

HETHERSETT HERALD

August 2018

Number 34

Record Funrun

OVER 300 runners/walkers took to the streets of Hethersett for the ninth village funrun. The record field enjoyed perfect weather and conditions with everyone finishing the two mile course. Report and pictures start on page four.



Fighting the Scammers

HETHERSETT is aiming to become a scam-free village with a campaign led by our county and district councillor.

David Bills is looking to help residents avoid being the victim of scams either by personal contact or from bogus telephone calls.

The “clamp down on scamming campaign” comes after Councillor Bills attended training sessions with the group Friends Against Scams.

“It is remarkable to hear about the number of scams committed in Norfolk let alone in the UK as a whole.

“It is estimated that £10.9billion is lost every year by UK consumers to fraud and scams with victims often losing £1000 or more before realising they have been duped. **(Continued on Page 3)**



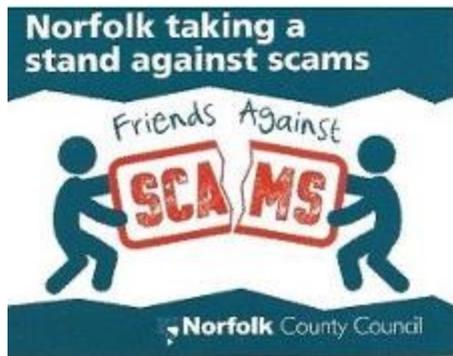
INDEX

Fighting the Scammers	1
Record Village FunRun - Pictures and Report	4
A Sign of the Future - Education in Hethersett	7
Fighting to Keep A Green Belt	12
Village Screen Dates	13
Open Gardens Event Scheduled for 2019	13
Gently They Rage - Excerpt From a New Book	14
First Class Degree for Hethersett Artist	18
Hethersett Dentist's Marathon Effort	19
Golfers Raise Money for Cancer Charity	21
Hethersett Village Ball	22
What a State - Problems with Verges	24
Funding Offer for Groups and Individuals	25
Youth Club Fete and Dog Show	26
New Sports Facilities on Memorial Field	28
The Boileau Family Remembered	30
Pavements for Pedestrians	35
Hethersett Horticultural Society	37
Council/Government Contact Numbers	39
The Scott Willoughby Column	41
Groups and Societies	42
Hethersett Society - Ketteringham Ice House	44
Hethersett Matters - Fighting the Scams	47
Hethersett Hedgehogs	50
What's On	53
New Opening Hours for Hethersett Library	57
News from Hethersett Parish Council	58
Give and Take Re-Use Event	60
Hethersett and Tas Valley Cricket Club	63
Hethersett Hawks Review	65

Beating The Scams

(Continued from front page)

“Despite this almost half of people surveyed by Citizens Advice have taken no action to protect themselves against scams. Having attended a presentation by Norfolk Trading Standards on Scams and Fraud I am promoting Friends Against Scams to make Hethersett a scam free village,” David Bills said.



Norfolk Trading Standards is supporting the national Friends Against Scams campaign which aims to protect and prevent people from becoming victims of scams by empowering communities to "Take a Stand Against Scams". This is achieved by looking to tackle the lack of awareness by providing information about scams and those who fall victim to them. This information enables communities and organisations to understand scams, talk about them and cascade messages throughout communities about prevention and protection.

“Scams affect the lives of millions of people in the UK. Almost three quarters of people in the UK have been targeted by scammers in the last year and more than a third have been targeted five or more times. But seven in 10 people targeted by a scam do not tell anyone about it. “There is a short, free online training session which is open to anyone. I would strongly recommend watching this. It contains loads of great scam awareness advice, information on how scams target people as well as how you can spot possible victims of scams in your community,” David Bills added.

For further information visit: www.norfolk.gov.uk/friendsagainstscams . Scamming is big business and the people are becoming very clever using modern technology to get your money. There are many things to look out for, some of which are:-

- Never divulge your PIN number or bank account details.
- Beware of “Official” looking letters from Government offering refunds.
- If you are contacted by phone by, for example your bank, and you are concerned, hang up and call back on a known number for that bank. Never the number given to you by the caller.
- Remember the old saying “if it sounds too good to be true it probably is.”

“If there is the interest from individuals and businesses in Hethersett we can arrange for a awareness session to take place,” David Bills added.

We will have more details of the Hethersett campaign in the September Herald.. For details of some of the latest scams turn to page 47.

A Record Fun Run

A Wonderfully warm day and excellent organisation combined to make Hethersett's annual funrun the most successful to date with over 300 taking part.

Hethersett Parish Councillor and treasurer of Hethersett and the Meltons' Sports Association, Shane Hull, has been instrumental in organising all nine funruns to date and was delighted with the 2018 event as he writes below.

“On one of the hottest days of the year a record entry of over 300 took to the streets of Hethersett for the ninth annual running of Run the Square. Villagers, family and friends lined the streets to cheer on the entrants.

“All entrants completed the course to claim their commemorative medal, with Mark Banfield again first across the line in a time of 11 minutes 4 seconds.

“Once again the event was totally inclusive and this year featured some Brownies and their leaders in circa 1918 costume, walking along the two mile course celebrating votes for women.

“Thanks once again to all volunteers who gave up their time to





help make the event a success. Without their help, support and time a community event of this size could not continue."

Rowan House Health and Welfare Centre joined in the fun with numerous activities after the run had finished and Hethersett Social Club also opened its doors. Honorary starter for this year's event was Dr Anne Edwards. Hethersett Methodist Church served refreshments outside the church.

Plans are now being made for what the organisers hope will be another record-breaking event in 2019 to celebrate 10 years of Run the Square.





All photos on the funrun
were taken by Hethersett
Herald Associate Editor
Roger Morgan

A Sign of the Future



Herald Focus in the Future of Education by Roger Morgan

THE village has been given an idea of education in the future with two exhibitions.

Proposed plans for a new primary school and nursery were unveiled at Woodside First and Nursery School at the end of June. Above is an artist's impression of the new school which will be situated on land off Back Lane.

The plans for the proposed reorganisation of the school structure in Hethersett were also on display in the village hall on Monday, 9th July. An informal open exhibition was held from 3pm to 7pm where members of the public were invited to view the plans. There were display boards illustrating the proposals and representatives of the interested parties were present. Experts from NPS Property Consultants Ltd and representatives from the three schools involved as well as Steve Hicks, the Children's Services Capital Project Officer, were on hand to explain the proposals and answer any questions.

With the additional housing coming to the village in developments like Poppyfields, Heathfields and Heather Gardens, it has been deemed necessary to increase the educational provision in the village. The outstanding academic success of both Hethersett Academy and its feeder schools has also increased the demand for places in the schools. There is clearly a need for increased capacity in both the primary and secondary sectors. The basic plan involves the following:

- The building of a completely new primary and nursery school on a site adjacent to Hethersett Village Hall.
- The relocation of Hethersett Woodside Infant and Nursery School as a

Hethersett Academy: Proposed New Teaching Block

Notes
 The proposed new teaching block is located to the north of the existing school site. It is a rectangular building with a central courtyard. The site is bounded by a road to the north and a road to the east. The existing school site is shown in green. The proposed new teaching block is shown in red. The site is bounded by a road to the north and a road to the east. The existing school site is shown in green. The proposed new teaching block is shown in red.



Site Plan and Landscaping



Norfolk County Council

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npigroup

420 place primary school and nursery to this new site.

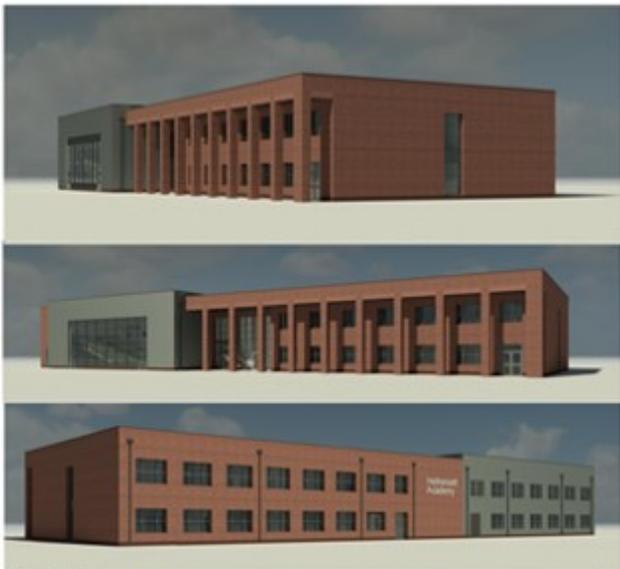
- Work to be carried out at Hethersett VC Junior School to allow it to operate as a 420 place primary school and nursery.
- The expansion of Hethersett Academy with a block of 17 additional classrooms and a new hall.

The two primary and nursery schools will operate independently, each having a designated head teacher. The selection of which school children attend will be left to parental choice in the usual way. It is always the aim to give pupils and parents their first preference choice. Hethersett Academy currently has around 150-160 pupils in each year group and this is expected to rise to 200 after the expansion.

The plans for the Academy expansion and the new primary school and nursery are at an advanced stage and planning applications are close to being submitted. Once this has been done there will be the usual opportunity for individuals and interested parties to express their views to the planning authority in the form of formal submissions. It is anticipated that work could start early next year with a view to opening in 2020, either at Easter or September depending on building work progress.

Hethersett Academy: Proposed New Teaching Block

The proposed new teaching block will consist of 17 classrooms, two art rooms, an assembly hall and performance space which can be divided in two with a moveable screen. This will be sited at the back of the school where the tennis courts are currently situated and will house the English and Maths departments. The existing courts will be relocated. New car and bus parks will be constructed next to the Jubilee Hall with access from Churchfields. This will allow the school buses to drop off and pick up pupils thus alleviating the existing congestion problems that occur in Queen's Road at school opening and leaving times.



Building Visuals

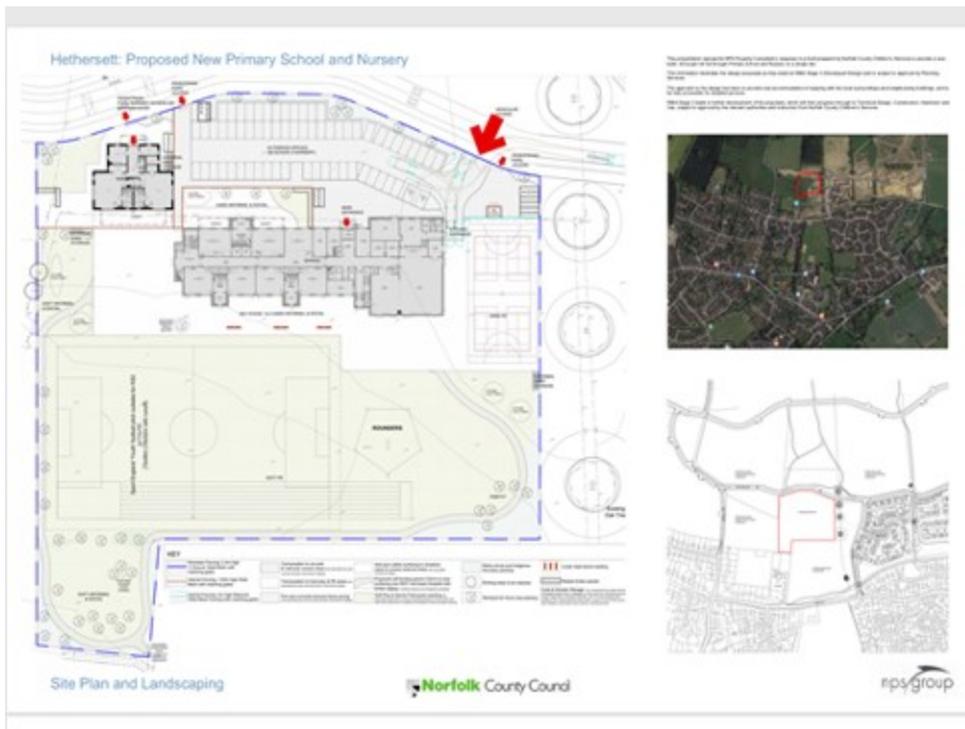
Norfolk County Council

nps-group

Hethersett Academy's expansion involves the building of a brick-built block consisting of 17 classrooms including two art rooms, an assembly hall and performance space which can be divided in two with a moveable screen. This will be sited at the back of the school where the tennis courts are currently situated and will house the English and Maths departments. The existing courts will be relocated. New car and bus parks will be constructed next to the Jubilee Hall with access from Churchfields. This will allow the school buses to drop off and pick up pupils thus alleviating the existing congestion problems that occur in Queen's Road at school opening and leaving times.

The new primary school and nursery next to the village hall will probably retain the Woodside name and the governors are happy with the building plans. They hope that it will be ready from Easter 2020 onwards. Access to the new school will be from a new road which is being built from the new development at Heather Gardens past the back of the village hall and through to join Little Melton Road. It is an obligation on the part of the housing developers to sort out the two right angled bends on this road.

It appears that the work to be carried out at the existing Junior School will cause the most challenges in overcoming parking, access and playing field provision. It involves the building of a new nursery on the playing field at the front with an eight classroom additional block to be sited on the side hard play. The proposals



include a level of improvement and refurbishment of existing facilities and include an enhanced and secure entrance and reception with improved office facilities.

This will reduce the playing field and hard play available. However the siting of the buildings will be carefully considered, with replacement areas included to ensure that building space guidelines are achieved. Greater pressure will be put on the car parking provision and the narrow entrance to the school already causes problems at pupil drop off and collection times which will be addressed by improving the existing vehicular access arrangement and increasing staff car park space numbers within the site. The school and Norfolk County Council Children's Services have opened dialogue with stakeholders to explore the creation of pedestrian links to the north and west of the site to assist in reducing vehicular congestion on Queen's Road.

The work will need to be carried out while the school is still operating and access to the site for construction traffic will need to be carefully managed. The stand alone nature of the expansion will minimise disruption to school operations during the works. When plans are more developed there will be other opportunities to present them to parents and residents to demonstrate how these issues can be overcome.

The message that I got from the exhibition was that all of the interested parties are working closely together to make the scheme work. There is a determination to get things right for the benefit of the pupils. A considerable sum of money has been allocated and it is important that this is spent wisely. There is a need for close co-operation between the construction companies, the schools' staff, the Inspiration Trust, the county council, the parish council, local residents, parents and pupils.

Several people at the exhibition asked questions about what would happen to the existing Woodside site when the school eventually closed. The answer to this was far from clear. As yet, there are no plans for the re-use of the building at Woodside and there won't be any action taken whilst the capital project is underway.

When a school site becomes vacant, it has to be offered for a free school to the Department for Education. It is unlikely to be used in this way as there will not be a need for any more school places in Hethersett. Locally there will also be a process to explore any possible re-use - firstly for any wider educational purpose and after that any other use by Norfolk County Council. Access to the site is a little limited and it may not be an ideal site for housing. Other suggestions that have been made are that it would make an ideal new medical centre or a community centre.

If you would like to discuss any of the proposals or have any queries regarding them please contact Steve Hicks, Norfolk County Council's Children's Services Capital Project Officer on 01603 222510 or email steve.hicks@norfolk.gov.uk



Social Media Watch

The following was posted on social media site Next Door

Driving this morning along Norwich Road from Wymondham to Thickthorn. Just wanted to say to push bikes on the road - due to the low and blinding sunlight you are totally invisible to motorised road users. It's difficult enough to see a car in front when being blinded by the sun let alone a push bike; you may as well be walking along the road. Please please use the cycle path for your own safety and that of other road users.

Fighting to Maintain a Green Belt

FOR many years residents and various village groups have fought to keep a green belt between Hethersett and Norwich to the north and Wymondham to the south.

One resident and former district councillor is concerned that the “strategic gap” is now being eroded and Wymondham is encroaching into Hethersett’s boundary.

Village stalwart Duncan Pigg B.E.M (pictured opposite) has written to Norfolk County Council’s Highways Department following the positioning of a “Wymondham Town” sign within Hethersett.



“Leaving home to travel to Wymondham on the B1172 last week, I was surprised to see a sign telling me I was in the town of Wymondham when I was just past David James Car Sales in Hethersett. Of course I know better but 99% of people will not.

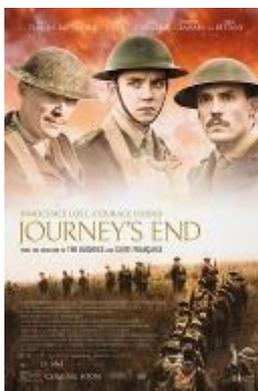
“They will not have seen the Kett’s Oak tree which stands in Hethersett and the plaque installed by the Hethersett Society about the history of the tree or a few yards further on two signs presumably on the boundary, one which indicates Norwich Common in the parish of Wymondham and the other one, Kett’s Oak, in the parish of Hethersett.



“Since I was District Councillor serving on South Norfolk Planning Committee in the 1980s it has always been a policy to have a green break between Wymondham and Hethersett and this has always been supported by Wymondham Town Council and Hethersett Parish Council. Now your new sign has put them adjacent to each other, although in fact this is not the case. However, a keen developer and some land owner or even a planning inspector might assume incorrectly that we have accepted no break.

“Is there any need for these signs when there are more appropriate signs nearer the town?” Duncan asked the highways’ department and he is awaiting a response.

New Village Screen Dates Announced



DATES have been announced for the 2018/2019 season of films organised by Hethersett Village Screen.

The non profit organisation organises monthly screenings in Hethersett Village Hall. All films take place on a Sunday at 3 pm unless stated otherwise:

Dates for films are: 23rd September (6.30 pm) - Phantom Thread; 21st October - Bookshop; 11th November - Journey's End; 9th December - Guernsey Literary and Potato Peel Pie Society; 6th January (to be announced), 3rd February (tba), 3rd March (tba), 7th April (tba) and 12th May (tba).

Details of films to be featured in 2019 will be announced later. More information is available at facebook.com/hethersettvs and twitter.com/hethersettvs. We will also feature the coming film in future editions of Hethersett Herald.

Open Gardens' 2019 Date

THE Hethersett Environmental Action Team (HEAT) will be organising another village open gardens event in July 2019. An actual date still has to be fixed but HEAT is appealing for anyone interested in opening their gardens to the general public to contact them.

HEAT is hoping for a bumper number of gardens and anyone interested in taking part should contact Geoff Dyet on 01603 812964 or via e-mail at Geoffreydyet@gmail.com.

HEAT's next village litter pick will take place on Saturday 8th September, starting at 10 am from Hethersett Methodist Church Car Park. Volunteers are welcome and equipment and bags will be supplied.

Gently They Rage

IN our July edition we carried an article on a new book by Hethersett Writers' Group member Linda Negus entitled "Gently They Rage." Here we feature an extract from Linda's introduction which is about her own son Stephen.

I had a child who was different. When I say 'I had', it is because he died at the age of twenty-nine. My lovely son Stephen had been severely disabled with many conditions: cerebral palsy, making him unable to ever walk or support himself; choanal atresia, causing breathing problems and great strings of mucus that had to be drawn out with tubes and suction bottles; severe learning difficulties; mild hydrocephalus and, later on, painful epileptic fits. He was also never able to speak and many of these conditions were not diagnosed for several months.

He also cried incessantly and there was no pacifying him. At the same time, I was having to deal with my doctor ignoring my pleas for help and being fobbed off with the words, "that is what babies do". These conditions took Stephen out of the realms of being 'normal' and into what was termed, at that time, mentally and physically handicapped, although the correct term nowadays would be a disabled child with complex needs. When he was young and before the era of political correctness, the more uncaring would use words like 'mentally deformed', 'spastic', 'retard', 'cretin', 'imbecile', 'lame', 'vegetable', 'cripple', or even 'reject'. Such harsh, hurtful words and so different to when you have a seemingly normal child, because then there is no added label. You have a baby and you expect people to say how beautiful it is, but when it is obvious that you have a child with conditions, the word beautiful is probably said as some kind of consolation



Linda Negus

and, often, after a startled pause because they don't know what else to say.

Stephen lived far longer than anyone expected and it was such a challenging life for him. I found it difficult to manage emotionally and physically and through the years I wrote my thoughts and feelings down, often late at night when I couldn't sleep, as I needed to make sense of the life that had been given to him. Unlike now, there was nowhere to turn to; no organisations, little awareness from medical staff of the impact on families with disablement issues, and no websites to look at for advice. Instead, I had to cope with an element of disdain from many health professionals who didn't have the compassion or training to cope with the situation. One of these times was when I took Stephen to the children's hospital to be diagnosed. The consultant was quite aloof and I became upset, fearful of the outcome of our meeting. He didn't acknowledge me as I entered the room and instead turned to the nurse sitting to my right and asked where Stephen's father was. She looked at me to explain and I said that he couldn't get away from work. With that, the consultant waved me out of the room without any explanation. I asked the nurse what I had done wrong and she said that he couldn't cope when parents got upset and he always wanted the father to be present, but there had been no mention of this. Gosh, he must have found his job tough!

When I became pregnant with my third child – Stephen was my second – I was terrified of the same thing happening again. I was finding it hard to cope with the worry and looking after my first child as well, so he went for respite care in the week and came home at the weekends. We thought the break would give us time to focus on his sister; she had missed out on the attention she so deserved because, as is the case with many disabled children, especially those with medical issues, Stephen's needs had to be dealt with immediately. Instead, the opposite happened. It became harder and harder to adjust from the easy flow of looking after a 'normal' child, to that of a child with demanding conditions and, of course, the guilt and exhaustion that always went with it. Later, when I started putting together this book, it was such a relief to meet with parents who were experiencing the same feelings and to find that we weren't monsters after all. We were just trying to deal with our feelings of helplessness.

Reaching out to others

Sometime after Stephen's death, I joined a creative writing course at our local university and submitted a piece describing his early years to the tutor. After reading it, she suggested that I should get it published as I had opened her eyes to what it was like to care for a child with 'conditions'. I had written about things she had never thought about and she felt it could help other people. However, my feelings were too raw to go public and I couldn't see how my experiences would help anyone else as I always felt that I had let Stephen down. As his mum, I couldn't make his conditions right or comfort him as he would

always push me away (years later, I realised that he was probably reacting to his breathing difficulties and suspected autism). I also felt it would only be my version, and my version alone would not be enough to explain to others what it was like because we all react differently. One family might be able to cope with what another couldn't, so it was suggested that, instead, I used my experience to talk to other parents about how they coped and with their stories I would have a fuller picture. I was also encouraged by a friend, Sarah, who had two 'normal' boys. She had said she couldn't imagine what having a disabled child would be like and, of course, she couldn't because she'd not had the experience. She felt that having her two was more than enough to manage and her comments made me think about the purpose of this book. I felt it would be good to help other parents and I decided to let the stories inform the reader so they could take from them what they needed.

I met many parents throughout the country whose children have a variety of needs because I did not want to focus on just one condition. I contacted organisations connected to children with special needs, sending them details of what I wanted to achieve and asking them if they would let parents know, in the hope that they would want to participate. I was not disappointed. The response from parents wanting to tell their story was exceptional and the book was finally in process. My main goal was to encourage the parents I met to tell me how they dealt with something that they couldn't change and how they coped with a situation they desperately wished their child didn't have to go through and which affected their whole family.

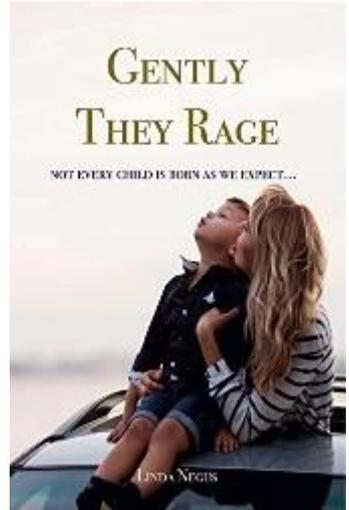
For most of us, it's important to be able to identify with others through our jobs, our hobbies, and our friendships; that's what gives us certainty. That is why we work hard at our relationships and join groups. When we are part of a gathering like a football match, a concert, church, as well as going to work, all of these things confirm who we are. But when something out of the ordinary happens to us it can produce feelings of isolation and differentness. Anything traumatic that happens which takes you out of the norm can feel life-changing, whether it is a serious illness, death of a loved one, divorce, loss of a job or, in this case, a child who has special needs. It can cause you to feel your life is out of your control and can change your position of being one with those who previously you had felt in common with.

Most of us do not welcome change that we have not instigated. We would rather be in charge of our lives and make the changes when we want. The effects of unexpected change can cause feelings of loss and loneliness and can affect our confidence. As well, we have to adjust to friends and family we were once close to, who now appear to be uncaring, all because they may not know how to react to our new situation or because they worry about saying the wrong thing.

Why does it happen? That has been the cry of many of the parents I met with.

Is there a reason? Could it be genetic? Or just chance? If you are religious, you may think it's God's will, or even a divine plan. There again, you may think that God has abandoned this child and your family, or perhaps you are thinking, Why me? That's a funny question. Should what we perceive to be a negative experience always happen to other people? If so, how would you judge who they ought to be?

For myself, I needed to believe that there was a purpose to it all. Of course, I don't know if that is true, but it sits well in my thinking. Does it make it easier to manage? No, not always, but it helps when I think that it is not a random mistake or atonement for something that I have done. It helps me to feel that Stephen's struggle wasn't such a waste of a life because, when I look back, I can see that he had an enormous effect on many people, even though he was never able to talk to them. His life made many look at themselves and in some it brought out the best.



Giving birth to a disabled child is not always a decision of choice, unless we have been forewarned by medical procedures. Usually, when we plan to have a baby, we picture a gurgling, happy child with ten fingers and toes, and there the picture stops. We don't want to delve further, we can't think of there being problems; that is what happens to other people, but what a shock when you find it is happening to you or your loved ones. Of course, we all want a 'perfect' baby and many parents even hope for a certain sex but, as most of us learn in life, we do not always get what we want. So, how to cope? That was one question, among many, that I asked the parents I met, and what would have helped them to cope better? What got in the way of their coping? What did they feel they had learnt from this experience? Had they found inspiration or been immobilised by their feelings? I also asked about their happiest and unhappiest times, what impact this child's condition has had on them and their family, and for any advice they could give to those in similar situations.

I have been asked whether I wrote this book to offer advice and guidance and I want to make it clear that I have not. I do not have professional knowledge, only my personal experience, but I have drawn together the experiences of other parents. I cannot say whether what the parents are doing is right or wrong because we all cope in different ways and in different circumstances, but their stories will give you the opportunity to take what you need and decide how it can help you.

“Gently They Rage” by Linda Negus is available on Amazon for £7.99 (paperback) or £3.99 Kindle edition.

Jo Is First Class

HETHERSETT artist Jo Cole who paints under her maiden name of Jocelyn Jacobson, has been awarded a Fine Art (Honours) First Class Degree from the Norwich University of the Arts.

Following the award some of Jo's work was put on display at an exhibition at the Norwich venue.

We have featured Jo's politically-charged work in previous editions of the Hethersett Herald, many of which feature scenes from her native Zimbabwe.



"At the age of 64 I can only feel very proud of myself, particularly after leaving school with 3-4 'O' Levels. I would like to thank all my family and especially Rob my husband, for the support and love they have given me on this very challenging journey. Thank you to my friends, tutors and fellow students too," Jo said.

Jo's outstanding work earned her a vice-chancellor's commendation and a residency at the Griffin Studios in Lowestoft.

Our picture top right shows Jo with one of her works at the Norwich University of the Arts exhibition and on the right she celebrates the award of her degree with husband Rob and son Geoffrey.



Paul's Marathon Effort

Hethersett Dental Surgeon Paul Baisley is no stranger to marathon cycle rides, regularly taking part in the Norwich 100 mile swarm event. Here he gives us an insight into what it's like to ride 100 miles

I've entered the Norwich cycle swarm most years it's been going as it starts and finishes at Carrow Road, which is just down the road from where I live, so it's easy to cycle to the start. Most of the other events I attend usually involve putting the bike in the car and driving to them.

I prepared my bike the day before, giving it a once over, checking tyre pressures etc to make sure it gets me round safely. I also pack my spare inner tubes, CO2 cylinders, emergency bits and bobs and food the night before so I could make an early exit on the Sunday morning.

I got up early to a beautiful morning, ate a slow release carb breakfast to fuel me round the course then headed down to Carrow road for an 8am start. I usually do these events with a friend or two, but this year everyone was busy doing other things, so I decided to go it alone.

I was one of the first to the start line, given a safety briefing by a marshal and I was off! I got in with a group of around 15 other cyclists and we headed off down the quieter back roads towards Wroxham through Little Plumstead and Salhouse at a nice steady pace.

We were directed towards Hemsby via Horning, Ingham and Potter Heigham. At this point the wind was starting to increase to an onshore head wind which is usually a hindrance, but today it was quite pleasant in the heat! By the time we reached the coastal part of the ride, our group of 15 had dwindled to just three.



The two friendly chaps I was cycling with, taking it in turns to lead, were a couple of interesting equine vets based in Newmarket who mainly looked after expensive race horses! We had some interesting conversations about horses' teeth. At 58 miles we reached a rest stop at Bacton (we missed the first one at Ingham) to re-fill our much needed empty water bottles. Then it was onward, following the scenic coast road to Overstrand. At this point (66 miles) the course started to turn inland to Northrepps and Southrepps, which included some rather steep hills. I thought Norfolk was meant to be flat!

Then it was back to Carrow Road via the quieter back roads. We had one other stop at Buxton (88 miles) for another water re-fill and a handful of jelly babies (don't tell the dentist) to the 100

mile mark finish line in a time of 5 hours 30 minutes. I then cycled slowly home in the hope of a nice quiet relaxing afternoon with my feet up. This was wishful thinking, but having two children with bags of energy, this wasn't to be! Still had a lovely time with the family though.

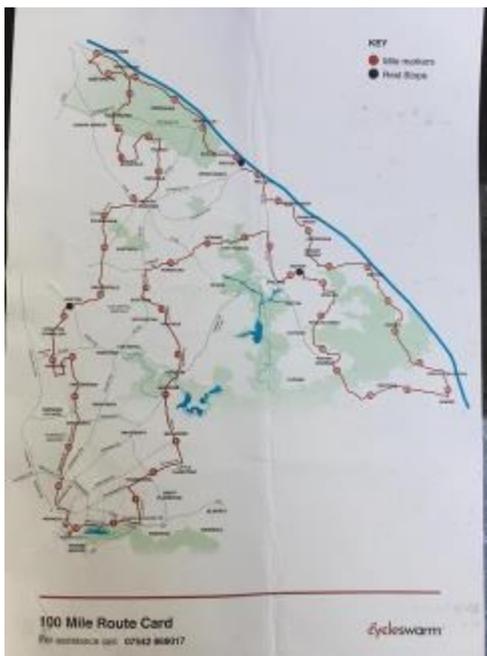
It was a thoroughly enjoyable and well organised ride with the option of taking either the 40 mile (which my nurse Amy did), the 70 mile or the 100 mile route. I'd certainly recommend it to anyone with an interest in cycling and it's a great way to explore some of the Norfolk countryside which you probably wouldn't normally see.

The Norwich Cycle Swarm is an annual mass participation cycling event that starts from Norwich City Football Club with options of cycling one of three different routes over 40, 70 or 100 miles.

The ride is open to anyone to enter, whether an absolute beginner or an experienced cyclist

The routes head out of Norwich through Wroxham and split with the 70 and 100 mile routes heading up to the North Norfolk Coast Road. All riders receive a bespoke Cycle Swarm medal and certificate, free event photos and free fruit, scones, cakes, sweets and juice at the rest stops

More information on the Norwich Swarm Cycle event is available at <https://www.cycleswarm.co.uk/norwich/>



44,000 Steps and 21 Miles

IT has often been said that a game of golf spoils a good walk, but a trio of marathon golfers from Hethersett have found a way of combining the two activities.

Phillippa Bond, Sharon Gowing and Gwen Thurtle played 72 holes (four rounds) at Bawburgh Golf Club to raise money for MacMillan Cancer Support.

Their marathon effort involved 44,000 steps and 21 miles and the intrepid trio were supported by a host of helpers including caddies, friends and relations including Richard Bond, Shirley Holt, Mike Ladbrook, Jenny Bond, Tony English and Mary Tuddenham.



Our photograph opposite shows the golfing trio with Alex Beckett from Bawburgh Golf Club.

IF you would like your group or society featured in Hethersett Herald please send reports and details to the email address below:

petersteward@lineone.net

WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at petersteward@lineone.net.

Reports of events and meetings can also be sent to the above email address. The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site www.hethersett.org.uk

Glamorous Hethersett

By Roger Morgan

The glamorous party goers of Hethersett were out in force on Friday 6th July. They put on their best party dresses and dinner jackets and gathered on the lawn

of the Hethersett Old Hall School to celebrate the 2018 Summer Ball.

The first Summer Ball was held in 2000 as part of the village's millennium celebrations. It proved so popular that a ball has been held every two years since, making this year's the 10th such event. It is organised by a committee under the chairmanship of Heather Emery

Guests started the evening with a glass of Bucks Fizz on the lawn outside the nicely decorated marquee. This was followed by a hog roast supper with a selection of salads and side dishes. Both red and white wine were provided on each table and there was a bar where other drinks could be bought. After the meal a raffle to win prizes generously donated by local businesses was drawn. All of the proceeds are going to local charities.

Music was provided by the ever reliable Captain Scarlet who have been starring at the ball for many years. They demonstrated their versatility by running through their wide ranging playlist and playing songs on request.

The packed dance floor was evidence of their popularity and a great time was had by all.

The dancing continued until 1am after which the guests made their weary way home.

See the next page for a gallery of photographs of the evening.





Pictures of the 2018 Hethersett Ball were taken by Herald Associate Editor Roger Morgan.

If you have photographs of Hethersett events that you would like to see in Hethersett Herald please send them to the editor Peter Steward on the e-mail address below

petersteward@lineone.net

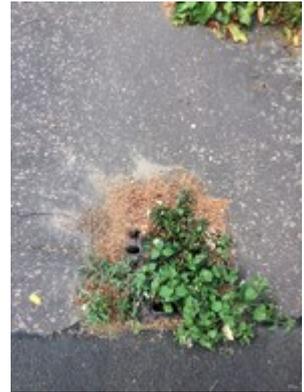




What a State *says Roger Morgan*

In early July the state of the roadside gutters and drains around Hethersett was simply appalling. It was shameful to see the amount of debris and vegetation that had collected in them. The exceptionally hot, dry weather accompanied by what appears to be a complete lack of street cleaning left them full of dust, sand and silt. Inevitably there was a rapid build-up of weed and grass growth as evidenced by the photographs. Some of the worst examples were in Central Crescent and Park Close where the vegetation was over 30 cm high.

Just whose responsibility is it to keep our gutters and gullies clear? It is certainly not the local residents of the adjacent properties or indeed the Highways Authority who have jurisdiction over main roads and bus routes. The parish



council or the water boards have no obligation so it must surely be down to South Norfolk Council to address the problem.

When all of the material eventually washes down into the storm drains there is a serious risk of blockage and possible localised flooding. It would probably be wise the sweep the gutters more frequently so as to avoid a far more serious problem later on.

Proms Get-Together Request

HETHERSETT resident Maggie Cooper is a keen proms goer and is looking for people to share her passion and transport to some of this year's events.

The 2018 London Promenade Season is underway but Maggie has been unable to find any local coach companies organising excursions to the concerts.

"I would love to hear from any Proms and music lovers in Hethersett who would be interested in helping to organise a trip from Hethersett with the cost being shared," Maggie said.

She would love to hear from anyone interested and anybody who has suggestions options and ideas. Maggie can be contacted via e-mail at walnut11.uk@gmail.com

Funding Offer

IF you are involved in running a community group that needs some funding, Hethersett's district councillor David Bills would like to hear from you:

"Each South Norfolk Councillor has been allocated £1000 to be used to help worthy clubs, charities and associations which encourage community involvement. If you are involved with such a group in the Hethersett area please contact me on 01603 813041 or email dbills@s-norfolk.gov.uk to see if you qualify.

"Hethersett has done well in the past for funding so let's keep it up. I look forward to hearing from you," Councillor Bills said.

Jubilee Youth Club Fete and Dog Show

Jill Samwell-Smith reports from the youth club's annual event.

Well, what can I say? The sun shone, the ice cream and barbecue arrived, there was tea and coffee and lovely cakes on offer and..... dogs galore.

It was a day enjoyed by all who joined us. It was the most successful dog show we have had and was enjoyed by all who took part. There were over 120 entries, no fights, plenty of wagging tails (and that was only the dogs) and everyone enjoying themselves. Come back next year, please.



Talking of the dog show, we would like to acknowledge and thank Premier Rosettes of Wymondham, who have donated rosettes for the dog show regularly. It is very much appreciated, and we are most grateful for your help. Thank you.



Many people help to make the fete what it is, from stallholders, volunteers erecting tents, those keeping the coffee and tea going, and everyone who works tirelessly behind the scenes. Thank you everyone for your help.

Although we have a healthy turnout on club nights, we were sad that not many of the members or parents came to the fete. I hope we will see more of you next year; after all we are trying to raise money to entertain your offspring and



Photographs By Nick Howe

give them an opportunity to try new things under excellent supervision.

Altogether, we made over £1200 on the day, an excellent result. As you may be aware, it does cost money to run the club, and this will go a long way to help keep us going for a while yet.

We are having another fundraiser on Saturday, 22nd September, when we are holding a quiz night in the club house. Please bring a team and enjoy the evening, with sausages and chips to entice your taste buds.

Among those taking part was Angela Chamberlain, from Hellesdon, who, with Theo the labradoodle, dressed up as a policewoman and a canine crook for the fancy dress part of the dog show.

She said: "We've got three thirds and a second place and we've enjoyed it. There's a group of us here who meet up at all the shows and have a good chin wag. It's a very social event for us."

Gillian Saunders, chairman of the trustees of Hethersett Jubilee Youth Club, said: "We have fantastic support today from local people coming out in the heat.

"The money we raise goes towards the up-keep of the hall and paying for a youth worker. While we are supported by the parish council we still have to raise £1,000 a year to keep it going."



Sporty Goings On at the Memorial

FACILITIES on Hethersett Memorial Playing Field have been enhanced with the inclusion of a new all weather cricket strip and an outdoor table tennis table.

The new facilities have been made possible thanks to grants from two organisations.

The cricket facility has been funded by the Norfolk Cricket Board through the English Cricket Board and the table tennis table has been sponsored by the South Norfolk Ping initiative. In the picture above, one of Hethersett's district councillors David Bills is pictured at the new table tennis facility and below is the new cricket strip.

There is no charge for using either facility and table tennis bats and balls are provided. The new facility brought back a memory of days gone by for Woodcote resident Richard Headicar, who brought along a couple of very old bats of a very irregular shape that looked more like drums than table tennis bats:

“My bats come from the early days of table tennis sets and it was



great fun trying to use them. I don't think they will catch on again," said Richard who found it difficult to control the ball with the bats.

Richard is pictured opposite with his old bats one of which is shown below alongside one of the new bats supplied at the table tennis facility on the Memorial Playing Field.



Richard's more serious side has seen him heavily involved in a writing project aimed at keeping the memory alive of a Hungarian poet and freedom fighter. We will have more about this in a future edition of Hethersett Herald.



Infamous Family Remembered

Herald Associate Editor Roger Morgan looks at the history of the Boileau family and the infamous body snatching scandal of 1853 at Ketteringham, a village just a couple of miles from Hethersett.

THE surname Boileau was first found in Maine, a province in France, where they held a family seat at Etienne in about the year 1150. The English branch of the family was founded by Charles Boileau, Baron of Castelnau and St Croix, who fled to England after the revocation of the Edict of Nantes in 1685. From him, the Boileau Baronetcy, of Tacolneston Hall, Norfolk was descended.

It was the second John Peter Boileau, the great-grandson of Charles, who was created a baronet in July, 1838, a month after the coronation of Queen Victoria. He was born in London in 1794 and was the eldest son of John Peter Boileau and Henrietta Pollen. He was educated at Eton College



and later attended Merton College, Oxford. In 1813 he entered the British Army joining the 95th Rifle Brigade, a regiment that had been formed by Coote Manningham who was married to John Peter's mother's sister, Anna Maria Pollen. He served for four years under the Duke of Wellington in Spain, France and Holland. In 1816 he was put on half pay, finally leaving the army in 1817 to become a country gentleman.



He married Catherine Sarah Elliot in 1825. She was the third daughter of the 1st Earl of Minto, Gilbert Elliot-Murray-Kynynmound. They went on to have nine children (four boys and five girls). In 1836, John Peter bought the Ketteringham estate and turned the 15th century manor house into a gothic hall. He was elected to the Royal Society in 1843 and was ap-

pointed High Sheriff of Norfolk in 1844. In 1845 the Norfolk and Norwich Archaeological Society was founded and Boileau was nominated one of its vice-presidents until 1849, after which he became the society's president. He joined the Society of Antiquaries of London in 1852 and was appointed a vice-president in 1858. Boileau was additionally vice-president of the



Zoological Society of London and of the Royal Statistical Society. He served in the same capacity for the Institute of Archaeology and for the Royal Society of Arts. Boileau further held a fellowship in the Geological Society of London and was vice-president of the Royal Institution as well as the British Science Association. He represented Norfolk both as a Deputy Lieutenant as well as a Justice of the Peace.

Lady Catherine appeared to have a delicate constitution and by 1853 was coughing up blood, with a London specialist warning that she did not have long to live. Sir John thought that he should start looking for a suitable burial place for his beloved Catherine, quietly and discretely so as not to alarm her. The church of St Peter's adjacent to Ketteringham Hall seemed to be the obvious place but Sir John did not want his wife's body to lie in the graveyard with the "ordinary people." The solution that he came up with was to use a vault beneath the chancel of the church.

Early one morning he took a carpenter with him to St Peter's and unlocked the ancient vault. Deep inside, it was filled with old coffins and there was no room for any more. However, Sir John believed that the coffins had been there for over 150 years and that there would be no living relatives who might object to their removal which would allow him to take over the vault for his family. He wrote to the Bishop of Norwich to ask for permission. Bishop Hinds wrote back saying *"Your legal rights to remove the coffins would, I think be questionable, if there were any question to it. I can only advise you as a friend quietly to transfer to the churchyard all the coffins except that which has a name on it. The matter had better be conducted privately and quietly."*

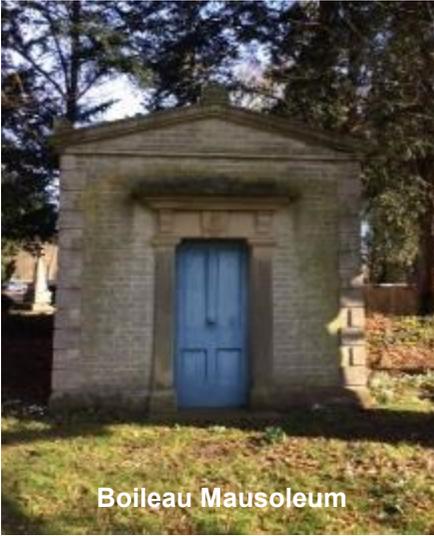
So, under cover of darkness, Sir John had the carpenter and his head gardener remove the coffins from the vault and rebury them in the churchyard. He thought that the matter was closed but, unbeknown to him, his actions were to literally cause quite a stink in the parish.

The following Sunday as the congregation entered the church they were met with a foul stench and the vicar's wife launched a verbal attack on Sir John. He believed that as the squire, he could ride this storm of protest but a few weeks later he received a letter from a Mr. Pemberton who was a close relative of one of the people whose remains had been moved. The coffins had only been in the vault for 25 years. Pemberton demanded an explanation and 'reparation by law for a conduct so utterly outrageous'. Songs were sung to mock Sir John and he was called 'Resurrection Jack'. Anxious to avoid public shame and ruin he agreed to pay for the bodies to be returned to the vault which was then bricked up.

In 1854, Sir John asked the Diocese for permission to build a freestanding mausoleum in St Peter's Churchyard next to the shrubbery of Ketteringham Hall. This was granted and Thomas Jekyll was asked to design a small Greek Revival Mausoleum with space for 12 coffins. The building was duly constructed by Hethersett builder Jeremiah Lofty. It was made from white gault brick with Caen stone detailing. It had a heavy iron door with an elaborate lock and inside there were thick stone shelves for 12 coffins. A plaque showing the Boileau arms was placed above the door. It depicts a pelican above a coronet and has the family motto '*De tout mon coeur*' – with all my heart.

Lady Catherine's health gradually improved and she lived for another eight years before she died of cancer in 1862. Her coffin was placed on a high shelf inside the mausoleum. In 1869, Sir John went to Torquay in an attempt to improve his health but he sadly died there of chronic bronchitis. His body was returned to Norfolk and he was laid to rest next to his beloved wife. As time went by the Boileau children also died but none of them were ever placed inside the mausoleum. They were buried in the graveyard just outside of it.

During World War Two the hall served as the headquarters of the 2nd Air Division of the USA's 8th Airforce. In 1947, the Boileau family sold the Ketteringham Estate to the Duke of Westminster and the hall became a school. The mausoleum was neglected and slowly started to crumble. By 1959, it was described as 'a pallid, dingy green, gloomily overshadowed by the great chestnut trees, pathetic amongst the long weeds and the unkempt grass and the clutter of gravestones'.



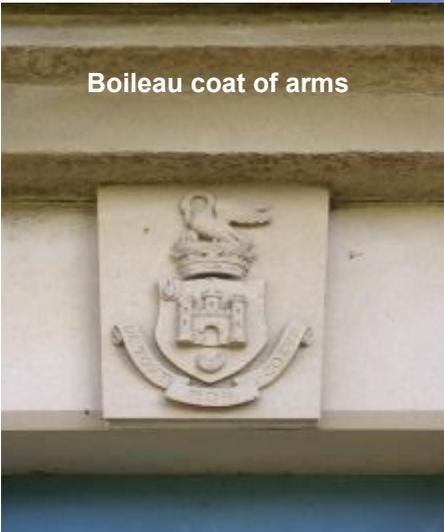
Boileau Mausoleum

Fortunately in the 1990s it was designated a Grade II listed building and put on the Buildings-at-Risk Register. In 2004, the Mausoleum and Monuments Trust (MMT) took over the maintenance of it and it was fully repaired and restored by local stone mason Toby Dobson. In April 2008, a service attended by members of the Boileau family and others involved in the restoration was held in the church followed by a ceremony to mark the handover of the mausoleum into the care of the MMT.

In 1970 Ketteringham Hall and the 40 acre estate was purchased by Colin Chapman. The hall became Chapman's headquarters with the development of the Formula One cars taking place in the former stable block and outbuildings behind the hall. It continued to be used by the Lotus business as a venue for marketing, events and meetings and the stable block was then converted into a factory service centre where people could take their Lotus cars to be serviced until 2002.

Currently it houses modern offices with onsite crèche and nursery and the Piano Tea Room Café.

St Peter's Church



Boileau coat of arms



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Service Charges eligible for housing benefit	£100.00
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Total	£549.98

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<https://www.facebook.com/Hethersett-Herald-196216690775010/>

Pavements for Pedestrians

Hethersett resident Donna Clements bemoans a pecking order that puts pedestrians at the bottom and gives some ideas on how to make life better for those who like to walk around the village.

IT seems that pedestrians are at the bottom of the pecking order for provision of safe access as bicycles are encouraged to share pavements/cycle lanes and car drivers apparently considering pavements outside their homes to be an extension of their driveways.

To the able-bodied person, it may not seem too difficult to squeeze alongside a parked car or step out into the road to go around the car, if a little unsafe. However, to the person with Parkinson's disease or recovering from a stroke or rehabilitating from a heart attack or the partially sighted, their first challenge is gathering the confidence to leave their home. To then find that they must step into a main road or be unable to get their rollator frame or mobility scooter alongside the parked car on the pavement can make them give up and go home.

Many health professionals spend their days encouraging people to maintain and improve their physical and mental health and independence by getting out for walks. Health professionals will advise people at risk of or recovering from stroke, heart attacks or depression to get out and walk to maintain and improve their health. In fact, whatever a person's illness, physical or mental, research shows that getting out and walking in a friendly village community can significantly improve and maintain their health and more importantly, decrease their risk of future health problems.

What I propose is a village-wide campaign for one month – Pavements for Pedestrians. There could be several elements to this and could perhaps be combined with the village Speed Watch volunteers, other volunteers, the Police, the GP surgery, local businesses and the Council. The activities could involve:

- Authorised volunteers placing 'yellow cards' on the windscreens of offending vehicles educating the car owner of the dangers of their inconsiderate parking. In the same way as the caught Speed Watch drivers, inconsiderate parkers who re-offend during the month of the campaign could receive a letter from the police,
- Home owners and businesses whose hedges protrude onto the pave-

ment could be issued with educational advice about the dangers of restricting the pavements,

- Home owners and businesses whose trees obstruct streetlights could be issued with educational advice about the dangers of restricting the lighting,
- Volunteers could conduct a streetlight survey to report streetlights that are faulty (this would aid the company fixing streetlights en masse rather than one by one as they are randomly reported,
- The same volunteers could also make note of broken or dirty road signs, broken pavements, pot holes, blocked drains, etc.

The outcome of the Pavements for Pedestrians campaign could be numerous. For example:

- Villagers may take more pride in their community,
- They may have a greater understanding of others moving around the village,
- There may be fewer 'near misses' and accidents,
- More people may start walking their children to school with safer routes,
- Those mentioned above who struggle to get out and about will feel more confident in getting out and will gain health benefits,
- Local businesses may see a greater footfall of customers as people find it easier and safer to walk there,
- With a healthier and safer village, there may be less impact on the GP surgery,
- With the reduction of accidents and complaints there could be less impact on the Police and Council,

If the campaign were to run during the month of September it could be used to encourage parents who currently drive their children to school to try walking instead. The children could be involved by learning road safety and being able to point out what dangers are present on their walk to school. Through a council reporting system, perhaps via an app, these dangers could be reviewed and minimised. If the campaign were to be successful we may also see fewer incidents at the notorious time of year when the clocks change in October.

As someone who grew up in Hethersett from 1977 to 1999 and having returned a couple of years ago, I have noticed a considerable increase in traffic on all Hethersett roads. Whilst rural living almost always requires some journeys to be taken in the car, village living should encourage people to walk to local amenities, allow children to be able to learn to ride a bike on a safe road and dog

walkers to walk in safety in the dark evenings. Also, as a village with a lot of bungalows, we have many residents who have difficulty walking and require walking aids. It is imperative that using pavements in the village of Hethersett returns to being a safe way of moving around for all residents.

If you have any comments on Donna's ideas for improving the lot of pedestrians why not let us know and we will publish your responses.

Hethersett Horticultural Society

By Committee Secretary Leslie Dale

At Hethersett and District Horticultural Society's meeting on Wednesday 18th July, we were entertained by Norfolk Lavender's Lynn Shannon.

We learned from Lynn that there are 47 species and 130 varieties of Lavender all related to the mint family. Lavender comes in three main types, *Angustifolia* [with short stems], *Intermedia* [with longer stems and some flower heads half way up the stem] and *Stoechas* [with attractive large and flower heads].

Given the current weather conditions, it's good to know that lavenders need little or no water to survive. Propagating is simply placing stems into a free draining mix of thirds of sand, compost and grit.

Lynn also described how the Norfolk lavender business grew from nothing since the 1930s; the brainchild of a young man from the King's Lynn area and a financier cum land owner. The rest as they say is history.

Finally, having described the process of oil extraction, Lynn went on to amaze us with the potential uses of lavender oil, which includes it being an antiseptic as well as being found in fudge, tea and beer.

During World War Two, the antiseptic use was kept secret to avoid the German war machine targeting the fields and mills with incendiaries.

The society meets monthly on a Wednesday at 7.30pm in the Methodist Church Hall, Great Melton Road, Hethersett. All are welcome - occasional visitors are charged £1.50; refreshments are included.

Our next meeting is on Wednesday, 15th August, when it will be holiday time with the Eastons and on Wednesday, 19th September Simon White of Peter Beales will bring his A to Z of roses.

All Aboard!

10.00am – 3.30pm Tues 14 - Thurs 16 August 2018
The Hub, Ayton Road, Wymondham, NR18 0QJ

August doesn't have to be a lonely month

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Refreshments & lunch • Activities & entertainment • Coach outing

Transport can be provided from Wymondham Market Place.

For more information contact Linda
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or tel 01603 812619
www.hubproject.org.uk

To book please contact
Debbie Rose, tel 01953 798505
The Hub, Ayton Road,
Wymondham, NR18 0QJ

All Aboard is part of Hub Community Project. Registered charity no 1131485

Thank you to our sponsors:



Council/Government Contact Numbers

Below are the contact details for people you may want to get in touch with on village matters:

Member of Parliament

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

Norfolk County Council

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

South Norfolk Council

Our South Norfolk Council representatives are Leslie Dale and David Bills. Leslie can be contacted on 01603 810952. David can be contacted on 01603 813041.

Hethersett Parish Council

Clerk to the council Ian Weetman can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications).

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is open at the Village Hall (upstairs) on Monday and Thursday mornings between 10am and 12noon

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info

HETHERSETT HERALD

Your Monthly E-Magazine

News, views, comment, information and photographs keeping you up to date with what is happening in our village. Hethersett Herald is published on the first day of each month exclusively at:

www.hethersett.org.uk

HETHERSETT HERALD
February 2017
Number 98



On The Shortlist

2017 will be a year of promise for the village. In the past few weeks we have seen a number of successful candidates for the role of village councillor. The shortlist for the election is now published and the candidates are: ...



More Accolades for Hethersett Academy

Hethersett Academy has been awarded the title of 'Outstanding' for the second year in a row. This is a testament to the hard work of the staff and the support of the parents and the community.

HETHERSETT HERALD
December 2016
Number 95



Reverend Special - Pages 36-38

Major Honour for Mike

Hethersett's Mike ... has been awarded a major honour for his services to the community. This is a well-deserved recognition of his many years of dedication and hard work.



More Development?

There has been a lot of discussion about the possibility of further development in the village. The council is currently reviewing the options and will be making a decision in the near future.

The Scott Willoughby Column

MY attention has been drawn during the month to two important stories in the Eastern Daily Press newspaper.

Firstly a Freedom of Information request from that august publication established that Hethersett has been subjected to 107 sets of roadworks in the past 18 months and in the first four months of 2018 there were just two working days when the village was totally clear of roadworks. In 2017 not a single month was completely clear of roadworks.

During much of this time local residents joked “don’t come to our village because it’s shut.” Other wags suggested a new board game entitled “Escape from Hethersett” where a Donald Trump style wall of roadworks kept everyone in irrespective of the number rolled on a dice which just sent the player round in ever decreasing circles. This was then succeeded by “Get Into Hethersett” with the same set of problems.

Then we had the story of the possibility of the new cyclepath connecting Norwich to Wymondham diverting through part of the village. This to me equates to madness and a determination to cut costs rather than plan a safe route.

If the route deviates from the B1172 through old Norwich Road it will take cyclists past two pubs, a block of flats, private houses, the former Norfolk Fire Headquarters and a concealed entrance/exit at Cann’s Lane. This would be a serious accident waiting to happen.

That of course is if cyclists leave the path on the B1172 and take the set route which they quite obviously will not. Most cyclists I suggest will simply come off the path onto the main B1172 and then possibly rejoin the path further along. They will not accept what amounts to a detour off a rural road into a built up area.

On a more positive note, it is good to see that village events are proving such a success. In this edition of Hethersett Herald you will read about the success of the bi-ennial village ball, along with details of the most successful youth club fete and dog show and a record number of runners taking part in the annual funrun. Community spirit in Hethersett seems to e very much alive and well.

Groups and Societies

Heart of Hethersett Bereavement Group

THE Heart of Hethersett Bereavement Group is looking to expand its support for Hethersett residents who have suffered bereavement or who are finding life difficult to cope with through depression and/or anxiety.

The group meets fortnightly in the lounge at Woodcote Sheltered Housing complex in Firs Road on Tuesdays from 5.30 until 6.30 pm,

“We provide friendly and informal get-togethers for anyone who has lost loved ones or who is feeling depressed or anxious. Our meetings are open to everyone, irrespective of age or gender and there will be a warm welcome for anyone who wants to join us,” said one of the organisers Stephen Baxter.

The group’s first meeting after its August summer break will be on September 4th. More information is available from Stephen Baxter on 07808 329102 or via e-mail at Stephen.baxter@broadlandgroup.org

Hethersett Dementia Support Group

Hethersett Dementia Support Group holds a monthly café on the third Tuesday in the Methodist Church Hall; from 10 am until midday.

This provides an opportunity for dementia sufferers and their carers to meet and chat over tea and coffee and participate in activities such as singing or listening to guest speakers. Further information is available by e-mailing hethersettdementia2016@gmail.com.

Probus Club

Club member John Hobson talked to Probus members with a talk entitled “Tales from the Laboratory”.

Two weeks later, members enjoyed a talk on wealth management by Ben Yasim, Operations Director of Norfolk Wealth Management. He explained the workings of a company that is six years old and has 600 clients, managing £100 million of their funds.

Groups and Societies

Parents and Toddlers Drop In

A coffee drop-in event for parents and toddlers takes place in St Remigius Church on the first Tuesday of every month at 10 am.

Hethersett Methodist Church

Hethersett Methodist Church holds shoppers' coffee mornings on Saturdays from 10.30 am until noon. The church's arts and craft group meets every Wednesday from 10 am until noon. Further details are available from Tina Greenhalgh on 01603 810364.

The RiNG

The Rheumatoid in Norfolk Group held its summer outing to Houghton Hall. The group will return to Hethersett Village Hall on Wednesday 1st August when Clare Ouaddane from the British Red Cross will be teaching some first aid. The group's AGM will be held on September 5th when guest speaker will be Professor Ian McNamara who will be talking on "research into infection after joint surgery." The group welcomes anyone with arthritis. The charge is £3 per visit which covers entrance, speaker, tea and cake. For more information visit the website www.thering.org.uk or ring 0800 072 9597,

Distributors Needed

Hethersett Good News parish magazine is looking for distributors to deliver the monthly publication within Hethersett. Anyone interested in helping can contact Monica Moore on 01603 811731.

Rockinghorse Nursery in Great Melton Road has closed its doors after over 20 years of supporting young children. The nursery closed at the beginning of June. A message on their website stated:

"It is with great sadness that we announce that our nursery will cease trading with effect from 4th June, 2018. We would like to thank all customers and staff, past and present, for making the nursery such a wonderful place to be."

Groups and Societies

Herald associate editor and Hethersett Society member, Gary Wyatt, reviews the society's July meeting.

The talk this month was given by Mary Parker, who lives in Ketteringham and happens to be a former work colleague of your correspondent. Mary, who is also a church warden, has researched Ketteringham village history extensively. Her subject for this meeting was "*The Ketteringham Icehouse,*" built on the Ketteringham Hall Estate.

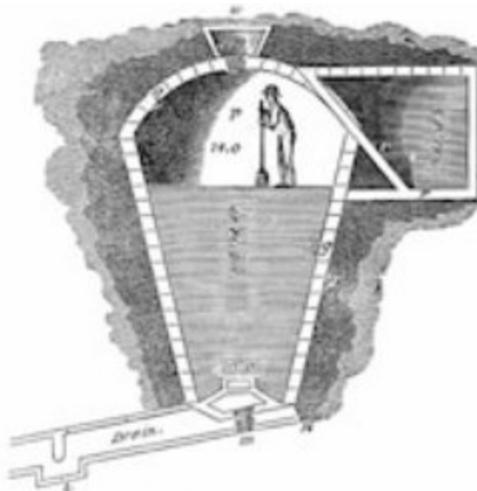
She started the talk by telling us that icehouses have a long history. For those who are not familiar with them, the houses were built on many large estates to store ice or compacted snow gathered during winter months, which then lasted well into the summer months. The ice was subsequently used in the house kitchen to cool foods in summer, a method of food preservation that has long been known. The idea was included in a poem by Edmund Waller who wrote:

"Yonder the harvest of the cold months laid up

Gives a fresh coolness to the royal cup"

Indeed a poetic way of describing it.

Icehouses are basically a deep, covered, brick-lined pit insulated with a mound of soil, although many were much more elaborate, including the Ket-



Groups and Societies

teringham house. The entrances were generally north-facing, in a shaded site and near a source of ice in winter, usually the lake invariably found on large country estates.

Surprisingly, ice was also imported from North America, in particular Massachusetts, and lost only about one third of its bulk during the long sea voyage.

Icehouses seem to have originated in China, Turkey and Persia and were sometime called 'snow pits'. Early examples in this country include Greenwich (1619), Hampton Court (1625) and Windsor Castle (1670). This was, of course, long before the development of mechanical cooling methods or domestic refrigeration.



The Ketteringham icehouse was built after Sir John Boileau, the owner of the Hall, returned from the usual 'Grand Tour' of Europe and further afield that people of his status generally undertook and where he probably got the idea. There is a mention in estate records of discussions about an icehouse in 1841 and of filling one in 1844, so it seems to have been built around 1842 or 1843.

Domestic refrigerators were invented in 1913 so at some point after that, icehouses would have fallen into disuse. The Ketteringham icehouse had become overgrown and partially derelict and Mary was closely involved in winning grant money to restore it. Work started in 2012 with site clearance, during which missing pieces of the elaborate brick and stone frontage of the house were discovered.

Parts that were still missing were remade to the original design by local craftsmen and the frontage fully restored. The pit itself had been filled with rubble and had to be cleared but the internal brickwork was found to be in good condition. The door to the house was missing and a new one was made. However, the icehouse had been colonised by Daubenton's bats, a protected species, so all work had to take this into account.

The new door had to be designed to allow bat access whilst keeping human 'explorers' out, and also allow ventilation. An interesting find was some tally

marks on the entrance wall, possibly keeping a record of the number of loads of ice stored.

As readers may know, an area of the estate was subjected to gravel extraction for many years but has now largely been restored and the land given to Ketteringham Parish Council. It now forms the Ladybelt Country Park and is open to the public. There is a car park and is accessed from the road between Ketteringham and East Carleton.

The icehouse is now separated from the hall grounds and is within the country park, so can be easily viewed by the public. A map at the park entrance shows its location. Access to the inside is, of course, not possible for the reasons given above, and it is now a Grade II listed building.

Mary's talk was well received by members and stimulated several questions at the end.

As usual, the society does not meet in August so the next meeting is on Monday 10th September at 7.30 pm in the Methodist Church Hall when the talk will be "Geodiversity and Biodiversity: making the links in South Norfolk," given by Tim Holt-Wilson. Non-members are welcome to any meeting for a £2 charge but membership for the full year is only £7.

<p>DO YOU LIVE IN Hethersett Ketteringham or Little Melton?</p>  <p>ARE YOU, or is someone you know, in need of financial help because of illness or disability?</p> <p>HAVE YOU HEARD ABOUT Hethersett & District Aid in Sickness Fund ?</p> <p>For further information or to apply for a grant please telephone one of the trustees listed below:</p> <table border="1"><tr><td>Liz</td><td>01603 811057</td></tr><tr><td>Mary</td><td>01603 811330</td></tr><tr><td>Barbara</td><td>01603 810502</td></tr><tr><td>Rachel</td><td>01603 812596</td></tr><tr><td>Alex</td><td>07805 242326</td></tr><tr><td>Christopher</td><td>01603 811010</td></tr></table>  <p>All applications are treated in the strictest confidence. Registered Charity Number 211254</p>	Liz	01603 811057	Mary	01603 811330	Barbara	01603 810502	Rachel	01603 812596	Alex	07805 242326	Christopher	01603 811010	<p>Hethersett & District Aid in Sickness Fund (Previously known as the Hethersett Nursing Association)</p> <p>was formed to give financial assistance to the sick of the area of Hethersett, Ketteringham and Little Melton. Its funds can be used to help individuals who are sick, infirm or convalescent as well as for help in the supply of medical or nursing equipment for organisations or institutions involved in the care of the sick.</p> <p>Examples of help available Grants are available towards:</p> <ul style="list-style-type: none">• Car adaptations.• Wheelchair or other mobility items.• Support during a sudden medical crisis.• Nebulisers and other equipment.• Pre-payment certificates for prescriptions.  <p>If you have a need for something which is not mentioned above please apply and we will try to help.</p>
Liz	01603 811057												
Mary	01603 811330												
Barbara	01603 810502												
Rachel	01603 812596												
Alex	07805 242326												
Christopher	01603 811010												

Hethersett Matters

OUR monthly round-up in conjunction with Norfolk Trading Standards of some of the scams currently doing the rounds and how to avoid becoming a victim. See our front page for a story on efforts to make Hethersett a scam-free village.

Norfolk Trading Standards is warning residents to be on their guard after receiving a report of a doorstep cold caller offering householders the opportunity for their 'insulation expert' to 'assess their property'.

"We advise you to be very wary of claims made by doorstep cold callers and never agree to services, buy items or for return visits if approached in this manner. If you see doorstep cold-callers in Norfolk or are concerned about rogue trader activity in your community, contact us through our partners the Citizens Advice consumer helpline on 03454 04 05 06."

Trading Standards is also warning residents to be on their guard after receiving reports of a cold caller offering beds for sale.

A man was seen going door-to-door offering to sell beds to householders. The man was seen to return to a sign-written white Renault van.

Doorstep cold callers have also been offering garden furniture for sale in the Norwich area. The man was seen to return to a sign written silver Mercedes Sprinter van.

Please also be aware that displaying a "No Cold Calling" sticker may not always put the cold caller off as Trading Standards explained:

"Residents should be on their guard to doorstep cold calling even if they are displaying a No Cold Calling sticker. This follows a number of recent reports from residents who have had cold callers at their door despite displaying a sticker, with some reporting that the callers can be difficult to turn away and in some cases verbally aggressive when the presence of the sticker is pointed out.

"We are asking residents to report all doorstep cold calling incidents to us, especially if their property is displaying a No Cold Calling door sticker of any type. We are also offering the following advice:

- If someone cold calls at your property remember it is your doorstep so your decision whether you even answer the door. if you can, check through a spy hole or look from a window to see who is there.
- Think about your home security, make sure other doors to your property are locked before answering the front door.

Warning After Theft From Home Owner

Hethersett Parish Council has warned Hethersett residents to be on the guard after a man walked into a property on Great Melton Road on Thursday, July 19th.

When the owner challenged the man he said he had been sent from the council to test the taps. He then left and the owner later discovered cash had been stolen from her handbag.

The suspect is described as white, aged between 45 and 50 years old, under 6ft tall, with dark hair and dark stubble on his face. He was wearing a dark blue short sleeved shirt, dark coloured trousers and shoes. It is believed he may have also had a lanyard around his neck.

Anyone with information, or anyone who may have seen any suspicious activity in the area at the time of the incident should contact Norfolk Police on 101 quoting CAD 233 of July 19th.

- If the person is offering services or trying to sell something, politely but confidently say you are not interested and close the door.
- If the person is claiming to represent an authority or organisation ask to see ID. If ID is offered, ask if you can take it to check its validity. If you are given the ID close the door and contact the company or organisation on the ID by a number you find online or in the phone book. Do not use information on the ID, it could be fake.
- If no ID is offered, the caller refuses to let you check it, or you can not verify it is genuine, politely but confidently say you are not interested and close the door

As the cold caller leaves, if you can safely from inside your property, watch and see:

- Do they go to call at neighbouring properties?
- Do they return to a vehicle, is it sign written, can you see the make, model, colour and registration plate?
- Are they alone or working with others?

Note down a description of the cold caller, why they were calling and who they say they were representing – all of this information is very useful to Trading Standards and the Police when looking at Cold Calling incidents.

Picture Perfect



Two contrasting village shots - Red Sky at Night and Youth Club Roses by Angela Eden



Struggling In The Heat

As I write this I am waiting for Fierce Friday when temperatures are destined to soar into the upper 30s centigrade and could go above 100 Fahrenheit in old counting. Despite all my efforts of rain dancing, making offerings to the rain gods, giving heart rending pleas to the Old Man of the Forest and generally begging every cloud to empty its contents on my garden, we have been without rain for the longest period on record.

Animals are struggling more than ever, particularly the babies who are not yet used to fending for themselves. Even a worm on super steroids could not break through the surface of most of my flower beds. Every evening I am putting out bigger water dishes in even greater numbers and most of them are dry by the morning.

The plastic dishes that go under large flower pots are fine but the ceramic ones are better as they do not tip over so easily when the hedgehogs climb into them. Even a couple of old saucers full of water could make the difference between life and death for a young hedgehog. It is that drastic as when desperate they will drink anything including any oil polluted puddles they can find. With surveys saying that their numbers are lower than ever, we cannot afford to lose even one.

Hedgehog aggression seems to have faded with the heat. There are now not nearly so many fights with the alpha males being more interested in surviving than dominating their rivals. I have no doubt that when it does eventually rain and temperatures fall, then they will be back to their old ways.

I had not really realised what a responsibility being a Mad Hedgehog Lady carried with it. If I want to go on holiday I can pop my cats into the cattery knowing that they will be fed, watered and lovingly cared for but what do I do about the prickly nocturnal visitors?

Fortunately there are none being nursed in the hutches at present. People offer to come and put out food in the garden but there is the problem of timing. If the food is put out early then the birds come down in flocks and clear it all before the hedgehogs have even woken up so there is nothing left for them. Solution; holiday somewhere where it is possible to come back for a few hours every other day. What could be better than the North Norfolk

Hethersett Hedgehogs

Coast?

Please remember that hedgehogs do not sunbathe and if you see one out and about in daylight then it is likely to be very ill. I do not mean the late evening when it is still light as hungry hedgehogs will be out and about desperately looking for food and water but if you see one in the middle of the day then pick it up (covering your hands first) and take it to a vet if you can.

They are obliged to see wild animals free of charge in the first instance. From there, if you cannot care for the hedgehog yourself, then Google Hedgehog Sanctuaries or Rescue Centres for Norfolk and hand it over to them. Ring them first though before you set off just in case like me they might be on a North Norfolk Beach.

I know that we are nowhere near to having a Hethersett Hedgehog Highway yet but people are becoming more aware and neighbours have told me that they now have the pleasure of seeing them in their gardens after feeding them regularly.

Regularity is essential as they cannot afford to waste time journeying to a garden where there is usually food only to find the dishes empty. Give it a try in your garden. The results are so rewarding.

I know that many think we have had the perfect summer with long hot days without a cloud in the sky. If you are one of them then please forgive me my longing for the gentle patter of prolonged rain washing the dust off the leaves of my beech trees and giving my little friends puddles of clean water to drink from.

More from Hethersett Hedgehogs next month.

Moaning Minnie Says

It seems to me that there are a number of people in Hethersett that I wonder how on earth they passed their driving test. They disregard the temporary traffic lights, they don't know that if cars are parked on the left side of the road in the direction they are driving that oncoming traffic has right of way. They barely give cyclists room, which is very dangerous with young people, and they back out from parking onto the road without looking. They also park so close to other cars at Tesco Express that it is impossible to open the door of your car wide enough to get in. Come on folks, drive carefully in the village before there is a tragic accident. Look where you drive and obey the lights too.

Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

www.hethersett.org.uk

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net.

Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

Herald Team

Editor - Peter Steward

Associate Editors - Roger Morgan and Gary Wyatt.

Proof Reader - Patricia Mills

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.

Hethersett Herald What's On

The following are just some of the events taking place in Hethersett in August and September. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address:

petersteward@lineone.net

August

Wednesday 1st - The Rheumatoid in Norfolk Group (The RiNG). Clare Oquadane from the British Red Cross teaching first aid, Hethersett Village Hall, 2 pm.

Wednesday 1st - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Saturday 4th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am until midday.

Tuesday 7th - Parents and Toddlers Coffee drop-in at St Remigius Church, 10 am.

Wednesday 8th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Saturday 11th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30

HETHERSETT SOCIAL CLUB

Hethersett Social Club opening times are as follows:

Mondays - Closed

Tuesdays - 7-11 pm

Wednesdays - 7-11 pm

Thursdays - 7-11 pm

Fridays - 5-11.30pm

Saturdays - Noon to Midnight

Sundays - Noon to 6 pm

am until midday.

Sunday 12th - Quiz at Hethersett King's Head (for details see page 54).

Monday 13th - South Norfolk Give and Take Re-Use Event in Hethersett Village Hall. Drop off 9 am to 3 pm. Items taken away 11 am to 3 pm. For more details see pages 60 and 61.

Wednesday 15th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Saturday 18th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am until midday.

Tuesday 21st - Hethersett Dementia Support Group café, Hethersett Methodist Church Hall, 10 am to noon.

Wednesday 22nd - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Saturday 25th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am until midday.

Wednesday 29th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

September

Saturday 1st - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am until midday.

Sunday 2nd - Norfolk Over-40s Finals Day at Hethersett and Tas Valley Cricket Club Headquarters at Flordon.

Tuesday 4th - Parents and Toddlers Coffee drop-in at St Remigius Church, 10 am.

Tuesday 4th - Heart of Hethersett Bereavement Group meeting in the lounge of Woodcote Sheltered Housing complex in Firs Road, 5.30-6.30 pm.

Wednesday 5th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Wednesday 5th - The Rheumatism in Norfolk Group (The RiNG) agm and talk by Professor Ian McNamara on research into infection after joint surgery.

Saturday 8th - Hethersett Environmental Action Team (HEAT) litter pick. Meet in Hethersett Methodist Church Car Park at 10 am. Volunteers welcome.

Saturday 8th - Special sports event on Hethersett Memorial Playing Field in aid of the Finnbar's Force charity.

Saturday 8th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am

until midday.

Sunday 9th - Quiz at Hethersett King's Head (for more details see page 55).

Wednesday 12th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Saturday 15th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am until midday.

Monday 17th - Hethersett Parish Council meeting, Hethersett Village Hall at 7.30 pm.

Tuesday 18th - Heart of Hethersett Bereavement Group meeting in the lounge of Woodcote Sheltered Housing complex in Firs Road, 5.30-6.30 pm.

Tuesday 18th - Hethersett Dementia Support Group café, Hethersett Methodist Church Hall, 10 am to noon.

Wednesday 19th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Wednesday 19th - Hethersett Horticultural Society: Simon White of Peter Beales Roses. Hethersett Methodist Church Hall, 7.30pm.

Saturday 22nd- Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30am until midday.

Sunday 23rd - Hethersett Village Screen first film show of new season. Phantom Thread. Hethersett Village Hall, 6.30 pm.

Saturday 29th - Shoppers' Coffee at Hethersett Methodist Church Hall, 10.30 am until midday.

Wednesday 26th - Wednesday Walk from Hethersett Library. Meet outside library at 10.30 am.

Pub Quiz Time

Hethersett King's Head is organising what they refer to as a "Proper Pub Quiz" on the second Sunday of each month. The next one will take place on 12th August at 7.30pm.

Hethersett Herald What's On

Cringleford and Hethersett Flower Club *By Jenny Walpole*

Forthcoming events in 2018:

24th September - Lorraine "Floral Fusion."

22nd October - Anna Potter "Ragged Robin Flowers."

26th November - Nick Grounds "Bah-Hum Bug."

We generally meet on the fourth Monday of the month (Bank holidays usually the third Monday) at Hethersett Village Hall, 7.30pm.

We have a qualified demonstrator and you have the chance to win one of the arrangements via a raffle at the end of the evening.

Our membership for a full year is only £25 and we welcome visitors at a cost of £5 per normal meeting. We are also on Facebook - Cringleford-Hethersett-Flower-Club.

A Hearty Welcome

HETHERSETT Hall Residential Care Home has launched Soup Saturdays to help local people suffering from loneliness. Soup Saturdays will take place on the last Saturday of each month from 12.30pm.

"We know meal times can be a lonely time for some older people. That's why we are inviting local older people to take advantage of our hospitality and join us for some hearty soup. Guests are welcome to join us after lunch for games, activities and light refreshment," a spokesman for the home said. Places for the soup lunch have to be booked in advance on 01603 810478.

Hethersett Herald What's On

Big Changes to Hethersett Library Opening Hours

July saw massive changes to the opening hours of Hethersett Library.

For those with open library access during unstaffed hours it will mean an increase in access time to the building including opening on Tuesday and Sundays for the first time.



The library will now be staffed on the following days and hours:

Monday: 1.30-7pm

Tuesday: Open Access Only

Wednesday: 11am - 7pm

Thursday: 1.30-7pm

Friday: 1.30-7pm

Saturday: 11am-4pm

Sunday: Open Access Only

The new hours could easily lead to confusion amongst library users so we will try to simplify matters:

Open Library Users who have had their library cards activated for open access will now be able to gain entry to the building from 8am until 7 pm every weekday (now including Tuesdays) and from 8am until 4pm on Saturdays and from 10am until 4pm on Sundays.

During Open Library Hours when the building isn't staffed residents will be able to return and borrow books, use computers but won't be able to borrow CDs or DVDs.

News From the Parish Council

This month the Parish Council meeting report is provided by a member of the public, our new contributor Brant Broughton. Brant was one of only four members of the public at the meeting, which is actually about double the average number of public present at council meetings. A reflection, perhaps, of the interest taken in parish affairs by the adult population of several thousand?

Brant's report follows.

The meeting was held on Monday, 16th July in Hethersett Village Hall with the new chair, Mrs. Adrienne Quinlan presiding. There were the usual accounts and other statutory matters to be dealt with, but there were some points of general interest in a relatively light agenda for the evening.

It was reported that a road safety audit of the village is at last going to be carried out by Norfolk County Highways on Wednesday 18th July, something that councillors have been pressing for over many months after numerous concerns have been raised.

These concerns centred particularly on traffic around the schools at starting and leaving times, problems around Tesco Express, speeding, parking on verges and many other things.

Recruitment of a new parish clerk to replace Ian Weetman, who is retiring, is

Parish Council Dates

HETHERSETT Parish Council meets monthly, apart from August, in Hethersett Village Hall. Full council meetings begin at 7.30pm and are preceded by meetings of the council's planning committee which start at 7pm. The planning committee also meets on other dates throughout the year.

Meeting dates for the remainder of 2018 are as follows: Full Meetings - September 17th, October 15th, November 19th, December 17th. Planning Committee meetings will take place on the above dates and also on: August 6th, September 3rd, October 1st, November 5th and December 3rd.

News From the Parish Council

proceeding well, and there were 14 applicants, including four with direct experience of the work of a clerk. Interviews were to take place on Tuesday, 17th July.

The first round of applications from organisations interested in applying for grants from the £156,000 'S106 funds' made available to the village for 'recreation' as a result of housing development have closed, with two applications meeting the criteria.

The council's grants panel is due to meet on Friday, 20th July to consider these, but it was expected that further information would have to be sought and the applicants would be invited to give presentations to the panel before decisions are made.

There has been a public exhibition of the plans for the Hethersett schools in the village hall recently. Briefly, these plans include Woodside Infant School converting to a primary school and moving to a new building behind the village hall, the Junior School converting to a primary school and increasing in size and the Academy developing a new sports field.

Councillors who attended the exhibition were concerned about access to the new Woodside school site, which will be off the Hethersett NDR as it might be called (or Coachmaker's Drive, as it is officially known), which is narrow and will also be residential.

There didn't appear to be any provision in the plans for parents dropping off children by car, which is inevitable despite the planners' wish that children will walk or cycle to school.

One councillor was told by exhibition staff that "cars can park on the verge". Given the horrendous traffic problems around the current Woodside site, it looks like nothing has been learnt.

I would encourage more residents to attend future meetings. There is no meeting in August so the next is on Monday, 17th September 2018 at 7.30pm in the village hall. There are two chances for the public to participate in meetings, at the beginning and again at the end. This is the opportunity for them to raise any matters of concern or to make comments on anything that has been brought up at the meeting.

GIVE AND TAKE REUSE EVENT

Come to our Give and Take event and reuse/recycle your unwanted items, or come along and take something away.

Our next Give and Take event:

When: Monday 13 August 2018

What time: Items can be dropped off between 9am and 3pm
Items can be taken away between 11am and 3pm

Where: Hethersett Village Hall, Back Lane,
Hethersett, NR9 3JJ

Turn over to see the full list of items that you can bring along or that may be available to take away from our next event.



South Norfolk
COUNCIL 

GIVE AND TAKE REUSE EVENT

What can I bring along?

Furniture: any furniture in good condition and, if upholstered, with a fire label still attached. Items not reused locally will be donated to charity.



Electrical items: any small household items such as kettles, vacuum cleaner, TV's etc. (see website for full list). All items will be PAT safety tested before placed out for reuse. Items not reused will be donated to charity.



Textiles: unwanted clothing and textiles. Items not reused will be donated to charity. We cannot accept pillows, duvets or carpets.



Books: we will reuse all books in good reusable condition.



Board games/puzzles: for Tibenham Community Group



Things you need to know: The event is for materials from households, not businesses. If your items can fit in a family car, then we can take them. We cannot accept fridges/freezers or fluorescent tubes. A limited number of items can be taken away per person. All money donated for reuse items will be given to the Chairman's charities.

Visit www.south-norfolk.gov.uk/recycle for further details

Have You Missed an Edition?



YOU can catch up on previous editions of the Hethersett Herald by going to <http://hethersett.org.uk/emags.htm> and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents. It is currently available only online.

News and Features Needed

We are always happy to receive articles and news for publication.

With limited resources, it isn't possible for us to cover everything that is going on in our village. We hope that the Herald reflects just some of the things that are taking place in Hethersett, but, with your help, we can expand our service.

We are looking for news and reports on any aspect of village life. Also news of coming events that you would like publicised.

We are also happy to carry features on topics not strictly related to the village providing they are written by a resident of either Hethersett, Great Melton or Little Melton.

Reports, news, features and photographs can be sent by e-mail to petersteward@lineone.net or dropped off at 12, Karen Close, Hethersett.

Monthly Cricket Round-Up

IT looks like being a middle table finish for Hethersett and Tas Valley's Saturday teams this season. With most of the club's teams having just five league games to go, the firsts are in fifth place in Norfolk Alliance Division Two and the seconds are sixth in Division Four. The thirds are sixth in the Norfolk League Division Three Central and the fourths in seventh place in Division Four.

A review of July games follows:

June 30th/July 1st

Hethersett and Tas Valley enjoyed a spectacularly successful week of results with just one defeat for the senior sides and some notable victories.

The good run kicked off with the midweek side reaching the semi-finals of the Mid Norfolk League's Hunts Cup with a six wicket quarter-final victory over Great Melton. Melton hit 160-6 in their 16 eight ball overs and Valley replied with 165-4 with opener Ian Bryce hitting an unbeaten 81.

Three of the Saturday sides recorded victories with the firsts inflicting another defeat on neighbours Great Melton. Melton were bowled out for 155 in exactly 45 overs with Indira Nanayakkara taking 4-23. Bryce continued his run of form as he hit 58 in Valley's reply of 159-6 in just 31.2 overs.

Valley Seconds were the only club team to lose – going down to Hockwold in a high scoring game that saw over 530 runs amassed. Hockwold hit 279-5 with Roy Bland hammering 101. Valley did well but found the target just too tough and finished on 253-9 with James Hipperson hitting 50 and Sam Morton an unbeaten 69.

Valley Thirds beat Topcroft by seven wickets to continue their recent good run. Topcroft were restricted to 190-8 and Valley replied with 191-3 with Stephen Hayes hitting 54 and Richard Ellis an unbeaten 67.

Valley Fourth's were celebrating their first league win of the campaign with an impressive showing against Diss Thirds. Diss hit 226-6 – a target that would have been beyond Hethersett's grasp on many occasions. This time they responded with some hefty blows to hit 228-7 with Joe McKenna scoring 72.

The Sunday League side are just one point behind Burgess Shield Division One leaders Caister after winning their top-of-the-table clash. Caister set a solid target of 224-7 (Al Watts 4-33) but it proved insufficient as Valley responded with 225-2 from 37.4 overs with Damian Fahy hitting 79, Robbie Matthews 65, Tristan Hunt 36 not out and Tom Osborn 32 not out. Fahy and Matthews put on 135 for

the first wicket.

July 7th/8th

Valley Firsts achieved a rare double over Great Witchingham. After beating them on the first day of the 2018 season they achieved another comfortable victory at Flordon. They bowled Witchingham out for 77 with spinner Indika Nayakkara taking 5-9 from six overs. Hethersett had no problem reaching their target with 82 for the loss of just one wicket.

The Seconds beat Stow by five wickets. Stow hit 201-5 and Hethersett replied with 202-6 with Thomas Nix hitting an unbeaten 93.

Valley Thirds lost by 59 runs at Cringleford. Cringleford scored 210-6 and then bowled Valley out for 151 with Mark Creasey scoring 59. Hethersett Fourths lost to Norwich Bystanders by seven wickets. Hethersett were all out for 56 and Bystanders replied with 57-3.

July 14th/15th

Only the third team were victorious on Saturday July 14th. The first went down to Swaffham by nine wickets. Valley were bowled out for 169 with Matt Steward top scoring with 40. Swaffham reached their target with 170-1.

Valley seconds lost to Rocklands by 84 runs. Rocklands scored 280-7 with Ross Hazard taking 4-53. Hethersett were bowled out for 196 with Ian Harrison hitting 49 and Dean Parfitt 54.

The Thirds beat Rackheath by five wickets after bowling the opposition out for 80 and then replying with 82-5. The fourths lost to Garboldisham by four wickets despite hitting an impressive 238-3 with John Street 104 not out and Chris Westbury 41. Garboldisham replied with 239-6.

July 21st/22nd

Hethersett inflicted a crushing defeat on Mattishall after bowling the visitors out for just 94 in 33.5 overs with John Curtis taking 4-19. They then reached their target in just 12.3 overs with Ian Bryce unbeaten on 60..

The seconds were humbled by Sheringham who scored 313-7 and then bowled Valley out for 77.

Valley Thirds lost to New Buckenham by three wickets. Hethersett were all out for 161 and Buckenham replied with 164-7 with Stuart Last taking 4-31. The fourths lost to Colney by 191 runs. Colney 241-7 (Abigail Sutherland 4-32), Hethersett 50 all out.

Hethersett Over-40s beat Tivetshall by 13 runs. Hethersett 164-2 (Dean Parfitt 33, Paul Reeve 31, Damian Fahy 30). Tivetshall 151-7

Busy Time for Hawks

HETHERSETT Hawks/Myhill Decorators had a very busy couple of weeks starting with three riders at Bury in Lancashire for the first national round of the British Youth and Junior League and Little League. Owen Wells finished third in the Under-18s' B Final, Josie Kell second in the Girls' C Final and Shaun Kell second in the Under-10s' D Final.

Next up it was league matches at Great Blakenham where the first team trailed by just six points after 10 heats but conceded four 7-3 defeats in the remaining heats to lose by 21 points.

The B team gained revenge with a 14-point victory with former top Norfolk junior Kieran Parr making a comeback in a Hawks debut. Owen Wells dropped just one point.

Five Club members represented the sport in the multi-discipline annual Gas Hill Gasp race in Norwich. Shaun Kell (Under-10s), Owen Wells (Under-16s) and Harley Hamill all won their races with Owen finishing second in the all-discipline Under-16 event. Harley went on the next day to race for Ireland in the home internationals in Suffolk.

The Hawks rounded off a busy nine days with home matches against Kesgrave and East London. The Londoners were down on riders and, even with guest riders, failed to beat the Hawks' B team for whom Liam Webster was unbeaten.

A very competitive Division One match followed with Hawks and Kesgrave evenly matched. Hethersett got in front in heat three and opened up a three-point lead by heat 12.

Then a double pass by the Brinkhoff brothers put the visitors in front. Leigh Cossey and Dan Butler regained the lead for the Hawks before Webster engineered a 7-3 win with Paul Delaiche to set up a team victory. Hethersett's trump card was a cameo return by former Norfolk Champion Dave Martin.

The B team match was less tense as the unbeaten league leaders from Kesgrave coasted to a victory with Wells and Webster doing their best to contain them.

Results -Division 1 - Great Blakenham 100, Hethersett 79 (D. Chambers 15+2, L. Webster 14+1, H. Hamill 13+1, O. Wells 12+1, L. Cossey 9+1, O. Buxton 8+2, D. Adams 5+1, P. Delaiche 2, C. Lyth 1.

Hethersett 92, Kesgrave 82.

Division 2 - Great Blakenham B 73, Hethersett B 87 (O. Wells 19, K. Parr 15+1, D. Adams 11+3, P. Delaiche 10+2, C. Lytrh 9+1, D. Longlands 8+2, S. Kell 8, N. Longlands 7.

Hethersett B 76, East London 41; Hethersett B 65, Kesgrave B 94.

Hawks travelled to Kesgrave for a Sunday morning fixture and found their Suffolk opponents in a mood for revenge after the previous week's defeat at Hethersett. It certainly was a wake-up call for the Hawks who had a much weaker team and, due to a late call-off, were a rider short.

Kesgrave won every heat bar one in the first half with Dan Chambers the only visiting heat winner. The second half was equally tough despite Leigh Cossey winning his three outings in the half.

Kesgrave 115, Hethersett 61 (L. Cossey 14, D. Chambers 12, G. Morgan 8 O. Wells 8, D. Longlands 8, D. Butler 7, B. Kell 4).

Unbeaten League leaders Kesgrave were also rampant in Division Two with the Hawks having to draft in restricted rider Chambers and concede 15 points. He did match that deficit on the track to nullify the loss and there were wins for Glyn Morgan, Dan Butler and two from Owen Wells but Kesgrave still won by 14 points without the bonus points.

Kesgrave B (86+15) 101, Hethersett B 72 (D. Chambers, 15, G. Morgan 15, O. Wells 15, D. Butler 13, B. Kell 9, D. Longlands 5).

In midweek there were wins for Shaun Kell (Under-10s), Paul Delaiche (Under-16s) and Liam Webster (Seniors) at the Go-Ride and Senior Grand Prix at Eaton Park.

Sports Reports Needed

We are happy to carry reports and results from sports clubs from Hethersett or with connections to the village.

If you would like your club featured just send the details to petersteward@lineone.net. Photographs are particularly appreciated.

Your help will allow us to continue to expand the coverage of sport/leisure and fitness in our award winning village.