented to Chairman of the Dementia Group, David Bills, by Chris Trenerry, Chairman of Woodcote’s Social Committee which was responsible for organising the event.

David Bills paid tribute to everyone who had helped to organise the day:

“It was an amazing event and really good fun with a number of people dressing up in forties gear. Congratulations must go to the social committee for organising such a good community event.
“For many years Woodcote organised annual fetes but they then seemed to fizzle out. We are so grateful that they have now started up again. I hope the fetes can become an annual event. With more and more people coming to live in Hethersett it is so important to keep our community spirit and events like this really help,” he said.

Chris Trenerry confirmed that the Forties event would be repeated again next year. “Many of our residents can really relate to the 1940s and next year’s event will continue the same theme. We are delighted to present a cheque for £500 to the dementia group. Dementia is something that troubles families throughout the world,” he said

Lyn Trenerry used Facebook to thank all those who had helped to make the day a success: “I would just like to say thanks to all who turned up. I’m proud to say we made almost £1500. £500 has been presented to Hethersett Dementia Group, £500 to Hethersett Surgery to enable them to purchase a much needed blood pressure monitor and the rest to Woodcote Social Club to help us to continue providing outings and entertainment for the residents,” Lyn said.

HETHERSETT double act Mel and Kim are ensuring that visitors to the Memorial Field are kept fed and watered.

For a new enterprise sees Mel and Kim serving up teas, coffees, hot chocolate,
cold drinks, cupcakes and many other treats from a converted horsebox.

The duo, who both live in the village, opened for business for the first time in July and hope to be on the playing field at various times throughout the summer.

Imaginatively entitled the Cuppie Hut, the horse box has been turned into a fully functional kitchen and, when we visited on July 21st, it was doing a roaring trade on a field full of youngsters who had just broken up from school for the summer holidays.

The couple have always enjoyed baking and socialising and feel that the Cuppie Hut is the ideal way to combine those two loves.
Wellbeing in the workplace is here to stay! It’s the responsibility of the employer and our right as an employee. After all, as we all know, a healthy, happy workplace makes for a more productive, more profitable business and, what’s more, a healthy, happy employee makes for a more content, relaxed workplace and can positively improve the home life. But can it really be this simple?

For the most part, employers are aware of their responsibilities towards their staff. They are only too aware of rising costs due to increasing sickness, low productivity, ongoing grievances and early resignations, and they understand, in most cases, the impact of workplace stress on these. The key question, however, is how do employers tackle this?

For the employer, wellbeing in the workplace can be addressed in two ways. On one hand they can consider their management practices; things like ensuring a reasonable workload, effective conflict resolution, offering fair working hours, training, development and allowing people to have autonomy, are all good practice and will lead to a better working atmosphere and more contented employees. On the other hand, and perhaps more importantly, they can consider promoting a more holistic, overall approach to taking care of their employee’s physical, emotional and mental health.

I recently had the opportunity to take part in Wellbeing Week with a local employer. This forward-thinking company chose, over the course of a week, to offer their employees a range of holistic treatments and therapies to improve their physical and emotional wellbeing. By doing so, not only have they shown that they care about their staff, they have taken it a step further and embraced the individuality of each person working for them.

Let’s be honest – what works for one person will be miserable for another. Some of us enjoy a relaxing massage while others prefer exercise, some people are open to talking about their feelings while others may find this more difficult. Most importantly, in this situation, what constitutes a stressful work environment for one person may lead another to thrive. We therefore need to understand that wellbeing is not a ‘one size fits all’ solution. The Life Coaching sessions I ran at this Wellbeing Week covered a surprisingly broad range of topics, many completely unrelated to the workplace, yet they illustrated clearly how interconnected work and home life is for most people.

Which leads me to the question – should wellbeing be the sole responsibility of the employer? Naturally they have a key part to play and a duty of care towards their staff, but, given that many of us spend more time at work than we do
sleeping in our own bed, surely we need to consider taking some of this responsibility onto ourselves?

Of course, happiness and satisfaction at work is important to our self-esteem and future prospects, but our sense of wellbeing extends far beyond this and touches every area of our lives. So yes, our employer is responsible for our wellbeing during working hours, but who is ultimately responsible for our personal happiness and contentment? Shouldn’t we, as individuals, take the excellent practices demonstrated in many workplaces and carry them over into our personal lives?

Let’s take a few of those workplace practices and see how they could work in our personal lives.

- Creating a positive culture– do we have a clear vision and purpose for our life? Can we honestly say that we have a goal or a future in mind?
- Training and development– are we challenging ourselves to try new things or continuing to do what we have always done?
- Security– how comfortable and confident do we feel in our own life? How valued do we feel in the roles we play?
- Good communication– do we have people we can talk to? How do we express how we are really feeling?
- Reward– so many of us feel that life is sometimes an uphill battle, but how are we celebrating our successes and rewarding ourselves?

The list could go on! The point is that, whilst many workplaces are taking steps to take care of our wellbeing, we should also be taking our own steps to ensure our physical, emotional and mental health. We have a vast array of options open to us, from exercise, good nutrition and social events, through to holistic treatments and therapies, and counselling and coaching. Are we, as individuals, putting enough emphasis on our own wellbeing to be able to thrive in the fast-paced world we live in?

Wellbeing is not something that should be thought about once in a while, or when we hit a crisis point. Wellbeing should be at the forefront of our minds at all times. So why not take the principles followed by thousands of employers and apply them to our personal lives as well?

If any of this has rung true with you, either as an employer or someone managing their own life, then you are very welcome to get in contact for an informal chat about some of the Life Coaching options that are available and how they might work for you. Contact: sophie@ses-coaching.co.uk
Hethersett Pictorial

Featuring Hethersett-On-Sea
HETHERSETT was hit by torrential rain, thunder storms and flash floods on the afternoon of July 5th. After a sunny morning, everything clouded over and the pictures on this and the previous two pages were taken in St David’s Road looking towards New Road which was completely flooded.

Norfolk Fire Service attended to pump the water away - a long and arduous job. The road remained passable with care but many motorists avoided taking on the water.

Parts of South Croft and New Road were amongst other areas of the village affected.
Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

www.hethersett.org.uk

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net.

Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

Herald Team

Editor - Peter Steward

Associate Editors - Roger Morgan and Gary Wyatt.

Proof Reader - Patricia Mills

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.
The following are just some of the events taking place in Hethersett in August and further ahead. If you have any events you would like to see featured in Hethersett Herald, please send details of the event, its date, time and venue to the following email address:

petersteward@lineone.net.

August 2nd - Rheumatoid in Norfolk Group (The RiNG) - “Safety in the Home” talk by G. Zielinska from the Norfolk Fire and Rescue Service. Hethersett Village Hall 2-4pm

August 8th - Hethersett Writers’ Group meets at 12, Karen Close, at 8pm

August 8th - Hethersett Friendly Club will be holding a garden party at 13, Back Lane, Hethersett, from 2pm. Entrance is £2 which includes tea and cake and all are welcome.

August 12th - Crusaders Rugby Club wine festival. 2pm to midnight. £5 entry with free glass of wine.

August 15th - Hethersett Dementia Group café at Hethersett Methodist Church Hall, 10am to midday.

August 16th - Hethersett Horticultural Society. Ken Abel on pelargoniums. Methodist Church Hall, 7.30pm

September 3rd - Hethersett Village Screen presentation. Their Finest, Hethersett Village Hall, 3pm. For further dates for the coming season see page 35.

September 12th - Hethersett Writers’ Club, 8pm. Venue to be announced.

September 18th - Hethersett Parish Council meeting in Hethersett Village Hall at 7.30pm.

September 19th - Hethersett Dementia Group café at Hethersett Methodist Church Hall, 10am to midday.

October 10th - Hethersett Writers’ Group, 8pm, Venue to be announced.

October 15th - Hethersett Village Screen presentation My Cousin Rachel. Hethersett Village Hall, 3pm.

October 16th - Hethersett Parish Council meeting in Hethersett Village Hall at 7.30pm.

October 17th - Hethersett Dementia Group café at Hethersett Methodist Church Hall, 10am to midday.
November 3rd - Hethersett and Tas Valley Cricket Club junior presentation awards evening and fireworks.

November 12th - Hethersett Village Screen presentation Viceroy’s House. Hethersett Village Hall, 3pm.

November 14th - Hethersett Writers’ Club, 8pm. Venue to be announced.

November 20th - Hethersett Parish Council meeting in Hethersett Village Hall at 7.30pm.

November 21st - Hethersett Dementia Group café at Hethersett Methodist Church Hall, 10am to midday.

December 12th - Hethersett Writers’ Club, 8pm. Venue to be announced.

December 17th - Hethersett Village Screen presentation Whisky Galore. Hethersett Village Hall 3pm.

December 18th - Hethersett Parish Council meeting in Hethersett Village Hall at 7.30pm.

December 19th - Hethersett Dementia Group café at Hethersett Methodist Church Hall, 10am to midday

For details of events in Hethersett Library, please see page 57.
A NEW Walk and Talk Group is starting at Hethersett Library on Monday, 25th September. Meet at the library at 9.30am. for a gentle stroll around the village followed by tea/coffee.

A new weekly Bounce and Rhyme Time starts on Wednesday, 27th September at 2.15pm.

Like and follow us on Facebook – www.facebook.com/HethersettLibrary

Photocopying now available in the library – 10p per black & white sheet, 50p for colour.

Hethersett Library
Queens Road, Hethersett
www.library.norfolk.gov.uk
Email: libraries@norfolk.gov.uk
Tel: 01603 810188

Summer Reading Scheme Launched

HETHERSETT Library launched its summer reading scheme for children on July 24th.

The scheme will see youngsters reading or having read to them up to six books during the school holidays. Those completing the Animal Agents summer reading challenge will receive a stamp for each book they complete and a certificate and medal if they complete six stamps.

The scheme was officially launched with an animal antics day that saw the library filled with children undertaking a treasure hunt. A special medal ceremony will take place in the library on Thursday, September 14th.

Other events coming up in the library during August include the following (see also the list of regular events on page):

Summertime Bounce and Rhyme songs and stories for under-threes (older siblings welcome) on Monday 21st August from 2.30 to 3pm. This is a free event
More From The Gal Tina

LAST month we featured a poem in Norfolk dialect by Wymondham based Tina Chamberlain who gave a reading at an event at Hethersett Library. Tina writes poetry about her life in Norfolk Dialect with fun the key word. She has to date published two volumes of her poetry under the titles “I Sit Here Thinkun” and “Um Stilla Thinkun” and you can read two more of Tina’s poems on the next page.
**My Norfolk Upbringun**

A little country bungalow
Is where I wus born n raised.
Mum n dad had nine a us
They were the good ole days.

Um Tina, um the youngest
I don’t do girlie things like cook
I’d rather be out fishun
Mum said I orta bin a blook.

I learnt ta drive a tractor
I loved that every bit
I’d pull ma father on the trailer
While he forked off the chicken muck!

We grew our cabbages n spuds
An carrots by the score
I loved the tearst a them
They just arnt the same na more.

Our ole tin bath ud hang outside
An Fridays arter nosh
We’d hev thut ole bath indoors
An all on us hed a wash.

Mum used ta git ma clothes
From the Army n Navy store
You don’t see gals at school
Dressed as soldiers anymore.

You know I love ta reminisce
Our mum n dad were funny
They gave us many laughs n love
Ya can’t buy that wi money.

**Winkles On The Market**

My sisters offten brought em home
An blast they stunk an all.
Um talkun about them winkles
From the Norwich Market stall.

The two gals often sat there
An what I sight I saw.
Both on em eatun winkles
On the step outside the door.

Each on em wi a little pin
Would pick the black bit out
An stick it on their cheeks
Or just below their snout.

They thought that they looked lovely
But ire gotta tell ya what,
They needed more than winkles
Ta give them a beauty spot.

I used ta stand n watch,
What ever were they thinkun?
As a tomboy, even I knew
No one ud want em .. Spots n stinkun.

But the trend that went wi fashion
An times they are a changun
An I reckon they thought at the time
Thut Tina, she’s a strangun.

An they hint made up too badly
They’re done well n got nice pleaces
But they never got their husbands
When they had winkles on their fearces
From Austerity To Prosperity

LOCAL authors Michael and Frances Holmes gave a talk in Hethersett Library on their latest publication - “Norwich 1945 to 1960: A Journey From Austerity to Prosperity.”

The book is the latest in a series put together by the Cringleford-based couple under the auspices of Norwich Heritage Projects. - a voluntary non profit making group which aims to promote and encourage the heritage of the wonderful city of Norwich.

The latest book brings memories flooding back for those who were born or lived through the late forties and fifties.

We will have a review of the book along with an extract in the September edition of Hethersett Herald.
August in Hethersett Library

"What’s On’ in your Library in August!

Wednesday 2nd  1030 – Colour Yourself Calm colouring group.
Thursday 3rd  1400 – NNAB in the library with sight information stand
  1600 – 2 for 1 DVDs until 7pm.
Friday 4th  1530 – Children’s craft activity.
Monday 7th  1030 – Just a Cuppa coffee morning.
  1400 – Book group.
Wednesday 9th  1030 – Colour Yourself Calm colouring group.
Thursday 10th  1600 – 2 for 1 DVDs until 7pm.
Friday 11th  1530 – Children’s craft activity.
Monday 14th  1030 – Just A Cuppa coffee morning.
  1400 – Craft group.
  1400 – Parish Pop In.
Wednesday 16th  1030 – Colour Yourself Calm colouring group.
Thursday 17th  1600 – 2 for 1 DVDs until 7pm.
Friday 18th  1530 – Children’s craft activity.
Monday 21st  1030 – Just A Cuppa coffee morning.
  1400 – Craft Group.
  1430 – Bounce and Rhyme for the under Threes.
Wednesday 23rd  1030 – Colour Yourself Calm colouring group.
Thursday 24th  1600 – 2 for 1 DVDs until 7pm.
Friday 25th  1030 – Children’s activity – 8 years + - booking needed
Monday 28th  1030 – Just A Cuppa coffee morning.
  1400 – Craft group meets in the library.
Wednesday 30th  1030 – Colour Yourself Calm colouring group.
  1430 – Storytime for children aged 3-5.
Thursday 31st  1600 - 2 for 1 DVDs until 7pm.
Friday 1st September  1530 – Children’s craft activity.
News From The Parish Council

Short Stay Only

The parish council is emphasising that the car park in the centre of the village on Great Melton Road is for short stay only. Concern has been expressed that vehicles are being left in the car park for lengthy periods of time and councillors voted to have signs put in place limiting parking to two hours.

Spruce Up On The Way

In the past two editions of Hethersett Herald we have highlighted problems at one of the major entrances to the village. Cracked paving, broken benches and numerous other problems have been identified at the entrance to Steeple Tower.

Now we can bring you some good news following representation to various bodies by Hethersett Parish Council.

Norfolk County Council has fixed problems and tidied up the bus shelter on the
News From The Parish Council

B1172. South Norfolk Council has agreed to repair walls and borders on Churchfields and the broken seat in the bus shelter on Churchfields has been replaced. Taylor Wimpey has agreed to fix the brick weave at the entrance as a goodwill gesture with the original developers no longer in business.

Flooding Concerns

HETHERSETT Parish Council is asking homeowners to ensure drainage ditches are kept clear following a series of floods in the village. South Croft, St David’s Road, Karen Close and parts of Great Melton Road were particularly affected by the torrential storms of July.

“With the number of homes increasing it is very important that home owners do not fill in drainage ditches which need to be kept clear so water can flow through them,” said council chairman Jackie Sutton.

Norfolk County Council Highways Engineers will be investigating the areas of the village badly hit by excess water.

Coffee Drop In

A regular coffee drop in event for parents and toddlers takes place in Hethersett Parish Church on the first Tuesday of every month from 10am.

Change of Telephone Number for Hethersett Surgery

We have been contacted by Hethersett Surgery to inform residents of a change of telephone number

As of Thursday 27th July, the telephone number for the GP surgery has changed to 01603 977477.
Hethersett Society

Herald associate editor and Hethersett Society member, Gary Wyatt, reviews the society’s July meeting –

The talk at Hethersett Society’s July meeting was given by retired scientist Dr. Richard Aldridge, ably assisted by Julie on those occasions when his memory of names momentarily failed him!

The talk was billed as ‘Wildlife in the Americas’ but concentrated mainly on a trip they made to the Galapagos Islands in March this year. The islands, which belong to Ecuador and are about 1000 km off the coast almost on the equator, are famous, of course, for Charles Darwin’s study of Finches which led him to formulate the theory of evolution in his book ‘On the Origin of Species’.

The Galapagos are a World Heritage site and nowadays highly protected and visitor numbers strictly controlled, although Richard pointed out that in Darwin’s day tortoises and iguanas were an important food source. Only four of the group of islands are inhabited, with the largest having a population of about 30,000. The other islands are left almost entirely to nature, although there are plantations of eucalyptus for timber supply, and coffee beans for export.

Richard and Julie were part of a small party of international visitors with, it seems, several other scientist and wildlife experts as part of the group, which was led by two professional guides, and based on a catamaran touring around the islands. They walked on the islands and engaged in snorkelling and kayaking
to see the wildlife.

The islands are volcanic and rather arid and the vegetation sparse in places, but the beaches in Richard’s photos looked amazing, ranging from black volcanic lava sand to dazzling white “parrot fish poo”, as Richard called it, which results from the fish eating coral and excreting it in very small particles.

Richard showed a series of photographs of birds and reptiles; species highlighted included Sea Lions, Iguanas, Turtles, Tortoises (which can live to 200 years old), enormous crabs, Finches, Frigate Birds, Flycatchers, Boobies, Owls, Penguins (yes, on the equator, probably carried there by the Humboldt Current from the Antarctic) and others. The Sea Lions are very evident in the harbour areas and look rather engaging, taking over almost any available surface, including public benches, to do a spot of sunbathing!

Many of the animals demonstrate differences within one species from island to island as a result of adapting to local food sources during thousands of years of separation, and it was these differences which set Darwin thinking. In his memory, there is now a Charles Darwin Research Laboratory on the islands, devoted to establishing breeding programmes for endangered species.

Although a little disjointed in places, Richard’s talk was nevertheless full of interest. At the end of the meeting, Vic Redington made a plea for members to look at the Society’s Facebook page (www.facebook.com/HethersettSociety) and share it with others. She hoped in this way to encourage new members, especially from younger residents. This was the last meeting of the year’s programme, and the new year starts on Monday, 11th September 2017 with a talk by member David Abra.

**Hethersett Women’s Institute**

The WI celebrated its 99th birthday with speaker Dr David Waterhouse, geological curator at Norwich Castle, describing two million years of human habitation in Norfolk. His talk centred on the archaeological digs around Happisburgh and his maps showed how East Anglia was joined to France and Holland before the gradual formation of a huge lake which became the English Channel. He went
on to describe the stages of man and the environment with giant Beavers, Mammoths, Rhinos and Hyenas.

**Probus Club**

John Nortcliff chaired the latest meeting when Peter Earwicker, Ron Butcher, Terry Stidston and Beverley Baker told stories. Tony Wright spoke about his life as a Health and Safety Inspector in Norfolk. He described welding problems, oil spillages on beaches, trapping coypus and respiratory problems. He was thanked by Denis Coleman.

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**Paws in the Park**

FIVE hundred paws were present at the first ever Paws in the Park fun dog show on Hethersett Memorial Playing Field on July 29th. A total of 125 dogs of all shapes and sizes took part.

Show ring classes included Best Under Three Year Old, Best Rescue Dog, Prettiest Female, Best Fancy Dress, Handsomest Male, Best Golden Oldie (won by Hethersett’s Stephen and Wendy Slack’s Sheltie Maddy), Best Trick, Best Local Dog and Waggiest Tail.

The winners of the various sections went forward to the Best in Show class which was won by a red setter which also won the Best Under-Three category. Rosettes were presented to all the winners and runners-up.

The day also included dog games, including tennis ball round-up, agility fun run and even doggy football. There were also trade stands, refreshments and not a piece of dog mess left anywhere.

Paws in the Park was another example of an excellent public event on the park.
Busy Playing Possum

Connie Tindale updates us on the progress of her Hethersett Hedgehogs

WE have all heard the expression ‘Playing Possum’ which is pretending to be dead to avoid trouble. Possums do it as a natural reaction to fear but I had never seen a hedgehog do it until I watched the night time footage of film from my garden.

We have a garden bully/lothario living there who we have nicknamed ASBO as he is large and a real troublemaker who is either fighting or trying to mate with whichever female stands still long enough or allows him to get close enough.

A few nights ago he attacked one innocent hedgie who was happily munching mealworms. Hedgie just lay down on its side completely immobile. It did not roll up or run away but just played dead until ASBO lost interest and wandered off. Hedgie then lifted its head, righted itself and resumed eating. There is a video of the incident on the Hethersett Hedgehogs webpage along with other snippets that we found interesting.

The recent rain filled the potholes, left puddles and brought out the slugs and snails providing abundant food and water for a few days.

We Are On Facebook

Hethersett Herald is on Facebook. You can follow us at https://www.facebook.com/Hethersett-Herald-196216690775010/
Consequently the feeding areas in my garden were quite quiet. Then suddenly there was a burst of activity again with up to four hedgehogs at the feeding stations at the same time. This could be because the scant supplies of tasty creepy crawlies caused by the dry weather were quickly exhausted.

There is some controversy and misunderstanding about feeding hedgehogs mealworms at the moment. Mealworms are 75% protein but have no calcium which could cause a problem with those being brought up in rescue centres as they can develop the equivalent of rickets.

I have read that some people are being told that mealworms will ‘strip’ the calcium from a hedgehog’s bones. It will not strip anything from anywhere but it could arrest development in a captive hedgehog. This is not relevant to a wild hedgehog which has a more balanced diet but in captivity they can get to love the mealworms so much that they refuse to eat anything else. If you are putting mealworms out as food in your garden then please continue to do so as they need protein as well as calcium.

I have not seen any young hoglets out and about in my garden so far this summer but one of the Norfolk rescue centres now has 40 babies to care for. These are ones where the mother has been killed or severely injured or where the nest has been disturbed and the hoglets abandoned. This calls for immense dedication as they have to be fed every two hours 24/7.

Hoglets born at this time of the year have time to grow before food gets short again but ASBO has been chasing females about and I expect that other large males are doing the same so we can expect a second litter of hoglets in a couple of months’ time. These late juveniles will have no chance of growing big enough to hibernate. Last year I had five living in my study, this year I am more prepared and all the cages in the shed have heat pads.

Thank you everyone who visited my garden during the village Open Gardens event and asked about hedgehog care. Please keep a look out for hedgehogs when tending your garden and make sure that there are none in your compost heap before you stick a fork into it and remember to put out some water if we have another dry spell. If we all work at it the decline in numbers can be reversed.

Much more information on Hethersett Hedgehogs is available at:

www.HethersettHedgehogs.com
The Eastern Daily Press newspaper reported on a group of five former students from Hethersett Old Hall School (HOHS) who attended a ceremony at Buckingham Palace to receive their gold Duke of Edinburgh’s Awards.

Former HOHS upper sixth students Alex Calton, Emily Matthews, Shannon Osborne, Olivia Burrows and Tracey Derby were among 50 young people from Norfolk and Suffolk at the event.

They were presented with their awards by celebrity soprano singer Laura Wright, who performed at the opening ceremony of Prince Harry’s inaugural Invictus Games.

Ms Wright, herself a gold Duke of Edinburgh’s Award holder, shared some of her life experiences with the girls before they were visited by Prince Edward. HOHS was the first school in Norfolk to achieve the status of directly licensed centre for the Duke of Edinburgh awards.

Almost every senior HOHS student has undertaken the award in the past 14 years, and 406 students have achieved bronze, silver and gold awards. The girls are (left to right)- Tracey Derby, Alex Calton, Olivia Burrows, Emily Matthews and Shannon Osborne. Picture: Courtesy HOHS
Troops To Be Commemorated

WE conclude our series on soldiers who may be commemorated by having roads on new village development named after them.

The details below have been taken from the web site “Hethersett A Village at War” which covers the period between 1910 and 1950 in Hethersett and takes in both world wars. The site can be viewed at www.hethersettatwar.weebly.com.

Harry SERGEANT- Private Harry Sergeant of the 1st/4th Battalion Norfolk Regiment was killed in action on 19th April, 1917, aged 35 and is buried in the Gaza War Cemetery, Israel. The parish magazine of March 1918 includes the following notice.

“News has been received that Private Harry Sergeant who has been missing since 19th April, 1917, was killed in action on that day. Sincere sympathy will be felt by all for his relatives after their anxiety and suspense for so many months. Born on 7th December 1882 and baptised on 4th February 1883 in St Remigius Parish Church, a memorial service was held on Sunday 10th February. The officer in command of Harry’s platoon wrote as follows to his mother: Your son was in my platoon for about six months prior to the attack and was a very good soldier. He was always a great help to me since his experience of Gallipolli. The Regiment will lose by him one of its best men.”

Harry’s parents, Henry and Sarah, according to the 1881 census, lived in Cann's Lane Cottage, Hethersett. Henry was a labourer.

As a member of the 1st/4th Norfolks Harry may have enlisted as a territorial (part time) soldier, attending training at weekends and annual summer camps. The Territorial Army began in 1908 and it is possible that Harry joined at that time. The Hethersett Territorials trained locally. In the June, 1915, edition of the parish magazine there is a note about the Volunteer Training Corps, Hethersett squad:

“The cricket ground, which Mr Back has kindly placed at their disposal, forms an admirable drill ground.”

It is most likely that Harry was called up on a war footing basis on 4th August, 1914, being directed to Chapelfield in Norwich.

April 19th, 1917, was the date of the second Battle of Gaza. The second attack saw the loss of many lives, one of whom was Harry Sergeant.
Arthur SHORTEN- Private Arthur Henry Shorten of the 1st/4th Battalion Norfolk Regiment died of wounds on 3rd November, 1917, and is buried in Gaza War Cemetery, Israel. He is another soldier commemorated on the tablet which can be seen in the Church Hall Rooms in Henstead Road.

Arthur was born in Norwich on December 8th, 1890, the son of John and Helen Shorten. He was baptised in St Remigius on October 6th, 1895. His father was a railway platelayer.

In the parish magazine prior to the dedication of the war memorial it was stated that Arthur was killed at the Battle of Jaffa. This is incorrect as he died from wounds received in the third battle of Gaza. It is likely that Arthur was wounded on 2nd November and died from his wounds the next day.

Arthur was another territorial soldier who found himself serving in the Middle East where at times there was more danger from disease than from enemy fire.

Sports Association Meeting

THE latest meeting of Hethersett and the Meltons’ Sports Association took place at Park Farm Hotel on Wednesday, July 5th.

The association promotes fitness, health, sport and well being in Hethersett, Little Melton and Great Melton. Membership is free for individuals and just £5 per year for affiliated clubs.

The July meeting had reports on the coming village funrun which has now taken place. There were also individual reports from the various sports, health and well being groups that come under the umbrella of the association.

The association awarded £100 to Hethersett Athletic Football Club to help set-up a new veterans’ team and £100 towards the cost of a schools’ kwik cricket competition.

The next meeting will be on Wednesday October 11th at Park Farm Hotel, Hethersett, at 7.30pm. Everyone is welcome.

Hethersett and the Meltons’ Sports Association has its own web site which can be accessed at

www.handmsa.weebly.com

This site includes minutes of meetings, agendas and up to date news.
Have You Missed an Edition?

YOU can catch up on previous editions of the Hethersett Herald by going to http://hethersett.org.uk/emags.htm and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents. It is currently available only online.

News and Features Needed

We are always happy to receive articles and news for publication.

With limited resources, it isn’t possible for us to cover everything that is going on in our village. We hope that the Herald reflects just some of the things that are taking place in Hethersett, but, with your help, we can expand our service.

We are looking for news and reports on any aspect of village life. Also news of coming events that you would like publicised.

We are also happy to carry features on topics not strictly related to the village providing they are written by a resident of either Hethersett, Great Melton or Little Melton.

Reports, news, features and photographs can be sent by e-mail to petersteward@lineone.net or dropped off at 12, Karen Close, Hethersett.
Play Off Chances Alive

By Mel Perkins

HETHERSETT Hawks/Myhill Decorators continued to keep their play-off chances alive after two wins in seven days in the South East and Eastern League Division 1.

Having completed the double over local rivals Norwich Stars in an action-packed typical local derby, they took a much weaker team to face bottom club East London and just came away from the capital with the points.

Scott Grimes made a welcome return against Norwich and he supported Dan Chambers and Leigh Cossey well and the Hawks had too much depth for Norwich Stars who relied heavily on Lee Grange and Paddy Wenn.

A 7-3 win by ever-improving Owen Wells and experienced Glyn Morgan brought the Hawks level at the interval at Canning Town Rec and it was Wells again who teamed up with top tactician Harley Hamill for two more wins in the second half. This gave Hethersett a four point advantage going into the last heat and Hamill made no mistake to win the race and secure his team victory. The Hawks gave first team debuts to Daniel Longlands and Ayrin Larter while Danny Machin had his first-ever competitive racing.

The Division 2 match against Norwich was abandoned after Norwich rider Bruce Rainbow fell in heat 5 and needed an ambulance for an ankle injury. At East London the Hawks' B team retained their unbeaten record with a comfortable victory spearheaded by unbeaten rides from Hamill, Wells, Morgan and Dan Butler while Machin recorded two wins.

Highlight of the midweek Norfolk GO-RIDE series at Harford Park was an Under-10 victory in his first match for BMX rider Shaun Kell who regularly attends Hethersett club nights on Tuesdays.
League Results - Division 1-Hethersett 85, Norwich 71. Hethersett scorers - Dan Chambers 16, Leigh Cossey 16, Scott Grimes 13, Dan Butler 11, Oliver Wells 10, Ollie Buxton 10, Harley Hamill 6, Glynn Morgan 3.

East London 78, Hethersett 82. Hethersett scorers - Harley Hamill 18, Oliver Wells 18, Dan Butler 17, Glyn Morgan 12, Dan Longlands 7, Katie Adams 5, Danny Machin 3, Ayrin Larter 2.

Division 2- East London B 65, Hethersett B 95. Hethersett scorers - Harley Hamill 20, Owen Wells 17, Dan Butler 15, Glyn Morgan 14, Danny Machin 11, Ayrin Larter 8, Dan Longlands 6, Katie Adams 4.

Hawks then entertained Hellingly Lions from Sussex in the South East and Eastern Leagues and ran out winners in both matches by ten points.

The first team established a six-point lead in heat five with a 7-3 win from Olly Buxton and Josh Herring. After that the Hawks did just enough to maintain or extend the lead before a consolation 7-3 for Hellingly in the final heat. Although the heat leaders scored well it was the clever second string action from Herring, Morgan and Butler that shaped the victory with only one last place in the main 15 heats.

The B team match was much more closely contested and a 7-3 win for the Lions in heat seven prompted the Hawks to call on their experienced substitutes. Indeed it was the use of Hamill and Buxton that saw them initiate four heat wins in their five outings and tactical know-how of Morgan and Hulcoop plus a maximum from Dan Butler that saw the Hawks maintain their 100% record in this division.


Hawks could raise only six riders for their two-match fixture away at champions Ipswich due to other commitments. Needless to say it was a difficult afternoon for the Hawks, although they competed well, especially in the first half, the highlight being veteran Glyn Morgan keeping the fast Matt Hill at bay for the team's only race win. It was heat nine before Ipswich got their first 7-3 win but in the second half the visitors faded, possibly with the knowledge of another match to follow.


Faced with a 15-point penalty for using a restricted rider, the Hawks again faced an uphill task and the Ipswich youngsters, bolstered by a returning Tom Pike, defended their advantage throughout and a 7-3 win in heat 14 and two late Hethersett exclusions sealed their victory even with the penalty points. Owen Wells put in a strong performance. Hethersett can still win the title and know that victories in all their three remaining matches will secure it.

Ipswich B (82+15) 97, Hethersett B 74. Hethersett scorers - Harley Hamill 17, Leigh Cossey 17, Owen Wells 13, Dan Butler 11, Katie Adams 8, Glyn Morgan 8.

Wells had 26 opponents and a tough draw to contend with in the second National Under-18 round of the British Youth and Junior League in Wolverhampton and
scored seven points.

Hawks had two riders at different ends of the age spectrum in action at a top level. Glyn Morgan ramped up more road miles to contest this year's Eurovets series with a trip to South Wales. In very wet conditions at Newport, he scored 13 points, which earned him a place in the B Final where he rode well to come second. He now stands in fifth place in the Over-50s series.

The next day Owen Wells made his debut for the South-East and Eastern Junior team in their Battle of Britain match with the Midlands at Kesgrave. He scored six points from his three rides as his side's inexperience showed against the competition leaders, especially from the starting gates. They lost 88-51.

Wells was one of two Hethersett winners at the Norfolk GO-RIDE Grand Prix at Eaton Park. He took the Under-16 victory with George Larter winning the Under-10s. There were good second places for Giles Awbery (Under-13), Paul Delaiche (Under-16) and new signing Liam Webster (Senior).

WANT to show how much you care about your Hethersett local?

Then why not enter one of our pubs in the competition advertised opposite and organised by South Norfolk Council?

Votes can be cast in a number of ways including Facebook, the South Norfolk Web Site and SMS Text.

The closing date for votes is September 10th.
Running Group To Continue

This year’s series of running evenings on Hethersett Memorial Playing Field has proved so successful that plans have been made to continue it into the Autumn.

The initial six week course was led by Paul Evans with support from qualified coach Sarah Harvey. It took over 50 runners of all ages and abilities through to the village funrun.

Now Sarah has offered to continue with the weekly sessions which is run under the auspices of Hethersett and the Meltons’ Sports Association and supported by Active Norfolk.

After a short break the sessions begin again on Hethersett Memorial Playing Field on Thursday evenings from 7 until 8pm from August 10th. There is currently no charge for the sessions. Just turn up on one of the evenings.

THERE was friendly rivalry when two Hethersett Athletic football teams came together for a pre-season cup match.

The Under-19s ran out 3-2 winners against the club’s men’s Saturday side. The match took place for the Stoney Trophy, named after former Saturday side manager Paul Stone who has retired after many years of running the side - including taking them to a number of promotions in the South and Central Norfolk League and also cup finals.

The two teams are pictured above with Paul Stone in the back row in the white shirt.
THE first Finnbar Memorial Trophy was played on Saturday, 1st July, between four teams from the Hethersett Athletic Football Club’s Under 6 Group.

The round robin mini tournament was a great opportunity for the youngsters to show their footballing skills to watching parents and grandparents. The tournament was played in good spirit and most of the matches were close with all the boys showing great commitment.

The trophy was presented to the winning "orange" team by Finnbar's father Tristan Cork. This was greatly appreciated by the coaching staff. All of the boys also received a special end of season coach’s award trophy for their efforts throughout the year. All training fees were donated to the Focus on Youth Football.
Finnbar's Force Charity, along with the proceeds from a wonderful cake sale and further donations from parents raising over £90 on the day. Under-6 Coach James Skeet said

"What a wonderful morning. It was great for us at the football club to do something in our community for a charity that is very close to our hearts and it was great to see the event so well supported.

“The Under-6 boys had great fun, and we as coaches were grateful to all the parents and grandparents who came out in support and donated to such a wonderful cause.”
Sports Reports Needed

We are happy to carry reports/results from sports clubs from Hethersett or with connections to the village.

If you would like your club featured just send the details to petersteward@lineone.net. Photographs are particularly appreciated.

Your help will allow us to continue to expand the coverage of sport/leisure and fitness in our award winning village.

YOUNGSTERS from Hethersett Athletic’s youth section, aged between seven and 10, took part in an end of season tournament on Hethersett Memorial Playing Field at the end of June. Under 7/8s, Under 9s and Under-10s played a mixed team tournament with 53 youngsters taking part. There were 32 matches in all and end of season trophies were presented. and about £160 was raised from donations and a cake stall.
HETHERSETT Athletic founder and club secretary Mel Perkins has retired after 25 years at the helm of the club.

Mel stepped down at the club’s annual meeting in July: “I feel like a captain of a ship that has had a fine crew behind me for many years. I know that I leave the club in very good hands and well prepared for the next 25 years,” he said.

He reminisced about many of the things that have made the club one of the best run in Norfolk and said he felt it was time to hand over the reins.

Mel was made a Member of the British Empire (MBE) in 2010 in recognition of his outstanding service to sport. The picture above shows him with his medal. He is currently also secretary of Hethersett Hawks Cycle Speedway Club, which he also founded over 50 years ago.

The annual meeting of Hethersett Athletic saw a number of changes in the officers. Chairman Wayne Johnson stepped down from the post to take on the role of secretary and Neal Luther has taken on the role of chairman - only the third person to hold that post in the history of the club.

The club has added new teams at Under-6 and Veterans’ level for the coming 2017/2018 season when it will also be running youth teams at Under-10, Under-11, Under-12, Under-13, Under-15 and Under-16 levels. Once again the club will be running two Saturday men’s teams and two Sunday men’s teams. An amalgamation between the South and Central Norfolk and the Norwich Saturday Leagues will see two Heth-
Hethersett teams playing in the newly constituted Barnes Print South and Central Norfolk League Division One. The full list of clubs in Division One will be as follows: Attleborough Town A, Dereham Taverners, Hethersett Athletic, Hethersett Athletic Old Boys, Longham, Morley Village, Mulbarton Wanderers A, North Elmham, Rockland United, Shipdham, Sporle and Watton A.

Officers elected at the annual meeting of Hethersett Athletic included the following: Chairman, Neal Luther; Vice-Chairman, David Bills; Treasurer, Tim Hudson-Church, Assistant Treasurer, David Bills, Secretary, Wayne Johnson; Assistant Secretary, Peter Steward; Grants Officer, Ian Fieldhouse; Football Development Officer, Wayne Johnson; Welfare Officer, Sue Buffin; Assistant Welfare Officer, Wayne Johnson.

The club’s new season will start in August and we will have coverage with photos and reports throughout the season.

The club also has its own web site at

www.hethersettathletic.co.uk

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**Academy Facilities Available**

LAST month we featured details of Hethersett Academy facilities available to the community after school hours, at weekends and during school holidays.

We have been sent a list of available booking slots at the centre which are as follows.

**Sports Hall** - Tuesdays 7-9pm, Wednesdays 5-9pm, Thursdays 5-6pm, Fridays 7-9pm, Saturday 10am-4pm, Sunday 10am-4pm

**Gymnasium** - Tuesdays 5-6pm and 8-9pm, Wednesdays 5-6pm, Thursdays 5-6pm, Fridays 5-6pm, Saturday 11am-4pm, Sunday 10am-4pm.

**Tennis Courts** - Tuesdays 5-9pm, Wednesdays 5-9pm, Thursdays 5-9pm, Fridays 6-9pm, Saturday 10am-4pm, Sunday 10am-4pm.
Hethersett and Tas Valley still have a realistic chance of promotion from Division Two of the Norfolk Alliance after July’s matches.

The Saturday first team has just missed out on promotion in the last three seasons and will face a nerve-jangling end to the season if they are to finish in the top two this year.

Victory over Ashmanhaugh and Barton Wanderers at the end of the month kept Valley in third place - 17 points behind second placed Beccles with Topcroft runaway leaders. Valley will have a vital home match against Beccles in August - a game they will almost certainly have to win to snatch one of those two promotion places.

The team’s remaining league fixtures are: Brooke at home on August 5th, Swaffham away on August 12th, Beccles at home on August 19th and Great Witchingham away on August 26th.

A full rundown of club matches in July is as follows:

**Dateline: July 2nd**

Hethersett and Tas Valley had a comprehensive seven wicket victory over Downham but ironically lost ground on the leading two in Norfolk Alliance Division Two.

Valley made short work of a poor Downham side but let vital bonus points slip as they failed to bowl out the opposition. Downham’s innings was a spluttering affair, finishing on 165-9 and providing Hethersett with a target that was never likely to test them. Unfortunately dropped catches ensured that Valley didn’t take maximum bowling points.

John Curtis (3-21) and Robbie Matthews (3-23) were the major wicket-takers, although Andy Harris tied down the Downham batsmen with some accurate spin bowling.

Valley needed just 21.3 overs to reach their target at well over a run a ball.

*Continued on Page 81*
HETHERSETT and Tas Valley youngster Jack Gibson has been named club player of the month for June.

Jack was presented with a commemorative trophy at the end of the club’s home game against Sheringham on July 8th by competition sponsors Richard Mathews and Tony Smith. (pictured above).

Jack had an outstanding June, hitting his first half century for both an adult Saturday and adult Sunday side. He also produced some excellent performances with the ball, proving what a valuable young all-rounder he has become.
Openers Ian Bryce (54) and Robbie Matthews (47) gave Valley a good start and skipper Damian Fahy (37 not out) helped his side to a seven wicket win and 22 points. Top two Beccles and Topcroft both garnered 24 points and that puts Valley seven points out of the top two promotion places.

Valley Seconds were beaten by 140 runs at Garboldisham. Garboldisham hit a hefty 328 in 44.4 overs. Main wicket-takers were Tom Worley with 2-66, Andy Baker with 2-50 and Chris Bolderstone with 2-53. Hethersett were bowled out for 188 in 41.3 overs with Dean Parfitt hitting 41 and Sam Morton 44. Valley are currently in eighth place but still a relatively healthy 37 points ahead of bottom club Mundford with only one going down.

Promotion-chasing Valley Thirds had a hugely disappointing loss at home to Hingham in a low scoring match. Hingham were bowled out for 137, but Valley could then only score 129 to go down by just eight runs. The defeat sees Valley drop to fourth, but still only seven points outside the promotion places.

Valley Fourths went down to Hardingham by 82 runs. They were set a target of 239-3 (Mark Worley 2-53) and were then restricted to 157-8 (Mark Worley 57, Ben Way 48).

**July 9th**

Saham Toney are becoming something of a bogey team for Hethersett and Tas Valley.

Their latest encounter saw Valley go down by 78 runs and saw them drop to fourth place in Norfolk Alliance Division Two. It completed a double for Saham who beat Valley by five wickets at Flordon earlier in the season. Valley are now behind Topcroft, Beccles and Ashmanhaugh and Barton Wanders in the fight for the two promotion places.

The home side scored 264-4 and then bowled Hethersett out for 186 in 34 overs with only Damon Cresswell with an unbeaten 70 and Robbie Mathews with a half century coming to terms with the home attack.

Valley Seconds were also on the wrong end of a 116 run defeat at home to Sheringham in Norfolk Alliance Division Four. The Seasiders batted first and hit a hefty 308-3 with D. King unbeaten on 152 – the highest score seen at Flordon this season. Dropped catches and some very average fielding all
contributed to Sheringham’s total.

For a fleeting moment it looked as if Valley could be capable of a highly unexpected victory as opener Ian Harrison put the opposition to the sword with some brutal hitting that brought him a half century in rapid time. He was well supported by Richard Ellis but he fell to an astonishingly good flying catch, underlining the differences between the two sides.

Ellis went on to make 74 but, with the loss of Harrison, it was more about gaining as many batting points as possible rather than looking for an impossible victory. They eventually capitulated to 192 all out.

In contrast, Valley’s teams in the Norfolk League fared much better with two impressive victories. The thirds beat Hardingham by eight wickets. Hardingham hit 172-9 with Al Watts taking 4-8. Hethersett made light work of their reply with Tom Osborn (61 not out) and Nick Powell (82 not out) leading them to 173-2. The team remain in fourth place in Division Three Central.

Valley Fourths recorded their third victory of the season with a seven wicket win over Beeston. Beeston were bowled out for 152 with Alex Bird, Lewis Harris, Henry Worley and Mark Worley all taking two wickets. Mark Worley then hit 60 as Valley replied with 153-3 from 30.1 overs.

Hethersett went down to St Andrew’s in the Norfolk Midweek 20-20 league. St Andrew’s were bowled out for 134 and Valley replied with 79-8.

**July 16th**

Two of Hethersett and Tas Valley’s Saturday teams are in an exciting battle for promotion following the latest round of matches in the Norfolk Alliance and Norfolk League. In fact three of the club’s four Saturday teams still have everything to play for with the firsts and thirds in with a chance of promotion and the seconds still needing points to avoid relegation.

On Saturday, Valley Firsts hoisted themselves back into the Norfolk Alliance Division Two promotion race with a comfortable seven wicket win at bottom club Bradenham.

Despite being without a number of key players, Valley made short work of cutting through the Bradenham innings, humbling their opponents for an all
out score of 120 in 35.4 overs with spinner Robbie Mathews taking 4-36. Valley took just 31 overs to reach their target for the loss of three wickets with opener Ian Bryce unbeaten on 71 and James Shipley scoring 32.

The victory puts them just three points behind second placed Beccles with six games to go. They will have to be on top of their game this Saturday as they host league leaders Topcroft.

Valley Seconds continue to suffer from first team call ups and went down again on Saturday despite a brave fight against Hardingham. The visitors hit 258-7 and Hethersett replied with 235-9 with Nick Powell top scoring with 58. Despite the defeat Valley are still relatively safe in Division Four with only one team going down and Mundford rooted to the bottom of the division. This week they visit Stow.

Valley Thirds have their own promotion battle to look forward to in the coming weeks. On Saturday they completed the double against high flying Norwich Association of Malayalees and are now just five points behind second placed Wensum in Division Three Central of the Norfolk League. Hethersett bowled their opponents out for 176 in 43.2 overs with Ra Mason taking 3-34. Mason completed a fine all round performance with an unbeaten 34 as Valley replied with 177 off 41.4 overs with Jonathan Cooper scoring 58 and John Brandon-Street 41. This week the thirds are home to league leaders Mellis.

The fourths return to league action this week after a week off with a visit to Old Buckenham. Valley Sunday side return to Sunday League action with a home game against Ashmanhaugh and Barton Wanderers and will want to forget their Lady Mary Plate semi-final which saw them go down to Winterton by a massive 186 runs after being bowled out for a paltry 35 after restricting the visitors to 221 all out in their 50 overs. Valley collapsed to 15-7 and then 23-8 before a couple of lusty sixes from Andy Harris saw them reach the mid 30s.

Hethersett’s midweek teams continue to meet with success with the Norfolk Cricket League 20/20 side seeing off the challenge of New Buckenham. Buckenham set them a target of 130-6 (Colin Birch 3-20) and Valley replied with 131-3 with the winning runs coming off the penultimate ball. Luke Mathews scored 51 and Cameron Clarke 53.

The Over-40s side continued on their path to reach the county finals with another victory in the South Norfolk section. They defeated Garboldisham by two wickets. Garboldisham scored 144-4 and Hethersett replied with 145-8 with Paul Reeve 31 not out and Ian Harrison 33 not out. The top team in the four county groups will contest the semi-finals and final at Hethersett’s Florndon headquarters on September 3rd.
**July 23rd**

Hethersett and Tas Valley had a weekend to forget and will be hoping to put it behind them as they face make or break Saturday.

Despite suffering defeats, the first and thirds are both in promotion hunts in Division Two of the Norfolk Alliance and Division Three Central of the Norfolk League respectively.

The firsts were without key players for the home game against table topping Topcroft and were 147 all out in 41.2 overs. Topcroft took their time to reach the target, finishing on 148-4 from 42.1 overs. Valley stay in third place but are now 22 points behind second-placed Beccles and just one point ahead of this week’s opponents Ashmanhaugh and Barton Wanderers. The outcome of that match will decide which if either of the two teams will be putting in a series promotion challenge with just five league matches to go.

Valley Seconds were bowled out for 172 by Stow with numbers 10 and 11 – James Hipperson (32) and Andy Baker (28 not out) – proving to be the pick of the Hethersett batsmen. Stow reached 173-6 off 38.3 overs with Dean Parfitt taking 2-19. Bonus points have helped the team to stay 44 points clear of bottom club Mundford with just one going down.

Valley Thirds went down to top side Mellis and are now 23 points adrift of the promotion spots with a make or break visit to second placed Wensum this Saturday. Against Mellis, Hethersett scored 187-8 with Rob Jones hitting 43 and Ross Jones 39 not out. Mellis had no problem reaching their target with 189-2 from 38.2 overs.

Valley Fourths’ match against Old Buckenham was abandoned due to rain. Buckenham hit 240-3. Valley weren’t able to start their reply.

**July 30th**

Hethersett and Tas Valley are back on track for promotion to Division One of the Norfolk Alliance after a must win victory over Ashmanhaugh and Barton Wanderers. With the teams starting the day in third and fourth they knew that defeat would virtually end their promotion hopes.

It was Valley who left with smiles on their faces after a comprehensive 72 run victory in a match restricted to 40 overs due to impending rain which thankfully stayed away long enough for the game to finish.

Valley Seconds went down to Bircham by 110 runs in the Norfolk Alliance Division Four but continue to scrape enough points together to stay off bottom spot with just one team going down. Bircham scored 228-7 in their 45
Trio Learn New Rules in Lincolnshire Win

THREE members from Hethersett Croquet Club were invited to join the Eaton Club from Norwich at the end of June to travel to Woodhall Spa in Lincolnshire for a day of matches.

Some enjoyable, competitive games were played by Peter Hoult, Peter Pierce and Chris Watt who learnt some new rules.

The Hethersett club puts the emphasis on fun and enjoyment and are not too competitive, but at the end of the day Woodhall Spa were beaten by Eaton plus three from Hethersett.