

HETHERSETT HERALD

March 2021—Number 65



February saw the return of the Beast From the East to Norfolk and to Hethersett. Sub zero temperatures and heavy snow produced some artistic as well as fun photographs. Our readers were out in force to capture the images and you will find galleries of them in this edition. The image above of the parish church was sent in by Louise Chappell-Maor.

Vaccine A Go-Go

THE vaccine roll-out continues apace in the Humbleyard practice which incorporates Hethersett.

Staff have been working flat out to give as many people a shot in the arm as possible.

At the time of writing almost 13,000 people have been vaccinated. By

February 20th the practice had reached Cohort 6—those aged between 16 and 65 with specific pre-existing medical conditions that make them vulnerable.

The practice is also proud of its record that no vaccines have been wasted since “jabbing began.”

More news on the roll out is inside this edition of Hethersett Herald

MAIN CONTENT



A much loved Hethersett head teacher has announced her retirement. Angela Jermy will say goodbye to Woodside School at the end of the summer term -

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Our very own village princess has put in a marathon effort to raise money for charity.

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A mysterious wartime drawing has turned up in a bureau bought from a charity shop in Wales.

But who drew the pictures and what is their connection with Hethersett?

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The Beast From The East returned in February in a month which also saw warmth and bright sunshine. We have a gallery of photographs starting on page 31.



Former Hethersett Academy Principal appointed to top position.
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A Message From The Editor

Hello Again and welcome to the March edition of Hethersett Herald.

This month seems to have been dominated by two things—the continued fight against COVID with the vaccination programme in our area really gathering pace and the return of the Beast From The East. You will find comprehensive coverage of both within another bumper edition.



I have written in the past about the aims of this publication. Primarily they are to support and feature our village, to inform and to entertain. I think to these we should add a fourth—to act as a record of life today.

Every time I hold in my hands or view a photograph from the past, I wonder about what it would have been like to live then. What was life really like say in 1921? Short of having a time machine, we will never be able to experience it at first hand and evidence is sketchy, relying on old photographs and snippets of diaries etc.

Fast forward 100 years and things are very different. So many people are now making a record of their lives and what living in the village in 2021 is like—some not even aware that they are doing it. But with more and more people using social media in all its forms we have a flood of material available.

So fast forward to the year 2121 and keen local historians will have a massive record of what life was like living in the first two decades of the 21st century.

And that is why I am proud that Hethersett Herald is a journal in the true sense of the word. Hopefully it will act as a record of what our life is like, what the issues of the day were and what made out village tick.

Hopefully Hethersett Herald captures just some of the flavour of what it is like to live in a Norfolk village at this time.

I would like to thank everyone for their messages with regard to my daily blog.

I am currently editing it with a view to self-publishing a book in the near future under the title “A Year In Lockdown—Walking 1,000 Miles.”

Peter

Praise for Humbleyard Practice

THE Humbleyard Practice which covers Hethersett has achieved remarkable things during the past month issuing thousands more jabs from its Cringleford base.

By the middle of the month, over 10,500 people had received their first shots with blanket coverage of all those in the first four priority groups who elected to have the vaccination.

In any three day period during the month, up to 2,000 vaccinations have been given and even Norfolk's Director of Public Health, Dr Louise Smith, was on hand on one particular day to help draw up the vaccine shots.

And the work of medical staff and a veritable army of volunteers has brought praise from the local community. Below are just a few of the comments made by satisfied customers.

"Thank you all so much, you are doing a fantastic job."

"We were both very lucky to have our vaccinations with you so well organised and efficient."

"I cannot thank you guys enough. I am needle phobic and had my jab today and your staff and volunteers were beyond amazing."

"Everyone was relaxed and smiling.....very welcoming! See you in May! "

"It's amazing all the hard work and commitment of everyone involved."

And there was also appreciation of the information flow from the practice:

"We are so lucky to have a surgery that keeps us informed like this."

Leading the fight against Coronavirus



Above are just some of the volunteers and staff who have been praised for their efforts.

A Day In The Life of a Vaccine Centre

Saturday February 6th was a typically busy day for the vaccination centre at Cringleford. Here senior partner Dr Siobhan Rowe takes us through the day.



The busiest day yet!

1,200 AZ Oxford vaccines delivered in one day.

Setting up at 5.30 am straight through to 7 pm. Nine vaccinators at any one time, lots of them volunteers.

All my GP Partners gave up part of their weekend to volunteer as well as Humbleyard ex partners Dr Rick Overy and Dr Christine Buckton.

Your amazing car park team who had to cope with extras fitted in as well as unexpected road closures. They have been absolute stars. They have sorted flat batteries, flat tyres and some very nervous drivers. The volunteers include teachers, doctors, nurses, financial advisors and even retired Royalty Protection Met Police Officers to try and ensure your safety. They have loved it too. We couldn't do it without them. Thank you so much to all of them.



Apologies to local residents with the extra traffic today with the road closure. It was a super busy day.

We were also joined by fantastic students Lila Hallam, Katie Glenn and Katy Grantham (all children of local doctors and keen to help).

Andy Nunney our local recently retired pharmacist continues to volunteer, drawing up the vaccine for hours.

We have given 2,400 vaccines in three days. Not bad when in theory I am on holiday. You are all amazing and helping us try to get life back on track and still not a single vaccine wasted.

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Editor's Note—The practice is administering both the Oxford–AstraZeneca vaccine and the Pfizer vaccine. Those having the Pfizer are asked to stay for a self-timed 15 minutes to ensure there is no allergic reaction to the vaccine.

How The Practice Is Moving Forward

Below is the Facebook entry from the practice on February 15th underlying the progress that had been made by the middle of the month and giving a unique insight into the workings of the practice.

What next for the vaccine programme?

We are delighted to say that over 10,500 covid vaccines have now been done. This is fantastic. We have three days of vaccinating this week Thursday, Friday and Saturday so look forward to seeing thousands more of you.

All of our patients over 70 years of age and our shielding patients have been offered a vaccine.

Starting from 15th February, NHS England has asked us to offer vaccines to our patients who are in Cohort 6 - that is all individuals aged between 16 and 65 years of age who have an underlying health condition that puts them at higher risk of disease and mortality, and also those in receipt of a carer's allowance or who are the main carer of an elderly or disabled person.

If you are at risk because of an underlying health condition, we will be contacting you over the next few weeks for a vaccine - please wait for us to contact you.

There is an NHS computer search that allows us to select the patients that fit the criteria for vaccination in group 6. It is pretty good but not perfect and if you are not called in the few weeks and you believe that you fit into group 6 we will give you the option to contact us so we can review your records. It is a large group of thousands of people so it will take a few weeks.

If you are a carer and think that we are not aware of this then please feel free to contact us via the website to check that we have you on our list.

We will have more on the progress of the vaccination programme at Cringleford in the next edition of Hethersett Herald.



Dr Louise Smith, Norfolk's Director of Public Health, draws up some vaccine at Cringleford.

Vaccination—A Personal View

Writing a Slice of History

By The Editor

Both myself and my wife received the first dose of the vaccine during the month. Anne was first to have the jab and I followed just under a week later. We had different versions. She had the AZ and I had the Pfizer.

For Anne's vaccine we drove down to the surgery, was immediately shown to a parking space. She booked in and literally five minutes later was out again—all done and dusted.

I decided to walk to Cringleford and back for my shot six days later. I arrived 10 minutes ahead of my allotted time, booked in, joined a queue of one and had the jab within a matter of minutes. Having the Pfizer vaccine I then had to wait 15 minutes (self timed) before setting off again. It was all very effortless and simple and I truly didn't feel the jab which took seconds to administer.

As for after effects, Anne had a headache and some muscle pain for 24 hours and I had nothing worse than feeling tired (in bed by 8.30 pm) and shivery for a couple of days.

Having the vaccine made us feel that we are moving in the right direction. All involved in the Humbleyard Practice (staff and volunteers) are helping to write their own small slice of South Norfolk history.

For Your Arms Only

YOUR COVID vaccination is for your eyes (or arm) only.

Dr Siobhan Rowe took to Facebook to say that vaccines cannot be passed on to another person:

"We have had a couple of people who feel it is their right to give their COVID vaccination to someone else e.g their partner.

"However well meaning this is, it is not ethical. If you are unable to take up the offer of a COVID vaccination it goes to the next person on the list.

"The vaccine doesn't belong to you to give to someone else and our staff have been asked to not allow this," Dr Rowe said.

Memories Live On In New Rooms

A NUMBER of memories will be rekindled by the naming of rooms on the former Hethersett Old Hall School site which is now owned and run by Norfolk Police as a training complex.

In the summer, former pupils were asked through their Facebook page to suggest names for rooms that could be put forward to the police.

An article in the latest edition of the newsletter for former pupils says: "After lots of Facebook messages and emails, we collated the final list and presented it to the police.

"Naming requires a lot of careful thought. The whole site isn't in use yet and history constantly evolves. A small number of names will initially be used and then as things expand these will be added to."

In making their suggestions the group employed the following criteria:

- Someone connected to Hethersett as a school.
- Someone/something connected to Hethersett as a community.
- Someone connected to the police.

And the first three rooms will remember a much-loved headmistress, an African charity with a local connection and a retired Chief Constable of Norfolk.

The Vic Redington Room will be named after Victoria Redington who was headmistress from 1983 until

1999. It will be the former geography room. Numerous people suggested Mrs Redington and it is hoped to invite her back for a special ceremony once



Three Rooms to Remind People of Major Contributions

lockdown restrictions have been eased.

Next will be the Wulugu Room, named after the connection between the site and Wulugu in Ghana. This room was originally one of the English classrooms.

"This name has been chosen to honour the huge amount of fundraising and awareness which was undertaken by the community. It helped to bring education, necessary services and support to this area in northern Ghana," the newsletter states.

A third room will be named the Ken Williams Lecture Theatre after the former Chief Constable. The theatre has been created by knocking together the former textiles and art rooms in the

Jubilee block. Chief Constable Williams played a key part in the move of Norfolk Constabulary from County Hall in Martineau Lane, Norwich, to a new headquarters at Wymondham. Financial prudence allowed the police to purchase Hethersett Old Hall School without resorting to raising more funds from the public.

Each of the rooms will have a photograph and short biography explaining where the name came from.

There are also plans for former pupils to purchase benches or other public area items in memory of those at the school or loved ones.

Head Teacher Announces Retirement

A much loved Hethersett Head Teacher has announced her retirement.

Angela Jermy (pictured right) announced her retirement in a letter to parents in February.

It will be the end of an era for the school. Mrs Jermy joined the staff in 2001 and has been Head for more than six years. She oversaw the school's 2020 move from Firs Road to a purpose built new building on the North Hethersett development.



At the time she told Hethersett Herald that leaving the iconic building would be a wrench:

"It has been a very special building. A lot of staff members have been here for some considerable time. But this is an incredibly exciting time for pupils, parents, staff and all our stakeholders and we are all looking forward to seeing this new school take shape over the next few months," she said.

Mrs Jermy announced her decision to retire with the following words: "After many months of thought and reflection I have come to the incredibly difficult decision to retire from my role as Headteacher at Hethersett Woodside Primary and Nursery School.

"I have loved being Headteacher at Woodside and I am immensely proud of the school and its wonderful achievements. As I look back on my time here I am extremely proud of the journey that we have been on over the years, the hard

work, the celebrations and the shared successes and development of an outstanding school for our community.

“It has been an honour to work with such devoted and compassionate staff over the years. I would like to thank my entire team for the support and dedication over the years.

“I have been fortunate to work with enthusiastic children and parents who will only accept the best for our community. I know we have shared many happy times as well as sad over the years but one thing I can say is that we have all worked through these times together.”

“I will be extremely sad to leave the amazing school which has for the last twenty years been my life, but I now have a new journey to start with my grandchildren. I know the school will continue to thrive in the coming years.”

Mrs Jermy will leave the school at the end of the summer term and added that she is looking forward to welcoming the children back when lockdown restrictions are relaxed.

Letter To The Editor

I was very moved when I read Trevor Radley's article entitled New Year's Pain on page 11 of the February edition which highlighted the fact that both he and his wife Kerry contracted Covid 19 at the beginning of January.

I think it is very admirable that Trevor has shared his personal experience of this dreadful disease. It also serves as a reminder that each of us must be vigilant and adhere to the government guidelines to try to limit the spread of it.

My best wishes for a full and speedy recovery go to both Trevor and Kerry whom I first met approximately twenty five years ago when they were near neighbours who lived two houses down from me in Arneside Close in Steepletower. I am not on any of the social media platforms and I would be grateful if you could pass on my best wishes if you do have any contact with Trevor and Kerry.

I subsequently moved away but I am very much looking forward to moving back to Hethersett soon when our house purchase is completed.

Kind Regards

Ian Sewell

Fond Memories of Nurse Estrella

The Hethersett colleague of a staff nurse who died with coronavirus, has paid tribute to her.

Estrella Catalan, 52, an emergency department staff nurse at the Norfolk and Norwich University Hospital (NNUH), had been receiving treatment for the virus in the hospital's critical care complex for a number of weeks, but died on February 5th.

Colleague Tristan Cork from Hethersett, who has suffered tragedy in his own family with the death of son Finnbar from a brain tumour and who set up the Finnbar's Force charity in his memory said:

"I had a strong connection with Estrella because of the sadness we have both faced over the last few years and I will miss the little chats we had in the rest room. My heart goes out to all of her family and the very close community she was part of, all of whom are now suffering immense pain at her loss.

"It is such desperately sad news that our amazing NNUH Emergency Department team have lost one of our own. Estrella will be very fondly remembered by everyone that had the pleasure of working with her. Such a friendly, caring and hardworking nurse who wanted nothing more than to get well and get back to support her colleagues.

"I hope that our team can find the strength to carry on the fighting for our patients against the awful disease that has taken Estrella," Mr Cork said.

Other comments on Facebook referred to Estrella as a lady that "was always so lovely to work with and who always had a lovely smile for everyone."

Comments included the following:

"Such sad news of a beautiful lady."

"You all do an amazing job and this is awful to hear."

"Estrella will be missed so much by so many."

A GoFundMe page set up immediately after Estrella's death to help support her family reached its target of £1,000 in under two hours and has now raised over £22,200 with over 1,200 people donating. In addition, a previous fund, started when she was initially taken ill, has raised more than £8,000.

Estrella leaves a husband Melvin and sons Josh and John. Another son Vince died two years ago.

To see how much was raised for the Finnbar's Force charity from the Hethersett Christmas lights read on and you will find the answer in this edition of our e-magazine.

Home Farm Gin Set To Expand?

A Hethersett based gin company is planning to expand its operation—subject to planning permission being granted.

Home Farm Gin of Ketteringham Lane already trades online but is looking to

- ◆ Add the sale of alcohol for consumption on the premises and to allow the public to purchase from the premises in addition to its online sales.
- ◆ Add live and recorded music and late night refreshment
- ◆ Offer gin products for sale from the office at Home Farm

There is a consultation period which will continue until March 11th. Opposition to the application can only be made on the grounds of

- The prevention of crime and disorder
- Public safety
- The prevention of public nuisance and
- The protection of children from harm.

Hethersett Parish Council discussed the application at its planning meeting on February 15th and decided to make no comment other than to say it appeared that the ap-

plication had fulfilled the criteria of the four statutory objectives (listed opposite).

Chairman of the committee Eileen Mulvaney said that no objections had been put forward by neighbours and that the application referred to controlled taster sessions.

Other members questioned the need to have light night music and refreshment and wondered whether this would lead to further applications which could effectively turn it into a public house.

The council agreed, however, that it was good to see a local business expanding.

Members agreed, however, that they could only comment on the four objectives which the applicants had met.

Home Farm was granted planning permission to distil gin in 2017.

Hethersett Herald Associate Editor Hannah Harrison visited Home Farm Gin in 2020. You can read what she had to say on the next page.



A Visit To Home Farm Gin Distillery

IN the March 2020 edition of Hethersett Herald, associate editor Hannah Harrison visited Home Farm and met owners Nev Leverett and Paul Dunnett. Here we reproduce part of that article.

FOR the gin lovers among you, look no further because we now have a gin brewery in Hethersett. Based at Home Farm, Ketteringham Lane; Nev and Paul started selling their gin in November 2019.

I briefly met Paul, who lives in Hethersett, but spoke mostly with Nev, from Barford. Alcohol is Nev's area of expertise, he's done plenty of bar work before and has even been on a month long cocktail course in Las Vegas where he learned about the history of gin, which is where his interest began.

Nev knew Paul from his bar working days and as their friendship grew, they decided to start a gin brewery together on Paul's beautiful property in Hethersett.

As with every business, they are hoping to get bigger and better. The duo pride themselves on quality. Their gin will not be the cheapest on the market at £39 a bottle, but it will likely be one of the best. They use natural ingredients, no artificial flavouring or colouring. They are conscious about the environment so have made sure that their packaging doesn't include any plastic .

Another massive plus is that they have their own private water supply, so it's good old Hethersett water. This won't be the last time you hear about Home Farm Gin, I'm sure of it, lots more to come. You can read more about Home Farm Gin on the following social media sites—Website: homefarmgin.co.uk: Facebook: Home Farm Gin: Instagram: [@homefarmgin](https://www.instagram.com/homefarmgin).



Words and Photographs by Hannah Harrison

FOR the gin lovers among you, look no further because we now have a gin brewery in Hethersett. Based at Home Farm, Ketteringham Lane, Nev and Paul started selling their gin in November 2019. They have one flavour at the moment, strawberry and mint. They are already working on their next, London Dry, with lots more in the pipeline.

I briefly met Paul, who lives in Hethersett, but spoke mostly with Nev, from Barford. Alcohol is Nev's area



Hannah's original story which appeared in the March 2020 edition of Hethersett Herald



Princess Fundraiser

HETHERSETT'S very own princess took to the streets in January and February to complete a 28 day walking challenge to raise money for charity.

Four year old Eva is the daughter of Hethersett Herald associate editor Hannah Harrison. She made it a storybook month by dressing up as many of her favourite characters.

Eva's aim was to walk a mile every day. Not only did she achieve this, but she completed 34 miles in the 28 day period from January 11th to February 8th.

Eva braved the winter weather and to date has raised £1,289 of her target of £1,500 for the Anon Street Team, Norwich.

In order to bring that money up to its target, Eva and mum Hannah have been busy baking cakes.

There is still time to donate by visiting

www.gofundme.com/f/28rq1etd6o



Death of Village Stalwart

HETHERSETT has lost a village stalwart with the death of Beatrice Ewart (nee Simpson).

Known to everyone as Bea, she will be remembered for her involvement in a number of Hethersett groups and projects and for her educational legacy.

Beatrice was born in Edinburgh in 1934. She trained as a teacher, graduating with distinction from Moray House Training College in Edinburgh and becoming an infant school teacher.



In 1957, she married fellow Scot Eugene Ewart in Edinburgh and, shortly after, the couple moved to York where Bea did supply teaching until their two children—Andrew and Michael—came along in 1958 and 1959 respectively.

Bea had a lifelong interest in poetry

In the 1960s, Bea returned to full time teaching whilst Eugene undertook teacher training himself. They moved to Middlesbrough where they both taught until moving south to Norwich in 1973 where Eugene took up a new teaching post.

After various part-time supply teaching posts, Bea taught full time at Bignold Infant School until she retired.

But that certainly wasn't the end of Bea's teaching days or of taking on new challenges. She taught literacy to trainee motor mechanics at Norfolk Training Service and was also a course leader in Teaching English as a Foreign Language to Italians at summer schools in Norwich. She also helped at the Family Service Clinic in the City.

Apart from her family, Bea had a lifelong love and interest in poetry which took her to numerous places throughout the country, attending workshops and seminars and lectures.

She spent hours at her computer composing and recording a diverse range of poetry and in 2001 produced a book of poems on the subject of Biodiversity entitled "Planet Earth."

In the same year her poems featured prominently in the "Wild About Hethersett" booklet which explored biodiversity around the village.

Bea was a prominent member of the Hethersett Environmental Action Team (HEAT) and a regular contributor to the Wymondham Nature Group quarterly illustrated bulletin.

In 1999, Bea co-authored "Hethersett Heritage" which was a publication spon-

sored by Hethersett Society. Three years later the society's research group of which Bea was a member published "The Book of Hethersett" which was one of numerous volumes published by the Halls Grove Group featuring villages and towns throughout the country.

In 2008, Bea authored "The Hethersett War Memorials 1914-1920" with Bob Andrews. This looked at all the servicemen from the First World War featured on the village war memorial in the grounds of St Remigius Church.

Bea also supported many charities including Breadline Africa in Cape Town and regularly contributed teaching material and work books to support the education of children. She also had a love of art and craft and classical music.

"Hers was a life of industry, generosity, kindness and friendship. She will be greatly missed by her family, friends and acquaintances," said Eugene.

- Much of the information for this tribute has been taken from an article written by Eugene that appeared in the village Good News magazine.

Tribute articles to Bea appeared in the Eastern Daily Press and Norwich Evening News newspapers and the Guardian.

Over the page is a press cutting featuring Bea and her part in researching the names on Hethersett's war memorial in the grounds of St. Remigius Parish Church in the village.

Memories of Bea

I knew Bea Ewart for many years through a shared love of history in the village.

She was what could be termed "a force of nature" always hustling and bustling about with some interest or project.



Bea was an integral part of writing The Book of Hethersett a publication for which I contributed a chapter on education.

A few years later I was given permission by Bea to use much of her research into the names of those from Hethersett who had died in the First World War for a new website I was putting together on the history of Hethersett from 1910 until 1950.

Bea was always writing poetry and I particularly remember a very poignant war poem about the Thiepval Memorial which she gave me a copy of.

An hour spent with Bea was an hour full of memories, reminiscences and information as she sorted through memorabilia and photographs.

She made a big contribution to Hethersett life in a number of areas and her professionalism, expertise, spirit and enthusiasm will very much be missed.

Peter Steward

■ From left, Bob Andrews, Cllr John Nightingale, Bea Ewart and Gary Wyatt with Peter Stewart holding the laptop.
Picture: SONYA DUNCAN



Stalwart marks 35th anniversary with village's world wars website

If you've spent much time in Hethersett, it's likely you've come across Peter Stewart.

The community stalwart has worked tirelessly at the heart of dozens of organisations and clubs during his time in the village.

And the 63-year-old has just finished his latest project to document the village's First and Second World War story online – just in time to mark his 35th year in Hethersett.

"The council had decided that they would clean up the memorial and add a name on, but I thought it would be nice to create a lasting memorial as

Hethersett

Lauren Cope
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well," he said. With the help of village archivist Gary Wyatt and local historian Bea Ewart, Mr Stewart spent months painstakingly poring over 41 files of letters, records and diaries to put the site together.

Among his discoveries were two village rectors who, through their carefully-penned notes, shed light on life during the war.

"If you follow it in time sequence it's really interesting. The rector in the Second World War was talking about the political issues as it unfolded, like asking 'can we trust this man Hitler'. It gives you a real feel about what was going on at the time," he said.

Having also inspired relatives of fallen soldiers to get in touch, Mr Stewart was contacted with stories which – would have otherwise remained hidden.

Despite the help, Mr Stewart said some tales will remain a mystery. "There's one man from the Second

World War whose father was a Welsh MP and industrialist living at Cedar Grange – but to date I can't find out why the family moved to Hethersett.

"Both the father and son died in the same year as serving officers and the only connection I can find to Norfolk is that he had a friend here – but that doesn't seem enough to move to the village," he said.

Visit the website at www.hethersettalwar.weebly.com

→ Have you got a story from Hethersett or Wymondham? Email lauren.cope@archant.co.uk.

THE wonderful Christmas lights display in the area of the village just off Great Melton Road raised over £5,500 for the Hethersett-based Finnbar's Farce charity.

"We are delighted to reveal that the total amount raised thanks to you wonderful people was a whopping £5,500," said organiser Tristan Cork.

And Tristan had a promise: "Our lights will be back even bigger and better next Christmas."

Youth Club Roof Appeal Is Launched

Hethersett Jubilee Youth Club has launched a £30,000 appeal to replace a leaking roof that is threatening to prevent its re-start when lockdown restrictions are lifted.

The youth club in Back Lane is desperate to provide a homely and relaxed meeting place for youngsters but trustees admit that raising the money to make the necessary repairs is akin to “climbing a mountain.”

Trustees and supporters have set up a Go-FundMe page to raise £10,000 towards the repairs, hoping that the remainder can come from grants and some fundraising.

“We are climbing a mountain and it will need everyone pulling together to get there,” said trustee and youth club organiser Gillian Saunders.

“If the wind blows in a certain direction and it rains hard, the water comes in now in several places. Even normal rain needs a bucket or two conveniently placed. We have a lovely hall but the roof has given up and badly needs replacing,” Ms Saunders added.

The fund-raising page has been set-up by Hethersett duo Kim Rout and Alahna Eamer who will be running the youth club and its well-being groups once lockdown restrictions have been eased:

“We would love a water-tight building. The roof is currently leaking and we are running out of buckets. We really want the youth club up and running for the young people after lockdown. We want to make it a nice place to be, a place where our young people want to go and a place where they can feel safe. It’s also an asset we cannot afford to lose,” Kim Rout said.

Once up and running, Kim and Alahna will be planning to supplement the weekly Wednesday youth club meetings with a monthly well being group on a Thursday. The roof has been leaking for well over six months with local resident and supporter Angela Eden experiencing the problem at first hand before the current lockdown restrictions. “I was at a meeting in the hall and, to my horror, the heavens opened. Rain, rain, rain through the roof and water everywhere and as fast as it was mopped up there it was again,” she said.

The fundraising effort has got off to a very good start. A turn a mile into cash by walking or running over the half-term holiday brought in £1,190 when money raised at Church Farm Shop was taken into account.



Church Farm Shop joined in the fundraising for the youth club in the most tempting way.

On Saturday, 20th February, the shop donated 100% of the money taken on every purchase of their new de luxe hot chocolate.

“We need to all support our youth club. With major roof repairs needed we would love to help do our bit by raising some money

“A lot of money needs to be raised so we will all do our bit to help!,” said shop owner Jake Willgress.



Zooming In On Presentations

HETHERSETT Hawks/ Yellow Brick Mortgages staged its 2020 Presentation Evening, not in the usual party atmosphere of the Social Club but on Zoom. Eighteen families tuned in and, as well as awards, everyone heard about exciting developments - new track side facilities for which planning permission is currently in, and various fund-raising initiatives to support that and other developments.

As well as acknowledging club champions and three Norfolk Champions, awards were made for the time trial element of the successful 29 training events held last summer - these went to Luca El Labany (Under-8), Louis Marling (Under-10) Aiesha Musa (Under-16 Girls) Mason Martin (Under-16 Boys) and Paul Delaiche (Over-16s).

Matthew Sidell received a special award for attending 27 of the training sessions.

Chairman Mel Perkins MBE an-

nounced his Club member of the Year award which went to Nigel Longlands for his work in training, commitment to coaching courses and track maintenance work.

In turn, Nigel announced his Coach's Award which went to Thalia Silver for her commitment and determination. The Committee had voted online earlier for two awards, these going to Aiesha Musa (Best Newcomer) and Max Pugh (Most Improved Junior). The most prestigious awards are those voted for by the members online and these were won by Aiesha Musa (Young Sportsperson of the Year) and Nigel Longlands (Sportsperson of the Year).

With such enthusiasm it was clear that we will be busy again in 2021 once restrictions are lifted. The club is holding its AGM on Zoom on Sunday February 28th at 3 p.m.

MP

Memories of Alan

The funeral service took place at St Remigus Church on February 8th of village resident Alan Utting who died five days after his 96th birthday. His son James, who many people will know from his village involvement, gave a funny and poignant tribute as a celebration of Alan's life which we reproduce here with his permission.

I'D like to thank you all for coming today to celebrate Alan's life. Initially 'dad' to me, but from 1971 and the acquisition of three step brothers, he became 'Alan' to us all. It is a challenging day to come to celebrate Alan's life and he would have loved to see us all together. The weather is somehow appropriate, though - he loved to photograph churches- particularly in the snow - and one such photograph was reproduced many times as a Christmas card.

Alan was born in 1925 to Fred and Alice of Intwood Road, Cringleford. Fred was senior accountant at Caley's Chocolate Factory.

An angelic little boy with curly blonde locks, he attended Cringleford School, and St. Peter's Church Sunday School- where he became an altar boy. He delighted in roaming around the surrounding countryside and marshes taking a keen interest in the birds, butterflies and fishes that were then prolific. To supplement his interest and learn more, he collected the pictorial cards given away with packs of cigarettes and tea – a hobby he was to take up again in re-



tirement.

From age nine he attended Bracondale School, Norwich, and in the headmaster's own words: "Alan proved himself of excellent moral character and showed marked ability- obtaining six credits and three 'very goods' in the School Certificate Examination." Leaving school at 16, he joined Norwich Union as a trainee. In 1941 it was a question of marking time until your country needed you. Both 'marking time' and 'quick march' were carried out in the Norwich Union's Air Training

Corps and, after a slight 'change of uniform', Alan joined the RAF as a trainee pilot. Unfortunately the induction wasn't a great success as he missed the airfield on his first trial landing not once but twice, so found himself transferred to 'No. 26 Operational Unit for Bomber Command' at Wing in Buckinghamshire, training as an Air Bomber and Navigator in Avro



Ansons. The Long and involved course saw him based at Charlottetown, Prince Edward Island, Canada - then Wigtown, Scotland, and finally back to Wing .

By the time he qualified in 1946, he'd clocked up a total of 230 hours of day and night flying, during which some unspecified 'dicey adventures' cured him of his initial enthusiasm for flying to the extent that, in later years, he preferred the six-day drive- plus ferry crossing -to the Balearics rather than a two and a half hour flight.

Re-joining Norwich Union in 1947, Alan began his professional accountancy exams- qualifying in 1955 which gained him promotion to Assistant Accountant in 1961 then, in 1963, to the position of Chief Accountant. He held this position until retirement in 1985 aged 60.

In 1948, Alan married Pauline Timbers, later settling into a new house in Cringleford, where I was born followed in 1959 by Celia. Despite working long hours at Norwich Union and

studying for his professional qualifications he found time to landscape and maintain the garden, take us on English seaside holidays and regular weekend outings.

One in particular springs to mind. In the late '50s before we had a car, he decided to take us to Wells, on the train- which required an early rise to catch the 9 am bus to Thorpe Station for the 10.30 train, which puffed its wheezy way into Wells a couple of hours later. By the time we'd walked the mile or so down Polka Road from the station it was lunchtime, so we stopped in the first café for a bite. An hour or so later, Alan realised the train back to Norwich would be leaving at 3 pm so it was straight back to the station and home, where we arrived at 6 o'clock, tired and rather disappointed. As a result..

In 1956 he acquired his first car -a pre-war Citroen for £35 – but it provided little in the way of reliability- ultimately catching fire on the Acle straight and - much to his disappointment- being extinguished by a passing American

serviceman who happened to have a bucket in his car and scooped water out of the roadside dyke. Subsequent cars were rather more reliable and motoring became one of his interests, along with photography which he pursued to a high standard and his carefully catalogued collection of around 3500 slides attests to this.

Unfortunately his first marriage didn't work out and they divorced in 1966, Alan and I moving to Softley Drive on the other side of Cringleford.

Although a new challenge for him, he adapted well to life as a single parent, we'd often go to the races at Snetterton circuit and up to the old airfield at Hethel where he taught me to drive in his company Cortina 1600E. Not just clutch control and steering but power slides, four wheel drifts and hand-brake turns on the loose surface- he enjoyed it probably more than I did, inspired by the Steve McQueen film Bullitt and its legendary car chase through San Francisco- a film which coincidentally started an ongoing interest in McQueen with Alan collecting every one of his films and reading numerous books on the actor. These antics on Hethel airfield continued until one Monday morning he set out for work only to find the Cortina had three flat tyres but only one spare.

In 1971, he married Muriel, whom he had met at Norwich Union, and, with her three sons Chris, Bobby and Pat, the increased family warranted moving to a larger house and, after months and months viewing what felt like every house for sale in Norfolk, they plumped for The Beeches in Caistor St Edmund, which became the family home for the next 46 years.



The large gardens enabled him to further indulge his hobby of gardening and even saw him create a pond complete with water cascade as well as various brick-built edifices, one of which he managed to demolish whilst riding a moped around the garden during one of their infamous family garden parties.

Alan -though a confirmed land-lubber- decided to try his hand at sailing, encouraged by Norwich Union colleagues who made it look easy. Copies of Yachting Monthly duly arrived and were pored over until his attention was caught by a Halcyon 23' yacht called 'Piglet' down on the South Coast. A deal was struck which included Piglet being sailed to Great Yarmouth, all Alan had to do was motor it up the Yare to Norwich. Unfortunately, on the

way, the motor seized- resulting in a tow from a holidaymaker on a cruiser- the ultimate yachting ignominy. After it had been fixed, it was time for Piglet, like all yachts, to be hauled out into the Norwich Union boatyard for winter. Alan had spotted the old capstan, winch and cable by the slipway and decided he would demonstrate his new-found yachting knowledge by being the first out. So we all of us somewhat reluctantly went down one cold autumnal morning to try to winch the boat out. By late afternoon Piglet was stuck halfway up the slipway precariously balanced on its keel supported by rusty old oil drums and Alan was soaked, having fallen in. One of Alan's keen Yachtie colleagues (dubbed 'Captain Bird's Eye' by Muriel) then turned up- 'Oh', he said, 'we yachties don't do it like that anymore- we all chip in £5 and get the crane ... only takes ten minutes'.



Next season was little better- after a couple more trips the motor seized again- and an ad hastily appeared in Yachting Monthly. When it was eventually sold and suitable time had passed I asked him for his thoughts on his yachting experience. After a few moments reflection he said 'well, mainly it was the name of the boat that was wrong- instead of Piglet it should have been called 'Pooh',

There were many instances of his innate honesty and decency-

Particularly when selling the family cars- he really did advertise Muriel's yellow Escort as 'One careless lady owner', and I overheard him telling a prospective purchaser of his much

abused Cortina 'I also had a hard knock in it and if you look carefully you can see the new panels don't match up properly'.

On another occasion, Muriel lost her glasses- after much searching, Alan reluctantly claimed on his household policy. After two years Muriel found them in her knitting basket. Alan contacted Norwich Union offering to send the money back but, to his disappointment, they declined the offer.

Gradually, one by one we children left home but life went on in The Beeches, Alan and Muriel entertaining and taking regular European driving holidays. Grandchildren then began to arrive with Daniel, Lucy, Katie, Lizzie, Sophie, Holly, Alex and Kelly probably,

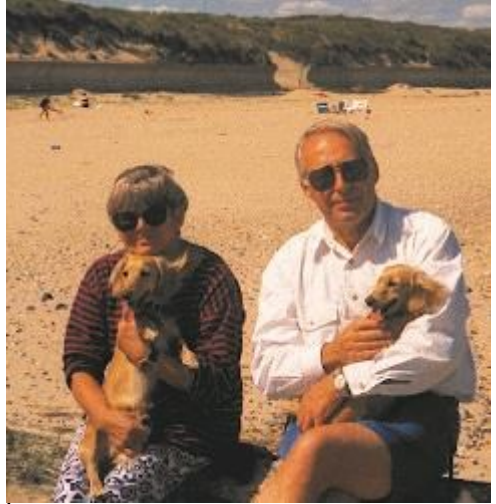
though not definitely, in that order over a 10 year period, providing much diversion and joy.

On his retirement in 1985 he took up the post of Treasurer for Cotman Housing Association and recommenced his childhood hobby of collecting cards- becoming active with the East Anglian Cigarette Card Club, making new friends and actually creating two new sets of collectors' cards featuring East Anglian Churches for Butterworths Tea. Never being a sporty man, nor one for strenuous exercise, he kept himself fit and heathy with long weekly walks in the company of Muriel's brother in law- Uncle Dick.

More joy was provided from 2006, when Josh- the first great grandchild was born, followed by Lily, Ezra, Anais and just last year, Huxley- whom he only got to know through photographs.

Sadly, In 2008, Muriel was diagnosed with Alzheimers Dementia presenting Alan with another new challenge, which again he met by lovingly caring for her at home- but six years later she was admitted- very much against his will- to the Julian Hospital.

Alan coped with life alone in The Beeches, caring lovingly for Polly, the last remaining Dachshund, taking her everywhere with him. In 2016 he decided that moving would be wise. The Beeches sold quickly and a bungalow came up in Hethersett, which he instantly took to. The move was completed in June, 2017, and he soon settled in, making new friends, joining the congregation here at St Remigius, attending the Gentlemen's Luncheon Group, which he referred to as the 'chattering club', the Dementia Café and the Village Cinema.



He was still mobile at this point- enjoying drives to Southwold to buy fresh fish from Samantha K's on the harbour. It was on one of these trips that he had an altercation with a truck on the Bungay roundabout. Fortunately there were no injuries and the truck just drove off but, coupled with another incident where he'd somehow made a misjudgement and made contact with the front of Daniel's house, blocking the front door temporarily while delivering some placemats, made us realise that maybe his days behind the wheel were over. Unsurprisingly, this met resistance and eventually a compromise was reached- that he would take a driving assessment, and if he failed- would hang up his driving gloves.

But during the assessment, an incident with a branch, a large pothole, a burst tyre and a desperate call for assistance resulted in the examiner missing her next appointment, and rather prejudged the outcome.

From this point on he became increasingly confused and was diagnosed with

the onset of dementia. In February 2019 he agreed to go to Cromwell House Care Home in Norwich for a period of respite care. Fortunately, he found the place to his liking – and stayed, enjoying good food, good company, warmth, comfort and care for the final two years of his life.

Alan was a husband, father, step-father, grandad, great grandad, uncle, friend and colleague but above all he

was an amazing person and an example to all of us. As daughter in law Linda put it “He was a true gentleman. He had no regard of stature, he treated everyone the same. A kind, honest and loyal man with a very dry sense of humour.”

I’ll close with the words of a Hebrew proverb “Say not in grief that ‘Alan is no more’ but in thankfulness that he was.”



Hethersett Morning by David Bowden

Village Screen Halted By Virus

DESPITE a financial shot in the arm (reported in the last edition of Hethersett Herald), plans for the re-start of Hethersett Village Screen have been scuppered.

Organisers are hoping that the setback is only temporary during the national lockdown but the scheduled March film Misbehaviour has been cancelled. This was the last scheduled film of the Spring run.

Before the latest lockdown the group announced that they had been offered reduced filming rates for the first three months of the year which would allow them to keep going.



Hethersett's Very Own Playlist

WHAT do Paul Weller, REM, George Harrison, Soft Cell, Dolly Parton and Disturbed have in common?

They are all featured on Hethersett's new music playlist.

Designed to help you pass a few hours or listen to during exercise (or sitting in a chair for that matter), the Hethersett playlist was put together following an appeal on Facebook.

People sent in their choices and to date there are 44 tracks in the playlist which lasts well over three hours.

The playlist includes a huge variety of music from rock and pop to folk and country. In fact the only genre not included at present is classical.

The playlist is available on Spotify. Just search of Hethersett amongst the playlists.

There's still plenty of time to add your favourite tracks which can be left on the All Things Hethersett Facebook page or emailed to the editor of Hethersett Herald at petersteward@lineone.net. No more than two tracks per person please.

So far the playlist has met with many favourable comments.

Toad Migration Time

By Georgette Vale

IT'S time to plan for the annual toad migration.

The toads aren't aware that there is a pandemic, so they will be heading back to their ancestral ponds when the weather warms up—probably in March.

Despite lockdown, Toadwatch will go ahead subject to some obvious COVID restrictions.

Why not take your daily exercise at dusk and help do your bit to keep

the wildlife safe?

We particularly need volunteers this year with their own transport or those who live near the sites.

The more people in one family bubble the better.

To find out more please contact me. Do leave your phone number as it is often best to talk it through first. I can be contacted at Georgette@ValeMail.uk or on 01953 605434 or 07867 681839 or go to Toadwatch.org for more info.

Hethersett's Challenge

All Ages Take Part

THERE's nothing Hethersett likes more than a challenge.

As reported last month, Hethersett marathon runner David Powles challenged local people during January to get fit and also raise funds for charity.

David came up with the Hethersett Challenge 2021. It was a simple idea.

A total of 72 runners and walkers took to the streets of the village, each paying £10 to take part with the money going to the Priscilla Bacon Hospice Appeal. As a result over £700 was raised for the charity.

"I just want to thank everyone for their support. In January we raised £700 and it helped me to get my total for Priscilla Bacon Hospice over £5,000," David said adding that he is hoping to repeat the challenge in 2022.

Those taking part were asked to undertake 5k or 10k runs around the village or adapt the challenge to suit themselves.

All ages took part with nine being aged 17 or under with the youngest just seven. Nineteen were men and 44 were women and an estimated 1,400 km was covered.

"I'd hoped that the challenge might give people a bit of impetus during the hardest month of the year for running. It was fantastic to see so many throwing themselves into it and regularly getting out. I want to thank everyone for their support and hopefully we can do something similar next year," David said.

There were prizes for the fastest 5k and 10k runners for both men and women.

Prizes were supplied by Hethersett Tesco Express, Hannah Harrison, Clarity Colorimetry and Temple Spa.



Leading times were:

Women 10k—Kim Powles 50 min 05 sec, Sally Browne 51:36, Rachel Bradford 57:16, Lorna Jermyn 58:06.

Women 5k—Alison Armstrong 21:21, Naomi Stockwell 23:33, Kim Powles 23:41, Claire Cork 24:46, Sarah Eagling 26:23.

Men 10k—Simon Fox 42:28, Dale Larwood 43:24, David Powles 44:03, Clive Steward 51:05, Jon Shoots 51:40.

Men 5k—James Deacon 24:15, Raj Nair 24:32, Tristan Cork 24:46, Jon Shoots 26:37.

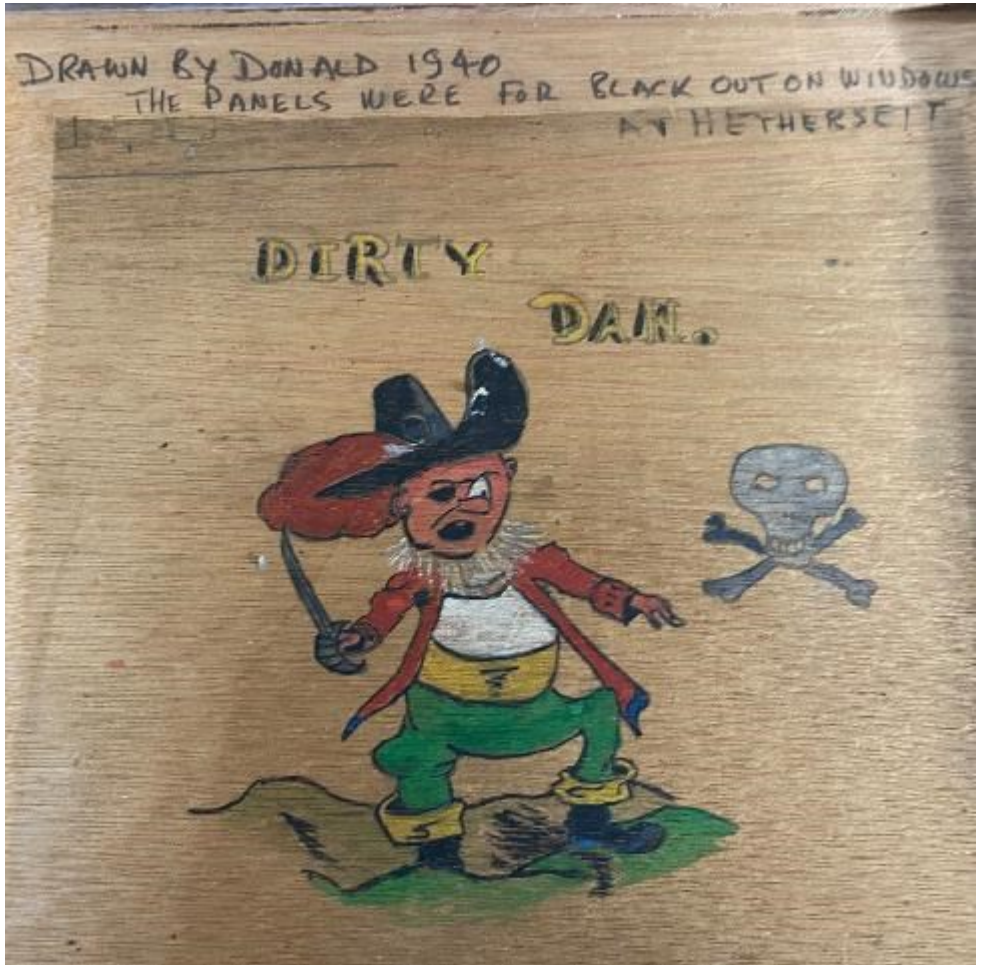
Juniors 5k—Alfie Cork 28:18, Amelia Matliss 30:24, Isabella Williams 31:02, Louis Smith 31:08.

A full list of results is available on Facebook. Just search “Hethersett Challenge.”



February snow moon captured on the B1172 close to Kett's Oak by John Head.

Mysterious Find In Wales



WHEN Kathryn Rossiter Pratt found a bargain bureau in a charity shop in Newport, Gwent, she little thought that it hid a connection with a village over 200 miles away.

But when she removed the drawers she found the drawings featured here, one of which included the words: "Drawn by Donald 1940." The panels were for black out windows at Hethersett."



Kathryn posted the photographs on the All Things Hethersett Facebook page in the hope that somebody would recognise them or know their history.

At the time of going to publication we are still in the dark (please excuse the pun) about who did the drawings, where the black out boards were destined for and of course how the bureau got from Hethersett to Wales.

If you can help in any way please e-mail petersteward@lineone.net.

Beast From The East Returns

I was taken to task in the last issue for referring to a snatch of snow as the return of the Beast From the East. Associate Editor and keen weather-watcher Gary Wyatt pointed out that the snow didn't come from the east. But this month we had a real Beast From the East 2 as our photographs show—P.S



Beast From The East Returns



Pictures above and right are by Peter Steward.



Pictures above and left are by Karen Stradling

Beast From The East Returns



Photographs on this page were taken by Tina Andrews



Beast From The East Returns



The first two photographs were sent to us by Wik Hyd and on the right is a snowman captured by Melanie Wright

Snowy Fields by Harry Hugh



Beast From The East Returns



A slightly different look at the big freeze by Bryony Radley



Photo by Debbie Nicholas



Snowy School and youngsters at play by Sarah Collins



Beast From The East Returns



Recreation Road and Snow Angel
by Fiona Anne



Picture on the left is by Lynn Wilde and
above Ria Collins captures the bird

So what about snow people? Well
we have a gallery of those too.

Beast From The East Returns

Those incorrigible people from Malthouse Road had fun in the snow as is shown by the photographs they sent in.



Beast From The East Returns



A beautiful picture sent to us by John Halford



Hethersett Herald



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Beast From The East Returns



MANY thanks to all those who sent in photographs of the snow. We had over 220. If you want to see more go to the All Things Hethersett Facebook page and go down to February 8th where you will find lots of photos.

Those on this page and the previous are courtesy of Teresa Middleton (photo of her son Finley and Niece April with an upside down snowman), Victoria Hodgson, Maddie Brewer, Kerri Jefferson and Rachel Folliard

Magic Mountain—A Positive Influence on So Many

A HETHERSETT man with “the magic touch” who worked for Lotus for over 20 years has died.

Tributes have poured in for John Mountain whose nickname was “Magic” because of his ability to take virtually anything apart and put it together again.

John, who was 65, died suddenly in the Norfolk and Norwich University Hospital on February 16th.

He was born in 1955 in Sprowston Road, Norwich, and moved to live in the Heartsease area of the city at the age of six. After leaving Heartsease High School he began an apprenticeship at Ford and Slater and studied automotive electronics at Norwich City College. It was while doing contract work at Ketteringham Hall that he came to the notice of the Lotus management and he joined the company as a specialist in electrical circuits.

Whilst working for Lotus he was involved in designing audio systems with Blaupunkt, electrical systems for General Motors in Detroit and working on the DeLorean sports car in Belfast amongst other projects,

“The more I read about John, the more I realise how much of a positive influence he had on many people throughout the world. John was also a listener who never judged people. He would do anything he could to help people,” said his wife Viv. John and Viv met in the bar at Park Farm Hotel, Hethersett,



John Mountain pictured with a DeLorean sports car

and soon realised that they had much in common. They were married in Norwich Castle

“All of his friends called him Magic. He had a very inquisitive mind. He would come up with things that others couldn’t. He was also a good teacher, passing on his knowledge to others,” Viv added.

John’s cousin Ang Fox who grew up with him remembered his love of cars and his love of “messing around and taking things to bits and putting them back together again.”

“When he was doing his apprenticeship with Ford and Slater I remember them giving him a torch which was proving difficult for others. He took it apart and put it back together again. I also remember him joining his father George, my uncle, in his workshop. He got tremendous enjoyment in working

on cars together with his father,” Ang said.

John was very much an action man, owning a number of yachts and boats, many of which he sailed on his beloved Norfolk Broads.

Hundreds of tributes appeared on various social media pages including a Facebook page which brings together former Lotus employees “Lotus Remembered” which John helped to set-up and which has over 900 members.

Patrick Peel, Chief Executive of the East Anglian Air Ambulance, a charity that John supported, and former Head of Communications at Group Lotus said: “John was a great ambassador for Lotus as well as an outstanding electrical engineer with numerous major projects to his name.”

Mike Kimberley, former Chief Executive of Lotus said: “John was such a good, happy and caring friend who you could depend on and who always had a ready smile and amusing tale.”

Other tributes paid to John included the following:

“We had so many great times on various projects and he always seemed to take everything in his stride with a wicked sense of humour and always looking out for his mates first a very kind and generous man will be very missed.”

“I have known him for nearly 40 years. He was always happy to help others and always with a smile and some sarcasm. He'll be missed but not forgotten.”

Going World-wide

John's colleague Alan Nobbs described on the Lotus Remembered Facebook page how their presence on the World Wide Web

“About a year ago we were reminiscing about ‘the good old days’ and both toying with the idea of starting a Facebook group for Lotus employees past and present but neither of us were too sure how to go about it. In the end I took the plunge and set something up. John was naturally among the first group of about 40 ex colleges who I had Facebook contacts for.

“Straight away, John was a frequent contributor with stories and pictures and we somehow struck a vein of enthusiasm and membership grew exponentially. I think within a month we were passing 500.

“When I became frustrated with trying to control this unruly mob, John willingly took on the admin. roll and, having more sense than me, recruited a small gang of ex. colleges and friends to share the load.

“As proof of doing a good job membership today is over 900.”

“How very sad, the man was a legend,”

“I would not have the electrical skills that I possess today, without John's input.”

“John was such a gentleman and so effective in his chosen field. He is to me an exemplar of the best of Lotus.”

Outside his love of cars and Grand Prix racing, John was a keen skier, cricketer and Sea Scout leader and achieved the Queen's Scout Award. John be-

Editor writes: It was a few years ago that my cousin who is keenly interested in family history informed me that I had another cousin living in Hethersett and that his name was John Mountain.

I filed this information to the back of my mind, making a mental note to search John out at some time in the future and say hello. Then things took another twist. I helped with a Bereavement Group and one of our members was Laurie Brettingham whom I have written about in Hethersett Herald before because of his connections with the famous architect Matthew Brettingham.

In the early days Laurie was accompanied by his daughter Viv and through them I met up with Viv's partner John Mountain. Our paths crossed on a few further occasions, particularly when Viv and John hosted Laurie's 90th birthday celebrations last year.

Over the past few years I have come across a number of cousins who live locally and my idea once lockdown is over was to invite them all to meet each other at a barbecue. Sadly now John will be missing from that get-together. It would have been good to have got to know him a little better. John and I share great great grandparents – Henry Steward and Mary Ann Vincent.

Peter Steward



John as a Sea Scout

came a Sea Scout at the age of 11 which was a pivotal time in his life with his horizons being broadened by canoeing, sailing and camping all over the UK and he made several trips abroad. He became a Queen's Scout, being invested in St George's Chapel at Windsor. John was forever after an enthusiastic sailor who loved the Norfolk Broads.

As he was growing up, his dad had a large shed/workshop at the bottom of the garden in Heartsease where dad and son spent a lot of time taking things apart and putting them back together again and also making things. His dad was also a big influence on improving his cricketing skills as they spent hours bowling and batting to each other. John went on to play cricket for Lotus including a game



John as a boy in a kart made for him by his father George.

against a team put together by legendary England cricketer Dennis Compton.

John was also a big supporter of Norwich City Football Club.

John leaves a wife, his father George who is 90, stepsons Gary and Steve and four step grandchildren. He had suffered a number of periods of ill health and was on the register for a liver transplant. He also suffered from Gilberts Syndrome – an inherited disease of the liver.



The photograph above shows John with a wiring display whilst working at Lotus.

A newspaper cutting featuring John. The caption reads. Four Venture Scouts of the 35th Norwich Sea Scouts who received Venture Scout awards and five Cub Scouts who were given Link Badges. The awards were presented by Group Scout Leader John Austin, centre back. The Scouts back row (left to right) are John Mountain, Stephen Glenn, Stephen Dickerson, and Dennis Abbott and the Cubs left to right are Duncan Snelling, Ian Clarke, Wayne Coe, Robert Clarke, and Ian Tracey.



In the picture on the left, John (second right) with a Lotus Elise for which he designed the lights.

City Sea Scouts halt voyage

SIX Norwich Sea Scouts and their scout master spent a cold hour on Breydon Water last night after halting plans to row about 50 miles from Thorpe to Decoy Broad, Woodbastwick.

The seven—Norman Giles, leader; John Mountain, Trevor Staines, Stephen Glenn, Stephen Lockwood, Stuart Williams and Michael Potts, who rowed the boat, were prevented by ice from leaving their tent on Breydon to join the rest of the 35th Troop in camp at Woodbastwick.

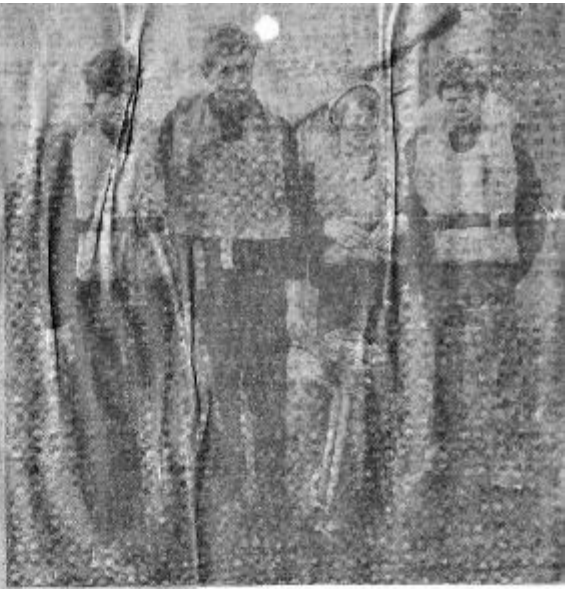
They had tied a channel stake on Breydon about 9.30 pm to wait for the tide change, but after a cold hour when their rowing boat started to fill they hailed a passing sea-going cruiser.

All seemed well when the cruiser took the seven aboard and their rowing boat and equipment strapped to it in tow. But when they reached Yarmouth they found that wash from the boat had swept away the canoe and most of the equipment.

The seven reached home in Norwich after Mr Glenn, Stephen's father, turned out early to collect them.

By 10.30 am four of them were at their scout hut on Mousehold Avenue making plans to search for the missing equipment.

In the picture, John Mountain is on the left.



HOME AND DRY after a long night's row—left to right, Norwich Sea Scouts John Mountain, Bedford Potts, Trevor Staines and Stephen Glenn.

THE above cutting shows another time when John helped make the headlines. This story reads as follows:

Six Norwich Sea Scouts and their scout master spent a cold hour on Breydon Water after halting plans to row about 50 miles from Thorpe to Decoy Broad, Woodbastwick.

The seven set out about 9.30 am in one rowing boat and one canoe to row via Breydon and Yarmouth to join the rest of the 35th Troop in camp at Woodbastwick.

They tied to a channel stake on Breydon about 9.30 pm to wait for the tide to change but, after a cold hour, during which their rowing boat started to fill, they hailed a passing sea-going cruiser.

All seemed well when the owners took the seven aboard and their rowing boat and equipment strapped to it in tow. But when they reached Yarmouth they found that wash from the boat had swept away the canoe and most of the equipment.

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In the picture, John Mountain is on the left.

Club Needs New Volunteers

HETHERSETT Athletic Football Club is looking for new volunteers “to help it push forward.”

Committee member David Powles said: “ No formal links to the club are required, as a committee we’re just looking for some fresh ideas and enthusiasm.”

David added that Hethersett Athletic provides football for more than 300 people ranging from six year olds to adults.

The club is looking for enthusiastic and passionate volunteers in the following areas to help the club move forward and achieve its long term goals.

Club Secretary—The main purpose of this job is that of principal administrator for the club. The Club Secretary carries out or delegates all the administrative duties that enable the club and its members to function effectively.

The Secretary works closely with the club's committee to discuss important issues with the aim of taking the club forward in a positive manner. The Club Secretary is a pivotal role within the club, with a close involvement in the general running of the club. The post provides the main point of contact for people within and outside the club on just about every aspect of the club's activities.

Tasks will include:

- Liaising with and guiding individual club officials around matters such as membership, league affiliation, pitch hire etc.
- Affiliating the club to various leagues.
- Dealing with correspondence.
- Organising the club agm and other meetings.
- Representing the club at outside meetings at the direction of the Club Committee.

The club is also looking for a Membership Secretary who will Ideally be someone with a membership management background or a good communicator happy to liaise across the club between its volunteers and the 300-plus members (or their parents/guardians).

This is a new role and time commitment needed is not quite known yet but the intent is to take away some responsibilities from team managers so they can concentrate on footballing activities.

Responsibilities will include taking the lead on membership matters and owning any membership policies at the club.

Processing all player and volunteer applications.

Maintaining the club's membership register and monitor the payment of all fees,
Liaise with team managers, members/parents on all membership issues,
Attend committee meetings and report on membership matters,

"We would also be interested in talking to volunteers willing to help the club with short, medium and long-term projects to develop and improve sustainability of the club and it's future facilities," David Powles said.

Anyone interested in discussing the above opportunities should contact Wayne Johnson, the current Club Secretary on waynebjohnson@btinternet.com.

Following interview the club will need to conduct a criminal records check on all successful applicants.

Hawks Hoping To Fly

By Mel Perkins MBE

HETHERSETT Hawks/Yellow Brick Mortgages Cycle Speedway Club is anxiously awaiting news of restrictions being removed with the hope of getting members active from March onwards.

In the meantime, we are pressing ahead with plans for developments at the track. A planning application has gone in for two new customised containers which will provide kitchen facilities, a toilet, an officials' room and a bike workshop. The latter facility is being planned in conjunction with the Memorial Playing Field trustees to provide a Community Bicycle Workshop. Various fund-raising activities are being planned the most ambitious of which is a 24-hour Endurance Sponsored Ride at the track over Easter, restrictions permitting.

A meeting of Norfolk Clubs has drawn up a plan for some Norfolk racing on four Sundays in May and June for seniors and juniors so something to look forward to all being well.

You can keep up to date with our activities on our website www.hethersetthawks.co.uk

We will have much more on the Hawks' plans in coming editions of Hethersett Herald. For more on Hethersett Hawks please see earlier in this edition.

Refuse Delay

The Beast From The East had considerable affect on the village including pushing the refuse collection back a day. Nevertheless things improved enough for collections to go ahead as our photograph shows.



Playing Field

The trustees have initiated minor repairs on the playground. A weekly inspection is carried out and a full professional inspection is planned for April: “We have also given contractors the go-ahead to remove unsightly graffiti on the pavilion,” said Trustee Mel Perkins MBE.

Anyone noticing anti-social behaviour at the field should contact the Police using the non-emergency 101 number and can also notify the trustees via the website at www.hmpf.co.uk.

Road Closure

PART of the B1172 will be closed for nine days at the beginning of March while a new roundabout is added.

The road will be closed from the junction of Albin Way in Wymondham for 150 metres from March 8th to 16th

The Things They Say

“I am looking forward to when I can look out of my window and see it’s pouring with rain and I don’t have to worry about flooding in South Croft” - Hethersett’s district and county councillor David Bills who has been working hard to sort out flooding problems in the village.

Happy Memories of the King's

Hethersett resident, historian and author Neil Haverson continues his reminiscences of living in the village.

I WAS delighted to see that among the “Dreams and Hopes for 2021” featured in the February issue of The Herald was the re-opening of The King's Head. I have happy memories of the pub from our early days in the village. It was the era when Bob and Jackie Ross were mine hosts.

This was in the time when we were not blessed with children. I have to think hard to drag those times from the depths of my memory. To be honest, I have difficulty remembering that I was ever single let alone that two offspring were on the payroll.

I do recall with great fondness that we were regulars in the lounge at The King's Head. The small bar that faced you as you entered, the little seating area that, as far as my hazy memory tells me was in a sort of cage, through to the tables near the loos.

The function room which could be screened off where the likes of the Morris Minor Club used to meet. We consumed many a meal in there in later years when John and then Ted were landlords.

It was a true local, no pool table or



juke box, just a hub for well-kept beer and convivial company. I liken it to the American sitcom “Cheers”, which has these words in its theme tune:

***Sometimes you want to go
Where everybody knows your name
And they're always glad you came
You want to be where you can see***

***Our troubles are all the same
You want to be where everybody
knows your name.***

There was one occasion when, with tongues hanging out, Mrs H and I clambered up the steps and opened the lounge door – it creaked so everyone always turned to see who was coming in – to be confronted by customers stacked back from the bar. I can't remember why; it may have been a coach party.

Oh no, we groaned. It'll be closing time before we get our drinks. But Bob had spotted us. In between serving the masses he pulled our drinks and stood them to the side of the bar. Gratefully we grabbed them, paying for them later with our profuse thanks.

Another occasion was with my best man, who had emigrated to Canada - not I hasten to add due to the trauma of my wedding to Mrs H. He came over for a visit. In our youth, he and I shared a flat and had downed many a pint so it went without saying that we would go the KH to recreate our old pub nights.

We decided to have a meal. I cringe as I remember to this day, he ordered a "Waldorf salad without the Waldorf".

He claimed this wasn't some ancient Canadian custom but the result of a dicky tummy. Nevertheless, that didn't ease my embarrassment as the waitress giggled saying: "They're going to love this in the kitchen."

Then along came the kids and our visits to the pub declined. After the first birth, Mrs H became an Avon Lady, and became known as Mrs

Avon by Bob and Jackie.

You know how it is, children absorb your energy by osmosis. The prospect of organising a babysitter, bedding down boisterous brats often leads to, oh to hell with it, let's open a can and watch telly.

We did, however, continue to make the effort to go to the King's. Why does a pint pulled from a handpump seem to taste better than one out of the can?

And we did have a faithful babysitter. We returned suitably mellow from a pub visit and, passing our lounge window, saw the babysitter leading a full-on dance session with two exuberant children who should long since have been asleep.

I have never worked how she achieved this, but in the space of what must have been less than a minute, she had reacted to the sound of the key in the door. By the time we had stepped through the front door, the house was silent, children in bed and babysitter watching TV.

Over the years, what with busy lives and raising/supporting our children, we've got out of the pub habit. We really must try when the King's Head can re-open to support our old local and recreate those days of: "When everybody knows your name".

Just a small point; in all our visits, I don't recall ever seeing the editor, him from the posh end of the village, in The King's Head. Maybe, if we wanted to upgrade our status, we should have patronised The Queen's Head.



Finding this winter even harder because of Coronavirus?

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- Day to day living costs including food & energy bills
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Find out more online or call us now

www.norfolk.gov.uk/covidwintersupport

0344 800 8020

Or visit your local library for help with applying



**Contact
us today**

Three Vacancies on Council

HETHERSETT Parish Council has three vacancies following the resignation of more councillors.

Previously Shane Hull resigned from the council with his place being filled by Sarah Lawrence. Marilyn Savoury subsequently resigned during lockdown and at the February council meeting it was announced that both Paul Mallett and Andre Smith have also handed in their notice.

It means that the council is currently three people understrength. It is hoped that the vacancies can be filled through co-option.

Anyone interested in finding out more about what being a councillor entails and how to apply should contact parish clerk Annette Palmer or chairman Adrienne Quinlan whose details are on the next page.

Meanwhile the National Association of Local Councils (NALC) is hosting an online free event on March 2nd between 6 pm and 9 pm to provide anyone interested in becoming a parish councillor with a greater understanding of what the role entails.

You may be interested to join viral sensation Jackie Weaver and a group of community heroes to discuss getting involved in the work of local parish and town councils.

The event is designed to answer the following questions:

“Are you passionate about your community?” “Do you want to help make a long-lasting change?” “Do you have concerns about a specific issue and want to do something about it?”

The event will inform you what you need to know about local councils, what they do, the role of a councillor and how to become one. For more information and the register for the event go to:

https://www.nalc.gov.uk/makeachange?utm_source=MEMBERS.

News From The Parish Council

How To Contact The Parish Council

THE parish council office in the village hall is currently closed to the public due to the Coronavirus outbreak.

Parish clerk Annette Palmer can be contacted by telephone on 07902 322729 or via email at hethersett.pc@tiscali.co.uk.

The council has a website at

www.hethersett-parish-council.norfolkparishes.gov.uk

and also a Facebook page.

Parish Shorts

More Litter Bins

Additional litter bins are to be placed in Great Melton Road next to the memorial bench near the open space and also at the junction of Mill Road and West Croft

Dog Bin To Be Re-Located

A little used dog bin at the junction of Shop Lane and the B1172 is to be moved further up Shop Lane to discourage dog owners from throwing poo bags into hedges.

Additional dog and litter bins are to be provided on the Hethersett North Development. There are also plans to place additional bins on Hethersett Memorial Playing Field.

A pothole at the junction of Child's Road and New Road has been repaired.

Fly Posting To Be Outlawed

THE parish council is to adopt a zero tolerance policy for fly posting in the village.

The policy will be aimed at putting an end to the proliferation of posters advertising commercial services as well as appeals to find lost pets and advertising events on what is termed as "street furniture."

The policy will not apply to posters etc placed on private property but only in public areas.

Plans for a new pavilion on Hethersett Memorial Playing Field will have to be re-submitted to South Norfolk Council for planning permission due to alterations from the original building.

News From The Parish Council

Survey of Damaged Verges

ONE of Hethersett's representatives on South Norfolk Council has completed a survey of damage to grass verges in the village and passed the information onto Norfolk County Council.



Adrian Dearnley (pictured right) told the February parish council meeting that he has taken numerous photographs of damage to grass verges from vehicles being parked on them. He said that wet weather during the month had "exacerbated the problem."

Lighting Up The Oak Tree

HETHERSETT Parish Councillors and organisers of the village-based Finnbar's Force charity will be getting together in the Autumn to discuss the inclusion of Christmas lights on the council owned Oak tree on the land opposite the village short stay car park.

The meeting will discuss health and safety and technical matters aimed at lighting up the tree during the festive season as part of the outstanding display in Park Green area over the past two Christmases.

The charity applied to use the tree for the Christmas just gone but shortage of time didn't make that possible..

Meeting Dates

Full council meeting dates for the remainder of 2021 are as follows:

March 15th, April 19th, May 17th, June 21st, July 19th, September 20th, October 18th, November 15th and December 20th' Council meetings begin at 7.30 pm. Planning Committee meetings start at 7 pm on the following dates: March 1st and 15th, April 6th and 19th, May 4th and 17th, June 7th and 21st, July 5th and 19th, August 2nd and 16th, September 6th and 20th, October 4th and 18th, November 1st and 15th, December 6th and 20th.

For other committee dates refer to the council's website.

Committee and full council meetings are open to the public and full details of how to join are available on the website. At the present time the council is continuing to meet via the zoom social media platform.

Dale's Beauty Tips

Dale Evans continues her regular column giving beauty tips and answering your questions.



Dale Evans at the Willows

Advanced Beauty Clinic

The Willows, Hethersett, NR9 3JY

Tel. 07921367910

info@daleevans.co.uk

www.daleevans.co.uk

By Appointment Only

@daleevansbeauty 

WOW, we are almost two months into the year and everywhere I look on my walks things are sprouting. Daffodils, snowdrops, catkins and there was even some warmth in the sun and a blue sky at the weekend.

All positive signs BUT I also feel I am coming out of hibernation too and, with the news beauty salons may be able to open in April, I've got some serious cultivation to do. Hairy legs, dry body skin, hard skin and outgrown polish on my toe nails and white flabby skin. I can't be the only one that neglects her body when it's wrapped up in Winter.

So first things first, hairy legs, while the majority of people shave, waxing is a fantastic alternative, only needs doing every four to six weeks, as the hairs grow through they feel finer and softer as they grow through tapered, so much less of a bristle feel.

This year would be a great time to embark on the waxing journey, as you will need to stop shaving your legs one or two weeks before your waxing appointment and don't apply any lotion the day of your appointment. Not only legs can be waxed, bikini lines, underarms, eyebrows, in fact anywhere on the body.

The only place I wouldn't advise waxing is the face. Facial hair is extremely common on women, it is not talked about much and most ladies remove it before venturing out so we can feel like 'we are the only ones'.

Electrolysis is a great alternative to shaving, waxing or plucking. It's a procedure I have been doing for over 30 years with brilliant results.

It is not a quick fix but it works. Plucking can stimulate hair growth and stronger hairs can keep appearing. Electrolysis uses an electrical current which destroys

the hair follicle over time. Regular appointments are necessary and the hair only needs to be just through the surface of the skin to be treated. It will be a little red immediately after the treatment but not really anymore than after tweezing them out.

If this is something that has been bothering you pluck (excuse the pun) up the courage and book in for a free no obligation consultation in complete privacy. Laser hair removal is also an option and I have worked extensively with them in the past although I don't have a machine at present. Laser uses a light source to destroy the hair follicle instead of an electrical current like electrolysis, this can work extremely well but only on the right type of hair. Grey, white, blonde and light brown hair will not be successful, and fine hair does not respond well. Hair needs to be shaved before treatment begins as well.

Next problem is my dry flaky body. Cold winter walks and blasting from the central heating and my age are definitely not helping. However much body lotion is applied it won't work effectively unless those old dead skin cells are removed. I have used loofahs, body exfoliating pads, sea salt and shop bought scrubs. Regular use at this time of year, possibly four or five times a week will really help. Then the body lotion won't just stick on your dry skin but will actually be absorbed. I love the moisturisers with some added 'fake tan' in. These are quite light in colour so not many mistakes can happen, just still remember to wipe your palms and in between the fingers.

As I've mentioned before I am a stockist of Medik8 products which are a pharmaceutical brand of skincare which can really make a difference to your skin. I am always available for a phone chat, email, private message on Facebook for any treatments or skin concerns you have. Don't hesitate to contact me, there is no obligation and it's completely free.

You can sign up to my newsletter on www.daleevans.co.uk

Facebook page is daleevans at the Willows.

Below is a poem that one of my clients sent me. It really helped me understand some of my emotions at the moment.

But..... hang on in there hope is around the corner

You're not imagining it, nobody seems to want to talk right now.

Messages are brief and replies late.

Talk of catch-ups on zoom are perpetually put on hold.

Group chats are no longer pinging all night long.

It's not you.

It's everyone.

We are spent.

We have nothing left to say.

We are tired of saying 'I miss you' and 'I cant wait for this to end'.

So we mostly say nothing, put our heads down and get through each day.

You're not imagining it.

This is a state of being like no other we have ever known because we are all going through it together but so very far apart.

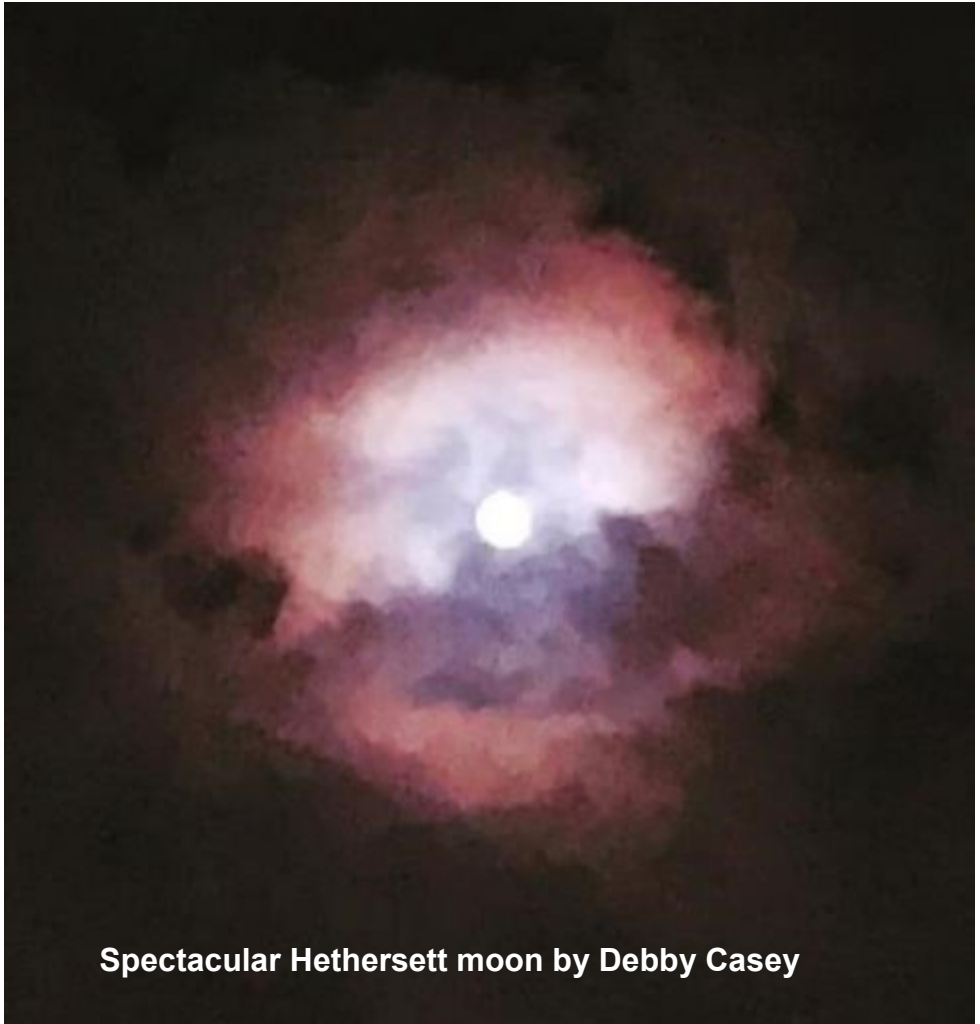
Hang in there my friend.

When the mood strikes, send out all those messages and don't feel you have to apologise for being quiet.

This is hard.

No one is judging.

Donna Ashworth



Spectacular Hethersett moon by Debby Casey

Sarah's World

Sarah Lawrence continues her monthly column giving us her take on Hethersett life.

Pride Of Being A Councillor

If you read my column last month, you would know that I recently applied for a place on Hethersett Parish Council. It's something I'd been wanting to do for a while, to be able to have a say on local matters that have a direct impact on our community, not to mention the fact that I'm just a bit nosy really! I like to know, and keep up with, what is going on in the Hethersett area.

Well, at the meeting held on 18th January, I finally got my wish. Item two on the agenda was to decide whether to co-opt me into the vacancy and, after a unanimous vote, I was asked to sign the Declaration of Acceptance of Office right there and then, allowing me to sit in on the rest of the meeting as a councillor! I have also volunteered to be put on the planning committee, and HEAG – Hethersett Environmental Action Group. I'm booked on to attend a couple of online training courses on 'Being an effective Councillor', but I can now sit in on meetings and vote, which I am enormously proud to have the honour of being able to do.

Fun In The Snow

OUR family enjoyed the heavy snow recently! I was very thankful that my husband had some annual leave that week, so it meant he didn't have to risk travelling into work.

We even made our first ever family snow-

man, or snowgirl as the girls insisted, complete with a strawberry hat and a Hello Kitty scarf. The girls named her Strawberry and she was made right outside our front window. We even saw one of our neigh-



Sarah's World

bours shake her 'hand.' With a photo taken of Amelia and Hattie standing proudly beside their creation, I posted it onto the Evening News Facebook page, with the hope of winning a Family Roarr Dinosaur Park pass. Still no news of whether we won, but they made it onto the Evening News website and into the physical newspaper itself, so they were thrilled.

Even though George was off work that week, little old me still had to venture in. Walking into work for a 5.30 am start was magical with a layer of fresh untouched snow on the ground, albeit freezing.

Thankfully, another use for my mask is that it keeps my face warm, something I was extremely appreciative of! Work was tricky that week. We have a number of staff who travel quite a distance to come in, so naturally, they chose not to make the journey when the snow was at its thickest.

And of course, Tesco was busier than normal with customers coming in in their droves buying bread and milk just in case they got 'snowed in'. I have to say, it's always lovely to see families walking by, pulling their children on sledges when it



snows.

Keyleigh, our Store Manager, decided to treat everyone that made it in with bacon butties and hot chocolate (complete with cream and marshmallows), which was a lovely surprise and welcome treat to warm up after seeing in delivery after delivery in the snow.

It was a real morale boost to us all! I would like to wish everyone a wonderful March and please stay safe!

Sarah's World

WE now have a four-year-old in the house! Seemingly overnight, the littlest Lawrence has transformed from toddler to little girl. Hattie is the feisty one in our family. She doesn't smile for photos unless it's on her terms, she's obsessed with any type of vehicle and she has a sense of humour which makes us laugh daily. She had the most wonderful birthday, despite lockdown restrictions. A few weeks before her birthday, Daddy asked her what type of birthday cake she'd like - she asked for a combination of her two favourite things, 'a rainbow racing car' cake! Daddy had quite the challenge on his hands, but he pulled off this absolutely amazing looking, and tasting, work of art. The rest of her birthday flew by in a whirlwind of doorstep drops from nearby friends and family and video calls, followed by a McDonalds take-away tea. In Hattie's words. "Best birthday ever".



Eating—We Are Spoilt For Choice

I got a nice treat when I was at work a week or two ago. The partner of one of my good friend's owns the company Hoggies. Hoggies are a local company who specialise in Hog Roast and Barbecue food, but also offer canapes, starters, finger buffets and deserts.

Everything is home-made and incredible tasting, I should know, I've eaten enough of their food! Imagine how pleased I was when I discovered that they had teamed up with Janey's in Hethersett for a pop-up event?

Two of my favourite eateries, teaming up for an evening of delicious take-away grub. However, my excitement quickly turned to dismay when I found out that I was actually working that evening, so didn't have a chance to pop



Sarah's World

down. I wasn't disheartened for long however. My lovely friend Kat Marshall brought me down one of their mouth-watering hot pork rolls, complete with stuffing, apple sauce and crackling. Phwoar! My colleague Steve even had his wife bring him some food from there that night too.

It must have gone really well, as there are future Janey's x Hoggies events in the pipeline! For updates, follow 'Janey's Village Café' and 'Hoggies – Norfolk' on Facebook, you won't be disappointed! Speaking of Janey's, we had the pleasure of having one of their signature cooked breakfasts one morning in mid-February, delivered to our door by the lovely Emma.



The food was still warm when it got to us, it came exactly when we asked it to be delivered, and it was so tasty – as it always is! We didn't need lunch either, we were all still so full. This was real treat for us all, but most of all for my husband.

His most favourite thing in the world is a Janey's large breakfast! We are really thankful for having such an incredible café right here in the village. We really are quite spoilt in terms of eateries around us! I also have a soft spot for Kin Café at Rowan House, and we're yet to try Church Farm Café. Hopefully, we'll be able to give that a go sometime soon!

Have You Missed Out ?

YOU can catch up on previous editions of the Hethersett Herald by going to

www.hethersettherald.weebly.com

and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents.



It is currently available only online. If you have news or would like to be featured in Hethersett Herald contact editor Pfter Steward on

petersteward@lineone.net

News From The Media

News

Dementia patient died after being placed in 'unsuitable' care home

A dementia patient died after being placed in a care home which was "totally unsuitable" for him, despite warnings from his family.

The treatment of 77-year-old Michael Yemm, from Hethersett, has been criticised by Norfolk's coroner Yvonne Hoyle who said there was a risk of future deaths if action was not taken.

She has written to Norfolk County Council and the Norfolk and Norwich University Hospital (NNUH) after they had turned down her request - why he had a series of false diagnoses being put the wrong way round after him.

As an expert on 'Treating the Dementia' Mr Yemm died from advanced dementia, a fractured hip and heart disease.

Ms Hoyle said the home, which has not been named, was

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"unsuitable" for Mr Yemm. His wife Chris, said "I realise it's quite clear in the coronal that I didn't want him put into that home."

"The care in this case was poor. I fought for four months to get him to a suitable home and I was left with a second care home."

Mr Yemm developed dementia in 2010 and was cared for at home by his family until he needed more help in May last year.

The care home he was put in was placed in a residential home, where he had several falls.

After he was taken to hospital a second time the care home manager told the NNUH they would not take him as they could not look after him.

But despite this, the hospital chose not to take him without notifying his home. He was also discharged on several occasions but did not have any trained staff in residence.

His bed set and was taken back to the NNUH for a third time and had another fall while in a bed.

The hospital board he criticised over the fact that staff discharging him left his discharge staff inexperienced.

It was reported on the care home's deteriorated and he died on October 1 last year.

Ms Hoyle said her husband's previous illnesses included dementia. He had two children and five grandchildren. He worked for

HM Stationery Office for many years and taught Latin and Religious Studies across Norfolk. An NNUH spokesman said: "Our deepest condolences go with the family of Mr Yemm. We will be co-operating with the coroner with an action plan in due course."

The council has been contacted for comment.



Michael Yemm died after several falls at his care home. Photos: BBC North Norfolk

IT'S been a busy month for Hethersett stories in the local Media. In the cutting above a Hethersett family hit out after they claimed that Hethersett man Mike Yemm had been placed in a care home that was "totally unsuitable" for him. You can read about this by going to:

<https://www.edp24.co.uk/news/health/norfolk-dementia-patient-michael-yemm-inquest-7307172>

News

Driver 'showing off' to friend, court told

An 18-year-old who pulled his handbrake off while travelling at 70mph on the A47 was being "absolutely ridiculous", according to a magistrate.

Harvey Lloyd, of Childs Road, Hethersett, admitted a guilty plea in part to the charge of driving without due care and attention on the A47 at Poolewick on August 1, 2020.

At the hearing, which took place at Forest Town Magistrates Court yesterday, prosecutor Neil Carr said: "On August 1, 2020, the defendant was driving his Volkswagen Polo on the A47 at

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Poolewick, near Norwich, without due care and attention at speed.

"He pulled the handbrake and accelerated off the road, hitting a nearby embankment. He also gave his passenger whiplash."

Mr Carr said while Lloyd had a clean licence, he was a "non-driver" and had only passed his test in December 2020.

In an interview, the passenger, who also suffered whiplash and a cut to the leg, told police Lloyd was being "rilly" and had control of the car.

In mitigation, Mr Lloyd said: "I still strongly believe I was searching for the path of my car, which made me panic and apply the handbrake."

However, chair of the bench Mr Gordon was not convinced.

He said: "We had to return to make our decision because this person was showing the worst type of driving before the serious case for a whilst."

"Pulling on a handbrake for any reason, even at 70mph, is absolutely ridiculous."

Lloyd was given nine points on

the licence, a fine of £100, return involvement of £40 and prosecution costs of £100.

Justifying the high fine, Mr Gordon said: "We've arrived at this figure because of the aggressive driving and applying the handbrake at speed."

"We have heard from the prosecutor he was showing off on the A47."

"He seemed into an embankment but could easily have gone the other way and crashed into someone."

"The pulling of the handbrake shows a great concern to us."

Lloyd also pleaded guilty to an offence on the same date relating to his front offside tyre having the ply or cord exposed.

Mr Gordon said there would be an offence penalty for the offence.



The defendant happened on the A47 at Poolewick. Photo: GILLIAN BRAY

There was also a story of a Hethersett driver fined for "showing off" to a friend. Read this at: <https://www.edp24.co.uk/news/harvey-lloyd-pleads-guilty-to-driving-without-care-7298798>

News From The Media

Friday, January 29, 2021

NEWS

Council agrees U-turn on grass cutting at church following set of representations made at a meeting

PETER STEWART
Journalist

A North village has reversed its decision to stop paying for the grass cutting of its churchyard.

Hethersett Parish Council previously voted to save more than £1000 a year by introducing a new grass cutting regime, but has now changed its mind after representations at its January meeting from Christian groups and the public.

After a lengthy discussion via social media, issues were raised by some voters to fear its impact on the grounds, but to its impact on the historic nature of the churchyard.

In a statement, Hethersett and Hethersett Churches Executive Trust council has to reconsider the issue.

It said: "We were saddened to learn of the council meeting as that is the responsibility of the only burial ground in Hethersett. The burial ground of St Margaret is a place where anyone, regardless of creed or faith or of colour or sex, can be buried."

"We would urge the council to reconsider this decision for the sake of the rest of the village who either have family graves or who may wish to be buried there in the future."

The council member further welcomed the fact that it would be able to take the decision out of its decision.



Hethersett Parish Council has voted to reverse their initial decision to stop paying for grass cutting at the village's St Margaret Church.

She said: "This is about businesses and people being allowed to go on in their own way whether they have loads or not. You can't take emotion out of this. This is something for the whole community and we have a moral responsibility for it."

By the reporter Chris Martin | would seem to be an error and | Gigglesville

© 2021 Hethersett Parish Council

Little 'princess' Eva completes her lockdown walking challenge

By the reporter Chris Martin | would seem to be an error and | Gigglesville



Coverage of the church grass cutting debate in the Wyndham Mercury is featured above and opposite Eva Harrison is pictured in coverage of her marathon efforts for charity which you can read more about elsewhere in this edition of Hethersett Herald

News

Youth club appeal to help raise £30k to replace leaking roof on building

A village's youth club has launched a campaign appeal to replace a leaking roof that could scupper its recent re-birth lockdown is lifted.

Hethersett Jubilee Youth Club in Little Lane is desperate to provide a haven and relaxed meeting place for members.

But the team said raising the money to make the necessary repairs was akin to "filling a leaky bucket".

Trainers and supporters have set up a GoFundMe page to raise £20,000 towards the repairs, hoping the remainder can come from profits and other fundraising.

"We are finishing a basement and it will need extensive masonry, together in one go," said trustee and youth club secretary Gillian Smeeth.

"If the wind blows in a certain

PETER STWARD

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direction and it rains hard, the water comes in now in several places. Even normal rain needs a bucket or two, consequently placed the boys a heavy ball but the roof has gone up and badly needs replacing."

The fundraising page has been set up by Hethersett's Kim Kinn and Alison Emmery who will be raising the youth club and its well-being groups over lockdown restrictions have been eased.

Ms Kinn said: "We would love a new roof building. The roof is currently leaking and we are running out of funds."

"We really want the youth club appeal raising for the young



Hethersett Jubilee Youth Club needs to raise money to repair its roof

From GOOGLE MAP

people after lockdown. We want to make it a nice place to be, a place where our young people want to go and a place where they can feel safe. It's also an asset we cannot afford to lose."

Once up and running, Kim and Alison will be planning to supplement the weekly

Wednesday youth club meetings with a monthly wellbeing group on a Thursday.

The roof has been leaking for well over six months with local resident and supporter Alison Kinn expressing the problem at first hand before the current lockdown restrictions.

"I was at swimming in the hall and, to my horror, the beams exposed. Hair, rain runs through the roof and water everywhere and as they sit it was trapped up there it was acidic," she said.

"The other fundraising is now in at with a £10,000 target. Do donate via Hethersett's GoFundMe page."

Penwithen@norfolk.gov.uk

News



Retired teacher and education advocate Mrs. Joan... (Caption text is partially obscured)



Retired teacher and education advocate Mrs. Joan... (Caption text is partially obscured)

Retired Norwich school teacher and education advocate dies aged 86

A retired Norwich school teacher, described as a pioneer with parents and government, has died aged 86.

Home in Elmstead, on 4th St, 1900, Norwich 104000, Mrs Joan Gargan, passed peacefully during the three week stay in hospital and at home by her family.

Joan was born in 1934, she was the daughter of a group of three children and a wife of a retired school teacher.

Joan was a member of the Norwich Education Society, the Norfolk Education Society, the Norfolk Education Society, the Norfolk Education Society, the Norfolk Education Society.

MEMOIR BY THE AUTHOR

Joan Gargan, Education Advocate

In 1962 she moved to York, where she worked with parents and primary school children. It was her first experience of the professional life but one of the most rewarding. She was elected to the York Education Society and was elected to the York Education Society and was elected to the York Education Society.

She moved and managed her business in York for a number of years and was involved in working in London. It was a challenging time for those so busy worked and their teaching.

Her involvement in the Norfolk Education Society, which she joined in 1968, was a significant part of her life. She was elected to the Norfolk Education Society and was elected to the Norfolk Education Society.

She was a member of the Norfolk Education Society and was elected to the Norfolk Education Society. She was a member of the Norfolk Education Society and was elected to the Norfolk Education Society.



Joan Gargan with the Norfolk Education Society members in front of the Norfolk Education Society monument.

She was a member of the Norfolk Education Society and was elected to the Norfolk Education Society. She was a member of the Norfolk Education Society and was elected to the Norfolk Education Society.

She was a member of the Norfolk Education Society and was elected to the Norfolk Education Society. She was a member of the Norfolk Education Society and was elected to the Norfolk Education Society.

News From The Media



Alan Dillingworth's 1966 Rover P5B sports car, which he sold to the Southampton club.

Tributes paid to Norwich Union accountant who was 'example to us all'

TONY STEWARD
 Norwich Union Accountant

Tributes have been paid to a former Norwich Union accountant described as 'an example to us all'.

Alan Dillingworth was a corporate of accountants in his beloved home of Hethersett, near Norwich.

Respected a former secretary to St Barnabas Church, Hethersett, his son, James, said: "Alan was a husband, father, son-in-law, grandfather, great-grandfather, friend and colleague, and above all he was an amazing person and an example to all of us."

Alan was born in Oringford in 1925 and lived for much of his life in Cluster 58 Rd before moving to Hethersett four years ago.

He became an active member of local groups including Hethersett Domestic Support Group, Hethersett Village Society, and Hethersett Parish Church.

Chairman of Hethersett Domestic Support Group David Hills said: "Alan became an important part of the group. He was always smiling and helping out. He will be sadly missed."

Alan was ordained as a Congregationalist Minister and was ordained in Hethersett where he picked up a lifelong passion for nature and photography.

He is interred at Woodside Wood Norfolk Burial, before joining the



Alan Dillingworth died at the age of 94.

By Tony Steward
 Local Reporter

RCAF as a trainee pilot stationed in Buntingford. He later worked as an air loader and manager in Aero-Armies, situated in Scotland and Canada.

In 1947, he re-joined Norwich Union and qualified as an accountant in 1955. He was promoted to first assistant accountant in 1961 and chief accountant in 1963, a post he held until his retirement in 1985.

In 1948, he married Pauline Finbow and the couple had two children - James and Colin. The marriage ended in divorce in 1988.

Five years later he married his second wife Hazel Bennett. Alan, 65, had five children and moved to Cluster 58 Rd before the

what would become the family home for 46 years.

After retiring, Alan became treasurer of Clifton Housing Association and headed his love of collecting vintage cars, producing two sons (featuring East Anglian Churches for Hethersett 25th).

He moved to Hethersett in 2017 before moving to Cromwell House Care Home in Norwich in 2019.

He died at the age of 94 and was buried in St Barnabas churchyard along with the ashes of his second wife.

To view all our obituaries and tributes join the Facebook group [People's Loved & Lost](#).



Alan young during the war service days.

The Eastern Daily Press reported on a tea time drama in the skies above Hethersett on February 25th.

A police plane circled Hethersett, Bawburgh and Little Melton looking for a high risk missing person.

Emergency services used Crusaders Rugby Club as their base during the search.

News From The Media



News

©Hethersett Herald printed in its 10th Anniversary issue. Photo credit: John Mountain, who worked for Lotus.

Tributes pour in for Lotus employee John Mountain who had 'the magic touch'

A Norfolk man with "the magic touch" who worked for Lotus for over 20 years has died.

Tributes have poured in for John Mountain from Hethersett whose nickname was "Mags" because of his ability to make virtually anything apart and put it together again.

John, who was ex. first-stationary in the Norfolk and Norwich University Hospital on February 18.

He was born in 1955 in Snettisham Road, Norwich, and moved to live in Hethersett at the age of 30.

After leaving Hethersett High School to begin an apprenticeship at Ford and Singer and studied automotive electronics at Norwich City College. It was while doing contract work as Kewer's agent that he came to the notice of the Lotus management and he joined the company as a specialist in electrical circuits.

While working for Lotus he was involved in designing audio systems with Blaupunkt, electrical systems for General Motors in Detroit and working on the Williams sports car in Hethersett.

PIETER STEVENS
www.hethersett-herald.co.uk

arrange other projects.

"The more I read about John, the more I realise how much of a positive influence he had on many people throughout the world. John was also a good listener and he would do anything he could to help people," said his wife Vic.

Hundreds of tributes appeared on various social media pages including a Facebook page which brings together former Lotus employees "Lotus International" - which John helped to set up and which has over 800 members.

Patrick Poole, chief executive of the East Anglian Air Ambulance, a charity that John supported, and former head of communications Group Lotus, said: "John was a great ambassador for Lotus as well as an outstanding technical engineer with numerous major projects to his name."

Mike Kintyre, former chief executive of Lotus, said: "John was such a good, happy and caring friend who said 'what's important' and who always had a ready smile



John Mountain worked for Lotus and was involved in developing audio systems with Blaupunkt, electrical systems for General Motors in Detroit and working on the Williams sports car in Hethersett amongst other projects and amusing side.

Outside his love of cars and Grand Prix racing, John was a keen skier, cricketer and bowler. Scott and received the Queen's Scout Award. He was an enthusiastic reader who loved the Norfolk Herald.



John Mountain as a child in the kart his father George made him

The cutting above was a tribute to Hethersett resident John Mountain who has died at the age of 65. Our full tribute to John appears elsewhere in this edition.

Top Job For Gareth



FORMER Principal of Hethersett Academy, Gareth Stevens, has been appointed Chief Executive of the Inspiration Trust which runs 14 schools across Norfolk and Suffolk including Hethersett Academy.

He succeeds Dame Rachel de Souza who will become the children's commissioner for England on March 1st.

For a number of months, Mr Stevens has been the trust's secondary director.

Speaking on the Academy's web site Mr Stevens said: "I am delighted to be appointed as chief executive and look forward to working with our family of schools to positively impact students' lives. I have the benefit of inheriting an extremely strong team from Dame Rachel and am proud to lead 14 schools at the centre of their communities."

David Tibble, Chair of Inspiration Trust, said:




"After a rigorous recruitment process, we're very pleased to appoint Gareth Stevens. Having worked with Gareth over an eight-year period I am confident that he can continue to build on the strong foundations already in place. Following the impact of Covid-19 on our communities and our students' education, all the trust's resources will be needed to quickly aid their mental, physical and educational recovery."

Dame Rachel de Souza said:

"The Inspiration Trust is very close to my heart and I'm pleased to be leaving it in safe hands. We have a dedicated team, committed to ensuring every child receives an excellent education. I'm looking forward to seeing the trust go from strength to strength under Gareth's wonderful leadership. I will sincerely miss being at Inspiration Trust and wish everyone the very best for the future."

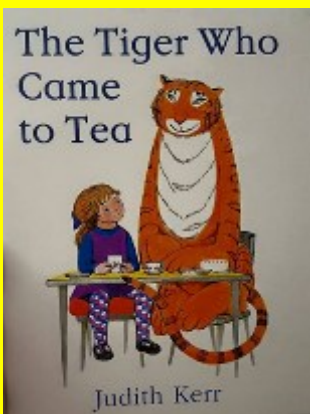
To prevent the spread of Coronavirus,
**regularly wash your hands
for at least 20 seconds**
with soap and warm water

For more information on
how to protect yourself,
visit [NHS.uk/coronavirus](https://www.nhs.uk/coronavirus)

The 16th in a series featuring a literary gem found in the Back Lane Book Swap. Books found during a wander along the lane. Of course by the time you read this the featured book may have gone.

No 16—The Tiger Who Came To Tea by Judith Kerr.



It is a while now since we have featured a children's book but seeing this old classic in the book swap made me want to revisit it again. My husband and I really enjoy seeing the number of children who come to the book swap, all eager to find another book, and equally eager to leave books for others.

The Tiger Who Came to Tea is a short children's story, first published by Harper Collins in 1968, written and illustrated by Judith Kerr. The book concerns a girl called Sophie, her mother, and an anthropomorphised tiger who invites himself to their afternoon tea and consumes all the food and drink they have. The book remains extremely popular more than 50 years after it was first published, and a theatrical adaptation of the story has been produced. A television adaptation of the book aired on UK's Channel 4 on Christmas Eve 2019 at 7:30 pm.

The original artwork for the book is held by Seven Stories, a children's literature centre in the UK.

A little girl named Sophie is having tea with her mother in their kitchen, when she hears the doorbell ring. Soon, Sophie and her mother are joined for tea by a kind tiger who drinks all the tea before eating all the food in the house and then drinking everything, even draining all the water from the taps. After the tiger leaves, Sophie's father comes home from work and suggests that they all go out and have a lovely meal in a cafe.

The following day, Sophie and her mother go out to buy some more food, including a big tin of tiger food. Despite the tin of tiger food being requested

by Sophie, the tiger never returns (hence the tiger plays a trumpet with the word "Goodbye" coming out of the end of it).

Kerr spent her early years in Berlin just before the start of the Third Reich and her father was on a death list because of his opposition to the Nazis. Her family fled Germany and most of their property was seized in 1933 when she was nine-years-old. Michael Rosen, also a children's author, claims the tiger could be based on her memory of the past threat: something that could have disrupted her life as a young child and taken everything the family owned.

Judith knows about dangerous people who come to your house and take people away. She was told as a young child that her father could be grabbed at any moment by either the Gestapo or the SS - he was in great danger. So, I do not know whether Judith did it consciously or not - I wouldn't want to go there - but the point is he's a jokey tiger, but he is a tiger. (Michael Rosen)

However, Kerr stated more than once that the tiger represents nothing more than a tiger and had nothing to do with the Nazis. Kerr first invented the story after visiting a zoo with her three-year-old daughter and told it many times before making it into a book. The book took a year to write and illustrate.

Hethersett Herald—The Collection

HETHERSETT Herald began life as Hethersett Online in November, 2015, and has been produced monthly ever since.

The first edition ran to just 12 pages and had as its main story the theft of lead from the roof of Hethersett Parish Church.

Originally the publication was just called Hethersett Online but later changed its title to Hethersett Herald in May, 2016, with edition seven and we have been going from strength to strength ever since.

You can read back copies of Hethersett Herald by going to www.hethersettherald.weebly.com

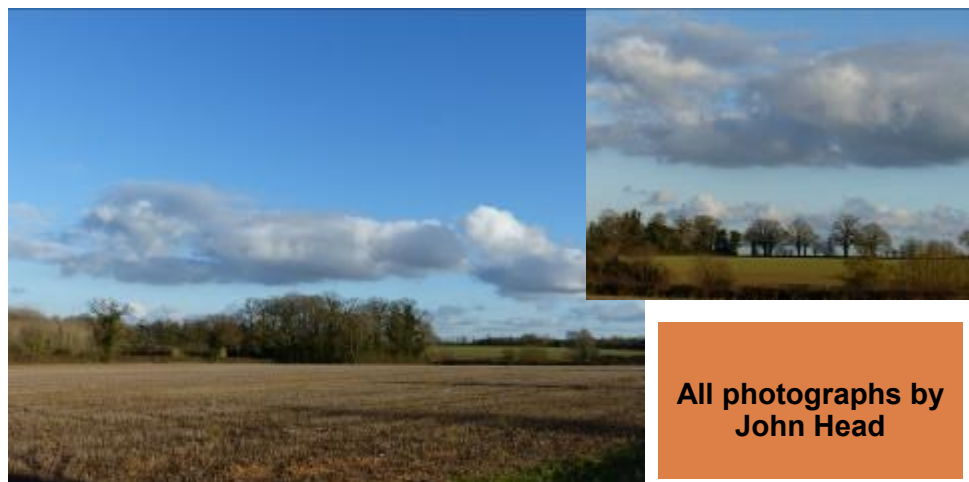
My Photographic Diary *by John Head*

Hethersett resident and friend of Hethersett Herald, John Head, is a keen photographer who regularly posts his excellent photographs on Facebook. Here we feature a selection of John's photographs taken during his wanderings in and around Hethersett. You will also find other photos taken by John dotted throughout this edition of Hethersett Herald

Across the fields of Hethersett where the Rooks compete with the drone of the A11, the easterly winds compete with the F-35s from Marham and my walking boots compete with the saturated paths and fields around me. Random photos taken 1500-1600 hrs 4th and 5th of February.

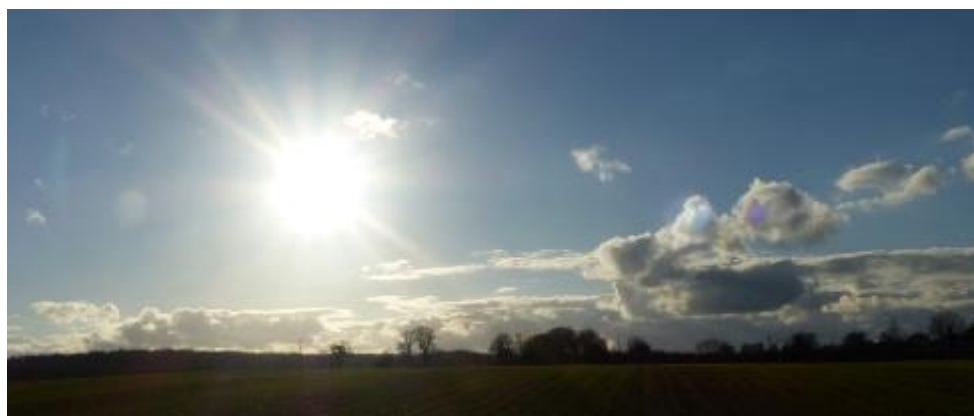


My Photographic Diary *by John Head*



**All photographs by
John Head**

My Photographic Diary *by John Head*



My Photographic Diary *by John Head*



February 9th, 1400-1500 hrs. On this wintry afternoon I decided to visit Rev Jeremy Day's last resting place at the east end of St Remigius Church.

Rev. Jeremy Day was Rector of Hethersett for 35 years and died on 1st November 1855 (All Saints Day) being interred within a prominent altar tomb.

For many reasons this is my favourite part of the churchyard, not least in that it gives a panoramic view of a mildly undistinguished landscape (Betjeman's description of Hertfordshire) which is the beauty of Norfolk as this landscape does not detract from its beautiful open skies .



My Photographic Diary *by John Head*

...the sun's strength
warms the earth
which the church
breaks through as if
it was a bulb. Febru-
ary 11th, 1400 hrs.

The sky above is
Showing to this
world

That every cloud has
a silver lining

We strive and fight
Against all odds

And we grow stronger every day

The words are from the song "Every Cloud Has A Silver Lining"
by SiXforNinE, an alternative metal band from Athens, Greece.

This is the third single from the band's second full-length album *Parallel Universe* which was released worldwide on August 2nd, 2019 via Eclipse Records.

The video was di-
rected by John Ni-
kolopoulos and filmed
on location in Greece
at the Mesologgi Salt
Mines.

* * *

We will have more
photographs and poet-
ry from John Head in
the April edition of
Hethersett Herald
which will be online at
the end of March.

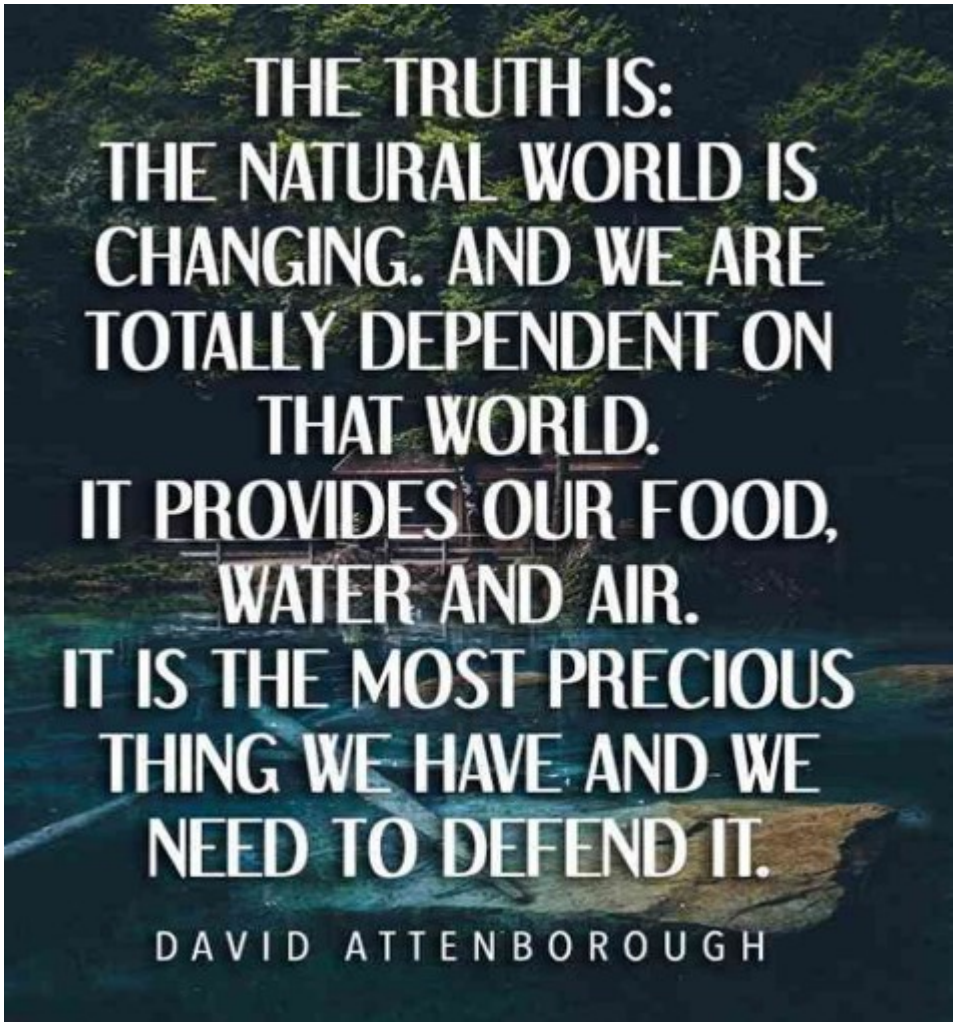


There is No Planet B

Small Steps to Save the Planet

Our regular feature with Penelope Brown

Last month I put a very simple quote from David Attenborough in this column. It was met with a lot of positivity as the message was so simple. Here again is another from the great man himself .



From The Archives with Gary Wyatt



HETHERSETT HERITAGE

✦ AN ARCHIVE OF OUR VILLAGE HISTORY ✦

THE HETHERSETT ARCHIVE

Honorary archivist Gary Wyatt brings us more images from the archive.
You can see many more at
<https://hethersettheritage.org>



The picture on the left is of Harvey's Garage which is now blocks of flats



Cedar Grange, Hethersett. J 3848. (Kent's Series).

Above is a photograph of Cedar Grange, Hethersett, and opposite is a Hethersettian from a bygone era. Below is a photograph that simply says Grandfather Smith.



Grandfather Smith



Hethersett Herald

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Down Memory Lane

Millennium Yew Trees Project

By John Head



The Millennium Yew Tree Project was a joint venture between the Church of England and the Conservation Foundation UK to provide Yew Cuttings for churches to plant to commemorate the end of the second Millennium. Yew Trees can last for a millennium and the surviving Yews in Britain, from where the cutting would be taken, can be more than 2000 years old and would have a provenance going back to the time of Christ.

On 6th May, 2000, there was a Millennium Tree Planting Service held on the south side of St Remigius Church. The planting was undertaken by a group of schoolchildren from Hethersett Old Hall School (see photographs). Many of the Yews flourished but sadly some did not survive and St Remigius' fell into this latter category.

Prior to lockdown in the Autumn of 2020, I was in a churchyard at Masham where I noticed their yew tree was thriving (see photos).

Down Memory Lane



Photographs courtesy of John Head



THE photograph on the previous page and the two main photographs on this page are of the planting in Hethersett Churchyard by pupils from Hethersett Old Hall School. The smaller photograph on this page was taken at Masham Churchyard in 2020 where their tree has prospered.

Down Memory Lane



The shape of the Olympic rings, daffodils planted in 2012, is clearly visible against the white of the snow.

Many people who are new to Hethersett won't realise they are there. They are near the Hethersett village sign on the corner of B1172 and Norwich Road. It's difficult to take a good photo though. It needs an aerial shot.

IF you have any stories, information or photographs you would like to see appearing in Hethersett Herald please send them to the editor Peter Steward at petersteward@lineone.net.

We are happy to publish articles about the village and also articles of a more general nature written by Hethersett residents.

Absentee Landlords in Hethersett - More About The Bokenhams

Historian Lewis Buckingham continues his journey through Hethersett's history

LAST month our journey through the history of Home Farm reached the year 1714.

In that year, Walsingham Bokenham was buried beneath a black flagstone in the aisles of St Remigius Church. He was heir to the lands of his mother's family - the Flowerdews - and also to those of his father.

He had been a wealthy man, but had no children of his own, and was the last of the Bokenham name to live in Hethersett. In some respects, he was still present in Hethersett for many more years in the form of "Mr Bokeham's Benefaction", a charity for the benefit of the deserving poor in Hethersett.

In the physical sense, however, the Bokenhams had left Hethersett behind. The connection their family had with Hethersett became a financial one. It was no longer personal.

Walsingham's one sister had predeceased him, but one of his uncles still lived: Richard Bokenham was the last man standing amongst 10 brothers and four sisters, and so the fate of Home Farm's fields and of much more land besides was placed in his hands.

Born in Great Thornham in Suffolk, he was in his early 70s, and on his second



Walsingham's last resting place

marriage by the time he came into his inheritance - well *this* inheritance, as other lands had drifted his way from departing siblings over the years.

It's not clear that he ever set foot in Hethersett. It was one of many towns and villages in which he now had an interest, though he can probably be forgiven due to his age.

Whatever the reason, someone else went on his behalf to lay claim to his lands in Hethersett.

This is the start of what will become a bit of a pattern for the next 70 or so years - absentee landlordism. People who owned large tracts of Hethersett had no personal interest in them or in

An Abstract of several Records, Original Deeds, Wills, and other authentick Writings, to prove the Claim and Title of *Katharine, Wife of Richard Bokenham, of Weston Mercate, in the County of Suffolk, Esq;* to the Barony of *Berners*.

John Bourchier, First Lord Berners.

the village itself.

An agent, possibly the same Isaac Howlett who acted in Richard's place at the manor Court, would have found someone to farm the lands. He would also have looked after any local estate business on Richard's behalf. It's probable Richard needed agents to look after his financial matters, as he was living beyond his means.

You see he wasn't always a landholder, and land does not always equate to liquidity - at least not in the short term.

For a while, Richard had traded as a mercer in London, before inheriting from his brother George and setting himself up as a prominent member of country Suffolk. He became lord of Weston Market Manor in Suffolk, which had been in the Bokenham family for around a 100 years by that time.

He then leveraged his new status into marriage with Katherine Knyvett, a lady of very good family (which family by chance had sold a 50% share of the Hethersett Manors to John Flowerdew in the early 16th Century).

He was a man of some standing, but he'd also mortgaged a large holding of

The heading to 27 pages of proof to the Berners Barony

land to his nephew Walsingham for £1000, so perhaps he was a bit short of cash.

He was keeping up appearances. He needed to.

You see, not only was Katherine from a very good family, but she was potentially a Baroness.

All that lay between her and her title were her sister and her family (all deceased by 1711) and the small matter that no-one had officially been confirmed as the "Baron of Berners" for around 180 years.

Those barriers notwithstanding, in 1720 she was officially confirmed in the title of "Baroness of Berners," having proven seven generations of her pedigree.

From what I can gather she could now:

- sit ahead of any Knight at a table.
- add a red hand to her coat of arms.
- provide the king with 30 men-at-arms a year for the privilege.

This last bit could be why Richard was strapped for cash, and perhaps also why the five generations of Knyvetts before Katherine had never bothered taking up the title officially.

When she died in 1743, no-one chased after the title for a bit.

Her cousin and his 11 sons had all died without heirs, the family's fortunes remaining with two daughters. Eventually one of their sons bit the bullet and successfully had himself named Baron in 1831.

Despite the title of Baron having been officially claimed and bestowed, there remained a bit of confusion in certain corners of the extended Bokenham family about the whole thing for some time.

As late as 1880, William Bokenham, a retired master mariner of Southwold, believed he was the rightful Baron. He and his father had been nicknamed "Lord Berners" within the family as a sort of joke, though they claimed it quite seriously.

Family lore had said that they should have the title, Richard Bokenham having been married to a Baroness. Apart from it not working that way (only Katherine's heirs could inherit) things had become pretty muddy with regards to who actually would have inherited anything at all.

There was a pattern of big landed families simply disappearing. The family as a whole didn't vanish, but their leading branches did - sort of what happened just before the Wars of the Roses.

You'll remember the main Flowerdewes of Hethersett ended with Elizabeth Flowerdew. The Bokenhams one by one in Walsingham's father's family

died without any heirs who survived them for very long (and Richard was soon to follow). And now we have the Knyvetts also going the same way.

You had to leapfrog back a few generations and then wind your way back down side branches of the Bokenhams before you came to anyone who could possibly have laid claim to the "Title of Baron Berners."

And that's just what some Bokenhams did, conveniently forgetting that Richard Bokenham had sisters who had heirs who would have trumped them anyway - if any Bokenham had a claim to the title, which of course they didn't.

You'll notice that I haven't been able to say much at all about Home Farm so far this month. This is because the people who owned it were far more concerned with lists and pedigrees than they were with the land itself.

Of course they wanted to own the land. As cousins, siblings, nieces and nephews dropped off the perch, those who remained were very happy to amass great holdings and to become impressively influential.

But when they pictured the land, you have to imagine the obsession the gentry in Jane Austen novels had with who had what estates, and how many people were between them and £100 a year.

It was also important to have a great name., and to be the head of a great family with an impressive coat of arms that linked them to many more very impressive families.

Unfortunately, the leading lights and the names themselves kept on dying out.

Extraordinary measures were often taken to keep the family name alive. Most importantly, though, the name had to remain in their own line and not that of some junior branch of the family.

Richard held this title for only a few years, dying in 1723. He was the last of the Thornham Bokenhams, and consort to a Baroness, so he hadn't done too badly for himself when it came his '*dignitas*.'

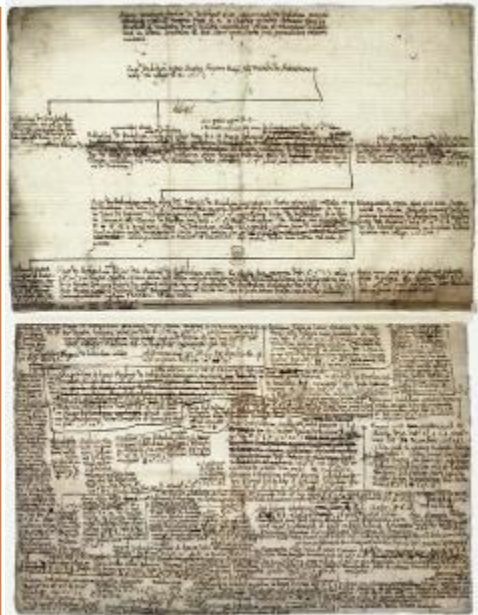
But where would the family lands go now?

Walsingham had already set up a solution to this problem in his will.

He had a great fondness for his cousin Thomas Tyrell, son of Walsingham's aunt Grace Bokenham.

Walsingham was actually the godfather to Thomas's son, who was also named Thomas. This being the case, you could say that Thomas Tyrell Junior was actually the nearest thing Walsingham had to a son of his own.

The Tyrells were another landed family of Suffolk. They based themselves in Gipping and were also able and very



17th Century notes on the Bokenham Family Pedigree

ready to trace themselves far back into the mists of history.

Provided that his uncle Richard died without heirs (fairly likely as he was in his 70s when the will was written) then

Walsingham's lands would all then go to his godson Thomas Tyrell Jnr.

This was on one condition - that Thomas change his name to Bokenham.

It was an elegant solution. Thomas



**Gipping Hall—
seat of the Tyrell
Family**

was a descendant in Walsingham's own senior branch of the family, and he'd soon have the correct name.

The Bokenham name would live on!

Walsingham, however, hadn't taken into account that the Tyrells were just as jealous of their name and of their own family achievements as was any other good family back then. While Thomas did follow the terms of the will in detail, he didn't do so in intent.

He changed his name to Thomas Bokenham Tyrell.

Notice that there's no dash there?

Bokenham was a middle name only, but it did make it easier to distinguish him from his father.

In what was starting to become a habit, Thomas was another absentee land-lord. He didn't make the trip to Hethersett to be admitted to his new lands, but instead had a local man by the name of John Milligan act on his behalf.

A little bit cheekily, when Tyrell accepted the lands in 1723, (and didn't bother to show up) he hadn't yet added in Bokenham to his middle name.

To remedy this, in 1735 Thomas actually visited Hethersett in person. He attended the local Manor Court and had what was known as a "Common Recovery" made of the land - this time using his new name with the extra Bokenham added in order to tie up loose ends.

I spoke about "Common Recoveries" a couple of months ago, so I won't go into detail again here. The gist of it, though, is that a fake court proceeding against the present owner was made, and someone else ended up owning

the land by dint of confusion. The new 'owner' then immediately gave it to the 'former' owner no strings attached.

In reality everyone was in on it from the start, but everyone was paid, from the judging lord to the witnesses, so they were all happy.

It was a great way to stop anyone else from laying claim to the land. You see the court had just proved that no-one else had any claim to the land, so any future person making a claim was simply referred to this ruling and told to bugger off

The made up tale usually involved three nefarious fictitious characters - John Doe, Richard Roe and Hugh Hunt. All three were included in this particular set of shenanigans. To cap off the general confusion, at that time a local farmer was actually named Jonathon Doe (he was never listed as John).

Doe was actually one of two farmers that probably worked Tyrell's land, the other a John Redhead. It's not clear whether one or the other - or perhaps both - farmed Tyrell's lands, though I hope to be able to shed some more light on this next month.

Thomas seems to have had only daughters, but in another novel method of keeping things in his branch of the family, he willed all of his lands in "Hetheringsett" to his sister Jenny.

How does that keep the land in the Tyrell family you wonder? She'll lose the family name eventually when she marries, won't she?

Well, no.

She just happened to have married her cousin Edmund Tyrell. You see cousin

marriage in the minor gentry was happening long before Jane Austen lifted the lid on it.

The marriage of Edmund and Jenny Tyrell was quite canny: the senior branch of the family was joined with a junior branch, and the name remained the same.

It's a little like Henry VII marrying Elizabeth of York to unite the houses of Lancaster and York. That marriage put an end to the Wars of the Roses, but I've found no sign of a fractious lead up to the Tyrell nuptials.

And so as planned, when Thomas died in 1772, the estate remained with both his nearest blood relative and his illustrious family name.

The Bokenham name was left to memory.

Continuing the general theme of absentee landlords, Edmund didn't visit Hethersett when it came time to officially receive his lands there.

Instead he had Daniel Hughes, Gent, a well respected farmer in Hethersett, stand for him at court.

Hughes had come to Hethersett about 40 years previously, hired to gather the tithes by the Rector John Berney.

If there was anyone who knew the earth of Hethersett, it was Daniel. It was his job to judge the worth of the land. He would visit the various farms of Hethersett throughout the year, taking note of what grew, of how many calves had been born, of chickens hatched and of any one of a number of other farming matters. It was all of great import to a Rector who depended upon his 10 per cent tithe.

Thus far, this month's story has been a



"I say. I think I fancy my rich cousin."

trail of absentee landlords.

They had little to no idea of what life in Hethersett was about, and were eminently removed from the nitty gritty of the land. Unfortunately, the Manorial records that would have given us our clearest window into long ago Hethersett are primarily concerned with ownership. Any reference to who lived where or to who farmed what were entirely incidental.

With Daniel, however, we step back into life on the ground in Hethersett.

Firstly, this is because by this time in our tale Daniel's son William had been farming Home Farm and the better part of the Tyrell lands for a decade.

Secondly, because back around the time Daniel had first arrived in Hethersett, all hell broke loose.

A new Rector by the name of John Berney took up office in 1736. When he arrived he tried something out to make his life a little easier. In the end it was anything but.

His plan was to make a deal with all of the villagers for their tithes: if all of them agreed to a set rate, they could give him cash instead of live-stock and goods. If any didn't agree, then none of them had the cash deal. It would cost Berney just as much to hire a tithe gatherer to gather from one farm throughout the year as it would for twenty. He wasn't going to collect it himself, after all.

The agreement fell through, Daniel was hired, and a bitter law suit ensued.

In the end - after considerable wrangling - everyone did agree to the set rates. It probably helped the situation that the principal hold out died of unrelated causes before the final judgement could be made.

Daniel was no longer required as a tithe gatherer, but he stayed on, farming Rev Berney's land.

To keep everyone honest, a record of tithes collected was kept year by year. Tithes were based on land you yourself farmed - not who owned the land. For the first time we had a record of local life.

You can get an idea of who farmed large estates, and of who had a little chicken coop and not much else. And



A Tithe Barn, perhaps similar to this one in Dersingham, would have once stood in Hetherset

those records last for 40 years.

Had Daniel not been hired, none of this would have happened. His arrival was a catalyst for this conflict in Hetherset, though none of it was his doing.

Not only did a record of tithes result from it, but we also had the Court Case. With Court cases, then as now, we have depositions, and for the first time we hear words straight from the mouths of the ordinary farmers of Hetherset.

They speak of their own backgrounds, of how they worked the land, and of what their fathers did before them.

Before Daniel Hughes came to work in Hetherset, the average person in the village was a mostly blank slate - a John Doe.

After his arrival we begin to learn more about how a farming community like Hetherset actually worked - a bit like ... well a bit like a Jonathon Doe I guess.

More from Lewis next month.

Charlotte Govier looks back on the past month at Hethersett Hall

Quiz Time With Firside Junior School

In the week full of puzzles, we were invited by Kelly from Friend in Deed to join children from Firside Junior School in Norwich for a quiz via Zoom.

Activities staff prepared a series of questions for residents to ask children which encouraged great moments of interaction.

One lady expressed: "it's so lovely to chat with the children and that they want to talk to us".

Residents and students also shared their hobbies, favourite holiday destinations and finished this fantastic session by singing a few songs!

We look forward to planning our next Zoom activity with Firside and Friend in Deed - thank you to all!



News From Hethersett Hall Care Home

The Power of Pampering



It's a proven fact that pampering is a very effective way to lift spirits, boost esteem and in turn improve quality of life.

Staff dedicated a whole afternoon to spend quality time with residents offering a choice of treatments including facials, manicures and hand/foot massages.

The ladies thoroughly enjoyed their pamper session and felt very relaxed afterwards. Even some gentlemen enjoyed a soothing hand massage. It was lovely to hear residents and staff engaging conversation and having a giggle - we all need a little TLC from time to time!

Art Academy

Residents were pleased to welcome back Juli Mobbs our local artist via the first Zoom Art session of the year.

This time our residents were tasked with creating a snow blizzard, and while those pictures dried, they then had a go at sketching Snowdrops and delicately painting them.

Juli taught our budding artists new watercolour techniques which involved collecting paint onto your brush and tapping it using another brush to flick paint onto their canvas. The effect was eye-catching, and one enthusiastic participant remarked: " It was really interesting learning a new way to get paint onto your paper".



News From Hethersett Hall Care Home

Armchair Travel To Romantic Cities In The World

On Valentine's Day we thought what better way to celebrate than have a virtual tour to three of the most romantic cities in the world. We travelled to Paris, Venice and Santorini in the comfort of our own lounge. Activities staff prepared a selection of different foods from these beautiful cities whilst residents admired wonderful scenic views. We prepared an array of pastries from France, delicious Focaccia bread and oils from Italy and some sweet Baklava from Greece. Our residents enjoyed armchair travel so much that they said we should do it more often. One resident, who lived in France for many years expressed; "Je suis tres content!" Happy Valentine's to our wonderful residents!

Roses are Red, Violets are Blue

In the week leading up to Valentines Day we had a Science Experiment Valentines Special hosted by Lucy and other little visitors took part including Lucy's son.

Residents enjoyed creating chemical reactions to change the colour of hearts as well as using magic ingredients to reveal a special message from Friend in Deed. "Roses are red, violets are blue, keep on smiling, we're thinking of you". How lovely!

Our Valentine's Message

We spent some valuable one to one time with our residents, taking time to listen to stories of their lives and their fondest memories. We asked residents what's the secret to a happy marriage or what their Valentine's advice would be.

One lady said: "Be considerate to each other" while another gentleman mentioned it's important "to give and take" defining a healthy balance. We also spoke to a couple that met in University and have been married for over 70 years! It was wonderful to spend time with residents hearing how they met their partners and the special love they have and will always share.



News From Hethersett Hall Care Home

Feeling Puzzled!

Thursday 28th of January was international puzzle day.

Activities staff provided residents with a variety of puzzles to enjoy, from cross-words to word searches and quizzes to spot the difference.

A great way to stimulate and exercise the mind, meeting intellectual, learning and development needs!



All photographs and stories by
Charlotte Govier and reproduced
with permission.

Stunning Artwork in Lockdown

THE Hethersett Painting for Pleasure art group has been unable to meet face to face during lockdown and the subsequent social distancing rules.

But members have been far from idle as we illustrated in our last few editions.

We are delighted to be allowed to print some more in this edition of Hethersett Herald.

In normal times the group meets in Hethersett Village Hall on Wednesday mornings.

A variety of media has been used from watercolours to felt tip pens, salt, collage and computer generated images.








HOW TO CONTACT US

HETHERSETT & MULBARTON Safer Neighbourhood Team



 **A/Insp. Dave BURKE**
Local Policing Commander

The Local Policing Commander is responsible for a group of Safer Neighbourhoods teams. The Inspector also works with our partners and communities to reduce crime in your neighbourhood and focus efforts on the priorities that matter to you.



101 Ext: 4151



David.Burke@norfolk.pnn.police.uk



 **PC Andy HUDSON**
Engagement Officer

Your Engagement Officer is here to provide communications and updates regarding your neighbourhood as well as co-ordinate volunteers, specials, community speedwatch and / or cadets.

Contact them for local enquiries that affect your neighbourhood.




101 Ext: 2377



Andrew.Hudson@norfolk.police.uk



 **PC Chris BODEN**
Beat Manager

Your Beat Manager PC is here to engage with the local communities and work to solve local issues and priorities within your neighbourhood.

The Beat Manager's aim is to keep your neighbourhood as a safe place to live, work and visit.



101 Ext: 2955



Christopher.Boden@norfolk.pnn.police.uk

 SNTHethersett@norfolk.pnn.police.uk

 [/SouthNorfolkPolice](https://www.facebook.com/SouthNorfolkPolice)

 [@SouthNorfPolice](https://twitter.com/SouthNorfPolice)



NORFOLK
CONSTABULARY
Our Priority is You



LITTLE MELTON PRE-SCHOOL NURSERY



***Our Pre-School is run by a team
of experienced,
qualified and caring staff.***

Open Monday-Friday during term time.

***Rated 'Good' by OFSTED
Open to children from 2 1/2 - School age.***

***Providing Quality Childcare
for over 30 years.***

***Please contact us to arrange a visit.
Little Melton Village Hall, Mill RD, Little Melton
01603812362***

***www.littlemeltonpreschoolnursery.co.uk
Registered Charity No:1028459***

***This organisation is committed to safeguarding and promoting the welfare of children
and young people and expect all its staff and volunteers to share this commitment.***

Join The Email Group

We currently use Social Media to inform residents when a new edition of Hethersett Herald is published.

We also post copies of new editions, along with an archive of editions from the past five years, on the website www.hetherssettherald.weebly.com.

If you would like to be alerted via e-mail of the publication of a new edition please send an e-mail requesting this service to the editor—
petersteward@lineone.net.

We will then draw up a group for circulation. Your e-mail address will not be disclosed to any third parties and will be used exclusively for notification of new publications.

The April edition of Hethersett Herald will be online at the end of March.

News, features and photographs should be with the editor by March 15th at the latest.

We are happy to consider items for publication either on Hethersett or written by Hethersett residents on other subjects and they can be sent to

petersteward@lineone.net

We Are On Facebook

Hethersett Herald is on Facebook. You can follow us at

<https://www.facebook.com/Hethersett-Herald-196216690775010/>

Please share details of the Herald so we can increase our readership.

Listening To Your Inner Self

By Brett Rennolds

Listening to our inner self is unique to the individual but, answer this if you can, what voice do you hear most often, that positive, compassionate and nurturing one (when we are our own best friend) or that negative, pessimistic and corrosive one (the bully that resides in all of us)?

This conflict with our inner self, referred to sometimes as the struggle between our 'angels and demons', 'the worst and best version of ourselves' or the 'light and dark' so propagated by popular culture, illustrates that this is an age-old conundrum. So, what if you could amplify the positive and quieten the negative? How would your life be different? Please be assured, with professional help, that managing that inner self is in your gift, enabling you to think, feel and behave more positively.

The 7.5 billion people currently residing on planet earth have a genetically coded commonality; our ability to survive. Our lineage has ensured our survival. As human beings we inhabit every corner of our planet and it is our ability to survive that has ensured the proliferation of the species. We are 'hard wired' to manage threats to our survival. If we feel under threat, we are predisposed to hit the threat, run away from the threat or hide from the threat.

So where to begin? Let's get our head round how the mind works. First things first, it has long been hypothesised that there are some 100 billion neurons but, on closer inspection, it is more like 86 billion neurons in the human brain. These neurons create neural pathways that enable thoughts, feelings and behaviours in human beings. Those 86 billion neurons are fuelled and enabled by chemical and electrical activity in the mind resulting in the human brain being able to process information in as little as 13 milliseconds!

These numbers are huge, unrelatable to our everyday interactions but consider this; the observable universe is considered to be 93 billion light years in diameter. Now I know a light year and a neuron are at the extremes of scale, but still, makes you think doesn't it?

With these astronomical numbers influencing how we think, feel and behave, a little extra knowledge concerning how the mind works can go a long way to helping you manage you own thoughts feelings and behaviours more positively. This month we will consider how best to think, feel and behave as a construct of our inner self, those thoughts we all carry, sometimes positive, sometimes negative.

Has anyone seen the fridge magnet that reads 'Morgan Freeman narrates my life'? I ask as it can help to visualise a narrator for our inner self and as Mr Freeman has such a warm, velvety depth to his vocal tone, cadence and language pattern, resulting in a metaphorical hug from our inner self, it's a good place to start. In neurological terms think of 'Mr Freeman' as our anterior cingulate. The anterior cingulate is an area of the brain that allows us to process those feelings of frustration, fear or sadness more positively, enabling ourselves to focus on what we can do and so be less obsessed about the things that we cannot. To put it another way, proactively act now as opposed to catastrophise future actions. Ask yourself:

'What can you do, so what must you accept?'

Professor John Ratey in his book 'A users guide to the brain' submits a metaphor for the human mind that refers to the anterior cingulate as the 'Personal Assistant (PA)' to the 'Boss'. Boss, in this metaphor, is the prefrontal cortex, an area of the brain that allows us to make a proper assessment, calmly and rationally, so as to identify the right solution for us and those we care most about. Like any good PA, the PA in this metaphor, keeps the 'day to day drama' off the Boss's desk allowing them to plan effectively for the future; calmly rationally and positively as the PA triages any perceived threats and objectively decides whether this warrants the Boss's attention and or consideration. By doing this the anterior cingulate gives us the ability to think more clearly and not be overwhelmed by negative feelings.

The anterior cingulate has the ability to do the metaphorical role of the PA. MRI's testify to this fact. The anterior cingulate in a more mindful, present person is noticeably larger than that of a stressed individual. By being more present, noticing, savouring and valuing the things you are and can do, will build capacity in the anterior cingulate. Think of the anterior cingulate as a 'muscle', the more you 'work it out', the stronger (larger) it becomes.

Our current lived experience is undoubtedly challenging, resulting in us often feeling disconnected, overwhelmed and exhausted. It is this feeling that an effective anterior cingulate has the ability to defuse us from and so sooth our inner self. It may feel like the 'world is coming about at the seams' however on closer inspection (engaging the anterior cingulate) you can notice, savour and value that, at this very moment, you are warm, dry, fed and safe, those you care for most are the same and, if you choose to look really hard, there is a 'light at the end of the tunnel', change is constant, so know that things will, over time, get better.

This is how we can choose to listen to our inner self and resolve to act and interact more positively. It requires work, there are no quick fixes. Just as anyone wishing to improve their strength and conditioning accepts that the first small step is to lace up those trainers and start exercising, knowing it will get easier and an investment in physical health will result in a better quality of life. It is the same for our thoughts, feelings and behaviours and so nurture our mental health.

Now we can continue to say, 'it's not that simple, it can't, can it?' or we can accept that what we have done to this point is no longer working for us and therefore embrace change, change the way we think, feel and behave. With help, we can resolve to develop our anterior cingulate, build its capacity and, know that in time, this will allow us to feel that negative emotion without it defining who we are.

Our true inner self is happy, motivated and confidently able to overcome whatever obstacle appears in our path. By embracing change, seeing it as an opportunity to develop, rather than a threat to our survival, we can break free and be that best version of ourselves.

As stated, we all are hard wired to survive but the other thing we all share is our desire to move forward, cross the river, climb the mountain and sail the seas. Without that determination to overcome and nurture our inner self, the human race would not have advanced beyond the cave.

If we elect to stay in our 'proverbial cave' too frightened to venture out, change what we are doing, we condemn ourselves to a paralysing struggle with our inner self, frustrated, scared and sad.

Make 2021 the year you stand up for you, stop simply surviving, advance beyond your own cave and start thriving!



**Moon over
Hethersett—
February 27th
at 10 pm.**

Hethersett Matters

WE regularly feature scams in this publication. In this edition we look at some of the latest to avoid. This column is put together in partnership with Norfolk Trading Standards and Norfolk Police. Anyone concerned about possible rogue trader activity in Norfolk can contact them through their partners the Citizens Advice consumer helpline on freephone 0808 223 1133.

Looking for a Trader you can Trust? Try a Norfolk Trusted Trader. To search the directory and read feedback from their customers visit www.norfolk.gov.uk/trustedtrader

We are again warning residents to be on their guard for telephone cold calls claiming to be from 'Amazon'.

There have been several reports from Norfolk residents of recorded message calls claiming to be from Amazon. Recent reports have included:

- that your Amazon Prime subscription 'is about to renew at the cost of £79.99' the call then states you can 'press 1 to speak with someone'
- that 'a payment of £79.99 has been taken to renew your Amazon Prime subscription' the call then states you can 'press 1 to cancel the payment'
- that 'a purchase costing £300 has been made on your Amazon account' the call then states you can 'press 1 if you did not make this purchase'
- that '£1,000 has been charged to your Amazon account' the call then states you can 'press 1 to speak to the Amazon fraud team'

Where residents have interacted with the call, they have then been connected to a person who attempts to gather personal, account or financial details.

These calls are a scam and are not connected with Amazon in any way. If you receive this or a similar call our advice is **do not** interact with the call and hang up.

Amazon have put together some helpful tips on how to identify if a phone call is from them. This information can be found on the Amazon UK website.

If you have received a telephone cold call which you believe to be a scam you can report it to the Citizens Advice consumer helpline on **freephone 0808 223 1133**.

Hethersett Matters

We are warning residents about telephone cold calls regarding loft insulation.

This follows a report from a resident who received a call during which the cold caller claimed that 'your insulation could be causing mould'. The caller then attempted to gather a range of personal information from the resident before trying to make an appointment for a home visit.

Our advice is always be very wary of any approach made in a telephone cold call and never give or confirm any personal details or agree to someone visiting your home if approached in this manner.

If you need advice about cold calling or have agreed to a visit during a cold call contact the Citizens Advice consumer helpline on freephone 0808 223 1133 or via their online reporting form.

We are continuing to warn about emails circulating claiming to be from the NHS offering the COVID-19 vaccine.

Again this message is fake. Anyone following the links supplied in the emails will be taken to a fake NHS website which could attempt to gather personal and financial details.

The NHS is currently offering the COVID-19 vaccine by contacting people direct. You will never be asked to supply financial details for the vaccination.

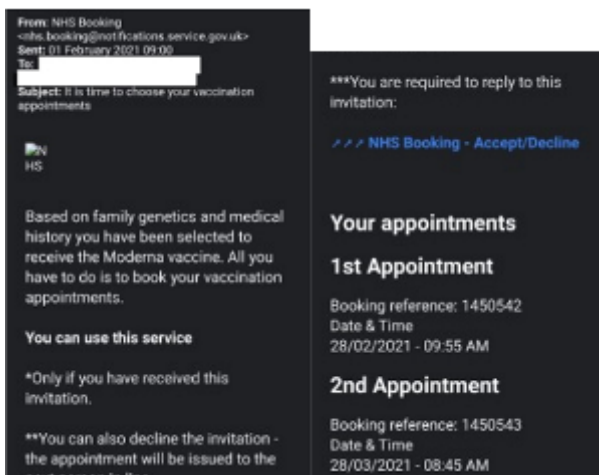
If you receive this or a similar email you can report it by forwarding it to report@phishing.gov.uk.

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If you have been victim of a scam we would love to hear from you. By making as many people aware of these unscrupulous people we can cut back their operations and save local residents from falling prey to them.



Hethersett Matters



COVID-19 VACCINE FACT CHECK



The COVID-19 vaccine will always be available free of charge.



The NHS will never ask you to share bank details to confirm your identity.

Council/Government Contact Numbers

Below are the contact details for people you may want to get in touch with on village matters:

Member of Parliament

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

Norfolk County Council

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

South Norfolk Council

Our South Norfolk Council representatives are Adrian Dearnley, Phil Hardy and David Bills. David can be contacted on 01603 813041 or at dbills@s-norfolk.gov.uk, Phil on 07985 695668 or at phardy@s-norfolk.gov.uk and Adrian on 07957139880.or at adearnley@s-norfolk.gov.uk.

Hethersett Parish Council

Clerk to the council Annette Palmer can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications). Currently all council meetings are being held on the zoom social media platform.

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is currently closed but will eventually be open in the Back Room at the Village Hall (upstairs) on Monday and Thursday mornings between 10 am and 12 noon.

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info

HETHERSETT HERALD

Your Monthly E-Magazine

News, views, comment, information and photographs keeping you up to date with what is happening in our village. Hethersett Herald is published on the first day of each month exclusively at:

www.hetherssettherald.weebly.co



News From The Garden with Roger Morgan

THE snow and heavy frosts in mid-February certainly made gardening difficult for a time but now at last we are beginning to see the first signs of spring. The snow-drops and crocuses are brightening up our gardens and the daffodils are well on their way. The recent warmer weather will soon start to encourage new growth. There are plenty of jobs to be getting on with in the garden this month.

1. Fertilise your beds. Once your soil is workable, dig a 5cm (or more) layer of compost or well-rotted manure into your beds to prepare for the growing season ahead. You can also work in a general-purpose fertiliser, such as pelleted chicken manure, or fish blood and bone.

2. Put supports in. If any of your garden plants need supporting this year, put them in now, so plants can grow up through them. Adding supports afterwards is trickier and often looks unattractive.

Move deciduous trees or shrubs. Now is the time to do this task, provided the soil isn't frozen or waterlogged.



In the Flower Garden

- Feed roses with special rose feed or balanced fertiliser as they come into growth.
- Prune roses now to encourage strong new growth.
- Prune clematis - prune early-flowering varieties once their flowers have finished and summer-flowering ones before they start into active growth.
- Finish cutting back dead foliage from perennials and ornamental grasses to make way for new growth.
- Prune overwintered fuchsias back to one or two buds on each shoot. This will encourage a bushy growth habit.
- Trim winter-flowering heathers as the flowers disappear, to prevent the plants becoming leggy.
- Continue to deadhead winter pansies to stop them setting seed. This will encourage flushes of new flowers throughout the spring.
- Deadhead daffodils as the flowers finish and let the foliage die back naturally.
- Deadhead hydrangeas before new growth appears. Cut to about one third

of last season's growth.

In the Vegetable Garden

- Dig in green manures grown over the winter. Do this while stems are still soft.
- Dig compost, well-rotted manure or green waste into your vegetable beds to prepare for the growing season ahead. Dig in a 5cm (or more) layer when the soil becomes workable. Weed vegetable seed beds before adding the layer.
- Cover prepared soil with sheets of black plastic to keep it drier and warmer in preparation for planting.
- Weed and mulch asparagus beds. Asparagus has shallow roots so weed by hand to prevent damage.
- You can start chitting your seed potatoes ready for planting in April. Stand them on a tray on a windowsill with the visible buds (called eyes) facing upwards.

In the Fruit Garden

- Cut autumn-fruiting raspberry canes to the ground to stimulate new canes, which will fruit in the autumn. Cut the tips of summer-fruiting raspberry canes that have grown beyond the top of their supports; cut just above a bud.
- Feed blueberry plants with ericaceous plant fertiliser.
- Mulch fruit trees with well-rotted manure or garden compost. Take care not to mound mulch up around tree trunks.
- Cover strawberries with a cloche to encourage earlier fruiting.
- Mulch rhubarb with a thick layer of well-rotted manure to keep it healthy and reduce moisture loss through the soil. Take care not to cover the crown, as this is where the growth happens.

Other jobs

Sweep up debris and fallen leaves that harbour overwintering fungal spores and create hiding places for slugs and snails.

Get rid of slimy patches on patios and paving by scrubbing with a broom or blasting with a pressure washer.

Scrub watering cans with hot soapy water to prevent fungal diseases.

Top up veg planters and raised beds with compost and good quality topsoil.

Begin weeding as the weather warms up — it's easier to control weeds if you remove them while they're still young.

The Editor's Hethersett Diary

The following extracts are taken from the editor's blog on Hethersett and other matters which has been running since the beginning of lockdown last March. The full blog is available at www.peterowensteward.weebly.com/blog and blogs are also posted daily on the Facebook page at : <https://www.facebook.com/groups/486377568989294/>

Peter is currently working on turning the blogs into a self-published book under the title "A Year In Lockdown" to be published to mark the year of lockdown in March. Any proceeds from the book will be donated to the Priscilla Bacon Lodge Hospice Appeal.

February 1st

Hethersett has lost a couple of vibrant people in the last few weeks. .

The first was Alan Utting who lived a very long and busy life. Alan died just after his 96th birthday. He was a member of a small luncheon group I helped to put together and a keen supporter of the Hethersett Dementia Support Group. He lived in Rowan Gardens until the last year or so when he lived in a care home in Norwich.



Secondly there was Bea Ewart. Bea was what is known as "a force of nature." She contributed much to the environment in Hethersett, being a keen member of HEAT (Hethersett Environmental Action Team). It was as a writer I will remember Bea. She was a keen poet and in the past I have used some of her poems on various websites and publications.

Many years ago Bea was co-author of a booklet on Hethersett War Memorial and asked me to proof read the publication which I was only too happy to do. I subsequently used a considerable amount of material from this publication as the basis of a website I set up to cover Hethersett from 1910 to 1950—including

The Editor's Hethersett Diary

the two world wars.

February 3rd

I very rarely go out without coming home with something to write about. Sometimes it's something that intrigues me, sometimes something that makes me angry and sometimes, like today, something that makes me laugh.



Thank goodness today for having a face mask on. I don't like to laugh at other people's misfortunes but couldn't stop myself having a titter in a local supermarket.

A man in front of us opened the milk cabinet and proceeded to smack himself on the head with the door. That wasn't the amusing part. What made me laugh was the astonished look in his eyes (he was also wearing a mask so it was impossible to see the rest of his face). He was obviously quite embarrassed but tried to walk away nonchalantly as if nothing had happened. It was a further four or five yards when he thought nobody was watching that he gave the back of his head a good rub.

February 6th

I almost went out for a run yesterday - note I said almost.

My walking target for February (28 days) is 100 miles and today I put in another eight to bring the total to 30 in the first five days. Keep this up and I might beat my best for a month which currently is 138 and it's a short month.

When I get home after a lengthy walk I always feel stiff and worn out. A quick cup of coffee and a sit down and I'm up and raring to go again. I would love to get into running again but I will have to be disciplined about it.

10k no problem, 5k that's just a light jog. Not anymore I'm afraid. Time has caught up with my running and I fear I must start with half a mile and try to work up from there.

The Editor's Hethersett Diary



A number of years ago I had the honour to start up a social running club in Hethersett with the backing of Active Norfolk and former marathon runner Paul Evans. This ran for about four years with free coaching from Paul who I got to chat with on numerous occasions.

Paul was a phenomenal runner. He represented GB in the 10,000 metres at two Olympic Games and in 1996 won the prestigious Chicago marathon in a time of 2 hours 8 minutes 52 seconds. To put that into some perspective, it is still the sixth fastest marathon by a British man. Paul's time has only been beaten by five other British athletes - one of whom is Sir Mo Farrah. He still has the 12th fastest half marathon time by a Brit. Paul also came second in the New York Marathon of 1995 and third in the London marathon of 1996.

Running a marathon in 2 hrs 8 min means running 26 miles at an average of under five minutes a mile. I once did a mile in eight minutes and got quite excited about that. Paul would have been running at around 12 miles per hour. I tried to do get a treadmill up to 12 mph once and shot straight off the back. I found it impossible to run at that speed for two seconds let alone over two hours.

I cannot conceive what it is like to run a marathon in just over two hours. I actually did run a marathon back in 1982. It was the Black Dog Marathon at Bungay in Suffolk and consisted of two circuits from Bungay to Beccles and back. My training had been going well, pounding the streets of Hethersett. I had got up to around 20 miles. I remember it well. It must have been towards the end of February and the marathon would have been in April.

After 20 miles I was very tired and so glad to get home and to bed. My night's sleep was destroyed by a sudden scream and a wife in considerable pain. Straight into the car and off to hospital which at the time was in Norwich. But this wasn't an emergency or a visit to A and E. It was the birth of our first son.

As he was born the nurse remarked how calm I had been. Calm my foot, I was knackered.

The Editor's Hethersett Diary

February 24th

I find that now the weather is improving I'm getting into very much a routine which definitely helps with the mental side of fitness.

In the morning I go for a walk for anything from two to 10 miles (the first is probably too short and the second probably too long). I try to do two lengthy walks a week (usually on Mondays and Fridays) and pick one day when I do a much shorter walk (usually a Sunday - well it is the day of rest).

With the morning pretty well taken care of I have some lunch, catch up on the news and then spend up to two hours tidying up in the garden. I have had thoughts in the past of selling the house and buying a flat - possibly in Norwich - but I think I would miss the garden although at times it's hard work - particularly when the Oak tree at the bottom sheds its leaves. It takes us until Spring to pick them all up and get things back to some semblance of tidiness.

I would never call myself a gardener despite being brought up in a family of obsessive gardeners with both my father and grandfather spending most of their leisure time in the pursuit. I do find it therapeutic though. It's often just the thought of getting changed into old clothes and going outside that phases me. Once I make the effort I enjoy it, particularly listening to music while I work (who remembers Music While You Work on the radio)?

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My tribute piece to John Mountain appeared in yesterday's Norwich Evening News and Eastern Daily Press and a copy of the cutting is included in this magazine. John was actually my third cousin - we share great great grandparents. He worked for Lotus for many years.

It is frightening the number of good people we have lost recently. John I have already mentioned, but there was also Alan Utting and Bea Ewart and I will have full tributes to them in the next Herald. Yesterday I heard that Pauline Mack has died. Pauline was a great supporter of footpaths in and around our village and was often seen cutting back overgrown areas to make them passable. I did a few pieces for the Herald with Pauline only last year when she gave me details of a number of walks she had undertaken around the village.

February 25th

I am now about four Steward Strolls away from completing 1,000 miles of walk-

The Editor's Hethersett Diary

ing since I started recording my perambulations on March 8th. Today I made another lap of the village and it was good to have a chat with Don and Bridget Williamson. They were collecting litter and showing once again what first class citizens they are.

February 26th

Many congratulations to Gareth Stevens who has been appointed Chief Executive of the Inspiration Trust group of 14 Norfolk and Suffolk schools. Gareth was previously Principal at Hethersett Academy.

I have had numerous dealings with Gareth in a number of guises. He has always been generous with his time and helpful.

I was very touched when he took over as principal to be asked to go and meet him and talk about the village. I wish him all the best in his new position.



To prevent the spread of Coronavirus,
**regularly wash your hands
for at least 20 seconds**
with soap and warm water

For more information on
how to protect yourself,
visit [NHS.uk/coronavirus](https://www.nhs.uk/coronavirus)

Rise and shine

FEBRUARY was a fascinating month for hedgehog watching although it made care more difficult. There was sunshine, rain, hail, sleet, snow and the beast from the east. Hedgehogs were taking to their beds for a couple of freezing days and then getting up again hoping that spring had arrived only to find it freezing again a couple of days later.

We had five still in care all of whom were refusing to hibernate for more than two or three days at a time.

A release date had been set for Prince Prickles (aka Fatty) but then terrible weather set in which he was big enough but not experienced enough to cope with.

He was then well over one kilo in weight and far too big to be kept in a rabbit hutch.

Fortunately, the outside run appeared to be empty, its occupants having wandered off. Food had been put inside every night and the doorways had been left open so that the hogs could make their own choice as to whether they stayed or left.

The cameras were put out so see what the situation was. We recorded at least four different cats squeezing inside the run, eating what they fancied and then going on their way – tasty midnight snacks - but there were also several hedgehogs of various sizes wandering about, one of which was very heavily pregnant.

She came back regularly over the next few nights so we hoped that she might make a home there. Fatty was moved into one area and both doorways were closed off.

Our 'mum to be' had been seen eating on the inside of the run but unfortunately when it was closed off she was on the outside trying to get in - so it



Fatty was far too big for his old hutch and was moved outside.

Hethersett Hedgehogs *with Connie Tindale*

was opened up again hoping that she would take up residence.

We did not see her on camera for a while so we were on a 'wing and a prayer' that she was there but we did see a pair of bright little eyes looking out of the tunnel of the hibernation home while the marauding cats were food stealing. At that stage we did not know if they eyes belonged to our mum-to-be, a rat or another hedgehog.



Mum's tummy is growing daily and now looks like a balloon between her legs.

We were lucky. It was mum to be and she set about dragging more bedding into the home making it hers so we blocked it off again. Of course we could have climbed into the run, opened up the house and seen who was living there but we try to have as little contact with the hogs as possible.

At the end of February, she had not had her babies but her tummy had grown to football proportions. She has developed an enormous appetite and appears to be in a very healthy state.

The area was closed off; not to keep her captive but to protect her and her babies, when they arrive, from predators and the elements. It is very exciting and we feel really privileged that she chose to stay there as the best des res that she could find.

Not all the hogs are ready for release. One, which was picked up in my own garden months ago is not doing well at all. We thought we would lose him but, despite being a truly picky eater, he is very slowly putting on weight. So fingers crossed that he will make it.

Once to start clearing up your winter garden please keep a look out for small animals in the long grass. Strimmers are dangerous weapons.

Apologies for the darkness of the photos. It was an enclosed area and the skies were overcast.

Backyard Bonsai

Learning from others

By Connie Tindale

I HAVE not done much with my trees this last month as the compost they grow in was turned into lumps of ice as temperatures plummeted. I can work on them on the draining board in the kitchen but that only defrosts them before freezing them again. Not a good idea. Snow did not help as it has to be removed before its weight breaks the little branches. While crocus and daffodils push their way through the flowerbeds, plants in pots are struggling. As spring slowly approaches it is a good time to learn new skills and the best way to do that is to join a club and attend some of their lectures, demonstrations and workshops. There is an old saying that “we read and we forget, we see and we remember but we do and we learn”. Hands on is the only way to really learn how to shape a tree with trimming and wiring. Your tree does not have to please anyone but you as it is your tree and is shaped and kept alive by you. It matters little what others think of it and whether it will ever become a masterpiece, it is enough that it gives you pleasure but the more you learn the more pleasure it will give.



We are really fortunate in Norfolk to have an excellent group of enthusiasts in the Norfolk Bonsai Association which meets every second Wednesday at 7 pm in Postwick Village Hall. I joined the association nearly 30 years ago and everything that I know about bonsai has been learned through them. However, for some reason or other bonsai is a particularly male orientated hobby. The sizes of the trees and the range of tools used are very diverse with some enthusiasts using chainsaws and electric drills on their trees while others use tweezers and embroidery scissors.

These bonsais are huge but are still a bonsai as they are in pots. The mind boggles at the thought of repotting them. Some trees are hundreds of years old and have been in the care of successive bonsai masters but they must still be



(Photos from Norfolk Bonsai Association)

terrified that they are going to be remembered as the one that killed the beloved temple tree. At the other end of the scale are the tiny trees that require the same level of skill and patience minus the fork lift truck.

We are also lucky to have a bonsai expert in the form of Graham Potter living in Norfolk. He is a member of the Association and gives regular demonstrations on various types of tree. He is also the owner of Kai-zen Bonsai and has pages on Facebook as well as a series of free internet videos showing the shaping of his trees. YouTube is also a great source of information on differing techniques .

My favourite trees are those that have their roots growing over rocks but you will decide on your own favourites as you progress. Large or small, deciduous or evergreen they still inspire awe. A collection of your trees in your backyard will look superb.



Groups and Societies

Due to the current pandemic, groups and societies have shut down for the foreseeable future although we know that many are using social media platforms such as Zoom to have impromptu meetings. We will be expanding and improving our groups and societies section once the pandemic is over and meetings can re-start (please see the notice below).

WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at petersteward@lineone.net.

Reports of events and meetings can also be sent to the above email address.

The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site

www.hethersettherald.weebly.com

Announcement of publication is also made on social media platforms including Facebook, Twitter and Next Door. You can also be notified via e-mail.

If you enjoy reading Hethersett Herald please pass details on.

Please Get In Touch

If you have any stories or information you would like to see in the Hethersett Herald, please get in touch with us. You can find the contact details elsewhere in this edition.

Where Are The Best Deals?

ONCE again this month we looked at petrol prices with our survey taken towards the end of the month. Our aim is to compare garages within easy driving distances of Hethersett to let you know where the best value is.

Herald Petrol Watch

Prices have shown quite a dramatic rise during the month with rises of 7p a litre not uncommon. It's annoying as always to have to report that the two garages at Wymondham (Waitrose and Abbeygate) and Thickthorn Services continue to be 10p per litre more expensive than some of the other garages.

Each month we will be using the eight garages listed below to show how prices have increased or decreased over the past month. The best value petrol and diesel is highlighted in red.

There may be even better value if you go slightly further afield and please note that these prices were checked around the middle of the month but may have changed further before publication.

Once again our advice if you want the best deals is shop around and avoid paying inflated petrol and diesel prices. You could save yourself hundreds of pounds over a year and that's a lot of additional motoring mileage.

	Unleaded	Change	Diesel	Change
Asda Hall Road, Norwich	119.7	+7p	121.7	+5p
Tesco Express, Earlham Road, Norwich	119.9	+7p	122.9	+6p
Sainsbury's Queen's Road Norwich	119.9	+6p	120.9	+5p
Tesco Harford Bridges, Norwich	120.9	+7p	121.9	+5p
Sainsbury's Longwater, Norwich	119.9	+6p	123.9	+6p
Abbeygate Wymondham	129.9	+6p	133.9	+5p
Waitrose Wymondham	129.9	+6p	133.9	+5p
Thickthorn Services, Hethersett	129.9	+6p	134.9	+5p

Where To Eat In Hethersett

Church Farm Shop and Tea Rooms -

Norwich Road (B1172). Telephone 01603 814151

Open Mondays to Saturdays 9 am to 5 pm. Closed on Sundays.

Janey's Village Café -

32A Mill Road. Telephone 01603 811234. e-mail - janeyd11@yahoo.co.uk.

Hethersett Queen's Head -

12 Norwich Road. Telephone 01603 810226.

Food served Monday to Thursday 11.45 am to 2 pm (lunch) and 6-8.30 pm (evening meal). Friday and Saturday 11.45 am to 2.15 pm and 5.30 to 9.30 pm. Sunday carvery sittings at midday and 2 pm. Evening meals 5 to 8.30 pm.

Park Farm Hotel

On the B1172 at Hethersett. NR9 3DL. Telephone 01603 810264. e-mail enq@parkfarm-hotel.co.uk.

Park Farm is a luxury country hotel with spa and fitness facilities and a number of places to eat throughout the day. For more information visit their website at <https://www.parkfarm-hotel.co.uk>.

Café Kin

Rowan House, Queen's Road, Hethersett.

The latest edition to Hethersett coffee culture, Café Kin is part of the Rowan House Health and Well Being complex on Queen's Road. Food and coffee served during the day from 8 am until 2.45 pm Mondays to Fridays. Also open on Saturdays

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You will also find a variety of eating outlets close to the Thickthorn Services area off the B1172. These are technically in Hethersett, although they are two miles from the village centre.

Outlets include Greggs, Burger King, Subway and McDonalds and there is also a petrol station and Travelodge.

During the pandemic please check with the individual outlets. Many of them are now opening different hours from the above and some are providing a takeaway service or are closed altogether.

Hethersett Herald

HETHERSETT Herald is published electronically towards the end of each month via the Hethersett Village web site at

www.hethersettherald.weebly.com

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party. Views expressed in Hethersett Herald are those of individual authors and not necessarily the views of the volunteers or the editor.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net. Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life.

Herald Team

Editor - Peter Steward—petersteward@lineone.net

Associate Editors - Roger Morgan and Hannah Harrison.

Regular Columnists - Connie Tindale, Penelope Brown, Dale Evans, Sarah Lawrence and John Head.

Proof Editor - Gary Wyatt.

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.

To contact us e-mail petersteward@lineone.net.

Hethersett Herald What's On

The following are just some of the regular events taking place in Hethersett. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address:

petersteward@lineone.net

Please note that many of these events will not be taking place at present due to Coronavirus. We have decided to keep this page active in order to inform residents of what is available to them once the epidemic is over.

Regular Events:

Hethersett Croquet Club meets on the Memorial Playing Field from 2.30 pm on Wednesday and Saturdays during the summer.

Hethersett Methodist Church Art and Craft Group meets in the Methodist Church Hall from 10 am on Wednesdays. Further details available from Tina Greenhalgh on 01603 810364.

Hethersett Table Tennis Club meets in Hethersett Methodist Church Hall from 7 pm on Fridays.

Hethersett Methodist Church Shoppers' Coffee takes place on Saturdays from 10.30 am until midday.

First Steps pre-school Group meets in Hethersett Village Hall on Tuesdays from 10 am during school term time.

The Heart of Hethersett Bereavement Group meets in the lounge of Woodcote Sheltered Housing complex from 5.30 to 6.30 pm on alternate Tuesdays. All welcome, light refreshments available free of charge.

Hethersett Dementia Support Group's monthly café takes place in Hethersett Methodist Church Hall from 10 am until midday every third Tuesday. There is also a social morning meeting on the first Tuesday of each month from 10 until 11.30 am.

Hethersett Short Mat Bowls Club plays two sessions each week in Hethersett Village Hall. The first is on Tuesday afternoons from 2.15 pm for a 2.30 pm start and the second is on Friday evenings at 7.15 pm for a 7.30 pm start.

In the light of the Coronavirus epidemic we have suspended our normal What's on listings. The listings will be re-introduced once groups and societies begin meeting again.