



Fighting for Facilities

HETHERSETT Parish Council has written to South Norfolk MP, Richard Bacon, asking for assurances that facilities in the village will keep pace with future development.

A number of residents have expressed concern that the infrastructure of the village cannot cope with the anticipated large scale development. Below is printed the letter sent to Mr Bacon by parish clerk Ian Weetman.

Dear Mr Bacon,

“You will be aware of the large scale development that is taking place to the south of Norwich, in particular along the A11 corridor. Clearly, development of this scale brings with it a number of challenges to existing communities.

Hethersett Parish Council, while initially being against the large scale development that will double the size of this community, accepts the reality of the situation and wishes to work with developers, district and county councils, and other agencies to achieve a positive outcome for current residents. One of the keys to this is an information flow to keep residents informed of progress.

This is where the parish council experiences a problem. There are major local concerns regarding the provision of infrastructure with regard to transport, traffic, education and healthcare to support the scale of proposed development. Residents are extremely concerned that local infrastructure cannot cope: examples of this being local children not being able to attend local schools as they are full and the local surgery being at capacity.

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This parish council would like to re-assure residents that provision in these areas will keep pace with development but is unable to do so due to lack of information being forthcoming. The council hopes that there is a masterplan in place with an overview that will provide for infrastructure provision in line with the needs generated by development. However, we are not privy to such a plan.

The most immediate concern, and the issue that we would like your support on, is the provision of future healthcare for this community. Rumours have been circulating that a new health centre may be built or may not. If you are able to clarify the situation on behalf of this community it would be most appreciated.

Should you feel the issues in this letter could be better addressed by you attending a parish council meeting you would be most welcome."

Mr Bacon has replied saying that he "fully understands residents' concerns:

"The developer has agreed planning obligations to improve and expand Hethersett services and infrastructure including a new primary school. I will continue to monitor the situation in Hethersett over the months and years ahead," he said.

YOU only have to take a walk around our village to see that expansion is already moving apace with new houses springing up. Having an additional 1,200 homes in Hethersett is likely, over time, to take the population to over 10,000 and that's a very large village.

Herald Comment

Trying to fight the development has always been a futile pastime. What is vitally important is that we fight for the best facilities. In a previous edition of this e-magazine we highlighted the problems that one mum had in sending her daughter to a local school. Multiply that problem by hundreds and you will see that it is imperative that Hethersett gets new schools, a much larger and improved health centre and many other community facilities.

It is vital that every group in the village and every resident works together to enhance facilities and to hold developers to account. The parish council has already highlighted concerns. It is vital that we all continue to do so to ensure we get the best possible deal for our village.

Hethersett Herald



HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

www.hethersett.org.uk

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net. Everyone who works on Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from any

one who would like to help us increase and improve our coverage of village life. We are also pleased to announce that village archivist Gary Wyatt (pictured above) and retired secondary teacher Roger Morgan (left) have joined Herald as Associate Editors and will be contributing articles on a wide range of subjects in coming issues. If you would like to contribute regular items on any Hethersett related subject please get in touch.



Herald Team

Editor - Peter Steward

Associate Editors - Roger Morgan and Gary Wyatt.

Proof Reader - Patricia Mills.

Contributors to this edition of Hethersett Herald include the following: Rebecca Warner, Shane Hull, Hethersett Academy, Inspiration Trust, Fred Watkins, Robin Whitmore, Rowan House Health and Welfare Centre, Connie Tindale, Lisa Howard Hallett, Trevor Radley and Mel Perkins MBE.

Also grateful thanks to Hethersett Good News Magazine, Wymondham Mercury, the Eastern Daily Press and Norwich Evening News.

Concerns Over Many Years

HAVING lived in the village for over 30 years, I have noticed a recurring theme amongst the list of regular concerns.

Herald Comment

On top of worries about over development of our village, come two hardy annuals - dog mess and speeding. I can scarcely remember any time when one or both of these matters weren't causing concern.

And talking to residents over the past month, both are still seen as major problems.

Dog mess has particularly been causing concern on footpaths around the new Heathfields' development and speeding has been a particular problem in New Road.

Both matters are anti-social and both can be dangerous in different ways. Speeding drivers make a mockery of speed limits through the village and some estimates suggest that vehicles have been seen exceeding 60 mph on the straight area of New Road leading to and from the B1172. Certainly, I turned into New Road recently and saw a car in front accelerate to what must have been well over 40 mph. Not only are these speeds dangerous, they are also irresponsible and don't get me started on idiots who think it is safe to text on mobile phones whilst driving.

Demands on modern day policing mean that speed checks in villages are becoming fewer. Sadly efforts over the years to put together a village speedwatch scheme have failed to produce enough volunteers. It would be good at some time to see this idea resurrected with people coming forward to support it.

Similarly dog mess is both anti-social and dangerous and this has been pointed out time after time after time. Most dog owners are highly responsible people who put mess into bags and deposit into dog bins around the village. Others seem to think that it doesn't matter and they aren't being anti-social. In short they just don't care. Finding a way to educate these people is a tough ask. They obviously don't respond to pleas from the responsible community. Perhaps somebody reading this has an answer to the problems of dog mess and speeding. If so we would certainly like to hear from you.

Peter Steward

Saying Farewell to Finnbar



THERE was a fond farewell to five year old Finnbar Cork as villagers, friends and relatives said goodbye in style. Stormtroopers passed through Hethersett flanking an x wing Starfighter ahead of Finnbar's funeral.

Family members dressed as characters from films, while youngsters dressed as superheroes and lined the streets of the village. A private funeral came before a public celebration of Finnbar's life.

As reported in previous editions off Hethersett Herald, Finnbar died after a brave

fight against a brain tumour. Finnbar was a big Star Wars fan.

A few days later, family and friends packed St Remigius Church with many once again dressed as Star Wars characters.

The service of celebration was led by the Rev Christopher Mallett who said: "It's natural to feel sad and grieve when someone you know and love dies, but today we've come together to celebrate Finnbar's life and achievements and the tremendous impact he's had on everyone with whom he came into contact."

Rev Mallett said the large number of people who attended the service were testament to the "impact young Finnbar had on you all" and described how his "captivating smile seemed to reverberate around the whole community".

During the service, Finnbar's parents, Claire and Tristan, paid their own emotional tributes to their bubbly little boy. Mrs Cork said the "wonderful memories of us together I will always treasure and keep" while Mr Cork, who was dressed as an X-Wing Starfighter pilot, recalled how they "did so much together", including playing football, building Lego, reading and having film nights.

He said his son faced his illness with "such bravery and determination and never gave up the fight" but admitted it was to be a "fight that was impossible to win. He also thanked everyone who had helped them and were continuing to help them, including those fundraising for Finnbar. Proceeds will now go towards children's tumour research or local families where someone is battling a tumour.

The service also included tributes from Hethersett Woodside School, where Finnbar was a pupil, extracts from the youngster's favourite stories and music from favourite films, including "Star Wars," "Jurassic Park" and "You've Got a Friend in Me" from "Toy Story."

News From The Village

Summer Reading Presentation



AFTER a busy summer of reading, around 50 children came to Hethersett Library to collect their medal and certificate for completing the Big Friendly Read.

The children had to read six books over the holidays to complete the challenge or, in the case of under fives, share six stories at home with their families. There were even some super-achievers who read more than 20 books. Well done to all the children and their parents; in total 157 completed the challenge at the library. If you'd like to know more about the Big Friendly Read pop in to Hethersett Library and ask a member of staff.

Free School Possibility

HETHERSETT is one of the areas being considered by Wymondham College which has announced it could set up a free school for primary school children at some time in the future. In addition the idea would include 30 places for older children to board. It would be the first primary school of its kind in the east of England.

News From The Village

The proposal could be submitted for government approval in the near future and areas being considered are Wymondham, Hetherset or Cringleford,. Any school would open in September 2019 at the earliest.

The college's website said: "The school would promote an enthusiasm for academic learning and self-discipline, together with individual creativity and social awareness."

Bounce Time Volunteer Needed

HETHERSETT Library is looking for a volunteer to help expand its bounce and rhyme sessions for babies and toddlers. The library currently holds monthly sessions run by Wymondham Children's Centre but feels that this is not enough to cater for demand. So they are looking to start a weekly session and need a volunteer to run it: "

"We currently only have a session once a month and feel this is not enough – a regular weekly spot would be much better," said Rebecca Warner from the library. Anyone interested or needing more information can pop into the library and speak to library staff.

Tales From the Tale Coat

AN original concept is on its way to Hetherset Library on Friday 7th October from 2 to 3 pm as part of Norfolk Libraries Festival of Storytelling - 'Tales from the Tale Coat'.

The Tale Coat is a unique working piece of art which will be donned by Taffy for his performance when members of the audience will be invited to treat it almost as a jukebox by pointing to an image on the coat and saying "We'd like to hear that story".

Norfolk Libraries Festival of Storytelling is a festival of live events happening in libraries all around the county from 24th September to 9th October - brochures are available in all Norfolk libraries. The Hetherset event is designed for adults.

A festival of live events
in your local library

24 SEPTEMBER to 9 OCTOBER 2018

Storytelling

Tales from the Tale Coat

The Tale Coat is a unique working piece of art which will be donned by Taffy for his performance when members of the audience will be invited to treat it almost as a jukebox by pointing to an image on the coat and saying "We'd like to hear that story"

'We'd like to hear that story'

Hetherset Library
Friday 7 October
2 - 3pm

For more information contact
the library on 01603 810188

Library Norfolk County Council ARTS COUNCIL NORFOLK

News From The Village

Sixty Five Years of Happily Married Life

Thelma and David Matthews from Hethersett recently celebrated their 65th wedding anniversary and were featured in the Wymondham Mercury newspaper. This is what the paper had to say:

We laugh a lot. We laugh a lot together and then we laugh at each other," Mrs Matthews, 86, said.

"I did joke that when she got to be 40 years old I was going to change her for two 20s, but I couldn't find the two 20s," Mr Matthews, 85, said.

"He couldn't find anyone else to have him, is what he really means," Mrs Matthews added.

The two kindred spirits met in Norwich in 1951 and enjoyed each other's company right from the start.

"I worked as a hairdresser with his sister. There were other brothers in the family and she always used to say: 'David is the best one.' That was it. I went about through his sister and then I got him," Mrs Matthews said.

"She liked me," Mr Matthews said, cutting in.

Decades later, the couple have created a life for themselves in Norwich. Over the years they've lived in the city they've witnessed big changes, starting with the bombings during the Second World War. Mrs Matthews even remembers one bomb demolishing her school.

Mr Matthews said: "My biggest regret is that I was too young during the war to enlist. I would go down to the pubs all the time and talk to the servicemen. When I was old enough I finally joined the RAF."

Before retirement, Mrs Matthews continued to take on shifts as a hairdresser and do charity work, while Mr Matthews worked for the RAF for total of eight years and then took on a local sales position for L'Oreal.

They raised their daughter, Ann, in Norfolk and now have two grandchildren and six great-grandchildren.

"You can take the woman out of Norfolk, but you can't take the Norfolk out of the woman, and that's very true about Thelma," Mr Matthews said.

Mr and Mrs Matthews are truly a living example of the phrase 'two sides of the same coin.'

"My favourite thing about her is that she's stubborn – stubborn and positive.

News From The Village

She's a permanent optimist," Mr Matthews said.

"And he's not pessimistic but more realistic; he plans everything for us. We balance each other out," Mrs Matthews said.

Shane's Big Charity Run

HETHERSETT Parish Councillor and treasurer of Hethersett and the Meltons' Sports Association, Shane Hull, completed the Great North Run half marathon and so far has raised £700 for Alzheimer Research. Shane is pictured opposite with his finisher's medal



Shane sent the following to us:

"I completed the world's largest participation half marathon, finishing 31,342nd out of an entry of 57,000. It took me 42 minutes to even reach the start-line due to the sheer number of competitors.

Unlike my training in Norfolk, the course was very undulating and the weather a hot and humid 20 degrees. The whole of Newcastle was out in force to cheer and encourage everyone. There were many water and Lucozade stations together with jelly baby stations and run through showers.

My time was a fairly pedestrian 2hrs 39mins, but crossing the finish line in one piece was the objective achieved! Someone by the name of M. Farah won the race in 1hr 04sec.

The organisation of the event was fantastic with road sweepers retrieving the one million plus bottles discarded by competitors immediately after the final finisher completed the course. I have great respect for those competitors carrying wheely bins and fridges on their backs - as if the race wasn't difficult enough already!

I have now completed the London Marathon and Great North Run - 30 years apart!

Whilst there were no major injuries, I don't remember aching this much 30 years ago!

Thanks to all the sponsors and well wishers - I raised around 700 pounds for Alzheimer's Research."

News From The Village

Wymondham Planning Decision Overturned

WYMONDHAM Rugby Club will be on the move after a South Norfolk Council planning decision was overturned at national level despite fears that such a decision could erode the greenbelt between Wymondham and Hethersett.

The decision could result in 390 new homes being built near the club's current site in Tuttle's Lane. The decision was made by Sajid Javid, the secretary of state for communities and local government, who overturned plans by South Norfolk Council to block the £5.5million plan.

South Norfolk had expressed fears over a lack of school places to cope with the extra homes and the loss of green space between Wymondham and Hethersett. The decision will see the rugby club re-locate to a new 30 acre site on land between Melton Road and Norwich Common.

Ninety homes are now likely to be built on the Tuttle's Lane site and a further 300 on land off Norwich Common. A South Norfolk spokesman said the council was 'obviously disappointed' by the new ruling, saying: "By refusing planning permission the council had tried to protect the important strategic gap that maintained the separation between Wymondham and Hethersett, but the secretary of state agreed with the planning inspector that the council's lack of a five-year land supply outweighed the harm the development will cause.

Over £1,000 Raised for Charities

AN evening at Park Farm Hotel featuring clairvoyants Carole Wilson and Michelle Cremin in aid of SANDS (the Stillbirth and Neonatal Death Charity) and EACH (East Anglian Children's Hospice), raised just over £1,000. The event was organised by Emma Steward and attracted an audience of more than 80 people.

"Thank you so much to everyone who attended. I was overwhelmed by the support. I want to say a huge thank you to everyone that attended or supported in some way through donations and raffle prizes, also Park Farm Hotel for providing an amazing venue for the evening. Finally the biggest thank you must go to the amazing Carole R Wilson and Michelle Cremin who worked their socks off and did an amazing job. As a result I've raised £1,023 for two fantastic charities

Norfolk Sands and Each," Emma said.

Norwich City Footballer Fined

NORWICH City defender Martin Olsson has been fined £80 for speeding in a 30 mph zone.

The 28-year-old was caught driving at 37 mph in a Bentley along Koblenz Avenue in Norwich on December 29th. Olsson gave his address as Back Lane, Hethersett. As well as the fine, he was given three penalty points and ordered to pay a £20 victim surcharge.

Dementia Café

THE Hethersett Dementia café met once again in Hethersett Methodist Church Hall. The café meets on the third Tuesday of each month from 10 am until mid-day. The next meeting will be on October 18th.

Methodist Church Sale

HETHERSETT Methodist Church held a craft fair in the church hall on 17th September. The event featured a variety of crafts, a tombola and refreshments and proceeds will be shared between church funds and the church's mission project

Writers' Club

A number of new members were welcomed at the latest meeting of Hethersett Writers' Club. Members read extracts from their work. The group has expanded over the past few months and the next meeting will be on Tuesday, October 25th. More information is available from founder member Pat Lightfoot via e-mail at lightfootpatricia@gmail.com.

Disappointing Responses

DUE to threatened bad weather, the table top sale scheduled for Hethersett Co-op Funeralcare car park was moved indoors to the Jubilee Youth Club hall in Back Lane. The public response was disappointing and the event packed up early. Any proceeds will go towards replacing guttering at the hall. A proposed barn dance scheduled for Hethersett Village Hall on September 24th and organised by Hethersett and District Churches Together had to be cancelled due to insufficient interest.

News From The Parish Council

Council Vacancy

THERE is currently a vacancy on Hethersett Parish Council following the resignation of Trevor Radley through pressure of work. This means that the council is down to 12 members from its maximum of 13. The position will be advertised on council noticeboards around the village. If there is more than one candidate for the vacancy, the decision will be down to existing council members.

Council Dates and Contact

HETHERSETT Parish Council's meeting dates for the remainder of 2016 are: October 17th, November 21st and December 19th. All meetings take place in Hethersett Village Hall and start at 7.30 pm. There are opportunities for the public to speak and ask questions at the start and towards the end of each meeting. Parish clerk Ian Weetman is available in the council office upstairs in the village hall on Mondays and Thursdays from 10 am until midday. At other times he can be contacted at 18, Haconsfield, Hethersett, NR9 3AW or on 01603 810915. Parish pop in sessions are held in Hethersett Library from 2 pm until 4 pm on the second Monday of each month.

Fencing Around Village Area

THE parish council will be replacing inadequate fencing around the village green area in Great Melton Road. The council will foot the bill for providing knee high fencing and the replacement of old broken posts. The council is also replacing the lantern on a street light in Richardson Crescent that has been damaged by water.

Village Screen Support

THE parish council is making a £150 donation to the new village screen which will be showing films in Hethersett Village Hall as promoted in the last edition of Hethersett Herald. Hethersett Village Screen has been set up by a group of volunteers aiming to provide current and archive film showings to local residents. The group is supported by Creative Arts East.. The parish council donation will help with the group's start up fees.

The Bells, The Bells

Hethersett Parish Church opened its bell room to the public as part of the Norfolk Heritage weekend in September. Peter Steward went along to learn about the intricacies and maths behind the art of campanology.

THERE'S a lot of mathematics involved in bell ringing and, as somebody who is obsessed with numbers, it made for a very interesting visit.

September is a delight from a heritage point of view with numerous events taking place throughout the county. Hethersett Parish Church decided to weigh in by opening up its bell ringing room for the afternoon of September 10th.

So let's get the maths out of the way. Hethersett Church has eight bells. That means there are no fewer than 40,320 possible ringing combinations. To ring a peal consisting of a sequence of over 5,000 plus changes without a repeat takes a solid three hours - so not to be attempted lightly.



Now this is where the maths really kicks in. With one bell there is obviously only one ringing combination. Add a second bell and you double that to two. Add a third and it builds to $1 \times 2 \times 3$ which gives you six possibilities. A fourth ups this to 24, a fifth to 120 and then things really build up. St Remigius has eight bells giving them $1 \times 2 \times 3 \times 4 \times 5 \times 6 \times 7 \times 8$ which equals 40,320 possible combinations.

Hethersett has the ability to add a couple more bells if so desired and that's where the numbers become mind-boggling. Add a ninth and there are 362,880 possibilities, add a 10th and that becomes 3,628,800. St Peter Mancroft church in the centre of Norwich has 12 bells giving it a possible number of combinations of over 478 million. The various peals all have names, many recording the areas from which they come. So we have Lincoln Surprise. Ipswich Surprise, Anna-

bel's London Surprise, Yorkshire Surprise, Preston Surprise and any number of Little Bob, Plain Bob and Reverse Bobs. Ringers and guests are pictured below.



That's enough of the maths. Time to talk about bell ringing itself. It isn't a matter of just pulling on a rope as many people believe. Co-ordination, fitness, timing, empathy with your fellow ringers and hours of practice are all necessities. Hethersett Bellringing group currently has up to 10 regulars to call upon. They practice on Thursday evenings from 7.30 pm until 9 pm and new members are always welcome.

The beauty about bellringing is it has changed very little over the centuries. The bells and the sallies (or bell ropes) may, in many cases be new, but the sounds being heard by residents will be very similar to those heard hundreds of years ago. So a case of resonation of the past.

Ringling bells can take a marathon effort as plaques around the walls of the ringling room testify. They mark just some of the marathon efforts over the years. So we have testimony that on 10th November 1947, 5056 of Bob Major were rung and on May 2nd 1935, 5184 changes of Kent Treble Bob Major were rung in two hours and 52 minutes.

There are some basic rules to ringling - don't pull too hard and never look up. But the Hethersett Ringers are keen to add to their numbers. Anyone interested in joining or finding out more can turn up on any Thursday evening.

Awards for Academy Staff

STAFF from Hethersett Academy have received awards from former hostage Terry Waite at a special event to mark the new school year.

Veronica Drobak and Sue Frary from the secondary school were among the winners of Inspiration Awards at the event for teachers and support staff from the Inspiration Trust academy family, held at St Andrew's Hall in Norwich on September 1st. Veronica Drobak, who is a maths' teacher, won the school's teaching award and Sue Frary, who works in pastoral support (care and guidance), won the Support Award.

During the awards ceremony, which recognised excellence across all the schools, the winners were presented with trophies by Mr Waite and Inspiration Trust chairman Sir Theodore Agnew in recognition of their fantastic contributions to school life.

Mr Waite - who was taken hostage in Lebanon in 1987 while negotiating the release of other prisoners - addressed the 800-strong audience and explained the circumstances of his capture and the torment of his near five-year ordeal.

But he also talked about his work since release, including working with schools and prisons where young people can be at risk of radicalisation. He told the audience that schools are key to preventing the spread of fundamentalism and terror: "There are many young people looking for something to believe in," he said.

"This is an increasingly complicated and confusing world, and as teachers you have a very important role in guiding young people, and helping them see the things that bring us together. We are all part of one human race, and that is a very important thing to remember."

The event also heard from Sir Theodore and chief executive Dame Rachel de Souza about the last 12 months and plans for the future. Dame Rachel told staff that the trust had been named as the top school group in the country at secondary level, and encouraged them to aim for even greater achievements in the new school year.

The day rounded off with a chance for staff to meet and swap ideas with colleagues from schools across the Trust, across 40 group sessions held at nearby Jane Austen College.



Sue Frary with Sir Theodore Agnew and Terry Waite



Hethersett Academy was rated as “outstanding” in all areas by Ofsted in January, 2016. The school became an academy and joined the Inspiration Trust in November 2013.

Its 2016 GCSE results were the best of any mainstream school in Norfolk for the second year running, with 86% of pupils achieving at least A*-C in English and Maths.

The Inspiration Trust is a not-for-profit charity

that operates a family of 13 schools across East Anglia, including two new free schools which opened in September 2016.

FEATURED IN THE PRESS

Hethersett Academy was featured in the Wymondham Mercury in a special feature recognising “the gentle revolution” that has taken place at the school in the past three years.

The article celebrates the excellent exam results over that period. It puts much of the success down to “working with parents and the local community to build up a strong, supportive atmosphere with plentiful opportunities for students to experience sports and cultural activities.”

The academy is now a National Teaching School. Principal Gareth Stevens has invited local people to visit the school and has held open mornings and evenings in September and has another planned for the morning of October 3rd from 9 am to midday: “It is always a pleasure to welcome new families to the academy to experience first hand what we are doing.”

“Families looking to start high school next year always come along but increasingly we also have students already at high school who are thinking about transferring before starting their GCSEs. The students, staff, parents and the whole local community have really come together to make Hethersett Academy a fantastic school,” said principal Gareth Stevens.

Horticultural Society Annual Show



HETHERSETT and District Horticultural Society celebrated an excellent season with its annual show in Hethersett Village Hall on Saturday, September 10th, reporting an increase in the number of entries on the previous year with over 300 items on display.

It was a wonderful day for members with the Christian name Pauline as they dominated the show.

Pauline Harper won a host of trophies including best exhibit in the show for her two cobs of sweetcorn and other cups were won by Pauline Bunn.

Entries this year provided a colourful display and ranged from floral displays to jams, vegetables to photographs.

Main winners were: The President's Cup and the Norfolk and Norwich Horticultural Medal for Best Exhibit in Show, Pauline Harper; the Emily Knights Memorial Trophy Medal for most points in the vegetable, fruit and flower sections, Pauline Harper;

(continued on page 21)



Above is John Freeman and below Margaret Ford, both pictured with show president Shirley Keeley





On the left is Ted Hallett and on the right Emily Morton-Standley. Below is Judy Freeman with club President Shirley Keeley. All were prize-winners at Hethersett

And District Horticultural Society's annual show held in Hethersett Village Hall on Saturday, September 10th



**Pauline Bunn with
club president
Shirley Keeley**



(continued from page 18)

the Chairman's Trophy for Best Exhibit in the Vegetable section, Pauling Harper; the Charles Tudor Challenge Cup for most points in the vegetable section, Pauline Harper; the Deacon Senior Cup for best exhibit in the fruit section (blueberries), Pauline Harper; the Deacon Junior Cup for the most points in the fruit section, Pauline Harper; The Peter Bond Memorial Trophy and RHS Bank-sian Medal for runner-up in the vegetable, fruit and flower sections, Pauline Bunn.

Class winners included Margaret Ford, John and Judy Freeman, Ted Hallett and Emily Morton-Standley (junior section).



Produce Montage



Groups and Societies

The 3:16 Club

THE 3:16 Club was formed 18 months ago and is still going strong. It is a fun club at Hethersett Junior School which supports the school's Christian values. Children take part in Bible stories, games and crafts and the club is designed for children attending the school.

It meets every half term on a Wednesday beginning appropriately at 3.16 pm. The club is run by a team of volunteers under the leadership of Tara Whiting and the Rector of Hethersett, the Rev Derek McClean. The name of the club comes from St John's Gospel chapter three verse 16.

Back in March 2015, we ran the following story about the club on our web site:

A new after school club has been set up at Hethersett Junior School to re-inforce Christian values.

The 3.16 Club will promote the values of the Church of England Junior School and will meet during each half-term, about once every six weeks, with a serious message running alongside fun craft activities.

A band of adult helpers from Hethersett Parish and Methodist Churches will be on hand to help pupils from the school get the most out of a club with a dual purpose name as organiser Tara Whiting from Hethersett Parish Church explained:

"The 3.16 title comes from the famous Bible passage in St John chapter 3 verse 16 and also coincides with the time of the end of the school day and the start of the club session. "

"The club is designed to re-inforce the Christian values of the school. As a church we have to adapt and be more accessible to modern day living. In today's society, going to church isn't a priority for many families and many people only go for weddings, christenings and other major events. We want to help foster closer relations between the churches in Heth-



ersett, the community and the schools," Mrs Whiting said.

The club already has 21 youngsters signed up. The first session saw them making trays as a sign of service, the school's theme for this half-term. They also decorated biscuits, made name badges, model hands and feet and did puzzles.

The photograph on the previous page was taken at the first session of the 3:16 Club.

More information is available by contacting Tara Whiting via the school office on 01603 810498.

Hethersett Society

ARTIST Walter Dexter was the subject of a talk by Charlotte Paton. Born in Wellingborough in 1876 and brought up in King's Lynn, he studied at Birmingham School of Art and travelled extensively throughout Europe, being inspired by the Dutch and Flemish schools.

His work is on display in King's Lynn Museum and Norwich Castle Museum. The picture opposite is entitled "Landscape Near King's Lynn" and is part of the collection in King's Lynn Museum.



Hethersett Women's Institute

ROSIE Wilkin talked about medical practices through time, including how people wore amulets in an attempt to prevent illness. She explained how country people practised folk medicine with the use of leeches and plants. She described the use of plants and honey.

Messy Church

THE next Messy Church event in St Remigius will take place on November 26th. Messy Church includes crafts, games, worship and food and is aimed at children and adults of all ages.

Hethersett Mothers' Union

HETHERSETT Mothers' Union visited Elveden and in particular the parish church on the Elveden Estate. They also visited the shops and the estate in general where members of the Guinness family are buried.

Probus Club

AS mentioned last month, the Probus Club now meets on the first and third Wednesdays of each month in Hethersett Jubilee Youth Club in Back Lane. The word Probus is an abbreviation of the words PROfessional and BUSiness. Membership is not restricted to these two groups, however, and the only requirement is that members are either retired or semi-retired. Probus clubs are non political and non sectarian. Probus clubs are not just restricted to men. More information on the local club is available from Ron Richardson on 01603 810263.

Focus on Hethersett Singers



HETHERSETT Singers began life as Hethersett Musical Society in 1961. It originated from an ad hoc concert given by the Hethersett Church choir and some members of the Methodist Church. It was agreed that the group should meet again and be a little more ambitious.

The next production was a concert version of *The Mikado*. The

organisation of the society was left in the hands of the Rev D.J Turner - who was the conductor - and Vera Alborough who was the church organist. The *Mikado* was sung on April 19th, 1961, in Hethersett Village Hall (now the social club). Amongst the soloists were Bob Richardson, Duncan Pigg, Ray Alborough, Peter Salter, Roger Mapes, Laura Dann, Vera and Edna Alborough, Susan Cowell and Pat Newman.

In 1966, the organisation of the society became more formal and the first AGM was held. The Rector of Hethersett, Rev L. R. Kingsbury, was elected president, Bob Richardson was elected chairman and George James was appointed musical director.

Over the years, the choir has performed a wide variety of music and been accompanied on occasions by guest orchestras and soloists. The group has also joined forces at times with other Norwich choirs, sung at the weddings of a choir

members, sung carols in Norwich shopping malls and taken part in the charity fair held just before Christmas in the Methodist Church.

The Singers currently perform two concerts a year - one in Spring and one in Autumn. Membership is not restricted to residents of Hethersett and new members are always welcome.

A list of musical directors over the 50 years is as follows: Rev D. J. Turner, George James, Ivan Cane, Thomas Corfield, Anthony Blyth, Charles Parsons, Judith Evans, Nicola Parslow, Phillip Bell, Neil Taylor, Chris Bell, Chris Duarte, Anthony Bussell, Jason Collins and Neil Ricketts

The photograph on the previous page shows the singers celebrating their golden jubilee in 2011 when choir members were: Jilly Baines, Sue Banning, Paul Binney. Marion Blake, Susan Foster, Anna Groom, Jan Halford, John Halford, John Hobday, Margaret Hobday, Michael Hughes, Paula Hughes, June McKrell, Barbara Powell, Luciana Ravina, Julia de Salis, Helen Savelli, Anne Sesma, Elizabeth Skoda, Jean Smith, Rosemary Thompson, Tricia Townshend, Phil Walters, Hilary Watkins, Helen West, Chris Williams and Mary Youngs.

Well known village stalwart Duncan Pigg BEM outlined at that celebration the history of the singers with the following words.

"In 1960, Rev Douglas Turner was Rector. He was a very talented musician and we also had Vera Alborough, an excellent and enthusiastic organist and choir-master. It was a time for making music and so in May that year they decided to join the Church Choir with the Methodist Choir to give a concert in aid of the British and Foreign Bible Society.

It was a great success and the participants asked if they could do something together again and it was agreed that we should perform a concert version of the Mikado in 1961.

Now 50 years ago, the D'Oyly Carte Opera Company were very strict about their copyright. One way to avoid the difficulties was to form a Society and for some of its members to perform to the rest. Only members of the Society could be present, of course and there was a subscription to become a member and attend the meetings.

I quote from the church magazine:

"Concert performance of the Mikado given by members of the Hethersett Musical Society in the Village Hall on 19th April. One hundred and eight people have joined the Society."

The Village Hall was what is now the Social Club. How we packed 180 people in I don't know. The soloists, were Peter Salter, Michael Woolner, Susan Prutton (then Susan Cowell) and myself. Those no longer with us were Bob Richardson with his wonderful deep bass voice, Roger Mapes and Vera Alborough. The conductor was the Rector Douglas Turner and accompanist was Mrs Joan Single-

ton, a little lady dressed all in black with a black hat, she didn't look the part but she was a professional accompanist in the London Musical World and could make the piano talk and, because of connections, was prepared to come to Norfolk to play for us for many years.

In 1994, we changed the name to Hethersett Choral Society and, in more recent years, to Hethersett Singers. During the last 50 years the Society has had 15 Musical Directors, too many to mention all of them, but here are a few. George James was the first after the rector. He was a lay clerk at the Cathedral and had operatic experience with Gilbert and Sullivan and D'Oyly Cart. Ivan Cane with his orchestral interest brought orchestras into our performance and Tom Corfield, organ scholar at the Cathedral, cut his conducting teeth on us. Tom was an innocent youth in all but his music. The ladies of the chorus mothered him!

Tom is now Assistant Organist in Derby Cathedral. Charles Parsons introduced us into Lehar - the Merry Widow and the early 1900 musicals.

Neil Taylor was with the Society longer than any other director while he was assistant organist and later acting organist at Norwich Cathedral. His "Come and Sing Messiah" at the week long Hethersett Music Festival, in which he played a full part, is remembered with much pleasure. Neil is now organist at Sheffield Cathedral.

The Society has always had a Cathedral connection. I could name so many who have made significant contributions to the Society - Lorna Richardson, Brian Hartley, Vera Alborough, Don Powell, Philip Bell and countless others. It has always been well served by rehearsal accompanists, as with their present accompanist Rita Berchem.

Lastly, you'll be pleased to hear, some of the venues at which performances have taken place. Here of course at St Remigius, at the Methodist Church where I remember a Bach Christmas Oratorio with an orchestra of 24 including three trumpets situated about six feet away from the front row of the audience. It was quite a squeeze.

Other venues included Old Hall School, the old and new Village Halls, the Church Hall, the Middle School and outside the village at both Anglican and Catholic Cathedrals, Wroxham Parish Church, Eaton Parish Church and in the 70s a performance of Yeoman of the Guard at Felthorpe where our fame must have gone before us for the audience consisted of the two ladies who invited us, three ladies who were preparing the cups of tea for the interval and two ladies and one gentleman who paid to come to the performance. I make that an audience of eight!"

The current Hethersett Singers are currently rehearsing for their Christmas concert on 3rd December. The group can be contacted via e-mail at hethsing@btinternet.com or by telephoning 07949 533253.

Picture Perfect



The wonders of nature. This photograph of a wasps' nest was taken by Lisa Hallett Howard at her Hethersett home. Apparently this is a small nest and wasn't occupied. The wasps strip untreated dead wood from fence panels or garden furniture and sheds and convert it into a paste to construct the nests.

Hethersett Village Hall

Over the past few months we have featured reports made to Hethersett's annual parish meeting in May. We continue with the report of Hethersett Village Hall.



TRUSTEES to the village hall are appointed by Hethersett Parish Council (three) and by the Hethersett Annual Parish Meeting (four). Trustees serve for a year but may be re-appointed or re-elected to serve for further terms.

Hethersett Village Hall is Registered Charity No 1041213. The charitable objectives as stated in the governing document are to maintain a village hall for the uses of the inhabitants of the parish of Hethersett without distinction of political, religious or other opinions, including the use for meetings, lectures and classes and for other forms of recreation and leisure-time occupation with the object of improving the conditions of life for the said inhabitants.

The Village Hall Management Committee is responsible for all aspects of the management of the hall and have complied with the guidance on public benefit published by the Charity Commission.

The public benefit derived from the activities of the charity includes:

- Provision of the Hethersett Village Hall for public use.
- Preservation and enhancement of the Village Hall for the use of community Whilst the public benefit is available to anyone, as there are few restrictions to usage of the hall, a charge is made to cover costs, maintenance and improvements. Analysis shows these fees are similar to comparable halls in the area, and that these do not represent an unreasonable restriction to access to the hall.

The Village Hall is mostly used by the local community. A small increase in charges for commercial use is made. Priority is given to any local community use over a commercial hiring.

Caretaker and Booking Officer John Wilson, the caretaker at the start of the year, resigned in September, when a new caretaker, Aishah Shadi took over. The employment of Claire Everson as booking officer has continued throughout the year. Employment is on a PAYE basis and payment above the National Living Wage.

Bookings, running costs, hire charges and hiring hall bookings, for both regular and one-off hirers, are continuing in the pattern of previous years with the hall in use most days, evenings and at weekends. Basic weekday hall hire charges remain unchanged since 2009, with weekend charges increased by £1 per hour from April 2016.

From experience, weekend use often results in increased cleaning and waste disposal. An additional charge of £1 per session is made for hiring from November through to the end of March to help meet energy costs. Overall income during the year is expected to be sufficient to meet running costs.

Work done since May 2015 as part of ongoing refurbishment, decoration and repair has included:

- Replacement of washbasin taps in foyer toilets.
- Reinstatement of flooring beneath new main hall heaters.
- Replacement of faulty fluorescent lights above the stage.
- Replacement of faulty security and emergency lights.

A number of other routine maintenance and repair jobs have been completed throughout the year. Committee members, both past and present, and other helpers often do these. All are thanked for their services.

Work such as the annual servicing of gas appliances, fire alarm systems and fire extinguishers is always done by a competent person employed by an accredited company as is the statutory inspection of the stage equipment.

Hall Management

Currently the committee is one member short and throughout much of the year two members short. Kate Spain, the hall treasurer, is retiring from the committee in May 2016 and is thanked for her work and the financial expertise she has brought to the committee.

There is an urgent need for others in the village to come forward and help with running the hall.

The management committee has reviewed all its potential risks and continues to

do so on a regular basis. It is satisfied that adequate insurances are in place and that all steps are taken to ensure that exposure to risk of any sort is kept to a minimum. The management committee has established a Reserves Policy designed to ensure continued operation of the hall by having:

- Designated Reserves created to ensure the long term viability of the Hall. A major element of these reserves is a fund to allow for a future extension to the Hall.
- Other Designated Reserves to ensure that sufficient funds are available to fund future major repairs and to replace Hall fixtures, fittings and equipment. The level of these reserves is reviewed annually based on expenditure and revised cost forecasts.
- A General (undesigned) Reserve equivalent to six months' lettings income as a contingency against any fall in future income.

The Hall is a valuable village asset and the trustees continue to be concerned about the risk of incidents of anti-social behaviour resulting in damage to the hall. Any serious incidents recorded on CCTV are brought to the attention of the police.

The hall has subscribed to membership of Community Action Norfolk and also the Norfolk Association of Village Halls. A website for the hall is in operation using a Community Action Norfolk facility at no cost apart from the purchase of a domain name. The website provides information about the hall and is a source for a number of booking enquiries. The web address is

www.hethersetvillagehall.org.uk

F R Watkins, Secretary, Hethersett Village Hall Management Committee

Hethersett's new bereavement support group met for the first time at Woodcote Sheltered Housing complex on September 27th.

The response was good with a number of local people coming together to support each other over coffee and biscuits.

The group has been put together by Sandi Grey who can be contacted for more information on 01603 812016 or via email at hethersett@co-operative.coop.

"I was delighted with the response to our first meeting and hope that we can help many local people in the future," Sandi said. The next meeting will take place at Woodcote from 5.30 until 6.30 pm on Tuesday, October 11th. Everyone will be welcome. The initiative is supported by Co-Op Funeralcare.

Helping to Avoid Scams

Something that really annoys us is scam phone calls or visits. Not only are these an invasion of a person's privacy, they are also responsible for duping people out of thousands of pounds. Over the next few months we will be working with Norfolk Trading Standards to highlight a number of current scams and give advice on how to avoid being conned by these unscrupulous criminals.

Student Scam

Norfolk Trading Standards is warning students to be on their guard against scammers talking them into renting bogus houses and flats. Fraudsters are targeting college and university students ahead of the start of the new term with fake lettings in local accommodation, taking advantage of huge demand to collect fees up front to secure a deposit.

Autumn months see a big rise in rental market properties, with first-year freshers and returning students looking online to find houses for let. Bogus adverts appearing on a series of websites are offering houses which are already rented out to other tenants, not owned by the landlord or don't even exist in the area advertised.

Fraudsters are advertising properties to rent at attractive rates and in excellent locations to lure in victims. Adverts will seem genuine and are accompanied by photos and contact information. However, fake landlords then trick victims who show interest into handing over a fee even before they've had a chance to view the house or flat, claiming the property is in high demand and will be off the market if they don't act fast.

Action Fraud offer the following advice to avoid accommodation rental fraud:

- Only use reputable letting companies.
- Do some online research such as using Google maps to check the property does exist.
- Make an appointment to view the property in person, and always view the property prior to paying any advance fees.

If a landlord requests money upfront

- Be wary. Landlords should never ask for a 'holding deposit' due to high demand.

- Don't feel pressured into handing over money. Landlords usually want to know they're getting the right tenants first – they'll request background checks such as employment or character references before asking for any fees.

If you think you've been the victim of an accommodation scam you can report it to Action Fraud on 0300 123 2040.

Bogus HMRC Telephone Calls

Norfolk Trading Standards are warning about recorded message telephone cold calls claiming to be from HM Revenue and Customs (HMRC). This follows a number of reports from Norfolk residents who have received automated message calls saying 'This is Her Majesty's Revenue and Customs. We have been trying to reach you to let you know we are filing a law suit against you'. The call then goes on to provide a list of 'options' including 'Press One to speak to your case officer'.

Action Fraud have reported that large numbers of these calls are also being reported to them. If you receive a cold call making these claims you are advised to hang up without selecting any of the options.

In other cases, a cold caller states that they are from HMRC and attempts to gather personal or financial details in regards to 'outstanding tax debts' or to process 'refunds owed to you'.

If you receive a cold call from someone claiming to be from HMRC DO NOT give or confirm any personal or financial details unless you can verify the callers ID. If you are unable to do this hang up.

HMRC state that 'they will never notify you of a tax rebate, offer you repayment, or ask you to disclose personal or financial details by email or by text.

Bogus BT Calls

Norfolk Trading Standards are warning about telephone cold calls claiming to be from BT regarding 'missing payments or missed direct debits.

The caller will state that your last telephone bill has not been paid or that your last direct debit has 'failed'. They will then request immediate payment by credit or debit card.

If you receive a call demanding immediate payment or your service will be cut off during the call do not give any financial details and hang up.

If you are concerned about your BT account and payments contact BT customer service on 0800 800 150

If you have received a telephone cold call which you believe to be a scam you can report it to Action Fraud by calling 0300 123 2040.

Doorstep bogus caller incidents

Norfolk Trading Standards is highlighting a warning from Norfolk Police urging residents to be on their guard after a number of doorstep bogus caller incidents were reported to them within the last few weeks.

In each incident, a man knocked at doors claiming to be there to either read a gas or electricity meter, or to check the boiler.

Norfolk Police are reminding householders to be vigilant when dealing with cold callers and offer the following advice:

- Close and lock the back door before answering the front door
- Use a spy hole or window to look at the caller before answering the door
- If you do not recognise the caller, speak to them through the closed door
- If the caller is selling something or offering work on your home, tell them you are not interested and ask them to leave
- If they do not leave or you need assistance then call the police
- If the caller is valid still always ask for proof of identity. Phone the company or organisation the caller claims to be from while the caller waits outside
- Tell someone you trust about the uninvited callers to your home
- If necessary, report it to police with a description of the people involved and details of their vehicle if possible

To report suspicious doorstep activity call Norfolk Constabulary on **101**. In an emergency always dial **999**.

Memories of the Kinkajou Needed

Do you remember the Kinkajou Café on the main B1172 road? We are currently working on a feature about the café for a future edition and would love to hear from anyone with reminiscences.

Any information or photographs can be sent to petersteward@lineone.net

Out and About

A NEW series in which we travel further afield to bring you features and photographs of places of interest local people might want to visit.

We were contacted by Robin Whitmore who found out about Hethersett Herald from a Google search for Norfolk e-magazines. Robin wanted to tell us about his community group which warden the dunes at Horsey during the sea-pupping season, and at some other times. They greet visitors, explain what is going on in the colony and educate visitors.

The colony is now the biggest winter wildlife spectacle in Norfolk and last winter recorded over 60,000 visitors. The group is currently seeking charity status and contributed the following article to inform people about the group, what volunteers do and what they hope to achieve and especially informing visitors how to behave around seals to ensure the least possible disturbance to the colony.



“Twenty-five years ago a handful of Atlantic grey seals struggled to raise pups on the quiet beaches of Horsey and Winterton. Needing sanctuary above the tide-line where they could give birth and nourish their single pup, these wide stretches of gently sloping sands sheltered by high dunes, offered grey seals the per-



fect rookery site. Local villagers and winter visitors were excited to come across appealing, fluffy, white pups on their beach walks, and news about the babies gradually spread and more people came to see them. Some of them brought along their dogs. Well-meaning visitors tried to return pups to the sea, where they thought they should be.

Nervous females, unable to cope with disturbance, abandoned newly born

pups, leaving them to starve. Breeding success was low in those times but a few pups did survive – four in 1994-5 - and the seals continued to turn up, winter after winter. Right from the start, local people did their best to help the seals, keeping an eye on them, and asking other people to give them space. Among them was the indefatigable John Heseltine, who is commemorated on interpretation boards on the site. John's concern to look after those first seals catalysed the development of the wardening we see today, and the notes he made were the start of regular counting and recording of the progress of the Horsey rookery.

That was 25 years ago. From those small beginnings, more than 1,200 pups were born on these same beaches in the winter of 2015-16. Now, however, the beach at Horsey is voluntarily closed to visitors from November to January, and 150 seal wardens volunteer to help the seals by greeting and talking to visitors. The wardens explain what is happening in the rookery and guide visitors to viewing places where they get the best views of this wonderful, natural, wildlife spectacle.

The number of visitors has grown dramatically in recent years, encouraged by reports and pictures in the press, and posts on social media, and it is estimated that 60-70,000 people visited the Horsey site in the three months from November 2015. For many who live close, a visit has become a regular part of their Christmas celebrations, but visitors also come from many parts of the UK and from other countries. Speaking to them is rewarding for the wardens, and it's clear





that visitors are keen to understand what is going on in the unfolding dramas taking place on the beach before them. Protective mothers defend their territories from the approach of another seal, or signal to a male, hissing open-mouthed, and gesturing with agitated flippers, that mating is not yet an option. Visitors stare at the unexpected turn of speed of a huge beach master expelling an intruding male, or for the very lucky, are present at the moment of birth itself, usually quickly over and witnessed by just a few.

In 2002, rangers from English Nature (now called Natural England) and the Broads Authority, encouraged by John Buxton, landowner and conservationist, formalised wardening the site. Seal Project rangers recruited and trained a small band of seal wardens, about a dozen at that time. Fifty births were recorded in their first season. The project grew. Later, a voluntary beach closure was introduced and viewing platforms were constructed on the dunes overlooking the rookery. Seal births, visitors and numbers increased slowly over the following years. In 2008, the international banking crisis occurred and government grants were reduced, and in 2011, both Natural England and the Broads Authority were forced to withdraw their financial support. Facing the possibility of having to close the seal project, the suggestion was made that a community group could take over its management and Friends of Horsey Seals was inaugurated in 2012.

The new organisation was severely tested in December 2013 when meteorologi-

cal conditions combined in a tidal surge, causing flooding along the east coast, and sweeping hundreds of seals and pups off Horsey's beaches. Around 180 pups were lost that night, but others were deposited on the broader beach near Winterton. Seal wardens showed their mettle and determination to help. Many of the pups were newly born and still suckling. Very few were reunited with their parent. Those most in danger of starvation were lifted off the beach by



RSPCA, aided by wardens, and transported to the Wildlife Centre at East Winch, where staff and volunteers put in hours of work to care for them, and members of the public responded generously to an appeal led by Archant Newspapers which helped to cover the costs.

Horsey's seals featured again in the national news last season when apparent twins were born on the dunes. Twin births in the wild are known to occur, but the survival of one or both pups would be unlikely. In this case the mother accepted both pups and they survived and prospered with her for 10 days. At that stage her milk would have been exhausted and she left them.

Without help survival at that age was doubtful and RSPCA East Winch were again asked to help. Determined to prove the relationship of the pups, David Vyse, from FoHS committee, who was at Horsey on the day of the births, collected natal blood and obtained tissue samples, arranging DNA testing by a Norwegian Marine Institute. After many weeks the result was declared and the pups were confirmed to be twins.

Now in its fifth year, Friends of Horsey Seals (FoHS) is preparing for another season of seal births. Throughout the project visitors have been welcomed and looked after by seal wardens who know that talking to people about the seals and their life cycle is key to their enjoyment of the spectacle, and increases their understanding of how to act when seals are close by.

Each year FoHS deals with more seal births and more visitors. A team of enthusiastic volunteers warden year after year, but every year more volunteers are needed to share the load and FoHS is recruiting now. If you have an interest in nature, enjoy talking to people, like being outdoors even when it's cold and you have some time to offer weekdays and weekends, get in touch with Friends of Horsey Seals and find out more. FoHS will be very happy to train you.

Email enquiries@friendsofhorseyseals.co.uk for further information.

News From the Archives

September/October 2015 - One Year Ago



It was just one year ago that the prestigious Tour of Britain cycle race went right through the middle of Hethersett.

Many of the world's top cyclists came off the B1172 and raced into the village.

The race through Hethersett was part of

the seventh stage. Hundreds of residents lined Queen's Road and Great Melton Road as the penultimate stage of the 2015 event made its way from Fakenham to Ipswich. The race entered Hethersett through Colney Lane, before going past the parish church and turning into the village at the Queen's Head. It then went the length of Queen's Road and Great Melton Road before turning left towards Wymondham.

Bunting and specially made banners welcomed the riders into the village with the race entourage of police motorbike outriders and team back-up cars also adding to the colour of the event.

Months of planning at a national level and weeks of organisation in the village culminated in the race which was through the village within minutes but which will have left a memory for young and old. Refreshments were served at Hethersett Queen's Head and Hethersett Methodist Church. There was a special sculpture on the playing field at Hethersett Junior School, the village sign was decorated and Hodge Podge shop in Oak Square organised games for children.

Early morning rain thankfully gave way to warm sunshine in time for the race to pass through. A breakaway of a handful of riders was followed by the peloton (or pack) of riders. For the record the stage was won by German Andre Greipel and

the entire tour went to Edvald Boasson Hagen from Norway who was riding for the BTN Qhubeka team.

October 2011 - Five Years Ago



OVER £300 was raised at an arts and craft fair in Hethersett Methodist Church. The money will go towards the church’s renovation fund.

The event included an art exhibition mounted by artists from the church alongside various stalls, a raffle, a tombola and all day refreshments.

* * *



St Remigius Parish Church played host to a very unusual and thought provoking art display that was both challenging and rewarding. The exhibition was part of the Rootfinder Festival, nine days of celebrations designed to help people focus on their family roots, their spiritual roots and their route through life.

The top picture was taken at the Methodist event and the

bottom one at the parish church exhibition.

October 2006 - Ten Years Ago

IN response to a spate of vandalism in the village, police officers from Norfolk Constabulary mounted a special Impact Day on October 18th aimed at public reassurance. High visibility foot patrols were made throughout the evening from 5 pm to 11pm. Sgt Neil Fraser said: “We know that there have been some issues with anti-social behaviour. Incidents include criminal damage, under-age drinking

and general rowdiness. Addressing this kind of behaviour is a top priority for us as we know that it affects quality of life for the local community. The aim of this impact day was for us to offer reassurance to residents and target this behaviour, the vast majority of which occurs in the early to late evening."

Leaflets were issued appealing to parents to keep an eye on where their children are, where they go out and what they are up to and to discuss with them the impact rowdy and nuisance behaviour can have on the community. Officers were out and about both on foot and in vehicles, along with parish council members for Hethersett.

October 2000 - 16 Years Ago

Well known local figure Brian Denmark has retired after 53 years service at a local garage. After leaving school at 14, Brian spent 15 months at Taylor's of Cringleford before joining the garage in Hethersett in October 1945, working for Harry Thrower and Harry Reeve.



During his time there, Brian was called up for two years' National Service which took him to Korea and Japan. In 1976 the garage became Harveys Autos. Brian has seen many changes at the garage over the years and remembers well what times were like when he started work.

Petrol was rationed and sold as two star costing one shilling and 11d or 10p a gallon at today's prices. "I used to know everyone in Hethersett just after the war and I've watched many of their offspring grow up here since. I am looking forward to spending more time in the garden and playing bowls as well as the chance to explore other parts of Norfolk."

Staff and customers marked his retirement by presenting him with garden furniture and holding a meal in his honour. Stanley Ward, managing director of Harveys said: "Brian has always had a special relationship with his customers and has given a warm and friendly service whatever the weather. He will be missed by both customers and work colleagues."

NOTE: Brian still lives in Hethersett. He is pictured above earlier this year.

Down Memory Lane



MANY new people to the village won't remember when Hethersett had its own fish shop. It's nine years ago that Mandy and Alan Woodbine fried their last piece of cod in their shop which is now part of Tesco's. The picture above was taken by Trevor Radley on the last day that the shop was open. Many thanks to Trevor for permission to reproduce the photograph.

The prices show that cod, plaice and other fish were on sale for £2.20.

We Are Now On Facebook

Hethersett Herald is now on Facebook. You can follow us at

<https://www.facebook.com/Hethersett-Herald-196216690775010/>



Paralympic Memories

Dateline - June 2012

FANS of the paralympic games in Rio may have seen former champion swimmer Chris Holmes amongst the commentary team. Back in June 2012 in the run up to the London Games, Chris was guest of honour for a very special Olympic themed event at Hethersett Junior School.

Accompanied by his Guide Dog Lottie, he spoke to the children at a school assembly about his experiences and sporting life and the power of sport as an inspiration.

Afterwards he answered questions from representatives from each age group. Chris lost his sight at the age of 14 but by the age of 20 was a world record holder.

He won a total of nine gold medals including six in the Barcelona games in 1992 and three more at the Atlanta games in 1996 and the Sydney games in 2000.

Chris also broke 35 world records and was awarded the MBE for services to British sport after the Barcelona Olympics.

At your
Library

Hethersett Library Friends

We are looking for people who would like to help us to enhance what we can offer the community here in Hethersett



If you are interested in being our 'friend' then pop along to our information evening - no commitment required at this point.



Hethersett Library
Thursday 13 October
6 - 7pm

Tea and coffee will be provided. If you'd like more information pop in and talk to staff.

Borrow Discover Connect

www.norfolk.gov.uk/libraries

 **Norfolk** County Council

October in Hethersett Library

With Rebecca Warner

Monday 3 rd	1000 – Free Online Basics Computer Course – please book 1400 – Book Group
Wednesday 5 th	1000 – Online Basics Computer Course (second session) 1030 – Adult colouring group
Thursday 6 th	1400 – Norfolk and Norwich Association for the Blind
Friday 7 th	1400 – Tales from the Tale Coat -Festival of Stories event for adults
Monday 10 th	1000 – Free Email Basics Computer Course – please book 1400 – Craft group 1400 – Parish Pop In
Wednesday 12 th	1000 – Email Basics Computer Course (second session) 1030 – Adult colouring group
Friday 14 th	1115 – Bounce and rhyme for babies and toddlers
Monday 17 th	1400 – Craft Group
Wednesday 19 th	1030 – Adult colouring group
Monday 24 th	1400 – Craft group
Wednesday 26 th	1000 – Family History half term activity for children/young people booking essential 1030 – Adult colouring group
Thursday 27 th	1400 – Children’s craft activity provided by Leeway
Monday 31 st	1030 – New baby book group meets – ask staff for details 1400 – Craft group

We are looking for a volunteer to run our Bounce and Rhyme song time for babies and toddlers, ideally weekly. Can you help? If so, please pop into the library and ask to speak to Tina, the Library Manager.

Our 2 for 1 DVD offer is available on Thursdays 1600 – 1900. Don’t forget that DVDs/Blu -Rays/Box Sets/Music CDs are all free to reserve. Have a browse on our online sound and vision catalogue at www.norfolk.gov.uk/libraries.

Check out our Information Hub – leaflets and information on ‘what’s on’, health, education and a whole lot more!

Are you involved in a local club, society or group? Call into the library and book your free monthly slot on our “Village Story” notice board to promote awareness, recruit new members or advertise a specific event.

Do you need general computer support? Ask in the library to book an appointment with Bob our Computer Buddy who is available on Mondays from 10 am. to 12 noon.

Free Wifi available in the library - just log in with your library membership.

“Like” us on Facebook and find out everything that is happening in the library - www.facebook.com/HethersettLibrary

Hethersett Library
Queens Road, Hethersett
www.library.norfolk.gov.uk
Email: libraries@norfolk.gov.uk
Tel: 01603 810188

Coming Events in October

Below are just some of the events taking place in the village in October. Our listings are updated regularly on the village web site at www.hethersett.org.uk

October 3rd - Hethersett Parish Council Planning Committee in Hethersett Village Hall at 7 p.m.

October 8th - Hethersett Jubilee Youth Club quiz evening, youth club hall, Back Lane, 6.30-9.30 pm. Tickets from Gillian Saunders on 01953 607566 - £5 adults, £3 children. Teams of up to six.

October 10th - Meeting of Hethersett and the Meltons’ Sports Association, Park Farm Hotel, 7.30 pm. Anybody interested in sport, health, fitness and well being will be welcome.

October 17th - Hethersett Parish Council Planning Committee in Hethersett Village Hall at 7 p.m, followed by full council meeting at 7.30 p.m.

October 18th - Hethersett Dementia Café at Hethersett Methodist Church Hall from 10 am until midday.

October 22nd - Hethersett and Tas Valley Cricket Club presentation evening, George Hotel, Norwich

October 28th - A remarkable war story will be re-told in Hethersett Parish Church on Friday, 28th October at 7 pm. The evening will feature the story of two soldiers from the Second Battalion Royal Norfolk Regiment, one of whom came from Dereham, who survived the atrocity at Le Paradis. A powerpoint presentation will cover the events leading up to that fateful day, describing the events and how the perpetrators were tracked down. The event is free with donations going to church funds. Light refreshments will be served. The presentation will be given by Dennis O'Callaghan (the son of one of the survivors), Nick Smith and John Head from the parish church.

If you have an event you would like to see featured in Hethersett Herald, please send details to our e-mail address:

petersteward@lineone.net

Saturday 8th October

6.30-9 pm

**Jubilee Youth Club Hall,
Back Lane, Hethersett
Quiz Night**

Tickets in advance from:

**Gillian 01953 607566 or from club on
Wednesdays.**

**£5 adults, children £3 (includes chips)
(Teams of up to 6)**

Ken's Accompaniment

MUSIC by Hethersett musician/composer Ken Crandell enhanced a series of short plays written by the Four by Four group at Fairland Church Centre in Wymondham on September 12th.

Ken's incidental music accompanied the 15 minute plays written by Four by Four members and their friends.

The music ranged from the whimsical to the serious and bookended the plays with music both at the start and at the end of each play.

At the end Ken himself explained some of the background behind the music which was performed by Val Cartmell.

Four by Four is a group of local playwrights who work together to provide an outlet for their work.



They are supported by a number of local actors. The playwrights - Lou Betts, Richard Crawley, Alan Huckle and Tony Vale - also offer guidance to new writers who want to get their plays performed. Tony Vale can be contacted on 01953 605434 or by e-mail at tony@valemail.eu.

Our photograph on this page was taken at the end of the performances and shows Val Cartmell at the keyboard with Ken Crandell immediately behind. They are flanked by the other playwrights.

New Number for Power Cuts

A NEW national power cut phone line 105 has been launched to help local people contact the company that looks after their electricity network. This is UK Power Networks for London, the East and South East of England.

The number, which is available to electricity customers in England, Scotland and Wales, will enable people to report or get information about power cuts as well as report damage to electricity power lines and substations that could put themselves, or someone else, in danger. 105 is funded and delivered by the electricity network operators, and is a first for the UK's energy industry. As well as calling 105, people can find more information on the website:

<http://www.powercut105.com/>

UK Power Networks still runs a Priority Services Register for residents who may be more vulnerable in a power cut e.g. older people, those dependent on medical equipment, parents of young children etc. To join, this register you can call 0800 169 9970, email psr@ukpowernetworks.co.uk or apply online at www.ukpowernetworks.co.uk/priority.

Did You Know?

DID you know that of the six churches dedicated to St Remigius in Britain, four of them are in Norfolk - at Hethersett, Dunston, Roydon near Diss and Seething.

St Remigius is famous for baptising the King of France on Christmas Day 496 - leading to the conversion of the entire population.

Hethersett had a church at the time of the Domesday record of 1086. How long before is unknown. There is nothing visible of the early building. Today's church dates from the fourteenth century with fifteenth-century additions. It is built of flints and local field stones with Caen stone dressings and the roof is of lead and slate.

We will delve more into the history of Hethersett Parish Church in the next edition of Hethersett Herald

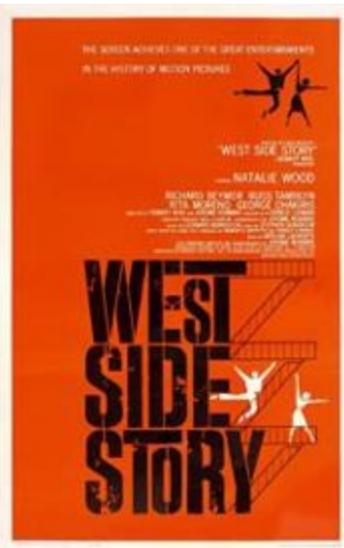
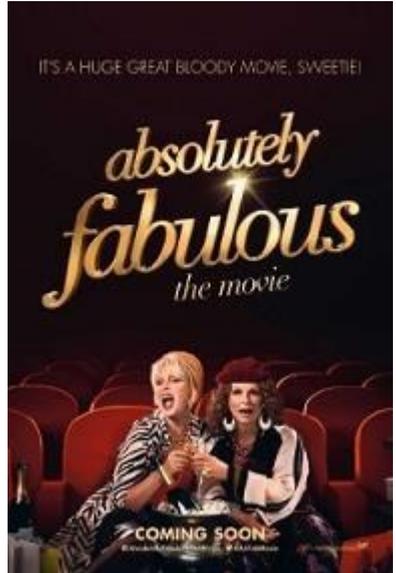
The Eagle Landed

A NEW initiative to bring top films to Hethersett got underway with Eddie the Eagle being shown in Hethersett Village Hall on September 25th.

More than 30 people attended the inaugural screening with plenty more films to come in the coming months.

Next up will be the classic West Side Story on Sunday 16th October at 7 pm. That will be followed by Meryl Streep in Florence Foster Jenkins on 13th November and Absolutely Fabulous The Movie on 4th December.

Before Eddie The Eagle, the village screen group showed an historic film about the Norfolk Broads from the Norfolk Film Archives. Historic footage is likely to become a regular feature of the film evenings. Hethersett Village Screen is a non-profit organisation that aims to bring film screenings to



the community of Hethersett. It is run by volunteers, and in association with Creative Arts East. and will be showing films in the village hall through to next May.

The main feature films will be a mix of new releases and all time classics.

Have You Missed an Edition?



YOU can catch up on previous editions of the Hethersett Herald by going to <http://hethersett.org.uk/emags.htm> and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett. It is currently only available online.

News and Features Needed

We are always happy to receive articles and news for publication.

With limited resources, it isn't possible for us to cover everything that is going on in our village. We hope that the Herald reflects just some of the things that are taking place in Hethersett, but, with your help, we can expand our service.

We are looking for news and reports on any aspect of village life. Also news of coming events that you would like published.

We are also happy to carry features on topics not strictly related to the village providing they are written by a resident of either Hethersett, Great Melton or Little Melton.

Reports, news, features and photographs can be sent by e-mail to petersteward@lineone.net or dropped off at 12, Karen Close, Hethersett

Herald Health

EACH month, Hethersett Herald, in conjunction with Rowan House Health and Welfare Centre, will look at a different aspect of fitness and well-being. Here we discuss the benefits and pitfalls of running.

RUNNING can often be perceived as bad for us, due to its high impact nature and the affect this will have on our joints.

Impact exercise, however, is important to help maintain bone stock, stretch soft tissues and provide nutrition to structures such as cartilage found in our joints and intervertebral discs.

Running is a cost effective, convenient and accessible form of exercise and often, with just a few simple changes to training and taking on board simple strategies, running can be enjoyed as a regular and enduring leisure activity by most. Here are some helpful tips provided by Colney Physio (full time Rowan House residents) to help you start running or to enhance your on-going training.

If you haven't run before or for a long time, build up slowly. Try starting with a run/walk programme. A 20 minute run/walk will have greater health benefits than a 10 minute run.

Warm up effectively. This can be as simple as a two minute walk, including 30 seconds on the heels and 30 seconds on the toes.

Stretch after your run. If you notice any particular muscles being tight, try and stretch for at least two minutes

The more you run, the more you need to strengthen the muscles. Take part in other strength based exercise particularly if you are looking to increase the mileage, for example Pilates.

Vary training with other cardiovascular exercises such as cycling and swimming and vary your routes and intensity.

Ensure appropriate supportive footwear.

Encourage friends and family to join you and consider entering free events to help keep you motivated.

If niggling injuries are not improving or impacting on your training, it may be worth seeing your physiotherapist who can advise you on how to settle it and get back to training.

Colney Physio are a team of Chartered Physios and rehabilitation specialists who are based at Rowan House. Call 01603 813988 to talk to the team.

Due to the repetitive nature of running, however, injuries can and will still occur even with a strict and efficient warming up, warming down and stretching routine. Osteopath Emma Broom discusses why this can help.

Our bodies are designed to work in alignment, a balance of strength and flexibility on our muscles allows joints to guide smoothly as we move. Deviation from this has the potential to increase the load on a particular area, leading to fatigue and injury. For example, if you have a rotation at your hip, it can cause an inward rolling of your knee. As a runner, every pace/stance increases the stress on the structures of the knee and subsequently the ankle. Emma takes a thorough history and physical examination looking at posture and alignment to locate potential problem areas, to prevent injuries before they occur and fix restrictions which cause pain and limit progression. Osteopathy can therefore help pre-event and aid recovery after an event.”

Clinical Pilates instructor, Anna Ryan, highlights the benefits of Pilates to runners.

Pilates looks to address issues of imbalance and alignment and therefore complements running perfectly due to its low impact, strengthening and stabilising nature. Pilates focuses on the abdominal and back muscles (often referred to as the core) to enable the body to efficiently absorb and distribute the impact of running and reduce the risk of injury.

Pilates does not just work on the core but addresses the body as a whole.



Classes at Rowan House are kept small to allow for personal adjustment and address individuals clinical needs.

Often when running the hamstrings can prove a problem.

When you hear the word hamstring as a runner you may think 'pulled', 'tight', 'strained' and 'sore'.

The hamstrings are a common source of injury in runners because they work hard. The hamstrings are actually made up of four muscles and have a huge impact on the body, including pelvic tilt, hip alignment and trunk angle. They are prime movers in running, bending and jumping and need to be flexible, strong and trained to withstand fatigue, but are often forgotten until injured.

Because this group of muscles are constantly called upon during activity, they can take time to recover from an injury and often take longer to heal. Skilled hands on massage therapy can considerably speed up the recovery process and help prevent on-going injury to this group of muscles.

More from Rowan House in the next edition of Hethersett Herald

Joyce Foreman Remembered

WE have been saddened to learn through the pages of the Good News magazine that Joyce Foreman has died.

Joyce died on 19th July. Joyce lived in Hethersett for almost 50 years and was very active in village life, being instrumental in raising money for the building of a swimming pool at Hethersett Middle School (now Hethersett Junior School).

Joyce was a founder member of Hethersett Jubilee Youth Club and helped with the mother and toddler group for over 20 years.

She also helped with play schemes during school holidays and assisted with the Brownies.

Joyce was booking secretary and caretaker of the church hall for over 23 years. Amongst the tributes paid were one from Duncan Pigg BEM.

“As a former trustee and chairman of the church hall committee, I remember the co-operation and help she always gave me particularly when the early pantomimes were held there.”

Yvonne steps out of the limelight

By Roger Morgan

YVONNE Cutting, affectionately known locally as Miss Yvonne, has decided that it is time to take a step back and let somebody else take over the running of the dance school in Hethersett. She is retiring so that she can spend more time with her growing family.

Yvonne and husband Steve moved to Hethersett in 1984 and she soon realised the need for a dance school in the village. With his support she set about establishing one of the most loved and best attended groups in the village.



With students ranging from three to over 73 she has inspired countless Hethersett children and adults to don the glitz, put on their dancing shoes and strut their stuff on stage. Yvonne's daughter Kirstie became a qualified dance teacher and joined the family-run affair while son Paul and husband Steve provided the technical expertise. Some pupils who started when they were five are still active in the school in their 30s performing alongside their own children. There are classes in ballet, tap, modern and acrobatics and students are encouraged to take examinations.

The now legendary dance shows soon followed with the first one being performed in the theatre at the UEA village before moving to Central Hall, Wymondham. The shows, produced every two years, became increasingly lavish and moved on to the Walter Roy Theatre at The Hewitt School. Since 2004 they have has taken place at the Theatre Royal in Norwich.

Yvonne School of Dance has also appeared on the London West End stage with performances at Her Majesty's Theatre and Sadler's Wells. For the past ten years the school has been an integral part of the Lord Mayor's Procession in

Norwich, often winning prizes for their performances. Fully costumed they danced to choreographed routines for almost two miles!

Miss Yvonne's retirement was celebrated at a surprise party organised by pupils and former pupils held at Hethersett Village Hall on Saturday, 3rd September.



Friends, family and pupils gathered at the hall to enjoy an evening of music and dance. Needless to say, the standard of dancing was outstanding. The most touching moment of the evening was when Yvonne and Steve watched a video message from daughter Kirstie and five month old granddaughter Darcy all the way from Australia.

Dancing in Hethersett goes on as the school will continue under the control of Stella M^cLoughlin, one of the teachers. Yvonne will help out when she is available. We thank Yvonne for all her efforts in the village and wish her well in her retirement.

Coming In November

IT scarcely seems possible but Hethersett Herald is a year old. We are very pleased to say that in 12 short months our publication has gone from 12 pages to its present length - regularly over 60 pages. We hope that you have found it informative and entertaining. Please pass on the details of where to find the Herald to friends and acquaintances

We start our second year with the usual round-up of news, views and features. Our November edition will also include a new feature - "Sporting Beginnings" which looks at the early days of Hethersett sports clubs. We kick off with Hethersett Cricket Club which is still going after over 150 years of existence

Night-Time Visitors

By Connie Tindale



WE are entering the 'season of mists and mellow fruitfulness' and are shaking the moth balls out of thick jumpers as we say goodbye to summer. The fruit and vegetables we proudly grew have been harvested and the shiny plump blackberries picked from the hedgerows are sitting in the pantry in the form of jam or were eaten in numerous blackberry and apple crumbles. While we celebrate the harvest, it is a different story for the hedgehog who is now desperately trying to find enough food to fatten itself up so that it can survive the winter in hibernation.

If you have seen black hedgehog droppings on your lawn (they look like they have been left by a very small dog) and have a regular visitor, then consider making a hibernation house for it to settle into and pass the cold winter months. There is no need to buy anything expensive as they will happily settle in a quiet spot at the back of your shrub patch inside a pile of hedge cuttings that have been stuffed with hay or straw.

Exactly when hedgehogs hibernate is unpredictable as it depends entirely upon the weather. So it could be late November or early December but, if we have a cold autumn, it may be earlier. Until then they have to eat. You could provide some extra food. Meal worms are best, not just because they are high protein

but because they are not so attractive to rats or feline food thieves. Greedy cats can clear a plate of food meant for the hedgehog in seconds.

Hedgehogs can travel up to a mile every night in their search for food. This is a very long way on short stubby legs. If you start feeding them, then please make it a regular habit as, like birds, they get to know where food is and may hang around in hope. I have three cameras operating in my garden every night and have been privileged to share the lives of my prickly friends. Although their numbers are falling rapidly, I have far more visitors than might be expected because they have become accustomed to a constant supply of food in my garden. There are as many as four hedgehogs eating at one feeding area with three at another all at the same time. We do have a dominant male who bullies smaller hedgehogs but they are becoming used to him and just roll up now until he has moved on to bully someone else. Naturally he has been nicknamed ASBO.

Sadly, October is a time when you might see small 'orphans' on your lawn. These are the hoglets that were born last month (September) when there was little hope of them gaining enough weight to survive the cold months. They are often cold, underweight and infested with fly eggs or maggots.

It is a sad sight. If they are already infested with maggots, then in reality there is little that can be done for them as they have been ill long enough for the fly eggs to hatch out and it is likely to be already too late to save them. But if they are just covered in eggs then you can help them by removing the eggs with a pair of tweezers and giving them some warmth.

Wrapping them in a towel or an old jumper and placing them in a box with a hot-water bottle filled with warm water will help, but in an emergency an old mineral water bottle will serve the same purpose. Do not let the bottle get cold though as it will draw heat from the hoglet instead of warming it up. Do not try to give the hoglet cow's milk as it will only make things worse. You can try some mashed up meat or cat food if you have any handy. Fish upsets their tummies.

If they weigh less than 450 grams, hoglets will need care inside with warmth all winter, so you may need to seek help if you are not able to make this commitment to keeping them alive. The website of the British Hedgehog Preservation Society has a list of people locally that will take them in. Please do everything you can to protect Hethersett's night visitors so that we do not have to mourn them when they are all gone.

Visit our Hethersett Hedgehog Facebook page to see video clips of our night visitors.

<https://www.facebook.com/groups/916437725144899/>

Or contact me at Ctindale@hotmail.com

Media Watch

Over the next two pages we feature some of the stories covered over the past few weeks in the pages of the Wymondham Mercury and EDP newspapers.

8
NEWS
 Evening, September 1, 2016



A fitting day for Stars Wars fan Finnbar

Lauren Cape
lauren@wymondhammercury.co.uk

It was a touching procession to honour a cherished little boy and his love of Star Wars.

Stormtroopers passed through Hethersett, heading on a long star-lit journey yesterday morning for the funeral of Finnbar Clark, a five-year-old boy who died in August while battling a brain tumour.

The private funeral came ahead of a public service of celebration tomorrow, at which dozens of mourners are expected to turn out to pay tribute to the bubbly little boy.

It was in March this year that Finnbar was diagnosed with a brain tumour, after his parents Claire and Tristan, who live in Hethersett, noticed he was having dizzy spells and falling in bed.

Despite weeks of chemotherapy and laser radiotherapy the family confirmed that Finnbar died at home, accompanied by loved ones, at the start of August.

Together to raise £10,000 for the charity... Since Finnbar's death, fundraisers have organised in his name, with Mr and Mrs Clark donating any proceeds to children's tumour research charities of local families battling a tumour.

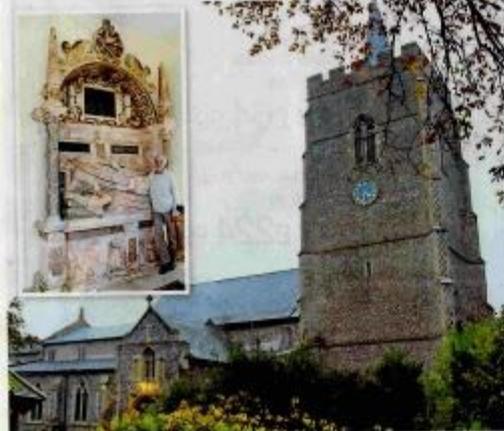
They also hope to raise consciousness of symptoms and their symptoms and push for greater research and funding into the cancer.

The service of celebration will be held at St Barnabas Church, on Norwich Road in the village, at 11am tomorrow.

The family ask that instead of flowers, people donate to the Sick Children's Fund and East Anglia's Children's Hospices (EACH) via Finn Fisher Funeral Home in Hethersett.

■ The Sun

10
NEWS
 Sunday, September 1, 2016



Churches to host heritage open day events

Andrew Tibbett
andrew@wymondhammercury.co.uk

Two church-based events have been announced as key additions to the Heritage Open Days line up.

Each begins at St Barnabas Church in Hethersett and a look at the town's Landmark History are among the rare events on the open days line up.

The event at St Barnabas will give visitors a chance to have a go at bell ringing, using the church's eight bells which date as far back as 1887.

Experienced ringers will give demos before visitors have a go.

There will also be a chance to have a look at the working mechanism of the church clock, which was installed in 1857 by commandant of the Ordnance of HMS George VI.

The activities take on topography.

The event is held at the place of All Saints Church on the same day, from 10am to 1pm.

UKA students will be displaying work on the church's architecture.

■ For more, visit www.heritageopen-days.org.uk

Media Watch (continued)



Hethersett and Tas Valley are all smiles after beating Snettisham at Snettisham CC on Monday in the final of the Mid Norfolk League's Norfolk Challenge Cup. Valley scored 151 (John Curtis 44) and then dismissed their opponents for 89 (Leigh King 4-44).

YOUNG ACHIEVER

Rosamaria Elsley was the youngest pupil ever to take a GCSE at Hethersett Old Hall School.

The 14-year-old gained an A grade in German.

Headmaster Steven Crump said: "It is a great achievement. She is English and was at school in Switzerland for a while so she got her first taste of German when she was there. She went to a small village school where nobody spoke English.

"She decided she wanted to carry it on when she came here. She learnt it after a full day of school with a teacher and at home.

"She studied very hard indeed. She was, as you can imagine, over the moon."



Footballers to battle it out for cancer charity

Scott Anderson

hethersett@hethersett.org.uk



The Hethersett Football Club are fundraising for the Hethersett Cancer Charity at the Old Hall.



The Big C Cancer charity will benefit from the Bank Holiday efforts of over 80 footballers who took part in a competition (Hethersett Memorial Flying Pickets). Six teams took part in the tournament organised by Twin Vesper and early kick-offs began that up to 4.30pm will have been taken. Twin registered the event as a thank you for the cancer treatment received by a father. Hethersett Saturday were on to win the tournament with a 2-0 victory over Hethersett Town in the final. Hethersett state Anna Rice collected the Big C Trophy.

More Cuttings can be viewed on our Hethersett village web site at www.hethersett.org.uk

To Let



28 Woodcote, Firs Road, Hethersett, NR9 3JD

1 Bed, 2 Person First Floor Sheltered Flat

Level Access shower and stair lift

Communal Garden and parking plus Warden

Please Call 01603 750252

The Property is sheltered and applicants must be over 55. No Pets.

Rent	£411.68
Service charges ineligible for housing benefit	£21.67
Service Charges eligible for housing benefit	£107.00
Water	£14.82
Total	£555.17

Make the Right Call

Around 25% of calls Norfolk Police receive each year are inappropriate, either because they simply are not emergencies requiring immediate police assistance or they're non-police matters.

Now, a campaign called **'Make the Right Call'** is being launched to remind people to think carefully before dialling 999 and 101 and to consider alternatives for non-police matters.

Norfolk Constabulary's Contact and Control Room (CCR) deal with an average of approximately 983 calls per day. Common unnecessary 999 calls include noise nuisance, animal/wildlife call outs, utility call outs and highway matters, all of which could have been better dealt with by partner agencies.

The Contact and Control Room's Superintendent Malcolm Cooke said: "Non-emergency or inappropriate calls tie up our phone lines and can prevent callers with genuine emergencies from getting through – at worst they can put other people's lives at risk.

"People should only call 999 if there is a direct and immediate threat to life or property or if a crime is in progress. Our staff prioritises people who are in immediate need and if you ring 999 in error you will be directed to call the 101 police non-emergency number or sign-posted to the most appropriate agency."

People who have questions around policing or non-policing matters can access a range of information on the Frequently Asked Questions section of the Norfolk Police website or via 'Ask the Police' at www.askthe.police.uk

Traffic Concerns Parish Council

SPEEDING, parking on verges and other cases of inconsiderate parking are just a few of the traffic matters concerning Hethersett Parish Council.

At their latest meeting councillors voiced concern that as the village grows, the problems will also increase.

General road safety is also a concern. Councillors have received complaints from residents about the speed of cars, particularly in areas such as New Road.



Two photographs of the new development site in Back Lane, Hethersett



Sports Coverage Starts Here

New Strip for Under-12s



Hethersett Athletic Under-12s are pictured above with their new strip which has been sponsored by L D AutoVogue Ltd.

James Desira (Sales Director) is in the centre of the picture.

Football For All Ages

ONCE again, Hethersett Athletic Football Club is giving competitive football to all ages from seven to adult and this season the club has launched a new Under-19s' side.

The club will have 12 teams, starting with an Under-8s and having other junior

sides at Under-9, under-10, under-11, under-12, under-14, under-15 and under-19 levels. At adult level there are Saturday Men's and Saturday Men's Old Boys teams and also a Sunday Men's and Sunday Men's Reserves.

Early season results with scorers are as follows:

TEAM	VENUE	OPPONENTS	RES	SCORERS
Men's Saturday	Away	Billingford	2-4	Gray, Bradfield
Men's Saturday OB	Home	Taverham	6-1	Smith 3, Thurston, Mooney, Denny
Men's Sunday Firsts	Home	Sprowston	2-7	Waters 2
Men's Sunday Res	Away	FC Viking	5-0	Smith 2, B. Wright, D. Wright, Grimes
Men's Saturday	Away	Morley Village	1-2	Bradfield
Men's Saturday OB	Home	Norman Wand	4-0	L. Smith 2, Thurston 2
Men's Sunday Res	Home	East Tuddenham	3-2	Waters, A. Smith
Under-19s	Home	Scole United	2-9	Curran, Hudson-Church
Under-15s	Home	Blofield	1-2	Thorpe
Under-12s	Away	Firside Dragons	7-4	Desira 3, B. Smith 2, Scott, Lipscombe
Under-10s	Away	Wymondham Hwk	1-11	Wright
Under-9 Lions	Home	Wymondham Falc	2-17	Benton, Rozier
Under-9 Tigers	Home	Scole	13-3	Mercer 6, Warren 2, Hitchcox 2, Tomkins, Brown, own goal
Men's Saturday	Away	North Elmham	1-1	Gray
Men's Saturday OB	Away	Hoveton Wherry	1-3	Elliott
Men's Sunday	Away	Clenchwarton	0-4	
Men's Sunday Res	Away	Barracks	2-4	B. Wright, Bradfield
Under-19s	Home	Reepham Town	2-3	Curran 2
Under-14s	Home	Aylsham	7-1	Watts 4, Attfield, Thompson, Bradford
Under-11s	Away	Old Catton Pumas	0-5	
Under-9 Lions	Home	Attleborough	2-10	Billman, Benton
Under-9 Tigers	Home	Watton	4-4	Pinnock 2, Mercer 2

Hethersett Hawks News

HETHERSETT Hawks held their club championships during Tuesday club nights in September.

Katie Adams took the ladies' title with 23 points with Olivia Nicholas second with 19 points and Chardonnay McPhee third with 12. Leo Mallett won the Under-10s' title with 24 points with George Larter-Dixon second with 22 points and Shayne Smith third with 20.

The Under-13 Championship went to Alfie Nixon with 16 points and other scorers were: Leo Mallett 15, Giles Awbery 14, George Larter-Dixon 13, Duncan McPhee 12, Paul Delaiche 11, Chardonnay McPhee 10, Troy Hulcoop 9, Bobby Burns 8, Jamie Baggelay 7, William Smith 6.

In the league, Hawks travelled to Great Blakenham without leading scorer Dan Chambers who is out for the rest of the season with a broken wrist sustained in an Elite League outing for Ipswich. Blakenham were without their British number three Lewis Osborne who was in a rearranged Elite League match for Horspath but they did welcome back Adam Peck for a rare appearance.

The first half was fairly uneventful with Hawks working hard to share heats but Blakenham edged to an eight-point interval lead. Things livened up after the

S-EAST 1	PL	W	D	L	F	A	PTS
Ipswich Eagles	11	10	0	1	958	776	20
Ipswich Whirlwinds	11	9	0	2	942	782	18
Hellingly	13	8	0	5	1076	967	16
Gt Blakenham	12	8	0	4	971	915	16
Hethersett	12	6	1	5	971	929	13
Kesgrave	12	3	0	9	901	1004	6
Norwich	11	2	1	8	848	885	5
East London	12	0	0	12	702	1114	0

DIV TWO	PL	W	D	L	F	A	PTS
Ipswich B	10	9	0	1	830	665	18
Hethersett B	11	8	0	3	874	854	16
Kesgrave B	10	7	0	3	887	738	14
Hellingly B	11	5	0	6	893	927	10
Norwich B	9	4	0	4	659	691	8
Gt Blakenham B	11	2	0	9	776	940	4
East London B	10	1	0	9	625	729	2

break with Hethersett attacking more and they looked set for a 7-3 win in heat 10 before a dive by Peck led to a totally bucked wheel rim and exploding tube for Leigh Cossey. After a long delay a rerun was ordered with all four riders which the Hawks won 6-4. However, a 5-4 win in the next heat was their only other success as the home side, well led by Australian Cody Chadwick, eased to victory. Josh Herring again showed good form..

The Hawks "B" side again had to call on some tired legs from the first-team due to unavailability of others but their strength was too much for Blakenham's mixture of veterans and youngsters. Hawks' own veteran competitor, Glyn Morgan, was the star of the show pushed into six rides, two of which he won in style. The win puts the Hawks in pole position for runners-up spot with one match to go.

Scores:

Division 1

Great Blakenham 87 - Cody Chadwick 22+2 (6), Adam Peck 21 (6), Jonjo Slaughter 17 (5), Richard Williamson 14 (5), Steve Johnson 8+1 (5), Adam Cooper 3 (2), Sam Broom 2 (3)

Hethersett 72 - Josh Herring 15+1 (6), Leigh Cossey 14 (6), Lee Smith 14 (5), Dan Butler 11+2 (5), Harley Hamill 9+2 (5), Olly Buxton 9+2 (5)

Division 2

Great Blakenham - B 69 - Sam Broom 14 (5), Jonjo Slaughter 14+1 (5), Simon Turnbull 10 (6), Adam Cooper 9+1 (5), Terry Ashford 8+1 (4), Steve Johnson 8 (3), Gavin Whitehouse 6+1 (4)

Hethersett B 90 - Lee Smith 19 (5), Olly Buxton 18+4 (6), Glyn Morgan 18 (6), Harley Hamill 15+3 (5), Dan Butler 15+2 (5), Katie Adams 5 (5)

Hawks then entertained reigning South East champions Ipswich Whirlwinds and came out on top in a match between two under-strength teams. Whirlwinds had to race with a rider short and that proved their undoing as the Hawks rode sensibly to capitalise on any weaknesses.

Heat Three gave Hethersett the lead when Harley Hamill and Leigh Cossey engineered a 6-3 win over top Ipswich star Josh Brooke. A mistake just before the interval gave Ipswich an opening so they only trailed by four points. Cossey was again on hand to manoeuvre Scott Grimes into a 7-3 win over Jamie Chittock in heat 13 which virtually sealed victory. Ben Harvey kept the visitors' hopes alive by a superb pass on Olly Buxton and the match was rounded off with a popular win by Glyn Morgan, making his first-team return after over 30 years.

Hethersett 82 (Leigh Cossey 16+1 (6), Glyn Morgan 15+4 (6), Olly Buxton 14+1 (5), Harley Hamill 13+1 (5), Lee Smith 12+3 (5), Scott Grimes 12+2 (5)

Ipswich Whirlwinds 73,- Jamie Chittock 20+1 (6), Josh Brooke 19 (5), Ben Harvey 18+1 (5), Phil Clarke 8+1 (6), Ben Clarke 8 (5)



Podium finishes for Hethersett Hawks' club championships. See reports on page 66



Norfolk Championships

HETHERSETT Hawks / Myhill Decorators staged the Norfolk Championships at the Memorial Playing Field and two Hethersett riders were crowned Norfolk Champions.

George Larter-Dixon won the Under-10s and Owen Wells won the Under-16s and Under-19s. There were also podium places for Giles Awbery and George Larter-Dixon in the Under-13s and Glyn Morgan in the Seniors and Veterans.

Paddy Wenn from Norwich successfully defended his Senior and Veterans titles as did his club colleague Scott Colby in the Under-13s. A new Ladies Champion was celebrated in Tabitha Nierop from Norwich.

On Sunday October 2nd, Hawks round off their South East League season with the visit of East London to the Memorial Playing Field (2 p.m.)



Hethersett Lose - Charity Wins



HETHERSETT and Tas Valley were well beaten by a Norfolk Select XI on September 18th, but the real winner was a Wymondham-based cancer charity.

Over £600 was raised for Star Throwers from the match at Floridon which saw the Norfolk team, selected by Tony Selby, victorious by 57 runs in a 35 over match.



Valley won the toss and put the opposition in with opener Callum Metcalfe hitting a half century in a total of 198-8. Josh Wilson hit 42 and Sam Arthurton 39. The target looked well within Hethersett's grasp with Damian Fahy and John Curtis putting on 52 for the first wicket.. From there wickets tumbled with increasing regularity as Hethersett were bowled out for 141 in 31.4 overs. Only Tristan Hunt

(20) and Sam Morton (21) put up any real resistance as Mike Jones took 4-23 and Carl Rogers 3-15

The match was sponsored by M.W Surfacing and held in memory of Les King who was patron of the Wymondham charity up to his death in February of this year. The Les King Memorial Trophy was donated by M.W Surfacing's Mark Wilkinson. The game is now a regular part of the Hethersett and Tas Valley calendar. Originally scheduled for April, it was postponed due to torrential rain. The Norfolk team featured players from Horsford, Acle, Brooke, Great Witchingham and Fakenham

Amongst a good sized crowd enjoying the late summer/early autumn sunshine was the charity's new patron paralympic athlete Danny Nobbs

Star Throwers is a cancer support charity in Wymondham dedicated to supporting people affected by cancer. It advises cancer patients and their carers on standard and non-conventional cancer treatment options, including clinical trials, and provides complementary therapies and counselling to support their wellbeing whilst living with cancer, undergoing cancer treatment, or caring for someone with cancer.

It was the final match of the season for Hethersett and Tas Valley. The previous day's scheduled Chairman's XI v President's XI match was cancelled due to the Flordon pitch being waterlogged.

Our photographs on the previous page show the two teams and Hethersett and Tas Valley's vice-chairman Mark Worley presenting the man of the match award to Norfolk XI's opening batsman Callum Metcalfe.

2016 Review

Overall it has been a season of mixed fortunes for Valley. The Saturday first team finished in fourth place in the Norfolk Alliance Division Two and the seconds finished sixth in Division Four. The thirds just missed out on promotion in the Norfolk League and the fourths finished second bottom of their league. Very few clubs in the county, however, managed to field four adult teams every Saturday throughout the season. In addition the club also fielded an adult Sunday side, midweek friendly sides and a number of youth teams. They won the Norwich Sunday League Challenge Cup with victory over Swaffham in the final as reported in last month's Herald.

The season may be over but the club has plenty of events lined-up for the close

season.

The annual meeting will take place in the clubhouse on Thursday November 17th at 7 p.m. The annual youth team presentation evening will take place with a fireworks' event on Friday, November 4th and the adult presentation evening and meal will take place at the George Hotel, Norwich, on Saturday, October 22nd.

We will have full coverage of all these dates in future editions of Hethersett Herald.

Hethersett and Tas Valley played host to the final of the Norfolk Women's League with Old Buckenham Ladies comfortably beating Topcroft Ladies by 10 wickets.

Hethersett and Tas Valley Top 10 Bowling Performances 2016

- 7-20 Sam Morton v Rocklands (Norfolk Alliance)
- 6-25 Mark Worley v Blundeston (Norfolk League)
- 5-20 Phil Walmsley v Saham Toney (Norfolk Alliance)
- 5-25 Paul Reeve v Fakenham (Norfolk Alliance)
- 5-25 Daniel Harris v Winterton (Norfolk League)
- 4-0 Matt Ellis v Vauxhall Mallards II (Norfolk Alliance)
- 4-8 Nick Burrett v Swardeston (Sunday League)
- 4-17 Matt Steward v Rocklands (Norfolk Alliance)
- 4-19 Al Watts v Old Buckenham (Norfolk League)
- 4-20 David Coyle v Thetford (Challenge Cup)

Hethersett and Tas Valley Top Ten Batting Performances 2016

- 157* Tom Brandon-Street v New Buckenham (Norfolk League)**
- 137 - Damian Fahy v Verwood (Friendly)**
- 136 - Ross Jones v Rocklands (Norfolk League)**
- 136 - Ian Bryce v Beccles (Norfolk Alliance)**
- 134 - Ollie Kilbourn v Southwold (Norfolk League)**
- 119 - Ian Bryce v Saham Toney (Norfolk Alliance)**
- 116* - Damian Fahy v Reepham and Salle (Midweek Cup)**
- 114 - Damian Fahy v Brooke (Norfolk Alliance)**
- 106 - Ian Bryce v Swardeston A (Norfolk Alliance)**
- 101 - Tom Osborn v Rocklands (Norfolk Alliance)**

* - Not Out