## HETHERSETT HERALD

### January 2017

Number 15



#### Happy Christmas and New Year To All Our Readers

# Let's All Work Together

VOLUNTEERS provide the life-blood of villages, towns and cities throughout our country.

In Hethersett, we are hugely fortunate to have volunteers that provide the infra-structure to our village. Without volunteers our village would be an empty shell - merely a dormitory for Norwich and the surrounding area.

This year the village launched a new bereavement group which summed up the ethos of our village by naming itself the Heart of Hethersett.

For Hethersett has a massive, beating heart. Just take a moment to think about the things that wouldn't be available if volunteers called it a day. There would be few youth organisations, no sports clubs, no parish council, no craft groups - the list is endless.

The coming year will bring numerous new challenges for Hethersett. For a

### Herald Comment

start new village development will need to be integrated into village life. There is no doubt that over the next five years we will be facing challenges never before experienced on the same scale.

It is vitally important, therefore, that all the volunteers and voluntary groups work together to obtain the best possible facilities for the village.

And there is always a need for more volunteers. Currently there are important vacancies on Hethersett Parish Council and trustees' groups representing the Memorial Playing Field and Hethersett Village Hall.

We have also heard that the Hethersett Pensioners' Association could go out of existence unless people come forward to take on key posts. We suspect that (continued on page three)

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## **Call for More Volunteers**

#### (continued from front page)

more groups will be needed to cater for the influx of new residents. To put it bluntly -



there are never enough volunteers to cater for the demand.

So if anyone reading this would like to become part of our active community just contact the Herald with your details and the things you would like to become involved in and we will pass your details onto the relevant bodies.

#### Fly Posting

Fly posting around the village is a tricky subject. Many of the postings placed on telegraph poles are advertising coming village events and can be claimed to be justifiable and not for profit.

The problem comes through an inability of event organisers to show the same enthusiasm they showed when putting the notices up for taking them down.

A walk round the village just a week before Christmas detected at least three posters for events already passed - two from the beginning of December and one going back to November.

These change from being a genuine advert for coming events into an eyesore.

January 4th sees work starting on a shared-use pedestrian and cycle path in Newmarket Road, Norwich.

The section of the existing path that runs out of the city between Daniels Road and the area opposite the Unthank Road junction will be widened and resurfaced.

Priority cycle crossings across side roads will also be put in place to provide an uninterrupted route along this part of the A11 – one of the main sections of the blue pedalway, which connects Wymondham, Hethersett and Cringleford with Norwich.

Over the next eight pages we cover just some of the events held in the village in the run up to Christmas.



## Old Hall School

HETHERSETT Old Hall School began its Christmas celebrations nice and early with a festive themed craft sale at the end of November. There were lots of smiles and fun as families came together in the barn to do some Christmasthemed crafting together and chat to Father Christmas. Meanwhile, outside, two of his reindeer were ready to show guests how much they like carrots!

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The event was organised by the school Parents' Association which served mince pies, soup and other goodies.

## **Friends and Family**

WOODCOTE Sheltered Housing complex in Firs Road held a very successful friends and family pre-Christmas event with the lounge filled to bursting point. The evening featured a buffet and entertainment organised by the Woodcote social committee.

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## Village Sale





HETHERSETT'S annual Christmas Fair took place in the Methodist Church on Friday, December 2nd.

Originally designed as a summer fair, the pre-Christmas event is now a firm favourite in the village calendar and record crowds turned up to buy Christmas gifts and enjoy craft stalls and entertainment in the main church.

There was face painting and games for children during the three hour event

A variety of choirs and singing groups of all ages kept the festive spirit alive on a rather unseasonably warm evening. A number of charities ranging from MacMillan Cancer Support to Respect Yourself, the Woodland Trust to Hethersett Dementia Supprt Group, were represented along with local groups. The photographs on this and the following page were taken during the evening.

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Just some of the images from the annual Hethersett Christmas Fair which was held in Hethersett Methodist Church at the beginning of December.



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## **New Cantata for Singers**

Hethersett Singers produced a sparkling pre-Christmas concert of seasonal



Free Refreshments and Mince Pies

songs and carols which included Wenceslas - a new cantata by British composer Bob Chilcott. The photograph at the top of the page was taken at the performance by Viv Maddams and reproduced with her permission.

Bob Chilcott comes originally from Plymouth but is now based in Oxford. He sang in the choir of King's College, Cambridge, both as a boy and as a university student. He performed the Pie Jesu from Fauré's Requiem on the 1967 King's College recording and in 1985 joined the King's Singers, singing tenor for 12 years. He has been a composer since 1997 and is well known for his compositions for children's choirs, including Can You Hear Me?, which he has conducted throughout the world.

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LAST month we delved into the past to bring you some photographs from Tony and Maragert Dunton's Christmas displays over the last decade. The

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two pictures on this page were taken from the 2016 display which is one of the most colourful to date..

Over the years the displays have raised thousands of pounds for local charities and good causes.





## **Kindness at Christmas**

KIND-HEARTED Hethersett residents have been busy donating food for the Norwich Food Bank this Christmas.

The picture above shows just some of the goods collected at the Co-Op Funeral Home in Great Melton Road.

Co-ordinator Sandi Gray said she was overwhelmed by the response:

"I have been very heartened by the kindness of village people who have donated so much to help people less fortunate to have a better Christmas," she said.



MEMBERS of Hethersett and District Churches Together took to the street on Saturday, December 17th, to brighten up a rather grey day with carol singing.

Donations from the public during the 45 minute performance resulted in £70 being sent to the Nelson's Journey charity. This supports bereaved children and young people throughout Norfolk. Based in Norwich, it was founded in 1997.

#### Dementia Group

HETHERSETT Dementia café enjoyed Christmas cheer with carol singing led by Hethersett Methodist Church's Singing Fellowship on December 20th.

A good attendance also enjoyed mince pies and other home made refreshments. The café meets on



the third Tuesday of each month in Hethersett Methodist Church Hall from 10 am until midday.

# Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

#### www.hethersett.org.uk

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@sky.com

Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

#### **Herald Team**

Editor - Peter Steward

Associate Editors - Roger Morgan and Gary Wyatt.

Proof Reader - Patricia Mills

Contributors to this edition of Hethersett Herald include the following: Rebecca Warner, Jennie Hoult, Sandi Gray, Gary Wyatt , Roger Morgan.

Also grateful thanks to Hethersett Good News Magazine, Wymondham Mercury, the Eastern Daily Press, Norwich Evening News, Norfolk Trading Standards, Rowan House and Hethersett Old Hall School..

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## We Are Now On Facebook

Hethersett Herald is now on Facebook. You can follow us at

https://www.facebook.com/Hethersett-Herald-196216690775010/



www.hethersettpanto.org.uk

hetbersettpantotickets@gnail.com

#### **Armed Officers on Exercise**

A number of armed police officers spotted in the village at the end of November were on a training exercise it has been revealed. Members of the public reported seeing a number of police officers along Cann's Lane. A police spokesman was quick to point out that they were training at the back of the village's vacant fire station, using empty rooms.

#### **Power Cut**

Several thousand homes in Hethersett and West Norwich were without power on the final day of November due to a damaged overhead cable. Many homes were plunged into darkness at 7.40 am after a cable was damaged in the Earlham area of Norwich. The weekly Painting for Pleasure art group meeting scheduled for Hethersett Village Hall was among the events that had to be called off. All power was back on later in the day.

#### **Coffee Morning**



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FITNESS Express at Park Farm held a coffee morning in aid of the Wymondham based cancer charity Starthrowers. Staff weighed in to serve tea and coffee and there were home made cakes made by local people and Starthrowers' volunteers.

#### **Pensioners Group Needs Volunteers**

HETHERSETT Pensioners' Group could go out of existence unless some new volunteers come forward.

The group, which has almost 50 members, is desperately looking for a chairman, treasurer and secretary to take the place of those currently filling the posts.

The tenure of a number of group officers is coming to an end and ill health is forcing others to relinquish their posts.

Current chairman Richard Headicar said that the group could go out of existence unless somebody comes forward to fill the vacancies.

#### **Bereavement Group - No Pre-Christmas Meeting**

HETHERSETT Bereavement group cancelled its scheduled pre-Christmas meeting on December 20th. The group will meet again early in the New Year with a special video show at the Woodcote Sheltered Housing Complex on January 10th from 5.30 pm.

It will then meet fortnightly at Woodcote on Tuesdays from 5.30 until 6.30 pm.

#### Almost a Sell Out

HETHERSETT'S annual pantomime is a virtual sell-out. Only a handful of tickets remain for the nine shows which run from January 21st to 28th.

So it looks as if the panto will be playing to record attendances in 2017. See Page 13 for further details.

#### Buckingham Family Book Donated to Hethersett Library



THE name of the Buckingham family looms large in the annals of Hethersett history and now many details of the family's connection with the village have been published in a lavish book donated to Hethersett Library.

Well known Hethersett resident John Head has been in regular contact with the Australian branch of the Buckingham family and was sent a copy of the book "Our Company Once More - A Bit of Serendipity" which details the history of the Buckingham and Wright families in East Anglia and Australia. There are several mentions within the pages of Hethersett and some of the characters connected with the village.



Our photograph on the previous page shows John with librarian Helena Last and the copy of the book.

Amongst the extracts featuring Hethersett are the following:

#### Extract One:

"Lewis Archibald Buckingham was born in September 1890 at a place called Hethersett near Norwich in the county of Norfolk. At that time my father (Forester Buckingham) was in a small business as a plumber, well sinker and pumping engineer, and also as the sub-postmaster at Hethersett.

When I first went to school in Hethersett, it was a few months before my fifth birthday.

One of my milk teeth was defective and loose and I clearly remember Lewis getting a pair of pliers from the workshop, which was then at the rear of the Post Office, and then extracting the tooth.

I was very proud of this tooth and ran out on the roadway and showed it to Mr and Mrs Stace, who were headmaster and mistress of the school and were passing at that time.

"Look what I've got!"

She said: "You'll want to keep that Forrester. Put it into your pillow and you might get a silver sixpence."

Unfortunately I didn't.

#### Extract Two:

Millie trained as a nurse and received her certificate 21st June, 1910, she was then 22. Lewis has mother's watch which she used on her rounds as District Nurse. In the back is a very faded head and shoulders portrait of father. Scratched on the inner back is

MILDRED WRIGHT MOORE

CERTIFIED MIDWIFE: JUNE 21st, 1910 No 31756.

She then became a local district nurse back in Hethersett where my father was living.

She was certainly working in Hethersett at the time of the Norfolk flood in 1912. She told me that she had to do her rounds in a horse and trap and the water was up to the horse's belly at times.

Mother's doctor when she was District Nurse and Midwife at Hethersett was Dr George Deacon. She had great faith in him.

There she worked for him for two or three years and obviously at the same time must have met my father. I presume that they fell in love and they finally decided that they'd get married.

My parents married at the Norwich Registry office on St Valentine's Day, 14th February 1914 – an unexpected venue since close relatives were clustered thickly in Hethersett, Banham and North Walsham. Mother's parents signed the register as witnesses and all four, it would seem, took off for the Norwich Hippodrome by way of celebration that Saturday evening.

Lewis Alan Martin was born in Cann's Lane, Hethersett. Perhaps Millie decided on Hethersett to be attended by Dr Deacon with whom she had worked a few years earlier as district midwife – she would have had a shrewd idea of his competence in such matters.

My birthplace in Canns Lane has now been replaced by much more modern houses than the little Honeysuckle Cottage where I was born.

It was part of a row in Cann's Lane Just two rooms down and two rooms up. The stairs were so steep they did a complete twist and the ceilings were only about six feet. They had a big beam right through the middle of them so that when you went through you had to be careful if you were tall at all to duck your head on the way through.

The stairs in the cottages were so tight that you couldn't get furniture up them. I know my aunt had one of those big wardrobes for her clothes and all the rest of it. And she had it cut in half so she could get it up the stairs. It was that tight. And also getting a coffin down –in, up or down – you couldn't do it. So you had to carry the person down, the dead person, and park them in the coffin in the main room..

# Affecting Our Village

## Taking a look at things that are happening around us that could affect Hethersett:

#### Wymondham Speed Limit Changes

IN conjunction with the ongoing engineering works at B1135 Tuttles Lane East and B1172 Norwich Road, changes are to be made to the existing 40mph speed limit on B1172 Norwich Road / Norwich Common in Wymondham. This will be revoked and replaced with a new 30mph speed limit, which is due to take effect from 19th December 2016.

New permanent signage reflecting these amendments will be installed -

#### **Crime Prevention Measures**

POLICE are urging residents in South Norfolk to be vigilant after an increase in fuel thefts and garage and shed burglaries in the area.

PC Jim Squires has the following advice: "It is not unusual for us to see an increase in this type of crime at this time of year; however, I would strongly urge residents to take simple measures to prevent them from becoming victims.

"Most shed breaks are carried out by opportunist thieves, therefore please ensure that you lock and secure your shed and garage and keep items of value locked away.

"If you do leave items of value in sheds or garages then you should mark your property, this can simply be done by using coloured spray paint. It makes it harder for thieves to sell tools on, don't leave any items out in the garden put them away.

With regards to fuel tanks, check oil levels frequently so you are aware if anyone has tampered with your supply, and consider an electronic oil level gauge which sets off an audible alarm in your house if the oil level drops below a quarter full.

Fit a good quality locking device to all fuel tanks – a high quality closed shackle padlock will make access using bolt croppers very difficult. Consider perimeter security for the whole tank, such as a metal cage or fencing. Even a prickly hedge may help deter thieves. Remember, however, that the oil tanker driver will

need to access it.

If you are going out consider leaving a radio on or if you are going to be home late, leave a light on so it would appear someone is home as it starts to get dark.

PC Jim Squires added: "Security measures are just the start – we also need communities to be vigilant and report any suspicious activity. If you spot something unusual at a friend, neighbour or relative's house, or at a nearby business premises, call police on 101 or dial 999 if a crime is in progress."

For further crime prevention advice visit http://www.norfolk.police.uk.

## Coming Village Events in January

**Wednesday 4th** - The RiNG Knit and Knatter with Edna Standley, Hethersett Village Hall, 2-4 pm.

**Sunday 8th** - Hethersett Village Screen presents Ab Fab - The Movie, Hethersett Village Hall, 3 pm.

**Tuesday 10th** - Heart of Hethersett Bereavement Group video show at Woodcote Sheltered Housing complex, Firs Road, 5.30 pm.

**Tuesday 10th** - Hethersett Writer's Group meeting. For more details and venue contact Pat Lightfoot at lightfootpatricia@gmail.com.

Thursday 12th - Hethersett Library Friends meeting. Hethersett Library, 6 pm.

**Monday 16th** - Hethersett Athletic Football Club meeting, Park Farm Hotel, 7.30 pm.

Friday 20th - Quiz night at Old Hall School Barn, 7 pm.

**Sunday 22nd** - Hethersett Pantomime Group present Sleeping Beauty, Hethersett Village Hall (continues until 28th. For more dates and times see page 13).

**Monday 23rd** - Hethersett Parish Council Planning Committee at 7 pm followed by full council at 7.30 pm.

Tuesday 24th - Heart of Hethersett Bereavement Group, 5.30 pm

# Sharon's Art



MANY youngsters growing up in Hethersett will remember with fondness their teacher Sharon Gilhooly who taught for a number of years at what was Hethersett Middle School and what is now Hethersett Junior School.

Miss Gilhooly went on to become Mrs Fielding and to teach at Cringleford Primary School before retiring to take up her passion for art: But as she told us her love of art was already deep seated: "If I had to pinpoint where my interest in painting began I'd say school. Wednesday afternoon was the highlight of my week when we had double art with Sister Mary Christa. Her wonderfully creative lessons would fly by whilst others dragged. She inspired me to become a Hethersett Herald 21 January 2017



teacher myself and I was fortunate to spend over 30 years in Norfolk schools, latterly at Cringleford where there was plenty of creativity inside and outside of art lessons.

Sharon was born in Corby, Northamptonshire, and attended a number of Catholic schools. She undertook her teacher training at Keswick Hall just outside Norwich where she was able to





enjoy being in Norfolk, a county she had fond memories of from trips as a young girl to see relatives.

"After retiring from full time work a year ago I've had more time to devote to learning the skills needed to paint with oils. I bought books, joined classes and studied online."

Sharon is currently mainly concentrating on portraits as she explained:

"I enjoy the frustrating/rewarding challenges of trying to capture both the likeness and a little of the heart of my subject. I'm running out of friends to practice on as it's not for the faint-hearted. There's that whole am I as people see me thing. Which can be a bit daunting.

"Recently I undertook some self portraits which made me appreciate what a no place to hide experience it can be 23



"I'm increasingly approached by people to paint their portraits and I've done a number of pet portraits too.

"Would Sister Mary approve. I certainly hope so."

We are very grateful to Sharon for allowing us to reproduce some of her work. The titles of her pieces are: "Christmas Table" on page 21, "Baby Held" and "John the Aviator" on page 22, Broken Egg on page 23, "Me" on this page and "Gin Gin Cat" and "Window Man" on the next page

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# Have your living circumstances changed suddenly, and you now need help?

### We may be able to offer financial assistance to you, or someone you are concerned about.

All enquiries are treated in the strictest confidence

Don't be afraid to get in touch...

Mrs S Clarke

**Clerk to the Trustees** 

c/o 43 Lynch Green, Hethersett, NR9 3JT

Tel 811589

Or speak to any of the Trustees (details in Library)

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## News From The Parish Council

#### Low Crime Rate

HETHERSETT continues to be a relatively crime free zone according to the latest figures, the parish council heard at its meeting on December 19th.

Police Community Support Officer Darren Sore reported just four crimes for the period from 21st November to 18th December.

This included two instances of the same wall being damaged in Firs Road. Other crimes were the theft of credit cards from a hotel room and also an attempted theft from a shop. In addition the police had received report of a drunken male in the village on December 15th.

#### **Destruction of Grass Verges**

The council has once again voiced its concern at the destruction of grass verges in the village.

"The destruction of verges seems to be getting worse. We try to keep our village looking tidy and nice but inconsiderate residents can turn areas into eyesores," said council chairman Jackie Sutton.

#### **Speedwatch Update**

A number of people have come forward to volunteer to start a new speedwatch initiative in the village - but more are still welcome. Full training on using speed detection equipment will be given. Anyone wanting to volunteer and join the speedwatch team should contact parish clerk Ian Weetman on 01603 810915.

#### **Another Vacancy**

There is another vacancy on the parish council following the resignation of Jim Bartram who has decided to retire. He was thanked by the council for a number of years of public service to the village. The vacancy will now be advertised.

#### **Stakeholder Meeting**

The parish council will be co-ordinating a meeting in the New Year with the Memorial Playing Field Trustees and other stakeholders and interested parties to

## More News From The Parish Council

discuss the renovation of the inadequate pavilion on Hethersett Memorial Playing Field.

#### **Council Date Change**

The date of next April's parish council meeting has been changed to April 10th to avoid a clash with Easter Monday.

#### New Wards Proposed

The parish council has been informed of possible ward changes for seats on South Norfolk Council. At present the village is served by two district councillors - currently David Bills and Leslie Dale. Under the new proposals this would increase to three but would package Hethersett together with Little Melton and Bawburgh.

# The Things They Say

#### Thickthorn Roundabout

"The traffic lights on the A11 and A47 at Thickthorn roundabout are there to control traffic flows, helping maximise the use of all the lanes available throughout the junction and ensuring there is no traffic queueing in a live lane on the A47 dual carriageway - where it would be dangerous, particularly at busy times.

"They also help avoid conflicts between traffic on the roundabout and coming from both trunk roads as well as local roads. This means that all traffic is able to get through the junction safely, minimising delays for all road users."

A Highways England spokesman refusing to accept responsibility for long queues trying to negotiate the roundabout and comments from motorists about the small number of vehicles able to pass through the lights before they go from green to red. Now you know!!

If you have any complaints about this roundabout please make them to Highways England.

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#### TREASURER NEEDED FOR HETHERSETT DEMENTIA SUPPORT

This is an exciting position as we are quite a young organisation (despite being well known) with plenty of enthusiasm for our goal of making Hethersett dementia friendly now and in the long term. We also provide a dementia café that meets monthly in the Methodist Church Hall. This is a chance to make a big difference in the lives of people and their carers who experience dementia.

We are a fully constituted unincorporated charity association and are expanding our activities.

You will need to be available when the committee meets (usually once a month) and to oversee the system of basic accounts recording. Also to ensure that proper records and procedures are maintained and adhered to. Specifically, overseeing the preparation of accounts and financial statements and ensuring the financial stability of the organisation. Integral to this is ensuring that the organisation complies with its constitution.

We are looking for commitment, integrity, objectivity and accountability to the organisation with a willingness to devote the very manageable but necessary time and effort. Other qualities include good, independent judgment.

Ideally you will have experience of serving on a committee as treasurer, be a team player and sympathetic with our ongoing goal of promoting a dementia friendly village in Hethersett and the work of the dementia cafe

You will be responsible to the Chair of Hethersett Dementia Support Committee.

We invite you to contact the chairman, David Bills on 01603 813041 (e-mail: dbills.everett@gmail.com) or Stephen Baxter, secretary, on 07908 329102.

## The above article is reproduced on behalf of Hethersett Dementia Support Group.

# **Groups and Societies**

#### Hethersett Horticultural Society

At Hethersett Horticultural Society's November meeting, Robin McDonald advised members on "Orchids and The Care of Orchids" providing her "doctoring" experience free of charge to some members' ailing orchids.

Robin started by outlining the development of orchids, in that they were "late" in comparison to other plants and as such are still evolving. It is estimated that there are around 28,000 species, 763 general and 100,000 hybrids. Insects pollinate orchids by moving "sticky patches" from one plant to another. Hybridisers also do this to create new varieties.

Whilst British orchids grow in soil, many from overseas do not, preferring trees, rocky outcrops and under waterfalls as sites to grow on and in.

Finally we learned how to identify an unhappy orchid of overseas origin and how to husband it and repot it in a transparent pot. Whilst many orchids absorb moisture from the air and store it in their exposed stems and roots, some like a little rain water now and again but not during the winter season.

We meet on Wednesdays at 7.30pm in the Methodist Church Hall, Great Melton Road, Hethersett. All are welcome - occasional visitors are charged  $\pounds$ 1.50; refreshments are included.

On 14<sup>th</sup> December we were entertained by the Norwich Barbershop Quartet---"A Fine City Chorus" and on Wednesday 18<sup>th</sup> January Pauline Harper will be telling us how she "Loves Food, Hates Waste".

#### Leslie Dale, Committee Secretary

#### **Hethersett Mothers' Union**

A speaker from the Norfolk Accident and Rescue Service (NARS) talked about the service provided by doctors and critical care paramedics for people who have suffered serious accidents and need roadside assistance. Service members are volunteers who give up their spare time. They rely on fundraising to keep going. And donations are always welcome.

#### The RiNG

The Rheumatoid in Norfolk Group is primarily for those suffering from arthritis. Its meetings and events are open to all. On Wednesday, January 4th, Edna Stand-

# **Groups and Societies**

ley will talk about the village's Knit and Natter group and on February 1st , Jason Raper will be talking about the history of Norwich's Theatre Royal.

The group meets in Hethersett Village Hall on the first Wednesday of each month between 2 and 4 pm and the charge is just £3 per visit. More information is available from the website www.thering.org.uk or ring 0800 072 9597 or 07769 635281.

#### Norfolk Association for the Disabled

The Wymondham, Hethersett and Attleborough branch of the NAD is looking for volunteers who can spare a couple of afternoons a month to help with social afternoons and trips. Volunteers need to be fit and be a car driver.

NAD is a social group providing monthly social events in Hethersett on the first Thursday of the month.

"We are a happy, fun group and would appreciate additional help so that we can continue to give the disabled people in our area regular contact with others," said Chairman Rob Reeve who can be contacted for more information on 01603 810440.

#### **Hethersett Society**

Hethersett village archivist and Herald Associate Editor Gary Wyatt gave a talk to Hethersett Society on Edwardian photographer Tom Noakes. Noakes was born in Norwich in the early 1900s and used to venture out on his bicycle, equipped with his camera, to surrounding villages to snap local events such as weddings, garden parties etc. Gary showed a number of Noakes' photographs of Hethersett.

#### Probus Club by Willis Johnson

Probus Club John Nortciff chaired the recent meeting of Probus Club when birthday greetings were extended to Beverley Baker. Jack Hornsby was welcomed as a new member. A demonstration of a new projector will be held at the next meeting. Terry Stidston issued programmes for 2017. After refreshments the annual quiz took place with Cliff Mortley as quizmaster. Nine teams participated with the winners being that of Duncan Pigg, Douglas Bunn and John Tullett who were awarded a bottle of wine each. On behalf of all Geoff Head thanked Cliff for his excellent presentation which was appreciated by everybody. The next meeting is at the Jubilee Hall , Hethersett, at 10.30 am on Wednesday 21st December when club member Peter Earwicker will give a talk entitled "The Quantum World."

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# Laura's Marathon Ride

LAURA Cable admits that a marathon cycle ride for charity is "the hardest thing I have ever done"

Laura undertook the 100 mile ride around Norfolk to raise money for the Wymondham Dementia Support Group

But this was no ordinary ride - for Laura undertook it after just three months' training from Hethersett Velo Club. Laura had never cycled further than a mile previously but decided to take up the challenge in aid of what she described as

"a very worthy cause."

Laura has subsequently become a keen member of the Hethersett Velo Club and admits that she has got the cycling bug despite the hurt that the 100 mile challenge inflicted:

"It was the hardest

thing I have ever done. I would rather give birth than ride 100 miles, she said. The ride took her from the social club to Reepham and on to Morston, Sheringham, Horsey, Acle and Norwich before returning to Hethersett.

Laura's challenge was all part of Hethersett Social Club's open event in July. She raised the outstanding sum of £2,449.60p from donations, sponsorship and gifts. She was accompanied on the ride by other members of the Velo Club:

"I was so stiff the following morning that I had to crawl out of bed. I was ok up to around the 70 mile mark, but then my body told me I had had enough. I got a puncture in Norwich but the Velo riders made sure I kept going.

"I am so grateful for all the support I have had and all the people who supported me in any way," said Laura who works behind the bar at the social club.



She presented a cheque at the club on December 17th to president and founder of the Wymondham Dementia Group, Trevor Brown.

"This cheque will make a tremendous difference. We are currently supporting 90 people and their carers, but we can only exist with the generosity of people like Laura," Mr Brown said.

As for Laura - well she is certainly not resting on her laurels. She is currently being talked into undertaking a 200 mile ride in 2017.

Our photograph on page 35 shows Laura, with Trevor Brown, family and supporters.at the presentation evening in Hethersett Social Club. The picture opposite was taken at the social club's open day.



## Pantomime News Update

TICKETS for the 2017 Hethersett village pantomime Sleeping Beauty are selling fast. If you want to order tickets for one of the nine performances which will take place in Hethersett Village Hall from January 21st until January 28th please refer to the poster on page 13. There are three matinees and six evening performances.

Meanwhile the pantomime group is looking for willing volunteers to help with refreshments in the kitchen and organising seating before and after performances. If you would like to be part of a happy team please call Karen Broom on 01603 813490 for more information

## More Dates For Village Screen

HETHERSETT Village Screen has announced a full programme of films through to next May.

As already announced, the feature on January 8th will be Absolutely Fabulous - The Movie starring Jennifer Saunders and Joanna Lumley.

This will be followed on February 5th by the big screen version of Arthur Ransome's Swallows and Amazons. On March 5th Tom Hanks stars in A Hologram for a King. April 2nd sees A United Kingdom and on 7th May Roald Dahl's The BFG is the feature.

All shows are on a Sunday and start at 3 p.m.

January



Hethersett Village Screen is a non profit organisation bringing films to the community, with monthly screenings in Hethersett Village Hall. It is held in association with Creative Arts East, South Norfolk Council and Norfolk County Council. More information is available at facebook.com/hethersettvs or twitter.com/ hethersettvs.



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## Media Watch

#### CYCLE SPEEDWAY



• Deduces to Harvis the ARI Decourses had a great terms of a members and fear lists of its annual presentation evening bids indecourse facial Cash. Cannot of Decourse transforming of a successful gidking picking picking states and successful picking works number to coolse Clash-tick with which based its facility, picking picking picking the picking bids member of courses the coolse Clash-tick with which based its facility, picking picking

### LEISURE

#### Classic tale in library retelling

A stage version of Charles Dickens' classic A Christmas Carol will be performed at lightersett Library on Saiterlag of Jam. The Librarian Theatre

The Likewise Theories compare is presiding on the points on part of a term of likewise across the country. The actors are pappetry and mitiance interactions to infrag the story to life. A new limmery friends group will be likewise to every the likewise to be achieved with the likewise to be achieved the story of the performance are for radius and 55 for conce-tions, and can us be beauted from the likeway on 80000 010088.

Articles on Hethersett appear regularly in the Eastern Daily **Press, Norwich Evening News** and Wymondham Mercury newspapers.

More cuttings can be viewed on our Hethersett village web site at www.hethersett.org. uk

NEWS

Football store bid

Call for speedwatch volumeers is made.

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sent to council.

which all the states the number

New councillor for village d volument has

Homes left in the

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handful of crimes

#### Christmas market held by church

NEWS

Hethersett and

was successful

Tas season

There will be a Christiana charity needed with presival natorialization of the follower biolenses it Methodis Charols and charch hall on Frides, Decention 2. The fibre sent starts of dops and as well as stalk will feature performance by the Woodskir there is Kined Stappers, the Heliserset NC Amire A charon of the Heliserset NC Amire a charon of the Heliserset NC Amire a charon of the descent and the start of the descent for the set of the start of the descent the helisers Singlety Pethoesity.

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## **January in Hethersett Library**

#### With Rebecca Warner

Monday 2 <sup>nd</sup>	Library Closed
Wednesday 4 <sup>th</sup>	1030 – Colour Yourself Calm
Monday 9th	1400 – Parish Pop In
	- Craft Group meets in the library
Wednesday 11 <sup>th</sup>	1030 – Colour Yourself Calm
Monday 16 <sup>th</sup>	1400 – Craft Group meets in the library
Wednesday 18 <sup>th</sup>	1030 – Colour Yourself Calm
Monday 23 <sup>rd</sup>	1400 – Craft Group meets in the library
Wednesday 25 <sup>th</sup>	1030 – Colour Yourself Calm
Friday 27 <sup>th</sup>	1030 – Bounce and Rhyme for babies 0-18 months
	1115 – Bounce and Rhyme for children 18 months – 5 years
Monday 30 <sup>th</sup>	1400 – Craft Group meets in the library

Extended opening hours are coming to Hethersett Library in the New Year. Keep your eyes peeled for more information!

Hethersett Library friends group is up and running and looking for more volunteers. If you are interested in finding out more please call the library on 01603 810188. Our 2 for 1 DVD offer is available on Thursdays 1600 – 1900. Don't forget that DVDs/Blu-Rays/Box Sets/Music CDs are all free to reserve. Have a browse on our online sound and vision catalogue at <u>www.norfollk.gov.uk/libraries</u>

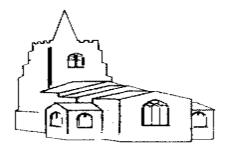
Check out our Information Hub – leaflets and information on 'what's on', health, education and a whole lot more! Are you involved in a local club, society or group? Call into the library and book your free monthly slot on our "Village Story" notice board to promote awareness, recruit new members or advertise a specific event. Do you need general computer support? Ask in the library to book an appointment with Bob our Computer Buddy who is available on Mondays from 10 am. to 12 noon. Free Wifi available in the library - just log in with your library membership.

"Like" us on Facebook and find out everything that is happening in the library - <u>www.facebook.com/HethersettLibrary</u>

Hethersett Library: Queen's Road, Hethersett

www.library.norfolk.gov.uk Email: libraries@norfolk.gov.uk Tel: 01603 810188

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### HETHERSETT PARISH CHURCH ROOF REPAIR FUND QUIZ NIGHT

### OLD HALL SCHOOL BARN 7PM FRIDAY JANUARY 20th

CHEF COOKED MEAL chicken curry with rice or lasagne with salad, +dessert

Please bring your own drinks + glasses TABLES OF 8 Tickets £8.50 from Vic Redington 811136

## **Discussing Youth Issues**

HETHERSETT Old Hall School Year 11 pupil Charlotte Snell (pictured below) is a member of the national youth parliament. In a special interview

with Liz French, she describes what her role entails. The following interview originally appeared on the Old Hall School blog and is reproduced with the school's kind permission.

### Question: What does being a member of YP involve?

**Charlotte:** I meet with the other Norfolk YP members once a month at County Hall – there are nine

of us and it's really interesting and rewarding. It's certainly made me more aware of how politics works and the big political issues.

#### Q: Are you aligned with any particular political party?

**Charlotte:** No. YP is politically neutral, but we do obviously all hold our own views and I enjoy being challenged by the various different opinions.

#### Q: What kind of things does YP debate?

**A:** We've been looking at issues such as tackling racism, introducing the vote for 16 and 17 year olds, improvements that are needed in mental health services for young people, and the introduction of a curriculum for life – which would give young people more knowledge of financial and political issues, for example. We were involved in choosing the issues to include in the national **Make Your Mark** Ballot.

#### Q: What is the Make Your Mark ballot all about?

**Charlotte:** It's a national initiative from YP – in September and October nearly a million young people from across England, Wales, Scotland and Northern Ireland voted on what they consider to be the most important issue for them. As YP members, we were responsible for deciding which issues to offer as options on the ballot. I went to York for the annual sitting, the first part of the narrowing down process. We debated each of the issues and then chose the top ten for the ballot paper. Then on 11<sup>th</sup> November there was a gathering of YP members in the House of Commons to debate on which two issues would become the national campaign focus for 2017.



#### Q: Did you go to that?

**Charlotte:** No – I'll go next time! We take it in turns and I was selected for the York sitting. But I watched the debate as it was televised, and found it really refreshing and exciting. When you see MPs in the Commons, to be honest it all looks a bit tired and cynical and to me they all look and sound the same! But with YP there is so much more diversity and it feels like a more even split between the genders and ethnic and religious backgrounds. It gives me hope for the future!

# **Coming In February**

THE year 2017 will be a very important one for Hethersett..

New development in the Back Lane area will be gathering speed and there could well be further announcements on future development.

We will continue to campaign on behalf of the village and in 2017 will be bringing you a mix of news, views and features covering as many aspects of village life as possible.

If you have any comments on village matters or news you would like published please send it to the editor. Please pass on details of where this publication can be found so that we can expand our readership.

In February, we take a look at what the next 11 months are likely to bring. We also continue our series of Hethersett walks.

We are also planning a series of Hethersett Herald albums, taking a look at past years with a modern slant. More about this next month.

If you have any news, comments etc on the publication or would like to submit a feature for publication please e-mail details to the editor on

#### petersteward@sky.com

Please note that this is a new e-mail address and replaces the former one.

### Have You Missed an Edition?



YOU can catch up on previous editions of the Hethersett Herald by going to http://hethersett.org.uk/emags.htm and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett. It is currently only available online.

### **News and Features Needed**

We are always happy to receive articles and news for publication.

With limited resources, it isn't possible for us to cover everything that is going on in our village. We hope that the Herald reflects just some of the things that are taking place in Hethersett, but, with your help, we can expand our service.

We are looking for news and reports on any aspect of village life. Also news of coming events that you would like publicised.

We are also happy to carry features on topics not strictly related to the village providing they are written by a resident of either Hethersett, Great Melton or Little Melton.

Reports, news, features and photographs can be sent by e-mail to

petersteward@sky.com or dropped off at 12, Karen Close, Hethersett

## **Sports Coverage Starts Here**

### Hethersett Athletic Football Club

#### Latest results

Men Sat	North Elmham	А	BSMC	8-2	Gray 3, Folkard, Lance, Smith, Norman, Hudson- Church
Sat OB	Wensum Albion	Н	League	6-2	Thurston 3, Smith, Wright, o g
Sun First	Poringland W.	Η	LCup	0-5	
Sun Res	Harleston U-21	А	League	1-1	J. Wright
U-19	Scole Utd	А	League	0-2	
U-15	Aylsham Orange	А	League	4-2	Banks 2, Kirby, Kemp
U-14	Drayton Jets	Н	C Cup	2-3	Watts, Attfield
U-12	Morley Stallions	Н	League	2-2	Attfield, Smith
U-11	Harling	А	Develop	1-7	B. Harvey
Men Sat	Marham Wand	Н	League	4-0	
Sat OB	Norwich Eagles	А	League	3-2	Smith, Curran, Sandle
Sun First	Sprowston Wand	А	League	0-4	
Sun Res	FC Viking	Н	League	3-1	J. Wright, Bradfield, Payne
U-19	Watton	Н	League	1-6	J. Denny
U-15	Surlingham	Н	League	1-2	Thorpe
U-14	Old Catton Tigers	Н	League	3-5	Attfield 2, Delf
U-12	Sheringham	А	League	4-2	Scott 3, Johnson
U-11	Attleborough	Η	Develop	4-5	B. Harvey 2, Nair, Swift
U-10	Bawburgh Bulls	A	Lge Cup	1-11	Hann
U9 Tigers	Mattishall	А	Develop	1-3	Brown

For a full list of results from Hethersett Athletic along with coming fixtures go to:

#### www.hethersettatheltic.org.uk

The club currently caters for all ages from under-six to adult and runs two adult Saturday sides, two adult Sunday sides and youth teams up to Under-19 level

### Nets, Fixtures and New Players

HETHERSETT and Tas Valley Cricket Club is looking for new players of all ages and abilities for the coming season.

The season is due to start in April and once again the club will be fielding four Saturday league sides, a Sunday league side, midweek friendly elevens, cup sides and a number of youth teams from Under-9 to Under-17.

A number of adult net sessions have been organised at Norwich High School for Girls from 7 to 8.15 pm for players of third and fourth team standard and from 8.15 to 9.30 pm for players of first and second team standards. If you are interested in attending and unsure as to which team you fit into, just turn up at 7 pm on the opening night.

Dates for sessions are

January 23rd,

February 6th,

February 20th,

March 6th

March 20th.

Meanwhile the fixtures for the club's Over-40s side in the South Norfolk Over-40s Social League have been announced. Hethersett, who finished runners-up last season, will come up against Rocklands, Tivetshall, Topcroft and Garboldisham. All matches are of 20 overs per team and start at 6 pm.

Fixtures are as follows:

May 17th	Rocklands		home	
May 24th	Tivetshall		away	
May 31st	Topscroft		home	
June 7th	Garboldisham		away	
June 21st	Rocklands		away	
June 28th	Tivetshall		home	
July 5th	Topcroft		away	
July 12th	Garboldisham		home	
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## Mike's Olympic Dream Becomes Reality

WHEN a youthful Mike Utting decided to hang up his football boots and cricket gloves he turned to athletics to keep up his fitness.

Little did Mike realise that his decision would see him travel the world as part of an



elite coaching team. As reported in last month's Herald, Mike was named Norfolk's High Performance Coach of the Year at the annual sports awards evening organised by Active Norfolk in conjunction with Radio Norfolk and the Eastern Daily Press newspaper.

The award recognised Mike's outstanding contribution to the Great Britain Para-



lympic teams at this year's Rio Olympic Games. He has been working with young athletes across the county for more than 15 years to develop and improve their sprint endurance across all levels. He is the sprint coach for City of Norwich Athletics Club and the University of East Anglia, where he trains the next generation of running stars.

This year Mike travelled to the Rio Olympic Games to coach the Team GB Paralympic athletics team in sprinting. Whilst there he worked with top performing athletes from across the UK to help improve their performances.

Hethersett Herald met up with Mike at his Hethersett home a few days after the award. He underlined his early sporting days with a modesty that is typical of him.

"I was born in Norwich and moved to Hethersett in 1985. I had decided to give up playing football and cricket and went out for a run."

Mike enjoyed the experience so much that he started considering taking his coaching badges in athletics:



"I knew I was a pretty average runner and was never going to set the world alight but I felt that I could coach," he said.

Mike became involved with a number of athletics clubs including Wymondham



Joggers, Wymondham Road Runners, Duke Street Runners, Norwich Olympians and Norwich Athletics Club.

"I left school with no qualifications and in many ways I fell into coaching but found that I had a passion for it and soon realised that you need to coach the person and not the event. Every person is an individual and has to be treated as such," Mike added.

Very quickly he found that he had the ability to discover talent in athletes and attended Middle School sports days to find runners with potential. Runners like Cleo Stephenson and Victoria Mitchell came to his notice. They became English

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and Welsh internationals respectively. They also helped Mike to become a high profile coach: "I pride myself with an ability to spot talent," he added.

Mike's coaching career was soon to take an important and unexpected turn: "Out of the blue I received a telephone call asking me to look after young athletes with learning difficulties representing the Great Britain MENCAP team," he said.

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Mike became involved in the national development programme which brought him into contact with some of the world's top coaches. He firmly believes speaking to coaches such as Tony Hadley helped him to become a much better coach as he listened and learned from the very best.

Working with disability athletes, Mike developed his coaching to embrace what he refers to as the three Cs - caring, connecting and communicating.

"There is little difference in coaching dis-

abled athletes. They are still elite athletes and part of the Great Britain team.

Mike's profile continued on the up as he looked after disabled athletes at the European Championships in Swansea in 2014, and the World Championships in Lyon in 2013 and Doha in 2015 and then the ultimate challenge - The Rio Olympic Games earlier this year.

"I had four specific athletes to look after in Rio, but as a coach you are there for everyone."

The GB team for Rio was a massive operation with a back-up team which included doctors, nurses, nutritionists, sports psychologists and many more. Mike admits that it was a very emotional time for all those involved.

He has no doubt that his experience over the past few years with disability athletes has made him a better coach:

"I feel I have been on a long journey as a coach. The Norfolk award was very special for me. So many coaches don't get recognised and they deserve awards just as much as I do. I do believe that if you are passionate about what you do you will get your rewards," he added.

Mike firmly believes that a good coach can influence the lives of athletes in a very positive way: "I am a firm believer that you can make a difference to people simply by sitting down and talking to them."

With the Olympics behind him, Mike is certainly not resting on his laurels, however. He is involved in a programme to try and find tomorrow's potential champions. It's an ongoing process but one he is proud to be involved in.

"I love imparting what knowledge I have. I love sharing it and helping the next generation of coaches," he said.

The photographs on page 43 show Mike with Kadeena Cox who won silver in the 4x100 metre relay, gold in the 400 metres and bronze in the 100 metres, along with a gold in the cycling time trial, and Mike in the Rio Olympic Village.

Page 44 shows one of Mike's mementos along with his bags packed at his Hethersett home. Page 45 has Mike with a commemorative flag signed by the British Paralympic team and the other picture shows Mike with another Paralympic champion.

#### Feature By Peter Steward

# Hawks Celebrate

#### By Mel Perkins

HETHERSETT Hawks/Myhill Decorators celebrated a successful Golden Jubilee season at their presentation and awards evening in Hethersett Social Club on December 2nd.

There was virtually a 100% turn-out of regular members and families at the event in Hethersett Social Club. Guest of Honour, was Australian captain and twice World number two Cody Chadwick who, while based in Suffolk, regularly travelled up to inspire the first-team riders at Wednesday training. As a mark of gratitude the riders donated a Club shirt to Cody for him to take back to Australia.

As well as recognising this season's club and Norfolk champions on the evening, the club also made some special awards. Receiving the Best Newcomer award was George Larter-Dixon, Owen Wells picked up the Most Improved Junior trophy and the Secretary's award of Club Member of the Year was shared by the





Wells family - Lisa, Kevin and Owen - for their commitment.

Team Managers were able to present their Riders of the Season. Katie Adams presented the B team award to returning veteran Glyn Morgan for his role model to younger riders while first-team manager Dan Chambers picked out Harley Hamill for his overall commitment and team support.

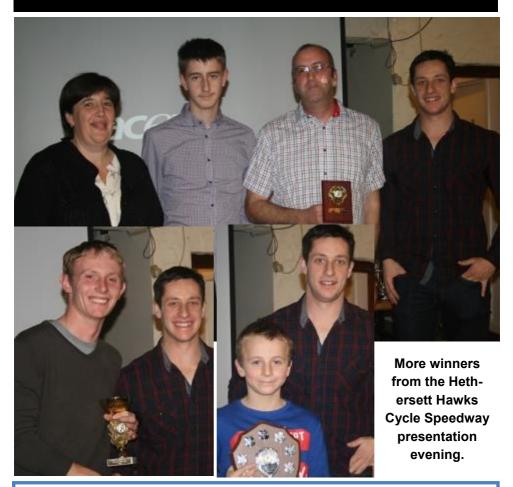
Chambers himself stepped up to receive the Top Scorer award totalling 282 points in the League and the successful team performance in the European Club Championships in Poland. The loudest cheer of the evening was for the prestigious Sportsperson of the Year Award which is nominated by members and club officials on the night - this year going to Kevin Wells.

Finally to recognise their achievement, members young and old who contributed to the B team finishing Runners-up in the South-East Division Two stepped up to receive medals.

All members are now eagerly awaiting the start of an innovative 2017 season in March as part of the new Cycle Speedway Competition Plan.

The picture on Page 47 shows Dan Chambers (right) with Cody Chadwick. The picture above is of the successful club B side with their medals and trophies.

### More Cycle Speedway Winners



### **Sports Reports Needed**

We are happy to carry reports/results from sports clubs from Hethersett or with connections to the village. If you would like your club featured just send the details to petersteward@sky.com. Photographs are particularly appreciated.

Your help will allow us to continue to expand the coverage of sport/leisure and fitness in our award winning village