Celebration Time Again

Hethersett residents are once again being invited to party – from a safe distance of course.

VJ (Victory in Japan) Day will be celebrated on 15th August and the parish council is keen to see more street parties taking place along the lines of the VE Day celebrations.

The council will be distributing another leaflet to residents inviting them out onto the streets to again show their support for all those who fought in the Second World War.

A Lasting Legacy

A FOOD bank could be a lasting legacy for Hethersett once the Covid 19 pandemic is over.

A group set-up under the auspices of Hethersett Parish Council is looking at providing a permanent food bank using part of a £1,000 grant given to the village by South Norfolk Council.

The grant will also be used to provide food parcels for the needy during lockdown.

A Covid 19 Community Response Working Group was set up to explore ways in which the £1,000 grant could meet the needs of the most vulnerable residents. The grant was given to pay for food, essentials, PPE and printing costs to deliver food parcels and information leaflets to vulnerable residents.

It is almost certain that the needs of the vulnerable will continue to increase and the new working party is also keen to promote a number of other local groups including Hethersett Parochial Charity, the Back Lane food shelf and the Hethersett Hearts group.

It was agreed that food parcels should focus on basic food supplies and that a lasting legacy could follow in the form of a long term sustainable village food bank staffed by volunteers. Steps are being taken to identify a high profile operating base easily accessible to the public. Local companies and shops are also being contacted to see if they will contribute food.
MAIN CONTENT

VANDALS ATTACK VILLAGE WOODLAND TRAIL 04
LITTLE MELTON BUS CAMPAIGN SUCCESS 05
OVERGROWN HEDGES CONCERN 06
MARATHON EFFORT BY HANNAH 08
PITCH GRANT BOOST FOR HETHERSETT ATHLETIC 10
WHAT HAVE YOU MISSED DURING LOCKDOWN? 12
TRIBUTES PAID TO ELIZABETH CAPLETON 19
PRIMARY SCHOOL EXTENSION UPDATE 20
TRIBUTES PAID TO FORMER WOODSIDE HEAD 25
MENTAL HEALTH HETHERSETT SPECIAL ARTICLE 27
FORMER PUPILS AND NORFOLK POLICE PROTECT HERITAGE 35
HETHERSETT’S WOODLAND TRAIL 41
STREET FOOD COMES TO HETHERSETT 45
WHAT I LIKE ABOUT HETHERSETT—NEW SERIES 53
THE DAY THE CARNIVAL CAME TO HETHERSETT 55
DIGGING UP THE PAST—ARCHEOLOGICAL WORK IN VILLAGE 61
MORE ABOUT PUMP HALL WITH LEWIS BUCKINGHAM 69
MORE MEMORIES OF VE DAY 79
THE DAY MANCHESTER UNITED TRAINED IN HETHERSETT 80
YOUTH CLUB’S VIRTUAL DOG SHOW 84
HANNAH’S HETHERSETT LIFE 91
WARWICK CAPTURES THE VILLAGE 98
HETHERSETT HEDGEHOGS 110
A Message From The Editor

I would like to thank everyone who has taken Hethersett Herald to their hearts.

Hopefully the e-magazine is now an integral part of village life.

When we started it was very much a one-man band. Now we have a whole host of people contributing on a monthly basis and that's exactly how I gauge the success of the publication.

Each month now I no longer have to ask the question “where is the information coming from?” Now my only question is “have I had x’s regular column.”

So as more and more people contribute with their information, stories and photographs, I have more time to focus on the issues behind some of the stories. I find myself writing in a slightly different style—more chatty than I am used to and that is helped considerably by this e-magazine becoming a community effort.

There is no doubt in my mind that Herald will continue to grow. So if you have ever wanted to contribute do go ahead. This edition seems to be particularly newsy.

Lockdown has also given us the chance to look through old files and we hope you enjoy our two part Down Memory Lane feature.

Readers love reminiscing about the immediate past and, in our articles on the Hethersett May Day Carnival of 1993 and the day Manchester United trained on the memorial Playing Field in 1991, there is plenty of opportunity to recognise people that you know (albeit very young versions).

Having lots of contributors also gives more variety to the content and views expressed in the magazine.

There are lots more blasts from the past on the daily blog that I have been writing since lockdown. You can view these which cover the period from the end of March to the end of June by going to www.peterowensteward.weebly.com/blog

Hopefully by the time our next edition comes out the village will be getting back to some kind of normality and we can begin to enjoy some of the things we have missed and you can read about some of these in our special feature on page 12.

I hope, as always, that you enjoy this edition of Hethersett Herald. Please pass details on to anyone you know so that we can continue to increase our readership.
ONE thing lockdown has shown us is what a wonderful community we have in Hethersett writes Peter Steward.

And that makes it even more difficult to report the other side of the coin.

Over many years, the village has been subjected to mindless acts of vandalism that has often spoiled the enjoyment of local residents. I remember football goals and the pavilion being damaged on the Memorial Playing Field and many other instances.

In May, Craig Broughton and Katie Utting brightened all our lives with their artwork, much of which was featured in and around the fields of Hethersett. Unfortunately a woodland trail had to be taken down early due to some of the artwork being stolen and others being damaged.

The news of the vandalism was broken by Katie on Facebook:

“I am at the art trail and have found that the bear, the horse and the bug have been stolen, the kingfisher has been taken off the tree, the leg of a fox snapped, the bunting stolen and another bug is on the floor. I will be taking the remaining work down as of today. Thank you to everyone who enjoyed the trail and for all your positive words about it.”

Fortunately the Kingfisher was re-installed and the duo left seven pieces of their work up for families to find.

The vandalism brought a swift response on Facebook from supporters of the Woodland Trail.

“What a shame as so many people were enjoying it! Why can’t people leave other people’s property alone?”

“I am so sorry to read this! Feel absolutely disgusted that anyone would purposely destroy something. We didn’t get a chance to see the trail unfortunately as we’re hoping to go this weekend. What a shame that someone’s selfish actions have ruined it for everyone! So sorry and thank you for your hard work it was a wonderful gesture.”
“Makes me angry and sad.....always a few spoil it for the many. All the creative talent and time (and expense) wasted and spoilt.”

Other views were in slightly stronger language. None of this can detract, however, from the success of the lockdown art and woodland trails which have brought a breath of fresh air to the village during some very difficult times.

There are plenty more photographs of the Woodland Trail in this edition of Hethersett Herald.

**Little Melton Campaign Success**

OVER the past year we have supported a campaign by parents and carers from Little Melton angered by the withdrawal of their school transport taking youngsters to Hethersett Academy.

Now news has come through that the Semmence Coaches number nine service will be diverted to include Little Melton in its route. The new service was announced on the Little Melton Bus Campaign Facebook page with the following words:

“We have some good news. David Bills has spoken to county and they will have a bus diverted to Little Melton from September so that Little Melton students have an option for getting to school in Hethersett. This would be at parents’ own cost, as the students are not entitled to free home to school transport.”

The weekday service number nine will pick up from the School Lane phone box in Little Melton at 8.24 am, arriving at Hethersett Academy at about 8.30 am. The return journey will leave Hethersett Academy at 3 pm and 4 pm, arriving back at Little Melton at 3.09 and 4.09 pm. The bus will also provide a service for pupils from Cringleford.

A single ticket will be £1.50, a return £2.40, a weekly ticket £10 and a monthly ticker £36. Leader of the campaign Jessica Cole said she was pleased with the outcome: “There will be no free school bus, so the fact we now actually have a bus that goes at the right times to and from Hethersett gives people the options to use it if they need to or find other transport,” she said on the group’s Facebook page.

A number of posts applauded the work of the group: “That’s fantastic news and a great option for those who are unable to be taken and picked up every day and without the dangers of walking or cycling especially in the winter months,” one person commented.

Hethersett’s County Councillor David Bills said: “I am pleased to say that we at County have reached an agreement with the bus company. I would like to thank both the parents and County officers for their participation and help.”
ONE of the things that has come out of the lockdown has been the caring nature of Hethersett’s community.

But there is one aspect of local life that is causing concerns to many residents.

A number of areas of concern seem to be a perennial problem in our village—petty vandalism, dog mess and car parking amongst them.

One of the most annoying and potentially dangerous is overhanging trees and hedges.

Throughout the Spring there have been many instances of pavements being unusable due to overhanging foliage with pedestrians having to go into the road.

This in itself is dangerous, but to those with young children in pushchairs, people in wheelchairs and people with impaired vision, the dangers can be even greater and more significant.

A post on Facebook from Ella Sparrow certainly hit a chord with concerned Hethersett residents.

“As a blind individual I am finding it increasingly difficult to walk my usual routes around the local area. There are countless bushes/trees overhanging onto and dominating the pavements. As my long cane helps me navigate my way round using reference points these overgrown obstacles disorientate me and are difficult to manoeuvre around safely," she said.

It must be pointed out that Ella doesn’t live in Hethersett, but she was highlighting a problem that exists throughout the country and definitely in our village as residents were quick to point out.

Beki Cozens, who does live in the village, said: “My son is visually impaired and I have often seen overgrown hedges especially on his route to school that have caught him in the face. He
works out where they are now but, as he has not walked the route for a few months and spring has turned into summer and the growth of the vegetation over the pathways has massively increased, it just concerns me that people have no reason not to keep this cut back.”

Overhead dangling foliage on public paths can prove a facial hazard for visually impaired people.

Another Hethersett resident said: “I reported low overhanging trees to South Norfolk Council as I believe it is their responsibility some time ago and said it’s causing issues on paths for access and preventing social distancing for people passing. They just told me it had been noted, but no action has been taken.”

Another resident said: “I was only having that conversation with my husband on our walk this afternoon, he’s just over 6ft, average height, and had to duck under several overhanging trees. With social distancing measures in place, hedges need a hard cutting back. They are a problem. Parents with prams/pushchairs or wheelchair users must get very frustrated. With our road widths being reduced, it’s essential that paths are kept as wide as possible.”

Another said: “It drives me nuts having to go on the road to avoid overhanging trees and bushes!.”

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**Food Outlets To Continue**

Hethersett Parish Council has extended its permission for two food outlets to continue trading from the village hall car park during lockdown.

The fish and chip van will continue on Friday evenings although the owners have confirmed that they will no longer be there on Mondays.

Elsie’s Pizzas will continue to serve food on Saturdays.

The ad hoc agreement is being assessed on a month to month basis during the period of lockdown.

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**Cyclepath Update**

The final stretch of the cycleway linking Thickthorn to Wymondham is due to be completed in early July with road resurfacing then taking place over the weekend of July 12th and 13th.

This has been welcomed by Hethersett’s County Councillor David Bills: “Having seen the growing use of the cycleway by cyclists and walkers both young and not so young during the past months, I am sure the latest section will also be well used,” he said.
OUR very own Hannah Harrison has been making the news as well as writing it this month.

Hannah, who is an associate editor of Hethersett Herald, was featured in the Eastern Daily Press Newspaper after a marathon effort which saw her cycle 12 km a day every day in May from her static bike at her home in aid of homeless people in Norwich.

Hannah is a volunteer for the Anon Street Team in Norwich as she explained on her Go Fund Me page:

“I’ve been volunteering for Anon Street Team in Norwich for a few months. At the moment I cook bulk meals to be taken out once a month and served on the street.

“A few times I’ve served the food myself and seen all walks of life coming to get a hot meal. After each time I’ve been out I’ve come home in tears because it’s heart breaking and, no matter how hard we try, it isn’t enough.
“Now even more than ever, Anon needs funds to buy food, clothing, sleeping bags, toiletries and so much more,” she said.

So Hannah set out to achieve something that, for her, amounted to quite a marathon challenge.

“I decided to cycle 12k (7.4 miles) every day in May on my exercise bike. That was a total of 372k or 230 miles. To an experienced cyclist that would be a piece of cake, but I am not an experienced cyclist. I’m overweight and unfit but I have determination. Anon Team Norwich is a grassroots group run solely by volunteers who give up their time to cook massive meals, donate food, donate money, collect donated food from others and supermarkets, serve the food and care for the general well-being of these people who aren’t always treated like people on Norwich streets.

“I would love to rid the streets of all homeless people and by that I mean have them housed, clothed and fed, but it’s a mammoth task. It’s a start just by raising some money,” Hannah said.

She wasn’t alone in her efforts, however, as her mum Wendy also took part in the challenge on her outdoor bike.

“‘My mum did it as well, just for some moral support, but she ended up doing 12k per day on her actual bike. She’s 63 and she managed it as well,” Hannah told the Eastern Daily Press newspaper.

Hannah has reached her target. At the time of going to press she had raised, £1,080, having set herself a goal of £1,000.

You can read Hannah’s regular column later in this edition.
Pitch Grant Boost For Hethersett FC

HETHERSETT Athletic Football Club has received a shot in the arm with a £5,000 Pitch Preparation Fund grant from the Premier League, the FA and the Government’s Football Foundation.

The Pitch Preparation Fund was set up in support of the game, which is currently facing unprecedented challenges because of the COVID-19 outbreak. The Fund is providing grants to clubs that have lost out on normal revenue streams during this difficult period.

The funding will enable Hethersett Athletic, which has teams in the Norwich and District Sunday League, Central and South Norfolk League and Norfolk Combined Youth Football League, to prepare its football pitches so that they are match-fit for when it is safe to play football again.

The club can use its grant towards paying for the cost of materials and work such as verti-draining, chain harrowing, rolling, over-seeding, fertilising, weed-killing, and routine preparatory work such as grass cutting and the setting out and line-marking of pitches.

Clubs and other organisations are also being given access to the Football Foundation Groundskeeping Community. This is a free online resource the Foundation developed with The FA and the Grounds Management Association, containing advice and guidance. Anyone in Hethersett can sign up at https://thefa.hivelearning.com/groundskeeping.

Neal Luther, Chairman of Hethersett Athletic FC, said: “This is a great initiative from the Football Foundation to help and support grassroots football clubs in maintaining and getting the football pitches ready for when we will be allowed to finally return to playing games.”

Robert Sullivan, Interim Chief Executive of the Football Foundation, said: “This is a vital grant to help Hethersett Athletic FC get its pitches match-fit.

“The Premier League, The FA and Government’s Football Foundation exists to help provide quality infrastructure at the lower-levels of the game. Pitch Preparation Fund grants like this one are giving a helping hand to clubs across the coun-
try to get their playing surfaces ready for when the game is allowed to begin again following government advice.”

The Football Foundation is a charity funded by the Premier League, The FA and the Government, through Sport England.

The Premier League, The FA and Government’s Football Foundation is the largest sports charity in the UK. It champions and supports fair access to quality football facilities for everyone, regardless of postcode, gender, race, disability or place.

The Foundation receives money from the Premier League, The FA and the Department for Digital, Culture, Media and Sport (DCMS), through Sport England. This is matched with partnership funding and awarded as grants to create outstanding grassroots facilities that enable better games and attract more players, helping to transform communities.

The Football Foundation celebrates its 20th anniversary next year. Since 2000, it has awarded more than 17,300 grants to improve facilities worth more than £684m – including 829 artificial grass pitches, 3,175 natural grass pitches and 1,100 changing facilities. This has attracted an additional £870m of partnership funding – totalling over £1.5bn investment in grassroots football so far.

Through the Foundation, the Premier League, The FA, DCMS and Sport England have come together to create the National Football Facilities Strategy (NFFS) that will guide work over the next 10 years to transform many more local facilities. Local Football Facility Plans (LFFP) are being created to identify priority projects where demand is greatest, and the impact will be strongest and help stimulate the action required to deliver them.

Visit footballfoundation.org.uk for more information on the Foundation. For more information about Hethersett Athletic visit their official website at www.hethersettathletic.com.
What Have You Missed?

What have you missed doing since lockdown? That’s the question we posed on the All Things Hethersett Facebook page. Within hours of posting we had received over 50 replies. We said that missing friends and families was a given and below are just some of the replies we received. We hope it whets your appetite for when the lockdown is over.

“I miss being free. Free to pop into a friends for coffee, having my parents for a meal, playing cards, just going to the coast or going to a restaurant and the cinema. Going to work and I miss my freedom.”

“I miss popping into Janey’s for a cuppa with my daughter. I miss the church bells on a Thursday evening. I miss the planes going over from Norwich every Sunday heading to the Canaries and wishing I was on one, (but not now thanks) but of course most of all I miss family and friends from the village.”

“I miss convenience. Being able to nip out for a loaf of bread or ingredients for tea I’ve forgotten etc and be home in five minutes. I miss going out shopping in the city, ambling round, trying things on, grabbing bargains, debating where to go for lunch, and then just going for lunch. Shopping used to be a real joy for me, it’s a chore now and as for not being able to try things on ……”

“Really miss the nights down the social club with my friends watching Norwich games.”

“I miss the sound of the children playing in the school playground. Life has been very quiet without them. I’m sure my cat Gracie, who sits on the front fence every school morning waiting to be stroked, misses them too. I miss working in the PACT shop and seeing all of the lovely people.”

“I miss working at PACT charity shop in the village, I miss seeing all our lovely customers. I miss being useful, helping in something that I love and enjoy. Can’t wait for it to re open.”

“I have missed the young children walking past my house in the mornings for school. Taking my two year old to the park, bounce and rhyme, first steps nursery. Meeting my friends and having a coffee at either Kin or farm shop.”
“I miss not having my freedom but what I love about Hethersett since lockdown
is, after 10 years. I’ve gotten to know my neighbours. I also like how people
have come to the aid of others and that I’ve discovered the village by walking
for exercise.”

“I miss going to work at Woodside. I miss teaching my Zumba and Powerhoop
classes in Hethersett.”

“I am missing lunch with friends at Janey’s. Also, as it would have been the
youth club fete and dog show at the end of June, I am missing the busyness of
the preparation, the wonderful team who help get everything together and are
so welcoming.”

“Missing my Walking Hockey group, Parkrun, various sporting events that I was
due to attend and visiting my daughter in London as well as weekly visits to
Norfolk cafes.”

“I miss taking my boys swimming and walking to school and chatting with
friends, I miss teaching my Zumba class face to face although I’m trying to man-
age online.”

“I no longer live in the village and miss coming to visit and going to Janeys.”

“I miss First Steps Playgroup and seeing all the lovely families that come.”

“I miss Rowan House Health and Well Being Centre. Always someone there to
fix any part—body and mind.”

“I miss my Slimming World group.”

“I miss the pub and café for chats, familiar faces and great food.”

“I miss the charity shop. So friendly and so many interesting and useful finds.”

“The kids are really missing the sports clubs. I miss going out with my friends
and all the children and parents at Woodside School. Oh and football, Moto GP
and Formula One.”

“I miss working from my little cabin in the garden, making lovely people feel
pampered.

“I miss the social side of life and playing pool.”

“I miss going to Kin @ Rowan House, it had become one of my favourite places
to go and have a healthy toastie, coffee and chat with the staff who I feel have
become friends. I miss even freely going to Tesco and chatting to people I knew
on the way round or the staff I’ve gotten to know just by how much I go in there.
I miss going into the library and spending an hour or two enjoying seeing what
they have to offer, my daughter particularly misses running around jumping on
the numbers and letters mat. I miss Messy Church at St Remigius, such a love-
ly way to spend a Saturday afternoon, full of kindness (and food).”

A big thank you to everyone who contributed to this. You can read all the replies
in full by going to the All Things Hethersett Facebook page for 6th June.
WITH lockdown restrictions due to be eased on July 4th a number of local outlets will be opening up their businesses but not all. Below are details that have been sent to us and where possible we have included a website address so that you can check further details.

Park Farm Hotel will re-open on the 4th but the leisure centre, gym and spa will remain closed for the immediate future.

“Our rooms are now available to book from 4th July and we will be opening for lunch and dinner for non residents form 6th July. This will be on a reservation only basis so, unfortunately, we won’t be able to accept walk ins just yet,” a spokesperson said.

The hotel has “taken all the necessary steps” to ensure it is COVID secure including a micron virus shield coating around all areas of the hotel.

Hethersett Queen’s Head will be back in business on the 4th with restrictions in place and an improved garden area. See the photograph on page 16 and further details on page 17.

Café Kin has been serving takeaway drinks and cakes for some while but is hoping to extend its menu and also have some tables and chairs outside from the 4th. The café will be serving food on Fridays and Saturdays from the 4th.

Shed Seven men’s hairdressers in Park Green will also begin taking customers on 4th July which will come as great news for those whose hair has become a touch unkempt.

Hot Pepper Creative Hair will also be trading from 4th July. More details on https://www.hotpepperhair.co.uk/

Hodge Podge in Oak Square has re-opened with some restrictions on numbers and shorter opening hours: The shop will be open from 10 am until 3 pm on Thursdays and Saturdays and from 10 am until 2 pm on Fridays. Only one customer (unless people are together) will be allowed in the store at a time.

The business has been diversifying during lockdown and offering a free delivery service in Hethersett and Mulbarton and also working on increasing its online presence.

Merrylegs Dog Grooming and dog walking service has re-opened.

The Miaow cat sitting service has resumed. This is based in Mulbarton but also covers Hethersett. For more details visit the website www.miaowcatsitting.co.uk.

Blind Vision which supplies window blinds and shutters from Churchfields is also doing business again. More information on https://www.facebook.com/
Mr Cycle mobile bike repair service which includes Hethersett is also up and running again. More details on https://www.mrcycle.co.uk/

Kett’s Kabin charity shop in Queen’s Road will re-open on 20th July. The shop has been providing a delivery service during lockdown. More information on https://www.facebook.com/kettskabin/

St Remigius Church is planning to re-open on 1st July for individual visits and private prayer, but the church will have limited opening hours. Morning prayer services will be introduced on 5th July.

The building will be open on Wednesdays and Sundays from 10 am until midday and morning prayer sessions will take place on Sundays at 10.30 am.

Little Melton Church will be open from 10 am until midday on Sundays and Great Melton on Fridays from 11 am until 1 pm. Rector of Hethersett the Rev Derek McClean said: “We are looking forward to welcoming people back to our services.”

Hethersett Social Club will not be re-opening on 4th July. “We would ask customers to bear with us and be patient, as we will need some time to plan out how things work and to put into place all measures that will be required once the guidelines have been announced,” the venue said.

Hethersett Library is likely to be open again in the relatively near future but, at the time of going to publication, no exact date had been set. Wymondham Library and a number of others across Norfolk will be open again from 6th July.

Wymondham-based Agility Ability dog training which covers Hethersett is open for one to one private lessons. More details on https://www.facebook.com/AgilityAbilityNorfolk/

Sarah Godwin Beauty Products and Treatments has been functioning throughout lockdown and has been doing Zoom social media pamper sessions. Check this out and also Sarah’s Temple Spa on Norwich Road by going to https://www.facebook.com/sarahstemplespa/

Darcey’s Home Fragrances has also been very active. Check out their Facebook page at https://www.facebook.com/groups/2576980022561624/ and pizza-based company Yellow Door Eats can be found on Facebook.

Further information of changes to businesses, re-openings etc that we receive will be posted on the All Things Hethersett Facebook page.

We can’t end without once again thanking all those businesses that have been able to keep open during the lockdown.

These have included Tesco Express, Park Drive Stores, Church Farm Shop and Hethersett Post Office and a number of others which have been providing essential services to the village.
Hethersett Queen’s Head is preparing to re-open with a new look outside area. The venue will be open again from 4th July with certain restrictions in place. You can read more about this on the next page.
HETHERSETT Queen’s Head will be opening its doors again on 4th July.

The pub has a new outdoor area which is pictured on the previous page and will be operating a one way system for entry and exit.

Nevertheless it should be able to cater for over 100 people, even taking social distancing into account.

There will be a new menu in operation but it is hoped that Sunday roasts can be included. There will be no salad bar, however.

Opening hours will be slightly restricted and will be from 10 am until 10 pm Sundays to Thursdays and 10 am until 11 pm Fridays and Saturdays. These hours are subject to change.

Food will be served from 11.45 am until 2 pm and 6 to 8.30 pm on Mondays to Thursdays inclusive, from 11.45 am until 9 pm on Fridays and Saturdays and from midday to 3 pm and 4 to 8.30 pm on Sundays.

Orders will be taken at tables. It is advisable to book but casual visitors will be accommodated wherever possible, although this cannot be 100% guaranteed.
Meanwhile at the King’s Head

HOPES of an early opening date for the King’s Head seem to have been dashed with news that would-be tenants Norfolk Table have pulled out of the venue and the owners Ei Publican Partnerships are once again looking for someone to take on the venue. Eagle-eyed resident Don Williamson found decorators at the venue towards the end of June but this just seems to be some basic remedial work being undertaken by the owners. We have put a call in to Ei Publican Partnerships for an update which we will post on social media once we receive a response.

Photographs courtesy of Don Williamson.
Death of Village Stalwart

TRIBUTES have been paid to village stalwart Elizabeth Capleton who has died, aged 79.

Elizabeth was a leading figure in village life and affairs in the 1980s and 1990s.

She served on Hethersett Parish Council from May 1979 until July 1999 and was chairman from 1991 to 1997.

Elizabeth was also a governor at Hethersett Middle School (now Hethersett Primary School) for many years. She officially opened the school’s new design and technology block and this is commemorated by a plaque in the school. She was also a big supporter of facilities for young people in the village and also of Hethersett Jubilee Youth Club.

Elizabeth was a Justice of the Peace (JP) and was appointed as a magistrate in 1985 and served on the Norwich bench until 2002. She died in a Wymondham care home on May 30th

At June’s parish council meeting, again held on the Zoom social media platform, current chairman Adrienne Quinlan said:

“Sadly, we have heard of the death of Elizabeth Capelton at the age of 79 in a care home in Wymondham. Elizabeth was a leading figure in the village for many years and lived in Firs Road with her husband Alan, a local dentist, and their children. She gave her time to many organisations within the village.”

Councillors observed a minute’s silence in memory of both Elizabeth and former head teacher Vivienne Horobin (tributes to Viv can be found elsewhere in this edition of Hethersett Herald).

The Capletons had four children, nine grandchildren and two great grandchildren.

A graveside funeral service was held at St Remigius on June 16th.

Donations in Elizabeth’s memory in aid of the East Anglian Air Ambulance can be sent to Ivan Fisher, Independent Funeral Home, 17 Park Drive, Hethersett, or by visiting www.ivanfisher.co.uk
WORK on the extension to Hethersett Voluntary Controlled Primary School in Queen’s Road has re-started after its enforced break due to the coronavirus pandemic.

A considerable amount of work was carried out pre-pandemic including:

Site clearance and earthworks followed by excavation and casting of concrete foundations; erection of the structural steel frame; including fitment of temporary roof level barriers; construction of a concrete retaining wall to the eastern site boundary; commencement of drainage pipework installations and incoming services works, commencement of masonry walls within building footprint as supports for flooring system.

Works planned for the period from June to July include:

Continuation of masonry works to sleeper walls and then perimeter walls; erection of access scaffolding to perimeter and high-level façade areas; installation of metal decking roof sheets to pitched roof areas; installation of pre-cast block and beam flooring system across building footprint; commencement of Structural Framing System (SFS) metal framed perimeter walling and ongoing below ground drainage and services works.
The photographs over the page are courtesy of Kier Construction and show the latest work in progress.

Also on this page are some examples of the colourful artwork on the site taken by the editor looking across from the car park of Rowan House.

Pupils and staff at Hethersett VC Church of England Primary School have made use of areas in the new development by turning them into works of art as our photographs on this page illustrate.
Great Melton Village Clerk Retires

THERE was a poignant moment when Great Melton Parish Council held its first ever virtual meeting on 7th May and said farewell to long-serving clerk Chris Lacey.

Chris has retired after 12 years working for the council and his place has been taken by Luisa Cantera. Luisa has previously clerked for Mattishall Parish Council.

Great Melton Parish Council has a new website on which you can find details of councillors, meetings and the history of the village. It can be accessed at https://greatmeltonpc.wixsite.com/greatmeltonpc/

The next council meeting will be on 16th July starting at 7.30 pm and it is likely that it will be held virtually. If you have a question or would like to join the next meeting, please contact Luisa Cantera at greatmeltonpc@gmail.com or call 07715 269340.

Hethersett Herald is happy to include news from the surrounding parishes of Great Melton, Little Melton and Ketteringham. If you would like something included please send it to editor Peter Steward at petersteward@lineone.net.

Opposite is another of Graham Fisher’s Foon Family cartoons which we are featuring during the current lockdown. We hope they bring a smile to your face.

You will find a number of others dotted around this edition of our Hethersett Herald e-magazine.
Hearing Care Centre Re-opens

THE Hearing Care Centre has re-opened in Hethersett with a safety promise.

As it begins to re-open its services after lockdown the centre has made a promise to anyone needing support with their hearing “Your safety is our priority”.

The company offers audiology and earwax removal services from Rowan House Well Being centre in Queen’s Road and also has 27 centres spread across Norfolk and Suffolk.

Audiologist Karen Finch, founder of the company said: “Following the comprehensive COVID-19 joint guidance from the UK’s audiology professional bodies, we have examined every single aspect of how we deliver our service to ensure that we can do so safely as we move forward. This has taken weeks of work and preparation but we are now totally confident that we can offer you the support you need in a safe way.”

Karen added: “The most satisfying part of being able to re-open for care is knowing that we offer a valuable and much needed service. The relief for patients after receiving our help and treatment has been overwhelming and emotional.

“It is great to once again be able to offer services in Hethersett and we are saying if you have discovered during lockdown you need support with your hearing, please don’t let hearing loss prolong your isolation. We are here for you.”

To book an appointment for audiology or earwax removal or to find out more visit www.hearingcarecentre.co.uk.

Established in 1998, the main practice is situated in Ipswich with a further 26 centres located locally in: Aldeburgh, Attleborough, Aylsham, Beccles, Bury St Edmunds, Carlton Colville, Dereham, Eye, Felixstowe, Framlingham, Hadleigh, Halesworth, Harleston, Hethersett, Hoveton, Ipswich East, Needham Market, Norwich, Southwold, Stowmarket, Sudbury, Thetford, Watton, Wickham Market and Woodbridge.
Recognising the Heroes

Still Time To Nominate

There’s still time to nominate your Lockdown Heroes. If you know of somebody who has gone that extra mile and been a hero during lockdown why not nominate them for a South Norfolk award?

South Norfolk Council is recognising and celebrating outstanding individuals who have gone above and beyond during the pandemic and have launched "COVID-19 Community Heroes."

The council is asking residents to put forward the stars of their community through its Facebook page and social media channels.

So come on Hethersett, let's get our community heroes recognised and thanked. Please let South Norfolk Council know through its Facebook page and social media channels using the hashtag #SouthNorfolkHeroes or on its website.

www.south-norfolk.gov.uk/covidheroes.

Closing date for nominations is 17th July.

Summer Reading Scheme Online

YOUNGSTERS are once again being encouraged to read throughout the coming summer holidays, although this year’s summer reading scheme will take place online.

Hethersett Library will be joining other branches throughout Norfolk. The only theme and rule this year is “read anything.” Being read to also counts.

You can see further details on this year’s scheme by going to https://summerreadingchallenge.org.uk/

At the time of going to publication there was no news as to when Hethersett Library will re-open but Wymondham Library will be open again from 6th July.
FULSOME tributes have been paid to former Head Teacher of Hethersett Woodside School Viv Horobin who has died.

As soon as the news came through of Viv’s passing, tributes began to appear on social media sites.

Parents and former colleagues were quick to point out what a big part Viv had played in their lives.

Comments from parents included the following:

“Very sad news about Viv Horobin. She was head when our daughter was at Woodside and was very highly thought of.”

"I am so sorry to hear of the passing of Viv Horobin, she was a wonderful head teacher and I am so grateful she taught all three of my children."

"She was a very kind and inspiring person, my kids were lucky to have her as their head teacher."

“A great head teacher. I was on the Friends of Woodside group. Lots of fun times with her. So sad.”

Anne Cathersides summed up what many others have been thinking: “So sad to hear about Viv passing. I met her for the first time when we were moving to the village and wanted to register my eldest for a reception September start. She couldn’t have been more welcoming. The report we received as newcomers was amazing and really helped us settle in. Viv was always available for a chat and advice. She continued to be available after all of our three moved on to the middle school. She made the school a family community and will be much missed.”

Two colleagues had this to say:
"She was a well liked head and great to work with."

"I always found her very caring, friendly, kind, interested in anything that affected her school and the children and staff and always wanting the best for them all. Those children always came first in her priorities. She truly was a pleasure to work with."

Viv retired from teaching in July, 1999, after 15 years as head of Woodside First and Nursery School.

Hethersett Parish Council remembered Viv at its June lockdown social media meeting: Councillor Samantha England remembered her with fondness as her teacher and Stephen Slack, himself a retired Head teacher, said he remembered her as an excellent Head, colleague and as “a very kind lady.”

Councillor Bridget Williamson remembered Viv from her time on the school PTA; “She was absolutely fantastic to work with,” she said.

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**Waiting to Resume**

**By Mel Perkins**

HETHERSETT Hawks/Yellow Brick Mortgages Cycle Speedway Club continues to await the go-ahead for any form of organised action on the track – British Cycling have suggested some club activities and coaching might be allowed in July but we are awaiting further details for our particular branch of the sport.

We are currently working on plans for improved trackside facilities. Our initial container, which acts as office, light refreshment area, first aid and small changing area, has been on site for 40 years and really is now only suitable for storage. High-level plans currently include an officials’ room, toilet, refreshment room and a workshop but we are at very early stages.

You can keep up to date with our activities on our website www.hethersetthawks.co.uk. I can also supply more details about the club by telephoning me on 01603 811304.
**Overcoming Mental Torment**

*By Peter Steward*

MANY residents will have suffered mental health problems during lockdown. It is now over 13 weeks since lockdown measures were imposed. Although there has been some relaxation, many people are still feeling the affects of not being able to see friends and family and not being able to “live a normal life”.

Back In November 2017, we carried a piece by a Hethersett resident about the history of mental illness and how it has affected her and her family. Recently two residents talked openly about their struggles with mental health issues. In a special article we re-run that item from 2017 along with a piece about the struggles of Andre Smith and David Wyatt. I am very grateful to David and Andre for permission to reproduce their comments here.

**Andre’s Honest Admission**

MENTAL health, or should that be mental unhealth, has become one of the prime concerns during lockdown with so many new pressures put on families and individuals. Some of those problems are obvious—lack of finance and lack of freedom being just two—but other problems can be hidden.

By his own admission Andre Smith comes over as “happy go lucky, gobby, annoying, rude and obnoxious” but there is another side to Andre as we have found out during lockdown as he initiated a delivery service in the early days and personally delivered groceries and essentials to the more vulnerable members of the community from “dawn to dusk.”

But, like many others, Andre has been hiding a personal anguish. During June he contemplated committing suicide and, in a massively frank admission, took to social media to talk about his feelings. Warning—the following includes some strong language.

"Friday morning I left my house, walked out on my wife, children and dog. I
was going to kill myself. I hadn't figured out how but that's what I wanted to
do. Clearly I didn't do that. I spent hours driving around the countryside of
Norfolk, crying, hurting, thinking, exhausted.

"Numerous phone calls from the police to see where I was. Knowing they
would be tracking my car whilst I just needed to clear my head.

"I wasn't sad or down, I just felt empty. Now in reflection I couldn't pin a mo-
ment or a reason. I still don't have one. I'm not depressed, I don't need medi-
cation. I'm just ….

"I am doing very well financially in lockdown, I have a wife and kids who love
me, I have a home, a decent car, money. In fact I have almost everything I
want... but on Friday something just wasn't right.

"After a few hours to chill I started to get calls, from people I don't really
speak to, from friends, from passing associates. I am loved. I do have peo-
ple around me and I'm here, typing this long arsed status most of you won't
even bother to read and I'm "ok".

"Now to the serious point, if I had died on Friday I wouldn't care. I wouldn't
have to explain to my kids why I was never coming home, to my parents why
I wouldn't need to borrow a tenner again, to my clients why I didn't invoice
this month, to my wife that she didn't do anything wrong.

"If I died I wouldn't end my confusion or emptiness I would just pass it to oth-
ers to deal with. Would my children understand that daddy loved them? Or
would they think they upset me?

"Would my wife know that I love her beyond words? Or would she think that
little argument the other week was the cause?

"If anyone on my friends list or otherwise EVER EVER EVER feels like they
are at the point of despair then please call me, text me, message me on
here. I will drop anything and come to get you, anywhere in the UK I will
come. You don't have to speak to me, you don't have to listen, but I will be
there.

"Mental health is mad - nobody can control it, I can't explain how I feel or
why I feel and if you want me to sit with you in the pissing rain whilst you try
to figure it out then shit, I'm your guy.

"And hopefully that day never comes, but if you feel low, or sad, or empty, or
off I'm ALWAYS here for a chat, your family are always there, your friends
are always there and there are people who care about you and love you - no
matter who you are or what you have done."

Many people immediately responded to Andre's brutally honest Facebook
message with messages of support - showing just how much he has been
valued during lockdown.
Contest Win Gave David Confidence

One of my daily blogs on Facebook during June focussed on Hethersett’s Olympic Legacy and all the events organised by the village in support of the 2012 London Olympic Games.

One of those events was a Hethersett’s Got Talent competition held in the village hall. Winner of the second competition was singer-songwriter David Wyatt. David returned the following year for a special guest appearance and performed a song especially written for the evening entitled “Ballad of the Lawnmower Man” a tribute to local do-it-yourself king Peter Hoult.

What people didn’t know at the time was that David was wrestling with his own mental demons. Following my blog, David got in touch to explain how appearing at the Hethersett’s Got Talent events helped him to climb out of serious depression. This is what he posted:

“I remember the talent contest well, the unknown back story of my participating related to a personal health fight of a long recovery from depression and life long anxiety. Through going on stage on the finals’ night that objective was achieved better than I anticipated, literally life changing. I was also lucky my wife captured my part in the event on video which incidentally is online on YouTube and I was invited back the following year for a musical support spot. For me the event marked a huge change for my own quality of life which continues to this day. Thanks to Hethersett community spirit."
A History of Mental Illness

*Below is the piece we featured in our November 2017 edition. That edition and all our other archive editions can be viewed by visiting www.hethersetsherald.weebly.com. This article was written by a Hethersett resident who asked to remain anonymous.*

“If you happened to have been born during the 19th Century and were unlucky enough to have given birth to an illegitimate baby you might well have ended up in a mental asylum. Taken there against your will, normally by a member of your own family, to live amongst a tsunami wave of mentally ill strangers. Some girls were placed there and forgotten, drugged, to keep them quiet, their babies taken from them after they gave birth and many remained there for the rest of their lives.

Thankfully society has moved on from those days and that wouldn’t happen now.

Mental Health is in a way like redundancy, divorce, bereavement or suicide; it doesn’t touch or affect you until you know someone that has suffered its effects.

If you break an arm or a leg, people sympathise and empathise with you because they can see your injury and pain and how you are struggling to cope. Not so with mental health, it’s a silent anguish and sometimes a killer.

If neighbours or friends find out you are suffering from depression, senile dementia or Alzheimer’s Disease to name but a few mental illnesses, they tend to avoid you like the plague because, for some reason or another, they seem to think it could be contagious.

In my own family I have had a grandfather who committed suicide when he was 49. He left a wife and four children to fend for themselves in the early 1930s, so aptly called the “depression” decade. Who wouldn’t have suffered a breakdown or temporary bout of insanity if they had to line up for work every day not knowing if they could get a job for that day or the next, an endless queue and toil? He might have been in physical pain from injuries sustained from carrying heavy carcasses as a meat porter. Probably he would have been in mental anguish thinking “how can I feed my family this week”.

Nobody knew what was going on in his mind. If he had survived he would have

Hethersett Herald 30 July 2020
ended up in prison, it was unlawful to take your own life. That was the help back in the 1930s, once again “lock them all up, that’ll solve the problem”. Little did we know then but hopefully we are a bit more aware now.

My sister-in-law suffered from depression, no-one knew what she was thinking when she took an overdose of pills and died at 30 years of age. She left a seven year old son, who consequently thought it was his fault. Then he gave his father the further heartbreak of trying to kill himself, when he was a teenager, when he inherited his mother’s mental health.

I also have another nephew who is not only depressed but also suffers from schizophrenia. He has already tried three times to commit suicide. The last time he was un-responsive when found and ended up with nerve damage to one of his arms and a fear of leaving the house. Who can read his mind and help him?

He just wants to get rid of the voices in his head and can’t. I could go on and on. There are work colleagues, friends and people all around us everywhere with these invisible diseases. As a society we are at last trying to come to terms with and address issues of mental health illnesses but we have only just seen the tip of the iceberg surface from under the deep waters and we still have a very long way to go. “

Homeowners Urged To Be Careful

NORFOLK Police have asked Hethersett residents to be vigilant after a series of reports of door handles to houses being tried.

Plain clothed police officers have been carrying out night-time foot patrols around Hethersett to try and deter would-be thieves.

If you have any information on this matter please contact PC Chris Boden on 101 or via e-mail at

Christopher.Boden@norfolk.pnn.police.uk
OUR plea is the same each month during (and even after) lockdown. Please support the local businesses that have supported you during coronavirus. And please support the local businesses that have yet to fully re-open when they do get going.

Once again here are details of two local businesses that continue to provide a takeaway service.

Janey’s village café in Mill Road is offering a restricted, but still varied, menu for pick-ups and deliveries on Fridays, Saturdays and Sundays from 10 am until 2 pm. Janey’s is accepting card payments for deliveries and either card or cash for pick ups. There is a £1 additional charge for delivery. A copy of the menu is above. The café is also doing ploughman’s lunches.

Café Kin at Rowan House also re-opened for takeaways. Part owner Maxine is photographed opposite. At the present time the café is doing takeaway drinks, cakes, pastries, milk shakes, smoothies and iced coffee.

“Given the warm weather it’s all going down very well,”

—an interview with Rachel Pailes, owner of Janey’s village café.
Ten Years of Service to Playing Field

AFTER a decade of helping to look after Hethersett Memorial Playing Field, trustee Rob Reeve has decided to retire.

His fellow trustees were quick to praise Rob’s contribution. They told Hethersett Herald:

“The Trustees of the Memorial Playing Field wish to record their appreciation of Rob following his retirement as a trustee. Rob was a patient, dedicated and supportive Chairman and has served as a valued trustee for 10 years latterly as Chair.

“Always ready to roll up his sleeves and help with repairs and maintenance, he managed many trials and tribulations of litter, failing and broken equipment and occasional vandalism along with taking into account the varying views of other trustees with relaxed humour and good nature.

“Rob frequently visited the field and inspected the playground, to check on the safety of the equipment. He retires in the knowledge that positive steps are being taken to refurbish the equipment on the playground area, and that at long last a plan to rebuild and refurbish the pavilion is beginning to take shape.

“We thank Rob for his hard work, dedication and enthusiasm, his contribution will be missed by all.”

said Rachel Pailes from Café Kin, adding that the café is open Mondays, Wednesdays and Fridays from 8 am until 11 am and Saturdays from 9 am until midday.

“We will be looking to expand back into food and bring back more staff once we can justify it financially,” Rachel added.

Tasty Bites and the Sunrise Chinese in Great Melton Road are also operating for takeaway meals with social distancing rules in place and a fish and chip van currently comes to the village hall car park in Back Lane between 4.30 and 8 pm on Fridays, although previous Monday sessions have now been dropped.

As reported elsewhere a pizza service is also available from the village hall car park on Saturdays from 4 pm. This is also being monitored on a month by month basis but is likely to stay until lockdown is over and the village hall has returned as a village venue.

Oh and an ice cream van is now regularly visiting the village.

Also see our article on a new street food initiative on page 45.
A massive thank you from Hethersett Herald for all those heroes and heroines from the village who have been supporting the elderly and vulnerable in any way doing these unprecedented times.

You really are the Heart of Hethersett.

Thanks also to everyone who stood in their gardens every Thursday evening to “clap for heroes.” This lasted for over 10 weeks during the lockdown.

And of course to all those who took part in VE day celebrations at the end of May.

We can do it all again as we celebrate the 75th anniversary of VJ (Victory in Japan) Day on August 15th. Look out for a parish council flyer being delivered in the near future.

HETHERSETT Memorial Playing Field is preparing to spring back into life in the not too distant future as trustee Mel Perkins MBE explains:

“It has been good to see some activity on the field again as the Bowls Club have opened up for limited use by members within Government guidelines. Croquet is also looking to get started. We have had a number of requests from outdoor fitness groups which may proceed once restrictions are eased. Groups looking to use the field are reminded that all organised activities have to be booked and authorised by the Trustees.

“We have taken the opportunity with the playground being closed to have the equipment painted and have now been able to authorise completion of the whole play area. It will look good once we are able to open it to children again.

Following receipt of a Retail, Hospitality and Leisure Grant from the Government, we have also arranged clearance of the old petanque area and the former swings base plus an improved entrance to the playground.

In a virtual Zoom meeting of Trustees in June we welcomed new Trustee Phil Hardy and we will be looking to confirm a final seventh Trustee shortly. At the meeting Mike Stark was elected as the new Chair of Trustees.
Working In Partnership to Keep Old Hall School’s Legacy Alive

FORMER pupils from Hethersett Old Hall School have been working with the new owners of the site—Norfolk Police—to ensure that the school’s legacy lives on.

The latest newsletter for former staff and pupils praises the police’s commitment to keeping the school’s memories alive.

The newsletter also gives extensive updates on changes being made within the buildings.

“The Jubilee Building is under full renovation. All the classrooms have been gutted and the art and textile rooms knocked through to make one large lecture hall.

“Labs have also been stripped out and are awaiting a refit. The sports hall area is already being used for police protection training and the pottery room has also been stripped out for a refit.

“In addition the New Block which housed IT, maths and languages is being updated.

“The stable block has been transformed into simulation rooms for police trainees to test their skills in the safety of a training environment. These include a simulated bar, a mock café and flat and an observation room,” the newsletter states.

The new police set-up will also include a memorial garden as a space for quiet
reflection. There are also longer term plans for community-based events and well-being services.

Former staff and pupils will be invited to view the changes next summer. In the meantime they are being given the opportunity to buy a piece of the school through an e-bay auction which began on 20th June and which continues until the end of the month with proceeds going to the East Anglian Air Ambulance. Items up for auction include a post table, signage and even a Jubilee hymn book. Twenty items are up for sale and the auction can be viewed by going to the link below:

https://www.ebay.co.uk/sch/sarahhoney/m.html?rt=nc

Norfolk Police are also putting together a permanent display depicting the values they want to instil in their trainees and which reflect the history of the site. These include acceptance, integrity, respect, care, kindness, accountability and innovation.

Former pupils are being asked to send in their photographs demonstrating positive values to hohsnetwork@gmail.com.

Pupils are also being asked to submit their ideas for room names in the new development.

Oh and the police said they’d be interested hearing from any community groups.
which might like to take on maintaining the kitchen gardens. Any group interested should e-mail hohsnetwork@gmail.com and they will pass details on to Norfolk Constabulary.

For Sale By Auction on E-Bay

Just some of the items available

The items pictured on this page are up for auction on E-Bay in aid of the East Anglian Air Ambulance. You only have a few more days to bid though,
The New Shape of Old Hall School

A couple more images of the ongoing work at the former Old Hall School complex.
Do you know anything about the magnificent tree in front of Hethersett Library?

We have been contacted by regular reader and leading Hethersett environmentalist Dr Anne Edwards extolling the virtue of the “library tree.”

Anne writes: “I enjoy all your interesting historical Hethersett articles and was wondering if you have ever come across any information about the Liriodendron (Tulip tree) in front of the library.

“It will be flowering soon. Its beautiful blooms would make an excellent addition to the next Herald. The tree is quite unusual and it looks older than the library. Why was it planted and who by? I am sure there is a story there for anyone prepared to take up the challenge.”

These trees are widely known by the common name tulip tree for their
large flowers superficially resembling tulips. It is sometimes referred to as tulip poplar or yellow poplar, and the wood simply as "poplar", although not closely related to the true poplars. Other common names include canoewood, saddle-leaf tree, and white wood.

The botanical name Liriodendron tulipifera originates from Greek: Liriodendron, which means lilytree, and tulipifera which means "bringing forth tulips", alluding to the resemblance of its flowers to a tulip.

Of course we like a challenge and will try to find out more about the origins of the tree for the August edition of Hethersett Herald. In the meantime if you have any information we would love to receive it. Just email petersteward@lineone.net. So while we await more information we thought you would like the latest photograph of the tree which is on the previous page.
HETHERSETT Herald would like to say a huge thank you to Craig Broughton and Katie Utting for their efforts during lockdown to brighten up our lives. The duo began by placing a number of Craig’s outstanding clingfilm artworks in fields at the back of the village. They then organised an art trail throughout the village (both of these were featured in the June edition of Hethersett Herald).

Craig and Katie then produced a woodland art trail for families to find painted beasties in the area around the parish pit.

Unfortunately the woodland trail had to be cut short due to vandalism—see page four. On this and the next few pages are images from the Woodland trail.
Hidden Beasties that weren’t too difficult to find.
They came in all shapes and sizes. Animals hiding in the woods, but we found them and took photographs. This was just one of the Spring entertainments for village walkers set-up by Craig and Katie and much appreciated by Hethersett residents and also by some from further afield.
Food Fair in Hethersett

A NEW initiative is bringing street food on a regular basis to Hethersett.

The ClearCompany has included Hethersett in its ever expanding locations for its concept of street food.

ClearCompany was founded by Julie Briggs who previously lived in Hethersett.

The first event in Hethersett was held on June 20th and is due to be repeated on Saturdays until further notice. Other fairs are being held in Attleborough, Diss, Norwich and Wymondham.

One of those taking part in the Hethersett Fair on June 20th was Ella Tarrant who we have featured in Hethersett Herald on a number of occasions in the past with her Bakes By Ella initiative.

The event was covered extensively in the Wymondham and Attleborough Mercury newspaper where Ella was interviewed. She explained how her business has taken off during lockdown and which has now been expanded into celebration cakes and much more.

We visited the fair at Rowan House, in Queen’s Road, Hethersett, on June 27th just before going to press with this edition of Herald.

Who Are ClearCompany?

ClearCompany is a non profit Community Interest Company of businesses, sole traders and volunteers working to develop a circular local economy. The organisation nurtures businesses who, in turn, donate some of their profits to support vulnerable people.

Plans include setting up a restaurant, holding workshops, setting up a games café and a shop to sell Norfolk food, crafts, gifts and services and of course organising street food events.

ClearCompany is looking for a base for its operations and is considering the former OPEN Youth Trust Site in Bank Plain, Norwich.

We will include updates on ClearCompany in coming editions of Herald.
A steady stream of customers enjoyed a variety of food ranging from Egyptian wraps to sweet waffles, chicken burgers to duck dishes.

The street food will be available at Hethersett on Saturdays from 4 until 7 p.m in the car park at Rowan House. Café Kin will also be open for coffee, shakes, smoothies and cakes.

There will also be a major street food fair at Wymondham Town Football Club on Sunday, 5th July, where there will also be acoustic music and other entertainment.

Photographs on this, the previous page and the next three were either taken by the editor or supplied by ClearCompany.
Clearly They Are Expanding

The Clearly Norfolk idea is all set to expand to include artists and musicians to join its food outlets.

These enhanced events are due to be launched in Wymondham, Diss and Norwich with ample space for visitors to socialise and relax safely.

The community interest company has been busy locating suitable venues where food vendors could continue trading and that also offer facilities to safely accommodate socially distanced events as restrictions ease.

Now ClearCompany is ready to launch its larger Clearly Norfolk events which include art, music, cocktails, licensed bar and Norfolk produce – all with careful measures taken to ensure safety for staff and visitors.

The first of the Clearly Norfolk travelling fairs will be launched at Wymondham Town Football Club on Sunday, 5th July, with a range of food produce, street food, art and crafts all from Norfolk traders and artists. The company will also visit Diss Town Football Club on Sunday, 12th July and Norwich Waterfront on Sunday, 12th July. All events will run from 11 am to 5 pm and the company is aiming to hold these events monthly at each venue.

Julie Briggs said: “It has been the most challenging of times for everyone over the last few weeks which makes the resourceful adaptability of the street food traders we’ve been working with truly inspirational. It has been great to tour Norfolk communities with them and support them to keep trading. We are so excited that we can now include artists and musicians in these events as they too have had so much of their trading opportunities wiped out.

“To date, we have been touring with street food fairs in Attleborough, Hethersett, Norwich, and Diss, and we have been carefully following guidelines to ensure public and staff safety. The outdoor spaces we have chosen offer room to spread out and we will be having only acoustic music at a level that allows people to communicate without breaching the necessary social space. Our aim is to...
offer safe community events that promote and support Norfolk traders and continue raising funds for our community projects.”

The Hen House Kitchen, Rameses Egyptian Street Food, The Potato Pod, Kitchen Bakes, The Globe Trotter Cocktail Bar and The Waffle Wagon will be at the Wymondham launch offering food, drinks and sweet treats, alongside the Wymondham Football Club bar which will be open to all.

Musician, artist and festival organiser Anto Morra has joined ClearCompany to organise the music line-up which is still being finalised. Stalls will include crafts, guitars with bespoke designs, cakes, print, ceramics and much more.

Plans are afoot to visit other market towns in the region with venues and dates to be announced. Full details will be on the company’s Facebook page at https://www.facebook.com/ClearCompanyCIC/ and its website at www.clearcompany.or.uk.

Julie Briggs added: “We’d like to thank everyone who has supported us and our traders during these challenging times. We really hope this appetite to shop local will continue, allowing Norfolk traders who have worked so hard to overcome every obstacle to reach their customers in recent weeks, to recover and survive any turbulent times ahead.”

The travelling food fair is the first step in ClearCompany’s mission to create a street food park in Norwich.

The photographs on the previous page were supplied to us by Clearly Norfolk and show Priscilla White of Squilla & Squidge with her VW camper van; Charley Watkins of The Duck Truck Norfolk in her catering vehicle, and Chef Sam Bianco of The Hen House Kitchen with his assistant Becky Wattam.

Food from Rameses Egyptian Street Food being served in the car park of Rowan House at the second street fair event on June 27th.
STREET FOOD COMES TO HETHERSETT

The pictures above were taken at the Hethersett Street Fair at the end of June. On the right is Julie Briggs outside the Duck Truck. Pictures by the editor.
Classics of Back Lane

The ninth in a series featuring a literary gem found in the Back Lane Book Swap. Books found during a wander along the lane. Of course by the time you read this the featured book may have gone.

With Penelope Brown

No. 9 – The Undomestic Goddess by Sophie Kinsella

Samantha is a high powered lawyer in London. She works all hours, has no home life and cares only about getting a partnership. She thrives on pressure and adrenalin. Until one day… she makes a mistake. A mistake so huge, it will wreck her career.

She walks right out of the office, gets on the first train she sees and finds herself in the middle of nowhere. Asking for directions at a big, beautiful house, she is mistaken for the interviewee housekeeper and finds herself being offered the job. They have no idea they have hired a Cambridge educated lawyer with an IQ of 158 – Samantha has no idea how to even work the oven.

Disaster ensues. It’s chaos as Samantha battles with the washing machine and the ironing board and attempts to cook a cordon bleu dinner. But gradually, she falls in love with her new life in a wholly unexpected way.

Will her employers ever discover the truth? Will Samantha’s old life ever catch up with her? And if it does… will she want it back?

Also found in the Book Swap this month

Secrets my Mother Kept – Kath Hardy
Northanger Abbey – Jane Austen
The Ladykiller – Martina Cole
Nineteen Eighty-Four – George Orwell
Agent Z and the Killer Bananas – Mark Haddon
Being Jordan – Katie Price
Light on the Earth - BBC Books
There is No Planet B

Penelope Brown continues her series of features on environmental matters

PUTTING climate change back on the front pages.

In a recent interview, Sir David Attenborough pointed out that: “The coronavirus pandemic has swept climate change off the front pages and we’ve got to get it back there”. Acknowledging that, while staying updated on the pandemic was of utmost important, the focus on the virus has made it seem like the climate issue was in the distant future.

With the UN Climate Change Conference 2020 being postponed due to the pandemic, keeping the conversation about solving climate change in the front of people’s minds is more important than ever. The outbreak may supplant climate concerns in the minds of the public, weakening political will at a key moment. It may also encourage burning fossil fuels in hopes of restarting the global economy.

The coronavirus and its related fallout threaten to distract countries from making big commitments to reduce their emissions. Bold climate plans require spending political capital and world leaders are likely to want to use their political energy to boost the economy in response to the virus. Every country will have its own approach, but the most significant country to watch is China, the world’s second largest economy and the largest emitter. Emissions there fell 25% in mid-February compared to just a few weeks earlier as the country’s industrial economy ground to a halt, but leaders have promised a giant stimulus to restore growth. In the past, such stimulus measures in the country have meant carbon intensive infrastructure.

Plastic pollution is intrinsically linked to climate change and, unfortunately, the pandemic has resulted in an increase in plastic use and littering. Almost all plastic is made from materials (such as ethylene and propylene) that are made from fossil fuels. Extracting and transporting these fuels, together with
the manufacturing process creates billions of tones of greenhouse gases (source WWF). Not all plastics are bad, some plastic is used to make life saving surgical and protective equipment. We need to ensure that this is disposed of correctly so that items do not end up in water courses and ultimately into the oceans. What we really need to ask ourselves is: “Do we really want to waste precious finite fossil fuels on a single use plastic water bottle?”

So, in conclusion, the pandemic must not let us forget the challenge of climate change, we should keep it at the front of our minds. And, whilst having to make use of plastic items to protect ourselves, we must take the responsible option when it comes to their disposal. As ever we must also avoid the use of single use plastics in situations where an alternative can be found.
In the first of a new series, we are contacting prominent people in the village and asking them the question “What Do You Like About Hethersett.” First into bat is Eastern Daily Press and Norwich Evening News editor David Powles who lives on Mill Road.

I DIDN’T want to move to Hethersett. Nothing against it, but for one reason or another I’d always told myself that village life wasn’t yet for me. That it was something I’d maybe consider when I wanted life to wind down a little.

Yet, when my wife and I looked to move out of our small city centre house, there was something that kept drawing us back to the village. My wife now says that when she first moved to Norfolk, she decided Hethersett was the place that was most like where she grew up - and had spent many happy years.

The first house we looked at during a long, drawn-out house hunting process, was on Mill Road. The final house we looked at, and eventually purchased, was also on Mill Road, just a few doors away. In between we must have peered around properties in every corner of the village, before realising that there was actually lots that we liked about the prospect of moving here with our then toddler (soon to be joined by a second). That was almost six years ago and rarely has there been a day gone by when we regretted the decision. We love it here and our children love it here.

Therefore it was a pleasure to be asked to write for this publication about some of the reasons why we’re so happy to call this place home. Let’s be honest, Hethersett isn’t a village that you’d describe as obviously picturesque. Yet that
doesn't mean there's no beauty to be found when exploring the village. In fact, one of the few joys of lockdown has been filling the backpack with drinks and goodies (how else can you convince a four and seven-year-old a walk is a good idea?) and trekking around Hethersett and its surroundings.

Particular pleasures include the pits and its colourful bluebells, bright fields full of rapeseed and looking down on the village while walking along the footpath behind the church. If you haven't been that way, please do, you all look fantastic from afar! But even then beauty is only skin deep because the real thing that makes a village great (or otherwise) is its people.

Yes, I love Hethersett for its amenities and facilities, its brilliant clubs and activities for kids, its great schools and, if I'm honest, its closeness to Norwich. I love the fact I can easily live a bit of both the city life and the country life and I love the fact that I can run into work (Strava tells me its exactly 10k from home door to office door!). But ultimately none of this would matter at all if all of its people were miserable, unwelcoming and made the place a misery to live in.

They aren't and they don't, therefore the major reason my family and I are proud to call this place home are the friends we've made and people we've got to know. The smiles and 'hellos' on those lockdown walks, which confirm just why, even in the toughest of times, this is a superb place to be.
DURING the lockdown I spent some time sorting through bits and pieces in my garage and came across a number of photographs. Some were of family, many were of holidays but quite a number were of Hethersett. I posted many of them on the All Things Hethersett Facebook page and in my personal daily blog at peterowensteward.weebly.com/blog. There was a tremendous response for a series of photographs taken at a May Day carnival. These were undated but a little bit of amateur detective work and a lot of help from fellow Facebookers established that they were taken on Monday, May 3rd, 1993.

The carnival procession made its way down Henstead Road and then into Great Melton Road before turning into Recreation Road and ending at the Memorial Playing Field where there was a village fete. I took photographs of some of the floats including that put together by a youth group and the village pantomime group. The photographs are reproduced on this and the next pages and I would be delighted to hear from anyone who has any memories of the day. Malcolm Morrison and John Head also took photographs of the day and we will include some of these in our next edition.

Peter Steward
Down Memory Lane
Down Memory Lane
We also featured a photograph of staff from Woodside School preparing to celebrate Red Nose Day in the 1990s. Now for some of the names of those photographed on this and the previous pages. They include Christine and Katie Slater, Helen Baxter, Anne Cathersides, Karen Stradling, Sam West, Neville Greenhalgh, Sue Eagle, Jackie Parker, Vivienne Horobin, Olly Manington, Sue Pennington, Ede James, Jude Howman, Christine Stone, Samantha Farrington, Luke Farrington and Angela Farrington (as Mary Poppins and Jane and Michael Banks), Sarah Rivett, Colin Rivett and Janet Cross.

Sadly the news came through this month that Viv Horobin has died. She was an outstanding head of Woodside School and you can read tributes to her elsewhere in this edition of Hethersett Herald.
YOU may have noticed some quite extensive trenches being dug on fields on the new North Hethersett development. We have ruled out voracious giant moles, however!

Earlier this year an archaeological ground radar survey was undertaken and now the Pre-construction Archaeology Group has moved in to see what secrets the fields can bring forth.

We were contacted by Ray Hannent who lives in Long View close to the fields who told us: “Developers are obliged to carry out archaeological surveys and these are usually done early because if it results in a dig this can take months.”

Excavations at the moment consist of trenches five to six feet wide and over 30 foot or more long and about two to three feet deep.
“There appear to be the top of some structures visible in the bottom of many of the excavations,” Ray added.

The initial trench work has been carried out by a large digger: “A portable canteen and toilet was placed just inside the entrance and then a large digger arrived and started digging what looked initially like a pipe trench. Having spotted PCA on one of the guys jackets, I did some digging of my own online,” Ray said adding that the first PCA he came across was the Professional Cricketers’ Association:

“That didn’t seem appropriate since the work hardly seemed to be the way to create a cricket pitch,” Ray joked.

“Pre-construction Archaeology fitted better, especially since an archaeological ground radar survey was done earlier this year,” Ray added.

Our thanks go to Ray for taking the photographs on the previous page and for giving us permission to reproduce them.

______________________________________________________________

Letter to the Editor

Dear Editor

Just a suggestion about Henstead Road parking which you mentioned in the last edition. Maybe some one hour parking bays would allow people to drop off items at the charity shop/browse, as opposed to yellow lines?

I agree there is a problem with parking along there especially for bus drivers. We none of us like paying to park but it is one of the downsides you have to accept if you use a car.

Also I hope the skatepark gets supported in a general sense too by residents not just users. Perhaps a group similar to Library Friends could be set-up in a minor way. I had spoken to Zoe at the library a while ago about the possibility of a teen reading group.

I think she had helped set one up elsewhere and it more or less ran itself. I have always wanted to organise a Saturday session for families with young children to meet up, e.g play date, but couldn’t quite get a plan in my head....but obviously no rush at the moment anyway.

Something along the lines of two families with very young families book a ‘session’... maybe they don’t know each other...few refreshments provided, puzzles, few toys and drawing things for the children.

Elaine Canning
History Project is Launched

HETHERSETT Herald has launched a new project which it is hoped will build into the most comprehensive history of the village ever published.

The Hethersett History Project is available on the Hethersett Herald and Hethersett Village website at www.hethersettherald.weebly.com.

The site has divided the village history into eight segments running from the Stone Age through to the present day and will include historic photographs and documents published in conjunction with Hethersett’s village archives.

The site also looks at buildings and key figures in the history of the village. The website has replaced the old out of date village website and also includes up to date news and information on the village.

“It will take some time to completely populate the history project which will be a living document which can be added to when new information comes to light,” said Hethersett Herald editor Peter Steward who is also writing a twice daily blog during lockdown with hundreds of photographs of strolls around the village and the surrounding area. You can read this at: www.peterowensteward.weebly.com/blog

Check Out Facebook Pages

During the current coronavirus crisis there are a number of Facebook pages that will keep you informed of what is going on (or not going on) in Hethersett.

The best page to view is the All Things Hethersett site which has over 3,000 members and includes numerous postings from residents throughout the day.

There is also a Hethersett Facebook page and a Hethersett Herald page. Just pop along to Facebook and search for them.
Back Lane Images with Angela Eden

Regular readers will know that Angela keeps a close eye on the Back Lane area of Hethersett for us. Here are her latest photographs of the development at Hethersett Academy and the lovely floral display at the Jubilee Youth Club.
After the non stop sun of May, the rains came in June. Photographs on this and the previous two pages taken by Peter Steward and Phil Emery.
More About Pump Hall

Another ramble through Hethersett’s history with Lewis Buckingham who writes his regular column all the way from Australia. This month he tells us more about Pump Hall which we featured in the May edition of Hethersett Herald.

The earliest picture of the land upon which Pump Hall now stands is a brief Latin description:

"Messuag' Vacun' tent' tres rod: Jac' in Hethersett p'd Juxta Via Coem' de parte boreal e Coem' semitam de parte austae et Abutt surp' tenemen' nup' Nichus Breviter versus Orien"

Translated, the description is given as:

"One messuage (Note—A dwelling house with outbuildings) empty containing 3 roods in Hethersett next the Common Road North, a Common footway South, and upon a tenement late of Nicholas Breviter East"

This was recorded at a court held for the Manor of Hethersett Woodhall on the 9th April, 1650, when a certain Christopher Flowerdew sold some of his land.

If you wanted to prove that land was yours by right, you had to have a record of the transaction made in the local manor court rolls.

Way back then, the land was most clearly understood to all descend from the King through a chain of ownership that went back to 1066. It all ended up at the local guy in the village who held his Copy of the Court Roll to prove that he was entitled to the benefits of that land. Hence we have the term Copyhold for one form of land ownership.

As the feudal system broke down, this clear ownership of all things by the King slowly broke down too. By the 1680s, Copyhold transactions through the Manor Court were basically a rubber stamp and a receipt for the new owner. It was effectively the same as Freehold so long as the new owner didn't cause any damage or 'waste' to the property and they paid the Lord his annual rent and a 'fine' upon entry into ownership of the land.

Although they held their land technically 'at the will' of their local Lord, he had no power to either deprive them of their lands or to prevent them from selling them to someone else.

Entries in Manor Court Rolls were vital proof of tenure for a landholder. They described the land, gave evidence of who held it, and of how they came to hold it.
Perhaps most importantly, they provided a chain of evidence of ownership - listing how the previous owner came to own the land, often with a note added later in the margin as to who the new owner passed it on to in later years.

This is great if you're a historian. Once you can find a piece of land in a Court Book, you can hop skip and jump backwards along the trail of references to each previous owner until the Court Rolls run out.

And here we run into a slight problem.

You need to clearly identify the piece of land you're looking for, which is more easily said than done.

Manor Court Rolls describe land in terms of how it had previously been described when sold or inherited in the past. Occasionally they would update the description, but more often they would not.

In terms of a chain of evidence, an unchanging series of Court Rolls is great. If the description never changes, there can be no question that every written transaction refers to the one previous.

Looking for literal ground truth becomes very tricky, though, as things tend to change over 200 or more years. You can move a merestone pretty far if you push it an inch every year for two centuries.

This is a roundabout way of admitting that my opening statement about what Pump Hall's grounds looked like in 1650 is by no means an indisputable fact.

Let me explain.

In 1860, Sir John Boileau enfranchised Pump Hall. By that I mean he made it an actual Freehold property, to be bought and sold without anyone knowing his

1860 Map of Pump Hall.
business. This is what happened to all property in the 20s in the UK, so he was ahead of the curve.

When he did so he helpfully had a surveyor draw up a map of the property. It neatly lays out four pieces of land totalling 12 acres 1 rood and 20 perches:

That's all well and good, but notice the dotted lines. There's no hedge there. We're already stepping into the realm of the arbitrary.

Image Two above shows Pump Hall boundaries of 1846 overlaid on Google Satellite Images

You can see that this doesn't cover all of Pump Hall Farm as it is shown in the 1846 map of Hethersett. This is because this map only shows the Copyhold land that was part of the Manor of Hethersett Woodhall. It doesn't show freehold -
because he's only trying to show the bits he wants to turn into Freehold property - and it doesn't show the other parts of the Farm held of the manors of Hethersett Cromwells and Hethersett Hacons.

All of the different parcels of land are mixed around each other because - as you'll remember from last month - before the Enclosure in 1800, land was divided out into small strips so that no-one could be stuck with either the best or the worst land.

Now have a read of the description given of this land in 1860:

"1 Acre and a half of Copyhold Land late parcel of 7 Acres of Land lying in Hethersett between the Lands late of Walsingham Bokenham North, Lands late of Mary Ward South, abutting upon the Highway leading to Ketteringham East, and upon Lands late of Thomas Davy, Gent, towards the West."

• "Also 3 acres and 2 roods of Copyhold Land."

• "And Also one Messuage empty, containing 3 roods, lying in Hethersett next the Common Road North, a Common footway South, and upon a Tenement late of Nicholas Breviter East."

• "And Also 1 Acre and 3 roods of Copyhold Land lying at Shovell Croft and abutting upon the said Church Way North."

• "And Also 3 Acres of Copyhold Land lying in a Croft of a Messuage void late Francis Haywards between Lands late of Ann Earth West and a Common footway East."

• "And Also 1 rood and a half of Copyhold Land in one piece lying in Bracket Field between the Lands of the Rectory of Hethersett on both parts and abutting upon the way called Overgate way towards the South."

{NB: 1 acre = 4 roods, 1 Rood = 40 perches }.

There are six pieces of land listed here, in total 10 acres, three roods and 20 perches.

But the map has four pieces of land, totalling 12 acres one rood and 20 perches.

Oh dear. Who did the fact checking there?

Well the description of the land must be right. It's described here in precisely the same way (give or take a bit of Latin) as it was in 1842, 1832, 1818, 1792, 1777, 1723, 1714, 1694, and 1681.

Well almost.
From 1832 back there's this extra piece of land:

• “Also 1 Acre and an half of Copyhold Land lying in Shovel Croft and abutting upon the Church Way to the North. “

It's 1 acre and 2 roods, which neatly makes the two totals match. But now we have four pieces of land depicted on the map and seven in the description.

Have another read of those descriptions again. See if you can match them on the map.

Don't worry I'll wait.

Any luck with Shovel Croft? Me neither.

I know where Bracket Field is. Check out the map a little further on from 1800. Bracket Field is south of present day Suckling Lane, and a few fields too far on the wrong side of Ketteringham Lane to have any business being part of this description.

And that piece of land that is supposed to run alongside the Highway to Ketteringham. Do you see that one? I'm having trouble with that too.

The Eastern edge of the property isn't far off Ketteringham Lane, so maybe the Lane has moved over time. Maybe it slowly slid down hill - though from the map you'd think that if one piece ran along the highway, they would all have done so.

And what about the common footway, the common road, the Shovel Way and the Church Way?

How about the Tenement next door "late of Nicholas Breviter."

Maybe this can help us out?

Breviter's not a common name. And it so happens a Vicar by the name of Edward Breviter was both scribe and witness for the will of a Hethersett Carpenter named Edmond Johnson in 1590. Edmond lived in Shovel Field, which can't have been too far removed from Shovel Way and Shovel Croft.

Were the Breviters his neighbours?

Perhaps we're getting somewhere but still ... are we?

The problem is that we're looking at the description of a single piece of land that remained entirely unchanged from perhaps 1590 to 1860. That's 270 or so years!

But things have changed. Of that there's no doubt.

So how do I know that this description above is for the actual site of Pump Hall today?

I don't.

Not for sure.
I don't think they knew in 1860 either.

All they knew was they had this farm they wanted to make freehold, and it didn't really matter which bit was which, because it was all theirs. No-one had checked on those meerstones in a very long time.

I think they took a bit of a "She'll be right" approach to the whole thing. Those ways and footpaths had once existed somewhere, but in 1860 no-one knew and no-one cared.

To prove it, think back to that missing one and a half acres of land.

This is exactly the same area as the land in Bracket Field mentioned above. And we know this is definitely not part of Pump Hall Farm in 1860. My guess is that somewhere along the way, they got the two mixed up.

So where's Pump Hall?
I still think it's next to where Nicholas Breviter used to live.

Wherever that was.

This is my best guess because the circumstantial evidence makes it look like it must be right.

However, it is described, it's part of the same block of land.

This land was sold as a single estate in an unbroken chain throughout those two centuries. Whether or not the landscape changed over that time, someone was always farming it. They'd have noticed if the whole farm had magically moved and would probably have suggested a change of description - if for no
better reason than they didn't want someone to walk up and tell them they were trespassing.

I'm also slightly confident that I've got it right because I've seen the maps of Hethersett for 1799 and 1818:

That distinctive drive runs out to the same funny shaped plot of land, as it does today. That funny little plot is where present day Home Farm lies. In those days it was the Barn. No building is shown in either map, but those maps only show inhabited buildings.

I'm sure something was there once, though.

Strangely, in a map of 1859 - almost two decades after Pump Hall's construction - a building is shown at the end of that same drive. It's called "Barn," not "Pump Hall". Pump Hall Isn't shown at all.

"Barn" is labelled in letters as large as those that describe Thickthorn Hall. Why did someone think the barn more noteworthy than Pump Hall?
Something that lingered in local memory lay on that drive, and what else could it have been? Was that Breviter's Barn? Was that once his home?

Maybe we'll figure this out one day.

I tell you what, I'd be very interested in the results if anyone ever does tree ring dating for that barn.

This sort of research can be a frustrating puzzle, but I think it's also a little bit magical.

In that single description of a piece of land we have a small window to what the landscape looked like in the time of Queen Elizabeth I. Every description of land in the Court Rolls tells us something new that was never recorded on any map.

Other pieces of land in our little farm refer to people who lived in the 18th Century and to others in the mid 17th. There are people in the same family generations apart who never met.

It's a pity that there was no grand date when the Manor Courts described everything and left things as they were. Then we could happily work away together at this immense jigsaw in the knowledge that eventually we'd have a full picture of Tudor Hethersett.

History unfortunately is only what remains of the past in the here and now.

It's like a jigsaw of a clear blue sky bought in a Charity Shop. The box is dented, pieces are missing, and some are pieces from a very similar but different puzzle which is also of a clear blue sky.

It's a puzzle that will probably never be finished, but it's a great way to while away time spent in isolation.

As I said a couple of months back: I have a One Place Study, and there's nothing more socially isolating than that.

You can view Lewis’ one place study by going to: https://www.one-place-studies.org/europe/england/norfolk/hethersett/
WHERE ARE THE BEST DEALS?

ONCE again this month we looked at petrol prices with our survey taken in the middle of the month. Our aim is to compare garages within easy driving distances of Hethersett to let you know where the best value is.

Each month we will be using the eight garages listed below to show how prices have increased or decreased over the past month. The best value petrol and diesel is highlighted in red.

Sadly the three garages closest to Hethersett—Waitrose and Abbeygate at Wymondham and Thickthorn Services—continue to be much higher than other outlets as our table shows.

We seem to live in a triangle of high priced fuel while petrol at many of the garages featured has just risen over the £1 per litre mark after dipping under the pound in the last survey.

There may be even better value if you go slightly further afield and please note that these prices were checked in the middle of the month and may have changed before publication.

We did find one garage at Long Stratton which was charging a ridiculous 128.9 during the month.

Once again our advice if you want the best deals is shop around. You could save yourself hundreds of pounds over a year and that’s a lot of additional motoring.

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**Herald Petrol Watch**

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HOW TO CONTACT US
HETHERSETT & MULBARTON Safer Neighbourhood Team

A/Insp. Dave BURKE
Local Policing Commander

The Local Policing Commander is responsible for a group of Safer Neighbourhoods teams. The Inspector also works with our partners and communities to reduce crime in your neighbourhood and focus efforts on the priorities that matter to you.

101 Ext: 4151
David.Burke@norfolk.pnn.police.uk

PC Andy HUDSON
Engagement Officer

Your Engagement Officer is here to provide communications and updates regarding your neighbourhood as well as co-ordinate volunteers, specials, community speedwatch and/or cadets.

101 Ext: 2377
Andrew.Hudson@norfolk.police.uk

PC Chris BODEN
Beat Manager

Your Beat Manager is here to engage with the local communities and work to solve local issues and priorities within your neighbourhood.

101 Ext: 2955
Christopher.Boden@norfolk.pnn.police.uk

SNTHethersett@norfolk.pnn.police.uk
/SouthNorfolkPolice
@SouthNorfPolice

NORFOLK CONSTABULARY
Our Priority is You
More Memories of VE Day

IN the June edition of Hethersett Herald we had comprehensive coverage of the VE Day 75th anniversary celebrations in the village.

A number of residents gave their memories of the real VE Day in the June edition of the village “Good News” magazine.

Monica Moore remembers a large celebration taking place on a field at the back of Kett’s Oak which was then the Kinkajou Café run by Mrs Hilda Hagg who is the mother of Duncan Pigg BEM who still lives on Kett’s Oak. There were lots of stalls erected including a large hoopla stall which Monica and her mother ran.

“We decorated our stall with Union Jacks and lights in red, white and blue,” Monica said. All the prizes at the fete were donated by villagers and the event raised money to make a donation of £10 to all the servicemen returning to the village after the war.

Duncan Pigg says he remembers what he termed as The Bonfire. In the 1940s, where David James Car Sales is now on the B1172, there was a large corrugated iron building known as “the dump” where people took their rubbish. A Mr Clutterham was in charge and would sort out the various items to be sent to appropriate places for use in the war effort.

A resident of Kett’s Oak made three Guys which he named Hitler, Mussolini and Hirohito. These, along with rubbish, were taken from the dump to the nearby field and burnt. Old rubber tyres from cars and lorries smouldered for days.

From other comments made, it seems that celebrations were muted and low key.

In 1995, however, a VE Day Celebration Committee organised several events to mark the 50th anniversary. These included two concerts, a fete, a combined church service, a procession, a bazaar, a children’s party, a disco and a 1940s gala at the village hall. Speaking at the time Colin Wilson from the organising committee said: “Hethersett can be proud of what it achieved.”

See our front page for plans to celebrate the 75th anniversary of VJ (Victory in Japan) Day in August with residents once again being encouraged by Hethersett Parish Council to raise a glass or two to the memory of those who fought and died in the Second World War.
IN March, 1991, a rumour swept round the village that the mighty Manchester United would be training on Hethersett Memorial Playing Field.

The re-action from many people was not surprisingly: “Yeah right.”

But there was just a possibility that there might be some truth in the rumour as Manchester United were staying at Park Farm Hotel prior to their game on the Saturday at Carrow Road against Norwich City.

The park soon filled up and I popped along at around 2 pm. The players turned up at 3 pm and undertook a light training session much to the delight of the local community.

Village resident Malcolm Morrison was also there with his camera and took the photographs on this and the next few pages.

After a relatively short time the players left to return to their hotel, some having signed autographs.

The training session obviously paid dividends as The Reds beat Norwich 3-0 the following day thanks to goals from Steve Bruce (2) and Paul Ince. The Manchester United team for that game reads like a who’s who of footballing legends: Les Seeley, Dennis Irwin, Clayton Blackmore, Steve Bruce, Mike Phelan, Gary Pallister, Bryan Robson, Paul Ince, Neil Webb, Mark Hughes, Lee Sharpe. Substitutes—Mark Robins and Brian McClare.

On the left England skipper Bryan Robson leads the players out on the Memorial Field and above the players go through their paces.
Down Memory Lane—Part Two
Down Memory Lane—Part Two
Above is another photograph from Down Memory Lane. This is of one of the many Methodist Church fetes held at Whiterails Farm, Great Melton, by kind permission of David and Laura Richardson.

Older residents will be able to identify many of those in the picture.

More images from Memory Lane in the next edition of Hethersett Herald.

If you have any photographs of Hethersett in days gone by that you would like to see featured in Hethersett Herald please send them to the editor at:

petersteward@lineone.net
Virtual Dog Show

YOU will only be too aware that during lockdown all public events scheduled for the village were cancelled. This included the annual fete and dog show at Hethersett Jubilee Youth Club. Undeterred by the virus, however, it was decided to turn the dog show into a virtual event via the youth club’s Facebook site.

We are delighted to be given permission to reproduce some of the photographs from the event which organiser Gillian Saunders has heralded “a great success.” Here Gillian reports on their virtual show.

UNFORTUNATELY, like a lot of events, the trustees had to cancel the fete and dog show planned for 27th June. However, we found a way of having a mini dog show using the club Facebook page, Messenger and emails.

We had fun with lots of entries. Entries came in the form of videos for tricks, tail wagging and paw shaking (they are still permitted to shake paws!) . Then photos were the order of the day for the rest of the classes.

We loved Barney and his young owners as princesses and Cocoa’s Appealing Eyes. The biggest class was Fabulous Fella which saw entries varying in size from a tiny Shih Tzu and French Bull called Frank to a large Clumber Spaniel and all sizes in between!

The puppies were as delightful as ever and it was a hard job for the judges to pick their winners.

Some of the 12 classes were so tight the judges couldn’t agree first time around and were sent back to come to a consensus. But we had winners, runners up and third place and some highly commended because it was so close.

The winners and runners up for each class were put on the club’s Facebook page so everyone could have their say and pick the Best and Reserve in Show.

I am delighted to say the Best in Show was won by: Wren our ice cream loving puppy! The reserve was the lovely West Highland Terrier and third place was the beautiful Burnese Mountain Dog. Thank you to everyone who took part, either competing or judging. It was a fun thing to do but we hope next year will be bigger and better and that everyone who has taken part virtually will come to the show and fete next year which we hope will be held for real at the Youth Club Hall in Back Lane on Saturday, 26th June.
It was a fun thing to do but I missed seeing all the dogs and talking to everyone and the ‘fun’ we have putting it all together.

We look forward to the Best in Show and Reserve coming to try and retain their crowns next year.

So please book the date for your diary now. Below are photographs of the top three dogs in this year’s virtual event.

Top dogs face the camera. On the left is Wren who was judged Best in Show. Below left is third placed Bernese Mountain Dog and next to that the delightful Reserve Best in Show—the West Highland Terrier.
Our Pre-School is run by a team of experienced, qualified and caring staff.

Open Monday-Friday during term time.

Rated 'Good' by OFSTED
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This organisation is committed to safeguarding and promoting the welfare of children and young people and expect all its staff and volunteers to share this commitment.
**Join The Email Group**

We currently use Social Media to inform residents when a new edition of Hethersett Herald is published.

We also post copies of new editions, along with an archive of editions from the past five years, on the website www.hethersettherald.weebly.com.

If you would like to be alerted via e-mail of the publication of a new edition please send an e-mail requesting this service to the editor—petersteward@lineone.net.

We will then draw up a group for circulation. Your e-mail address will not be disclosed to any third parties and will be used exclusively for notification of new publications.

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**The August edition of Hethersett Herald will be online at the end of July.**

**News, features and photographs should be with the editor by July 15th at the latest.**

**We are happy to consider items for publication either on Hethersett or written by Hethersett residents on other subjects and they can be sent to**

petersteward@lineone.net

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**We Are On Facebook**

Hethersett Herald is on Facebook. You can follow us at

https://www.facebook.com/Hethersett-Herald-196216690775010/

Please share details of the Herald so we can increase our readership.
Advertise In Hethersett Herald

Hethersett Herald is a monthly e-magazine published in the last week of each month. We are now happy to take advertising. If you want to promote your business to a wide audience and support our aims of bringing village news and views to as many people as possible why not take out an advert? Our rates are detailed below.

If you wish to advertise in Hethersett Herald please contact the editor Peter Steward on petersteward@lineone.net or 01603 811052.

Artwork should be supplied by the advertisers in Jpeg format.

Contact Us

petersteward@lineone.net

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News From The Parish Council

Emergency Repairs to Lighting Column

EMERGENCY repairs have been made to a street light in Hethersett following a spate of problems. The casing around the light in Malthouse Road crashed to the ground, leaving glass and debris.

Parish clerk Annette Palmer immediately authorised repairs to clear the mess and make the lamp safe and ensure it was water-tight.

Ironically the June parish council meeting heard that the covers of up to three lighting columns have come off. Councillors were generally of the opinion that this could be a co-incidence and nothing more sinister with the coverings being reasonably old.

It cost £395 to have the cover in Malthouse Road replaced.

*                              *                            *

A group interested in building a new skateboard park in Hethersett will be reporting back to the July meeting of Hethersett Parish Council with a business plan. The group spoke in favour of the idea at the May parish council meeting and will now follow up at the next meeting with some firm ideas.

How To Contact The Parish Council

THE parish council office in the village hall is currently closed to the public due to the Coronavirus outbreak.

Parish clerk Annette Palmer can be contacted by telephone on 07902 322729 or via email at hethersett.pc@tiscali.co.uk.

The council has a website at

www.hethersett-parish-council.norfolkparishes.gov.uk

and also a Facebook page.
News From The Parish Council

We have not published the usual list of parish council meetings in this edition of the Hethersett Herald due to uncertainties caused by the pandemic. We will re-instate dates once the virus threat is over (whenever that may be).

Parish Council meetings are currently being held on the Zoom social media platform and the next scheduled meeting will be on Monday July 20th. These meetings are open to the public and further details, minutes, agendas and other supporting material is available on the parish council’s website at www.hethersett-parish-council.norfolkparishes.gov.uk.

Mrs Shirley Keeley has been re-elected Hethersett Parish Council’s representative on Hethersett Parochial Charity.
Welcome to the latest edition of Hannah Harrison’s Hethersett Life

A Dynasty of Collared Doves

YOU may remember from my previous columns that we’ve had Collared Doves nesting behind our satellite dish for a few months. Well their third brood has just successfully hatched. So we now have this year’s fourth and fifth babies. They are growing rapidly just like their brothers and sisters before them. Apparently it’s not uncommon for doves to nest in this way, one after the other. I’m exhausted just watching them.

We also have a regular pair of Stock Doves who visit daily. Up until a few months ago I’d never seen one let alone have them in the garden all the time. They are very beautiful and elegant, similar to Collared Doves. In fact, on first glance they look similar to a feral pigeon, after all they are all part of the same family.

We've recently changed our garden slightly; our patio has been taken away due to massive tree roots pushing it all up thus making it dangerous. In its place we've had bark put down, which I initially hated but now I've made it into a little sanctuary for myself; with lots of potted plants, vegetables growing, bird feeders, chairs and ornaments, it looks lovely even if I do say so myself. It’s in the shade throughout most of the day too which has been a Godsend in this heatwave. Best of all, we’ve found a load of white tailed bumblebees burrowing under the slabs that the shed are on. They are so
busy, even at night time. They are fascinating to watch and aren't causing any problems at all.

I love how many different species of insects and birds we get in the garden, it's a constant learning experience and I feel like Eva is really benefiting from it all.

As well as all of the above, we see Buzzards flying around above us almost every day, usually being dive bombed by Corvids that are considerably smaller than the Buzzard but always seem to win the fight anyway.

We've had a couple of visits from some Greenfinches which is a rare treat, a few House Sparrows have passed through too, which is lovely.

In the hopes of encouraging yet more creatures into the garden, we've started a mini pond. Made simply from a hole in the ground and an old washing up bowl, we've half filled it with stones and slate, giving it different heights and hiding places for bugs. We just need some pond plants and hopefully it'll be good to
go. It's of course not as good and as beneficial as a proper, large pond, but it'll do us for now! Hopefully, by next month's Herald we'll have some more visitors to tell you about.

Something else that we've had an abundance of is Ladybird larvae which I'm really happy about. We had an influx of aphids that were destroying our plants and trees, but the Ladybird larvae have gotten rid of those in a matter of days. Most of them have turned into pupae that will eventually become Ladybirds – another great learning experience and interesting process to watch.
Hannah’s Hethersett Life

Pictures taken from Hannah’s garden which is shown in the top photograph.
SOME of you may have enjoyed watching the live cameras of the Peregrine Falcons at Norwich Cathedral. My daughter and I were watching at least an hour or two of the footage daily, all for the feed to go down just days before the chicks fledged! What are the chances of that happening right at that time? The live feed is back up and running now but there’s nothing left in the nest other than feathers and carcasses of other birds. What a shame! I felt quite upset about it actually, I'd grown rather attached to them.

Luckily, I'm on the Facebook group “Norwich Peregrines” which has a number of members who go to the Cathedral with fancy cameras and they actually got their own footage of the chicks when they fledged which was fantastic to see.

As you may know; there were three girls and a boy. It was the boy who fledged first by getting a nudge from one of his sisters! He was the one who had been teetering on the edge for a few days, giving viewers a near heart attack several times I'm sure. I'm already excited for next year’s chicks. I highly recommend watching them. If you haven't already, it's much better than any television programme. It's like Big Brother, but it's actually entertaining.

After I'd written the above section about the Peregrines, out of curiosity I logged onto the live feed, to be greeted by TA (that's what she's called on her 'ring') which is one of the girls who fledged not so long ago. It was fantastic to see her doing so well and even coming close to the camera as if to say “hello!”
Rectory Meadow

Rectory Meadow is the unofficial name given to the piece of green land in-between Admirals Way and St Remigius Church on the B1172. There is an agreement between HEAT (Hethersett Environmental Action Team) and South Norfolk Council to not mow the grass whilst the wildflowers grow. What a beautiful sight it is! The Bee Orchids are out in force and have spread since last year, they are spectacular.

Dr Anne Edwards showed me another beauty a few days ago, a Pyramid Orchid, also very impressive! Before the pandemic, we discussed more planting options at the last HEAT meeting, I assume that, due to Covid-19, this was delayed but hopefully by next year it will be even more impressive.

Please do take care when walking around the meadow, there has been a small path mowed in and around it to allow you to walk through without trampling on the flowers. But do go and have a look! It's well worth it.
Mum and Daughter on Bikes

YOU may recall from my June column that my mum and I cycled 800km between us in May. We each cycled 12km every day for 31 days. I did mine on my exercise bike at home, whilst my mum was out and about on her bike in and around her village near Dereham.

We did this for one reason - to raise as much money as possible for the Anon Street Team, who provide food, clothes, toiletries and much more for vulnerable and homeless people in Norwich. Our total raised, after fees, was £1,023.74 which was split between the four volunteer groups within Anon.

This will give us a much needed boost for when we are back out on the streets next week. A massive thank you to all who donated and supported our cause – it is more appreciated than you know.

See also our story on this on page eight.

Re-opening of Hethersett Businesses

IN the last issue I spoke about the reopening of a few places like Janey's and Rowan House. Unfortunately I'm yet to get anything from Janey's but I have been to cafe Kin at Rowan House.

Their Dann's ice cream is delicious, as are their milkshakes and iced coffees! Very refreshing, tasty and reasonably priced. Service is always with a smile even from behind a plastic screen. Very well done, Rowan House.

That's all from me for this month. I'm sure I'll be back next month with more wildlife to witter on about! Take care, Hethersett friends.
Snap Happy Warwick Wows Hethersett

Herald Associate Editor Hannah Harrison meets a Hethersett man who is recording history for posterity with a unique free service.

YOU may have seen on the popular Facebook group All Things Hethersett that long term Hethersett resident, Warwick Cooper, has recently launched Project Front Door in which he visits the outside of people’s homes (those who want to participate of course) to photograph them as a happy memory for them to keep of their time during Covid-19 Lockdown, 2020.

When I asked Warwick why he wanted to do such a thing, particularly for free, he spoke of a similar project that his grandparents were a part of many years ago. He's seen the photos of them standing on their doorstep and knew it was something he wanted to replicate, something he wants people to look back on in years to come and say “hey, that's when we were in quarantine!” And what a beautiful memory to have of an awful situation.

So far, he has captured handfuls of moments for families in Hethersett. He has taken photos of Anna and her now fiancee, Lewis, after she said “yes” to the big question during lockdown, that's just one of two lockdown engagements he’s documented in Hethersett. He's taken photos of families with their pets and hobbies on show and he's really captured their personalities. The other photo of Warwick's that I'm sharing is of my friend Neda Chiwuta and her beautiful family, what a lot of happy faces! You can see more from Project Front Door on the All Things Hethersett Facebook group.

Warwick was there when Lewis proposed to Anna and the result brought a smile to everyone’s face.
At just 22 years old, Warwick is a keen photographer and has taken photos for weddings, studio shoots, families and street photography. His favourite subjects are wildlife and landscapes. You can see his sheer talent dripping from each shot. The passion and dedication he has to capture these moments is magnificent. Being a very (very, very) amateur photographer myself, I know how tricky it can be to get that ‘perfect’ shot. But, like any art form, you have your own techniques and style. From what I’ve seen of Warwick’s particular style, he is going to go very, very far.

Warwick talks of his childhood, about going on many adventures with his family and taking a tiny 1.2mp camera with him, then growing and upgrading his photography equipment from there. He travels a lot and takes photographs everywhere he goes to capture the moment, I bet he has seen some fantastic sights. Warwick has lived in the same family home in Hethersett his whole life. You may have heard of his younger sister Quenby, who Peter Steward featured in February’s edition because of her part in the play ‘Lungs’ at the village hall, which raised funds for the Big C and Nathan, Warwick’s older brother, was featured in the news for running the marathon that was actually cancelled.

Sadly, the Cooper trio’s father, Simon, passed away earlier this year. Warwick hopes that they have all continued to make their father proud and, although I don’t know the family, they sound like an incredibly talented, caring bunch and I can guarantee that father Simon would be immensely proud of all three of them for what they have achieved so far.

If you’d like to get in touch with Warwick about his photography or if you’d like to be a part of Project Front Door, he can be contacted using the following information:

Mobile: 07476411118 or Email: warwickcooperphotography@gmail.com
WE know as family solicitors in the normal days of old that, after spending more time with each other, whether that be the two weeks summer holiday or extended Christmas and New Year period, couples can find it a challenge being together 24/7 to such an extent they start to review their relationship.

Such couples can find such challenges bring them closer together but there are couples who realise spending more time together shows the cracks within the relationship leading to discussions around such topics as separation or divorce.

Lockdown has enforced this reflection for many and, with the increase Legal Firms are having in Family Law enquiries, it seems a separation spike is about to occur.

Couples who were on the brink of a relationship breakdown prior to Lockdown (and since Lockdown) have been denied the face to face support of relationship counselling. Restrictions to family and friends have prevented the ability to vent frustrations, seek advice or have a person of trust to shed a tear with. This has added to a suffocating atmosphere of relationship lockdown breakdown.

Lockdown has been difficult for those with a support network around them due to the uncertainty as to when restrictions would end and the difficulties in being able to take time out. So for those living in each other’s pockets, feeling isolated within a relationship has made the process of separation so much more difficult physically and mentally.

Private telephone and video calls or online searches to gain facts and support on separation and divorce have been difficult for people to secure due to lack of household privacy. Even the support network of family and friends to discuss difficulties with have been absent for a variety of reasons and the feeling of not wanting to burden others with their relationship problems has led to additional support isolation, knowing that other people in other households are facing a raft of personnel challenges too.

Now that restrictions are being lifted, it is easier to meet up with friends or family to provide that additional support and, although there has always been the option of leaving a household for a cooling off period, the practicalities of doing so when children are involved, or travel or expense has not always allowed for...
such action

Now businesses are re-opening information should be easier to seek. You are able to now gain advice again face to face with many firms adapting to allow for telephone appointments and video appointments also.

At Dawsons Law we offer First Appointment Free to give those who are considering separation or divorce the chance to receive general legal advice as to how they could proceed.

We are conciliatory in nature and therefore would be able to signpost to mediators if required. There are many considerations upon separation which a Family Law Solicitor can advise on. These can be in relation to children, the process of divorce, finances and matrimonial home rights.

If you wish to seek advice in relation to separation and divorce, please do not hesitate to contact Dawsons Law on 01603 327280 or book an appointment with our Family Solicitor Sophie Mitchell who will be able to advise either face to face, via video call or via telephone.
AGENCIES from across Norfolk have come together to warn residents to be extra vigilant of new and existing scams during the Covid-19 pandemic. A campaign is being headed up by the Norfolk Against Scams Partnership, with a membership comprising Norfolk County Council’s Trading Standards, Norfolk Constabulary, the Office of the Police and Crime Commissioner (OPCCN), voluntary agencies, businesses and residents.

Below are just a few of the scams that have come to our attention:

There continues to be a range of emails circulating claiming to be from TV Licensing.

Recent examples have included emails claiming to be a ‘COVID19 Personalised Offer’ stating you are eligible for ‘1 x 6 months of free TV Licence’. These emails are not from TV Licensing and any links contained within the message are likely to go to a genuine-looking fake version of the TV Licencing website which will attempt to gather personal and financial details.

Our advice is always be wary of claims made in unexpected email approaches and never click on links or open attachments if approached in this way.

TV Licensing offer the following advice to help spot scam TV Licence emails:

Check the sender's email address - TV Licensing will only send emails from donotreply@tvlicensing.co.uk (or donotreply@spp.tvlicensing.co.uk).

Check how scammers address you - genuine TV Licensing emails will always use your title and last name. Scammers may simply use your email address, say 'Dear Customer' or nothing at all.

Check links in the email - do
not click on links or attachments. If you’re unsure, you can inspect links first. On a computer, hover over the link with your mouse (but don’t click it). On a mobile or tablet, press down and hold (don’t release while on the link).

Check addresses of any websites it takes you to - scammers can’t use ‘www.tvlicensing.co.uk’ for copy-cat sites. They’ll try to disguise this so carefully inspect the full address in the browser bar.

You can report suspicious emails received to us via our partners the Citizens Advice consumer helpline on freephone 0808 223 1133.

Scam Alert – Social Media messages claiming to be from ‘Domino’s’ offering ‘2 Large Pizza for Free’

Be aware of social media messages claiming to be from Domino’s offering ‘2 Large Pizza for Free’. It’s a scam.

Scammers are continuing to use the coronavirus pandemic to spam people with claims that these offers are ‘supporting the Nation’ during this time.

If you get a message like this, do not interact with it in any way and do not like or share on your social media profile.

Scam Alert – Facebook Messenger asking to borrow money.

We are warning Facebook users to be aware of messages from existing Facebook friends sent via the Messenger service which ask to borrow money.

The message will give a reason why the money is needed ‘urgently’ and will be followed by further messages pressuring the recipient into sending the money.

These messages come from a Facebook friend’s account but are actually sent by fraudsters who have hacked the friend’s Facebook account and taken control of it.

If you receive this or a similar message via Messenger, do not interact with the message and contact the friend via another route if possible. Advise them their Facebook profile may have been compromised.

Find out more about keeping your Facebook account secure, including activating login alerts and two-factor authorisation.

A little nearer home we have had an example of kind-hearted local people being taken in by a scam on a local Facebook site regarding a young woman with three children asking for support.
This turned out to be a scam looking for money.
The general advice is never to send somebody you don’t know money.
If you want to support and help offer to deliver them food and other goods.
That way they will have to give a local address which on this particular occasion was not forthcoming for obvious reasons.
THERE are no lengths to which scammers won’t stoop and they will use every possible opportunity and situation to ply their ghastly trade.

There are lost of reports across social media of Test and Trace scams.

Please remember, genuine texts, calls or emails from the NHS service won’t ask you for any personal details upfront.

You’ll be given a unique ID number to log into the NHS Test and Trace website. The ONLY official web address for the NHS Test and Trace service is: https://contact-tracing.phe.gov.uk/

Once you’ve logged in using your ID, you’ll be asked to enter some basic information about yourself including:

- Your name, date of birth and current address
- the names of the people you live with
- places you’ve recently visited
- names and contact details of people you were in touch with around 48 hours before you developed symptoms.

You won’t be asked to share this information upfront over a call or text, so if someone is asking you for it directly, they are a scammer.

Contact tracers will never:

- Ask you to dial a premium rate number to speak to us (for example, those starting 09 or 087).
- Ask you to make any form of payment or purchase a product of any kind.
- Ask for any details about your bank account.
- Ask for your social media identities or login details, or those of your contacts.
- Ask you for any passwords or PINs, or ask you to set up any passwords or PINs over the phone.
- Disclose any of your personal or medical information to your contacts.
- Provide medical advice on the treatment of any potential coronavirus symptoms, ask you to download any software to your PC or ask you to hand over control of your PC, smartphone or tablet to anyone else.
- Ask you to access any website that does not belong to the government or NHS.
Below are the contact details for people you may want to get in touch with on village matters:

**Member of Parliament**

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

**Norfolk County Council**

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

**South Norfolk Council**

Our South Norfolk Council representatives are Adrian Dearnley, Phil Hardy and David Bills. David can be contacted on 01603 813041 or at dbills@s-norfolk.gov.uk, Phil on 07985 695668 or at phardy@s-norfolk.gov.uk and Adrian on 07957139880 or at adearnley@s-norfolk.gov.uk.

**Hethersett Parish Council**

Clerk to the council Annette Palmer can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications).

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is open at the Village Hall (upstairs) on Monday and Thursday mornings between 10 am and 12 noon.

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info
The Scott Willoughby Column

I HAVE lived in Hethersett for 41 years this August (which must make me almost a local).

During that time I have seen numerous changes in the village, but one thing that seems to rear its ugly head too often is vandalism.

Don’t get me wrong. Instances in Hethersett are thankfully low, as is the crime rate. But that doesn’t detract from the hurt that vandalism causes.

It seems to come in waves. You have a problem for a few years and then things improve and then the problem returns. It’s almost as if it is on a cycle (and I’m not referring to the dangerous youngsters prone at the moment to doing wheelies in front of cars on roads through the village).

Assuming, as I suppose we must, that most of the vandalism is caused by young people, it is easy to see why we have waves of destruction as one generation moves on and is replaced by another. Thankfully the percentage of people prepared to destroy things is small and we have seen over the past two or three months how caring our community is and how community-minded most of our young people are.

So we are back to that cliched phrase “the moronic minority”. In May these sad vandals decided to steal and damage many of the artworks around the parish pit, thus preventing residents and families from seeing and enjoying them. And why did they do it? Firstly because they are there and secondly because they want to stop other people’s enjoyment and get a kick from being destructive.

You may disagree with my views. You may accept it when these people try to justify their actions because they are bored or “there is nothing to do in the village.” This second comment is just an excuse to justify their actions. There is so much to do in the village for all ages—the art and woodland trails have proved this beyond doubt. Their boredom comes from not wanting to be part of anything constructive and a blind belief that older people should provide facilities for them to enjoy without them having to do anything about making these things happen.

*                                *                              *

A big round of applause for former pupils of Hethersett Old Hall School and Norfolk Police who are working together to ensure the history of the school is featured within the new police training set-up.

The police are very aware of the heritage and history behind the building and are working with former pupils and staff to ensure that the feel of the former school is maintained. The buildings are of significant historical interest in the village and it is heartening to see that the character and feel of the place will be
maintained even if those learning there in the future will be slightly older than those educated there in the past. The new set-up will embrace many of the values of the former school.

*                         *                        *

In an idle moment I thought what legacy the pandemic would leave us with and I can’t help thinking it would be both the love and suspicion of other people. There is no doubt the virus has brought us all together (love) but has also made us suspicious of anyone coming anywhere near us.

I suppose my overriding memory of the virus is seeing people approaching us leaping out into the road (or crossing over altogether) or jumping into driveways to avoid us.

Can’t help thinking that you are probably more likely to get knocked over by a car in doing this than in contracting the virus.

*                         *                        *

There was news this month of the death of two people who contributed a considerable amount to the village in years gone by. Elizabeth Capleton was a parish councillor and school governor and involved in many aspects of village life and Viv Horobin was a much loved Head Teacher at Woodside School. I remember them both and their contribution to our village will live on in the legacies that they have left.

________________________________________________________________

Hethersett Library Back In The Swing—Virtually That Is

WHILST we await the re-opening of Hethersett Library you might be interested in a number of online clubs that have been running.

Details can be found on the main Norfolk Libraries Facebook page but the activities include Bounce and Rhyme time for young children every Tuesday at 10 am. Storytime Mondays and Wednesdays at midday and Fridays at 4.30 pm and a brick building club every Wednesday at 4.30 pm.

This year’s summer reading challenge will be held online. Just go to www.summerreadingchallenge.org.uk to meet Sally Squid.
A Long Day’s Journey into Night

AT the beginning of July, despite Midsummer Day having already signalled the slow shortening of days, it is still light at 10 pm.

As it gets light at around 4 am this leaves a very short night in which hedgehogs can forage for their food, find mates, nurture babies and despatch the growing army of slugs in my garden.

It also means that I have to put their food out later and later to stop it all being greedily scoffed by wood pigeons who have no shame when it comes to stealing from their neighbours.

The hedgehogs wait in hiding for the food to appear and are at the dishes within moments of them being placed on the ground. By 9 pm they can be seen trundling along making their way to the ‘feeding grounds’. Technically they are out in daylight but this is not a problem as they do not have watches and their tummies are telling them that it is way past dinnertime.

The days have also been blisteringly hot so that, even though there have been thunder storms and occasional torrential rain, puddles quickly evaporate. Shallow dishes of water are essential. The one in the photo, while being a shallow flan dish, is actually a little too deep.

I doubt that anyone could drown in it but it is more or less out of reach to very
young hoglets. Fortunately it is one of several wide ceramic plant pot saucers.

Many of the visitors are quite small, not tiny babies, but most likely this year’s hoglets. I just leave them to eat and do not intervene in any way. They use a discretion being the better part of valour way of dealing with larger diners and run off if they feel threatened instead of fighting. Some large hogs are not interested in eating they just want to stop anyone else from doing so. When they have driven everyone away and proven their prowess they just wander off.

There is little for me to do except for the feeding. All the cages in the shed are empty and the houses in the outside run are empty too despite there being visitors each night to eat the food I put in there.

Their diet is the same as always – dry cat food biscuits with some added mealworms plus dishes of wet cat food which have to be protected from marauding cats. It is just pure joy to watch them though as the feeding stations are close to the house.

Hedgehog manners are appalling and they usually end up sitting in the middle of the dish whether it is wet or dry food. They care little where they poo too so bowls have to be washed every day and their waste cleared away. Surprisingly, when they are in the outside run they create a communal toilet area away from their food.

It has been an excellent year for the roses and I hope that it is an excellent year for rising hedgehog numbers too.
This month Brett Rennolds, who is a qualified Solution Focused Hypnotherapist and works out of Rowan House, tells us how WOOP can make our wishes come true.

WISHES are a powerful concept that permeates our thoughts, language and desire.

We ‘wish’ for things that are often fanciful, aspirational and beyond our control. But what if we could use the emotive power of a wish to focus on what we CAN do?

This month I want to provide you with a tangible, practical tool that you can apply to your life and that allows you to reap the benefits for how you think, feel and behave; act and interact; notice, savour and value.

I am going to introduce the concept of WOOP and the work of Gabriele Oetingen (NYU) and her book ‘Rethinking Positive Thinking’ (2014).

WOOP provides a framework for positive thinking and recognises that simply wishing it doesn’t make it so.

Change, for any of us, is difficult. It can be a risky venture.

We are hardwired to be wary of change. This wariness is what kept our nomadic ancestors alive. It’s the reason we ‘stop, look and listen’ to cross the road, it’s the reason we are adept at noticing a change in the behaviour of our children so we can respond appropriately and it’s the reason that when we consider making a change in our lives, all too soon we can revert back to previous patterns of behaviour.

Change is often referred to as ‘managed’ or ‘unexpected’. What makes the WOOP a very helpful tool is that it can help you to be more effective at managed change whilst providing you with contingencies for the unexpected.

Try saying WOOP without smiling, you can’t! So there’s a quick hit of valuable serotonin right there.

Wishing to win the lottery, wishing to fly or wishing for three more wishes is not helpful. The return on your investment on your wish will be serotonin poor; serotonin is the reward we get for succeeding therefore it is important that our ‘Wish’ is something we can actually do.

So let’s break that WOOP down…
W is for Wish

A wish is a powerful, evocative image for many. However, in this context, I am asking that we articulate our wish as something we have some control over. It must be achievable, whether that’s today, tomorrow, next week, next month or next year. As with all change, it’s best that we start small, the proverbial small first step.

An example of a Wish could be ‘I wish I was healthier’.

O is for Outcome

An outcome is a specific metric for you. This means it is personal to you, specifically when you achieve your wish what will be different for you?

An example of Outcomes for being healthier might be; I’d be able to run around with my children/grandchildren. I wouldn’t feel so tired all the time. I’d be more active and be able to do more things outside.

O is for Obstacle

This acknowledges that change is hard, that there are obstacles in our way. But the majority of obstacles we can actually do something about.

Now be advised this part of the WOOP is tinged with difficulty, it can be a gateway for negative thinking. We must be prepared to challenge, intervene and rebut those only too familiar negative thoughts, feelings and behaviours.

An example of Obstacles for being healthier might be; I start but lose interest so what’s the point? I love cake and chat with my friends. I always justify my excuses for not doing something. It’s just easier to not do something rather than try and fail.

P is for Plan

The plan in its most basic form is your strategy for ‘planned’ change. However, it’s important to understand that ‘plans are also subject to change’. It is the flexibility to respond to the ‘unexpected’ change that will ensure your plan has the best chance of success.

In practical terms this means ask yourself the following questions on drafting that first plan; ‘if’ this happens ‘then’ I will do that.

By doing an ‘if/then’ plan you are building in a contingency to your plan, you are better prepared for ‘unexpected’ change for you have already mitigated against it. Doing this gives you a little proverbial wiggle room, you have capac-
An example of a plan to being healthier might be;
I’ll go for a 15 minute walk every morning at 08.00 and then have my breakfast. If it’s raining then I will take an umbrella and choose to notice the sound, smell and sight of raindrops on flowers.
If I wake in the morning not wanting to walk then I will walk on the spot whilst the kettle is boiling.
If my friends offer/expect me to have another slice of cake then I will politely decline and ask for another cup of tea or place a sugar free mint in my mouth.
If I start to wane then I will look at a picture of my children/grandchildren and remind myself who I am doing this for, all the things I will be able to do with them.

Each person is different and therefore everybody’s WOOP will uniquely reflect the small measured steps that you can take towards achieving your own goals.
The WOOP drills down into the practical implications of positive thought, asks the challenging questions so that the transformational, sustainable change you seek is in your gift.

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Have You Missed Out?
YOU can catch up on previous editions of the Hethersett Herald by going to www.hethersettherald.weebly.com and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents.

It is currently available only online. If you have news or would like to be featured in Hethersett Herald contact editor Pfeter Steward on petersteward@lineone.net
Groups and Societies

Due to the current pandemic, groups and societies have shut down for the foreseeable future although we know that some are using social media platforms such as Zoom to have impromptu meetings. We will be expanding and improving our groups and societies section once the pandemic is over and meetings can re-start (please see the notice below).

WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at petersteward@lineone.net.

Reports of events and meetings can also be sent to the above email address.

The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site

www.hethersettherald.weebly.com

Announcement of publication is also made on social media platforms including Facebook, Twitter and Next Door. You can also be notified via e-mail.

If you enjoy reading Hethersett Herald please pass details on.

Please Get In Touch

If you have any stories or information you would like to see in the Hethersett Herald, please get in touch with us. You can find the contact details elsewhere in this edition.
Welcome Rain At Last

THE rain at the beginning of June was a welcome sight for many gardeners and this, coupled with the warm weather that followed, caused many plants to flourish. The lawns were getting brown and crispy and the rain made them green up again. At this time of year there is always so much to do. Here we make some more suggestions for jobs which we can be getting on with during July.

In the Flower Garden

Cutting back growth in hanging baskets can encourage new flowers and foliage and will revive the display. Make sure that you feed your baskets well after doing this.

Cut back faded perennial plants to keep borders tidy.

Cut back hardy geraniums and delphiniums after the first flush of flowers to encourage new growth and further blooms.

Prune lupins to encourage further flowers.

Deadhead sweet peas regularly to keep them blooming. Water daily in dry weather.

Dead-head your roses if they’re repeat-flowering types.

Divide clumps of Bearded Iris so they have time to form roots and flowers buds for next year before the cold weather arrives.

Deadhead bedding plants and perennial plants to stop them self-seeding and to encourage further flowering.

As new shoots grow, use soft ties to train climbing plants such as Honeysuckle and Clematis to their supports.

In the Vegetable Garden

Pick your courgettes while they’re young. Regular picking encourages more fruit.

Continue to pinch out any side shoots from your tomato plants. Tie the plants to stakes as they grow. Start to feed once the first truss is setting fruit.

Continue to weed around your onions and garlic to reduce competition for nutrients and water.

Pick, dry and freeze herbs for using later in the year.
Thin out direct-sown vegetables such as spinach, carrot and lettuce seedlings, then water the rows well.

Harvest early planted salad crops like lettuce and spinach, and re-sow every two weeks for a constant supply of tasty leaves.

Pick runner beans regularly to prevent them becoming stringy and to make room for developing pods. Leaving mature pods on the plant can prevent further flowers forming and reduce your crop.

Harvest beetroot, peas, carrots, chard, potatoes, salad leaves, lettuce and tomatoes this month.

Check for cabbage white butterfly eggs under brassica leaves and squash any that you find.

Water your fruit and vegetable crops daily in warm weather. Try to ensure that they’re consistently moist.

**Other jobs**

Clip evergreen hedges such as privet, box and yew while they're in active growth.

Prune your plum, apricot, peach and cherry trees now. Pruning these species in the summer reduces the risk of silver leaf disease.

Use water butts as much as possible and water your containers and baskets well in hot weather. Start to feed them with a balanced liquid fertiliser every two to four weeks.

Look for aphids on the underside of leaves - rub them off by hand or spray with an insecticide to prevent them multiplying. Alternatively try using a natural pest control such as Lacewing larvae.

Keep an eye out for white powdery mildew on plants. If possible, remove the affected parts and spray with a fungicide to prevent further spread.

Look out for slugs and snails around your young plants especially Hostas.

Make small 'wells' around individual plants so that the water can soak the soil to about 25 cm (10 in). Merely wetting the surface wastes water, encourages weeds and can lead to surface rooting making plants more vulnerable.

Keep bird baths topped up in hot weather.

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**News From The Allotment**

The welcome rain has resulted in many plants doing well. The asparagus harvest is just coming to an end and the feathery tops have been left to feed the plants for next year. Harvesting of mange tout has started and the first early
potatoes are ready for lifting. The strawberry bed continues to flourish and the summer fruiting raspberries are ready for picking.

The first courgettes are just ready for picking before they get too big. The runner beans are making good progress up their supports and, like the dwarf French beans, they have started to flower.

The new crop being planted for the first time this year is chickpeas. The seeds were planted directly into the soil and they have germinated well. Take care and enjoy your gardening.

There will be more from Roger Morgan’s garden and allotment in the August edition of Hethersett Herald.
Where To Eat In Hethersett

Church Farm Shop and Tea Rooms -
Norwich Road (B1172). Telephone 01603 814151
Open Mondays to Saturdays 9 am to 5 pm. Closed on Sundays.

Janey’s Village Café -
32A Mill Road. Telephone 01603 811234. e-mail - janeyd11@yahoo.co.uk.
Open Monday, Tuesday, Wednesday, Thursday and Sunday 8 am to 3 pm. Friday and Saturday 8 am to 5 pm.

Hethersett Queen’s Head -
12 Norwich Road. Telephone 01603 810226.
Food served Monday to Thursday 11.45 am to 2 pm (lunch) and 6-8.30 pm (evening meal). Friday and Saturday 11.45 am to 2.15 pm and 5.30 to 9.30 pm. Sunday carvery sittings at midday and 2 pm. Evening meals 5 to 8.30 pm.

Park Farm Hotel
On the B1172 at Hethersett. NR9 3DL. Telephone 01603 810264. e-mail enq@parkfarm-hotel.co.uk.
Park Farm is a luxury country hotel with spa and fitness facilities and a number of places to eat throughout the day. For more information visit their website at https://www.parkfarm-hotel.co.uk.

Café Kin
Rowan House, Queen’s Road, Hethersett.
The latest edition to Hethersett coffee culture, Café Kin is part of the Rowan House Health and Well Being complex on Queen’s Road. Food and coffee served during the day from 8 am until 2.45 pm Mondays to Fridays.

*                              *                            *
You will also find a variety of eating outlets close to the Thickthorn Services area off the B1172. These are technically in Hethersett, although they are two miles from the village centre.

Outlets include Greggs, Burger King, Subway and McDonalds and there is also a petrol station and Travelodge.

During the pandemic please check with the individual outlets. Many of them are now providing a takeaway service. We will inform you of re-opening dates as soon as we have them.
Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at www.hethersettherald.weebly.com

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net. Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

Herald Team

Editor - Peter Steward

Associate Editors - Roger Morgan, Gary Wyatt and Hannah Harrison.

Columnists - Scott Willoughby. Connie Tindale and Penelope Brown

Proof Reader - Anne Steward.

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.
The following are just some of the regular events taking place in Hethersett. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address:

petersteward@lineone.net

Please note that these events will not be taking place at present due to Coronavirus. We have decided to keep this page active in order to inform residents of what is available to them once the epidemic is over.

Regular Events:

Hethersett Croquet Club meets on the Memorial Playing Field from 2.30 pm on Wednesday and Saturdays during the summer.

Hethersett Methodist Church Art and Craft Group meets in the Methodist Church Hall from 10 am on Wednesdays. Further details available from Tina Greenhalgh on 01603 810364.

Hethersett Table Tennis Club meets in Hethersett Methodist Church Hall from 7 pm on Fridays.

Hethersett Methodist Church Shoppers’ Coffee takes place on Saturdays from 10.30 am until midday.

First Steps pre-school Group meets in Hethersett Village Hall on Tuesdays from 10 am during school term time.

The Heart of Hethersett Bereavement Group meets in the lounge of Woodcote Sheltered Housing complex from 5.30 to 6.30 pm on alternate Tuesdays. All welcome, light refreshments available free of charge.

Hethersett Dementia Support Group’s monthly café takes place in Hethersett Methodist Church Hall from 10 am until midday every third Tuesday. There is also a social morning meeting on the first Tuesday of each month from 10 until 11.30 am.

Hethersett Short Mat Bowls Club plays two sessions each week in Hethersett Village Hall. The first is on Tuesday afternoons from 2.15 pm for a 2.30 pm start and the second is on Friday evenings at 7.15 pm for a 7.30 pm start.

In the light of the Coronavirus epidemic we have suspended our July What’s on listings. The listings will be re-introduced once groups and societies begin meeting again.
In light of the coronavirus please check on the club’s website on club’s hours and coming attractions. The club is currently closed.

Normal Club Opening Hours are:

Monday - Closed
Tuesday - 7 pm to 11 pm
Wednesday - 7 pm to 11 pm
Thursday - 7 pm to 11 pm
Friday - 5 pm to 11.30 pm
Saturday - 12 pm to 12 am
Sunday - 12 pm to 6 pm

For more information on club activities telephone 01603 811195 or visit the official website at: www.hethersettsocialclub.co.uk

We always admire this lovely seat in the centre of the village which has certainly enhanced the area around the green patch in Great Melton Road.
Herald’s Lockdown Quiz

Once again Hethersett Herald Associate Editor Roger Morgan delves into his quiz archive to bring you some tantalising questions. Answers on the final page.

Round 1 - Play the Game

Excluding resigning, how many different moves does a player have the choice of at the start of a game of chess?

In the computer game Grand Theft Auto, Liberty City was based on New York, Which city was Vice City based on?

In 1941 which board game was adopted by the British Secret Service to aid the escape of Prisoners of War?

How much is the letter Z worth in the Polish version of Scrabble?

In which TV game show would you find The Governess and The Dark Destroyer?

If you placed a dart in every section of a standard Dart board what would the total score be?

How many characters in the game Guess Who are wearing glasses?

Which game was released by King.com in April 2012?

Question or Nominate is a phrase commonly heard in which UK quiz game show?

Which game company invented Pokemon?

Round 2 – Connections

Which battle was fought in Belgium on the 18<sup>th</sup> June, 1815?

The capital of which US state is Jackson?

The Greek Titan Prometheus stole what from the gods and gave it to the mortals?

In which Olympic sport can you compete in a Finn, a Laser or a 49er?

In which month in 1965 did Winston Churchill die?

Which gemstone, a variety of corundum or aluminium oxide, is widely used in lasers?
In which film do the characters Olaf, Elsa, and Kristoff appear?

What is the more common name for the winged beetles also called lightning bugs?

What is the Christian name of the McLaren formula one driver Alonso’?

What is the connection between answers 1 - 9?

Round 3 – Night Knight

Who played the character Alfred J Pennyworth in the 2012 film The Dark Knight Rises?

Who was the first man to be knighted for his work in Science?

Which play features the characters Sir Toby Belch and Sir Andrew Aguecheek?

Who wrote the music and lyrics for the hit musical ‘A Little Night Music’?

Which part of a knight’s body would be protected by a greave on a suit of armour?

In which city is The Hard Day’s Night hotel located?

In which British TV sitcom was the codename Nighthawk often used?

Which England footballer was knighted in 2004?

What was the name of the character played by actor Sidney Poitier in the 1967 film ‘In the Heat of the Night’?

In Arthurian legend, Sir Lancelot’s full title was ‘Lancelot of the what?’

Round 4 - General Knowledge

Which member of the Royal family divorced on April 23rd, 1992, and married again eight months later?

The Harvey Wall Banger cocktail contain Vodka, orange juice and what else?

Which creature is associated with the fourth sign of the zodiac?
Herald’s Lockdown Quiz

Round 1 – Play the Game

Round 2 – Connections

Round 3 – Night, Knight

Round 4 – General Knowledge

Which palindrome describes a small boat?
In which county would you find the seaside resort of Ilfracombe?
What is the name of the fight or flight hormone?
What is 1009 when expressed as Roman Numerals?
What was left in Pandora’s Box after all the evil escaped?
An ampersand is a printing symbol to replace what three-letter word?
Which advertisement for a soft drink caused controversy in the 1990s for seemingly promoting a violent act?

Lockdown Quiz Answers


Round 2 – Connections

Round 3 – Night, Knight

Round 1 – Play the Game

What was left in Pandora’s Box after all the evil escaped?
An ampersand is a printing symbol to replace what three-letter word?
Which advertisement for a soft drink caused controversy in the 1990s for seemingly promoting a violent act?