



Salute The Heroes

Herald Comment

CORONAVIRUS is a word that will take its place in the history of Hethersett and something that will be talked about for years to come.

The village was in virtual lockdown throughout April and it will be many months before everything returns to normal, even after the all clear is given.

The virus brought out the best in people, however, with so many local residents volunteering to help others.

This month we salute our local heroes who have helped to keep the elderly and vulnerable safe during these most trying of times. We thank the businesses who kept open to provide vital services, whilst commiserating with those forced to shut their doors.

In this edition of Hethersett Herald we talk to just a few of those on the front-

line who have managed to keep our village safe and working.

Despite these dark times we hope that this edition of Hethersett Herald is not too dark and also reflects all the positive vibes that have been keeping our village going during these most difficult of times.

Nobody epitomised the spirit of Hethersett more than 92-year-old Derek Cubitt of Karen Close who serenaded local residents on the saxophone during the weekly “clap for heroes” sessions.

You can read more about Derek’s musical tributes on page 22.



Village Funrun 2020 Cancelled—See page 53

Important Notice Regarding Virus

Hethersett Herald will continue to be published throughout the current Coronavirus pandemic. Our aim will be to keep residents informed about the latest news with regards to the virus.

We will also keep everyone informed of village developments through our Facebook page. You can also find out what is happening through the “All Things Hethersett” Facebook page which we highly recommend.

Please note that we have suspended much of our what’s on section. Where we have advertised an event please contact the group or organisers to ascertain whether it is going ahead or not. The same applies to our section listing places to eat.

Let’s hope that the village can return to “normal” as soon as possible and once again we can reflect on what is happening rather than not happening in our village.

How To Stay Informed

The Editor has started a regular blog to keep everyone informed of developments with regard to the virus. This will be updated daily during the crisis with details of events called off and what is still functioning in the village. You can view this at: peterowensteward.weebly.com/blog

Also the All Things Hethersett Facebook page is keeping residents up to date with all the latest developments on a daily basis. This group has over 2,400 members and is available at

<https://www.facebook.com/groups/205408596849720/>

MAIN CONTENT

A MASSIVE THANK YOU TO OUR VILLAGE HEROES	5
CORONAVIRUS COVERAGE	5-34
HETHERSETT'S VIRTUAL OPEN GARDENS	35
HETHERSETT'S PICTORIAL WALKS	40
FOSTER HOMES NEEDED	45
HETHERSETT PICTORIAL	46
CHLOE'S ENDOMETRIOSIS PODCAST	52
FUNRUN IS CANCELLED	53
YOUTH CLUB FETE ALSO CANCELLED	55
HETHERSETT HERALD WALKS SPECIAL	56
TOP NEWS STORIES FROM PAST SIX YEARS	63
BEST DEALS FOR PETROL	70
CLASSICS OF BACK LANE	71
COUNTING THE DAYS OFF WITH REV STEVE CULLIS	76
GARY WYATT'S WEATHER WATCH	78
NEWS FROM THE GARDEN WITH ROGER MORGAN	83
WRITING COMPETITION—ANOTHER WINNING ENTRY	86
NEWS FROM PARISH COUNCIL	94
HANNAH'S HETHERSETT LIFE	99
NEW WAYS OF WORKING FOR LOCAL SOLICITORS	108
DOWN MEMORY LANE	118
PUMP HALL REMEMBERED	121

A Message From The Editor



WELCOME to the April edition of Hethersett Herald—a publication that has a different feel to it.

Over the previous 54 issues we have brought you news about what is happening in our village, from the important to the mundane. I like to think that we have covered all the important stories affecting our village whilst at the same time highlighting the importance of and including coverage of village groups and societies.

Of course in April the village was in virtual shutdown due to circumstances that none of us could have envisaged living through. Not since the Second World War has Hethersett been so affected by something not of its own making.

Coronavirus is of course a massive story in its own right. But the virus ensured that “not a lot was happening in April.” All groups, clubs and societies shut down and there is no telling how long it will take the village to get back to normal.

But that all gave us scope to be a bit more creative with our coverage. With nothing to report on apart from the effect of the virus of course we started to put together features to give you something to read whilst you try to find things to do other than staring at the television which is now becoming overrun with repeats.

To say that we are living through strange times would be something of an understatement. As I have already said the coronavirus is the biggest story to hit Hethersett along with every other village, town and city in the UK and for that matter the entire planet for decades if not hundreds of years.

The shutdown that we have experienced is unprecedented and, hopefully, will never need to be repeated.

But the shutdown brought forward the best in the village and the best in people. At first I'm sure that people didn't understand or comprehend the enormity of the situation and I was guilty of this as much as the next man. “Ignore it and it will go away” and “The Government is over-reacting” were just two of the early thoughts. But these soon gave way to a realisation that suddenly we were in the middle of a killer pandemic that was not easily going to “pack its bags and go away.”

So with very little else going on it gave all of us at Hethersett Herald the opportunity to put together some features, but primarily to highlight and thank the veritable army of volunteers who kept the village functioning during the month.

I hope that within the pages of the Herald we can highlight just some of the heroes and heroines who did so much to support the village and, in particular, the elderly and more vulnerable.

In this edition we also look back at what we consider to be the six most important stories affecting the village during the six year life of this e-magazine. We hope you enjoy this latest edition and please remember above everything else stay safe and we will get through this together.

PETER

We Thank The Heroes

The current crisis has certainly brought out the best in people throughout our village. We asked on Facebook for you to let us know who your heroes have been and here are just some of the names that came forward. We salute and thank all of them for putting other people ahead of themselves.

Andre and Jade Smith—As soon as the crisis started Andre launched the Hethersett Community Store taking orders from the elderly and most vulnerable and shopping for them at Tesco Express. Andre, Jade and family delivered almost from dawn to dusk until the South Norfolk help hub was set-up. Jade also continued to work throughout the month at Tesco Express.



Megan Webber had this to say about Andre on Facebook: “A truly selfless gentleman—My amazing network of family and close friends are almost all dedicated NHS workers or over 70. So after being called in to do extra work I was left with no-one to collect our shopping. Andre instantly offered to help and brought over our very big food order to the doorstep. The World needs more kindness like this.”

Jenny Melvin— Jenny became an instantly recognised figure at Boots Chemists in the village, collecting prescriptions for elderly residents or those in lockdown. This often entailed two or three visits a day with an hour’s wait each time. Jenny also enrolled the help of her son Paul who could be seen driving round the village on a moped making deliveries.

In addition a neighbour who lives close to Boots Chemists noticed that a number of elderly people were having to queue up to pick up prescriptions. She helped by taking out chairs for some of them to sit on and take the weight off their feet.

Jake Willgress and Team at Church Farm Shop. Jake continued to provide fresh vegetables and other essential goods during the lockdown and introduced a delivery system for those who couldn’t get out. Jake agreed to answer a number of questions about his business and the lockdown and you can read what he had to say on page seven,

Park Drive Stores—remained open throughout the month and became part of the Hethersett Community Store.

Hethersett Post Office which also stayed open throughout the crisis proving

The Sweet Side of Maltesers

MANY roads in Hethersett have come together to self-help during the current crisis.

One such is Malthouse Road from where regular Herald reader Pat Pearce sent us the following:

“I wouldn’t say our group are heroes but, when this all kicked off, us Maltesers, all friends and neighbours on Malthouse Road, set up a What’s App group, in case anyone was in trouble, needed help etc. Since we’ve been in lockdown, we ring or message each other to keep in contact daily.

“If anyone is popping out for supplies, we always ask each other if anyone needs anything. We meet up and chat on the pavements, good distance apart of course. Often it’s only a chat on the phone that is needed.

“My husband and I are really in lockdown, because he is one who has to be shielded, so have been unable to go out at all. I am lucky enough to have secured a weekly slot with Sainsbury’s, but do my bit by getting anything people want, that way. And of course the wonderful deliveries from the farm shop, raise our spirits. One of our group put daily funnies on the group Whats App, which gives us a laugh. We have been sharing DVDs, sanitised of course, books and jigsaw puzzles. This really has brought the best out in this wonderful village. So really we are heroes in our group.”

(continued from previous page)

once again what an asset it is to the village and what a loss it would be if we lost it.

Tasty Bites delivered free food to vulnerable people.

Boots Chemists saw unprecedented number of people picking up medicine but managed to cope with a one in one out rule.

Tesco Express also stayed open throughout the crisis and showed great responsibility by limiting the number of people in the store at any one time and, at first, restricting customers on how many items of each product they could buy (something they later relaxed for many products) and then introduced a one-way system in the shop.

Helping The Carers

IN the March edition of Hethersett Herald we featured the work of Hethersett-based celebrant Tina Bowden (pictured opposite) who leads the Mulberrydays group.

That feature also looked at the charitable work carried out by Mulberrydays which has now been extended to raise funds for staff at the Norfolk and Norwich University Hospital to help them in the fight against Coronavirus.

Mulberrydays is looking to raise £750 for the Norfolk and Norwich Hospital's charities appeal under their own appeal which is entitled the Mulberrydays Covid-19 Emergency Appeal.

To that end they have set-up a Just Giving website at: <https://www.justgiving.com/fundraising/mulberrydayscelebrants?fbclid=IwAR0Yw0NSbYwJN708gy49mhOUoBKby5OyFUriG98J5XpCCl4wMG1Mt8NIWek>.

“Staff at Norfolk and Norwich University NHS Foundation Trust are facing the challenge of coronavirus (COVID-19) head on. With your help, the Norfolk and Norwich Hospitals Charity can be there for the amazing staff in our three hospitals: the Norfolk and Norwich, the Jenny Lind and Cromer. Money donated goes straight to the appeal,” Tina said.



Saluting the Essential Workers

WE asked some essential workers how they are coping during the lockdown and what it has meant to them.

Jake Willgress—Church Farm Stores

Hethersett Herald—What prompted you to stay open during the crisis?

“We have always had a very loyal customer base in Hethersett and other surrounding areas so wanted to stay open to support them and



the community. We understand a lot of our customers feel a lot safer and more comfortable shopping with us compared to venturing out to a major supermarket.”

How have things gone since lockdown?

“We have exceeded our normal trade levels - whilst welcoming many new customers who have come to us at this difficult time.”

What additional services to the normal are you offering?

“We introduced a delivery service which operates in Hethersett, Wymondham, Cringleford, Mulbarton etc.

This has enabled us to still be accessible to regular/new customers who have had to self-isolate. We also offer a ‘click and collect’ service for customers who are still able to get out but still may want to avoid contact at this time.”

What steps are you taking to ensure the safety of customers?

“We have set up boundaries in the shop to encourage customers to stick to distancing guidelines whilst shopping with us. Also, we have a strict maximum four customers in the shop at one time.”

What has been the response from your customers/the local community?

“We are hugely grateful for the fantastic support we have received from our customers and the local community.

There has been a huge sense of gratitude and thanks to us and our incredible staff and volunteers - and receiving such great, positive feedback makes it all worthwhile.



Business as Usual for Surgery

Dr Siobhan Rowe is a senior partner in the Humbleyard practice which covers Hethersett, Mulbarton and Cringleford. We asked her how the practice has been coping with the crisis and, in our special article, she tells us how everything has “changed beyond recognition” over the past few weeks.



“IN the last month General Practice has changed beyond recognition and the Humbleyard Practice probably more than most.

We cancelled all booked appointments in mid-March and started dealing with things over the phone where possible. We have now launched our new website www.humbleyard.nhs.uk which allows anyone who has internet access to contact us and we can reply by email, phone or by arranging an appointment usually the same day. We are even starting video consultations. Mondays are very busy as people have had the whole weekend to put online requests in but generally we have been responding within an hour.

We have made sure we keep our staff and patients as safe as possible. The clinical staff all wear appropriate Personal Protective Equipment (PPE). We check temperatures of patients coming in for appointments. We even do some blood tests and injections in the car park as it is a safer option than bringing people into the surgery and is less risk than a clinician going into their homes.

We have special appointments in the mornings for patients that are shielding in a clean zone of the surgery. We have a separate back entrance to the surgery that can be used by patients who may have Covid-19 and need to be brought in for assessment. Different Clinicians are working in different areas. You may be asked to travel to another site to see the available clinician that day.





Early on when no testing was available we lost many staff as they had to self-isolate for two weeks because a family member had a cough or a temperature. With so many staff with young children this is a common occurrence anyway. Now we have testing available for our staff and their household members so that if tests are negative and they are well they can come back to work. At the time of writing we are well staffed and stable.

The Clinicians are dealing with about 150 telephone consultations a day. This is clearly only a fraction of the work they do as they are dealing with letters, tasks, prescription requests and many other things. We have a team of four visiting nurses who are looking after our nursing and residential homes and doing home visits to the housebound, not easy in full PPE! We have special secure laptops that allow Clinicians who have to self-isolate to work from home.

The Humberlyard Practice is part of the Kett's Oak Primary Care Network (PCN) of six local GP Practices. We had already been working together over the last year and we now meet daily using "Microsoft Teams" to talk and share information. We are able to support the resilience of the PCN Practices and our staff in order for them to offer the best possible care for the whole patient population during this challenging and disruptive time. If for example one GP Practice did not have enough staff to function, we have in place systems to allow another to take over so everyone continues to have access to health care across the PCN area. So if Hethersett and Mulbarton both had to close, a GP in Hingham, for example, could deal with your issue. We have an escalation plan in place, and continually review our plans. All the different PCNs report to Norfolk Clinical Commissioning Group (CCG) who report nationally on a daily basis. We also report weekly on PPE stocks and share over the PCN.

The local community has been very supportive of us. Patients have made us visors, brought us masks and a local group has offered to make us scrubs to wear, which are washed at 60 degrees after each clinic. It is clear that Hethersett has a strong community spirit and we hope this continues as things return to-

wards normal. The Children of our Clinicians have been involved with Norfolk CCG's campaign for people to stay at home and their fantastic photos are on both our FaceBook page and the Norfolk CCG's page. (and on the previous page— Editor).

We know it has been a constantly changing service. I have changed the answer phone message far too many times. Hopefully now most people will contact us via our website. The feedback so far has been extremely positive.

My staff have all worked extremely hard and adapted constantly. We have team meetings in the mornings and regular whole team emails to keep everyone informed.

We are still doing essential GP services, child immunisations, dressings, urgent blood tests and bloods to monitor drugs are all being done as normal. We are still seeing people who are acutely unwell. Although the hospital has suspended routine appointments the urgent referrals are still taking place so if you are worried please contact us. The hospital is putting in place a system to accept routine referrals soon on a fair waiting list for when things open up again.

It is important to note that whilst coronavirus is infectious to children it is rarely serious. If a child is unwell it is more likely to be a non-coronavirus illness. GPs, Accident and Emergency and 111 are still providing the same safe care that they always have done. The way we assess children may be different and wearing visors isn't the most child friendly look but we are keen not to miss any important non Covid-19 diagnosis.

It is still advised that patients with possible Covid-19 symptoms go through the 111 online system. They are assessed to either self isolate, or be sent to hospital or are in a middle group when the 111 service can liaise with us if needed and book a surgery follow up for them if needed.

Responding to this pandemic has made us do things differently. It has required us to work right to the edge of our comfort zone. After the initial huge changes we have settled to what seems like a new normal. We are a strong team and we





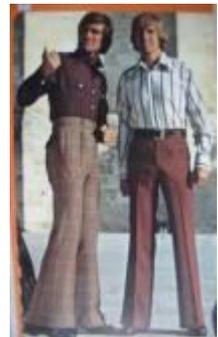
will all do our best to serve the health needs of our community. On a personal level I miss Cringleford but Hethersett has become a second home.

Covid 19 - A Personal View

By Associate Editor Roger Morgan

WHEN life does finally return to normal after the Coronavirus outbreak many things will have changed, some possibly for good. Here are just a few possible changes.

Many of us will have a lot longer hair with no doubt a lot more grey showing. For those of us who were married in the 1970s, as time goes by, we begin more and more to resemble our wedding photos. However, I doubt if very many of us could still fit into our slim fit suits complete with flared trousers. Our hands will certainly be a lot cleaner, if a little chapped on the back.



Our gardens and allotments will be a lot tidier and we may have learnt that you can grow plants from seeds and that gardening can be fun. We may even read some of those books that we've been meaning to get into for so long. Our lofts, cupboards and garages will be de-cluttered and we may actually realise that we don't need to keep things quite so long without using them. With the recycling centres currently shut there must be bags and bags of stuff just waiting to be taken to the nearest charity shop. I dread to think about how they will cope when a mountain of clutter arrives on their doorstep when the lockdown is finally lifted.



Judging by the number of people I see walking, jogging or cycling past my window everyday we might even be a bit fitter. However, this might be counteracted by the amount of home baking that seems to be going on as evidenced by the absence of all types of flour on the supermarket shelves.

It is a matter of some national shame that only in Britain at the start of the lockdown, did we see so many examples of panic buying and hoarding. So called essential items like pasta, rice and tinned tomatoes disappeared from the shelves overnight, not to mention toilet rolls! Having said that, it has also been heart-warming to see communities coming together to support the vulnerable. There have been so many volunteers stepping forward to go the extra mile to help people in need.

We've all become much more familiar with words and phrases like 'self-isolation', 'social distancing', 'furloughing', lockdown and 'ramping up'. How many of us really knew what the initials PPE meant before the start of this crisis? I do admit that I still find it quite unnerving to see people swerve to avoid me, or cross to the other side of the road as I walk down the street. Will we ever learn to trust each other again?

A massive thank you must go to the medics and their support staff, not only the frontline ICU workers but also those working tirelessly in the background on other illnesses and research. We must not forget the many other key workers. The teachers, farmers, shop workers, bin men, delivery drivers, postal workers, care home staff, transport workers and many more too numerous to mention also deserve our thanks.

It has been encouraging to see how businesses have adapted their ways of working in this time of need, switching their production lines to making vital equipment and changing their methods to serve the community. Local shops have also stepped up to help out and, maybe in the future, we could value and support them a little better.

One of the most striking changes has been in the state of the environment. Jelly-

fish have been spotted in the now crystal clear water in the canals of Venice. Air pollution in the world's cities has fallen dramatically. It goes to show what a detrimental effect human activity has on our surroundings and maybe we should all think twice about making unnecessary journeys in our cars.

There are of course many unanswered questions. Will people ever go on cruises again? Is the age of cheap air travel over? Will working from home become the norm? Will we stop shopping on-line and go back to the High Street? Will we ever start using cash to buy goods? Etc, etc.

I worry about the effect on our children who have missed out on so much education, and the so called 'coronials', children born during the lockdown, like my one month old grandson whose only physical contact so far has been with his parents. Mental health will clearly be an issue in the future but I am confident that we can all get through this if we continue to work together.

No doubt the blame game will start when we look back and analyse the situation. Politicians accused of being too slow to act will blame the scientists and the scientists in turn will blame the politicians. My hope for the future is that we all become more compassionate when we deal with each other and learn to respect each other's views. I hope also that we finally get a government that really values our amazing National Health Service and agrees to fund it properly for the years to come.

Roger has put together a special lockdown quiz and you can see this on page 138.



Mixed Emotions of Lockdown

SO far we have concentrated on businesses that have been providing essential services to the village. But what about the other side of the coin? Here we hear from Rachel Pailles from Rowan House which has been closed since the beginning of lockdown.



“For me the days have been a real rollercoaster ride. Some days I feel optimistic, even grateful for being able to spend this time with my family and for living in a village that’s surrounded by beautiful countryside.

“On others anxiety kicks in and I find myself worrying about everything. On these days I try to take things one day at a time and stay focused on things I can control rather than things I can’t. My daily run helps, especially if I’m on a bit of a down day. It gives me time to process all the thoughts in my head so that by the time I’m home, I’m ready to face the day. Work-wise our therapists and practitioners really are pulling together. We’re supporting each other online and many are offering virtual classes or services so that they can continue to help their clients at this challenging time. Support is vital at this time.”

NHS
Norfolk and Suffolk
NHS Foundation Trust



First Response
Call: 0808 196 3494
(Freephone)

A 24/7 service for people of all ages in Norfolk and Suffolk requiring mental health care, advice and support.

Supporting Residents and Businesses

The Government gave special responsibilities to District Councils to help in the Covid-19 virus pandemic. South Norfolk Council has played its part with the Early Help Hub swinging into action. **The help line is 01508533933. Here district councillor for Hethersett, David Bills, talks about councillors' roles during these difficult times.**



FROM a personal point of view my role remains the same working with my fellow Councillors Adrian Dearnley and Philip Hardy to support the residents and businesses of Hethersett Ward in whatever way we can.

The areas of help have, needless to say, changed, being mainly to point people in the right direction for information, help, advice etc. relating to Coronavirus. It also includes where they can get help with shopping, collecting prescriptions and financial support for example. Not being able in many cases to be there in person the phone takes on a greater role. I do, however, prefer face to face as you can fully understand a person's feelings.

Meetings with parish councils and internal council matters will continue using video conferencing facilities and this is proving to be successful. Internal workshops are also conducted online so, as far as possible, business is continuing.

Several facilities have had to be closed down, for example libraries, recycling centres and only urgent highway works will take place. Others such as children's support and adult services are most certainly still in full operation and staff are working flat out to give as much help as can be done.

I would like to add how pleasing it is to see so many cyclists/walkers/joggers of all ages using the cycleway between Hethersett and Wymondham. Keep it up its good for you!

Residents

Our Help Hub was open across the Bank Holiday weekend and took more than 100 calls, deploying staff 20 times with food or medicine.

We are still receiving, on average, 500 calls a day from people, across both districts, asking for help or advice. Our team of call handlers are then referring each case to the relevant area lead officers. Calls are also being passed to our Help Hub from the county council call handlers who are taking calls from our residents. Calls for help should be made to **01508 533933**.

The Area Lead Officers continue to co-ordinate across the five clusters in our two districts. Their support includes 30 staff who have been redeployed from other duties within the councils.

We also have more than 70 other staff who have been redeployed to other front-line services to ensure that we can continue to deliver our essential services.

Saffron Housing is also giving us very valuable support and are supporting the Area Leads. We are continuing to work with our local pharmacies and we are keeping in close contact with the very many local volunteer groups that are working across our districts. In the period between 24th March and 14th April we deployed staff and volunteers on nearly 2,500 occasions to assist local residents.

Council Tax Hardship Fund

As you will be aware the Government has released additional funding to local authorities to provide financial support to those residents in most need. The scheme will see a discount of up to £150 being applied to Council Tax bills for all working age recipients of Council Tax Support (approximately 6,000 across both districts). As Government guidance is still to be finalised we have taken the decision to write to all households that will benefit from this support in order to put their minds at rest. We also have other funding streams available for those facing financial difficulty.

RAF Coltishall

We wanted to let you know about some steps we have taken to support some of our more vulnerable residents during the COVID 19 lockdown.

During these unprecedented times, we have had a sharp increase in the number of people needing temporary accommodation.

In South Norfolk and Broadland, we have consistently offered the highest level of housing services, ensuring that those in most need receive the right support.

It is important that no-one should face a lack of accommodation during the COVID 19 outbreak and it is our aim to provide people with a settled place to live for the duration of the lockdown.

At the moment a number of our residents are being housed in bed and breakfast accommodation,

Bed and breakfast accommodation is not designed to support people for long periods of time and is not an ideal place to live, especially for families, while having to keep to social distancing guidance.

To help solve this issue we have acquired accommodation in the Officers' Mess at the old RAF Coltishall site.

Acquiring this space allows us to move our residents into more suitable accommodation and this move is also more financially viable for the council.

All moves were arranged for the week commencing 20th April 2020 and we sent

a letter to local residents.

If you have any questions please let Mike Pursehouse 07835 192745 or Richard Dunsire 01508 533620 know

Operational changes to bin collections

The Government issued guidance on social distancing wherever possible, recognising that waste is an essential service to maintain public health.

We have proactively looked to prioritise the safety of the staff while maintaining the ability to deliver the service.

To achieve both of these requirements, a fleet of hire cars has been leased by South Norfolk Council to allow the personnel travelling in Refuse Collection Vehicles cabs to be reduced to two, with the additional loader following in a hire car.

This allows the crews to operate cohesively at the point of delivery while maintaining social distancing when travelling between collection locations.

While it is recognised that this new way of working will take a few days to settle in, initial impressions appear to be positive. This is a significant achievement for the depot given the additional pressure the waste collection services is under as both volume and mass of materials have significantly increased due to the majority of people being at home.

Neighbourliness Needed More Than Ever

ONE of the features of this edition of Hethersett Herald has been highlighting all the good deeds being undertaken in the village with people looking out for the elderly and a new neighbourliness coming to local roads.

It's not all good news, however, as there are still a minority of people showing an uncaring attitude.

South Norfolk Council urged neighbours to be thoughtful towards each other after receiving a number of complaints of anti-social behaviour ranging from noise to lighting bonfires.

These were in the minority but did once again prove that some people are prepared to act in an anti-social way.

Thankfully the majority of people have acted in a loving and responsible way.

Community Pantry Is Launched

THE book exchange in Back Lane has extended its service to the local community by setting up a community pantry.

The idea is quite simple. People are being asked to “give what you can, take what you need and leave what you don’t.”

The community pantry is next to the book swap almost opposite Hethersett Village Hall on Back Lane. Owner Penelope Brown, herself a regular contributor to Hethersett Herald, explained the idea behind the new initiative:

“We had a spare shelf so thought we could use it as a community larder to help those who may be struggling in whatever way at this time. Please feel free to take, swap, or donate,” Penelope said.

The idea immediately met with support on social media with comments including the following:

“Such a lovely idea,” “Such a good community,” “What a lovely thing to do,” “Proud to be a Hethersettian,” and “What a fabulous gesture.”

Two of our favourite comments were:

“I haven’t been here long but I must say what a fabulous community I feel extremely fortunate to have moved to such a thoughtful considerate place.” and

“The books were a great idea. But this has taken it to another level.”

Penelope’s “There is No Planet B” column is on page and her regular look at the book exchange is on page



Let's Have A Party

At a social distance of course

WITH the parish council led VE Day celebrations cancelled and lockdown keeping many of us confined to barracks, what better time than to have a party? The poster below has been doing the rounds on Social Media and encouraging everyone to have a party on Bank Holiday Friday (May 8th). Decorate your house red, white and blue and enjoy a picnic in the garden or even on your lounge floor. No need to bring a bottle as one will already be there (presumably).

So let's all take to our gardens or floors and toast the end of the Second World War when we expect the celebrations are akin to those we will enjoy once we have kicked the coronavirus into touch.

Hethersett Parish Council are urging everyone to join in— see the next page.



.....And A Toast Too



When the Pageant Master sent out the original plans for the nation to remember VE day there was to be a National Toast at 3pm on Friday 8th May

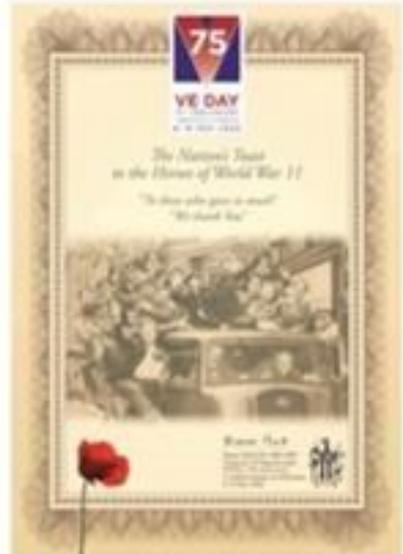
The Parish Council would like to invite you to join them from your doorstep in raising a glass to toast the Heroes of World War II.

Let us join together as we do on Thursday evenings to clap those who were the heroes 75 Years ago

Lives in most parts of the world were changed and blighted by the two wars not just those who paid the ultimate sacrifice

The current situation has made me think about the many unsung heroes of that time and I will be saluting them all

Adrienne Quinlan
Chairman Hethersett Parish Council



HETHERSETT Parish Council is also inviting everyone to step outside on Friday, 8th May, to toast the heroes of the Second World War.

An army of volunteers will once again be distributing copies of a parish council leaflet (pictured above) before the event.

The leaflet asks residents to join the council in the celebrations. In a personal message to the village, council chairman Adrienne Quinlan says:

“When the Pageant Master sent out the original plans for the nation to remember VE day there was to be a National Toast at 3 pm on Friday, 8th May.

The Parish Council would like to invite you to join them from your doorstep in raising a glass to toast the Heroes of World War II.

Let us join together as we do on Thursday evenings to clap those who were the heroes 75 Years ago.

Lives in most parts of the world were changed and blighted by the two wars not just those who paid the ultimate sacrifice.

The current situation has made me think about the many unsung heroes of that time and I will be saluting them all and ask you to join me.”

Serenade for Essential Workers

By Peter Steward (Editor and resident of Karen Close)

IT was a moment to cherish.... It was a moment to savour.

Like many other residents of Hethersett I have opened my door on Thursday evenings at 8 pm, stood on my doorstep and applauded all those thousands upon thousands of key and essential workers who have kept us going throughout what a scientist said recently was a “once in a lifetime... and probably once in a hundred years pandemic.”

So on Thursday, 9th April, I took up my usual place for a couple of minutes of clapping and was joined by residents from up and down Karen Close.

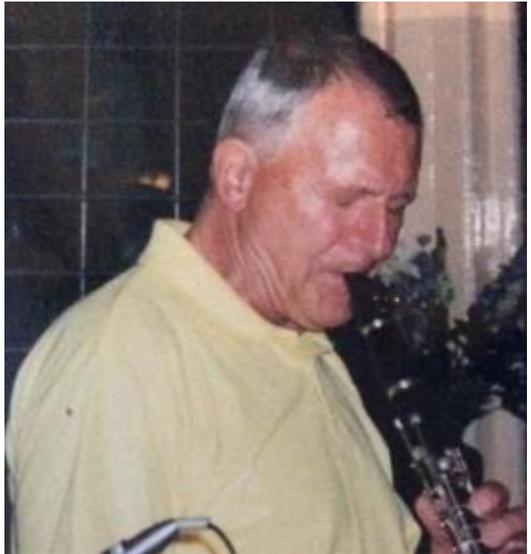
Suddenly there was the sound of music coming from close by—was someone playing that wonderful anthem “You’ll Never Walk Alone?” How fitting was this, but where was it coming from?

A few steps into my drive revealed that the music was coming from the corner of the close. A closer look and it became apparent it was being played as a saxophone solo by Derek Cubitt.

Everyone stopped clapping to listen—very much a case of “you’re on your own Derek but we are right behind you (in a supportive and not physical sense of course).”

Derek finished his rendition with a jazz-styled flourish and there was a spontaneous outburst of applause for a man who, with a simple act of music, had brightened up everybody’s lives. We all returned indoors with a rosy glow inside.

But that was nowhere near the end of the matter. Tuning into Anglia’s late news the following evening who should appear on a video but Derek with his rendition of “You’ll Never Walk Alone.” Neighbour Suzie Smith had captured the rendition on



Derek Cubitt pictured in musical action a number of years ago. Picture courtesy of Michalle Lemmon and used with her permission.

video and passed it onto Derek's granddaughter Michelle Lemmon who in turn sent it to the Media—showing great pride at what her grandfather had done.

A big article then appeared in the Eastern Daily Press with more details of Derek's professional music career which has seen him play in various jazz bands over the decade and which sees him still active at the age of 92. The following day I passed Derek whilst out on my one piece of permitted exercise for the day. Derek batted off any suggestions that what he had done was special but did add that the following week he would be playing "We'll Meet Again."

Within days Suzie Smith's video had been viewed thousands of times and comments on Twitter referred to Derek's performance as "amazing," "wonderful" and "stunning."

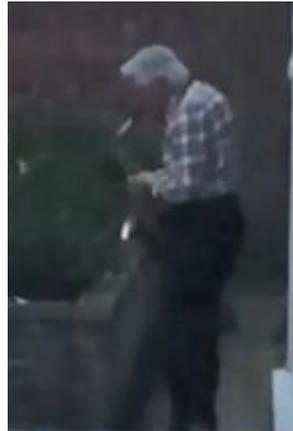
Suzie told the Eastern Daily Press newspaper: "He's an incredible man. He still goes out gigging in a band at age 92. Not only that but he goes to the gym several times a week, still drives a car and digs his garden. He's an inspiration and a lovely neighbour."

I can attest to those words. Every Christmas Derek lights up his house with decorations and lights and I have joined him on numerous occasions in the gym at Fitness Express at Park Farm.

"You'll Never Walk Alone and "We'll Meet Again" are always viewed as quintessentially British songs, but one of them was written by an American duo.

You'll Never Walk Alone was written for the musical Carousel by Richard Rodgers and Oscar Hammerstein and is one of the most requested songs at funerals in this country. To me the most powerful version is by Liverpool group Gerry and the Pacemakers which is played before the start of all Liverpool Football Club matches at Anfield.

Ironically March should have brought me



Derek Cubitt in his younger years. Picture courtesy of Michalle Lemmon and used with her permission.

another visit to Liverpool—my favourite British City. I was looking forward to going to the new Strawberry Fields park set-up in memory of John Lennon.

“We’ll Meet Again” is genuinely British, being written by Ross Parker and Hughie Charles in 1939. It appeared in the 1943 film “We’ll Meet Again” which starred Dame Vera Lynn who soon made the song her own. Dame Vera has just celebrated her 103rd birthday and lives in Sussex.

STOP PRESS—The following Thursday Derek gave us his version of “I Only Want To Be With You” which was a big hit for Dusty Springfield.

Betty’s Blue Hearts

Kind-hearted Hethersett youngster Betty Raynor has been supporting the Blue Hearts for the NHS scheme.

Betty’s very colourful blue heart was spotted and appeared on the Channel Four show “Kirstie Keep Crafting and Carry On.”

A screenshot of that appears opposite and on the next page is a full picture of Betty, who is seven, with her



heart which we are sure will bring a smile to your faces.

The Blue Hearts for the NHS campaign was founded by 11-year-old Tamara McAuley from Newmarket in Suffolk.

She set-up a Facebook page and asked children to display blue hearts designed in the health service’s colours and display them to show support and “how proud we all are of the NHS”.

The Channel Four art show is hosted by well known personality Kirstie Allsopp.



Chemist Relaxes Rule

SEVERAL residents found a restriction rule put in place by Boots Chemist in Hethersett during April nonsensical.

People took to Facebook to complain that volunteers from the South Norfolk Hub were not being allowed to pick up multiple prescriptions and only individuals or family members could pick them up.

It appeared this was something imposed by the local store and not a national Boots policy. But the chemists was quick to explain a system they have now put into place and which they have conveyed to residents via our three district councillors—Phil Hardy, David Bills and Adrian Dearnley.

This underlines the partnership that now exists between Boots and the local community and allows for members of the South Norfolk Hub to collect on behalf of up to two patients at any one time. Volunteers can drop off a list in the morning and pick them up in the afternoon.

“The store originally had queues at the start of the pandemic due to the increase in the number of prescription requests and the implementation of social distancing measures which resulted in restrictions on the number of patients allowed in our stores at any one time to ensure both our teams and patients are kept safe by following the social distancing guidelines. In our smaller stores this sometimes results in queues which are monitored by the store team to speed up collections,” Boots’ area manager for Norfolk said.

“We are also encouraging our patients to sign up to our free texting service which enables us to send a message to the patient when their prescription is ready preventing any delays at point of collection caused by requests for prescriptions that are not yet due. The current reality is that there are only queues at the start of the day before the pharmacy opens at 8.30am. This is dealt with quickly once the pharmacy is open and waiting times outside of the peak morning period is 10-15 mins at a maximum.

Company guidance to support all Boots pharmacies has been issued including a helpful guide for volunteers to ensure that the service provided to our patients is safe and effective. Our guidance is aligned with guidance issued in response to the COVID-19 pandemic. I would like to assure all volunteers and local Help Hubs we are working together to ensure a safe and timely process to ensure our patients receive their medication,” the spokesman said.

Keeping Us Fit and Sunny

TWO more campaigns have been launched to help keep us fit and well and to bring a little bit of sunshine into our lives.

Firstly the blue light emergency services and the Eastern Daily Press Newspaper have launched a Grow Your Support for Frontline Services campaign. Police, the East of England Ambulance Service and Norfolk Fire and Rescue Service are supporting a campaign based around the brightness and fun of sunflowers.



The campaign complements the NHS Rainbow Campaign with people being asked to draw, paint, knit anything to do with sunflowers and then put them in their windows. The idea is to give families the chance to "spread some sunshine" in these dark times. It is well known that sunflowers have an uplifting value.

Police officers and other emergency workers on patrol will be delivering packets of sunflower seeds to many addresses displaying sunflower art work.

More details and colouring in sunflower sheets are available from Norfolk Constabulary's website at: <https://www.norfolk.police.uk/>

The other campaign is a personal goal one being organised by Virgin Money. Entitled the 2.6 or 26 challenge it is asking people to raise money for UK Charities by taking a personal challenge either involving the figure 2.6 or 26.

"We need your help to save the UK's Charities. Join the nation and take on the 2.6 challenge by fundraising in your charity's name. From 2.6 to 26. It's your choice. Your challenge. Your cause," Virgin states on its website.

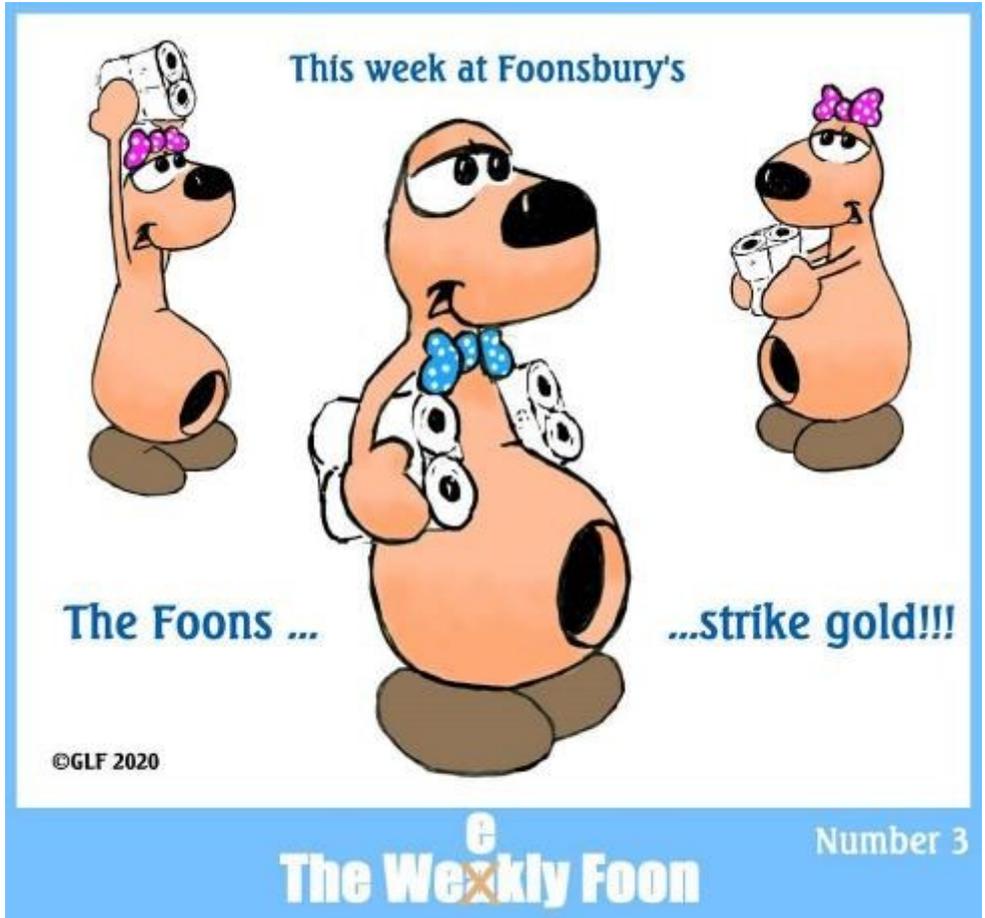
Some examples are: Bike rides for 2.6 or 26 miles, doing 26 keepie uppies at football, doing 26 press ups, running 2.6 miles, walking up and down the stairs 26 times, getting 26 mates together for an online workout session and many more. More details are on the website:

<https://uk.virginmoneygiving.com/giving/events/twopointsix/>

Local playwright Tony Vale is putting his own unique twist on this challenge to raise money for the Starthrowers cancer charity at Wymondham. Tony, who lives at number 26, is offering a script of his play "Let's Get Better Together" which is all about letters of the alphabet and ideal for families to perform together.

If you are interested in obtaining a copy of the play for a donation, please contact Tony via e-mail at tony@valemil.eu

Welcome to the Foons



Time to inject a little bit of humour into what is a very serious crisis for all villages, towns and cities throughout the entire planet.

Talented cartoonist Graham Fisher is a regular reader of Hethersett Herald and a friend of the editor. Graham, who is a graduate of the University of East Anglia, has developed his own cartoon family—The Foons.

Above is his take on how the Foons are surviving the crisis and it looks as if they are stockpiling toilet rolls.

You will find more of Graham's other Foon cartoons elsewhere in this edition.

The Things They Have Said:

"Our church building is closed and the pandemic has us isolated from each other. As a country we feel like we are limping along and we are looking at life very differently. But we are also re-evaluating what is important in life." - Rev Derek McClean writing in Good News magazine.

"Who would believe it! The WI along with the rest of the world are at war. It's a one-sided war and we are all in the same boat.....Let's hope that when this horrendous particle has left us and we have washed away the bleach which surrounds us, we shall appreciate the lives which we have come to accept as the norm. Something good will come of this, I am sure. What I do know is that friendship of members of the Institute is so precious and that will continue - Margot Markham writing in Good News magazine.

Wild About Hethersett Online

IN this edition of Hethersett Herald we have tried to bring you a flavour of the countryside around our village with plenty of bright and sunny photographs which we hope will cheer you up a little if you are in total isolation at home.

In this edition of the Herald you will find a series of walks for those who can get out under the Government guidance of one form of exercise each day.

We were contacted by Hethersett Parish Councillor and well known local environmentalist Dr Anne Edwards BEM.

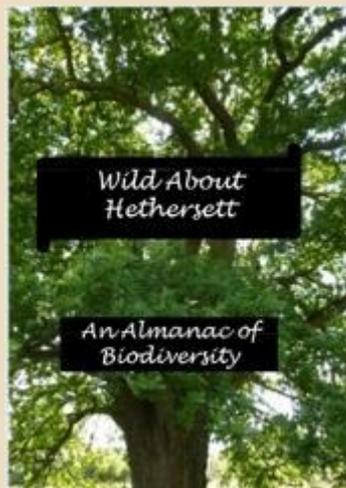
Back in 2011, the Hethersett Environmental Action Team (HEAT) published a Wild About Hethersett almanac that took readers through a year of nature and biodiversity in the village.

The booklet is now available online at

<https://hethersettbirdingblog.files.wordpress.com/2015/02/wild.pdf>

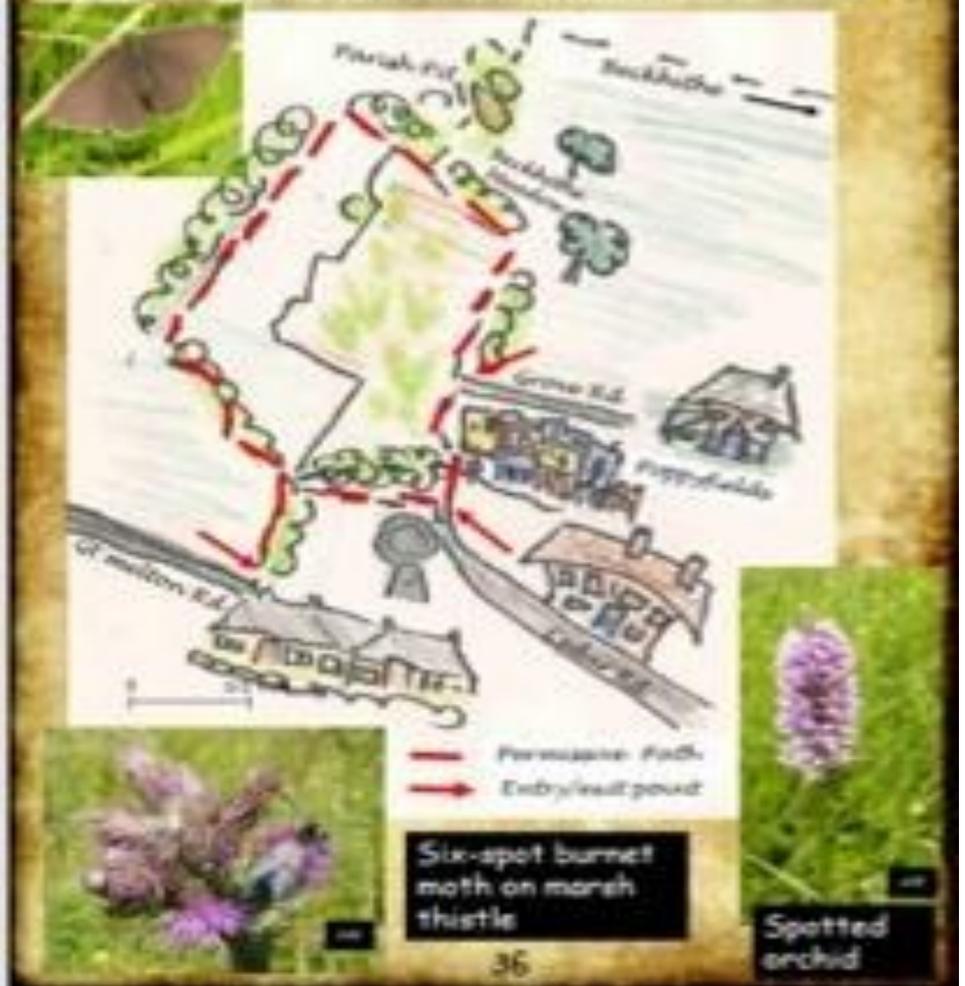
It includes a wealth of details about local nature and also a series of walks with maps that include: Around Park Farm, Kissing Alley walk, Wong Farm Walk, Parish Pit and around.

An example of the walks included in the book is given on the next page.



A lovely day for a walk

MAP 5: Parish Pit and around



The above illustration shows just one of the walks featured in the Wild About Hethersett booklet. This one takes you around the parish pit area which is currently full of Spring colour with plenty of Blue-bells.

A Special Easter Message

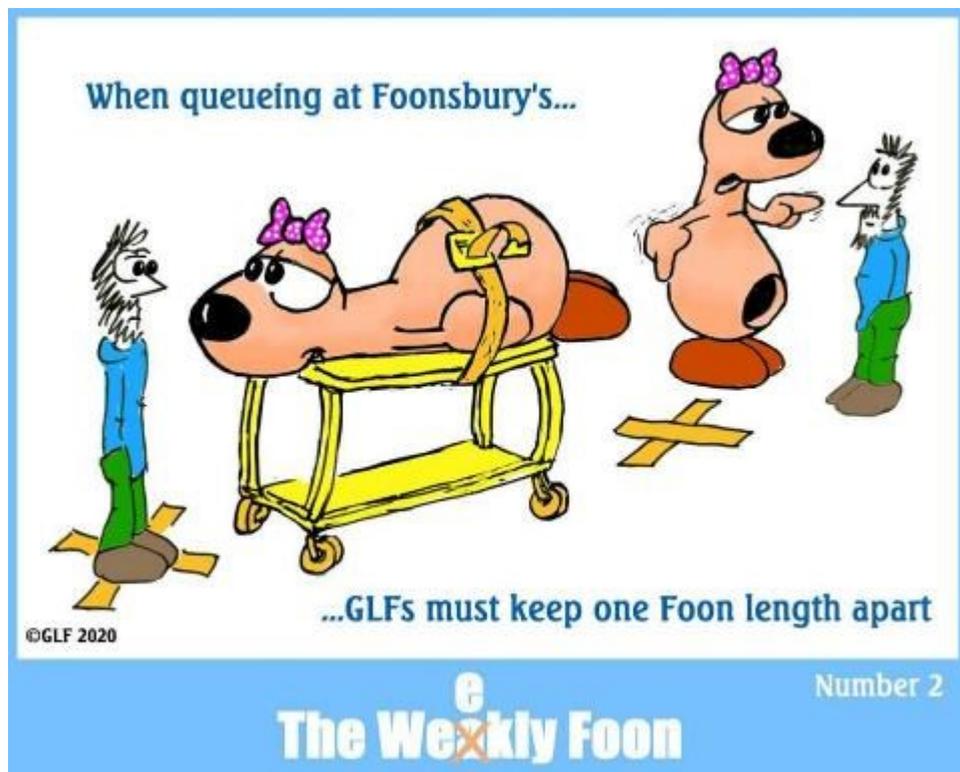
We rather liked the Easter message sent by Hethersett Social Club to its members. It ran as follows:

Happy Easter Sunday to all of you. Such a shame you can't be spending it with us with a nice cold beer in the sun and a little sing song on Karaoke tonight.

We hope you are all keeping safe and well and enjoying time with your families. We miss seeing you all.

We look forward to seeing your smiling faces back with us again as soon as this is all over. Stay safe and take care lovely people.

Love from us all at Hethersett Social Club xxx



More humour from the Foons.

Diary of An Epidemic

DURING the current crisis Hethersett Herald editor Peter Steward has been writing a daily blog and also keeping a personal diary. Here are just a few extracts from the first week in April. The full blog can be viewed at www.peterowensteward.weebly.com/blog

April 2nd

Well work starts today on the next edition of Hethersett Herald. I've had a few days off to do boring things like paint the hall and tidy the study. Now it's going to be a case of popping out for my Gove Gander and then shutting the study door and "getting on with things."

Ideas for features are already coming to mind. Over the next couple or so months features on our village may be the way forward. It does give us the opportunity to come up with slightly left field ideas and do some more research into the village's history and also to speak to people either via the telephone or social media.

As I sit and write this, the sun is trying to break through and I understand the temperatures over the weekend could soar to a very pleasant 18 degrees. So it looks as if some time will be spent outdoors in the garden.

April 3rd

A fairly short Gove Gander today - around three miles along the B1172, down Colney Lane, along Back Lane and past the Memorial Field home. I wanted to see particularly how quiet things were and there wasn't much traffic around, although there was a regular trickle along the main road.

Also called in to see Jake at Church Farm shop to pick up some essential supplies. It was all very orderly down there. I think we are now getting into a routine with all this. No more panic buying (hopefully).

I know that Hannah Harrison posted some lovely photos on here earlier and did me the honour of calling her walk a Steward Stroll. I knew I would be famous (or should that be infamous) one day. I understand that Tesco Express has now introduced a one-way system in their shop - seems a sensible thing to do. I will all be out in the front garden tonight clapping in appre-

ciation of all the essential workers who are helping us to get through this crisis.

I have started work in earnest on the next edition of Hethersett Herald and will be posting on Facebook asking for people to name their heroes and the people that have gone the extra mile during this crisis. It will be good to remember as many of them as possible.

April 4th

We now find that we are having to repeat walks around Hethersett as there are only a few directions that you can set off in and a limited number of walks without getting in the car (something we just won't do at the present time).

So today it was down Ketteringham Lane, across the fields and back through the churchyard. Came across the sheep/lambs just as they were being herded into a new field. The proximity of humans led to much bleating and general noise. Get close enough to a flock of sheep and you realise they don't just go baa in a nice orderly sort of way. Some of them have a deeply intoned almost throaty noise. Presumably they are the bass singers in the sheep choir.

Most of them gambolled along quite happily but two poor lambs were stuck in the original field. They didn't seem very stressed by the fact and just carried on eating but were eventually rounded up and carried into their new home.

Walking through the graveyard as usual brought back many memories of people from the village we knew well. That's always very sad. There are many people buried there who gave unstinting service to the village. I wonder what they would have made of the current situation?

In my photos today I have taken shots of two gravestones. One is to Frank and Vi Ong. I believe they used to live next to what is now Kett's Kabin on Queen's Road. I remember Frank as a Norfolk tennis coach in the days when I trained with the county squad.

I can't remember receiving any coaching from Frank but do remember his tennis coach partner very well - Brian Blincoe—who used to coach at the Norwich School as well. I checked the Internet a few says ago and almost certainly found out that Brian died from that most awful illness Motor Neuron Disease.

April 5th

Today we went for another walk across the fields - just a short two miler. There was a very sharp wind and much of our walk was into it which made it a tad unpleasant.

These are fields we have walked round on numerous occasions but I love taking photographs of trees from different angles and (don't laugh at this) pieces of wood from various angles as well. So there was time to do that.

Spent much of the morning writing and designing pages for the May Hethersett Herald. Despite all groups and societies being closed down there's still plenty to write about and I wouldn't be surprised if the next edition still weighs in at over 100 pages.

I have probably mentioned my talk I give to local groups on Heroes and Heroines of Hethersett. This lockdown has given me the opportunity to do some more research on part one of the talk.

This will enable me to give people the opportunity of learning more about the individual people I talk about but in more depth via my own personal website at www.peterowensteward.weebly.com.

April 7th

I refer to the times we are living through at the moment as "regular days" which might come as a surprise as there is nothing regular about them.

But I use the word regular because no decisions have to be made. "What shall we do today?" "Oh pretty much the same as we did yesterday and the day before and the day before that."

Irregular days are normal days where each day is different because we go out to different places. Work can be varied and leisure time could be going to the park, having a picnic, going to the cinema, shopping. Lots of enjoyable things but often done on the spur of the moment, making days irregular.

This Tuesday won't be the same as last Tuesday, this Wednesday won't be the same as last Wednesday and so on. But at the moment this Tuesday looks and feels very much like last Tuesday and this Wednesday will almost certainly be pretty much the same as last Wednesday and the Wednesday before and

Found a different walk today around the back of the parish pit and skirting the fields around Great Melton without leaving the parish of Hethersett. It still provided a walk of almost four miles, so a decent amount of exercise again and I have at last regained the ability to cycle after having my old bike checked out and improved by my friend Peter Hoult on Great Melton Road.

If you want to read the full blog it is available at

www.peterowensteward.weebly.com/blog

Hethersett Virtual Open Gardens

ONE of the highlights of Hethersett's bi-ennial calendar is the Open Gardens scheme organised by the Hethersett Environmental Action Team (HEAT).

Obviously under the current climate it isn't possible for people to open their gardens, but we can at least help in a small way..

Regular contributor Angela Eden came up with the idea of having a Virtual Open Gardens event through Hethersett Herald.

So over the next two months we will be bringing you photographs sent to us of local gardens, starting with one from Angela herself who took the image below from her bedroom window.



Hethersett Virtual Open Gardens



THE images on this and the next page come from David and Juliette Lomas' garden in Howes Close, Hethersett.

Hethersett Virtual Open Gardens



Two more shots from the beautiful garden of David and Juliette Lomas.

Hethersett Virtual Open Gardens



Images from the editor's garden in Karen Close where simplicity is the order of the day—that and a desperate attempt to keep everything tidy and well ordered.





We finish as we started with another picture of the glorious display in Angela Eden's garden. If you would like to have your garden featured in Hethersett Herald during the current lockdown just send an image to petersteward@lineone.net.

Check Out Facebook Pages

During the current coronavirus crisis there are a number of Facebook pages that will keep you informed of what is going on (or not going on) in Hethersett.

The best page to view is the All Things Hethersett site which has over 2,500 members and includes numerous postings throughout the day from residents.

There is also a Hethersett Facebook page and a Hethersett Herald page. Just pop along to Facebook and search for them.

Hethersett on Shanks's Pony*

By Peter Steward

NEWS that the Government was imposing strict regulations restricting movement saw plenty of people taking to the paths and fields around the village—many finding that there are delightful walks to be had.

A few years ago Hethersett village archivist Gary Wyatt put together a series of walks around Hethersett.

Gary has now revised and updated these and we are delighted to be able to bring them to you again, particularly in the light

of the fact that many people have moved into the village since they were first published.

The walks start on page and are also available in a stand alone bookley which is available on our website at www.hethersettherald.weebly.com.

During April I undertook regular daily walks around the fields and surrounding areas, always armed with my camera and ensuring we kept our distance from anyone we came across.

I took the photographs on the next pages during these walks which look likely to continue well into May. I also kept a daily diary/blog of what was happening in the village in this time of uncertainty and you can catch up with this on the previous pages and also see all the blogs on www.peterowensteward.weebly.com/blog.

* Shanks's Pony—Using one's legs for travelling i.e walking, The phrase was probably used in an 18th century Scottish song.

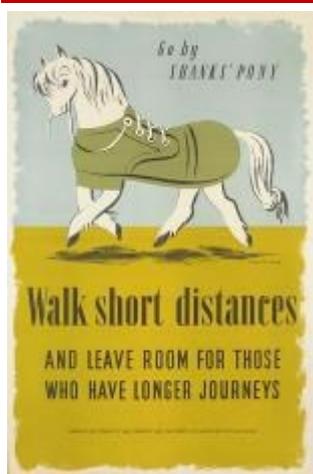


The start of the new cyclepath which runs behind the historic Kett's Oak (this is the tree at the start of the path). Kett's Oak is pictured on the next page.



IT doesn't seem to matter what the weather is like, Kett's Oak always produces a "moody" picture from whatever direction it is viewed.

The poster opposite is entitled "Go By Shanks Pony" which was issued during the Second World War for the Ministry of War Transport. The image is courtesy of the Imperial War Museums.



To read how Hethersett hedgehogs are handling the lockdown read Connie Tindale's regular column which starts on page 116.





The lake below is between Hethersett and Great Melton.



Just a few of the photographs taken by the editor during walks around Hethersett and the Meltons. Many more photographs are available at www.peterowensteward.weebly.com/blog

A Walk to Great Melton



THERE is a delightful walk to Great Melton from the fields at the bottom of New Road. It takes you past a fishing lake and also takes in the twin churches of Great Melton. In the next edition we will have more on the twin churches.



Images from the walk to Great Melton from Hethersett.



I have been trying to find the grave of Arnold Sandys-Winsch and his son Simon in St Remigius Graveyard for sometime. On one of our walks I stumbled across it almost by accident.

Arnold Sandys-Winsch is an important man in the history of the city of Norwich and is famous for designing many of the city parks and open spaces including Eaton Park, Waterloo Park and Earlham Park.

Arnold was always known as "The Captain" and lived in Station Lane. A number of older residents still remember him as a genial figure, always happy to support local charities with donations or have a chat in the social club over a pint.

Sadly The Captain lost his son Simon in the most tragic way. A keen motorcycle racer, Simon was killed whilst taking part in the Isle of Man TT race in 1954.

The race took place in terrible conditions and Simon came off his machine and hit a wall. He died on his way to hospital. Despite this tragedy the race was re-started.

Young People Still Need You Amid Virus Crisis

Training and support to work from home and change lives

By Hayley Attew

THE COVID-19 outbreak has affected almost every aspects of our daily lives and whilst we are all in lockdown or self-isolation, there are still thousands of vulnerable young people coming into care, in need of a safe and nurturing home.

We may have family and friends who are always there to support us in these difficult times but there are many young people in Norfolk who are in need of a similar support system. The fear and uncertainty these young people normally feel is maximised in such grave situations. Having the emotional support of an adult to help them overcome these problems is vital for their development.

Local fostering agency in Norfolk, Nexus Fostering, is looking to recruit more foster carers, even amid the coronavirus outbreak.

With the young people's interest at heart, the agency is continuing its dedicated work to look for appropriate foster carers. Whilst the physical offices are temporarily closed following government guidance, it reassures all potential foster carers that measures are in place to ensure that all phone calls, email and enquiries are answered and responded to.

By fostering a young person, you will be able to work from home, with ongoing training and 24/7 support provided. And with your help, these vulnerable young people will be protected from exploitation and away from unsafe and dangerous environments. Nexus Fostering is prepared for every eventuality and is continuing to provide top-level training and support to existing and potential foster carers. If you are interested in fostering, you can contact the team at

<https://www.nexusfostering.co.uk/make-an-enquiry/>

You can also ring 0800 389 0143 or send an email to info@nexusfostering.co.uk. They aim to reply to all requests within a day. Founded in 2002 by a professional social worker, Nexus Fostering provides a personal, knowledgeable, and supportive service to foster carers, looked after children, and local authorities. It has received Ofsted 'outstanding' status several times. Originally based in London, it has now grown to 10 offices spanning Gloucester to Norfolk and everywhere between.

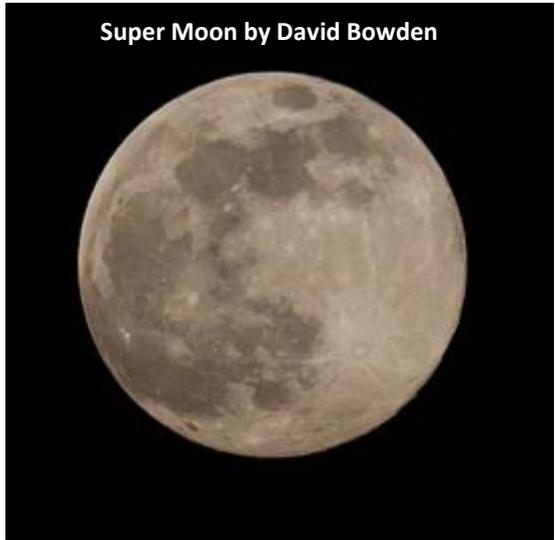
Hethersett Pictorial

Featuring photographs taken by Hethersett residents over the past month. Many thanks to all those who have given permission to use these images.

DAVID Bowden (pictured opposite) took the two images on this page.



On the right is his close-up of the super moon which was taken on April 7th and below the area around the village sign looks resplendent in the Spring sunshine.



Around The Fields



TWO photographs from well-known local resident and Hethersett Parish Councillor Shane Hull who took these two lovely artistic photographs with his mobile phone. They are of the fields at the back of Hethersett Parish Church.



Hethersett Hall peeps through the foliage. Another image by Shane Hull.

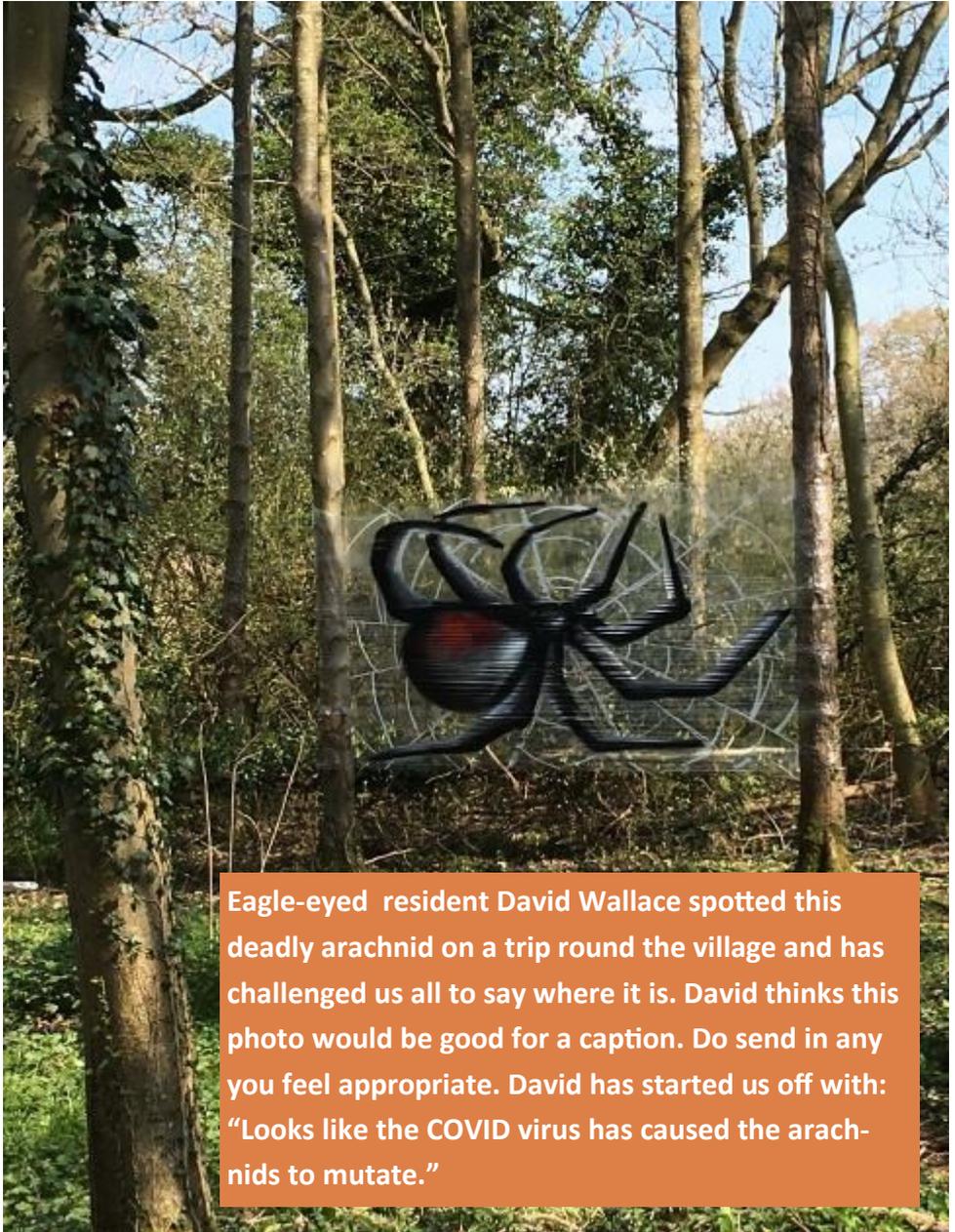


Sunset over Hethersett by David Bowden



Another super moon photographed by Hannah Harrison

Eagle-Eyed Arachnid



Eagle-eyed resident David Wallace spotted this deadly arachnid on a trip round the village and has challenged us all to say where it is. David thinks this photo would be good for a caption. Do send in any you feel appropriate. David has started us off with: “Looks like the COVID virus has caused the arachnids to mutate.”

Brightening Up Our Lives

During the lockdown many people have been brightening our lives with rainbows and much more. Here we feature just some of them.



Chloe and Ethan prepare their rainbows to adorn their bungalow in Great Melton Road.

This was just one of the colourful rainbows that sprung up in the village in support of the national Health Service.

We hope you enjoy many of the images we have captured for this edition of Hethersett Herald.

Chloe's Podcast Aims to Help Sufferers

A NEW podcast on Spotify by a Hethersett woman is helping others to learn more about a little understood illness.

Chloe Kidd is 22 years of age and was diagnosed in early March with Endometriosis. Now Chloe is mounting a campaign to make people more aware of the illness and its very painful symptoms.

Chloe launched her podcast to help others after suffering “endless pain” before her periods and having her condition misdiagnosed.

“I wanted to share my story with people who may not know what it is and want to know more,” Chloe said adding that she has been learning more and more about the condition virtually every day.

Chloe's podcast can be found on Spotify under the name EnDuhMeTreeOwSuhs and she is also putting it on You Tube for people who do not use Spotify. Chloe also has her own Facebook page—again with the title EnDuhMeTreeOwSuhs.



What Is Endometriosis?

Endometriosis is a condition where tissue similar to the lining of the womb starts to grow in other places, such as the ovaries and fallopian tubes. It can affect women of any age and is a long term condition that can have a tremendous impact on sufferers' lives.

The symptoms of the disease can vary. Some women are badly affected while others might not have any noticeable symptoms. Symptoms can include pain in the lower tummy or back which is usually worse during periods, period pain that is so intense that it prevents the sufferer from doing normal activities, pain during or after sex, pain when going to the toilet during a period, feeling sick or suffering from constipation, diarrhoea or passing blood in urine during a period, difficulty getting pregnant, suffering very heavy periods and depression due to the symptoms.

Funrun Is Cancelled

THE scheduled 10th village two mile funrun has had to be cancelled due to the coronavirus pandemic.

Organiser Shane Hull said that the decision had been taken “with regret and a heavy heart.” It is hoped to re-schedule the tenth anniversary event in July 2021.

“It is with regret and a heavy heart that I have to inform you that Hethersett Run the Square has been cancelled for 2020.

“I have left the decision as long as I was able, to see if there was any likelihood that the event could take place on 12th July as planned.

“However, taking into account the health, safety and welfare of competitors and spectators, in the present climate, there is absolutely no certainty that all restrictions will be lifted by this date. In fact, much larger and more significant sporting events post 12th July have already been cancelled.

“Therefore the plan is to celebrate the 10th running of the event in the Summer of 2021 and I will let you all know of a provisional date later in the year. Thank you all for your ongoing support for this Olympic Legacy event,” Shane said.

This year’s event was scheduled for 12th July. Run The Square began in 2010 as part of the village pre London 2012 Olympic Games celebrations. It has run every year since apart from 2019 when it had to be postponed due to a number of factors.

Have You Missed Out ?

YOU can catch up on previous editions of the Hethersett Herald by going to

www.hetherssettherald.weebly.com

and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents.



It is currently available only online. If you have news or would like to be featured in Hethersett Herald contact editor Pfter Steward on petersteward@lineone.net

Money Available For Community Projects

MORE money will become available for community projects from the start of the new financial year.

District Councillor Phil Hardy told Hethersett Parish Council that each of the three district councillors have £1,000 to give to community projects from April 6th.

To apply for funding community groups or projects should contact district councillors whose details can be found elsewhere in this edition of Hethersett Herald.

Not Going Underground

WE are sure that you weren't fooled by our poor attempt at an April Fools joke in the April edition of Hethersett Herald.

The story about the high speed underground link connecting London and Norwich and stopping at Hethersett was a complete fabrication and the illustration

of a prototype new train was in fact a picture of Stephenson's Rocket.

As we received no comments or expressions of horror at the story we assume most people understood it was a prank—either that or nobody read it anyway!

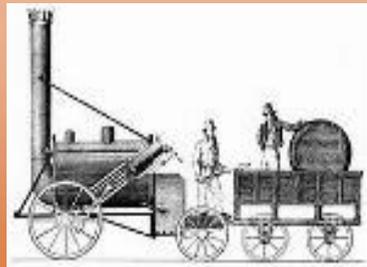
NEWS that a new high speed underground rail system linking London with Norwich and stopping at Hethersett will be welcomed by local residents.

The new line to be named "The Norfolk Underground Flyer" will start in the centre of London and take approximately one hour and five minutes to reach Norwich with stops in Newmarket,

Thetford, Attleborough, Wymondham and Hethersett before finishing at a new purpose built station in the centre of Norwich.

The new Hethersett Station will be under the existing B1172. The work is due to commence once the current cycle track is completed and is likely to take five to seven years to complete. The work could necessitate regular bore holes being driven into the B1172 which is likely to be shut for a period of at least 18 months between the start and finish date, the latter of which is likely to be 2025. At other times traffic lights will be used whilst surveys take place. These could take up to five or six months at a time.

Specially commissioned retro trains (like those photographed above) will speed along the track at up to 100 mph - an artist's impression is included above.



Youth Club Fete and Dog Show Cancelled

Organisers looking to hold an online event

THE Hethersett Jubilee Youth Club fete and dog show scheduled for the end of June has been cancelled.

Originally organisers postponed the event until September, but it has subsequently decided to call it off.

Now organisers are looking at the possibility of holding some kind of event online. We will keep you informed of any developments on this matter.

The annual fete and dog show is the club's main fundraiser of the year and cancelling it will lead to a serious shortfall in funds as the event usually raises between £800 and £1,000.

Lead organiser Gillian Saunders explained just how important the fete is to the youth club's survival:

"The event is vital for the club's survival, particularly as, like lots of places, we have lost a huge amount of income due to having to shut the hall as we were almost fully booked at weekends for the Spring and into the Summer."

At first the organisers thought that a date in September would be possible but had to change their mind as they have been unable to meet and the coronavirus restrictions on gatherings could well still be in force into the Autumn.

A massive thank you from Hethersett Herald for all those heroes and heroines from the village who have been supporting the elderly and vulnerable in any way doing these unprecedented times.

You really are the Heart of Hethersett.

Thanks also to everyone who stands in their gardens every Thursday evening to "clap for heroes."

Hethersett Herald

Walks Special

THE walks on the next five pages were originally published in 2016 and have been put together by Hethersett Archivist and Herald Associate Editor Gary Wyatt. They have been revised to provide suggestions for the daily exercise allowed under the current regulations during the Covid-19 epidemic. It is essential that everyone following these walks adheres to the required two metre 'social distancing' regulation when encountering other walkers, or whatever other regulation is in force at the time of doing the walk.

The walks are also available in a stand alone booklet which can be downloaded and printed off at www.hethersettherald.weebly.com This booklet also includes maps of the walks.



Hethersett Village Walks 2020 - Number 1

The first walk uses a combination of a permissive path (i.e. one that has been provided by a landowner in collaboration with DEFRA) with public footpaths and some minor road walking. The permissive path around arable fields is bordered by a wide uncultivated strip which is full of wild flowers in Spring and early Summer. The return route to the village is via the lovely footpath known by the delightful name of Kissing Alley. Please note that the permissive path permission has now expired but that the route is still in frequent use.

Distance: about 4 miles. Underfoot: mainly level grassy or woodland paths and minor roads. Start: Oak Square in village centre, or any convenient point. Abbreviations: R/RH right/right-hand; L/LH left/ left-hand. Disclaimer: the publishers of the Hethersett Herald cannot be held responsible for your safety or well-being when using this route.

1. Leave Oak Square, turn right and then cross the road into the alley almost opposite. At the end, pass between the houses and turn L into Central Crescent.
2. Follow the road round to the T-junction and turn L into Recreation Road past the playing field. Take the first L into Firs Road and, at the LH bend, turn R into the cul-de-sac and pass through the gap into St. David's Road. At the end, turn L into New Road. Cross the B1172 to the field gate opposite, pass through the gap into the field and turn R. You are now on the permissive path.
3. Follow the clear grassy path, at first parallel to the road, passing behind a cottage, crossing the entrance drive of Park Farm and soon behind another cottage, eventually turning south away from the road.
4. Continue along the path changing direction at intervals until you pass behind a converted barn with a pattern in the roof tiles. The path turns R and then L back in the direction of Hethersett.
5. At the next L turn, you will see a small pond on the R and then a gap in the hedge ahead of you; pass through the gap onto the former school playing field and turn R to the gate ahead.
6. Pass through the gate onto Ketteringham Lane and turn R. Follow this road downhill and round a bend until you see a track with a Public Footpath sign on the L. Follow the track (known as Suckling Lane) until you approach woodland on the L side; here, pass through the old iron gate into the footpath known as Kissing Alley.
7. Follow this down into the dip (may be muddy here) by the lake of Hethersett Old Hall and up the other side, reaching the B1172 again at the point where Kissing Alley was severed by the first village by-pass (then the A11) in the 1970s.
8. Cross into the continuation of the path, emerging onto Old Norwich Road, cross into Cann's Lane and follow this round to Queen's Road, where turn L back to the starting point.

Hethersett Village Walks 2020 - Number 2

The second walk uses public footpaths and some minor road walking and takes us to the north of the village. You can include a visit to some historic church remains.

Distance: about 3.5 miles. Underfoot: field edge paths, tracks and minor roads. Paths can be muddy in winter so walking boots are best. Start: Oak Square in village centre, or any convenient point. Abbreviations: R/RH right/right-hand; L/LH left/left-hand. Disclaimer: the publishers of the Hethersett Herald cannot be held responsible for your safety or well-being when using this route.

1. Leave Oak Square, turn R and walk along Gt. Melton Road; ignore all side turnings until you reach the end of the built-up area at the junction with New Road. Opposite this junction, take the signposted footpath on the R.
2. Follow this field-edge path with the hedge and new housing on your R, passing the large new drainage pond. When you reach the far corner of the field, pass through a gap in the hedge and over a bridge. Turn L and walk ahead with the hedge on your L. Walk round the woodland on your L, turn sharp R at the bottom of the field, continuing along the field edge until you reach the end of a broad track which emerges from a gap in the hedge on your L.
3. Take this track, with the fishing lake on your R. Continue up the hill and skirt round the large pond just visible through the hedge on your L. Continue on the track with the hedge on your L until you reach the road. Gt. Melton church and its separate tower are clearly seen on your R.
4. Turn R on this very quiet road. It is worth stopping off to visit All Saints church and the ruins of St. Mary's church in the grounds. This might make a good picnic site !
5. Carry on along the winding road (Market Lane) for about one mile until you reach a junction on the L, signposted to Bawburgh and Barford, near some splendid barn conversions. Ignore this junction and continue uphill in the same direction and you will soon see a signposted footpath at a gap in the hedge on your R.
6. Take this path, first across a small open field and then continuing with the hedge on your L until it passes through a gap ahead and emerges into a green lane. Turn L to reach a road.
7. Turn R on the road and walk back into Hethersett. This road is less quiet than the other one, so take care, especially on the double bend. Ignore all side turnings until you reach the Tjunction with Queen's Road and Gt. Melton Road. Turn R and you are soon back at the starting point.

Hethersett Village Walks 2020 - Number 3

The third walk uses a combination of permissive paths with public footpaths and some walking on minor roads. The first section of this walk is the same as walk no. 1 in this series but then goes onto new territory. Part of the return route was covered in walk no. 2. Please note that the permissive path permission has now expired but that the route is still in frequent use.

Distance: about 6 miles. Underfoot: mainly level grassy paths, tracks and minor roads, but walking boots are recommended. Start: Oak Square in village centre, or any convenient point. Abbreviations: R/RH right/ right-hand; L/LH left/left-hand. Disclaimer: the publishers of the Hethersett Herald cannot be held responsible for your safety or well-being when using this route.

1. Leave Oak Square, turn R and then cross the road into the alley almost opposite. At the end, pass between the houses and turn L into Central Crescent.
2. Follow the road round to the T-junction and turn L into Recreation Road past the playing field. Take the first L into Firs Road and, at the LH bend, turn R into the cul-de-sac and pass through the gap into St. David's Road. At the end, turn L into New Road. Cross the B1172 to the field gate opposite, pass through the gap into the field and turn R.
3. Follow the clear grassy path, parallel to the road, passing behind a cottage, crossing the entrance drive of Park Farm and soon behind another cottage. When parallel to the road again, go through the gate in the hedge on the R (opposite the car sales site), cross the road and enter the field to the left of the sales area. Turn immediately L and follow the surfaced cycle path parallel to the road, with the hedge on your L.
4. Pass through the hedge gap ahead and continue behind historic Kett's Oak (the tree surrounded by railings). Pass through the second hedge gap ahead and turn immediately R, away from the road, with a plantation of young trees on your left and the hedge on your R.
5. Approaching the group of trees ahead, pass through a hedge gap on your R, turn L, and pass almost immediately through another hedge gap ahead; turn L (i.e. now behind the trees and hidden pond) and continue ahead, with the hedge now on your L.
6. Continue on this path, deviating around a pond, but always with the hedge on your L. You will pass by the long strip of woodland with the unusual name of 'The Wong'. Be sure to ignore another permissive path signed on the L.
7. The path curves gently to the R and eventually, after rounding another pond, turns sharp L. At this point you will see a hedge gap on the R leading on to a road. Pass through, cross the road junction and continue down the quiet road opposite (Pockthorpe Road), with some very attractive wooded areas.
8. Continue ahead at a crossroads and when you reach the first house, turn R at the footpath sign along the track, first through woodland and then along the

field edge, with a hedge on your L.

9. On entering the farmyard, veer slightly L and look for the entrance (not very visible) to a short hedged path which leads to a road at a junction. Turn L along the road (ignore the one opposite) and you will soon come to a footpath sign on the R at a hedge gap. Take the path diagonally across the field under the high voltage cables to the hedge line opposite. Pass through the gap onto the road and turn R, with Gt. Melton church visible ahead.

10. After a short distance, turn R at a footpath sign onto a gravel track and follow this around the pond, downhill and past the fishing lake. At the field ahead, turn R along the edge, with woods on your R. At the corner, continue on the field edge path up around more woodland until you turn L away from the wood. Continue until you reach a small bridge which passes through a hedge gap on your R, cross and continue on the path ahead with the hedge on your L. Ignore hedge gaps and you will emerge on to Gt. Melton Road opposite the junction with New Road. Turn L and follow the road back to your starting point.



A lovely large rainbow from the Leeder family brightened up everybody's life who passed it in Priory Road.

Hethersett Village walks 2020 - Number 4

The fourth walk in our series uses public footpaths and some walking on minor roads. The final section of this walk is the same as walk no. 1 in this series.

Distance: about 3 miles. Underfoot: field and woodland paths, green lane and minor roads. Start: Oak Square in village centre, or any convenient point. Abbreviations: R/RH right/right-hand; L/LH left/left-hand. Disclaimer: the publishers of the Hethersett Herald cannot be held responsible for your safety or well-being when using this route.

1. Turn L from Oak Square, L into Henstead Road and R into Back Lane. Immediately past the village hall, turn L into the new pedestrian path, soon crossing over the access drive to the new housing estate, and continue into the pedestrianised older part of Back Lane opposite. After a few minutes walk below the new houses, turn R into Shop Lane (was there ever a shop here?) and continue downhill to reach the pedestrian-only junction with the pavement on the B1172. Turn R, walk up the pavement and cross to the church.

2. On entering the churchyard proper, turn L and walk to the LH corner of the graveyard. Pass through the gap in the wall beside the now redundant stile, turn R and walk down the broad green track, initially beside the churchyard wall. At the bottom of the field the track turns L - continue until you reach the corner of the field. (This is a local diversion from the official line of the footpath, which crosses the field diagonally from the church.)

3. In the corner there is an old metal kissing gate but also a gap in the hedge; pass through, cross the track and through another metal gate, this time a very new one. Continue in the same direction across the meadow (there may be cows and/or a horse, but these have never given us any trouble) skirting the newly-drained pond to another new gate, emerging onto Station Lane.

4. Turn R and walk up the hill. Just before the houses, turn R into the green track (Suckling Lane) and follow until you approach woodland on the R side; here, pass through the old iron gate into the footpath known as Kissing Alley.

5. Follow this down into the dip (may be muddy here) by the lake of Hethersett Old Hall and up the other side, reaching the B1172 again at the point where Kissing Alley was severed by the first village by-pass (then the A11) in the 1970s.

6. Cross into the continuation of the path, emerging onto Old Norwich Road, cross into Cann's Lane and follow this round to Queen's Road, where turn L back to the starting point.

Hethersett Village Walks 2020 - Number 5

The fifth walk in our series uses public footpaths and some walking on minor roads.

Distance: about 3 miles. Underfoot: field paths and minor roads. Start: Oak Square in village centre, or any convenient point. Abbreviations: R/RH right/right-hand; L/LH left/left-hand. Disclaimer: the publishers of the Hethersett Herald cannot be held responsible for your safety or well-being when using this route.

1. Leave Oak Square, turn R and walk along Gt. Melton Road; ignore all side turnings until you reach the end of the built-up area at the junction with New Road. Opposite this junction, take the signposted footpath on the R.
2. Follow this field-edge path with the hedge and new housing on your R, passing the large new drainage pond. When you reach the far corner of the field, pass through a gap in the hedge and over a bridge. Turn L and walk ahead with the hedge on your L. Walk round the woodland on your L, turn sharp R at the bottom of the field, continuing along the field edge ignoring a broad track which emerges from a gap in the hedge on your L by the lake. Continue ahead long the field edge, eventually turning sharp R.
3. A few minutes further on, turn L into the track which leads to the long-redundant 'parish pit'. As you approach the pit, bear L and follow the path round the edge to the top. The pit is now covered in vegetation but is worth exploring if you have time. At the top where you are confronted with a field gate, turn R and follow the path ahead across the open field, but looking for a large hedge gap to your L, where a sign is mounted on a post.
4. Cross to this gap, pass through and walk ahead downhill, with the hedge on your L. The path curves R and then continues down to the hedge at the bottom, where a narrow gap gives access to a road opposite a cottage (take care when emerging as there is a drop to the road).
5. Turn R along this quiet road until you come to a junction where turn L. At the next junction turn R towards Little Melton church and enter the churchyard via the gate. Part way along the church path, turn L and enter the newer section of the graveyard. Turn R and exit via a hedge gap ahead on to the field edge path, where turn L. At the corner of the hedge, turn R and cross the open field, soon continuing with a hedge on your R, to reach a road.
6. Turn R, but almost immediately turn L through a hedge gap, crossing an open field then continuing with a hedge on your L. At the corner, pass through a hedge gap into a green lane, where turn R. Continue with the hedge on your R until you see the sign ahead mentioned in step 3 above. Before you reach the sign, bear L on a clear path across the field to again reach the top of the parish pit. Here follow the path downhill with the pit on your R.
7. At the bottom of the field, turn R through the trees and bushes, still with the pit on your right, to reach the access track you were on previously. Turn L along the track up to the field edge path where turn L. At the next corner, turn R where you can follow either of the clear field edge paths, R or L of the hedge. If using the R path, at the top of the field you need to pass through the metal gate. For both paths, after you leave the field continue ahead along the hedged track with housing visible beyond the L hedge.
8. This track eventually runs into Cedar Road. Continue ahead at the junction into Lynch Green soon reaching the village.

It Made The Headlines

OVER the six year lifetime of Hethersett Herald we have covered all kinds of stories affecting our village. So what have been the most important? Well we have picked out six stories and ranked them in order of importance from the lifetime of The Herald. We start at Number six with the story that led the way in the very first edition of the Herald. As with any competition we give the results in reverse order.

N

umber 6—Theft of Lead from St Remigius Church.

Appearing in Edition One—November 2015

We include this story for two reasons. Firstly its importance as a news story in its own right and secondly because it prompted the launch of the

Hethersett Herald as editor Peter Steward explains: “It had been on my mind to launch an e-magazine for the village for quite sometime, but somehow I never got round to it and didn’t want to start until I knew a publication could be sustained. So we started with a very modest eight page edition that covered, amongst other things, Remembrance Sunday, a meeting between Hethersett Parish Council and the local Brownies, the retirement of Heather Williamson from Hethersett Parish Council, a new Colours Me Calm initiative in Hethersett Library to combat stress, the opening of Rowan House as a health and well being centre and youth team awards at Hethersett and Tas Valley Cricket Club.

The edition was dominated, however, by news that an “organised and professional gang” had stripped the roof of St Remigius Church of lead. Intruders broke down the fence next to the locked church gates and drove across the churchyard to collect the lead as it was stripped off the roof.

Heavy rain late in the night and the following day caused damage and disruption inside the building and Rector Derek McClean spoke of the affect the theft would have on the village. “Events like this impact on the spiritual and community life of the church in many ways. It’s distressing for the congregation to see the effect of water damage in the church itself after just one day of heavy rain.



There's also a great deal of work involved in sorting out the mess.

“Such incidents hurt not just our regular worshippers but the whole village, especially those coming for baptisms, weddings and funerals or, as many people do, just to spend quiet time in church,” he said.

The theft also put a tremendous pressure on church finances. At the time St Remigius had only just finished a £100,000 repair on the slate section of the nave roof, a three-year project that had involved a considerable amount of community fundraising.

Churchwarden Kate Wood described the theft as: “A very well organised and professional crime. The people involved are clearly making substantial profits out of this business. They don't realise and certainly don't care that a not-very-well-off church community will find it very difficult to meet the huge repair costs,” she said.

N

umber 5—The Closure of Old Hall School

Appearing in edition 47—September 2019

The shock closure of Old Hall School came like a bolt out of the blue. The first we heard of it was a

news bulletin on BBC Television stating the school had closed with immediate effect, causing chaos as parents were forced to find alternative educational arrangements for their children.

We described the closure as “another bomb-shell” to hit the village. What seemed even stranger was that the decision to close came just months after the school announced it was taking in more male pupils.

The closure announcement came just three weeks before the scheduled start of the new school year and left 100 pupils “scrambling to find new schools before the Autumn term starts.”

The decision was prompted by falling pupil numbers and financial problems.



Parents were informed of the decision in a letter from headmaster Stephen Crump and chair of governors Martin Matthews. The letter claimed that “the Governors have pursued all possible avenues in what has proved to be a very drawn out process but, regrettably, now have no alternative other than to take the difficult decision to close the school.”

So ended a 81 year link between Old Hall and education going back to 1938 in a hugely historical Grade II listed building that went all the way back to the 17th century.

The closure brought a flood of memories from former pupils who launched a Facebook page to garner memories. Last month it was announced that the Old Hall complex has been purchased by Norfolk Police to use for training new police officers.

N umber 4 —The Beast From the East

Appearing in edition 30—April 2018

An unprecedented cold snap hit the village over three days at the end of February and beginning

of March 2018.

A complete “white out” brought the village to a virtual standstill as Hethersett was turned into a winter wonderland. Very few vehicles took to the streets and Tesco Express did a roaring trade as people walked into the centre of the village to pick up groceries. The supermarket ran out of milk and got very low on other provisions.

The schools were shut and children took the opportunity to make snowmen and have snowball fights on the memorial playing field.



Heavy snow and strong winds with freezing temperatures made it feel like minus 10 degrees rather than the start of Spring. The main B1172 was deserted and



many groups and organisations cancelled meetings.

Household refuse collections were put back and the doctors' surgery suffered with staff unable to get to work.

In addition Hetherset Post Office was forced to close.

The big freeze lasted for around four days after which the weather returned to more normality and even got "quite warm."



N

umber 3 —The Closure of the King’s Head

Appearing in edition 46—August 2019

The future of the historic Hethersett King’s Head was thrown into the balance with the sudden

departure of landlord and landlady Greg and Lisa Snowdon.

Greg announced their departure on social media and the pub closed its doors at the end of June and has now been closed for 10 months.

Greg posted that the couple’s decision would come as no surprise to many people: “We leave poorer in pocket but richer in spirit. Thank you Hethersett—a slice of my life will always be here,” he said.

It is understood that the Snowdens’ decision to quit was prompted by stringent rules and targets enforced by the pub owners Ei Publican Partnerships

The owners have now found new landlords—Norfolk Table Ltd— and have promised that the building which has been an ale house from the 17th century will re-open after a facelift and refurbishment.

We were told this would happen “early in the New Year” and then in February. Neither has happened and there was absolutely nothing happening at the venue by the beginning of March and now any potential work has been severely affected by the Coronavirus and it is unlikely to open for many months to come.



Future In The Balance

THE future of historic Hethersett King’s Head is hanging in the balance following the surprise departure of landlord and landlady Greg and Lisa Snowdon.

The departure of the popular duo leaves the pub with an uncertain future.

Greg announced the couple’s departure via Social Media and, as a consequence, the pub has been closed for over four weeks whilst the owners try to find new tenants.

One possibility is that it could be taken over by a community-based group if no new landlords can be found. The historic building is protected under a South Norfolk Community register which means that, if the brewery decide to sell the pub, it has to be offered to a properly consulted and voluntary village group or consortium to run it as a going concern.

The Snowdens’ departure came as a surprise to many of the pub’s regulars. Greg Snowdon took to Facebook to



explain the couple’s decision:

“I don’t think it is a secret anymore but we have closed the doors for the last time today (June 30th). Thanks to everyone who has been with us on the journey. We leave poorer in pocket but richer in spirit. Please look after each other and support whoever follows in our footsteps. Thank you Hethersett - a slice of my life will always be here.”

Many regulars at the pub responded with messages of support for the couple.

(Continued on Page Three)

Hethersett Herald

1

August 2019

N

umber 2 —All Change For Hethersett Education

Appearing in numerous editions

Not one specific event but a build-up of excellent Ofsted Reports and regular news on the education front.

The education debate has run throughout the past six years and resulted in major ongoing developments at both Hethersett Academy and Hethersett Junior School in Queen’s Road.

Currently a new primary school is springing up as part of the North Hethersett development and it is still hoped that this will open in time for the new school year in September. This is dependent, however, on beating the Coronavirus in time.

Building is currently well advanced, however. The new building will see the closure of Woodside Infant and Nursery School in Firs Road.

Over the past five years, Hethersett Academy has really stepped up to the plate with some outstanding results that have made it one of the top secondary schools in Norfolk.

The fact that we now have a school system that provides top rate education for all from nursery to pre sixth form says much for the educational efforts that have been going on in the village for some time.

Number 1 —Coronavirus in Hethersett

Appearing in ongoing editions.

It will come as no surprise to find that we have listed the current Coronavirus as the number one story from the last six years. Indeed it is the biggest story to hit the village so far in the 21st century and arguably the biggest since the outbreak of the Second

World War broke out in 1939.

Never before has the village as a whole been asked to move into a virtual lockdown situation with cafes and pubs and clubs shut and only essential business staying open and people being urged to stay indoors.

It is impossible to say how long the pandemic will last and what shape local businesses will be in when they re-open.

The word unprecedented is often overused but not in this case. These are unprecedented times with unprecedented measures in place—the like of which virtually none of us have experienced before and, hopefully, won't experience again in our lifetime.

The Next edition of Hethersett Herald will be published exclusively on line towards the end of May.

With the coronavirus seriously restricting activity in the village we would be delighted to receive features from residents.

The One That Got Away

By Peter Steward

HAD we extended our survey to look back 10 years we would have definitely included an event that put Hethersett on the national map for volunteering and caring.

In 2013, Hethersett became the first village, town or city in the United Kingdom to be given a Big Society award by the then prime minister David Cameron.

The award was given in recognition of the work undertaken in the village to improve the fitness of residents and in support of the ideals of the London 2012 Olympic games.

David Cameron said: "I'm delighted that the people of Hethersett were inspired by the Olympics to come together and promote sport and fitness for everyone in the village.

"This Big Society award recognises Hethersett's achievements and shows what people in communities across the country can achieve when they get behind something and volunteer to make a real difference in their local area."

Inspired by the 2012 games, village groups and organisations worked together to create activities and sports associations with the vision of encouraging local people to commit to fitness.

In an article in the Eastern Daily Press newspaper I was asked to comment on what had been achieved and said:

"We have increased people's awareness of what is on offer in the village by ensuring all our fitness groups are inclusive and open to everybody irrespective of age, sex, disability, colour or creed.

"People coming to our village comment on our go-ahead and positive attitude, which comes through the number of people who give their time and energy voluntarily to enhance our environment and to work towards making us the 'ultimate fitness and well-being village'.

The Olympic legacy continues in the village which still has a sports association and an annual two mile funrun which was the brainchild of parish councillor Shane Hull and which was due to run again this year in July but which has been postponed until 2021 due to the Coronavirus pandemic.

Where Are The Best Deals?

ONCE again this month we looked at petrol prices on the 16th of the month to compare garages within easy driving distances of Hethersett.

Petrol Watch

Each month we will be using the eight garages listed below to show how prices have increased or decreased over the past month.

Sadly the three garages closest to Hethersett—Waitrose and Abbeygate at Wymondham and Thickthorn Services continue to be much higher than other outlets as our table shows. We seem to live in a triangle of high priced fuel.

The best value petrol and diesel is highlighted in red.

	Unleaded	Change	Diesel	Change
Asda Hall Road, Norwich	102.7	-12p	107.7	-9p
Tesco Express, Earlham Road, Norwich	102.9	-12p	109.9	-9p
Sainsbury's Queen's Road Norwich	102.9	-15p	110.9	-9p
Tesco Harford Bridges, Norwich	104.9	-12p	110.9	-8p
Sainsbury's Longwater, Norwich	103.9	-12p	110.9	-8p
Abbeygate Wymondham	119.9	-7p	123.9	-8p
Waitrose Wymondham	119.9	-7p	123.9	-8p
Thickthorn Services, Hethersett	118.9	-9p	123.9	-8p

WORK STOPPED

Work on the Hethersett cycleway on the B1172 has stopped. The site will be made safe with the temporary traffic lights removed along with barriers and cones in order to re-open the road to two way traffic. The site will be regularly checked to ensure it is safe.

Classics of Back Lane

With Penelope Brown

The seventh in a series featuring a literary gem found in the Back Lane Book Swap. Books found during a wander along the lane. Of course by the time you read this the featured book may have gone.

No. 7 – Even Money by *Dick and Felix Francis*

WE seem to have had a Dick Francis enthusiast donate some books to the Book Swap this month. So, as a fellow fan, I thought that for this month's review I would choose one of them.

Dick Francis was a highly successful jump jockey in his time and rode for Queen Elizabeth The Queen Mother. In 1956, he rode Devon Loch for the Queen Mother and took a nasty fall when his horse fell trying to jump a fence that didn't exist when it was close to winning the Grand National.

Dick Francis went on to become a crime writer. His novels all centre around horse racing in England. Dick's wife Mary assisted with the research and writing of many of Dick's novels until her death in 2000. Upon her passing their younger son Felix took over his mother's work. 'Even Money' is just one of the novels which Felix co-wrote with his father.

The novel features Ned Talbot, a bookmaker who has taken over his grandfather's business.

The book opens at Royal Ascot's first day and Ned watches helplessly as a string of favourites come in. With the punters totting up their winnings, he counts his losses. Then an old man steps forward with a different claim. The father Ned never knew – long ago believed killed in a car crash, is standing in front of him.

Less than an hour later Ned's father lies dying in the racecourse car park. He



has been stabbed and whispers to Ned, “Be very careful.”

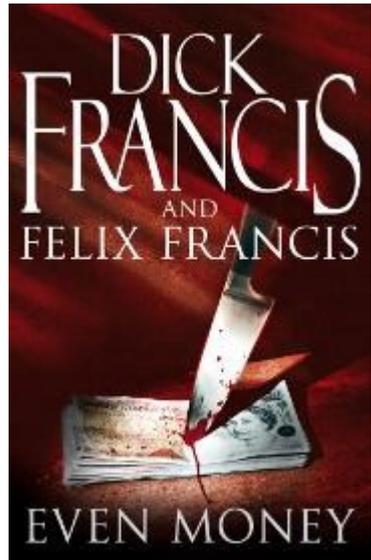
Ned vows to discover the truth behind his father’s disappearance, sudden reappearance and death. Peter Talbot leaves a rucksack in his hotel room, a rucksack which contains a number of objects as well as a large amount of money.

However, the rucksack is wanted by several unsavoury and violent characters. Peter’s return from Australia also reopens painful questions about the death of his wife, questions whose answers are locked up in the Alzheimer’s stricken brain of Ned’s aged Nanna who had brought him up.

Ned worries about telling all the details of the mystery to his wife Sophie as she suffers from bipolar disorder and he doesn’t want a relapse of her condition. Meanwhile, a major bookmaker and his bullyboys are bent on driving Ned out of business.

I found this book to be a great combination of suspense, revenge and love, all woven into the world of horse racing.

The Back Lane Book Swap is an ideal place to find your next read. Books are left, taken or swapped constantly so if you haven’t visited yet please do, or visit the Facebook page on Back Lane Book Swap – Hethersett. Children’s books move particularly quickly so donations of reads for little ones are always most welcome.



Also found in The Book Swap this month:

Lady Chatterley’s Lover – D. H. Lawrence

The New Contented Baby Book – Gina Ford

Standing in Another Man’s Grave – Ian Rankin

The New Granta Book of Travel – Liz Jobey

Tai-Pan – James Clavell

Chronicle of a Death Foretold – Gabriel Garcia Marquez

The Sisters Brothers – Patrick DeWitt

HOW TO CONTACT US

HETHERSETT & MULBARTON Safer Neighbourhood Team



A/Insp. Dave BURKE
Local Policing Commander

The Local Policing Commander is responsible for a group of Safer Neighbourhoods teams. The Inspector also works with our partners and communities to reduce crime in your neighbourhood and focus efforts on the priorities that matter to you.



101 Ext: 4151



David.Burke@norfolk.pnn.police.uk



PC Andy HUDSON
Engagement Officer

Your Engagement Officer is here to provide communications and updates regarding your neighbourhood as well as co-ordinate volunteers, specials, community speedwatch and / or cadets.

Contact them for local enquiries that affect your neighbourhood.



101 Ext: 2377



Andrew.Hudson@norfolk.police.uk



PC Chris BODEN
Beat Manager

Your Beat Manager PC is here to engage with the local communities and work to solve local issues and priorities within your neighbourhood.

The Beat Manager's aim is to keep your neighbourhood as a safe place to live, work and visit.



101 Ext: 2955



Christopher.Boden@norfolk.pnn.police.uk



SNTHethersett@norfolk.pnn.police.uk



[/SouthNorfolkPolice](https://www.facebook.com/SouthNorfolkPolice)



[@SouthNorfPolice](https://twitter.com/SouthNorfPolice)



NORFOLK
CONSTABULARY
Our Priority is You

There is No Planet B

Five Good News Stories You May Have Missed Because of Coronavirus

By Penelope Brown

THE outbreak of Coronavirus has led to unprecedented changes to the way we live our lives as the world battles one of the most serious virus epidemics of the century. Smartphones and social media mean we cannot escape the barrage of breaking news in this rapidly escalating public health crisis. In an era of information, it is easy to feel anxious and overwhelmed and to focus on the negativity and to forget to look for the good.

Here are five positive environmentally-based stories from around the world that you might have missed. They prove that, even amid uncertainty and chaos, there are many reasons to find hope.

Our air is cleaner, and emissions are down

The unparalleled measures introduced to contain coronavirus in countries around the world have had a significantly positive impact on the environment. As millions of people start working from home, flights are cancelled and industrial activity decreases, we are seeing a reduction in emissions across the world. With a drop in dangerous air pollutants, the air that we breathe is cleaner than it has been in years.

Wildlife is returning to the Venice canals

Even more encouraging environmental effects have been seen in Venice where, with the tourists having gone home and the locals in self-containment, wildlife has reclaimed the space once occupied by humans.

In the absence of motorboat taxis and the tourist boats speeding through the Venice canals, the waters have regained their clarity to reveal shoals of fish, crabs and plant life. Ducks have been seen making a nest near the Piazzale Roma and swans have been photographed swimming on the crystal clear waters. Even dolphins have been spotted swimming by the port of Cagliari,

the capital city of the Italian island of Sardinia.

Gloria Beggiato, owner of the Metropole Hotel in St. Mark's Square has said, "We Venetians have the feeling that nature has returned and is taking back possession of the city". There are hopes that the lockdown has been an opportunity to strive for a better balance of tourism in the city in the future.

The Australian wildfires have been extinguished

You may have missed it with all the news about Coronavirus, but the Australian wildfires are finally out. At the beginning of March, the New South Wales Rural Fire Service announced that there are no longer any active bush or grass fires in the territory following a period of heavy rain and cold weather.

India's ports are going renewable

In further promising news for the planet, India has announced this month that a number of its busiest ports and harbours will begin running on entirely renewable energy sources as the country makes steps to dramatically increase its renewable capacity.

In a significant move in the battle against climate change, all day to day operations in the country's state owned ports, including supplying power to docked ships, will be powered by solar and wind power.

Companies and businesses are coming together to support Coronavirus relief strategies

Collective efforts by companies in supporting Coronavirus relief strategies are proving that even in dark times, kindness can prevail. Whether it is hotels opening their doors to NHS workers who need to isolate themselves from family members, discounts for frontline medical staff or specific opening times for the elderly, there are acts of kindness popping up all over the place.

On a more local level there are now support groups for the elderly and vulnerable in most if not all villages and towns. Long may it last and let's hope that one of the legacies of this awful virus is an increase in kindness and understanding, not only to ourselves but also to the environment.

Counting The Days Off

WE would like to welcome our newest columnist. The Rev Steve Cullis is Methodist Minister for the Wymondham Circuit which includes Hethersett. Steve will be writing regularly in Hethersett Herald both on matters of faith and also matters relevant to the village. In his first column he discusses the current situation we find ourselves in, but with a message of hope.



Hello Everyone,

I'm the new (ish) minister at Hethersett Methodist Church. I'm minister not only in Hethersett but also at Wymondham and Morley.

I hope that you are all staying safe and well in the lockdown we're undergoing at the moment. Here are a few things in the last weeks that I've found inspirational and which have kept me going.

The care, dedication and professionalism of people who work for us in the NHS and the nursing homes in our country. I've never clapped so hard in all my life as I do on Thursday evenings at 8 pm. If you are one of those staff... thank you.

The care, dedication and professionalism of key workers around the country who are keeping our streets safe, keeping shops, food supplies and vital services going. If that's you, again I can only say thank you.

The thousands, actually make that millions, of people who are doing little bits and pieces that make a difference to everyday life. From the good humoured stepping aside to make a two metre distance to the unexpected kindnesses that turn up.

Humour. Please let's keep that coming. It's what it means to live in a British village. I'm so grateful to the people who have made me laugh.

I also love the fact that when public buildings are shut the community isn't. Lots of clubs and societies are keeping in touch with one another. We are no exception at Hethersett Methodist Church. Just because we're not meeting in a building we're still here.

You can connect with us with our online services that at present are going out on You Tube on my own You Tube Channel (Not a sentence I ever thought I'd be using before Coronavirus!).

You can find it at <https://www.youtube.com/channel/UCIXB5UpkTV7o8Xfh27Gox8w>.

We also have a new Facebook Page “Hethersett, Morley and Wymondham Methodist Churches” . Our Church Website Page is also still up and running at

<http://www.hethersettmethodist.org.uk>

Hope. In it’s most basic form I found that out when a friend commented: “When you woke up this morning we were one day nearer the end of this all”.

I’m going to finish with a sentence that has come to mean a great deal to me over these last weeks. This has helped me and I hope it helps you. It comes from a man called John Wesley.

“The best of All is that God is with us”

With my very best wishes to you, and to your loved ones

God Bless

Steve Cullis



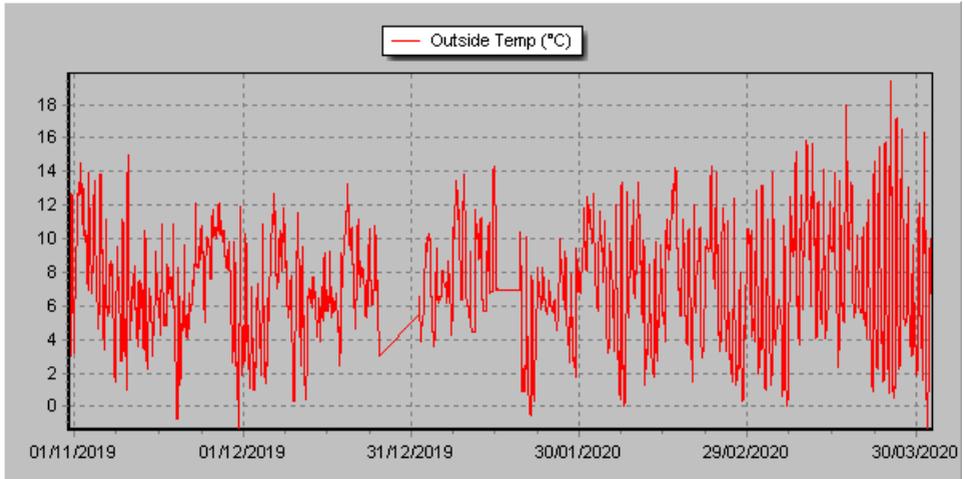
Rev Cullis was born in Wiltshire in 1965 and grew up in the market town of Devizes. He was educated at Westminster College near Oxford and then trained as a Methodist Minister at Wesley House In Cambridge. His wife Julie comes from Lancashire but the couple met at Steve’s first engagement as the Methodist Minister in Harleston. They have been married for 25 years.

Before going to Harleston, he was a Minister of a church near Dallas in Texas—something that made him an American Football fan of the Dallas Cowboys. He admits, however, that Norfolk has converted him into a fan of Norwich City. Steve has also served in Peterborough, Royal Wootton Bassett and Acle. Outside work he enjoys photography, walking, reading, bike riding and also admits to “dabbling in writing children’s books.”



A Very Peculiar Winter

By Associate Editor and Weather Watcher Gary Wyatt



I HAVE been observing and recording the weather in an amateur way for 40 years and I was just on the point of thinking that 2019/20 was the first winter in that time when I had not seen a single flake of snow fall or even sleet, when on the morning of 29th March – the first day of British Summer Time - there were some brief flurries of the white stuff.

As I have mentioned in previous articles in this series, winter as defined by the Met Office covers the months of December, January and February, so those few flakes were actually outside the 'official' winter. The rest of winter was very mild on the whole but, as was widely publicised, very wet in many parts of the UK.

In this article, we will consider what it was like here in Hethersett during what many people would consider to be the whole winter, being the five months from November through March. As before, I will use data from my automatic garden weather station and the daily diary of observations that I keep.

In addition to the lack of snow, the other outstanding feature of the winter locally was that there were very few frosts. The chart of temperature data above from my weather station for the five months summarises the trends in daily minimum and maximum temperatures. As I have mentioned in previous articles, the maximum temperatures shown in the graph can be a bit too high when the weather station is exposed to direct sun although this happens less in winter than summer. Temperatures for official records are always recorded

with the thermometer in the shade, so I also have a traditional max-min thermometer which I read manually.

November set the trend for the winter, starting and ending mild with daily maximum temperatures around 12-13°C, with a cooler period in the middle with temperatures around 7-9°C. I recorded only two air frosts, with a minimum of -0.7°C on the night of the 18th. It was, however, rather wet with total rainfall around 80mm. December, the first month of 'official' winter, was again mild overall, with no recorded air frosts at all. The days leading up to Christmas were particularly mild with temperatures around 11-12°C. Christmas Day itself was gloriously sunny, perfect for walking off the pud! Total rainfall was similar to November, around 75mm.

Moving into 2020, the first two weeks of January were exceptionally mild, with the temperature as high as 14°C by mid-month, and the first snowdrops opened in our garden around the 15th. After that it cooled somewhat, although even the coldest days still had maximum temperatures around 5°C. On only one night (20th) did the temperature dip just below freezing. The month was a little drier, with around 55mm rain.

February, the final month of official winter, was again very mild with many days exceeding 10°C and two or three days reaching 14°C. Again no air frosts were recorded. The month was, however, very windy with two major storms passing through. Storm Ciara over the weekend of 8th/9th was particularly destructive, with many garden fences succumbing, including our own, and trees also brought down. It left behind a day of heavy hail showers, the only time the ground turned white during the winter, albeit from hailstones and only temporarily. This, of course, was nothing exceptional as it can also happen during a thunderstorm on a hot summer day. There was almost a repeat the following weekend from Storm Dennis, but that proved less of a problem in this area. February was again a rather wet month, with around 85mm of rain falling. The

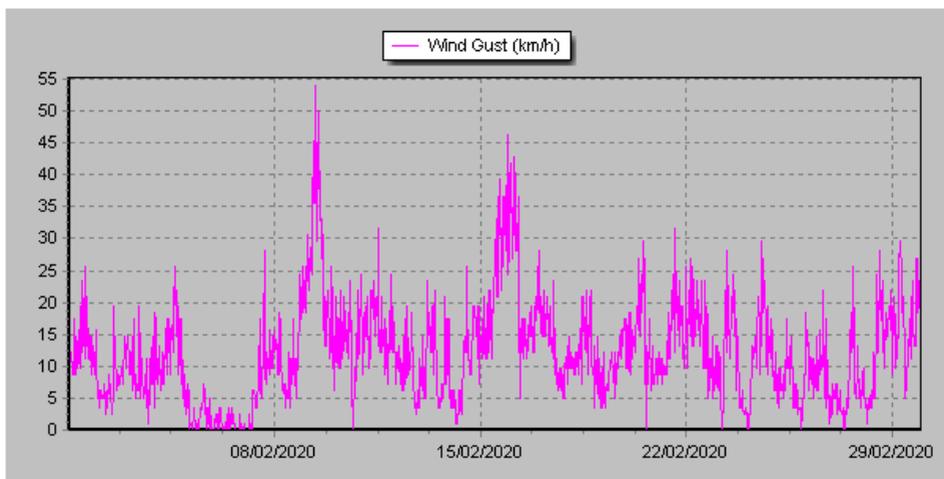


chart on the previous page shows the wind speed data for February taken from my weather station and the passage of the two storms can be clearly seen as two groups of large peaks.

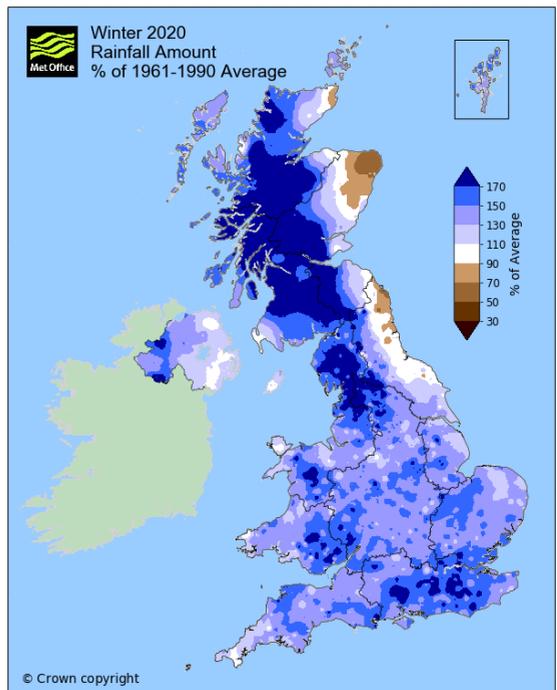
So, the official winter over, we move into March, the first month of the official Spring. As would be expected, it was warmer overall than the other months and I recorded a maximum of over 16°C on the 17th. Thereafter, the wind turned towards the east or northeast, never a welcome direction in an East Anglian spring, and things cooled somewhat, culminating as previously mentioned in the only snowfall of the winter on the first morning of Summer Time. The colder conditions were accentuated by the chill of the wind. One of the few air frosts of the winter was also recorded at that time, on the final night of March. March was, however, the driest month of the five discussed here, with around 40mm rain.

On the subject of rainfall, the graphic opposite taken from the Met Office website shows UK winter 2019/20 rainfall compared to the long-term average. It can be seen that the north and west of the UK, and parts of the south of England, experienced far higher rainfall than the average (dark blue on map). As a result, many areas of the UK experienced extensive and repeated flooding and you will have probably seen the distressing pictures of flooded homes and streets, with some places suffering repeated events.

However, it is also noticeable that some extreme eastern areas had only average or even below average rainfall (white and brown on the map).

In this region it can be seen that rainfall was only around 10-20% above average (pale blue areas) so we were spared the devastation that many parts of the country experienced.

The table over the page shows a summary of the extremes of temperature, rainfall etc from the weather station for the five months we have looked at. The long term average (mean) temperature for this period according to the Met Office is around 4.2°C so this past winter was well above that level, with the average at my station being 7.0°C. This is in keeping with the now well established



Averages and Extremes for selected period

Temperature

Mean (1 minute)	7.0 °C	
Mean (min+max)	7.5 °C	
Mean Minimum	3.9 °C	
Mean Maximum	11.0 °C	
Minimum	-1.4 °C	29/11/2019
Maximum	19.4 °C	25/03/2020
Highest Minimum	10.7 °C	01/11/2019
Lowest Maximum	6.6 °C	01/01/2020
Air frosts	7	

Pressure

Highest	1048.8 hPa	19/01/2020
Lowest	970.6 hPa	12/12/2019

Wind

Highest gust	62.3 km/h	14/01/2020
Average speed	6.9 km/h	
Wind Run	25000.4 km	
Gale days	0	

Rainfall

Total for period	279.0 mm	
Wettest day	22.2 mm	09/02/2020
High rain rate	28.2 mm/hr	14/02/2020
Rain days	94	
Dry days	59	

Snow

Days with snow falling	0
Days with snow lying	0

Solar

Total hours of sunshine	329.9
-------------------------	-------

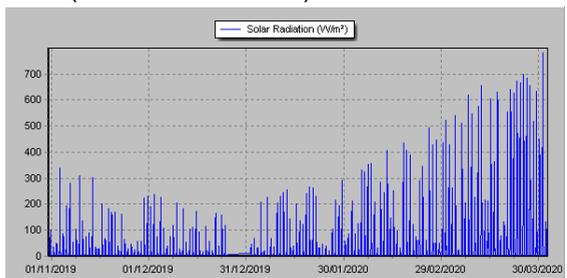
warming climate that we are experiencing (whatever you may think the cause is). To summarise, winter 2019/20 in Hethersett was very mild and somewhat wetter than average. It was very windy at times and frost and snow were conspicuously absent.

I am writing this in early April, when our society has changed drastically due to the Coronavirus epidemic, but otherwise it is turning out to be a glorious month, with a great deal of sunshine and the gardens and countryside bursting into life.

This chart shows solar radiation data (i.e. sunshine levels) from the weather station during the winter period and it can be clearly seen how it rises sharply from February onwards as Spring progresses, and very welcome it is too.

Our thoughts were dominated for many months by Brexit and just as that was starting to fade, the virus became the main topic of discussion. When

that has gone, let us hope that we can turn once again to our British obsession with talking about the weather!



Screen Closes Down

THE decision has been taken to cancel the one remaining show scheduled by the Hethersett Village Screen group in the light of the Coronavirus epidemic.

The group has decided to call off its screening of "A Royal Night Out" on 10th May due to safety precautions. That was the last scheduled film of the current season. The group say that they will be back with a new programme in the Autumn and we will have details of this as soon as they are available.

Over 40 people attended what, unknowingly, turned out to be the last film of the 2019/2020 season-The Good Liar on 8th March. The film featured outstanding performances from Dame Helen Mirren and Sir Ian McKellen with plenty of twists to keep the audience involved. The main film was preceded by archive footage of a train journey from London to Edinburgh in the 1950s and an animated short.

The cancelled May film "A Royal Day Out" was scheduled to be part of the village's VE celebrations which have also been cancelled.

Showing how social distancing should be done!



News from the Garden

By Associate Editor Roger Morgan

WITH the extended lockdown due to the Covid 19 outbreak our gardens are playing an increasingly important part in our daily lives. At this time of year there is always so much to do. Here we make a few suggestions for jobs which we can be getting on with during May.

In the Flower Garden

Trim back spreading plants such as aubrieta, alyssum and candytuft after they've flowered, to encourage fresh new growth and more blooms.

Lift forget-me-nots to prevent heavy self-seeding and reduce spreading.

Divide hostas as they come into growth.

Take cuttings of tender perennials, such as fuchsia, argyranthemum and pelargoniums (geraniums). The new shoots of hardy perennials can also be used for cuttings.

Prune spring-flowering shrubs after flowering.

Top-dress permanent pot plants to refresh the compost.

Lift and divide overcrowded clumps of daffodils and other spring-flowering bulbs.

Supplement container plants with balanced liquid feed every 2-4 weeks to promote healthy growth.

Look out for signs of blackspot on roses. If discovered, treat it with a systemic fungicide.

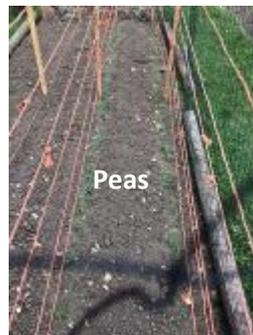
Continue to weed beds and borders to prevent competition for water and nutrients.

In the Vegetable Garden

Continue earthing up potatoes to protect the young plants from frost. Draw some soil over the tops of the shoots to cover them.

Harvest asparagus spears when they are no more than 18 cm tall.

Weed around your onions and garlic to reduce competition for nutrients and water. Apply an onion fertiliser to



boost growth.

Pinch out the growing points of broad beans as soon as beans start to appear at the base of the plant to reduce the risk of blackfly attack.

Thin out direct-sown vegetables such as spinach, carrot and lettuce seedlings, then water the rows well.

Harden off outdoor tomatoes, courgettes and pumpkins for planting early next month.

Support pea plants with twiggly sticks or pea netting.

Make supports for your runner beans, using 8 ft (2.4 m) bamboo canes.

Plant beetroot seeds directly in the soil.

Other jobs

Harvest rhubarb, picking only one-third of the total amount of stems.

Protect strawberries with straw or black membrane (to control weeds and lift the berries off the ground) and netting (to keep birds off the fruit).

Apply lawn weedkiller to your lawn this month.

Feed your lawn with a high-nitrogen fertiliser to encourage healthy green growth.

Water the grass during hot weather – this is particularly important for newly seeded or turfed lawns.

Clip evergreen hedges now.

Remove duckweed and blanket weed from ponds and thin out submerged oxygenators. Lay any removed weed beside your pond overnight to allow insects, snails and other pondlife to escape back into the water.

News from the Allotment

The warm sunny weather has made the plants at the allotment continue to flourish but the dry spell over the Easter period made it necessary to start watering. The purple sprouting broccoli and leek harvesting is coming to an end but the asparagus bed has started to produce its crop of spears. The first early potatoes have made it to the surface and earthing up has started. Broad beans and onion and garlic sets are growing well. The beetroot and carrot seedlings



Gooseberry Flowers



Asparagus Spears

are now showing and will need thinning out soon.

The cabbage and mangetout plants are ready for transplanting. The strawberry plants have been weeded and are starting to produce flowers. The ground has been well dug and prepared for the French and runner beans which have been planted in the cold frame. The grass paths need regular mowing and the bed edges need cutting.

Take care and enjoy your gardening.



Swept Away By Grace

As reported in previous editions of Hethersett Herald, there was a wonderful response to the young people's writing competition with over 150 entries from Hethersett Academy. Pupils were given carte blanche to cover whatever subject they wanted with the only proviso that their entries should start with the words "If Only."

This month we have one of the two joint second prizewinners. This is "Swept Away" by Grace Kingerlee.

"If only" Claude whispered, "I had been a few years older". It was tradition for newcomers to tell their stories on their first night in the workhouse. On that dark evening of 1840, it was Claude's turn. Three boys sat huddled on a metal frame bed, a candle between them which flickered with their every breath. They knew they couldn't be caught. "You see", Claude continued, "If I was older maybe I would have found a better place to hide. Then maybe just maybe Pearce wouldn't have found me.

"Pearce?" Arthur's voice was soft; he knew all too well the consequence of being caught awake at that hour. He was the oldest of the boys, and liked that his time and experience of the workhouse gave him wisdom. Hesitantly, Claude picked up his account. "Pearce was the man who picked me up off the streets right at the beginning. I was only little, I didn't know any better than to go with him".

"Same for me" Douglas interrupted his voice was not suitably toned; he was hushed. His eyes glinted with low light. "But it were those Bobbies that got me here".

"The Bobbies took me too but quite a time after Pearce took me".

"But why? Why did he take you?" Arthur was forever impatient. "Pick pocketing? That's what Pa had me do".

Claude sighed, largely for effect. He paused for a moment, taking his time to consider his reply. Pearce had made him, and all the other boys too, swear they'd never tell. But he knew Pearce was gone. I'll tell you what happened, but you have to listen. The boys nodded expectantly.

I can't remember much about the beginning; I mean, Ma and Pa had sat me down on a hay bale outside one of the cobblers. I sat and waited there but they never did come back. I wasn't sure what to do with myself so I have to say I was glad when Pearce arrived".

Arthur's eyes gleamed in the low light and his jaw set. Yet he remained silent.

Claude spoke again, oblivious to the quiet pain that he created in Arthur. “He gave me a toffee and opened the door to the carriage. I was happy to get in”.

“I’m not quite sure what happened on the journey but we eventually arrived at this splendid old country house. So excited, I was, thought it would be an adventure”.

His tone was bitter. “Pearce led me down into the basement and that’s where I lived with twelve other boys for the next four years”. Claude looked away, inspected the dirt encrusted floor boards of his dormitory through the tears that swam in his eyes.

“Later that week he took me and another boy out into the town. He was called Warren. He looked after me, back then, in that first week even when nobody else cared to. And it was hard, especially to start with, when I wasn’t allowed outside. When we arrived in the town we had to walk for miles. Eventually we got to the house.

“It was a large house, neat and pretty. The windows were arched, the chimneys towering. A man appeared at the door and his eyes darted around like a bird’s and his nose twitched. Pearce came out from behind us and quietly beckoned the man inside.

He began to speak, his tone not quite low enough to be inaudible. “Pearce, they’re boys! Boys! You know the law and you know how this is going to end. You nor I want to get caught up in that again. I thought we agreed?” the man’s protest sounded more like a plea.

‘Peter I know what I am doing,’ the aggression was evident in Pearce’s voice. They continued, arguments and insults flying. Occasionally they bothered to throw a glance our way to be sure that we had not moved. We hadn’t.

Finally they strode over and turned to face us. Warren took a deep breath and lowered his stare to the ground. He knew exactly what was coming. “Boys”, Pearce began, “You are to clean Mr. Peter’s chimney. I will return to collect you at noon.” He turned to Peter, tipped his hat. “Good day”. Before I knew what was happening, Peter was ushering us inside.

“It was an understatement to say that I didn’t know what I was doing. I hadn’t a clue. Peter led us into the drawing room, I think it was. In the front wall was a grand fireplace, logs stacked in the bottom. It was the kind that has all those carvings around the edges?” Surprised to be acknowledged, Douglas and Arthur nodded in unison. However, they really didn’t know the ones he was talking about.

They had never been in one those houses but were uncomfortable with the fact that this had almost created a sense of hierarchy between them. “Well there were two long poles with bristles on the top leaning against the wall. ‘Go on then’, that was all Peter had to say before he turned his back on us. I tried to catch Warren’s eye but he stared firmly ahead before calmly making his way to the brushes. ‘We aren’t really going up the chimneys are we?’.

'Yes Claude we are going up the chimneys', his tone was bitter, hostile; unfamiliar.

"I looked up from the fireplace. The chimney was split in two with a brick divider. Clutching the brush, I attempted to climb using the blackened brickwork for grip. I could hear the scrambling of Warren doing the same beside me. Not far up the chimney, the soot had begun to gather. Every breath I took I could barely manage.

I could hear Warren now far above me as I began to clean the chimney. The dust stung my eyes and my legs were aching terribly from the climb. The worst part was that I couldn't see a thing. I could feel the walls pressing in around me but I'd be blessed to see them.

Fortunately I finished by the time I heard the muffled sound of Pearce's voice demanding that we come down. With a great deal of effort and caution, I found my way down to the now ash-covered drawing room floor. Pearce and Peter were waiting silently. They watched me crawl out of the fireplace, Pearce with mild amusement.

I rubbed the soot out of my eyes and cast my gaze around the room. Warren wasn't there. I knew something was wrong. As soon as the men had turned their backs once again, I stood in the fireplace but unsurprisingly I could see nothing. "Warren", I hissed, desperate for his reply. Yet there was not even a murmur.

"Is that boy still not down?", Pearce pulled me from the poison on my thoughts "Boy, come down here at once!" Again Warren failed to give a response. "Well he leaves me no choice."

Pearce produced a small box from his pocket, the front shiny with ink. A box of matches. Surely nobody would set alight a fireplace when there was an eight year old boy stuck in the chimney. "This is your last chance! I am lighting the fire". And he did.

He lit the fire, while chuckling under his breath. I could do nothing except stand and wish that I could do something. And then we left the room and later Peter handed Pearce a pouch that could only be filled with coins. Then we left.

"When we arrived back at the house, nobody really noticed Warren's absence until Pearce told them. "Boys! Warren Walters is no longer with us. He got stuck". With that Pearce turned and left one more time. Everyone accepted that Warren was gone, just like that; I wished it could have been different.

"A lot of time went by and a lot of chimneys were swept. Eventually Pearce was found to be breaking the law by forcing us to go up those chimneys so he got arrested and we got sent here".

By the time Claude had finished, the three boys were mourning the loss of a boy two of them had never even known. Although Claude knew that the life in the workhouse would be impossibly difficult, it would be luxury compared to the life that he had lived.



A Sweet Treat in Sour Times

By Associate Editor Hannah Harrison

Some of you may have seen or even purchased a treat box with baked goods in it from Hethersett resident Ella Tarrant. I saw her post on the All Things Hethersett Business Classifieds Facebook group about the boxes and couldn't resist trying them. I've seen the cakes that she's made for people before (birthdays, weddings etc) so knew that if they were anything to go by, I was in for a treat! For £15 with £1 of that going to NHS CharitiesTogether, I got 2 x

triple chocolate brownies, 2 x chocolate chip bars, 2 x raspberry and white chocolate cupcakes and 2 x old school sponge cakes. Ella recommended that they be eaten within one to two days, which was absolutely no problem for me!

My share of the box was gone in a matter of hours. I reluctantly shared a tiny bit with my daughter and half with my husband. Next time I'll hide them!



The brownies are to die for. I've tried many, many brownies before but these top the lot; crunchy topping but with a smooth, gooey and chunky middle, it was a taste sensation. Usually I eat things as quick as I can but I sat and really savoured this!

The good news is that Ella is hoping to do this on a more regular basis, she already has another batch of boxes going out this week with slightly different content, I cannot wait to try more!

I paid via PayPal and the delivery was contactless, perfect for the way things are at the moment.

I know it's not an essential, but little (delicious) treats like these are what can keep us going through these hard times and it's also a great way of supporting local businesses, particularly someone who is just starting out.

Best of luck for the future, Ella! I will hold you solely responsible for my lockdown weight gain.





LITTLE MELTON PRE-SCHOOL NURSERY



***Our Pre-School is run by a team
of experienced,
qualified and caring staff.***

Open Monday-Friday during term time.

***Rated 'Good' by OFSTED
Open to children from 2 1/2 - School age.***

***Providing Quality Childcare
for over 30 years.***

***Please contact us to arrange a visit.
Little Melton Village Hall, Mill RD, Little Melton
01603812362***

***www.littlemeltonpreschoolnursery.co.uk
Registered Charity No:1028459***

***This organisation is committed to safeguarding and promoting the welfare of children
and young people and expect all its staff and volunteers to share this commitment.***

Join The Email Group

We currently use Social Media to inform residents when a new edition of Hethersett Herald is published.

We also post copies of new editions, along with an archive of editions from the past four years, on the website www.hetherssettherald.weebly.com.

If you would like to be alerted via e-mail of the publication of a new edition please send an e-mail requesting this service to the editor—
petersteward@lineone.net.

We will then draw up a group for circulation. Your e-mail address will not be disclosed to any third parties and will be used exclusively for notification of new publications.

The June edition of Hethersett Herald will be online at the end of May.

News, features and photographs should be with the editor by May 15th at the latest.

We are happy to consider items for publication either on Hethersett or written by Hethersett residents and they can be sent to

petersteward@lineone.net

We Are On Facebook

Hethersett Herald is on Facebook. You can follow us at

<https://www.facebook.com/Hethersett-Herald-196216690775010/>

Please share details of the Herald so we can increase our readership.

Advertise In Hethersett Herald

Hethersett Herald is a monthly e-magazine published in the last week of each month. We are now happy to take advertising. If you want to promote your business to a wide audience and support our aims of bringing village news and views to as many people as possible why not take out an advert? Our rates are detailed below.

If you wish to advertise in Hethersett Herald please contact the editor Peter Steward on petersteward@lineone.net or 01603 811052.

Artwork should be supplied by the advertisers in Jpeg format.

Contact Us

petersteward@lineone.net

Advertising Rates

	Per Edition	Annual—12 Editions
Quarter Page	£20	£200
Half Page Horizontal	£30	£300
Half Page Vertical	£30	£300
Full Page	£50	£500

News From The Parish Council

IT had to be the strangest parish council meeting of all time. Certainly the first one ever held behind closed doors but open to all.

That may sound like a contradiction in terms but so are the times we are living through at the moment. Through a special emergency power, virtual meetings of councils are allowed under the local authorities and Police and Crime panels (coronavirus) regulations of 2020.

Those powers meant that the April meeting of the council was held via the Zoom social media platform. The meeting scheduled for May 18th is likely to be held under the same status unless there is a sudden and unexpected relaxation of the lockdown rules which seems very unlikely.

As a result of the restrictions, the annual parish meeting which was scheduled for May 11th, has been postponed. It may be possible to hold this later in the year after restrictions have been relaxed.

In Memory of Dr Tony

Hethersett Parish Council has agreed to donate £250 to the Norfolk Accident Rescue Service (NARS) in memory of well loved village GP Dr Tony Press (pictured right)

Dr Press was a leading light in NARS until his death in 2016 at the age of 61.

The money from the council will help to buy face masks and other protective equipment for the charity which sees volunteer medics attending accidents to give additional support to the medical services.

Councillors agreed by a majority vote to support an application for funding for the charity which was set up in 1970.

“We would like to make a donation due to the current situation and the fact that Dr Press, a much loved Hethersett doctor, was a key member of the organisation,” said chairman Adrienne Quinlan.

Councillors agreed that the award should be a one off donation in memory of Dr Press and not set a precedent.



News From The Parish Council

We have not published the usual list of parish council meetings in this edition of the Hethersett Herald due to uncertainties caused by the pandemic. We will re-instate dates once the virus threat is over (whenever that may be).

Careful With Those Bins

Residents have been asked to think of others before overfilling their refuse bins.

At the latest meeting of the parish council, South Norfolk Councillor David Bills said refuse lorries had a “limited capacity”

“The refuse collectors are doing an amazing job. Every man and his dog seems to be using the lockdown to clear out their homes and garages and throw things away.

“We are asking people to consider spreading their load over two or three weeks. When a bin lorry is full it has to return to unload and then it doesn’t go back out again. We are asking people to use sense and put a little in each week rather than all at one time,” Councillor Bills said.

Parish councillors agreed that many people, finding themselves with more spare time on their hands, have decided to clean out their homes and garages.

Hethersett’s district council representative Phil Hardy underlined the request on Facebook:

“Currently we are continuing to remove all garden waste, recyclables and non-recyclables. Due to an increase in packaging, garage clearance and gardening, the bins are becoming overloaded.

“The bin lorries will still take a limited amount of waste, but once they are full will not return to complete a round.

“Social distancing measures also slow down the collection service and the recycling centre at Costessey is running at full capacity. Can residents please ensure that they spread out waste material to maintain an even flow for collection,” he said

News From The Parish Council

Hethersett's district and county councillor David Bills updated councillors on existing support for those suffering health problems during the lockdown.

"There are a lot of pressures on families at the moment but there are support systems in place for those with mental health problems and those who need safeguarding support," he said before going on to explain the support and working of the South Norfolk Hub which is supporting residents during the pandemic. Councillor Bills also explained the latest position with regard to the village chemists: "We have been working hard with our MP and the help hub to sort out problems that we believe existed and we have received a good response," he said.

As a result of the negotiations Boots Chemists in the village will now be open from 8.30 am until 5.30 pm Monday to Friday and until 5 pm on Saturdays. "When somebody rings in they will be asked if they have a family member or friend to collect for them. If not they can have a volunteer from the help hub picking up medicine.

Chairman Adrienne Quinlan said: "We have spoken to the pharmacist and they would prefer family or friends but will now give prescriptions to representatives from the Hub, "

Problems have occurred over the past few weeks where people have queued up to get medicine on behalf of somebody else only to be told when they get to the front of the queue that they do not have the authority to pick medicines up. This rule has now been relaxed (see also page for more on this story).

How To Contact The Parish Council

THE parish council office in the village hall is currently closed to the public due to the Coronavirus outbreak.

Parish clerk Annette Palmer can be contacted by telephone on 07902 322729 or via email at hethersett.pc@tiscali.co.uk.

The council has a website at

www.hethersett-parish-council.norfolkparishes.gov.uk

and also a Facebook page.

News From The Parish Council

Praise for Residents During Lockdown

Hethersett residents have been praised for their behaviour during the lockdown.

“Hethersett residents have taken to this very well. People are smiling and keeping their distance from others. I would like to thank everyone for their responsible behaviour during the current situation.

“Everyone is walking, cycling and running and keeping their distance from each other. I would also like to thank the shop staff, those making deliveries, those working on the frontline and everyone else who is making it possible for us to stay safe in our homes.

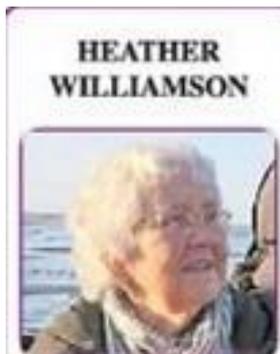
“The clapping in support of frontline workers on Thursday evenings has been lovely to hear,” said council chairman Adrienne Quinlan.

Councillor Andre Smith spoke of the toll the current situation can take on people’s mental health.

District Council representative David Bills said money was flowing through from central government to South Norfolk and was finding its way to support local businesses and adult social care.

Hethersett Parish Council has made a donation of £50 to two charities in memory of former councillor Heather Williamson who died in February.

The money will go to two charities close to Heather’s heart—Hethersett Friendly Club and the Norfolk Association for the Disabled.



With the village’s VE day celebrations scheduled for May Bank Holiday weekend cancelled, Hethersett Parish Council is urging local residents to raise a glass and take part in a national toast at 3 pm on May 8th – just another way in which the village can come together in these troubling times.

News From The Parish Council

Council Goes for a New Build For Playing Field Pavilion

COUNCILLORS have agreed that the dilapidated brick pavilion on Hethersett Memorial Playing Field should be demolished and replaced with a new build rather than having extensions to the existing building.

The council is working with developers Alan Lamb Associates and the playing field trustees to bring the project to fruition to produce a building with changing facilities for sports clubs along with community facilities that will include a kitchen.

Before going ahead with the project, the council will go out to public consultation:

“We have to decide whether we demolish the current structure. I want it to look like a new building,” said council chairman Adrienne Quinlan.

“The brickwork on the current structure is very shabby. I think it would be difficult to improve the look if we do not demolish and start again,” said Councillor Mike Stark.

Leslie Dale agreed: “We need the whole thing taking down and rebuilt” and Mrs Quinlan said it was important that the new building was seen as an entity in its own right and “a single building for multiple use.”

It is envisaged that the building will include a kitchenette with a hatch to both outside and also to an internal meeting room.

Andre Smith suggested the new building might include a bar but it was agreed that this would be difficult to include in a limited space and would also be of limited use.

The project is being part funded by a grant from the village SO6 money from developers and also grants are being applied for from the Football Foundation through working with Norfolk Football Association.

Hannah's Hethersett Life

All stories and photographs by Hethersett Herald Associate Editor Hannah Harrison

MR Heckles has had his lockdown lifted!

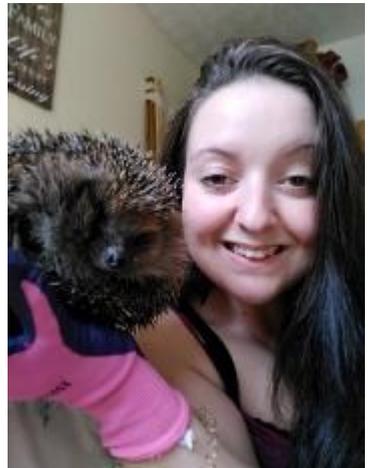
One day at the start of April, I noticed how warm the days and evenings were getting and at a whopping 1.2kg I knew it was time to let him go. So it was perfect timing really.

What I didn't realise was how utterly heart-broken I'd feel once he'd gone. He'd been living in a hutch in my spare room since November. On release day, I moved the hutch outside in the afternoon, mixed some dry leaves in with his usual shredded paper and left him to it. Then, once it got dark, I popped outside to feed him and left the door to the hutch open. I'd heard from numerous people who have released hedgehogs that they stick around for a few days, even weeks in your garden. So I was fully prepared to be seeing him around for at least a few nights.

My husband and I went out again later that night to see how he was getting on, I couldn't find him anywhere but there's no way he could have gotten out of the usual hedgehog gaps because he's so massive!

Eventually we found him wedged between the shed and the wall, not stuck, just sitting there. I finally went to bed after an evening of sobbing, wondering if he was too cold or if he thought I'd abandoned him.

The first thing I did when I woke in the morning was go into the garden to see what the situation was. He was nowhere to be seen and he had dug his way out! The usual hedgehog hole under the back gate had been made a lot bigger. Unfortunately my wildlife camera was broken so I couldn't record what he got up to – I have since got a new one but haven't seen him return. So, wherever Mr Heckles may be, I hope he is safe and



Hannah's Hethersett Life

warm. It was a privilege to get up close and personal with such a wonderful, beautiful animal. I'm unsure if I could rescue another one, based on how I felt letting Mr Heckles go, but we will see.

Luckily, a welcome distraction in the form of nesting doves right outside my window had cheered me up. There were at least two or three nestlings in there at one stage, they grew rapidly and I soon realised that there were only two doves in the nest, which soon changed to one after we found one had passed away on the ground in the garden, very sad but that's nature.



From that point the remaining dove, now called Dilly, grew at a crazy rate. She was very alert and was soon ready to fledge. One morning she was there then, within an hour, she was gone! We then didn't see her for two days which is quite normal for a fledgling.

She eventually appeared on top of our neighbour's shed, peering in our garden. So now we know that she is safe and well. But, guess what? I saw her parents mating on my garden fence (classy) and they are now building ANOTHER nest, give it a rest eh! So I guess we'll have another one on the way

Hannah's Hethersett Life

Follow Hannah every month in Hethersett Herald as she takes her own personal look at what's going on in our village.

Hannah's Hethersett Life

soon. I didn't know that doves nested like that, randy so and sos!

We still have the same garden full of wood pigeons (who doesn't) and a random single stock dove that seems to think it's a wood pigeon.

Blackbirds are very present at the moment, constantly pulling worms out of the earth and chasing each other off.

The blue Tits are in and out of the nest box and feeding each other, jackdaws and rooks are coming all day long, eating me out of house and home! I think that means they have babies somewhere. A few grey squirrels come by each day, but they aren't on speaking terms as they soon see each other off.



Over the last few nights I've been setting my wildlife camera up to see if any hedgehogs turn up, particularly Mr Heckles. At one point there were THREE hedgehogs in the shot, with two of them fighting quite a nasty battle. Both seemed very large so I think one of them may have been my Heckles!

At least one of them appears to come each evening. But more often than not a cat eats the food before the hogs can get to it, then it chases the mice family living under my shed! As I found out by nearly stepping in a half eaten mouse the next morning.

If you have an outdoor cat and it can wear a collar, please consider putting a bell on it to alert other wildlife that there's a puss about!



Hannah's Hethersett Life

Steward strolls

As I think I explained in the last issue, we are self isolating by choice. My husband and I both have health issues and don't need something else on top of it, nor do we want to contribute to spreading it around.

However, my daughter and I have been venturing out a few times a week to get some proper fresh air. Our very own Peter Steward has been documenting his daily walks, first calling them his Boris Walks, then Gove Ganders and now Raab Rambles, so we thought it fitting to call our walks 'Steward strolls'!

We walked around the fields behind the church a few weeks back where we accidentally came across a field of sheep and lambs, how precious!

We managed to get some lovely photos of them and enjoyed some really special moments. Unfortunately, or fortunately however you look at it, after myself and some others posted about the walk on the popular All Things Hethersett Facebook group, the walk got a lot more popular and it has been reported that a dog on the loose has spooked the sheep by barking.

Of course, you can't stop a dog from barking but people must be mindful of it and keep them on leads around the sheep or just avoid the area altogether. There are good and bad points about people suddenly being interested in the walks of Hethersett. We have the potential of more litter, more footfall therefore



Hannah's Hethersett Life

problems with social distancing and potentially disturbing wildlife. Ladybelt Country Park in Ketteringham recently posted on their Facebook page alerting the public to their closure, a closure forced on them because too many people were visiting and a few people had destroyed their conservation areas! This is just awful.

Don't get me wrong, I am absolutely all for people getting their daily exercise and finally noticing the beauty of our village. I just hope that they don't ruin it for the people who do these walks respectfully all year around.

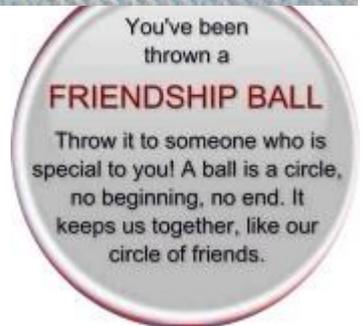
Our next few walks were just around Churchfields, where there are so many beautiful blossoms out, the lovely wheelbarrow flower feature is back and so many people have rainbows in their windows.

Although we aren't out walking regularly, we try and get out in the garden each day. I feel so bad for people who don't have gardens! It must be so difficult.

There's been a Facebook group set up by Holly Stibbon called Hethersett

Treasures, with the main aim being to take photos of any painted rocks you may find around Hethersett and post them on the group.

Holly and her family have been busy painting some and hiding them around the village, as have numerous others. It's such a simple activity that could potentially bring some joy to whoever finds/sees them! Here are a few that Eva and I have done (mainly me because Eva is a scribbler!).



Hannah's Hethersett Life

Coronavirus Goes On

We are now at the start of our second three week stint of lockdown. I assume that I'm not the only one who is adjusting to our new way of life. Being at home is the new norm. I've been cleaning things that don't usually get cleaned including garden toys, dustbin lids and kitchen cupboards. Maybe once this is over, my house will actually be clean and tidy! Or maybe not.

The community is as strong as ever, with people still offering to help others. Boots have finally got a clear plan with South Norfolk Help Hub to help vulnerable people with the collection of their prescriptions and people are just generally willing to help anyone with anything which is fantastic, long may it continue (the kindness, not the lockdown).

As I sit here writing this, the UK death toll is at just over 16,000 and I cannot believe it. It was only a matter of weeks ago that we were on 40 deaths and I was feeling devastated, I did not believe it would get worse than that, how wrong I was.

I don't understand it all, like most people don't. I don't know when the peak will be but I cannot wait for it to be over. I think that life as we knew it is over and it will be a long time before we see any form of normality.

I've really struggled writing this month's column, lack of content has been the main problem. Usually I'm out and about in the village doing this and that, but now we're only having a small walk every few days. So I don't have too much to say, although I do still seem to have filled a few pages!

I'm not getting much of a break from my four-year-old, bless her. Usually I get a few hours peace when she's at nursery but of course that's not happening at the moment. She's not happy when I get the laptop out and suggest that she not be my main focus for an hour or so! I try to write in the evenings once she's in bed but then I'm too tired. Life of a parent, eh!

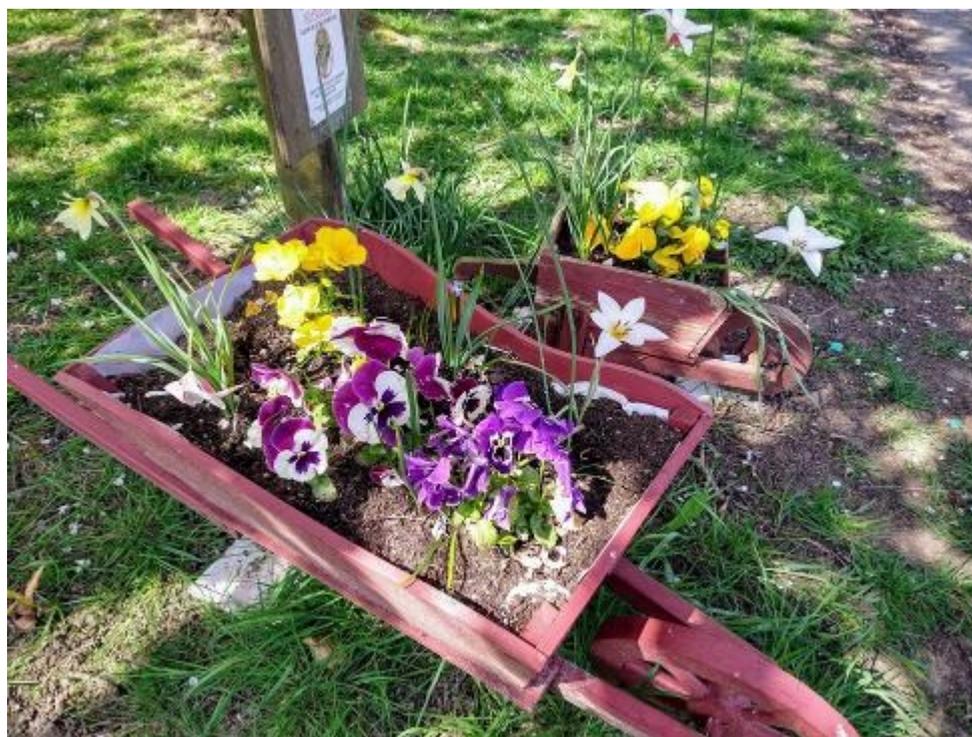


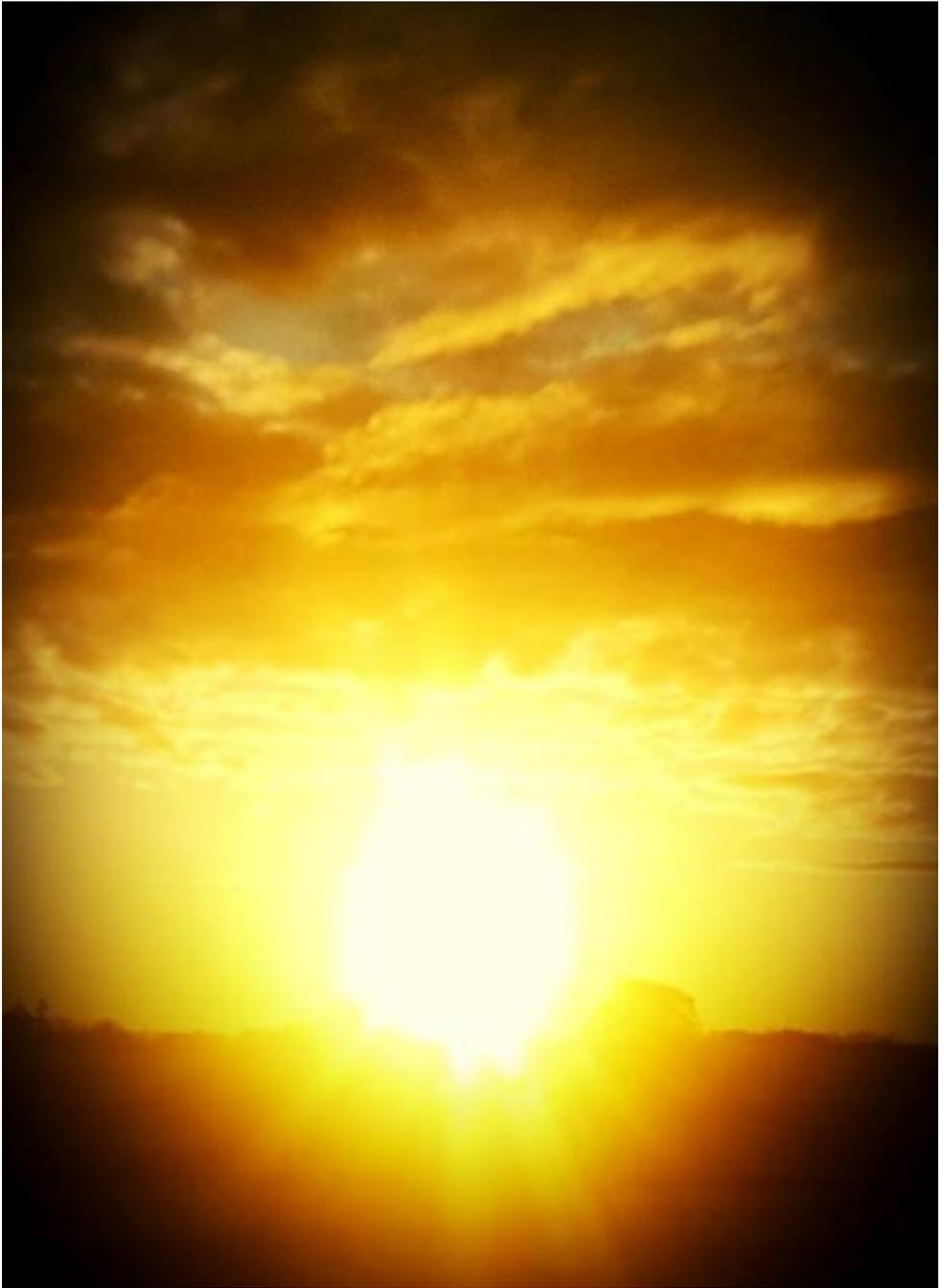
Take care everyone, stay home and stay safe. I hope you enjoy my photographs on the next two pages.

Hannah's Hethersett Life



Hannah's Hethersett Life





This stunning shot into the sun was taken by Michelle Fisher and used with her permission

New Ways of Working

In her latest column Salena Dawson from Dawson's Law in Hethersett updates us on her business and the preparation of wills.



The immediate Government Restrictions on Individuals and Businesses in March 2020 meant we were required to immediately implement new ways of taking instructions and ensuring documents produced are executed correctly. We were required to adapt quickly because our community continued to support us, and we dealt with an influx of wills and lasting powers of attorney instructions.

At the same time, we were required to adapt our own way of working to support our team to work from home, self-isolate or be at home for childcare reasons. As a small firm we were able to adjust quickly.

We realise this is currently a brave new world and as such we would like to share with you how we are able to prepare wills during such restrictions.

Instructions: In order to protect both our community, staff, and clients we have taken the decision to have a locked office door policy. But this does not mean our office is closed. We can still see clients face to face to give us instructions. We ensure that we only see one client in the office at any one time, sitting at a distance apart and we ensure we cleanse surfaces, chairs and door handles before and after each visit.

Since the restrictions we have also arranged appointments with clients to be conducted by telephone and video link. We have used Zoom, WhatsApp and Facetime. This has been a great success and we will continue to offer this service, even after the restrictions are removed.

Appointments for wills can last up to one hour. We ask you what you would like to achieve and then various other questions so we can advise fully before your will is prepared.

Preparation of Wills:

We then prepare a draft will. This is sent to you to read in your own home and at your leisure. The purpose of the draft is to ensure we have got your instructions correct and your will is prepared as required.

It is at this time any corrections can be made or additions or amendments in accordance with your original instructions. Here we ask you to pay particular attention to the spelling of names and places.

Your draft will is accompanied by a letter from us explaining in a straightforward manner the contents of the draft.

We will only prepare your wills for signing once you have approved us to do so. This may be after a couple of drafts. This will give peace of mind that your will is as you require it.

Signing:

We can still see you for your will to be witnessed at our office. We do this minimising contact. This is particularly important for those of our clients who are elderly or particularly vulnerable to the virus. We ask that you bring your own pen. Again, we will only allow one client in the office at any one time so we manage our appointment to ensure no unnecessary contact with others and to allow time for cleansing of the office surfaces etc between clients.

Alternatively, we will send your original wills to you so you can secure signatures at home. We ensure the will signing page is self-explanatory and we provide a will specimen sheet to assist you. Your witnesses must be present at the same time when you sign your will. This can be done whilst socially distancing from you and we suggest your witnesses bring their own pen.

Our staff have home working facilities so even if not in the office they can take instructions and prepare your wills. We remain open and remain at the Heart of the Community on 01603 327280.



Sunrise over Hethersett by Angela Eden

Hethersett Matters

WE regularly feature scams in this publication. In this edition we look at some of the latest to avoid including unscrupulous scammers who are even using the current virus crisis to run their scams. This column is put together in partnership with Norfolk Trading Standards and Norfolk Police.

RESIDENTS are reminded to remain vigilant, and look out for vulnerable neighbours, as rogue traders operate during the lockdown period.

Doorstep rogue traders will pretend to be skilled tradespeople such as builders, gardeners or handymen, offering services which often turns out to be of poor quality or unnecessary, resulting in costs that can rise far beyond an agreed quote.

Norfolk Constabulary received a report of suspected rogue traders working from a van which was seen collecting rubble from a number of residents, with related services also being offered.

Following enquiries, no evidence was found to confirm any illegal trade in this instance. However, officers are reminding residents not to accept offers of labour or services from people selling door to door.

If tradespeople are needed, these should be secured from reliable sources such as the Norfolk County Council's Trusted Traders website at:

<https://www.norfolk.gov.uk/trustedtrader>

Door to door selling is not currently categorised as 'essential travel', and should not be taking place.

Officers are reminding residents of the following, to help them stay safe against rogue traders:

Trust your instincts. While many people are genuine and want to help you, there are others who will try to take advantage of you.

Always remember in the case of cold calling – it is your home and you don't have to agree to anything. Do not be bullied.

Take your time when making decisions. Only criminals will try to rush you.

Search for tradespeople through reliable sources, or take recommendations from people you trust.

If you feel threatened or in danger, go inside, stay inside, and call 999.

If a rogue trader is currently at your home or will be coming back, you can

Hethersett Matters

contact the Citizens Advice consumer helpline on 0808 223 1133 (freephone).

If you think you've been a victim of rogue trading or a scam, you can report it to Action Fraud, the UK's national reporting centre for fraud and cybercrime, at www.actionfraud.police.uk or call 0300 123 2040.



Opposite is just one of the many pictures taken across the fields at the back of the B1172 during April. You will find many others dotted about this edition of Hethersett Herald.

Hethersett Herald

Getting to the Heart of Our Community

And

Positively Free From Fake News (apart from this month)

And Out Every Month

Council/Government Contact Numbers

Below are the contact details for people you may want to get in touch with on village matters:

Member of Parliament

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

Norfolk County Council

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

South Norfolk Council

Our South Norfolk Council representatives are Adrian Dearnley, Phil Hardy and David Bills. David can be contacted on 01603 813041 or at dbills@s-norfolk.gov.uk, Phil on 07985 695668 or at p Hardy@s-norfolk.gov.uk and Adrian on 07957139880.or at adearnley@s-norfolk.gov.uk.

Hethersett Parish Council

Clerk to the council Annette Palmer can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications).

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is open at the Village Hall (upstairs) on Monday and Thursday mornings between 10 am and 12 noon.

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info

The Scott Willoughby Column

I WAS met by a grizzly sight during the month when I walked into the back garden to see a bird picking over the remains of what had once been a pigeon.

I'm assuming it had been a pigeon from the colour of the feathers. There wasn't enough left of it to do a meaningful identification and I doubt whether I could pick it out in a police identification parade.

Not to put too fine a point on it, there were entrails and bits of inner workings everywhere.

It seemed to take forever to scrape the feathers off the lawn. I assumed that the culprit was one of the neighbourhood's felines but then I saw a photograph on social media of a Sparrow Hawk which has apparently been doing the rounds of Hethersett Gardens, feasting on roast pigeon (well pigeon anyway as I doubt whether Mrs Sparrow Hawk has her own oven back at home). They seem to be more of an Al Fresco fan when it comes to eating.



Skatepark Idea Resurrected

There seems to be a new move within the village to have a skateboard park again. The previous one at the back of the village hall fell into disrepair and became dangerous.

Now checking various Facebook sites there seems to be a move to rebuild the area as a more meaningful skateboard park. The move seems to be gathering pace and is likely to be brought up by members of the public at the next meeting of Hethersett Parish Council which is due to take place via the Zoom social media platform on May 18th.

The problem with having a skateboard park is one of sustainability. The upkeep of these areas is costly and a good, solid long term plan would be needed if anything is to become of the latest idea.

The Scott Willoughby Column

Bikeability

One positive from the present pandemic is the number of people taking to their bikes as a form of exercise during the lockdown.

Roads around Hethersett, along with the cycle path between the village and Wyndham have seen plenty of use.

Let's hope that this is a trend that continues once the pandemic is over.

Photographs

You will probably have noticed that this edition of Hethersett Herald features many more photographs than normal. We hope some of these have brought a bit of light relief in these all too difficult times and have helped to brighten up our pages and your lives.



April Showers Bring Forth May Flowers. What Showers?

We had only one day of rain last month and I cannot believe that I am saying this after such a wet winter but I am already watering my garden. I am also making sure that I top up the hedgehogs' water bowls every night as they dry out so quickly and there is no other source of water available for my night-time visitors. Rain has been forecast for May but as always there are lies, damnable lies and weather forecasts.

There is more activity in my garden than I have witnessed in years and certainly more than is usual for April/May. Last year most of my hedgehogs were still asleep coming into May and one did not awaken until early June. Now they have already been awake for weeks.

Hedgehogs are usually solitary creatures and there have been some large scale punch ups involving several large males. There is neither rhyme nor reason behind most of the fights except for belligerence. Two hedgehogs can be happily munching away from the same bowl and then another one will appear, attack both of them and then just wander off as though nothing had happened.



There are probably about ten hedgehogs actively roaming my garden at night and at least one of them is heavily pregnant looking as though she will soon go pop. Hedgehogs only have little legs and the tummies of pregnant females tend to drag on the ground now and then. It must be quite painful at times. It makes their prickles look like a badly placed hat

Hethersett Hedgehogs

I am sorry about the quality of the photo of her; she was some distance from the camera. She was actually quite agitated as she had just had a fight with a smaller hog over a bowl of food. (Totally unnecessary as there were other bowls very close by).

I have five different feeding places and many safe residences dotted about but I do not know if any vacancies have been filled as I leave the houses entirely undisturbed if I can.

A couple of them are almost buried under piles of shrub prunings hoping that will make them more attractive to a pregnant house hunter. Hopefully she will move into one of the houses and then I will have the pleasure of watching her and her babies when they come to eat.

There is wet food inside this feeding station but we still have great problems with marauding cats despite having three of our own which is why the station is weighed down with roofing tiles and bricks.

It is usually very hard to differentiate between one hedgehog and another but sometimes they have distinctive markings. Like the one in this photo that visits regularly. Hopefully we are winning the battle over their declining numbers.

Keep a look out in your own garden. Put out a bowl of water while it is so dry and perhaps a bit of meaty cat food then just enjoy their antics.

More from Hedgehog world next month.



Pregnant female. Her tummy is almost touching the ground.



Down Memory Lane

WHILST looking through some old drawers I came across a number of old photographs of Hethersett *writes Peter Steward*. I began to publish them on a number of Facebook sites including All Things Hethersett and the response has been phenomenal. Over 1,000 likes and messages have been left, showing what an appetite there is for reminiscing about the immediate past.

So many people have identified buildings and people from bygone days that I thought it would be worthwhile, therefore, to have a regular Down Memory Lane feature with some of the best images sent to me along with some of my own.



Over the next few issues we will be featuring some of these old pictures starting with two different views of the shop at the corner of Great Melton Road and Henstead Road.

When we came to the village around 1976 the shop was Nixon's Newsagents. It then it became the headquarters for the Grinders Coffee company before being taken over as a charity shop for Macmillan Cancer Support and then PACT the animal charity. I posted the images on various Facebook pages and residents came back with suggestions that the building was at one time also a post office run by a Mr Buckingham and also a craft shop. We would be delighted to hear from anyone who has other memories of this building. Below are some more blasts from the past.



When Hethersett had its own branch of Barclays Bank.



This photograph of Hethersett Village Hall was kindly sent to us by Chris Yemm. The building is now Hethersett Social Club. Above the door is the date 1924.



Who remembers the Near and Handy and Adcock's Newsagents in this wintry photograph sent in by Jo Adcock?

Pump Hall Remembered

We would like to introduce yet another new regular columnist—and this time he comes from the other side of the world. Lewis Buckingham has never been to Hethersett but he is a keen historian of the place where his grandfather was born and bred. Lewis is undertaking a one place study of Hethersett and over the next few issues will be revealing more of the facts and stories he has uncovered.

I THINK everyone likes to have a connection to a place. It can make you feel grounded, part of a community. At the moment it's perhaps more important than ever. We all want to feel a sense of togetherness when we're forced into the opposite situation in our daily lives.

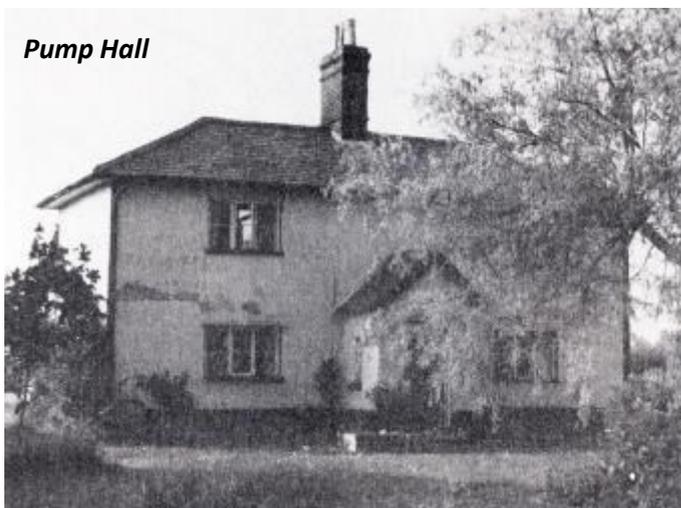
Sometimes those places are found in less obvious locations.

Although I live in Australia, I feel a strong connection to Hethersett. So much so, that I've been researching its history for many years through what's known as a one-place-study. It's quite a healthy occupation as its specificity can make it one of the most socially isolating hobbies around.

You see, my grandfather was born in Hethersett in 1916 - though he moved away soon after - and members of my family were still living in Hethersett until the late 1950s.

Over the years many of my relations - from Yorkshire, Australia and New Zealand—have made their pilgrimages to Hethersett. Most made their best effort to visit Pump Hall (or Home Farm) on Ketteringham Lane. We call it our "Ancestral Home" - well at least I do.

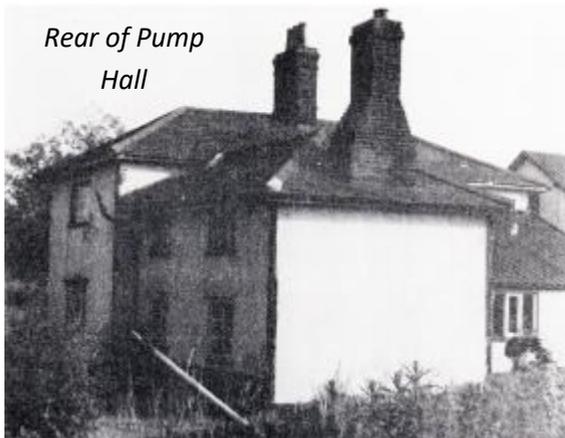
I'm yet to make my own visit, but I thought you might be interested in a little of the story of Pump Hall. Perhaps there's a story like this waiting to be discovered in your own home.



My grandfather's great grandparents William and Betsy Buckenham now lie in the Churchyard of Saint Remigius.

William had run a small farm of about 20 acres in South Elmham in Suffolk and must have spotted an opportunity when Pump Hall, its buildings, and 72 acres of land were advertised to let.

He and his family moved into Pump Hall in the Autumn of 1841.



It was newly built at the time. The previous resident - Samuel Sewell - had lived there for about a year since the Hall was built, and had farmed the lands there for five or so years previous. When he first began farming those lands, Samuel was a fairly prosperous farmer living at Plainwood Farm. A few years later he was farming 160 or so acres so the 72 acres in the fields around Pump Hall were not an insignificant area to him, but he was definitely more successful than William Buckenham.



Both Samuel's father and his grandfather had been farmers in Thorpe near Had-discoe. Although raised on a farm, he and his older brother George Drake Sewell had been apprenticed to drapers in London.

While George made a go of it, the life of a draper didn't seem to stick for Samuel. He returned to farming.

His brother in a way did so too.

As a successful draper he was able to purchase Plainwood Farm. Samuel then farmed its fields alongside those bordering the present day Pump Hall which were owned by a Mr Burton. Burton's lands bordered Sewells immediately to their East, so it made sense to work the land as a single large estate.

At that time a short drive led from what was then known as Buckle's Lane (now Ketteringham Lane) up a gradual slope to

a few farm buildings and a vacant lot where a home had once stood centuries previous. Those farm buildings were probably the present Home Farm.

The drive itself had been in use since at least the early 17th Century when it was described as a Common Road, perhaps known as Shovel Lane. It's probable from older descriptions (and the eye of faith when looking at a map) that Shovel Lane carried on to Plainwood Farm.

The contours of that soft incline up to Pump Hall are probably the remnants of a sunken road trod deep by many generations of farmers and their livestock. Previous to that, they look to be the continuation of a watercourse that still winds its way to the moated site of the old manor just south of Thickthorn Hall.



William's Wife Betsy

Pump Hall itself was built in the Summer of 1840 and Samuel Sewell looks to have moved there from Plainwood Farm almost immediately.

He was there for a year or so until his landlord Mr Burton sold up. He probably moved from there straight to Hethersett Hall. At any rate, he was living at Hethersett Hall by 1851.

Pump Hall was a solid looking building constructed of 'clay lump'. Large blocks of unfired clay had been fitted into wooden frames and rendered over to make the walls. This was a cheap method of construction as clay was plentiful and no firing was required.

The Hall was a fair size for a not quite gentleman farmer like my ancestor William. It had four rooms upstairs and two down, with the pump downstairs from which it was named. No-one needed to trek outside to a well for water during

winter - or at any time. It was a very desirable modern convenience. You'd hope the outhouse was an inhouse as well, but on that I don't have any information.

Thomas Burton had gained possession of the land as the executor of his father Thomas's will in 1831. He was supposed to have sold it within a year, but instead farmed it himself for a few years before having Samuel farm it on his behalf.

Burton was no stranger to bending a will to his own advantage. He'd cut his teeth as one of the executors to his father in law's will.

When James Hardy died in 1817 he had asked for this self same property to be sold within the year. Thomas had been happy to oblige. He sold it to his dad and what do you know, his dad gave it to him when he passed on.

Thomas lived in Langley Grange in Langley, and had large holdings there and elsewhere in Norfolk. The land in Hethersett was part of an extended estate that he probably found very necessary as he had 10 children to raise. So although it may have been a welcome part of his holdings, it can't have been near his heart. He parted with it in 1840 and never really looked back at Hethersett.

From the outside looking in, it may be that Thomas had been in a hurry to sell up:

The house was built quickly and cheaply and within a year both it and his other property in Hethersett - Wood Hall - were on the block. He moved back to Langley Grange and continued farming there. Ten or 15 years later he had lost everything, and perhaps this quick sale was an early symptom of his decline in fortunes.

The addition of an indoor pump may mean he was doing his utmost to maximise his profit on this sale. I picture it as something similar to adding a house to Whitechapel Road in Monopoly before selling. He added the pump to make it more attractive to a gentleman of reasonable means and hopefully up the price disproportionately.

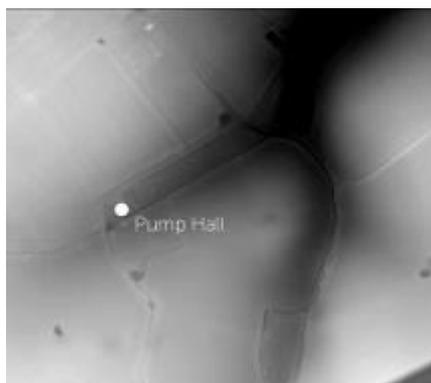
Perhaps he'd already extracted an agreement from Sewell that he would move in until the property there was sold. Samuel may well have liked the idea of no longer living in a farm owned by his brother.





In truth, though, these wheelings and dealings were not primarily about the house. The land was really what was most important about any sale Burton made there. It was fertile and rich and had been arable land as far back as records can show.

Next month, we'll take a look at the early history of the lands of Pump Hall farm.



Lewis will be writing regularly for Hethersett Herald on the history of our village.

Herald Health With Rowan House

Brett Rennolds is a qualified Solution Focused Hypnotherapist DSFH, HPD, MNCH NCH Supervisor and registered with the Complimentary & Natural Healthcare Council (CNHC). Brett will be providing signposting to aid in essential self care for all, via his website, in the sincere wish that the help helps.

You are stronger than you think!

May I break that down for you?

You – the person reading this blog.

Stronger – greater emotional strength; resilience, fortitude and determination. Think – inner voice, narrative with self.

At this unprecedented time I cannot emphasize this enough; ‘How you think will dictate how you feel’ therefore, to **be** stronger you will need to **think** you are.

“How you manage your thoughts during this period of social distancing and when necessary self-isolation, is imperative so you can sustain a positive state of mind.”

Remember: How you think will dictate how you feel.

The importance of thought cannot be overstated. Think of thought as that inner voice that narrates your life. I believe mine is akin to ‘Red’ from the Shore-shank Redemption (aka Morgan Freeman). I noticed some time ago, on a friend’s fridge, a magnet that said ‘Morgan Freeman narrates my life’ and it stuck with me.

Positive thought is essential and the intellectual returns for your wellbeing will be significant. When we think, act and interact positively we facilitate the production of the happy hormone; serotonin.

Positive thought requires personal effort. Positive thought requires you to make that effort, it cannot be done for you, remember ‘How you think dictates how you feel.’

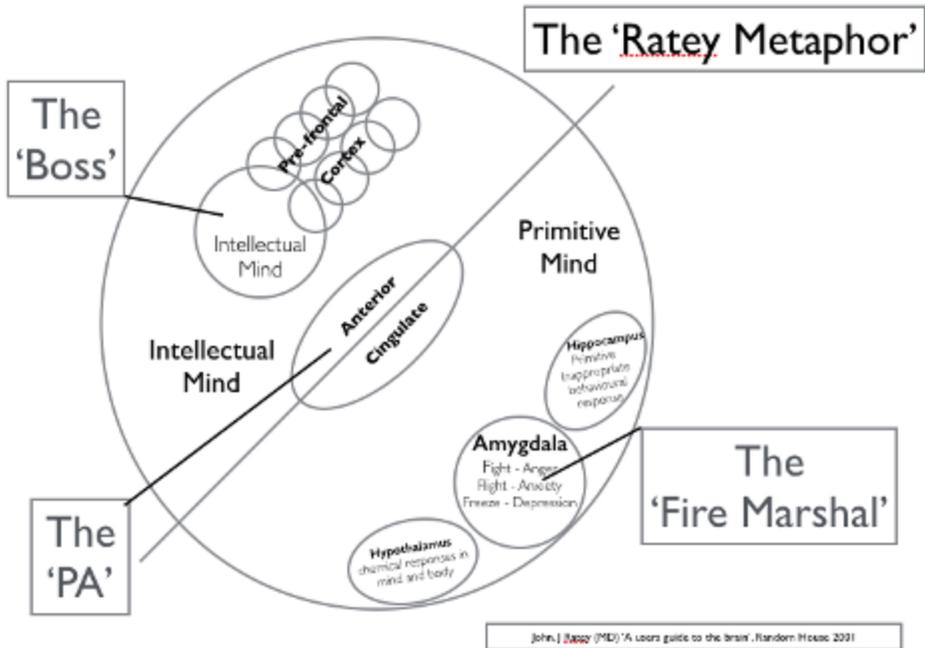
I do not want this perspective to come over as harsh or contrite however, understand this; the choice of how to think is in your gift and your gift only.

To nurture that inner voice and make you your very best friend start small.

Learning any new skill requires patience and compassion from the teacher and in this instance you are the teacher, teaching yourself to be more positive, patient and compassionate. Recall those individuals who taught you something, it is a fair to say that those who were patient and compassionate taught you something new making something easier for you.

Now construct a narrative where you are this kind teacher towards yourself.

Herald Health With Rowan House



- What small step can you take now to become more positive of thought?
- So what will be different for you in the future now you are more positive of thought?
- Now what will you be able to do now that you feel more positive?

These small steps are the archetypal foundations to sustaining and enduring positive thoughts, actions and interactions. It is by noticing, savouring and valuing the personal effort, application and learning you implement, that will fuel you with essential serotonin and see you through to the other side of this pandemic, a fitter and stronger version of yourself; You 2.0

Social media has never been so important to enabling connectivity with family and friends, indeed the face to face Zoom, FaceTime, Skype and others provide virtual contact and available neuroscience evidences that the brain cannot tell the difference between this and direct contact.

This means you get the same serotonin, endorphins and dopamine that you would get if you were in the same room.

Herald Health With Rowan House

Yet here is the rub... social media has always provided a platform for people to 'shout' and in the current pandemic it would suggest that so many are doing so. Well, good for them.

It's important to see social media for what it is; brand diversification, marketing and self-promotion in these uncertain times.

Everybody is scared by change and, although it's ok to acknowledge that fear, it is not ok for that fear to dominate your thoughts. Fear is fuel to that negative narration of your life. When I am guilty of this, we all are from time to time, my narrator switches from the dulcet tones of Mr Freeman (Red) to the cold articulation of Professor Snape, he of the Harry Potter films and the late great Alan Rickman.

Remember 'how you think dictates how you feel'. When I 'hear' Snape narrating my life I know I need to think differently. By thinking differently 'Red' will resume narration, deescalating my sense of fear and returning me to an equilibrium of calm, control and positivity.

Your salvation, during these uncertain times, is the anterior cingulate. The anterior cingulate is the area of your brain that literally has the ability to slow your thinking down.

The anterior cingulate allows you to acknowledge that you are scared but, most importantly, not be overwhelmed. Once you've acknowledged the fear, slow your thinking down, relax and switch the polarity around and focus your thought energy on how you want things to be, so that you attract the solutions, you attract good fortune like a magnet.

Think of the anterior cingulate as your own personal assistant, (PA), every good Boss has one.

The Boss, in this metaphor proffered by John, J Ratey MD in his book 'A users guide to the brain', is your preverbal Morgan Freeman aka Red. The PA keeps the 'silly' off the Boss's desk; most importantly the PA keeps the Fire Marshal, aka Snape, of the Boss's (Red's) call sheet.

This is to say at any time Snape's snake like whispers begin to narrate your life, the PA is there to acknowledge those concerns but firmly send them away. This intervention by the anterior cingulate aka PA ensures that the Boss aka Red can focus their energies on a thorough assessment of any given situation and identify the solutions that are right for you and the people you care most about. This intellectual control ensures the Fire Marshal, aka Snape, stays away; unless the building really is on fire.

Adoption of a solution-focused mind set will help you to remain present, mind-

Groups and Societies

Due to the current pandemic, groups and societies have shut down for the foreseeable future although we know that some are using social media platforms such as Zoom to have impromptu meetings. We have decided to keep our groups and societies section going during the pandemic with general information on a few groups. Please check with the individual groups about when meetings will recommence.

Jubilee Youth Club

Youth club for those who are aged 9, 10 or 11 runs every Wednesday 5:45-7:30 pm in term time and there are lots of fun activities planned with the young people. Lots seem to include food! If you want to see what it is like then go along and find out and hopefully have a great evening. Subs are £1.50 a week and there is a tuck shop if you wish to purchase sweets or crisps. Activities have included pancake making (and eating of course!) also a quiz and chips evening.

Then on the first Wednesday of the month there is a session for those at High School, age 11-14. Again subs are £1.50 and it is open to all, just go along from 7:30-9 pm at the hall. Recently they decorated flower pots which was very therapeutic and planted Primulas in them and also discussed lots of things that were important to them and how everyone had been feeling. There is never any pressure on anyone to join in the discussions if they don't feel comfortable. There is no reason not to go along for companionship and fun.

We are always looking for volunteers to help with the early group on a Wednesday evening to serve tuck, make drinks and generally help out. Whatever you feel comfortable with. We ask only that you commit to a regular time eg first Wednesday in the month or every other month. Please think about it and ar-

Please Get In Touch

If you have any stories or information you would like to see in the Hethersett Herald, please get in touch with us. You can find the contact details elsewhere in this edition.

Groups and Societies

range to go and see club or contact me on 01953 607566.

We are also expecting delivery of our new shed soon thanks to a very generous donation and also a badge making machine which will save us having to borrow one every time we want to make badges. We also hope to have this out at the fete too.

Editor's Note—The regular youth club sessions have been suspended for the duration of the current coronavirus outbreak. We will let you know in our groups and societies section when the club is due to re-start.

Hethersett Hawks Cycle Speedway

By Mel Perkins MBE

HETHERSETT Hawks/Yellow Brick Mortgages are the same as all sports clubs—frustrated to be in lockdown but fully understanding the situation. While some sports have talked optimistically of re-starting in May or June, British Cycling have taken a more realistic view and suspended all organised activity until June 30th at the earliest.

Club members will be raring to go as we had a great first club night and some new members—we just have to be patient and keep safe. You can keep up to date with our activities on our website www.hetherssetthawks.co.uk.

We are in the process of uploading records and statistics from past seasons, so if you were a star one day check out if the stats back that up!

Methodist Church

HETHERSETT Methodist Church holds shoppers' coffee mornings every Saturday from 10.30 am until midday. All are welcome with refreshments available. The art and craft group meets on Wednesday mornings at 10 am. Once again everyone is welcome and further details are available from Tina Greenhalgh on 810364.

Hethersett Short Mat Bowls Club

THE club plays all year round in Hethersett Village Hall and is affiliated to the English Short Mat Bowls Association. The club meets twice a week but inexperienced bowlers and newcomers are invited to attend the Friday evening sessions which take place at 7.30 pm. Sessions last for approximately two hours and take place on purpose-made bowling mats with refreshments served between games. Bowls can be provided. More information is available from Mick

Groups and Societies

Wright on 07825 759162.

Norfolk Association For The Disabled

By Angela Farrington

We are a group which enables people with disabilities, their carers and others who may want to join a friendly group for afternoon socials and trips out or for anyone wishing to volunteer their services to help others.

Our socials are held on the first Thursday of the month at Hethersett Methodist Church hall from 2-4 pm. We have three trips out each year. We can provide transport or help with taxi costs if needed. Feel free to turn up at any of our meetings and you will be guaranteed a very friendly welcome. Membership fees are due in April and are £15. The committee provide refreshments, sandwiches and cakes followed by a raffle with a fun activity or visiting entertainment at all socials.

For more information about the group please contact myself on 01603 810342

WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at petersteward@lineone.net.

Reports of events and meetings can also be sent to the above email address.

The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site

www.hethersettherald.weebly.com

Announcement of publication is also made on social media platforms including Facebook, Twitter and Next Door. You can also be notified via e-mail.

If you enjoy reading Hethersett Herald please pass details on.

Groups and Societies

(leave a message if I'm not at home) or Rob Reeve, chairperson on 01603 810440.

Hethersett Art Group 'Paint with Us'

By Ann Wright

The group meets on Thursdays from 1.30 to 4 pm in the Village Hall, Back Lane.

The group was formed in 2003 with 13 members. It has gone from strength to strength, now having over 30 members. About 15 members come each week from Hethersett and surrounding villages.

An annual exhibition of the artists' work is held in the autumn with no one under any obligation to exhibit their paintings, cards or small sculptures.

Artists of all abilities are welcome from beginners to experienced artists.

There is no formal tuition. We encourage each other and members are always willing to give help when asked.

The first session is free for new members. Contact email is suefhope@gmail.com or come on a Thursday to see if you would like to join us.

Membership is payable on a six monthly basis to cover the cost of hiring the hall and miscellaneous expenses.

Heart of Hethersett Group

The Heart of Hethersett Bereavement Group is widening its remit to take in a number of other subjects other than bereavement.

The group was formed four years ago and meets regularly every two weeks in the lounge at Woodcote Sheltered Housing complex in Firs Road from 5.30 until 6.30 pm.

Over the past few years the group has looked at many aspects of bereavement and also extended its remit to include depression and anxiety.

Now the group will be looking at a whole mix of subjects including loneliness, solitude and alienation, isolation, the use of social media etc. New members are always welcome although meetings at the present time have been suspended due to the Coronavirus outbreak.

Groups and Societies

Hethersett Dementia Support Group

The monthly café on 17th March is likely to be the last for some time until the Coronavirus outbreak ends.

Usually the support group organises an informal coffee morning on the first Tuesday of each month and a more structured morning which features films and speakers on the third Tuesday.

The café runs from 10 until 11.30 am and the regular dementia group sessions from 10 until midday. All meetings take place in Hethersett Methodist Church Hall.

Hethersett Pensioners' Association

The association meets monthly in Hethersett Methodist Church Hall from 2 to 4 pm.

Hethersett Parochial Charity

Funds are available for those in need in the village through the Parochial Charity.

If you know somebody in need who lives in the village contact clerk to the trustees Stephanie Clarke on 811589 or in writing to 43, Lynch Green, Hethersett, NR9 3JT.

Messy Church

Messy church dates in St Remigius for the remainder of 2020 are 11th July (picnic), 3rd October and 28th November. In the light of the Coronavirus please check whether these dates are going ahead.

Mothers Union

New members are always welcome. The group meets in the Church Hall in Henstead Road on the fourth Monday of the month from 1.30 pm.

As well as enjoying talks, the group also raises money for the Mothers' Union around the world.

Where To Eat In Hethersett

Church Farm Shop and Tea Rooms -

Norwich Road (B1172). Telephone 01603 814151

Open Mondays to Saturdays 9 am to 5 pm. Closed on Sundays.

Janey's Village Café -

32A Mill Road. Telephone 01603 811234. e-mail - janeyd11@yahoo.co.uk.

Open Monday, Tuesday, Wednesday, Thursday and Sunday 8 am to 3 pm.

Friday and Saturday 8 am to 5 pm.

Hethersett Queen's Head -

12 Norwich Road. Telephone 01603 810226.

Food served Monday to Thursday 11.45 am to 2 pm (lunch) and 6-8.30 pm (evening meal). Friday and Saturday 11.45 am to 2.15 pm and 5.30 to 9.30 pm. Sunday carvery sittings at midday and 2 pm. Evening meals 5 to 8.30 pm.

Park Farm Hotel

On the B1172 at Hethersett. NR9 3DL. Telephone 01603 810264. e-mail enq@parkfarm-hotel.co.uk.

Park Farm is a luxury country hotel with spa and fitness facilities and a number of places to eat throughout the day. For more information visit their website at <https://www.parkfarm-hotel.co.uk>.

Café Kin

Rowan House, Queen's Road, Hethersett.

The latest edition to Hethersett coffee culture, Café Kin is part of the Rowan House Health and Well Being complex on Queen's Road. Food and coffee served during the day from 8 am until 2.45 pm Mondays to Fridays.

*

*

*

You will also find a variety of eating outlets close to the Thickthorn Services area off the B1172. These are technically in Hethersett, although they are two miles from the village centre.

Outlets include Greggs, Burger King, Subway and McDonalds and there is also a petrol station and Travelodge.

All the above are closed at the present time due to the coronavirus outbreak. We will inform you of re-opening dates as soon as we have them.

Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

www.hethersettherald.weebly.com

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net. Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

Herald Team

Editor - Peter Steward

Associate Editors - Roger Morgan, Gary Wyatt and Hannah Harrison.

Columnists - Scott Willoughby. Connie Tindale and Penelope Brown

Proof Reader - Anne Steward.

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.

Hethersett Herald What's On

The following are just some of the regular events taking place in Hethersett. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address:

petersteward@lineone.net

Please note that these events will not be taking place at present due to Coronavirus. We have decided to keep this page active in order to inform residents of what is available to them once the epidemic is over.

Regular Events:

Hethersett Croquet Club meets on the Memorial Playing Field from 2.30 pm on Wednesday and Saturdays during the summer.

Hethersett Methodist Church Art and Craft Group meets in the Methodist Church Hall from 10 am on Wednesdays. Further details available from Tina Greenhalgh on 01603 810364.

Hethersett Table Tennis Club meets in Hethersett Methodist Church Hall from 7 pm on Fridays.

Hethersett Methodist Church Shoppers' Coffee takes place on Saturdays from 10.30 am until midday.

First Steps pre-school Group meets in Hethersett Village Hall on Tuesdays from 10 am during school term time.

The Heart of Hethersett Bereavement Group meets in the lounge of Woodcote Sheltered Housing complex from 5.30 to 6.30 pm on alternate Tuesdays. All welcome, light refreshments available free of charge.

Hethersett Dementia Support Group's monthly café takes place in Hethersett Methodist Church Hall from 10 am until midday every third Tuesday. There is also a social morning meeting on the first Tuesday of each month from 10 until 11.30 am.

Hethersett Short Mat Bowls Club plays two sessions each week in Hethersett Village Hall. The first is on Tuesday afternoons from 2.15 pm for a 2.30 pm start and the second is on Friday evenings at 7.15 pm for a 7.30 pm start.

In the light of the Coronavirus epidemic we have suspended our May What's on listings. The listings will be re-introduced once groups and societies begin meeting again.

Hethersett Social Club



In light of the coronavirus please check on the club's website on club's hours and coming attractions. The club is currently closed

Normal Club Opening Hours are:

Monday - Closed

Tuesday - 7 pm to 11 pm

Wednesday - 7 pm to 11 pm

Thursday - 7 pm to 11 pm

Friday - 5 pm to 11.30 pm

Saturday - 12 pm to 12 am

Sunday - 12 pm to 6 pm

For more information on club activities telephone 01603 811195 or visit the official website at: www.hethersettsocialclub.co.uk

News From Hethersett Library

Library Shuts Its Doors

HETHERSETT Library shut its doors on 21st March and will be closed for at least three months as part of the precautions taken against the Coronavirus. During that time there will be no need to renew books and no fines will accrue. We will have details of the re-opening as soon as a decision is made.



Herald's Lockdown Quiz

Round 1 - Can I have a P ?

1. What P is the longest river in Italy?
2. What P is the first name of the American showman P.T Barnham?
3. What P is the general name of the family of birds to which the lapwing or peewit belong
4. Two books in the Old Testament begin with P. Name both
5. What P is an English football league team that plays its home games at Deedale?
6. What P is the name of Bob the builder's cat?
7. What P is a horse that is golden in colour with a cream and white tail?
8. Which P had a N°1 hit in March 1996 with "Firestarter"?
9. What P has red feet in summer and yellow feet in winter?
10. Which P is a device invented in the 1940's by Edwin Land?

Round 2 – Play the game

1. What game is played using 30 counters on 24 points?
2. In what game must you 'knuckle down' before shooting?
3. What do the Americans call the old English dice game of hazard?
4. What is the highest winning hand in a game of poker?
5. What two numbers are on either side of N° 11 on a standard dart board?
6. How many holes are there on a solitaire board?
7. In which game can you perform the following stunts – 'over the back, scatters, and pigs in the pen'?
8. In the original game of Trivial Pursuit, What colour are the Literature category of questions?
9. Which two Cluedo weapons begin with the same letter?
10. Which card game derives its name from the Spanish for 'basket'?

Round 3 – The Weakest Link

1. What is the world's warmest sea?
2. Which veteran actress's name sounds as though she can defrost cattle?
3. When it is midnight in Montreal, what time is it in New York?
4. On which island was Captain Cook murdered?
5. In which month was President Kennedy assassinated?
6. Which famous Second World War soldier had the same name as Hilda Ogden's cat?
7. What is the largest country in the world with nine letters in its name?
8. The RER is part of which city's underground system?
9. Brassica rapa is the Latin name for which vegetable?
10. In the Man form UNCLE what does the E in uncle stand for?

Round 4 – Norfolk and Norwich

1. What is a cinnamon Norwich?
2. Which local T.V. presenter was the first human to appear on 'Spitting Image'?
3. Where in Norwich would you see a statue of Sir Thomas Brown reading a book?
4. The natives of which Norfolk town are known as 'shannocks'?
5. What two sea areas lie off the Norfolk coast?
6. On which Norwich street would you find the Octagon Chapel?
7. Before Carrow, where did Colmans mill their mustard?
8. Who was Norwich City's top scorer in the 2000/21 season?
9. In which year was the foundation stone laid for the Norfolk and Norwich hospital – within ten years
10. In which Norfolk town was Anna Sewell born?

Round 5 – That's Entertaining

1. In which year did 'Gone with the wind' win the Oscar for best film?
2. Which T.V. series was based on the 'Raj Quartet' by Paul Scott?
3. What is the longest running science programme on British television?
4. In the Beatle's song 'A Day in the Life', how many holes were there in Blackburn Lancashire?

5. What was snooker referee, Len Ganley advertising when he crushed a snooker ball to powder?
6. In 'Popstars' what was nasty Nigel's surname?
7. Which European country shares its name with Kim Bassinger's daughter?
8. Who was replaced on 'Have I got News for You' by a tub of lard?
9. What does BAFTA stand for?
10. Who lived in the Suffolk village of Stackton Tressel?

Round 6 – Sporting Knowledge

1. Which player became the first person to play in all four English football leagues in one season?
2. Who won last year's (2000) Ladies' single title at the Wimbledon Tennis championships?
3. How was sportsman Walker Smith better known?
4. How many players are there on court at any one time, in a game of basketball?
5. New Zealand batsman, Craig McMillan made cricket history in March 2001 when he hit the highest number of runs in one over in a test match. How many runs?
6. What is the last event in the decathlon?
7. Which country retained Golf's Dunhill cup in 1998?
8. Who was the 'Craft Cockney'?
9. David Watkins scored 221 goals in a season for which Rugby League club?
10. What is the name of the boat, in which Ellen McArthur sailed round the world?

Round 7 – On this day.....

1. Which politician said in a speech on the 19th May 1856 "The ballot is mightier than the bullet"?
2. On the 19th May 1900, Britain annexed Tonga. What was it formerly known as?
3. Which country gave white women the vote for the first time on the 19th May 1930?
4. T.E. Lawrence or Lawrence of Arabia died on the 19th May after a motorcycle accident. In what year?
5. On the 19th May 1947 the House of Lords attacked a plan to build a power station at Bankside in London. What is this power station used for now?
6. The 19th May 1958 saw the UK premier of the play 'The Birthday Party'. Who wrote it?
7. Which British car company was lent £20 million on the 19th May 1970, to help it out of its financial difficulties?
8. Which European film actress was jailed on 19th May 1982 for tax evasion?
9. Who on the 19th May 1990 publicly ate a beefburger to calm peoples fears

about BSE?

10. Which British gold medal winner at the Sydney Olympics makes his professional debut today.

Round 8 – It's all in the mind

1. How many humps does an Arabian camel have?
2. Dolly Parton's vital statistics. How tall is she? (I'll give you an inch either way)
3. Why did Hansje Brinker become a legend in the Netherlands?
4. What is a dik-dik?
5. What does the expression 'The old woman is plucking her goose' mean?
6. In this throwaway age what is the Christian name of John Wayne Bobbitt's wife?
7. Who was 'tumbledown Dick'?
8. Ivana Trump's daughter has a similar name but with an extra letter in it. What is her name?
9. If you had 'breaky bottom' what would you be doing?
10. What is Japanese for 'divine wind'?

Answers on the next page –no peeking though.

More quizzing from Roger next month.



From the archives Lockdown Quiz Answers

Can I have a P?

1 The Po, 2 Phineas, 3 Plover, 4 Psalms and proverbs, 5 Preston North End, 6 Pilchard, 7 Palamino. 8 Proddy, 9 Puffin, 10 Polaroid camera.

Play the Game

1 Backgammon, 2 Marbles, 3 Craps, 4 Royal Flush, 5 14 and 8, 6 33, 7 Jacks, 8 Brown, 9 Rope and revolver, 10 Canasta

The Weakest Link

1 The Red Sea, 2 Thora Hird, 3 Midnight, 4 Hawaii, 5 November, 6 Rommell, 7 Australia, 8 Paris, 9 Turnip, 10 Enforcement.

Norfolk and Norwich

1 A Canary, 2 Stewart White (BBC Look East), 3 Haymarket, 4 Sheringham, 5 Thames and Humber, 6 Colegate, 7 Stoke Holy Cross, 8 Ewan Roberts, 9 1771, 10 Great Yarmouth

That's Entertaining

1 1939, 2 The Jewel In The Crown, 3 The Sky at Night 4 4,000, 5 Carling Black Label, 6 Lythgoe, 7 Ireland, 8 Roy Hattersley, 9 British Academy of Film and Television Arts, 10 Hinge and Bracket.

Sporting Knowledge

1 Tony Cottee, 2 Venus Williams, 3 Sugar Ray Robinson, 4 10, 5 26 (five fours and a six), 6 1,500 metres, 7 South Africa, 8 Eric Bristow, 9 Salford, 10 Kingfisher.

On this day...

1 Abraham Lincoln, 2 The Friendly Islands, 3 South Africa, 4 1935, 5 The Tate Modern, 6 Harold Pinter, 7 Rolls Royce, 8 Sophia Loren, 9 John Gummer, 10 Audley Harrison.

It's All In The Mind

1 1, 2 5ft 1in, 3 He put his finger in a dyke, 4 An Antelope, 5 It's snowing, 6 Lorena 7 Richard Cromwell, 8 Ivanka, 9 Drinking wine, 10 Kamikaze