

HETHERSETT HERALD

November 2019

Number 49



Promoting Hethersett

OVER 20 organisations, groups and clubs came together in Hethersett Village Hall on October 27th for Hethersett Societies' Day organised by Hethersett Parish Council. To read about the event turn to page 16.

Looking After Well Being

A NEW monthly well being evening aimed at youngsters is being launched by Hethersett Jubilee Youth Club.

The evenings will be open for children of school years seven, eight and nine and will give the youngsters a chance to "take some time out for themselves and focus on their well being."

The evenings will look to provide a calm session for young people in which they can relax and enjoy activities and talk to workers about things that are important to them.

There will be a taster session on 6th November to kick the initiative off. The usual charge will be £1.50 per evening.

We met up with youth worker Emma Howe (pictured above) to talk about the new idea and the health of young people. You can read what she had to say starting on page four.



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A Message From The Editor



WHEN in the dim mists of the past I was at journalism college we were always told that stories should be balanced and give both sides of any argument.

That held sway for many years, but now I'm not so sure.

In those heady days of the 1970s there seemed to be a lot more honesty around, even if we did suffer strikes and three day weeks and all that mayhem.

Then the so called spin doctors arrived to ply their trade and everything changed. Answers to journalist's questions became predictable and trite and over the years this has become even truer.

Nowadays the downright evasive has become the norm and that's not even taking "fake news" into account. Politicians seem to avoid giving a direct answer to any questions and lying seems to be perfectly acceptable.

So just what does this have to do with Hethersett? It's simply me asking the question: Should I go against my journalistic principles and, at times, not give a balanced report?

There is a world of difference from what I'm doing now and what I did when I worked on newspapers. My function today is to promote our village and to try and cut through some of the nonsense promulgated by certain sections of the community and outside sources.

And when the facts speak louder than words, I know it is time to perhaps be a little biased in my reporting.

Take the King's Head pub for example. Am I biased in the comments I have made over the past two or three months? You bet your life I am. It is this publication's duty to point out where we feel things are going wrong and where organisations and groups obviously do not have the best interests of our village at the centre of what they are doing. That certainly seems to be the case with the King's.

I fear for the future of our lovely village pub and that's based on the fact that everything seems to be stagnant with the owners not even bothering to keep the gardens and the forecourt tidy. So are we really interested in giving them a voice? I would suggest the answer is a resounding no.

Peter Steward (Editor)

New Initiative to Help Youngsters

(continued from the front page)

A new initiative at Hethersett Youth Club is aimed at giving young people space and time to help with their well being.

The well being evening will be held on the first Wednesday of each month during term time between 7.45 and 9 pm to give youngsters of school years seven, eight and nine a chance to meet together and take part in structured activities in a calm atmosphere.



With three adult support workers present at each session, there will also be the opportunity of one-to-one support where youngsters can discuss any problems or concerns.

The sessions will take the place of the weekly senior youth club which has seen numbers decline. The junior club will continue and has been thriving with increased numbers. This will continue to meet on Wednesday evenings during term time from 5.45 until 7.30 pm for school years five and six.

More details are on the poster on page five of this edition of Hethersett Herald.

It is also possible that a youth café for year 11 youngsters will be set-up in the near future. We will let you know about this as and when it happens.

Speaking of the new well being sessions, youth worker Emma Howe (pictured above outside the youth club) said: “We want to provide somewhere for young people to go where they can be calm and talk to each other. We want to help them to have a positive mental attitude.

“We will have structured activities and will also be looking at our own surroundings and how the world is changing. There will also be team-building exercises,” Emma said, adding that the sessions would also be suitable for home-schooled children

“I believe there is more and more need for this kind of thing. Social Media has brought unique problems for young people to face,” Emma added. Whilst electronic devices won’t be banned at the sessions, they will only be used to enhance activities.

Youth club staples such as drinks and tuck will also be available although there may be “a healthy twist” to what’s on offer.

Hethersett Jubilee Youth Club

Back Lane, Hethersett

We are pleased to announce that we are launching a new **Well-Being** evening.

This will be on the first Wednesday of each month between 7.45pm until 9.00pm.

This new service and will be open for years 7, 8, and 9.

We are hoping that this will be a chance for young people to take some time for themselves and focus on their well-being. This will be a calm session for young people to relax and enjoy activities and talk to workers about things that are important to them.

£1.50 per member per week.

Our taster session will be on the 6th November.

Please come along and see what its about.

(Please note this is instead of senior youth club)

Junior Club will still be running as normal every Wednesday evening 5.45pm until 7.30pm.

This a club for young people to enjoy a wide range of activities including cooking, pool, table tennis, wii, arts and crafts.

This is open to years 5 and 6. £1.50 per week.

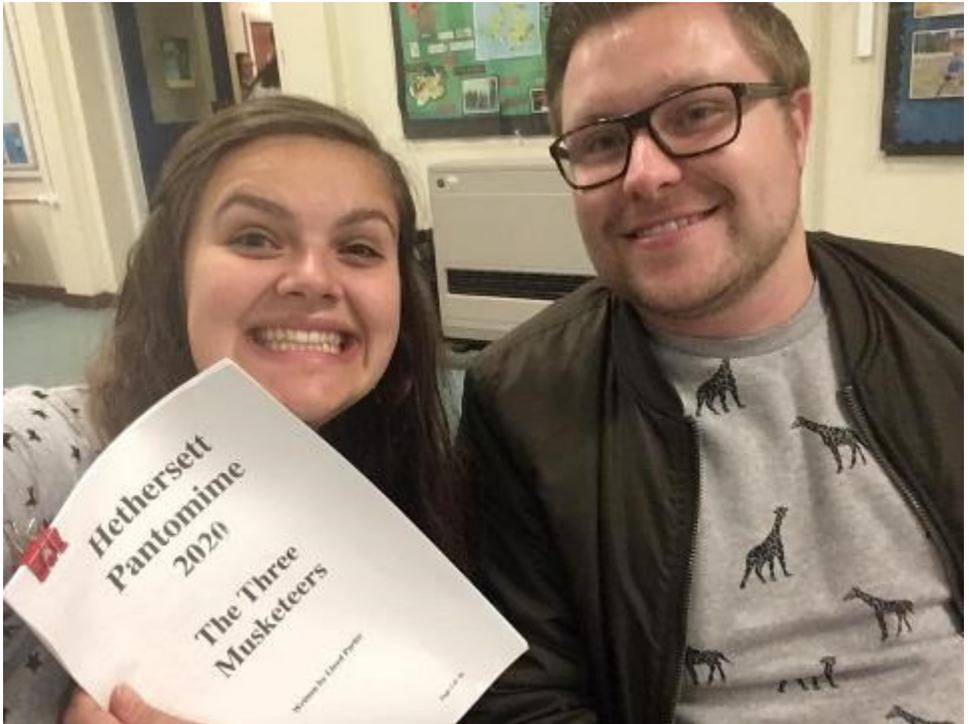
Home schooled young people very welcome these session are open for all.

Please contact Emma Howe 07760 283864

or

ehowe449@gmail.com

New Show for Pantomime Group



IT'S NEVER been seen before on the pantomime stage in Hethersett.

The village pantomime group will be branching out into new territory next January with its first ever production of the Three Musketeers.

The Three Musketeers has not featured in the 51 year history of the group and in an unbroken run that goes back to 1970.

The rehearsals are underway, the scenery is being prepared, lines are being learnt and the group say "let the pantomime craziness begin." Pictured above are cast members Lauren Ellero and Daniel Orford with the first draft of the script.

The pantomime will run from January 18th to 25th with 10 performances including two shows on the Sunday, something that proved so popular this year. Once again it is likely that the shows will be a sell out and tickets go on sale on October 31st. Performances will be on the following dates and at the following times:

Saturday 18th January 2 pm and 7:30 pm, Sunday 19th January 11 am and 3 pm, Tuesday 21st January at 7:30 pm, Wednesday 22nd January at 7:30 pm, Thursday 23rd January at 7:30 pm, Friday 24th January at 7:30 pm, Saturday 25th January 2 pm and 7:30 pm. There are no performances on Monday 20th January.

All tickets are £7.50 which includes a cup of tea or coffee in the interval. Online Booking will open at the beginning of November. More information is available on the group's website. Just Google Hethersett Pantomime Group.

Tickets will also be available to purchase in the Library on Ticket Days in November and December.

Date Set For 2020 Fun Run

THE date for the 2020 Hethersett Run the Square fun run has been confirmed as Sunday, 12th July, 2020. This is a change from the original date to avoid a clash with the Norwich 10k event.

Next year will be the 10th Anniversary of the Olympic Legacy event and will be well timed as it will be just over a week before the start of the Tokyo Olympics.

Organiser Shane Hull is promising “the biggest and best event yet and is hoping to get a sporting celebrity as the “guest starter.”

We will have more details of the event as they become available. Our photograph shows some of the finishers at the end of one of the events from a number of years ago.



Forties Feel For Relauched Players

THE response to the news that Hethersett Players' drama group is re-forming has been very positive according to the group who posted the following message on its Facebook page.

"Thanks to everyone who has shown an interest. We have been incredibly impressed by the level of interest shown by the community in our announcements so far."

The group will be holding a workshop on November 10th in Hethersett Village Hall from 10 am until 2 pm. This will give the chance for all those interested in the group to get together and showcase their skills and there will be informal auditions via observation to find potential actors for upcoming roles.

The group is also looking for non-acting members and inviting people along "to hear what's going to be in store for our first production." Membership and the future of the group will also be discussed.

People intending to attend the Workshop should book in by contacting the Players through their website at <https://hethersettplayers.co.uk/>

The Players have already announced their first production which will be a celebration of the 75th anniversary of VE Day in June 2020. A night of entertainment will include 1940s costumes, singing and a performance of one of the classic Dad's army episodes "Mum's Army".



Be On Lookout For Suspicious Behaviour

The following warning is taken from the Next Door Social Website:

I had a visit from two suspicious individuals in an old blue or dark coloured car last night (October 24th) at about 10.30 pm. They drove up my drive with their lights off and then reversed back down the drive without lights when they spotted my neighbour.

Be wary anyone in the Grove Road area and make sure you keep everything locked.

Multi Million Complex For Sale

HETHERSETT Old Hall School could fetch up to £4 million.

The complex on the B1172 is being offered for sale by Savill's Estate Agents of Norwich. The sale features 14 buildings set within approximately 14.3 acres of ground and is listed as "an excellent investment opportunity."

Offers are being sought for the estate as a whole. On its website Savill's describes the complex as:

"A collection of buildings, some of which date back to the 17th and 18th Century, with Hethersett Old Hall School moving into the Old Hall in 1938.

"The property has seen various expansions over the last 80 years with new blocks being built at various times and as recently as 2000. The property was formerly used by Hethersett Old Hall School as an independent co-educational boarding and day school.

"The school is set within approximately 5.72 hectares (14.13 acres) including a playing field of approximately 3.7 acres to the south and 14 principal buildings to the north. The total floor area of the buildings is approximately 60,053 sq ft (5,579 sq m). Several of the buildings are Grade II Listed and their character helps define the identity of the locality. The school and buildings are situated on the northern half of the site. To the east and west of the site respectively are the swimming pool and sports hall. The school is formed from a series of boarding and teaching blocks."

Savill's state that they have had a number of declarations of interest in the site. They describe our village as :

"a desirable residential settlement with a number of repurposed old halls and attractive listed properties."

Meanwhile the Facebook page set-up by former pupils at the school, which



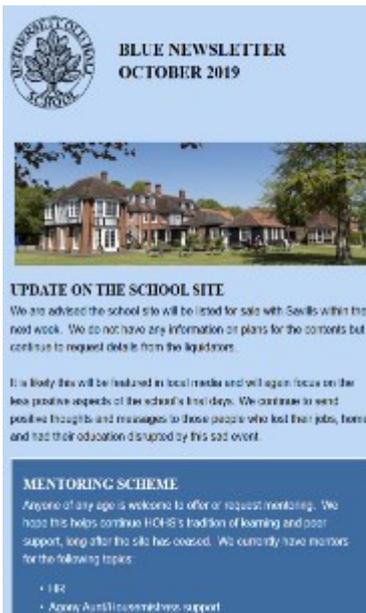
closed in July, continues to go from strength to strength.

A newsletter (pictured opposite) has been produced to keep former pupils in touch with the school following its shock closure.

We are grateful for the comments made on the front page of the publication under the heading: "Thank You," where the following comment is:

"The Last Speech Day received a fantastic write-up in The Hethersett Herald. Thank you very much for their coverage and support." You can read the relevant stories in the October edition."

EDITOR'S NOTE—Edition 48 (October 2019) along with all the other back copies can be viewed by going to www.hetherssettherald.weebly.com.



Competition For Young Writers

A SHORT story competition for youngsters has been launched in Hethersett.

Funded by local writer Connie Tindale, the competition is open to students from years seven to 11 inclusive who either live in Hethersett or attend Hethersett Academy.

It is the second year the competition has been held with last year proving an overwhelming success. Once again there will be a first prize of £100, two runner-up prizes of £50 each and three third prizes of £25 each.

This year's subject is a story starting with the words "If only _____ had been." The blank can be replaced by any name the writer wishes to include. Entries should be 1,500 words or less and can be either handwritten or typed on a computer.

Entries will once again be judged by members of Hethersett Writers' Group and the prizewinners will be featured in future editions of Hethersett Herald.

Closing date for entries is 18th December and winners will be announced in January. Full details are on the next page.

Hethersett Young Writers' Short Story Competition - 2019



Students in years 7 to 11

One First prize of £100

Two Runner-Up prizes of £50 each

Three Third Prizes of £25 each

Subject – You entry must start with the words ‘**if only * had been** ...(* can be he, she, it, they, a person’s name or whatever is needed for your story).) ..’

Entry – The competition is open to young people who either live in Hethersett or attend Hethersett Academy. An entry form is not needed but be sure to clearly state your name, your School and your school year. Entries can be hand written or a computer printout

Word Limit: 1,500 words. Please do not exceed the word limit. For handwritten entries three sides is sufficient.

Closing date for entries is Wednesday the 18th December, 2019. Winners will be notified in January. Prizes must be collected and will not be posted.

The writer of the winning entry will receive a cheque for £100 and have their piece reproduced in the Hethersett Herald e-magazine and possibly in other publications. Entries can be posted or delivered to Connie Tindale at 13, Grove Road, Hethersett, NR9 3JP or submitted through Hethersett Academy. Alternatively entries can be e-mailed directly to connie@connietindale.com.

Late entries cannot be considered. Judges’ decisions are final. Entries will not be returned..

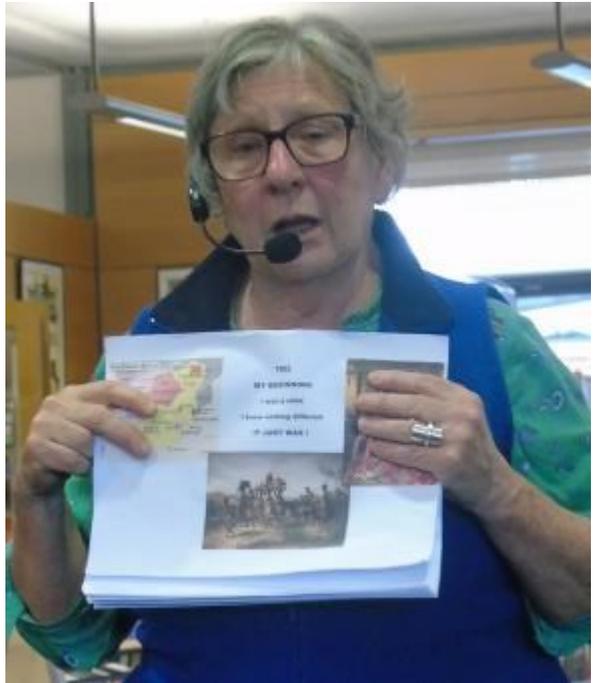
This competition has been privately funded by a Hethersett Resident.



Jo's World

HETHERSETT-based artist Jo Cole, who paints under her maiden name of Jocelyn Jacobson, gave an illustrated talk about her art at Norwich Forum during Black History month in October.

Jo explained much of the symbolism in her work, much of which has a political slant from her years spent in her native Zimbabwe. Jo also described her life growing up in Africa and her life since leaving the continent. She is pictured opposite at the Forum and above is part of one of her very large works which was on display in the Forum.



Picture This with Angela Eden



OUR regular photographer Angela Eden has been out with her camera in the Back Lane area of the village and shot the following colourful pictures. Turn to page 83 to see more photographs on the changing face of Back Lane.



Letter To The Editor

Dear Editor

I was pleasantly surprised to see that Norfolk County Council Highways Department had responded pretty quickly to my email raising concern over the amount of water that collects on the road outside the Methodist Church. Waiting for a bus when there's been a downpour causes the passengers nightmares - we get drenched.

Hurrah, thank you Norfolk County Council you've put a drain in the road- no more getting soaked - problem is no-one checked the road around the drain! Because it's so uneven some of the water still sits on the surface.

Dare I contact the Highways Dept again? We have had more than our fair share of road works of late.

Regards

C Reeve

EDITOR'S COMMENT—We have also received other comments from people who have suffered at the hands of inconsiderate motorists. Having said that there still seems to be a problem which definitely needs attending to.

Storm Clouds Over Hethersett—Sunday October 20th





THESE double yellow lines caused consternation at the latest meeting of Hethersett Parish Council. To read why turn to page

A Hidden Floral Gem

ALWAYS keep your eyes open when walking round the village as there are small gems everywhere that you just might miss.

We spotted these floral arrangements in small wheelbarrows in Churchfields.

If you come across interesting objects in the village that residents should be aware of but might have missed do send them to us.



Coming Together



CLUBS, groups and organisations came together on Sunday 27th October to show just what the village has to offer.

Societies Day

Over 20 organisations were represented ranging from groups supporting the elderly to flower and plant clubs. The event was sponsored by Smith and Pinching, Independent Financial Advisers.

Groups represented included the following—Hethersett Environmental Action Team (HEAT), Hethersett Parish Council, Hethersett and District Horticultural Society, Cringleford and Hethersett Flower Club, the Hardy Plant Society (Norfolk and Suffolk Group), the Norfolk Group of the Alpine Garden Society, Hethersett Women's Institute, Hethersett and District Churches Together, Hethersett Village Screen, Hethersett Pensioners' Association, Hethersett Dementia Support Group, Hethersett Herald, Probus Club, Workers' Education Association, Hethersett Society, Friends of Hethersett Library, the Norfolk Association for the Disabled, Toadwatch, Hethersett Singers, Heart of Hethersett Bereavement Support Group and Hethersett Methodist Church.

A number of the groups were able to sign up new members, although the overall response from the public was probably a touch disappointing. The day did illustrate perfectly the diverse nature of what is available in Hethersett both from a point of support and also entertainment. Over the next three pages we feature photographs from the event.



Societies Day



Societies Day



Societies Day



Time to Overcome Greed

THE Rector of Hethersett, the Rev Derek McClean, has admitted to feeling “ashamed” of the greed that accompanies Black Friday.

Writing in the October edition of the village Good News magazine, he laments the scenes that surround Black Friday—the annual festival of sales selling named after the day that American businesses typically go into the black after being in the red for the previous nine plus months.

“A couple of years ago I mentioned how much I thought that the American Tradition of Thanksgiving is a wonderful thing. A time to reflect and give thanks for all that we have. This is the very core of Harvest—giving thanks for all that we have been given by God



WE all love a bargain but need to pause and remember all those who don't have what we have—Rev Derek McClean

in this wonderful world of his. Sadly even the tradition of Thanksgiving has been marred. How? Black Friday,” the Rector wrote.

“Let’s be honest we all love a good bargain. Many of us have grown-up hoarding our Christmas Money for the January sales. Yet, as I’ve so often heard, a bargain is only a bargain if you really need it.

“The scenes of Black Friday shopping leave me somewhat ashamed. Whether or not it is the case, they speak to me of the selfishness and greed in the human heart. The very antithesis of what Thanksgiving is about.

“May the blessings of Harvest cause us to pause and remember all those who don’t have what we have and look to help them in their time of need and may we look to overcome our own greed and selfishness,” Rev McClean said.

St Remigius Church celebrated Harvest with an all age informal communion and service on October 6th.

King's Head Watch

AS promised we are keeping a weather-eye on the deteriorating state of the King's Head. These are the latest photographs.

From This

2010



To This



King's Head Watch

No Action At King's Head

ANOTHER month goes by and nothing happens at the King's Head.

Herald Comment

We make no apologies for once again carrying pictures of the deteriorating state of what should be a thriving and historic community pub.

The owners seem to have no intention of undertaking the most basic tidying of the site whilst they continue to point out via a sign at the front that this is "an excellent business opportunity."

We came across an article on the internet this month stating that the Ei pub group which owns Hethersett King's Head has agreed to sell the commercial property arm of its company to a US-based hedge fund.



This means that 370 of the 412 commercial properties will be sold to Tavern Propco for £348 million. It's not known whether our King's Head is amongst the properties being sold but the thought is quite frightening as a comment from the Chief Executive Officer of the Ei group Simon Townsend illustrates. How about this for a piece of psychobabble?

"We are very pleased to have agreed the sale of the portfolio, which is in line with our strategy of delivering attractive and sustainable returns to Shareholders by unlocking the embedded value and optimising the returns from every asset within the business. The portfolio is comprised of high-quality assets which we believe are best suited to a free-of-tie, rent-only business model. Throughout the sale process, we have been impressed with the commitment and speed of execution."

Whilst it's good to note that shareholders are being looked after, the comments make absolutely no reference to community involvement and we must question the commitment of whoever currently owns the premises.

King's Head Watch





New Charity Shop

HETHERSETT'S new charity shop officially opened in October and has already enjoyed a good response from the public who have praised it for its colour and variety of goods available at "excellent prices."

Kett's Kabin in Queen's Road is a "not for profit" community store set-up to raise funds to support young people with mental health problems.

Kassie Prime from Hethersett is behind the project which will have the aim of equipping 16 to 24-year-olds with practical skills such as book keeping and profit management and at the same time helping with their mental well being.

We will have a full feature on Kett's Kabin in the next edition of Hethersett Herald.

News From The Parish Council

Clarifying Open Space

HETHERSETT Parish Council is to ask for a meeting with developers and South Norfolk Council to clarify the supply and use of open space and recreational land on the new North Hethersett development.

The shape and use of open spaces on new development in the village seems to have changed and shifted numerous times over the past few years and this has led to confusion over what will be provided.

Now parish councillors are to seek

guidance on whether the land will be used as meadow space, for impromptu games or for more structured sport or a mix of the three.

“We need to clarify exactly what the open spaces will be used for,” said parish council chairman Adrienne Quinlan.

Members of the council’s development committee will now seek a meeting.

“We need to go to the meeting with a clear idea of what we want,” said Councillor Mike Stark.

LITTER-pickers have been warned to be careful after a number of needles have been found in the Admirals Way area of the village. The police have been informed of this.

EACH of Hethersett’s district councillors has a £1,000 personal budget to award to deserving causes in the village. To apply please e-mail one or all of them. Contact details are printed elsewhere in this edition.

Get In Touch

If you have any stories or information you would like to see in the Hethersett Herald, please get in touch with us. You can find the contact details elsewhere in this edition.

News From The Parish Council

Continuing The Fight Against Speeding

HETHERSETT Parish Council has approved a “part-time” 20 mph electronic sign to be used at school times and to be situated in Queen’s Road close to the library in the direction of Norwich Road.

The council is also considering a new sign somewhere in the village to inform motorists of their speed. Councillors agreed in principle, subject to suitable site (s) being found. A machine would also be able to download data about speed in the village but wouldn’t be used to catch individual speeding motorists. The data produced would be helpful to the village’s speedwatch scheme.

The cost of the traffic measures would be met jointly by the parish council and Norfolk County Council under the parish partnership scheme.

The council is also looking to purchase a new litter bin for the new cycle path behind Kett’s Oak.

Flooding Problem

OCTOBER’S torrential downpours once again caused flooding in the South Croft area of the village, councillors heard at their October meeting.

Hethersett County and District Council representative David Bills said the county highways’ authority is working with Saffron Housing to attempt to sort the problem out and establish the cause.

This includes ensuring that drains are kept clear and investigating a number of possibilities for the problem.

Action over flooding in the Karen Close/St David’s Road area seems to have been successful.

Members heard that Norfolk County Council’s Highways’ Department has agreed that the painting of double yellow lines on the new speed hump in Great Melton Road is of poor quality.

A Poo Conundrum

Just what happens to dog poo which is bagged up and put in either dog bins or household waste bins? That is the thorny question asked by councillors at the October meeting..

District Councillor Adrian Dearnley believes the poo is incinerated, but agreed to look into the situation and report back to a future meeting of the parish council.

News From the Parish Council

Parish Council Meeting Dates

HETHERSETT Parish Council meets on the third Monday of each month with full council meetings starting at 7.30 pm. They are preceded by meetings of the council's planning committee at 7 pm. The planning committee also meets on the first Monday of each month

Meeting dates for the full council for the remainder of 2019 are: Monday November 18th and Monday December 16th

How To Contact The Parish Council

PARISH clerk Annette Palmer can be contacted by telephone on 01603 810915 or via email at hethersett.pc@tiscali.co.uk.

The parish office is currently upstairs in the village hall and is open on Monday and Thursday mornings between 10 am and noon.

It is likely that the office will move into Hethersett Library in the near future. We will have dates and times as soon as they are available.

The council has a website at

www.hethersett-parish-council.norfolkparishes.gov.uk

And also a Facebook page.

HETHERSETT village archives will continue to be housed in the village hall for the immediate future.

Parish councillors agreed at the October meeting to continue paying a fee of £10 a month to house the archives in the Humphrey Back Room.

News From the Parish Council

Room Hire Increased

THE parish council will continue to meet in Hethersett Village Hall despite an increase of over 100% in hiring fees.

Members heard at their October meeting that the hire of the hall will increase from its current £20 to £50 per month—the first increase for a number of years.

The cost covers full council and also planning committee meetings. The vote to accept the increases was passed with two councillors abstaining.

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The parish council's recent survey of recreational facilities in the village brought 217 responses covering 650 residents.

There were 177 digital responses and 40 hard copy responses.

"It is a very satisfactory response," said council chairman Adrienne Quinlan who is now busy collating the results.

New Methodist Minister

HETHERSETT Methodist Church has welcomed its new minister the Rev Stephen Cullis who succeeds the Rev Matthew Olanrewaju who has moved to a church in the Norwich circuit.

Writing in Hethersett Methodist Church's newsletter, Rev Cullis thanked members for their good wishes, flowers and cards welcoming him to the church. He will also be minister of Methodist churches in Wymondham and Morley.

The church's singing fellowship will be providing Christmas music and tea on Friday, 6th December from 2.30 pm. The afternoon will include music, readings and poems followed by tea and home made cakes.

Plastic Rubbish Wanted

THREE local churches are doing their bit to help save the planet and at the same time raise money for an animal sanctuary.

St Remigius Church, Hethersett, All Saints Church, Little Melton, and All Saints and St Mary's Church, Great Melton, are recycling plastic rubbish rather than sending it to landfill.

All three churches have provided boxes for items currently not re-cyclable in green bins.

There are posters in the church which list the plastic items that can be re-cycled. We featured some of these in the previous edition of Hethersett Herald. Here are some more courtesy of the Good News magazine.

Contact lenses, blister packs and foil covers

Empty crisp packets

Empty ink cartridges

Plastic air fresheners and packaging

Biscuit wrappers

Flexible tubes and plastic pots

Hair colourant kits

Plastic roll on deodorants

Baby food pouches and caps

Writing equipment such as pens and highlighters

Used postage stamps.

Money raised from re-cycling the items will go to the Hallswood Animal Sanctuary which since January has raised £3,000 from rubbish.

The sanctuary is located at 177, Drayton Road in Norwich.

For more information on the sanctuary visit their website at:

<http://hallswood.co.uk/>

Items can also be taken to Chapelfield Vets, Post Mill, Wymondham, on Mondays to Fridays from 8 am until 6.30 pm and on Saturdays from 9 am until midday.

Village Screen Time Again

HETHERSETT Village Screen continues to be extremely popular with a fair sized audience for the October film “Fighting With My Family” which told the story of a Norwich-based wrestling family with the daughter Paige becoming a leading light in the World Wrestling Entertainment (WWE) American franchise.

At times the film was laugh-out loud and there were plenty of scenes of Norwich Market Place and Mousehold Heath. It was preceded by a film from the East Anglian Archives featuring a journey undertaken by Poet Laureate John Betjeman from King’s Lynn to Hunstanton.

Details of the two remaining presentations of 2019 are below. All films take place in Hethersett Village Hall on Sundays from 3 pm and we will have details of the 2020 programme as soon as they are announced.

November 10th - Red Joan

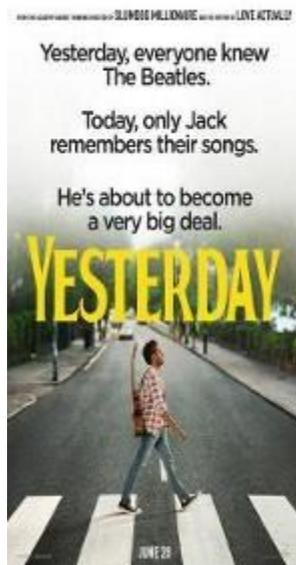
JOAN Stanley is a widow living out a quiet retirement in the suburbs when, shockingly, the British Secret Service place her under arrest.

The charge is providing classified scientific information - including details on the building of the atomic bomb - to the Soviet government for decades. As the interrogation gets underway, Joan relives the dramatic events that shaped her life and her beliefs.

The film stars Sophie Cookson, Stephen Campbell-Moore, Tom Hughes and Dame Judi Dench.



December 8th - Yesterday



Yesterday is a 2019 British romantic comedy directed by Danny Boyle and written by Richard Curtis and another film with an East Anglian connection.

It stars Himesh Patel as a struggling musician who, after an accident, finds himself the only person who remembers The Beatles. He becomes famous after taking credit for writing and performing their songs. The film also features Lily James as Himesh's childhood friend and love interest, Kate McKinnon as his manager and Ed Sheeran as a fictionalised version of himself.

Much of the action was shot in Suffolk with Lowestoft featuring prominently. We understand that former Rector of Hethersett, the Rev Di Lammas, has a small part in the action.



Traffic queues up to get through the traffic lights on the B1172. This photograph was taken on October 25th and highlights the road problems recently experienced in the village whilst work continues on the cycle path.

Hannah's Hethersett Life

WELCOME to the latest column from Hannah Harrison—Hannah's Hethersett Life.

All Change on The Wildlife Front



THE weather seems to have turned over the last few days, I've already seen a difference in the wildlife in and around the garden. The blackbirds are making more of an appearance after being quite absent over the past few months. The grey squirrels are digging around like mad, burying and retrieving all sorts of nuts. I saw my first song thrush of the year in the front garden a few days ago, too. Hopefully as the colder weather draws in we will start to see a few different species of birds. Redwings are always a delight to see as are Fieldfares, both of which I've never been able to capture a photo of but I have at least seen them with my own eyes.

We have a juvenile pigeon who visits most days. He stays for a few hours at a time, seemingly trying to figure out how to be pigeon! He's very funny to watch and his colours are beautiful, he is yet to get his adult plumage. We have the usual groups of Blue Tits, Long Tailed Tits, occasional Robins, Coal Tits, Dun-

Hannah's Hethersett Life

nocks, Collared Doves, Magpies and a lovely little Wren who often flits around for a moment or two.

It's been quiet on the hedgehog front, I wonder if they are hibernating already as when I put food out it seems to be eaten by the local cats with no sign of hogs even sniffing around.

I hope they all have a safe and warm sleep and I really look forward to seeing them again next year.



Launch of New Charity Shop

Have any of you had a peek at the new charity shop in the village, Ketts Kab-in? It's where Jeanette Raven's shop used to be on Queen's Road.

I took my daughter in there last week. We got a bag full of stuff for £7. They have such a wide range of stock; jewelry, pin badges, hats, clothing for all ages, toys and books, the list goes on! They have a huge box full of toys for only 50p and a separate box full of toys for only 10p! Pop in to see for yourself. They are opening until 7 pm at Halloween and will be offering any trick or treaters a goody bag, how lovely.

The purpose of the shop is to help young people with mental health issues, it's a really great cause and I urge you to go in and talk to them about it to find out more. Of course, just down the road we still have the PACT charity shop which always has fantastic stock and they raise money for the excellent animal charity.

Hannah's Hethersett Life

A Neighbour in Need

SOME of you may have seen on the popular Facebook group "All Things Hethersett" that one of my neighbours is going through a tough time at the moment. The gentleman was involved in a fire leaving him with burns all over his body, the same week that their microwave exploded.

The couple have a very young baby so I felt like I had to do something to help. I wrote on ATH to ask if anyone had any ideas of what I could do to help and Hethersett's residents did not disappoint! Within just 24 hours we had a brand new microwave, two massive packs of nappies, two boxes of wipes, a bag full of microwave meals, some

sweets, a baby toy, a £25 shopping voucher and some bath soak.

This was all made possible by the kindness of people here, it makes me so proud to be a part of our community. It wouldn't have been possible without Katie Adams, who went out and brought all of the stuff and then delivered it to me. Sarah Lawrence was instrumental in helping too, coming up with lots of ideas and sorting out all of the donations. Not to mention all the people who offered money, items, physical help and best wishes. The family were so appreciative and touched.

Anon Street Team

AT the end of September, along with some other lovely Hethersett residents, I went along to volunteer for AST (Anon Street Team) who go out each Sunday to feed the homeless. They set up on a stall at Norwich Haymarket and provide a two course meal to anything from 50-100 people in need. They also provide warm clothing, sleeping bags and other helpful items.

Of course, all of this wouldn't be possible without volunteers who give up their time to not only serve the food but cook it too. Supermarkets donate food as do regular people. There is also an Amazon wish list which has lots of needed items that would suit a range of budgets, you can order any of the items and they will then be sent to one of the organisers of AST who can distribute them to the people in need. If you can and would like to help, whether it be by volunteering or donating food and/or clothing, then please get in touch. I'm so proud to be a part of the group and am looking forward to going again in a few weeks time.

Hannah's Hethersett Life

Monthly litter picks

THANKS to Hethersett Parish Council and the Hethersett Environmental Action Team (HEAT), we are now doing monthly litter picks. The starting point and time will differ each month. Geoff Dyett will run the picks that start from the Methodist Church and start at 10 am, whilst Sarah Lawrence and myself will run the picks on alternate months starting from the village hall at 2 pm.



October's pick was quite quiet but the weather was bad so I suppose people were snuggled up indoors. Please don't let the weather put you off of coming along in future, the litter will unfortunately be there regardless.

A huge thank you to Matt Knights, who works for Prospect Handling Ltd, for printing over 500 fliers and posters to advertise the litter pick – for free!

Hannah's Hethersett Life

The picks for the rest of the year are as follows;

Saturday 9th November, starting from the Methodist Church at 10 am.

Saturday 14th December, starting from the village hall at 2 pm.

The picture on the previous page shows Dr Anne Edwards with Sara and Amelia Lawrence.

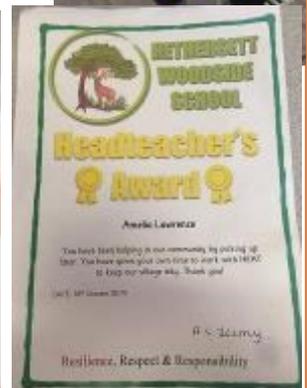
Awards For Amelia

MY friend and fellow volunteer, Sarah Lawrence, has two daughters. One of them, Amelia (pictured opposite), is just seven years old and in recent weeks has been given TWO awards from Woodside School for her involvement in the litter picks. Her first award was an excellence award, the second one a headteacher's award.

This is exactly why Sarah and I wanted to be involved in the litter picks and with the community - to inspire our children and other young people to follow in our footsteps and to encourage them to care about the environment and the world we live in.

Sarah also credits Geoff Dyett in inspiring Amelia, considering they see each other at most litter picks.

Amelia isn't the only young person who litter picks. We have quite a few youngsters who come along now, some who drag their parents out of the house because they are so keen to tidy up. How fantastic is that?



Hannah's Hethersett Life

Geoff's An Unsung Hero

I'd like to mention an unsung hero. A gentleman who has been a Hethersett resident for many years now, Geoff Dyett.

I met Geoff when I went along to my first litter pick with Sarah Lawrence. He was running the pick and has been for years.

He has inspired and encouraged Sarah and I to get involved with litter picking and with the community. He asked us to come along to a HEAT meeting where we asked for monthly litter picks and suggested a few changes and improvements. Since then, Geoff has become a firm friend of ours and has helped us no end, he and his wife are just marvelous.

He's retired but still works as a barrister, whilst also finding time to volunteer at a cat sanctuary every week and the litter picks every other month. He is such an inspiration and I'd like to thank him for all he does for our community and for being a wonderful friend. We all need a Geoff in our lives.

Refill Update

We might have been a bit quiet but we are still working behind the scenes. We are trying to prepare for a press release which is really exciting.

As usual, if anyone reading this has a business and wants to sign up to be a Refill station or just for more information, please contact us on Facebook or email us at refillhethersett@yahoo.com.

AS we continue to expand our coverage of village life, we are continually looking for features and news.

If you would like to write a pone-off piece or become a regular contributor please contact Peter Steward on 01603 811052 or via e-mail at:

petersteward@lineone.net

Where To Eat In Hethersett

Church Farm Shop and Tea Rooms -

Norwich Road (B1172). Telephone 01603 814151

Open Mondays to Saturdays 9 am to 5 pm. Closed on Sundays.

Janey's Village Café -

32A Mill Road. Telephone 01603 811234. e-mail - janeyd11@yahoo.co.uk.

Open Monday, Tuesday, Wednesday, Thursday and Sunday 8 am to 3 pm.
Friday and Saturday 8 am to 5 pm.

Hethersett Queen's Head -

12 Norwich Road. Telephone 01603 810226.

Food served Monday to Thursday 11.45 am to 2 pm (lunch) and 6-8.30 pm (evening meal). Friday and Saturday 11.45 am to 2.15 pm and 5.30 to 9.30 pm. Sunday carvery sittings at midday and 2 pm. Evening meals 5 to 8.30 pm

The December edition of Hethersett Herald will be online at the end of November.

News, features and photographs should be with the editor by November 15th at the latest.

We are happy to consider items for publication which can be sent to

petersteward@lineone.net

In keeping with previous years the January edition will be published before Christmas in order to include photographs and stories about the festive season. After all who wants to read about Christmas when the festive season is over?

Herald Health With Rowan House

Rachel Pailles from Rowan House Well Being Centre in Queen's Road, Hethersett, underlines the benefits of breast feeding.

So you've been asked to be a birthing partner? Congratulations! Supporting someone through birth can be a wonderful experience.

However, you might be feeling a little nervous about your role.

Concerned about whether you'll get it right? Hoping that you'll help rather than hinder? Wondering how you'll react when the time comes and this labour gets real?

Don't worry, it's totally normal.

"Whilst being a birth partner may seem potentially complicated, it really comes down to being involved throughout pregnancy, gaining knowledge, being organised and prepared and providing positive, calm, constant support throughout the labour and birth." says Sian from **About Birth and Babies**. "I've put together a series of tips to help birthing partners to keep the experience super S.I.M.P.L.E."

Read on for Sian's expert tips on how to be the best birthing partner you can.

S: Spa

Birth can be physically and emotionally demanding. To help enhance your partner's calm and tranquillity through labour, aim to create spa-like surroundings in the birthing room. Think low lighting and essential oils in a bath, a massage blend, a burner or spray bottle. Talk in soft, calm voices, wear comfortable clothes, maintain privacy and play tranquil music.

Create and download a playlist. Search using terms such as 'hypnobirthing' and 'relaxation'.

Not all aromatherapy oils are safe to use during pregnancy and birth but there are plenty that are. They all have their own unique properties so can be useful at different times. Take a look at this guide produced by BabyCentre <https://www.babycentre.co.uk/a1038554/aromatherapy-in-pregnancy>

I: Information

Get involved with researching pregnancy, labour and birth together. Join your



partner at her scans and midwife appointments and play an active role in helping her to create a birth wish list that's right for her. Making decisions together helps to create a strong bond and shared view of how you'd like your ideal birth to be. It also helps to research what may happen if things don't quite go as you had hoped, so that you don't panic if intervention is needed.

Attending ante-natal classes together is a great way to find out what to expect, gain knowledge and confidence and feel more empowered and prepared for the decisions ahead. Sian and Ann from About Birth and Babies offer regular in-depth (and award winning!) ante-natal classes for couples. They also offer a free Early Pregnancy Class to help couples get started on their parenting journey.

Before attending a course, couples sometimes say they feel anxious about birth and caring for a newborn baby. Through their ante-natal courses Sian and Ann dispel fear, impart knowledge and give couples the confidence and tools to have a positive birth experience and a positive start to parenting.

They can also guide you towards excellent resources for further information if you would like it.

About Birth and Babies run Early Pregnancy Classes regularly at Rowan House. Dates of these classes, together with their full list of ante-natal courses can be found at www.aboutbirthandbabies.co.uk.

M: Massage and Munchies

Everyone loves a massage and, during labour, it can make a huge difference to your partner's ability to relax and breathe through contractions. She may prefer not to be touched which happens! Thinking along a hands-on approach though, use massage to help relieve muscle tension and help your partner work with the surges in between providing munchies to keep her energy levels up.

What kind of massage techniques are helpful? Well this depends on whether your partner is tackling a surge or enjoying the respite in between. Massage techniques using hands, massage tools and rebozos are taught during About Birth and Babies ante-natal classes which can then be practised thereafter so they become familiar for birth.

Just a few of Sian's suggestions of snacks to take with you during labour include:

Cereal bars

Digestives

Dried fruit and

Isotonic/energy drinks.

Remember to only pack things you know your partner likes; now isn't the time to experiment! Don't forget to pack items for you as well as your partner.

P: Provide Praise

Let's face it, whether it's a natural hypnobirth or an emergency caesarean, birth can be a BIG challenge. A really important part of your role as birth partner is to be her (calm) birthing supporter and advocate. Provide praise often and support mum to move into different birthing positions regularly.

You might also find 'birth affirmations' helpful. These are positive thoughts or inspiring sayings. These could be written onto cards and pinned up around the birthing room.

L: Extend Love and Reassurance

Birth brings a real mixed bag of feelings and it can often be a rollercoaster ride! At some points your partner might be feeling calm and elated, but at others she might feel nervous, frustrated, out of control, even angry or sad. Providing love and reassurance through all these feelings is a wonderful way of simply 'being there' for her

And don't forget yourself! In the midst of birth, it's easy to forget about your own needs. You can't provide great support if you're not feeling 100% so in the late stages of pregnancy get some rest and keep a drinks bottle and snacks handy on the day.

E: Exhale

Breathing in rhythm with your partner is a really great way to help keep her calm and focused during the more intensive first stage surges. Encourage her to take deep in-breaths and focus on long slow out-breaths. We suggest breathing in through the nose and out through the mouth ensuring the out breath is longer.

Breathing techniques for the different stages of birth (including the suggestion above) are discussed and practised during About Birth and Babies ante-natal classes so they are familiar to you both.

The role of a birth partner is a challenging one, whether you're supporting your partner at home, in a midwifery led birthing unit or delivery suite. There is much more involved than 'hand holding'! Keep it S.I.M.P.L.E and enjoy the experience!

"Speak tenderly to them. Let there be kindness in your face, in your eyes, in your smile, in the warmth of your greeting. Always have a cheerful smile. Don't only give your care, give your heart as well." Mother Teresa.

More well-being advice from Rowan House in the December edition of Hethersett Herald.

Birthday Celebrations for Rowan House

ROWAN House celebrated its fourth birthday in October with news that its role within the Hethersett Community is about to take a “leap forward.” as Rachel Pailes explains:

“Our journey so far has been such an adventure. I’m so very proud of the centre and all the wonderful practitioners who have and continue to help make it what it is today. With the health and wellness industry expected to continue growing in future years and as more and more of us understand the importance of investing mental and physical health, we are excited about the road ahead.

“In the next few weeks, our role within the Hethersett community takes a massive leap forward as we start to install the furnishings of our new cafe, Cafe Kin. Kin means people, family and of-a-kind and the 20-cover space has been designed to promote connection and communication,” Rachel said.

It is anticipated that Café Kin will be open towards the end of the year.

Meanwhile Hethersett Herald covered the opening of Rowan House in our first ever edition in November 2015.

Below is the story of the launch that we included in that edition:

HETHERSETT has a new health and well being hub at Rowan House in Queen’s Road.

It was officially opened by Hethersett Parish Council chairman Jacky Sutton:

“On behalf of Hethersett Parish Council and residents we welcome the opening of our new Health and Wellbeing Centre at Rowan House. Hethersett is a growing community with a thriving sports association whose objective is to



improve the health and wellbeing of our community by encouraging residents to take up physical and social activities.

As our health services face unprecedented demands for provision of health care, we should whenever possible take responsibility for our own well being and endeavour to adopt healthier life styles.

"The diverse complementary therapies offered at Rowan House will provide our community with local accessible services and support the ethos of our sports association. We wish the centre every success," Ms Sutton said. The new centre will cater for a variety of health related therapies including physiotherapy, sports massage, osteopathy, hypnotherapy, counselling, meditation, baby massage, aromatherapy, pilates and much more. Our photograph on the previous page shows Business Manager Rachel Pailles with her parents Graham and Mary Tuddenham who own Rowan House.

Festive Fair Date Set

THIS year's annual Hethersett Christmas Charity Market and Fair will take place in Hethersett Methodist Church and Church Hall on Friday, November 29th from 6 pm.

The event, which has become an integral part of the village calendar, is organised jointly by members of the Methodist Church and Hethersett Parish Councillor and former South Norfolk Councillor Leslie Dale.

The event includes charity and club stalls, Christmas music and entertainment, a children's market and much more. Money raised at the event goes to individual charities represented. It will be the 12th running of the event which was originally envisaged as a summer fair.

If there is any individual or group in the village prepared to provide suitable entertainment would they please contact Anne Steward by email at

annesteward@tiscali.co.uk

"We would like to widen the entertainment base and are looking for individuals or small groups to provide 15 minutes of suitable family entertainment on this occasion," Anne said.

Youth Cricket Pictorial Special

HETHERSETT and Tas Valley Cricket Club celebrated the excellence of their youth set-up with a presentation event at the end of a Lads v Mums and Dads match at their Flordon Headquarters.

After the games, club youth awards were presented in the club house and went to the following:

Under-9s—Batting, Suvir Sanghrajka; Bowling, Luke Roy; Manager's Award, Grace Spratt.

Under-11s—Batting, Mihir Sanghrajka; Bowling, Alfie Bird; Manager's Award, Will English.

Under-13s - Batting, Hiruja Nanayakkara; Bowling, Sourish Brahma; Manager's Award, Jacob Coglin-Hibbert.

Under-15s— Batting, Charlie English; Bowling, Ollie Harvey; Manager's Award, Alex Bird.

Under-17s—Batting, Hal Worley; Bowling, Steven Linge; Manager's Award, Tom Howard.

Junior Player of The Year Award – Jack Gibson





Presentations to the Under-9s and Under-11s.



Club sponsor John Whitehouse presents the Under-13 awards to Hiruja Nanayakkara; Sourish Brahma and Jacob Coglin-Hibbert.





More awards from the highly successful Hethersett and Tas Valley youth presentation event.



Hethersett and Tas Valley's annual senior presentation evening will be held at Park Farm Hotel on November and the club's annual meeting will also be at Park Farm on November



On the right club chairman Mark Worley presents the youth player of the year award to club all-rounder Jack Gibson.



Herald On The Road

OCTOBER 12th was the 104th anniversary of the death of Nurse Edith Cavell at the hands of a firing squad.

Every two years her home village of Swardeston organises a two day festival to commemorate the historic wartime heroism of Edith and her Norfolk roots.



Produce stalls, refreshments, displays and a flower festival in the village church provided two days of interest despite heavy rain at times. The photographs on this and the previous page were taken at the festival on October 13th.



Hethersett Matters

WE regularly feature scams in this publication. In this edition we look at some of the latest to avoid. This column is put together in partnership with Norfolk Trading Standards and Norfolk Police.

THERE seems to be no levels of villainy that scammers won't stoop to and our first warning this month relates to fake refund websites aimed at Thomas Cook customers.

These are appearing in an attempt to scam customers.

Only use the dedicated website thomascook.caa.co.uk/refunds to apply for a refund.

UK Finance offer the following advice to Thomas Cook customers:

- Never automatically click on a link in an unexpected email or text
- Always question uninvited phone calls in case it's a scam
- Always contact your bank or card provider directly using a known email or phone number

Find more information about Thomas Cook at thomascook.caa.co.uk

* * *

Facebook users need to be aware of messages from existing Facebook friends sent via the Messenger service which claim you have 'won a prize' or can 'claim grant money'.

The message will tell you to contact an unknown person via Facebook to 'claim your money'.

If you contact the person named, you will be asked to pay fees or charges to receive the prize or grant.

These messages are a scam. If you receive this or a similar message via Facebook, do not reply to the message. Contact the friend via another route, if you have one, and advise them that their Facebook profile may have been compromised.

Report suspicious messages and posts to Facebook via their Help Centre. More information on reporting scams on Facebook is available at facebook.com/help/report.

Be very careful if you receive an inheritance scam letter such as that pictured on page 54. Letters like this have been circulating for many years with a wide range

FREE TRIAL SCAMS

“Women aged 50 to 64* are most at risk from free trial scams for health and beauty products such as slimming pills, face creams, and skin creams.”



#scamaware

You can report free trial scams to Trading Standards by calling the Citizens Advice helpline on **03454 04 05 06**

* Information from 'Locked in' a report on consumer issues with free-trial scams produced by Citizens Advice



NATIONAL TRADING STANDARDS

eCrime Team

Protecting Consumers
Safeguarding Businesses

of reasons given for contacting the recipient and why the person mentioned in the letter died.

There are easy ways to spot an inheritance scam letter:

They claim to offer you a large percentage of a large amount of money

The letters are badly written, with spelling mistakes and poor grammar

They use email addresses which are easy to set up and shut down, such as @yahoo.co.uk or @hotmail.com

They often claim that the person died in a well-publicised incident, such as a plane crash or natural disaster.

They may even use the identity of someone who really did die in the incident to make their claims more believable.

These letters are a scam. If you receive this type of letter dispose of it straight away without responding in any way.

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Watch out for 'free trial offers' being promoted via social media and online adverts. Common examples of 'free' trial offers include skin care products, slimming pills and nutritional supplements. See an example above.

Consumers report that when responding to an online advert offering a 'Free Trial' they were then asked to give credit or debit card details believing that there is only a small charge to cover postage and packaging.

However, if they failed to cancel the "Free Trial Offer" within a set period they

may have unknowingly agreed to an ongoing supply of the product, with a monthly charge which is taken directly from their account. Consumers have reported monthly payments ranging between £50 and £300.

Nicola Vanessa Speak
Director (Wealth Management)
Email: nicolaspeakv@████████.com
Date: 25 September 2019

████████
Norwich
NR ██████████

Dear ██████████

Please accept my sincere apology for this unsolicited letter to you. I hope it will be the beginning of a long-lasting fruitful relationship.

My name is Nicola Vanessa Speak, I am the Director of Wealth Management in one of the leading Banks here in Hong Kong and I got your contact information through the Public records while searching for a Surname/last name similar to my late client.

I am contacting you regarding a deposit made by a customer who shares the same last name as yourself (Late Leonard ██████████) but died without appointing/declaring a next of kin to his deposit. He was an Oil Magnate and lived in Hong Kong before his demise but before his death, he deposited the sum of \$25,500,000.00 (Twenty Five Million, Five Hundred Thousand USD) with us.

These funds are due to be claimed according to the deposit terms and if not within a specified time, it will be forfeited by the authorities and transferred to the government's treasury as Non-performing funds because such fortune are automatically bequeathed to the Government when there is no heir or next of kin to the deceased that would surface to claim the fortune.

I have searched vigorously to find any of the deceased client's relatives to no avail as he did not declare any Next of Kin or any Testate and this is why I have come to you because I noticed that you share the same Surname/Last name with the late customer.

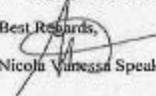
I propose that I present you as the closest surviving next of kin and instruct the release of the funds to you using my position as the Director and upon receipt of the deposit; we will share the funds 50/45/5. Please be rest assured, there will be no risk involved either on your part or mine as we do not require your banking details whatsoever and we will comply with all laws governing claiming of funds and with my knowledge and position, we will scale through without any problem.

The good thing is that in inheritance, the next of kin can be anybody. It is not compulsory for the next of kin to be related to the late customer, it does not even matter if you are from different countries but in this case the uniqueness of the same surname with you will bring us to a perfect conclusion.

I have worked out all modalities to complete the transaction successfully, 100% legal and risk free because I have to be careful considering my career and we do not need your bank account or any of your financial details.

A lawyer will obtain all documents to give your claims a legal backing and once the funds are released to you, we will share it in the ratio of 50% for me, 45% for you while remaining 5% will be set aside for any expenses incurred during the cause of securing this deposit.

If my proposal is acceptable to you, kindly reply to nicolaspeakv@████████.com for further details.

Best Regards,

Nicola Vanessa Speak

Council/Government Contact Numbers

Below are the contact details for people you may want to get in touch with on village matters:

Member of Parliament

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

Norfolk County Council

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

South Norfolk Council

Our South Norfolk Council representatives are Adrian Dearnley, Phil Hardy and David Bills. David can be contacted on 01603 813041 or at dbills@s-norfolk.gov.uk, Phil on 07985 695668 or at [phardy@s-norfolk.gov.uk](mailto:p Hardy@s-norfolk.gov.uk) and Adrian on 07957139880.or at adearnley@s-norfolk.gov.uk.

Hethersett Parish Council

Clerk to the council Annette Palmer can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications).

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is open at the Village Hall (upstairs) on Monday and Thursday mornings between 10 am and 12 noon.

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info



Classics of Back Lane

The first in a series featuring a literary gem found in the Back Lane Book Swap. Books found during a wander along the lane. Of course by the time you read this the featured book may have gone.

The Secret Garden by Frances Hodgson Burnett

It's one of those classic books that you read as a child and which stays with you for the rest of your life. One that your return to read to your children and then your grandchildren.

The Secret Garden was published in book form in 1911 when the author was 62. It had previously been serialised in the American Magazine. It tells the story of sickly, neglected and unloved 10-year-old Mary Lennox who is born in India but goes to live with her uncle in Yorkshire. Mary's ill manners soften when she finds a secret garden and learns about its past.

Gradually Mary makes friends and her outlook on life changes. The book has plenty of feel-good factors with a crippled boy named Colin finding that he can walk again.

Frances Hodgson Burnett was born in Manchester in 1849 and emigrated to the United States with her family in 1865.



The Scott Willoughby Column

WITH so much going on in our village, it's often difficult at times to stop for a while and take stock.

This month has been no exception with the futures of Old Hall School and the King's Head still in the balance and massive development continuing in the Back Lane area. It's all very hectic and the pace of life in our village seems to increase all the time.

It's not just the elderly that find this pace daunting. Today's youngsters have so much to deal with and it was good this month to hear about an initiative at the Jubilee Youth Club to just cut the pace a little.

You can read about the new initiative on our front page. It is designed to give youngsters the chance to slow down a little in a calm atmosphere and have one-to-one chats if needed—something we could all do with. We will be watching this initiative with keen interest and congratulate the youth club in becoming leaders in the field of youth well being. It also illustrates that the role of youth clubs is changing with the times.

Youth worker Emma Howe told us that as she was growing up and facing various problems and challenges she was told to simply “get on with it.” I think this is something many of us can identify with, but, thankfully, advice that is becoming no longer acceptable.

Hethersett's caring side was also shown at the Societies Day towards the end of the month when local residents were able to find out about just some of the groups and organisations active in the village.

In the last edition of Hethersett Herald, we highlighted just some of the awards given to the village over the last decade or so. Hethersett has a wonderful heritage of caring and that was once again evident in the Village Hall. I just hope that the groups present attract new members and helpers from the event which was organised by parish councillor Leslie Dale under the auspices of the parish council. The photograph on the next page shows some of the trophies won over the years by the village. These can be viewed in a display case in the foyer of Hethersett Library.

It was also good this month to have a date for the 2020 run the square event which will take place on July. This year's event had to be cancelled due to safety

The Scott Willoughby Column

and other issues but they should all be sorted out for the 10th running of the event next year.

Run the square has been an integral part of village life for over a decade, beginning in the run up to the London 2012 Olympic Games and regularly attracting over 200 runners/walkers for the two mile event along Queen's Road, Great Melton



Road, Mill Road, New Road and Norwich Road. It is one of those rare events that seems to bring the whole village together. Many residents have moved in since the last event in July 2018 and I'm sure they will be impressed by just what goes on over that hour and a bit on a Sunday morning.

The fun run put Hethersett on the national sporting map and organiser Shane Hull is promising the biggest event ever next July. Shane has a record of delivering promises and this should be an event to savour.

AFTER a rocky start to the season, Hethersett Athletic Men's Saturday football team has won four league games in a row and pushed up into second place in the Barnes Print Central and South Norfolk League Division One.

The team lost its opening two games but had an unbeaten October which also included a giantkilling Norfolk Cup victory over Anglian Combination side Hemsby, winning on penalties after the scores were level after 90 minutes.

Athletic are still six points behind runaway unbeaten leaders Briston in the league and it will take a massive effort if they are to catch them to take the Division One title.

Hethersett Hedgehogs *with Connie Tindale*



**PLEASE
CHECK
BONFIRES
CAREFULLY
FOR SLEEPING
HEDGEHOGS
BEFORE LIGHTING**

Photo: Jonathan Danks

#rememberhedgehogs

If possible the entire pile should be re sited before being lit, if not possible, use broom handles to lift from the base of the pile, and shine torches, looking and listening carefully for any signs of life.

British Hedgehog Preservation Society
Hedgehog House,
Dunstons, Ludlow,
Shropshire, SY8 3PL
Tel: 01584 820301
www.britishhedgehogs.org.uk



**Don't forget hedgehogs on
Bonfire Night!!**

Check bonfires thoroughly before lighting as hogs like to sleep in them. Lift up the base and listen for any noises, even better move the bonfire completely before lighting, and light from one side only!!

*Check a fire
save a 'hog*

#rememberhedgehogs

British Hedgehog
Preservation Society
Hedgehog House,
Dunstons, Ludlow,
Shropshire, SY8 3PL
01584 820301
www.britishhedgehogs.org.uk

Down Came The Rain Again and Again and Again

OCTOBER and November are very hard months for hedgehogs even for those that are big and healthy as they desperately try to put on weight so that they can survive hibernation. October this year has also been a very wet time.

For those that are small or unwell it can be too late to catch up. The absolute minimum weight for a hedgehog to survive five months without food is 450 gm but the baby hedgehogs that are coming in are less than half that weight.

Without warmth and care they will die, but as temperatures plummet and there are no dry leaves to nestle into they need you to help them out.

Hethersett Hedgehogs

The most imminent danger is bonfire night. Big piles of wood stuffed with paper and straw can seem like paradise to a frantic hedgehog which has no idea that a torch is going to be put to it putting roasted hedgehogs on the menu for the next day's scavengers unless you poke about the heap to make sure that there are no lodgers hiding in it.

Now that it is dark so early there is an increased risk of them getting squashed on the road. Be vigilant when coming into or leaving your drive. Just check that there is not a little lump rolled up in your way.

I am often asked what people should do if they find an injured or a tiny hedgehog. Whatever you do, do not leave it to suffer alone. Pick it up, pop it in a box and take it either to a vet or an animal sanctuary. Its Mum is not going to come back for it.

If you decide to care for it yourself then the first thing to do, after giving it food and water, is to make sure that it is kept warm. You can get a small electric pad from the internet on next day delivery for about £8. A 5W pad is sufficient for a hoglet to settle on and make itself comfortable. I have all of my heat pads on a timer so that they do not overheat. At present the pad is on for one hour and off for 15 minutes throughout the day and night.

Just having them inside is not enough. They use too much energy just trying to stay warm. If you wish to take on the challenge, the British Hedgehog Preservation Society will answer whatever questions you may have.

For Hethersett's hedgehogs that are in our care, we still have three that are under 300 gm, one that is around 400 and one in the outside run that is 650 gm.

Our two big ones are off making their own way. This was more by accident than design as they escaped. They had blocked off the entrances to their hibernation homes and appeared to be ready to sleep which made me less conscientious about making sure that the run was totally secure.

They pushed open one of the door covers and 'legged it'. They will be fine as there are at least six hibernation places spread about the garden and there is always food and water available for them although the persistent rain was a problem.

Be vigilant.

Thank you.

Groups and Societies

Heart of Hethersett Bereavement Group

Pets become part of the family and their loss can be overwhelming, members of the Heart of Hethersett Bereavement Group heard at their meeting at Woodcote Sheltered Housing complex on October 1st.

Hethersett Herald columnist Helen Tyler from Barking Mad South Norwich said that pets become part of the family. Speaking about dogs, Helen said:

“Some people will say it’s only a dog. If you are not an animal person you won’t understand how upsetting it is to lose a dog.”

Helen emphasised that all too often dog owners have to make the heart-breaking decision of when to have their animals put down to prevent suffering. They have to decide when their pet’s quality of life has diminished. Often a pet owner’s routine revolves around a dog and when the pet is gone that routine becomes very different.

Helen outlined a Facebook group which supports bereaved pet owners. The Rainbow group already has between two and three thousand members. “It provides a forum for people to exchange memories and talk online,” she said.

Helen outlined her work with Barking Mad and brought with her one year old Nellie.

The following meeting had a talk from Herald editor Peter Steward who spoke about long term and delayed grief, using the case of a wartime soldier who died in France just four months after being married to his childhood sweetheart.

Heart of Hethersett meets in the lounge at Woodcote in Firs Road from 5.30 until 6.30 pm on alternate Tuesdays. November meetings will be on 12th and 26th. Everyone is welcome and light refreshments are served free of charge. The group also welcomes people suffering from depression and/or anxiety and has its own Facebook page.

Groups and Societies

Norfolk Association For The Disabled

By Angela Farrington

This is a group which encourages disabled people, their carers and friends to enjoy monthly social meetings and trips out. It covers Attleborough, Wymondham and Hethersett.

Our socials are held at the Methodist Church Hall, Great Melton Road, Hethersett, on the first Thursday of the month at 2 pm, apart from January and August. Our meetings usually consist of games, quizzes and occasional visiting entertainment followed by our very well received tea, sandwiches and cake. We are a very friendly bunch and greatly enjoy our get-togethers.

We can arrange transport to and from the socials and outings for anyone who needs it.

Our outings include lunches, trips to the theatre and trips to the seaside and Drayton Players.

We welcome new members and anyone wishing to volunteer to help at the socials and on day trips. For more information please contact either myself as Transport Manager on 01603 810342 or Rob Reeve Chairperson on 01603 810440 or pop along to the meetings and we guarantee a friendly welcome.

Our first meeting after the summer break saw us back on the coach for a trip to Gorleston with a lovely lunch at the Pier Hotel. The weather was a bit overcast as we left Hethersett but as we finished lunch and moved onto the promenade, the sun shone through. Enough for two daft souls to venture in for a paddle.

Our October meeting saw us back at the Methodist Church Hall for our social. This month's activity was "Feely Bags". Much more fun than it sounds. This was followed by a raffle and tea with sandwiches and cake.

Coming events are as follows:

7th November Social at the Methodist Church Hall 2 pm. The activity is a quiz, always good fun.

24th November Visit to Drayton Players performing "Do Not Disturb," a comedy written by Michael Pertwee. Performance at Drayton Village Hall. 2.30 pm start to approx. 4.45 pm.

10th December Christmas lunch at Park Farm Hotel, Hethersett. Midday

January No social but we visit Hethersett Panto, details to be confirmed.

Groups and Societies

6th February Social at Methodist Church Hall. 2 pm, activity to be confirmed.

5th March Social at Methodist Church Hall 2 pm, activity to be confirmed.

22nd March Trip to Drayton Players, details to be confirmed.

Hethersett Methodist Church

Hethersett Methodist Church holds shoppers' coffee mornings every Saturday morning from 10.30 am until midday. Everyone is welcome to enjoy a cup of coffee or tea.

The art and craft group meets on Wednesday mornings at 10 a.m. Full details are available from Tina Greenhalgh on 01603 810364.

There is a Bible study on the second and fourth Tuesdays of each month at 7.30 pm. More details of this are available from Leonie Pritchard on 01603 812634.

Hethersett Memorial Playing Field

By Mel Perkins

The Trustees are continually monitoring the safety of the play equipment on the field and have had to take two pieces out of use while repairs take place. We would like to apologise for any inconvenience to children and parents.

Hethersett Mothers' Union

Members of the Mothers' Union enjoyed a traditional afternoon tea in Hethersett Church Hall. This included sandwiches and cakes followed by strawberries and cream, all against floral backdrops.

There was also musical entertainment and a raffle with proceeds going to the group and Mothers' Union charities.

We Are On Facebook

Hethersett Herald is on Facebook. You can follow us at

<https://www.facebook.com/Hethersett-Herald-196216690775010/>

Groups and Societies

Hethersett Dementia Support Group



Members enjoyed songs from the shows and much more when a singing group from Taverham visited the monthly café in Hethersett Methodist Church Hall on October 15th.

Our photographs show the singers in action. The regular monthly café takes place on the third Tuesday of the month from 10 am. and features activities, films, talks and other entertainment. A more informal café now takes place from 10 am on the first Tuesday of the month where teas/coffees and biscuits are provided and where those present can meet and chat or play games. November dates are—November 5th for the informal café and November 19th for the regular café.



Groups and Societies

Probus Club

Paul Hawkins entertained members with a talk on the history of Wymondham Regal Cinema from its first ever film (Swing Time starring Fred Astaire and Ginger Rogers) in March 1937 until its closure a number of years ago.

The Regal closed and re-opened a number of times in the 1960s and 1970s before closing again in 1993.

Paul outlined the years when well known larger than life Wymondham character Les King was in charge at the cinema. Films are still shown at the venue every few months.

Hethersett Society

Herald associate editor and Hethersett Society member, Gary Wyatt, reviews the society's October meeting –

THE talk at October's meeting of the society was given by Richard Hoggett who spoke on 'The East Anglian Conversion'. At the end of last month's meeting, this talk was described by the society chairman Chris Morriss as being "more interesting that it sounds", and this indeed proved to be the case.

The talk covered the 6th and 7th century coming of Christianity to East Anglia, and Richard described the arrival as one of the most spiritual and social changes of the last 1500 years. The pattern of churches that followed, in his opinion, still dominates the landscape today. His evidence for this momentous event came from two sources, the written (rather scarce) and the archaeological (plentiful, apparently).

The well known scribe the Venerable Bede wrote of the conversion to Christianity in Britain kingdom by kingdom. At the time East Anglia was ruled by the Anglo-Saxon king Raedwald (600-625 AD) who readers may recognise as the king thought to be the occupant of the ship burial at the Sutton Hoo site in Suffolk, now run by the National Trust and well worth a visit. Raedwald had encountered Christianity on a



The Sutton Hoo helmet

Groups and Societies

visit to Kent and undertook to spread the message throughout his kingdom. It seems, however, that the conversion was not to last and the king lapsed to pagan ways, apparently (according to Bede) “seduced by his wife and certain evil teachers”. Richard described Sutton Hoo as being “a very pagan burial site” so clearly Christianity was not being observed at the end of Raedwald’s reign.

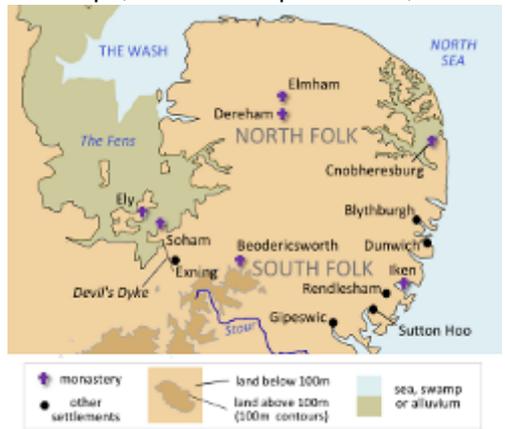


The Burgh Castle site

It seems that subsequent kings accepted the Christian faith and Sigeberht (630–640 AD) made more efforts to spread the message through the kingdom. He strengthened Raedwald’s ties with Kent and also established them with Northumbria. He built a seat for his bishops at Dommoc, which was probably in Suffolk although its exact location is unknown.

At this point in his talk, Richard turned from the scant written evidence to the archaeological findings. At some point, emissaries from Rome arrived and churches begun to be built, many taking over former Roman settlement sites, as there was a preference for siting churches where there was some kind of physical barrier to the land surrounding the church, separating it from the surrounding countryside. Sites similarly also included hill tops, islands and peninsulas, such as Iken on the River Deben in Suffolk.

Roman sites thus occupied included Brancaster, Burgh Castle and Caistor St. Edmunds, where a later church still stands today within the boundaries of the Roman site. At Burgh Castle many burials have been found, indicating it was a religious site. The early churches were probably built from wood, so only archaeological evidence can be found today. Some may have been moved when Normans took over the sites later. A dig at Brandon has revealed the characteristic shape of a timber church with an adjacent burial site. The objects found there indicate a high status



The kingdom of East Anglia during the early Saxon period

Groups and Societies

settlement, for example writing instruments, ink wells and brass plaques from Bibles. Richard pointed out that even today Norway has many very elaborate wooden churches so the Anglo-Saxon ones may not necessarily be the simple structures that many people assume.

The talk was well illustrated and presented by a very professional speaker so was certainly not dull.

The next meeting of the society is on Monday 11th November, 2019, at 7.30 pm in the Methodist Church Hall, when David Morton will speak on 'St. James' Palace and Clarence House'. Non-members are welcome to any meeting for a £2 charge but membership for the full year is only £7.

Jubilee Youth Club

By Gillian Saunders

Last month I wrote about the accreditation scheme the club had undertaken which looked at all aspects of the club and how it is run. We are really pleased with the assessor's comments. Overall she said we had produced a "good quality of evidence" which is always pleasing to hear. We received a conditional pass, which required us to submit small pieces of additional evidence which we have now done. This should then lead to a pass. It is always pleasing when someone outside of the club and the area likes what we do and thinks the club is safe and the young people who attend are safe and enjoy the club.

We have had a busy half-term of activities which have included sand jars, pebbles, games, tray bakes and lots of fun.

We have decided to extend the younger group from after half-term to finish at 7.30 pm each week. So they will meet from 5.45 to 7.30 pm each Wednesday in term time.

This younger group is filling up but we have a few spaces for new members. Just go along on a Wednesday and Emma will register you. Please take an adult with you for the first week to sign your admission form. Your first week is free so all you need is tuck money. After that it's £1.50 a week. So go along and enjoy the fun activities which members help to plan.

Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

www.hethersettherald.weebly.com

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@lineone.net. Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

Herald Team

Editor - Peter Steward

Associate Editors - Roger Morgan and Gary Wyatt.

Columnists - Hannah Harrison, Scott Willoughby

Proof Reader - Anne Steward.

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.

Hethersett Herald What's On

The following are just some of the regular events taking place in Hethersett. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address:

petersteward@lineone.net

Regular Events:

Hethersett Croquet Club meets on the Memorial Playing Field from 2.30 pm on Wednesday and Saturdays.

Hethersett Methodist Church Art and Craft Group meets in the Methodist Church Hall from 10 am on Wednesdays. Further details available from Tina Greenhalgh on 01603 810364.

Hethersett Table Tennis Club meets in Hethersett Methodist Church Hall from 7 pm on Fridays.

Hethersett Methodist Church Shoppers' Coffee takes place on Saturdays from 10.30 am until midday.

First Steps pre-school Group meets in Hethersett Village Hall on Tuesdays from 10 am during school term time.

The Heart of Hethersett Bereavement Group meets in the lounge of Woodcote Sheltered Housing complex from 5.30 to 6.30 pm on alternate Tuesdays. All welcome, light refreshments available free of charge.

Hethersett Dementia Support Group's monthly café takes place in Hethersett Methodist Church Hall from 10 am until midday every third Tuesday. There is also a social morning meeting on the first Tuesday of each month from 10 until 11.30 am.

Hethersett Short Mat Bowls Club plays two sessions each week in Hethersett Village Hall. The first is on Tuesday afternoons from 2.15 pm for a 2.30 pm start and the second is on Friday evenings at 7.15 pm for a 7.30 pm start.

We will have a list of December coming events in the next edition.

Hethersett Herald What's On

Friday 1st—Friends of Hethersett Library games afternoon from 2 pm.

Saturday 2nd—Hethersett Methodist Church men's breakfast. Methodist Church 9 am. Speaker William Twist on "Choice or Chaos."

Tuesday 5th—Carers and Toddlers drop in at St Remigius Church, 10 am to noon.

Thursday 7th—Norfolk Association for the Disabled, Methodist Church Hall, 2 pm.

Saturday 9th—Hethersett Village litter pick. Meet 10 am outside Hethersett Methodist Church. All welcome. Equipment provided. Children must be accompanied by an adult.

Sunday 10th—Village Remembrance Service, St Remigius Church, 11 a.m.

Sunday 10th—Hethersett Players Drama Group workshop, Hethersett Village Hall. 10 am to 2 pm.

Sunday 10th—Hethersett Village Screen presents Red Joan, Hethersett Village Hall, 3 pm.

Monday 11th—Hethersett Pensioners' Association. Hethersett Methodist Church. Phyllida Scrivens presents "Escaping Hitler."

Monday 11th—Hethersett Society "St James' Palace and Clarence House" with David Morton, Methodist Church Hall, 7.30 pm.

Tuesday 12th—Men's Mardle at Hethersett Methodist Church, 10 am to noon. Open to all men who would like to enjoy a cup of coffee and a chat.

Thursday 14th—Friends of Hethersett Library talk and presentation by local author Phyllida Scrivens on "Escaping Hitler" the life of Joe Stirling. Hethersett Library 6 pm. Tickets £5 including refreshments.

Saturday 16th—Hethersett and Tas Valley Cricket Club's presentation evening at Park Farm Hotel.

Sunday 17th—Paint With Us Art Group exhibition and sale. Hethersett Village Hall 10 am to 4 pm.

Monday 18th—Hethersett Women's Institute. AGM and Christmas Wreath Demonstration by Adele Kent. Methodist Church Hall, 7.30 pm.

Monday 18th—Hethersett Parish Council full meeting, Hethersett Village Hall, 7.30 pm. Preceded by planning committee meeting at 7 pm.

Wednesday 20th—Hethersett and District Horticultural Society. Seeing the

Hethersett Herald What's On

Wood for the Disease with Dr Anne Edwards. Hethersett Methodist Church Hall, 7.30 pm.

Monday 25th—Norfolk Association for the Disabled trip to Drayton Players.

Monday 25th—Cringleford and Hethersett Flower Club open meeting. Hethersett Village Hall, 7.30 pm.

Wednesday 27th—Friends of Hethersett Library meeting, 6 pm. All welcome.

Thursday 28th—Hethersett and Tas Valley Cricket Club annual meeting, Park Farm Hotel, 7 pm.

Friday 29th—Hethersett annual village Christmas fair. Hethersett Methodist Church from 6 pm. Includes stalls, refreshments and Christmas entertainment.

Community Carols

THIS year's community carol singing will take place outside Tesco Express in Great Melton Road on Saturday, 14th December at 10 am. There will be a bucket collection in aid of the East Anglian Air Ambulance. Anyone wanting to join in will be very welcome.



PARISH Councillor and leading environmentalist Bridget Williamson pictured on the Hethersett Environmental Action Team (HEAT) stand at the village societies day in October.

For more photographs and a report of the day turn to page 16.

Hethersett Herald What's On

Stella School of Dance is holding a Pamper and Gift evening on Saturday 2nd November (7 pm-9.30 pm) at Hethersett Village Hall to help raise funds for costumes for their next dance show in May 2020.

Tickets are £3 for adults and £1 for Under-16s.



Stella School of Dance
Pamper & Gift Evening
Saturday 2nd November
Hethersett Village Hall, Norwich
7 to 9:30 pm

Come and support our fund raising event and have a manicure, massage or buy some early Christmas gifts.

Adults £3
Under 16's £1
Refreshments available

Stella
SCHOOL OF DANCE

Hethersett Herald What's On

Colourful Display Assured



THERE will be plenty of colour on display when the Paint With Us Art Group holds its autumn exhibition in Hethersett Village Hall on Sunday, November 17th.

The group has been encouraged by the popularity of previous exhibitions.

The Paint With Us exhibition will take place from 10 am until 4 pm.

Refreshments will be available. Parking and entry is free and artwork and cards

will be on sale. Our photographs on this page were taken at a previous event.



Hethersett Social Club



Coming attractions at Hethersett Social Club include the following:

Saturday 16th November - Odd Man Out Band

Saturday 7th December - Stardust Duo in the lounge

Saturday 21st December - Deano in the lounge

Christmas Eve 24th December - Family Disco 4-8 pm

Club Opening Hours

Monday - Closed

Tuesday - 7 pm to 11 pm

Wednesday - 7 pm to 11 pm

Thursday - 7 pm to 11 pm

Friday - 5 pm to 11.30 pm

Saturday - 12 pm to 12 am

Sunday - 12 pm to 6 pm

For more information on club activities telephone 01603 811195 or visit the official website at:

www.hethersettsocialclub.co.uk/

More information on Hethersett Social Club on page 116

Hethersett Herald What's On

HETHERSETT SOCIAL CLUB

Live locally and never visited **HETHERSETT SOCIAL CLUB ?**

We offer a warm, friendly atmosphere for all the family with a wide range of facilities

Extensive range of beers, spirits, wines and soft drinks at affordable prices

ENJOY SPORT?



Pool tables (adult and children's) - Darts - social game or team player
4 snooker tables (including one match table)

Bridge club - Petanque - Full size outdoor bowls green



SKY/BT SPORTS - watch matches including Premier/Championship leagues/Norwich

ENTERTAINMENT: Live music/karaoke/fish and chip quiz nights/ race nights to name a few



SPECIAL OCCASION? Birthday/Wedding/Christening ?

Large function room available for hire

Buffets can be catered for on request - reasonable rates



Outside patio area and children's play area

Call in today for details of membership and a tour of our facilities

Contact Sue on 01603 811195

See our website on: www.hethersettsocialclub.co.uk



A Floral Christmas

Cringleford and Hethersett Flower Club will be holding an open meeting on Monday 2th November at 7.30 pm.

National demonstrator Jonathan Mosley will be giving a talk and presentation on "Christmas." The event will take place in Hethersett Village Hall and tickets are £12 for members and £17.50 for visitors. Tickets include wine and a finger buffet. There will also be stalls and a raffle.

Tickets are available by contacting Anna McEwan on 01603 456557.

Hethersett Herald What's On



Star Throwers

-Holistic Cancer Support Charity

Winter Coffee Morning
Saturday 16th November
10.00am - 1.00pm

Join us for a morning of tea, cake
and Christmas shopping at the
Star Throwers Centre on Melton
Road, Wymondham. Lots of stalls
selling local crafts, handmade
candles, jewellery &
Christmas gifts.

£2 per person (includes drink & cake)
All welcome.

Cake Refreshments Raffle Tombola Stalls

Call 01953 423304 | www.starthrowers.org.uk
Registered Charity No: 1162127

Hethersett Herald What's On

Wreath Making Workshop & Tropic Pamper Session

**Saturday 14th December
at the Star Throwers Centre
£30 per person**

Join us for a festive day of wreath making and pampering - all materials included as well as a light lunch and refreshments.

Participants are free to bring their own gardening gloves & scissors/secateurs. All materials are natural & participants can bring any personal extras.

All profits will be donated to Star Throwers - Holistic Cancer Support Charity and will go towards supporting local people affected by cancer.

Session One:

10am - 12pm - Wreath Making Workshop

12.30 - 2.30pm - Tropic Pamper Session

Session Two:

10am - 12pm - Tropic Pamper Session

12.30 - 2.30pm - Wreath Making Workshop

To book: call 01953 423304 or
email victoria@starthrowers.org.uk

www.starthrowers.org.uk

In aid of

 **Star Throwers**
Holistic Cancer Support Charity

Hawk Talk

with Mel Perkins



HETHERSETT Hawks/Yellow Brick Mortgages travelled to the West Midlands to contest the British Club Championships, facing the top sides in the country at Open and Under-16 level at Wednesfield.

The Open side faced reigning champions Great Blakenham and the home side in their semi-final. Captain Leigh Cossey led from the front with one win in his 11 points but, with Harley Hamill hampered by a football injury, they were always going to struggle. Up stepped youngster Charlie Lyth for two rides, one of which he won, to help the Hawks finish joint third with Newport but outside the top two qualifying spots.

Great Blakenham 54, Wednesfield 39, Hethersett 31, Newport 31. Hethersett scorers: L. Cossey 11, D. Adams 6, H. Hamill 5, C. Lyth 5, B. Loombe 4.

Hawk Talk

with Mel Perkins

Charlie Lyth was in top form in the Under-16 event dropping just one point and Paul Delaiche reeled off four second places to give the side a chance. However, the short-sighted change in regulations which prevented teams using any rider Under-13 restricted the Hawks to just three riders and maybe explained why only three teams committed to the event. Still good experience for the Hawks juniors.

Ipswich 58, Coventry 42, Hethersett 36.
Hethersett scorers: C. Lyth 15, P. Delaiche 12, M. Loombe 9.

Charlie Lyth then made his way up the M6 to represent the South-East and Eastern Region on Sunday in their Junior Battle of Britain match against the North and Scotland. He had a good afternoon winning four of his six races to finish on 19 points.



Hawk Talk with Mel Perkins

HETHERSETT Hawks/Yellow Brick Mortgages had three riders at the final National Round of the British Youth and Junior League Grand Prix in Birmingham. In the Under-12s, George Larter-Dixon acquitted himself well at this level and reached the "B" Final. He can be pleased with his eighth place on the day.

The two riders in the Junior category found difficulty in adapting to the track and Paul Delaiche had a couple of falls when well placed. He improved sufficiently to finish second in the "C" Final. Charlie Lyth made it to the "B" Final and his third place there was sufficient to retain his third place overall in the series, a major achievement given that he has two more years left at this age category.

First Place For Paul



Hethersett Hawks / Yellow Brick Mortgages had to endure wet conditions to round off their 2019 season but it ended on a high with Paul Delaiche winning the final round of the South East and Eastern under-18 Grand Prix and this was enough to secure the overall first place. There was also a very good competitive debut for Will Clarke in the under-10s.

Hawk Talk

with Mel Perkins

The following day it took time to get a track fit for racing and thanks should go to Paddy Wenn who stepped up to referee to allow the Breckland Autos Charity Cup to go ahead after the previous week's washout.

The 50th anniversary of the cup was retained by Ashley Hill with Fraser Harris and James Porter making it a clean sweep for Ipswich. Norwich's Tom Blackmore was a worthy winner of the Colin Chamberlain Memorial award as most entertaining rider.



Champions are Crowned

Three club champions were crowned in the week - Dave Martin added to his many senior titles while his daughter Lola won the Ladies / Girls title. A good week for Paul Delaiche started with the under-16 title.

Other Hawks results over the past few weeks have included::

Club Maiden Plate—Jamie Thompson 16, William Clarke 15, Zak Thompson 14, Matthew Siddell 13, Jamie Baggaley 11, Oscar Copeland 10, Henry Adderson 9, Luca El Labany 9, Sophie Hancock 8, Alex Thompson 8, Jessica Baggaley 6.

Ladies championship—1 Lola Martin, 2 Jessica Baggaley, 3 Jasmine Swan.

Under-16 championship—1 Paul Delaiche, 2 Will Clarke, 3 Lola Martin.

Under-19—1 Paul Delaiche, 2 Riley Copeland, 3 Jamie Baggelay.

Veterans—1 Dave Martin, 2 Nigel Longlands, 3 Jamie Thompson.

The Changing Face of Back Lane

THE North Hethersett area is experiencing a transformation with new housing development at Kett's Park and Heather Gardens but also a new school and major development at Hethersett Academy. Here are our monthly photographs which show the progress of the various projects.





WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at petersteward@lineone.net.

Reports of events and meetings can also be sent to the above email address.

The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site

www.hethersettherald.weebly.com

Announcement of publication is also made on social media platforms including Facebook, Twitter and Next Door.

If you enjoy reading Hethersett Herald please pass details on.

Spooky Goings On

Spooky goings-on in the special Hallowe'en display at the PACT Charity shop in Great Melton Road at the junction with Henstead Rd.



Have You Missed an Edition?

YOU can catch up on previous editions of the Hethersett Herald by going to www.hetherssetherald.weebly.com and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents. It is currently available only online.



Hethersett Herald



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November 2019

News From Hethersett Library

Friendly Events in Hethersett Library

TALKS, presentations, games afternoons and a children's traditional Christmas party are just some of the events being organised by the Friends of Hethersett Library Group.

On Thursday, 14th November, Norfolk author Phyllida Scrivens will give a presentation based on her book "Escaping Hitler."

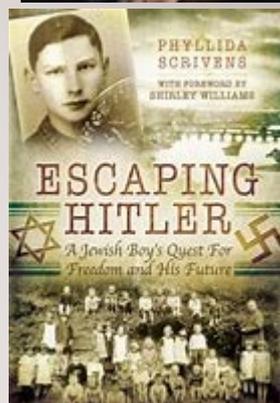
It tells the heart-warming story of Jew Gunther Stern who escaped Germany and made a new life for himself in Norwich. He changed his name to Joe Sterling and founded the highly successful travel agency Stirling Travel. Joe went on to become Sheriff of Norwich and a huge benefactor of the city and Norfolk in general.

Phyllida will be signing copies of her book and the presentation starts at 6 pm. Tickets are available from the library or just turn up on the night. Tickets are £5 which includes refreshments at the end of the presentation.

A traditional children's party will take place on Saturday, 7th December. This will be for children aged between five and 10 and it is rumoured that Father Christmas will be making an appearance. Tickets for this will be £5 per child which will include food and a free gift.

A games afternoon is being organised on the first Friday of each month. A whole host of games from chess and draughts to well known board games will be available and it's just 50p to take part.

Looking further forward the group will be organising a quiz in the village hall on February 29th, 2020. Tables of up to eight will be taking part and the cost will be £7 per person. The library's Lego Club is approaching its first birthday and we will have more about this in future editions.



News From Hethersett Library

Library Opening Hours

The library will be staffed on the following days and times:



Monday: 1.30-7 pm
Tuesday: Open Access Only
Wednesday: 11 am - 7 pm
Thursday: 1.30-7 pm
Friday: 1.30-7 pm
Saturday: 11 am-4 pm
Sunday: Open Access Only

Open Library Users who have had their library cards activated for open access will now be able to gain entry to the building from 8 am until 7 pm every weekday and from 8 am until 4 pm on Saturdays and from 10 am until 4 pm on Sundays.

During Open Library Hours when the building isn't staffed residents will be able to return and borrow books, use computers but won't be able to borrow CDs or DVDs.

The poster on page 88 gives an overview of coming events in Hethersett Library for November.

Hethersett Parish Council will soon have its own office in the library. Plans are now at an advanced state to provide a parish office for the public within the building.

We will let you know when this is up and running.

You will also find details of the latest meeting and coming events of the Friends of Hethersett Library elsewhere in this edition of Hethersett Herald.

Hethersett Library Events November 2019

- **Knit & Natter: Mon 11th, 18th & 25th 14:00-16:00**
- **Colour me Calm: Weds 6th, 13th, 20th & 27th 11:00-12:00**
- **Crafter School Club: Thursday 29th 3:15-4:15**
- **Baby Bounce and Rhyme: Friday 1st, 8th, 15th, 22nd & 29th 1:45-2:15**
- **Lego Club: Friday 1st, 8th, 15th, 22nd & 29th 3:15-4:15**

Join out fun and Friendly Crafter School Club on the last Thursday of the month. Recommended for children age 7+. £1 per child, sibilings 50p.

Book of the Month

Copies of Jeanette Wilson's memoirs *The Glass Castle* will be available from Monday 4th November in the library, along with the reviews from our reading group.

See staff at your local library for details,
visit www.library.norfolk.gov.uk or call 0344 800 8020

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Norfolk County Council