HETHERSETT HERALD

November 2022—Number 85





Kevin Bows Out

HETHERSETT Postmaster Kevin Salmon has thanked local residents as he bowed out after 10 years of working in the village.

Panto is Back

AFTER a two year break, Hethersett Panto Group has started rehearsals again ready to perform Aladdin from the 21st to 28th January 2023.

The tickets go on sale via the website https://
hethersettboxoffice.org.uk/ at 10.30 am on Saturday 5th November.

The ticket office will be in the Queen's Head, Hethersett, at the same time 10.30 until 12.30 both on the 5th and 12th November for members of the public who don't have access to the internet.

Kevin announced his retirement when the previous office in Oak Square shut but he agreed to stay on as the office moved to a temporary home in Hethersett Library.

That home has now become permanent and the organisation has been taken over by the Hethersett Hearts charity. Kevin's last day was on Saturday 15th October when the photograph above was taken under an hour before the closure. The office was then shut for nine days for renovation work before opening on a permanent basis on 24th October. The day before his retirement, Kevin took to social media to thank residents for their support:

"My thanks go out to all who support us. I've had many thanks and good wishes bestowed upon me and I'm humbled and honoured to have enjoyed my time as YOUR Postmaster."

To read more about what Kevin had to say about his time in Hethersett, turn to page four.

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A new booklet featuring two historic village walks has been published by the parish council and can be downloaded from our website. See page 4



Kevin Salmon says farewell to Hethersett as a new chapter opens in the life of the village post office.

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Hethersett Library offers warmth and a free cuppa to residents throughout the winter.

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Former Hethersett Resident Opens New Gym in Wymondham—22

The December edition of Hethersett Herald will be available exclusively online from the end of November. Please note that the editor's e-mail address has changed and items for inclusion should now be sent to petersteward@sky.com



Hethersett Artist exhibits in Norwich—27



Cricketers Celebrate a Fine Season- 45

A Message From The Editor

HELLO EVERYONE

Living in a village the size of Hethersett brings many emotions to the fore.

There will be many good things and, unfortunately some not so good.

October illustrated this perfectly and I hope this edition of Hethersett Herald reflects this.

There was good news as far as the village post office is concerned. Its future looks assured as its temporary home in the library becomes permanent.

The library really is at the hub of the community and will be making hot drinks available throughout the winter for those who need sustenance and a warm under the present economic situation.

But there's not such good news in the form of continuing pressure on our medical services.

A couple of decades ago it would have been inconceivable to think that the village chemists could be shut due to lack of pharmacy staff and that the doctors' surgery would only be dealing with emergencies.

My views on village development are well known through my comments both in the Herald and on my daily blog.

To me it is crazy that full scale development can continue to be allowed to go ahead before the village infrastructure is in place. It's a real chicken and egg situation. What should come first—the development or the facilities. The answer should always be

the latter but sadly it always seems to be the former.

But back to the good news. A visit to the Memorial Playing Field can only lift the spirits as the new pavilion begins to take shape.



This will be a wonderful addition to the village when it is up and running in the Spring.

Of course the physical building is only part of what needs to be done. Once up, the building will have to be looked after and run and, as was pointed out at the monthly parish council meeting, running it will be like running a small business. Sensibly the trustees of the playing field and the trustees of the village hall are considering combining resources to the mutual benefit of both.

I hope you enjoy this edition of Hethersett Herald. There's certainly plenty going on in the village at the moment.

The parish council has put together a brochure with a couple of walks through the history of our village. You will find details of this in this edition of Hethersett Herald and you can download it from our website at:

www.hethersettherald.weebly.com

Peter

Take A Walk

A NEW and updated book featuring two historic walks around Hethersett has been published by the parish council

We are pleased to be able to offer the Hethersett Walks booklet via our Hethersett Herald website at the address at the bottom of this page.

It is also available for download from the Hethersett Parish Council website.

The two walks take about one and a quarter hours each and will take you past some of the village's most iconic and historic buildings with descriptions of each.

They have been put together in conjunction with former Hethersett archivist Gary Wyatt.

HETHERSETT WALKS



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www.hethersettherald.weebly.com

Library staff were full of praise for the part that Kevin has played in keeping a post office going in Hethersett. They had the following to say:

"We say goodbye to Kevin in the Post Office. We've really enjoyed having you in the library and as part of the team. From us all, we wish you a happy retirement and all the best for the future."



Kevin's Farewell

ON his last day as Hethersett Postmaster Kevin Salmon talked about his career and his happy years serving the village.

"Today's my last day in the Post Office. I've spent the last 10 1/2 years in Hethersett. I started my post office career In 1980 at 18 years of age in Whitechapel, East London. I spent three years there before moving to Grays in Essex where I spent the next five years before moving to Dereham where I spent the next 15 years.

"I then got promotion and worked a year at Wisbech as a branch manager followed by a further year at Stanford as a branch manager before taking a position as branch manager at Thetford. Placements as branch managers in Bury St Edmunds and Castle Mall Norwich followed.

"Due to cuts in the Crown Post Office network I took redundancy in 2007 and retrained as an HGV driver class 1 where I spent the next five years before seeing Hethersett Post Office was up for sale In 2012 and I took over from Phil and Heather Emery as Postmaster.

" I've enjoyed my time as a postmaster and it's not always been easy but my



time to look to retirement has come and I am grateful to Michael and Samantha at Hethersett Hearts who have stepped in at the last minute to save Hethersett Post Office from closure.

"Following the end of my lease in Oak Square we were able to work together to relocate into the Library where I have to say the staff of Kay, Kathy, Gareth and Jo and several others that come and go have made my last eight months extremely enjoyable.

"They have made me welcome despite the obvious intrusion into their lives at the library. I hope that Hethersett Hearts are made equally welcome and we all as customers and residents continue to respect that the library have taken us in with open arms and that Hethersett continues to support both the library and the post office.

"It's going to be a tough few weeks for our new postmaster and his team but I hope you will be patient and understanding. They really do want to keep the post office going. Please support them and respect the Library and come and see what the Library has to offer. I was and am truly amazed. "My thanks go out to all who support us I've had many thanks and good wishes bestowed upon me that I'm humbled and honoured to have enjoyed my time as YOUR Postmaster

"It's only fitting as I see my last days in the Library to quote from my favourite author' So Long and thanks for all the fish."

EDITOR'S NOTE: Kevin's quote is taken from Douglas Adams' fourth book in the Hitchhiker's Guide to the Galaxy series of books.

RESIDENTS were very quick to take to social media to thank Kevin for his work on behalf of the village and, in particular, delaying his retirement until replacements could be found.

Over 100 messages and good wishes were posted on Facebook.

Chairman of Hethersett Parish Council Adrienne Quinlan said: "Kevin on behalf of the Parish Council I would like to add our thanks for all you have done for the village and to wish you well for the future."

Former Post Mistress Heather Emery said: "Happy retirement Kevin well deserved, but is it really 10 and a half years? Best wishes to you and family and thanks for all you and your family have done to keep the post office open and in the village through some very tough times, especially through the pandemic."

The following comments are representative of what residents felt about Kevin:

"A huge thank you from myself and I'm sure every resident of Hethersett for all your hard work in providing such a wonderful service over the years. May you enjoy your well deserved retirement Kevin."

"Thank you for your hard work and great service during my eight years in Hethersett Kevin. Good luck for the future."

"Thank you Kevin, for all the work you've put in, helping us to keep an invaluable service. The whole village hopes retirement treats you favourably."

"Thank you Kevin for all your hard work, enjoy your retirement. It is fantastic that Hethersett have kept the post office and hope it will continue for many more years. Good Luck."

"Thank you Kevin. You have always been polite and courteous even in the dark days of covid when the queue stretched round the square and people's patience was getting fraught."



HETHERSETT Library is offering some warm comfort for residents this Autumn.

The library is offering a warm haven with a free cuppa as the weather gets colder and people struggle to meet increased energy costs.

The library took to social media with an invitation.

"Autumn has arrived at Hethersett Library! And we are inviting people to come and warm up. Hethersett Library is here for you with free hot drinks all winter.

"Come in out of the cold and read a book, have a chat or join one of our clubs like Knit and Knatter."

The library says that the tea trolley will be out and ready 20 minutes after

Comfort and Warmth Offer

opening time with the following invitation

"Join us for a tea, coffee, hot chocolate or cup-a-soup in staffed times.

The library is staffed at the following times:

Monday 1.30 to 7 pm, Wednesday from 11 am until 7 pm, Thursday 1.30 until 7 pm, Friday 1.30 until 7 pm and Saturday from 11 am until 4 pm.

The photograph above is courtesy of Hethersett Library Service.

A Golden Day For Briony

A HETHERSETT resident struck gold on Saturday October 15th.

Briony Ridgwell picked out a golden token from a bag at Tesco Express in Great Melton Road and won the right to nominate a good cause for a £10,000 community grant. Briony also won a gift voucher for finding the golden token amongst 99 blue tokens.



The Hethersett store was given the honour of finding a lucky winner to nominate their favourite from three good causes. The three in contention were Hethersett Community Garden Project, Age UK (based in Drayton) and Ghost Hill Infant and Nursery School, Norwich. Briony chose Age UK for the £10,000 community prize.

Shoppers popping into Tesco Express between midday and 1 pm were invited to

pick a token from the bag and over 50 had gone before Briony picked out the lucky one which heralded two confetti canons being let off and tickertape going high into the air.

Community champion and Tesco employee Sarah Lawrence said: "Thank you to everyone for supporting us and helping us to support you. It is an absolute pleasure to be part of this

wonderful village."

Sarah is pictured with Briony on the right. Briony is also pictured with a large version of the golden coin.



Playing Field Pavilion Update

Continuing our monthly photographic update on progress being made on the new pavilion on the Memorial Playing Field. The old pavilion is now long gone and work is going ahead to put in essential services with the new building beginning to take shape.



Playing Field Pavilion Update



Photographs on this page show building materials in place on October 17th.



Buy A Brick Campaign For The New Pavilion

RESIDENTS are being given the opportunity of leaving a permanent legacy on the new pavilion.

Part of the fund-raising effort will be the purchase of personal bricks under a buy a brick scheme.



Bricks will cost between £35 and £70 depending on the size of the inscription which will take the form of personal messages from those purchasing them.

Much of the money for the £865,000 building will come from grants and loans with the Football Foundation providing £249,999. Other money will come from S106 money from developers, parish council earmarked reserves and a loan from the Public Works Loan Board.

The parish council is also raising money through fundraising including the Buy a Brick campaign.

"Through this campaign the Parish Council is offering residents the chance to have their name engraved into history by purchasing a brick slip which will be incorporated into an exterior wall of the pavilion," the council said.

The brick slips will be terracotta in colour and will come in two sizes. The cost will be £35 for a two line brick and £70 for a four line brick. Each line will include an inscription of the buyer's choice up to 16 characters in length.

An order form is available on the parish council's website. Further details are available from parish clerk Annette Palmer on 01603 810915 or via e-mail at Hethersett.pc@tiscali.co.uk.

The parish council website is

https://hethersett-parish-council.norfolkparishes.gov.uk/buy-a-brick-fundraising-campaign

Meanwhile parish councillors and trustees from both the Memorial Playing Field and the Village Hall are looking to work together with a view to sharing certain responsibilities and staff such as cleaners. A meeting is being set-up to discuss this and the future management of the new pavilion once it is up and running.

It is expected that the pavilion will be built by next Spring.

A Broken System?

HERALD COMMENT

IS the system broken?

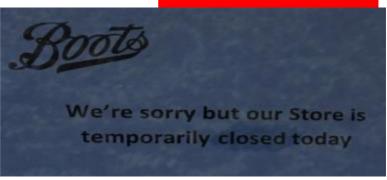
Residents were left wondering as health providers cut their services in October.

Within 24 hours, the village was informed by the Humbleyard Practice that it could only see emergencies due to "high levels of sickness."

The very next day Boots Chemists informed residents that the store was "temporarily closed" due to no pharmacist being available.

Residents took to Social Media to voice their concerns.

Chris Yemm summed up what so many people were feeling with the following words. Due to high levels of sickness, we will only be able to see emergencies today



"Please note that Boots in Hethersett is closed all day. Cannot pick up any prescriptions as no pharmacist on site.

"What with not being able to speak to a doctor, much less get a face-to-face appointment. Message to 'powers to be' - we are DESPERATE for a fully equipped Medical Centre. We cannot cope with more houses and more families moving into, what was the 'village' of Hethersett.

"Please note I love living here and just want our services to improve for the sake of everyone who loves our village."

Chris' comments brought numerous replies about the situation including the following:

"I think Chris speaks for the majority in the village."

"The whole medical set up in Hethersett.is disgusting and not fit for purpose. I feel so sad for anybody who is continually ill."

Other responders blamed what they referred to as the "over development of the village."

"The problem is overdevelopment of housing in the area that Humbleyard covers. The planners / council must carry some responsibility," one stated.

The Humbleyard Practice took to Facebook to explain the current problems that exist and the levels of abuse staff have been subjected to:

"Some of the comments are borne out of frustration at difficulties accessing appointments. We acknowledge this issue but other posts were unfortunately abusive towards the practice and staff and cannot be tolerated. We have been in communication with Norfolk Police about the recent online trolling behaviour.

"We are oversubscribed by almost 5000 patients. This is a result of the large housing projects across all three of the villages we cover. This will likely double again in the next 3-5 years. We are contractually NOT ALLOWED to refuse patients to register with the practice if they move to within our boundary area, this is the reality we face. With each development our finite resources are stretched even thinner."

The practice goes on to say that on one particular day it had 669 patients trying to contact them between 8.30 and 9.30 am.

"We try to answer calls as quickly as possible, but this number clearly indicates why patients are being held in a queue or being asked to call back because the lines are busy.

"We understand that it may be frustrating to wait for some time on the

phone, but we urge people to continue to be kind and patient to GP practice staff; they continue to work incredibly hard to provide the care you need.

"Each week we offer up to 975 appointments. When we are full and have no more capacity to fit in additional appointments for reasons of safety, patients will be signposted to other NHS services for example the Walk-In Centre, which exists to provide out of hours cover and the inevitable overspill of appointments in general practice."

The practice says that it is still feeling the affects of COVID

"Alongside the increasing population, the workload the practice is facing has grown significantly and become more complex. We are still dealing with a large backlog of clinical issues from the pandemic."

So we return to our initial question: "Is the system broken" in the light of extensive new development in Hethersett that seems unlikely to stop anytime in the near future?"

Of course planning permission has been given by South Norfolk Council along with land and finance for a new health centre in Hethersett—a project that seems to have gone rather cold.

And there will be acute frustration for people who genuinely need the medical services which, there can be no doubt, are now severely overloaded.

It's all a balancing act that seems to have gone completely to pot and the situation will only get worse as more people move into the village and the area as a whole.

Peter Steward

13

THE City of Norwich Brass Band came a creditable eighth in the national championships in Cheltenham in September.

The band practises in Hethersett Village Hall on Tuesday evenings and reached the national finals by coming first out of 17 bands from across London and the Southern Counties area.

That victory gave them entry into the second section (division) of the national championships.

Previously the band had competed in the fourth and third sections.

In the final, the band, under Musical Director Mark Ager, was drawn to play at number six and took to the stage to showcase their test piece "Ghosts, Goblins, Witches and Wizards by Darrol Barry. All the bands played the same piece.

"We were awarded eighth position which is a great achievement playing in the finals at this level for the first time in the

band's history," the band announced on its Facebook page.

Members of the City of Norwich team stayed over in Cheltenham for the weekend, enjoying the social aspects of banding. Members said that constructive comments and feedback from the judges has given them some valuable advice for the future.

The second section of the National Championships was won by Campbeltown Brass.

The Norwich band is now entering a busy Christmas period before preparing for the 2023 regional contest at Stevenage.

The photograph at the top of the page of the band is taken from their Facebook page and used with permission.



National Recognition For Brass Band



Pothole Repaired After Five Months

Just how long does it take to repair a pothole?

That's the question posed by residents of St John's Close during the month. But thankfully by the middle of October the hole had been filled in.

The saga began back in May when the large hole appeared following work by Cadent.

It soon became obvious that the pothole was a danger and bright red barriers were placed around it. These had a tendency to blow over in heavy winds, however.

Residents became frustrated at the lack of action and were concerned that a car would be seriously damaged if it ran over the hole.





Things began to gather pace when Hethersett County Councillor David Bills and Hethersett Parish Clerk Annette Palmer began to grasp the nettle following contact from residents.

And it all turned out well when the County Council came along to fill in the hole with the intention of claiming the cost back from Cadent.

The residents said they were relieved that the hole has finally been repaired and the road made safe again.

Words by Mel Perkins Pictures by Jenny Melvin

HETHERSETT Hawks/ Yellow Brick Mortgages staged their annual club championships on a fast track made perfect by rain the previous day.

A sunny afternoon saw 29 members take part, contesting nine events over nearly six hours of wall-to-wall entertainment.

Mason Martin could not repeat his triple champion feat of 2021 after slipping in one race in the seniors. Paul Delaiche deservedly lifted the cup that dates back to Hethersett Hornets in the

1940s - his first victory after twice being runner-up. Mason had quite a battle with Paul to defend his Under-19 title winning their clashes 3-1 and had a comfortable win in the Under-16s.

The El-Labanys dominated the youngest events with Nyla and Luca winning the Under-8s and Under-10s respectively but Luca found the going tough in the next category up with some great battles with Will Clarke, whose race management was spot on.

Aiesha Musa won the Under-13s and Ladies events while Glyn Morgan regained the Veterans' tile after three years in which Dave Martin ruled the roost. Dave was struggling with injury towards the end and conceded a run-off for the title.



Perfect Going For Championships

Events concluded with the Maiden Plate, an event for those who have never won any of the club championships. Michael Gunn saved himself all day for this event and sped to a maximum. Overall there were





Hethersett Herald



Full club championship results:

Under-8: Nyla El-Labany 16, Alfie Gun 14, Miles Jessett 12, Noah Frost 9, Josh Morris 8, Henry Everson 7, Dylan Jessett 4.

Under-10: Luca El-Labany 16, Oscar Copeland 15, Austin Brailey 14, Nyla El-Labany 13, Arlo Davies 12, George Snook 11, George Morris 10, Alfie Gunn 9, Miles Jessett 8, Henry Everson 7, Josh Morris 6, Michael Whitfield 5, Noah Frost 4.

Under-13: Aiesha Musa 24, Will Clarke 21, Amelia Dodson 20, Luca El-Labany 17, Lola Martin 17, Oscar Copeland 13, Hugo Kemp 13, Austin Brailey 10, Yeva Makieieva 8, Arlo Davies 7.

Under-16: Mason Martin 16, Aiesha Musa 15, Will Clarke 13, Luca El-Labany 13, Lola Martin 12, Amelia Dodson 12, Arlo Davies 10, George Morris 9, George Snook 6.

Under-19: Mason Martin 15, Paul Delaiche 13, Lola Martin 8, Yeva Makieieva 3,

Seniors: Paul Delaiche 18, Mason Martin 17, Jamie Neill 15, Glyn Morgan 14, Dave Martin 13, Nick Davies 11.

Ladies: Aiesha Musa 16, Lola Martin 12, Amelia Dodson 11, Nyla El-Labany 6, Yeva Makieieva 5.

Veterans: Glyn Morgan 19, Dave Martin 19, Jamie Neill 16, Nigel Longlands 14, Jo Silver 11, Nick Davies 11.

Maiden Plate: Michael Gunn 16, Amelia Dodson 15, Austin Brailey 14, Arlo Davies 12, Hugo Kemp 11, Alfie Gunn 11, Nick Davies 11, Jo Silver 10.

Season Comes To An End

HAWKS brought the curtain down on a successful competitive season that will be proudly celebrated at the club's presentation evening on Friday December 2nd.

The final day's racing was the annual charity event, sponsored by Breckland Autos and, this year, raising well over £150 for the local charity Finnbar's Force.

The day started with the club's Under-13 Handicap event which was the club's youngsters' chance to show how much they have improved - none more so than Michael Whitfield who, dispute his disability, continued his improvement and is a popular member of the junior squad. His improvement and commitment was recognised with the "champagne moment" prize.

Last year's winner Aiesha Musa won all her races, but it was not enough as the Hawks' young star Luca El-Labany pulled off some great passes over older riders to drop just one point. His handicap bonus because of his age took him to 22 points.

A race-off was required for third place and this again featured a handicap which proved too much for Will Clarke starting round the bend. Lola Martin, who conceded about 12 yards, tried her best to pass Oscar Copeland but the dogged young rider held on.

Scores—Luca El-Labany (19+3) 22, Aiesha Musa (20+0) 20, Oscar Copeland (14+4) 18, Lola Martin (16+2)



18, Will Clarke (18+0) 18, Austin Brailey (14+3) 17, Amelia Dodson (17+0) 17, Nyla El-Labany (10+6) 16, Arlo Davies (12+3) 15, Hugo Kemp (14+1) 15, Remy Davies (9+6) 15,

Henry Everson (8+6) 14, Jamal Musa (11+2) 13, Noah Frost (6+6) 12. Michael Whitfield (7+4) 11.

The Hethersett Charity Cup saw riders from Hethersett, Ipswich and Norwich put on a good show in a competitive but friendly competition. Ash Hill produced a



fast start from grid four in a rerun of a tough first ride and then never looked troubled as he sped to a maximum to retain the cup, his fifth win.

A race-off was required for the minor places with Glyn Morgan trying all his experience to hold out the challenges of Harley Hamill but in the end the Ireland international finally made his move on lap three and was too strong when the riders clashed.

For the rest of the field there were some good races mixed with unforced errors so no-one was consistent enough to challenge for the podium.

The Colin Chamberlain Memorial Trophy for the most entertaining rider went to David Adams who was involved in a couple of falls, one of which saw his trousers come down!

Scores—Ash Hill (Ipswich) 20, Harley



Hamill (Hethersett) 18, Glyn Morgan (Hethersett) 18, Dave Martin (Hethersett) 15, Jamie Medler

(Norwich) 15, Owen Wells (Ipswich) 14, David Adams (Norwich) 14, Tom Blackmore (Norwich) 13, Shaun Kell (Norwich) 13, Mason Martin (Hethersett) 12, Paddy Wenn (Norwich) 12, Aiesha Musa (Hethersett) 10, Scott Grimes (Hethersett) 8, Nick Davies (Hethersett) 7, Amelia Dodson (Hetherstt) 6, Dave Blackmore (Norwich) 3.

The previous day Glyn Morgan was duly presented with his Over-60s Champion's jersey in the Eurovets Series and ended in style by winning the final round at Birmingham.

He was unlucky in the Over-50s though as an adhoc countback system placed him in the B Final where he came second, a position that gave him 5th place overall.

Much younger Hawks were at Kesgrave for the final round of the South East Grand Prix. Luca El-Labany finished second in the Under-10s, sufficient to move him up to third overall despite missing two rounds.

Going one better was Aiesha Musa, a third place at Kesgrave making her runner-up in the girls' series, closely followed by Amelia Dodson.

Other positions on the day were - Nyla El-Labany (4th U8 A Final), Oscar Copeland (2nd U10 B Final), Austin Brailey (3rd U10 B Final) and Ronnie Harding (2nd U10 C Final).

Hawks brought home eight of the nine trophies awarded in the Norfolk Grand Prix series after the final round for older age categories at Harford Park.

Results on the night -

U16 - 1 Will Clarke, 2 Lola Martin, 3 Jamal Musa.

Female 12+ - 1 Aiesha Musa, 2 Amelia Dodson, 3 Anna Clarke, 4 Charlene Johnson.

Senior - 1 Paul Delaiche, 2 Mason Martin, 3 Dave Martin, 4 Jamie Medler (Norwich).

Final standings -

U16 - 1 Lola Martin 94, 2 Jamal Musa 88, Will Clarke 58.

Female 12+ - 1 Aiesha Musa 98. 2 Amelia Dodson 71. 3 Anna Clarke 33.

Senior - 1 Paul Delaiche 94, Mason Martin 93, Jamie Medler 78.

Rubbish Praise

A TOTAL of 27 litter pickers turned out for the October clean-up on the 15th.

Sixteen bags of rubbish were collected. And disposed of by Tesco Express.

Organiser Geoff Dyett said "the volunteers make me so proud."

Coming Next

Coming in the December edition of Hethersett Herald we will be featuring the new set-up as Hethersett Post Office becomes permanent in Hethersett Library.

We will also be reporting on the open day at Hethersett's new mosque.

Alongside this, there will be all the usual news and features. The December edition will be available online at the end of November. The January edition will be available before Christmas in order to reflect the festive season in the village.

Hustle and Bustle



THERE will be plenty of hustle and bustle in Wymondham with the opening of a gym with a difference.

Hustle Wymondham is the latest venture by fitness entrepreneur Bobby Harrison following the success of a similar venture in Norwich.

Hustle Boxing Gym is opening at the end of October with a come and try free weekend where the public can try out a variety of classes. Mr Harrison, who is 41, has taken over a former gym on a unit on Philip Ford Way.

Hustle is a boxing and fitness concept with the emphasis on mental health and well being as Mr Harrison explained.

"We offer a range of classes suitable for everybody, providing a fitness space that is safe, non-intimidating and friendly. We strive to create a community where our members help and support each other and celebrate achievements both inside and outside the gym."

Mr Harrison, who was born and brought up in Hethersett and whose mother lives in Wymondham, is a firm believer that a healthy body and mind should go hand in hand.

Hustle Wymondham will be open from 6 am until 8 pm Mondays to Fridays and 7 am until 3 pm on Saturdays and Sundays.

Mr Harrison opened Hustle in Norwich early in 2020 but soon found lockdown forcing him to undertake online fitness with 452 classes involving 6500 people from all over the world. With lockdown over, Mr Harrison's gym in Norwich began to take giant strides forward and

soon he was looking for a second centre which he has now found in South Norfolk

"Wymondham was always on my radar, and we really do want to be a part of the local community. Our focus will be on mental as well as physical health. We want to provide an atmosphere where people can relieve stress and make new friends," he said adding that gyms can be lonely places with everyone in their own world – something Hustle will be trying to break down.

Hustle has a unique approach to boxing, teaching real boxing technique without the contact. The gym will offer a variety of boxing-based and strength classes as well as personal training. It will cater for youngsters aged eight to 11 and have classes for boys and girls and numerous classes for adults and seniors. Hustle Wymondham will have a variety of coaches available from all backgrounds of fitness, and Mr Harrison is confident about the future

"Opening a second Hustle is a pretty big gamble with the cost of living rising and a recession, but fitness isn't something people are going to give up. For many people fitness is more important than Netflix for example.

"A lot of people already know about us and we have already established a strong brand in both Norwich and Norfolk. We will have a variety of payment options including pay as you go and no contract unlimited memberships."

Hustle will also have rooms for rent or hire and a café that will be open to all.

Mr Harrison has another important reason for opening a new Hustle Gym in Wymondham. A year ago his inspirational dad lan, who lived in the town, died and he is hoping that his memory will live on at the gym: "I know he would always have been around, helping out and being supportive," Mr Harrison added.

More information on both Norwich and Wymondham Hustle is available on the website:

https://www.doyouhustle.co.uk/ from where members of the public can also sign up for the free weekend of activities

YOUNGSTERS attending Treetops Nursery in Hethersett have been learning about their local community.

This has included learning about local nature and the natural life of the village.

In October the Rector of Hethersett the Rev Derek McClean visited the group and showed children items from the church and explained their relevance. Rev McClean also talked about baptism. Our photographs opposite are courtesy of Treetops.



Coming Back Even Stronger

A HETHERSETT group has overcome problems to emerge from lockdown stronger than ever.

Hethersett Dementia Support Group held its annual meeting in the Methodist Church Hall on October 4th when chairman David Bills reviewed positive steps taken since the previous AGM in 2019.

"It has been a very trying few years but we have come through it stronger than ever," Mr Bills said before remembering two important figures who had died during lockdown. The group had lost its patron Sir Edward Evans-Lombe and also stalwart member Alan Utting, both of whom had supported it financially.

Nevertheless Mr Bills said that the group, which oversees the twice monthly Forget-Me-Not cafes and also supports those living with dementia and their carers, was in a healthy state.

"We have emerged from lockdown stronger than ever. During lockdown we continued to ensure that the group didn't fall by the wayside. We have shown that there are a willing band of volunteers here to help and support local people.

Committee member Lesley Evans outlined the programme for the coming few months with the café meeting on the first and third Tuesdays from 10 am.

The meeting elected the following officers for the coming year: Chairman, David Bills; Treasurer, David Smith;

Minutes' Secretary and Project Leader, Stephen Baxter; Committee—Rev Christopher Mallett, Anne Steward, Pippa Downes, Lesley Evans and Janice Morter.

The Dementia support group was founded in May 2015 and has been in existence for over seven years. Everyone is welcome and not just those living with dementia. The first Tuesday of each month is an informal event with chat and refreshments and

Remaining Programme For 2022

November 1st—Suzi Silva, Community Responder for Hethersett.

November 15th—Street Sellers with Angela Bishop.

December 6th—Christmas Carols with the Methodist Singers.

December 20th—Christmas Crafts

the third brings a more structured programme which includes presentations, films, games and other entertainment.

On November 1st, Community Responder for Hethersett, Suzi Silva will be making a welcome return visit to discuss services available to the community and also to discuss matters on a one to one basis.

On October 18th members brought along items that meant a lot to them. These included a music box, embroidery, a poem, cushions, ornaments, a buckle and much more. Members described what the items meant to them.

On the next page you can see two historic photographs that were brought along by Laurie Brettingham.



Forger-Me-Not Café member Laurie Brettingham brought along two family photographs. Above he is pictured with café helper Kay Meddick and opposite is one of his treasured family photos showing the wedding of his father and mother in London.





Laurie Brettingham brought along this photograph taken at Great Yarmouth Artillery Hall in either 1917 or 1918. His father Sergeant John Brettingham is seated in the front row second from the right.





HETHERSETT-based artist Jocelyn Jacobson with two of the pieces of art which were displayed during October in the under croft of Norwich Market.

Jo was exhibiting with a number of original artists, working in many different media.

Her art is heavily influenced by her native Zimbabwe as can be seen with our photographs which show the artist with two of her works.



To Mow Or Not To Mow?



Our photographs show two areas on land at the back of Hethersett Village Hall that have been given over to re-wilding and the creation of wild flowers.

The village is currently putting together a full document on both rewilding and bio diversity.

There was considerable angst at the September Parish Council meeting when a member of the public likened councillors to Extinction Rebellion. Councillors looked upon this as a slur on their character.

The September meeting passed a resolution that parish clerk Annette Palmer should write to the resident saying that the council was "deeply

offended and concerned" to be linked to Extinction Rebellion and a suggestion that the parish council had behaved inappropriately.

This was duly done and back came the response from the member of the public.

"I too was deeply offended by your reply and by the parish council's failure to address any of



my concerns,

"Many people here consider recreational land to be a priority and they are shocked by the actions taken to damage the village hall field.

"The village sign area was also interfered with in the interests of rewilding after many years of good management as an attractive entrance to the village. It seems that the desire for 'wildlife status' is becoming out of all proportion to consideration of the real needs of the growing population.

So what do our readers think? Are you a fan of re-wilding and allowing certain areas to grow naturally or do you think this creates an eyesore. Do let us know and we will print any comments we receive.



THIS will be a "before" picture. The space at the back of the village hall, formerly used as a skateboard park, is being turned into a community garden to be known as Hethersett Back Garden in recognition of the part played in the history of the village by the Back Family. We will be capturing with interest photographs of the progress of the project over the coming months.

Years Rolled Back at Rectory

Elisabeth Plummer on a day of history at an historic Great Melton house.

THIS was a lovely day, pure escapism from today's world of doom and gloom!

The Edwardian Day at Great Melton Old Rectory increases each year.

This year we were lucky to have the marquee and generator left in place by the suppliers from the previous wedding.

The loyal band of choir and Parochial Church Council members organised the staffing of the gate, the online advertising, running and supplying teas in the marquee leaving me to create mayhem with Canon Loose and family in the house.

It took several days to put away and cover everything modern in the eight rooms used and will take the rest of the year to put it all back.

The 15 daft characters all had to be found costumes and given the story line which most of them forgot!

The house was full of music, cooking smells and laughter. An added character, a tramp with his ferret on a



Photographs by Elisabeth Plummer and Peter Steward



lead and a handsome lad possibly abducted, took up residence in the chicken shed!

For those not so keen on amateur dramatics, there was an exhibition of photos of previous rectors and families, information about the house and a lot of parish history collated mostly by David Gregory.

The stable was open with props which can be used for weddings, even the

potting shed was set up.

Definitely something for everyone – what on earth will happen if at all next year?

So sad it is all over but a total of about £1000 was raised to be donated to Great Melton Church and the East Anglian Air Ambulance.







Do You Have a Guest Staying With You from

Ukraine?



Hethersett Methodist Church

Gt Melton Road, NR9 3AB

is offering

a Gathering Space

a Coffee

(Tea and Squash is also available!)

a Warm Welcome

Come and Join Us at the

Coffee Stop

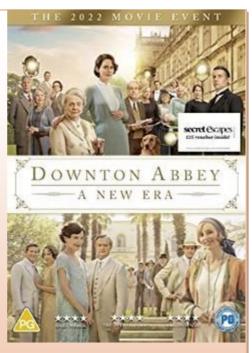
9am to 12pm Every Wednesday

The Abbey Habit

HETHERSETT Village Screen continues its Autumn run with the film "Downton Abbey—A New Era" on November 6th and then concludes with "The Railway Children Return" on December 4th.

All films take place in Hethersett Village Hall on a Sunday afternoon at 3 pm and are subject to possible change owing to licensing matters beyond the control of the organisers.

Downton Abbey A New Era follows the Crawleys and their staff as they welcome a movie crew and their glamorous stars to Downton for the filming of a new silent movie, while other members of the family go on a grand adventure to a villa in the south of France to uncover a mystery about the Dowager



Countess and her past.



Hethersett Herald

News From The Parish Council

Meeting Dates

Council meetings for the remainder of 2022 will take place on the following dates: November 21st and December 19th.

The council meets monthly on the third Monday of each month except for August when there is no meeting.

Council meetings begin at 7.30 pm. For other committee dates refer to the council's website which can be accessed at:

https://hethersett-parish-council.norfolkparishes.gov.uk

The website all includes agendas, minutes and supporting documentation for items to be discussed at meetings.

Committee and full council meetings are open to the public. Residents are given the chance to make comments at the beginning and towards the end of each full council meeting.

How To Contact The Parish Council

Parish clerk Annette Palmer can be contacted by telephone on 07902 322729 or via email at hethersett.pc@tiscali.co.uk.

The council has a website at

www.hethersett-parish-council.norfolkparishes.gov.uk

and also a Facebook page. A full list of councillors appears on the next page of this edition of Hethersett Herald along with contact details.

The parish council is also looking for a Community and Projects
Officer

News From The Parish Council

Below are details of the 14 parish councillors

Position	Name	Address	Telephone
Chairman	Adrienne Quinlan	8 Childs Road, NR9 3HN	814379
Vice-Chair	Sarah Lawrence	c/o Parish Council Office	Via the clerk
Councillors	Leslie Dale	46 New Road	810952
	Anne Edwards	6 Queen's Road	812309
	Samantha England	c/o Parish Council Office	07582225895
	Jonathan Loome	6 Miller Close	07799608978
	Chris Morriss	19 Haconsfield	810060
	Eileen Mulvaney	C/o Parish Council Office	Via the clerk
	John Nightingale	2 Buckingham Drive	811513
	Stephen Slack	70 Priory Road	811824
	Mike Stark	61 Lynch Green	Via the clerk
	Jennifer Walpole	16 Cann's Lane	811932
	Bridget Williamson	8 Churchfields	810259
	Vacancy		

New Councillor To Be Appointed

THERE is a vacancy on Hethersett Parish Council following the resignation of its youngest member Katie Adams who is moving away from the village.

The resignation takes the number of parish councillors down to 13.

The voluntary post will be advertised and an election will take place if more than one resident puts themselves forward. If nobody steps up the council will have the right to co-opt a new councillor.

Anyone interested in applying or wanting more information should contact parish clerk Annette Palmer or chairman Adrienne Quinlan whose details are in this edition of Hethersett Herald.

Full parish council elections are scheduled for next May.

News From The Parish Council

Residents To Be Asked About The Future of Street Lighting

STREET lighting could disappear from certain areas of the village as part of economic cutbacks.

The parish council is to ask residents about the future of street lighting with the possibility of not replacing lights as and when they come to the end of their lives.

Residents are to be asked whether they are in favour of upgrading all the streetlights in the village at considerable cost or for only streetlights on the main arterial roads used as bus routes to be upgraded with the parish council owned streetlights being removed as and when they come to the end of their life.

The costly option would see existing streetlighting being upgraded to LED. During the next five years it is estimated that 189 columns will have to be replaced.

Much of the streetlighting in the village is the responsibility of the parish council but other lighting such as that on the Churchfield development is owned by either South Norfolk Council or Norfolk County Council.

Parish clerk Annette Palmer is to ask the district and county councils what their future plans for streetlighting in the village are and whether there are any plans to switch off lighting at midnight or to remove columns.

The views of the district and county councils and Norfolk Police will also be sought about removing all parish council owned streetlighting from the village with the exception to that on the main arterial roads used as bus routes.

THE next village litter pick organised by the Hethersett Environmental Action Team under the auspices of Hethersett Parish Council will take place on Saturday November 12th.

Not Getting The Chop

HETHERSETT Parish Council is employing a guillotine but no heads will roll.

The guillotine is aimed at limiting discussion on any one item to around 10 minutes.

The decision follows a difficult meeting in September when many items ran too long with the result that many had to be held over.

Any items that cannot be discussed in 10 minutes will be referred to the next meeting, although councillors agreed that 10 minutes wouldn't necessarily become a hard and fast rule if a decision looks like being made shortly afterwards by allowing a small amount of extra time.

News From The Parish Council

Antenna Proposal Turned Down

The council has turned down an application by Anglian Water to site a smart meter antenna on land at the Village Hall.

The water company had asked for a pole and antenna to be placed on land at the hall to facilitate the use of smart meters in the local area.

Councillors thought the area inappropriate for an antenna in the light of possible extensions in the future to the building.

Members heard that the company had suggested two specific locations around the village hall but councillors felt the village hall an inappropriate place for an antenna. The proposal was turned down by five votes to zero with five councillors abstaining.

New Road Names

THE parish council has submitted a list of possible road names for new development in the village.

The names range from local people who have contributed to the village in the past, well known Hethersett families, professions, names with Roman associations, church rectors and ministers and woodland creatures.

Village Shorts

The council has given permission for the village based charity Finnbar's Force to light up the Oak tree in Great Melton Close again this Christmas This proved popular and highly colourful last year and formed part of the winter wonderland scenario.

Hethersett Parish Council will be one of a number of village organisations to lay a poppy wreath on the village war memorial during the annual Remembrance Sunday event which this year will take place on Sunday November 13th.

Two Beryl Bike stands will be made available in the car park at Hethersett Village Hall providing the trustees of the village hall agree.

The council will not be updating or replacing maps located throughout the village.

There will be no upgrades or new maps to include new village development although the decision will be reviewed in a year's time.

Modern technology has seen use of physical maps drop and it was also agreed not to repair or replace any of the maps if they are damaged over the coming year.

News From The Parish Council

Friday Parking For Mosque Agreed

WORSHIPPERS attending the new mosque in Henstead Road (pictured opposite) will be allowed to park on Hethersett Village Hall car park on Friday afternoons between 1 and 2 pm.

The organisers of the Masjid and Islamic Community Centre asked the council to consider a request specifically for Fridays.



"Most days for five daily prayers, the traffic and parking is not an issue for us but we anticipate more cars and traffic for Friday prayers between 1 and 2 pm and it will get busy and we would request allowing us to use parking space at the village hall only for one hour on Fridays if possible to avoid road congestion and neighbours' complaints," the organisers said.

Councillors agreed unanimously to the request with the proviso that mosque attendees park at the far end of the car park and subject to the car park not being needed fully by other hirers.

Mobile Coffee Idea Turned Down

AN application for a mobile coffee outlet on the parish council car park close to Tesco Express has been turned down by the parish council.

Coffeesmiths contacted the council to ask for permission to use a space on the car park.

"We are based in Wymondham and think we could be a great addition to the village centre," the application said adding that the plan would be for operation between 7 am and 4 pm. But councillors felt the area to be inappropriate due to inadequate space and traffic problems that could be caused.

"There are at least four coffee outlets already in the village and I would be reluctant to take business from them," Councillor Mike Stark said.

There was a suggestion that the company could site a facility on Hethersett Memorial Playing Field providing support is forthcoming from the trustees.

News From The Parish Council

Double Yellow Line Decision

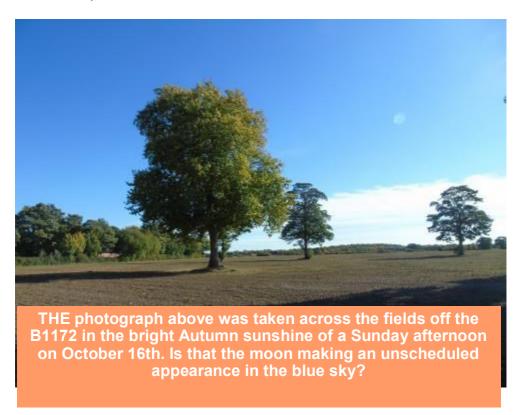
THE parish council is to continue to support extending the double yellow lines along Henstead Road from the junction with Great Melton Road but it isn't supporting a resident's request for an extension of double yellows along a part of Queen's Road.

The request was for the lines that currently run from 41 to 39a Queen's Road to be extended to continue past numbers 35, 37 and 39 and around

the corner into Cann's Lane.

Members said that numerous meetings with Norfolk County Council regarding requests for double yellow lines in the village had "met with very little success."

Members agreed not to support the Queen's Road request but to continue to fight for an extension of double yellow lines in Henstead Road.



HAVE YOU HEARD ABOUT

Hethersett & District Aid in Sickness Fund?

(Formerly known as the Hethersett Nursing Association)



DO YOU LIVE IN

Hethersett Ketteringham or Little Melton?

ARE YOU

or is someone you know, in need of financial help because of illness or disability?



Examples of help available

Grants are available towards:

- Car adaptations.
- Wheelchair or other mobility items.
- Support during a sudden medical crisis.
- Nebulisers and other equipment.
- Pre-payment certificates for prescriptions.

For further information or to apply for a grant please telephone one of the trustees listed below. If you have a need for something which is not mentioned above please apply and we will try to help.



	Alex	07805 242326	
	Rachel	01603 812596	
	Mary	01603 811330	
	Barbara	01603 810502	
	Christopher	01603 811010	
1	Debby	01603 812221	

All applications are treated in the strictest confidence.

Registered Charity Number 211284

A Fan Of Guiding

Sarah Lawrence looks back on another busy month where her column seemed to write itself.

THIS month has been a funny one. When I first sat down to write this, I didn't feel like I'd done much, but the words practically write themselves!

Back towards the end of September, I had the pleasure of being asked to volunteer at my eldest daughter's Guide group, 3rd Hethersett Guides.

I'm a massive fan of Girlguiding despite not being part of it myself. Both my daughters attend groups in the village (my youngest is currently a Rainbow with 1st Hethersett Rainbows) with my eldest attending Rainbows and Brownies groups in Hethersett in her younger years.

I love the wholesome feel to these groups and I am enormously grateful to the hard work and efforts that the volunteers undertake in order to keep them running. I wish I could have attended something like this when I was younger, but instead I can live vicariously through my daughters!

My eldest, Amelia, attends the Guides group ran by Rosie Watts, a young leader who does an amazing job of engaging the girls whilst steering



them to complete all of the tasks and challenges that Girlguiding sets.

At the session I attended, Rosie had lined up a very special surprise for the young ladies in the group. This was a visit from one of the Deputy Lieutenants of Norfolk, who presented the Guides with their certificates and badges for the Norfolk Jubilee Challenge – which Rosie had secretly organised and entered them in for!

The girls were all thrilled with their certificates and badges, a lovely way to commemorate the Queen after losing her just weeks before. The rest of the session was dedicated to the life and times of the Queen, especially as she herself was Patron of Girlguiding. It was lovely to be able to have the privilege to attend as a guest and helper.

We attended the Harvest Festival this month too, after being invited to Hethersett Methodist Church for their family service through my youngest, Hattie's Rainbows group. We last attended a family service earlier in the year, and really enjoyed it.

The Methodist Church very kindly sourced and put on a continental breakfast for all attendees, my daughters very much enjoyed this part! They always make us feel so welcome when we come, despite not being regular church-goers. It included interactive songs and craft activities, and visitors were encouraged to



donate food that will later be distributed to families in need in the area. Hattie was also presented with another Rainbow badge during the service. We had a really nice time, and very much look forward to their next family service at Christmas.

Speaking of Girlguiding, I've completed my mammoth task of transferring Amelia's Rainbows, Brownies and Guides badges onto a camp blanket. It took me a few weeks of sewing in front of the telly, but we're up to date now! Despite the hard work and sore fingers, I do really enjoy it and the satisfaction you get when it starts to

take shape. I've now volunteered to help another family with moving their daughter's badges over to a blanket too. I really am a glutton for punishment!

This month saw us thinking about Amelia's future in education with a visit to Hethersett Academy's Open Evening. I mentioned in the last issue that we had to make our choices in regards to where she will attend in September. We've now filled in that (online) form and firmly set our hopes on Hethersett Academy.

I wasn't expecting to gain a whole lot from the Open Evening. After all, I attended there when I was a teenager, so I knew what it was like. But, I was very foolish not to think about how things may have changed!

The old shell of the school remains, but that's been built on and around massively. They now have a huge Auditorium/English building – which I was very touched to see was named after former maths teacher, Helen Pye, and a new Science block.

The school has all the mod-cons including 3D printers which we were especially impressed by, and of course computers everywhere. Amelia even tried her hand at fabric printing in the Textiles room!

The Open Evening started with a talk by Deputy Principal, Francesca Darke, in the Auditorium. She proudly spoke of the school's achievements and opportunities, with the Head Boy and Girl bravely speaking to us all about their favourite bits of their time there.





Amelia went from feeling nervous before, to feeling excited about the opportunities it will bring.. Fingers crossed she manages to get a space, as we basically live next door too! I have listed back-up schools in our application, but we would really love her to attend Hethersett Academy.

I have to admit, I can really picture Amelia doing well there and fitting right in.



Words and Pictures by Sarah Lawrence

Cricketers Celebrate

HETHERSETT and Tas Valley Cricket Club celebrated a very successful season at their annual presentation evening in Hethersett Village Hall on October 15th.

The Saturday first team gained promotion to the top flight of the Norfolk Alliance and the club continued to run a thriving adult, youth and social set-up.

The player of the year trophy was shared by first teamers Ben France and Ian Bryce.

Similarly the Tony Curson Clubman of the Year Trophy was shared by Al Watts and Nick Morton.

The presentations were made by club vicepresident Richard Matthews

Awards were: Overall Batting, Ben France;





Hethersett Herald

Overall Bowling, Ra Mason; Catching Trophy (excluding wicketkeepers), Jonathan Cooper and Tom Worley; Catching (wicketkeepers), Damon Cresswell; Best Performance, Sam Morton; Duck Cup (most ducks), Will Hurrell; Most Improved Player, Alfie Bird; Young Player of the Year, Josh Hayes; Player of The Year, Ben France and Ian Bryce; Tony Curson Clubman Award, Al Watts and Nick Morton.

First Team Batting, Ben France; First Team Bowling, Ben France; Second Team Batting, Tristan Hunt; Second Team Bowling, Indi Nanayakkara; Third Team Batting, Stephen Hayes; Third Team Bowling, Al Watts; Fourth Team Batting, Sam Woodruff; Fourth Team Bowling, Alfie Bird.

Sunday Batting, Tom Worley; Sunday Bowling, Will Hurrell; Ladies Batting, Jo Dewhurst; Ladies Bowling, Tracey Reynolds; Ladies Softball Player of the Year, Kate Gaynor.

YOU can read more about Hethersett along with Little and Great Melton in our sister publication Good News which can be delivered to your door at the end of each month.

The magazine has been in existence for over 150 years and includes news and coming services for the three Church of England churches in the Benifice—St Remigius at Hethersett, All Saints at Little Melton and All Saints at Great Melton. There is also news from Hethersett Methodist Church.



Good News also includes adverts for local businesses and trades people. Each edition costs just 50p and an annual subscription is just £4 for 12 issues. If you would like to be added to the distribution list. please contact Kim Arnall on 01953 308309.

My Photographic Diary by John Head

Hethersett resident and Hethersett Herald regular contributor, John Head, is a keen photographer who regularly posts his excellent photographs on Facebook. Here we feature a selection of John's photographs.

Four photos of a Mystical and Magical September Dawn (fields abutting St Remigius Church)



My Photographic Diary by John Head



Hethersett Herald

My Photographic Diary by John Head







Back copies of Hethersett Herald are available on the website

www.hethersettherald. weebly.com

News From Hethersett Hall



Visit To The Goat Shed

Just 15 minutes from Hethersett Hall is the hidden gem Fielding Cottage home of The Goat Shed Farm Shop, a family run farm shop and restaurant with its star attraction being the goats of course!

Most of the products on sale here are made onsite and our residents can tell you first hand how amazing their scones and cakes are!

Toil and Trouble

Halloween is right around the corner so our recent drama session was spooky themed.

Words and Pictures by Emily Parton

Our drama teacher Juli Mobbs had our residents reading lines from Macbeth's 'Double, Double Toil and Trouble', they loved getting into character while acting out their lines.

Fang - tastic!

News From Hethersett Hall

Come Singing

A trip to Norwich Forum recently was a musical one with the Come Singing Group.

With keyboard accompaniment our residents enjoyed singing old favourites like "Lambeth Walk," "I'm Forever Blowing Bubbles" and many more, finishing off with "Que Sera Sera"

As the sound of music filled the air it brought a smile to everyone that was listening.

Celebrating That Bear

Recently it was the birthday of Paddington Bear who debut in his first book in 1958. So what better reason to celebrate The Year of The Bear.

To celebrate our late Queen's favourite bear we crafted teddy bears out of hand towels and flannels.

They look great and are easy to make, the residents enjoyed seeing their bears take shape.

One of our ladies said "my daughter would love these", she then went on to make two just for her! One of the bears made is pictured opposite.





News From Hethersett Hall

Junior Ambassadors

Recently I had the absolute pleasure of welcoming our new Junior Ambassadors to the home.

They were put in touch with us by Friend in Deed.

All four of our super kids are from nearby schools and they can't wait to meet our residents.

We look forward to welcoming them back to the home in November for our first after school club!

More news from Hethersett Hall in the next edition of Herald.





Join The Email Group

We currently use Social Media to inform residents when a new edition of Hethersett Herald is published.

We also post copies of new editions, along with an archive of editions from the past six years, on the website www.hethersettherald.weebly.com.

If you would like to be alerted via e-mail of the publication of a new edition please send an e-mail requesting this service to the editor—petersteward@sky.com.

We will then add your address to our group for circulation. Your e-mail address will not be disclosed to any third parties and will be used exclusively for notification of new publications.

The December 2022 edition of Hethersett Herald will be online at the end of November.

News, features and photographs should be with the editor by November 15th at the latest.

We are happy to consider items for publication either on Hethersett or written by Hethersett residents on other subjects and they can be sent to

petersteward@sky.com

We Are On Facebook

Hethersett Herald is on Facebook. You can follow us at https://www.facebook.com/Hethersett-Herald-196216690775010/
Please share details of the Herald so we can increase our readership.

Council/Government Contact Numbers

Below are the contact details for people you may want to get in touch with on village matters:

Member of Parliament

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

Norfolk County Council

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

South Norfolk Council

Our South Norfolk Council representatives are Adrian Dearnley, Phil Hardy and David Bills. David can be contacted on 01603 813041 or at dbills@s-norfolk.gov.uk, Phil on 07985 695668 or at phardy@s-norfolk.gov.uk and Adrian on 07957139880.or at adearnley@s-norfolk.gov.uk.

Hethersett Parish Council

Clerk to the council Annette Palmer can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications).

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is currently closed but will eventually be open in the Back Room at the Village Hall (upstairs) on Monday and Thursday mornings between 10 am and 12 noon.

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info

HERRETT HERALD

Your Monthly E-Magazine

News, views, comment, information and photographs keeping you up to date with what is happening in our village. Hethersett Herald is published on the first day of each month exclusively at:

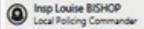
www.hethersettherald.weebly.co



HOW TO CONTACT US

HETHERSETT & MULBARTON Safer Neighbourhood Team







PC Vicky BAILEY Engagement Officer



PC Stu BARNARD Beat Manager

The Local Policing Commander is responsible for a group of Safer Neighbourhoods teams. The Inspector also works with our partners and communities to reduce crime in your neighbourhood and focus efforts on the priorities that matter to you.



101 Ext 5635



Louise,Bishop@norfolk.police.uk

Your Engagement Officer is here to provide communications and updates regarding your neighbourhood as well as co-ordinate volunteers, specials, community speedwatch and / or cadets.

Contact them for local enquiries that affect your neighbourhood.



101 Ext: 1113



Victoria.Balkry@norfolk.police.uk

Your Beat Manager PC is here to engage with the local communities and work to solve local issues and priorities within your neighbourhood.

The Beat Manager's aim is to keep your neighbourhood as a safe place to live, work and visit.



101 Ext: 2386



SNTHethersettandMulbarton @norfolk.police.uk



SNTHethersettandMulbarton@norfolk.pnn.police.uk



/SouthNorfolkPolice



@SouthNorfPolice



Where To Eat In Hethersett

Janey's Village Café -

32A Mill Road. Telephone 01603 811234. e-mail - janeyd11@yahoo.co.uk. Janey's is open from 9 am Wednesdays to Sundays inclusive.

Hethersett Queen's Head -

12 Norwich Road. Telephone 01603 810226.

Food served Monday to Thursday 11.45 am to 2 pm (lunch) and 6-8.30 pm (evening meal). Friday and Saturday 11.45 am to 2.15 pm and 5.30 to 9.30 pm. Sunday carvery sittings at midday and 2 pm. Evening meals 5 to 8.30 pm.

Park Farm Hotel

On the B1172 at Hethersett. NR9 3DL. Telephone 01603 810264. e-mail enq@parkfarm-hotel.co.uk.

Park Farm is a luxury country hotel with spa and fitness facilities and a number of places to eat throughout the day. For more information visit their website at https://www.parkfarm-hotel.co.uk.

Café Kin

Rowan House, Queen's Road, Hethersett.

Café Kin is part of the Rowan House Vets on Queen's Road. Food and coffee served during certain days.

Hethersett King's Head

Norwich Road. Food is served every day including Sunday lunch. The venue is now open seven days a week.

You will also find a variety of eating outlets close to the Thickthorn Services area off the B1172. These are technically in Hethersett, although they are two miles from the village centre. Outlets include Burger King, Subway and McDonalds and there is also a petrol station and Travelodge.

Where Are The Best Deals?

Herald Petrol Watch

	Unleaded	Change	Diesel	Change
Asda Hall Road, Norwich	165.9	-1p	183.9	+4p
Tesco Express, Earlham Road, Norwich	167.5	+1p	183.9	+4p
Sainsbury's Queen's Road Norwich	164.9	-2p	182.9	+3p
Tesco Harford Bridges, Norwich	167.9	+1p	186.9	+7p
Sainsbury's Longwater, Norwich	166.9	+2p	182.9	+4p
Abbeygate Wymondham	172.9	-2p	194.9	+5p
Waitrose Wymondham	172.9	-1p	194.9	+5p
Thickthorn Services, Hethersett	171.9	+6p	197.9	+16p

Latest prices at our chosen eight garages.

WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at petersteward@sky.com.

Reports of events and meetings can also be sent to the above email address.

The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site

www.hethersettherald.weebly.com

Announcement of publication is also made on social media platforms including Facebook, Twitter and Next Door. You can also be notified via e-mail.

If you enjoy reading Hethersett Herald please pass details on.

First Steps Stay & Play Playgroup

Hethersett Village Hall 9:45 – 11:00 every Tuesday during term time



£2 per child (£1 each for additional children within family group)
Babies under 6 months are free!

Email: firststepshethersett@outlook.com

Booking essential – booking window opens the Wednesday before the next session.

To book, please email the address above. You will receive a confirmation reply if space allows.

Spaces are limited to stay Covid safe.

Find us on Facebook – First Steps Hethersett Stay & Play Playgroup

Hethersett Gardening Club

At our latest meeting, Simon White of Peter Beales Roses treated us to anecdotes and a multitude of photographs of the Royal Horticultural Society shows at the Chelsea Hospital site and Hampton Court Palace.

The first Great RHS Spring Show was held in 1862 at Kensington, moving to Chelsea in 1912, where it has continued to open annually except during both world wars. It is the oldest flower show in the world. The Hampton Court Show first started in 1990 with the RHS adopting it in 1993. It is the largest flower show in the world.

Besides enjoying a variety of photographs of gardens and show tents, Simon spoke of the organisation involved in making these shows a success and particularly so for Beales, whose investment has resulted in many gold medals, along with sales orders. The large steel platform structure, now several years old, hosts a major exhibition of roses at Beales Attleborough site.

One final word, beware the mud if it rains at Hampton Court, bring wellies. Your scribe who lived nearby for 37 years, recommends the train as the best way to arrive.

The club meets on the third Wednesday of each month except December, which is usually on the second Wednesday, at 7.30 pm in the Methodist Church Hall, Great Melton Road, Hethersett. All are very welcome - occasional visitors are charged £2; refreshments are included.

Our next meeting is on Wednesday 16th November when Dr Anne Edwards' talk is entitled "Nodules and Noodles – a Working Visit to Shanghai".

AND

On Wednesday 14th December Ted Hallett will be talking about Walter P. Wright a prolific writer of books on the subject of gardening.

Leslie Dale, Committee Secretary—Isldale@yahoo.co.uk.

'Paint With Us' Hethersett Art Group

The group meets on Thursday afternoons from 1.30 p.m. to 4 p.m. in Hethersett Village Hall.

New members are always welcome whether they be new to art or experienced artists. There is no formal tuition.

This is an opportunity to relax and paint in a sociable, mutually supportive atmosphere.

Come when you are free and enjoy a cup of tea or coffee and a chat with other artists.

Contact Carol 01603 810713 or Sue 07876 142906 or just turn up with your own materials.

Rheumatoid in Norfolk Group (The RiNG) by Viv Hawes

Hello Everybody: It's difficult to believe that we have had six meetings already this year and, though numbers are slightly lower than at our peak, we are still very happy. Starting up again was an experiment so I think it has been a success and, with the changes to our running costs, we are solvent.

We hope too that our speakers have been an interesting mix and we are well into next year with requests (and acceptances) for guests. It is your group and we are always keen to hear of any topics that you feel we would all enjoy.

The guest for November is Nanette Olson, someone who many of us remember following on television - a Beauty Queen, a USAF wife and unfortunately, widow and a life full of adventures and experiences. It promises to be fascinating.

Our Christmas lunch is the December attraction and is once again at the Queen's Head on Wednesday 14th. A few places are still available if you are interested, the cost is £25 per person for two delicious courses.

If you feel that our meetings may be of interest, please be assured of a warm welcome, whether or not you have arthritis.

We meet at Hethersett Village Hall at 2 pm on the fourth Wednesday of the month and the cost is £4 which includes tea/coffee and cake. If you require any more info, please contact me on viv.hawes@talktalk.net or ring 01603 811347

CRINGLEFORD & HETHERSETT FLOWER CLUB

Affiliated to the National Association of Flower Arrangement Societies (NAFAS)

Do you love flowers?

Would you like to know more about arranging flowers in traditional and trendy ways?

Visitors are warmly invited to watch a demonstration by a qualified NAFAS Flower Arranger for only £5 or become a member for £25 for the year.

There is an opportunity to win one of their flower arrangements as these are raffled off at the end of the evening

Our friendly Club meets at Hethersett Village Hall, Back Lane, Hethersett at 7.30 pm (unless otherwise stated)

Our 2022-2023 programme:

Mon 28th Nov 2022 - OPEN MEETING * with National Demonstrator

Sat 3rd Dec 2022 - Daytime Xmas Workshop *

Mon 23rd Jan 2023 - Demo by David Wright, title tba

Mon 27th Feb 2023 – Demo by Vicki Hease, title tba

Mon 27^{th} Mar 2023 – AGM * inc supper and speaker – Simon White (Beales Roses)

Ticketed events

For further information please contact our Chairman, Lynn Rawlings on 01603 457888. Follow us on Facebook Cringleford and Hethersett Flower Club.

Hethersett Woman's Institute by Margot Markham

The usual day for our meeting became a National "holiday "for the funeral of the Queen. However we did meet up a week later for a "Group "meeting together with many members of neighbouring Institutes. Because of the dreaded covid we hadn't had the chance to meet up with each other for a long time.

Our speaker was Gary Powell. He gave an interesting insight into his life for 30 odd years as a policeman in London. He worked across London, often in the underground system. It wasn't easy. In fact his job seemed to me to be dangerous. He was in the midst of violence, drugs, robberies and general aggression. He recalled several instances which were horrendous and all he had to defend himself with was a truncheon. I can see why he called his talk "If I hadn't laughed I would have cried "It made our lives living in Norfolk seem very tame. All a long cry from Dixon of Dock Green!

In 1881 Ebeneezer Mather founded the Fisherman's Mission. It was founded on Christian principles although people of all faiths are supported by the mission.

Andy Malcolm spoke of the charity as it works today. He works tirelessly across the whole of East Anglia to get financial support and to raise awareness of the work carried out.

The mission aims to give not just financial aid but emotional and pastoral support for fishermen. They may be at work at sea or retired. The families of fishermen may be in need of support too and they are taken care of. Andy outlined the poverty many fishermen experience to provide us with those delicious "Fish and Chips".

Andy was amazing as he was a superb raconteur. His story of the mission and his own experiences were quite touching. These were interspersed with some sea shanties which he sang, together with little tests to check our knowledge of sea ports and fish types.

He kept our attention so well . He hadn't even gone through the trials of teacher training. Perhaps he could have sold sand to the Arabs but for us, he provided a thought provoking and most enjoyable evening.

Hethersett Mothers' Union by Kate Reynolds (branch secretary)

Hethersett Mothers' Union meets on the last Monday of the month at St. Remigius Church at 1.30 pm.

Our annual coffee morning took place on Saturday September 24th and was a very enjoyable and successful occasion thanks to all members for their help and support.

Our September meeting included a talk from Dogs Trust which was well presented. It was uplifting to see the wonderful care given to the dogs in their care and the optimistic outcomes for them as they are placed into happier circumstances. We hope to hear from them again soon.

At the tie of writing we were awaiting our October meeting which will include a talk by Norfolk Accident and Rescue Service – NARS

Our November meeting is on Monday 28th.

Hethersett Herald What's On

St Remigius Church



Remigius Church.

A friendly and fun time for everyone with babies and toddlers. We look forward to welcoming you at our next session on TUESDAY 1st NOVEMBER

Future Dates:

6th December and 3rd January 2023

For more information telephone: Pauline 01603 812610



Hethersett Singers Preparing for Christmas by David Kinnaird

Our local choir is busy learning new music for the Christmas Concert. This will be at 7.30 pm on Saturday 10th December at the Methodist Church. If you fancy trying out the choir, then you can come on a Wednesday at 7.30 pm. Rehearsals are usually held in the Methodist Church. There are no auditions – just see if you like it. You will be very welcome.

This concert will include a beautiful medley of Carols from Eastern Europe, arranged by Mark Hayes; the seasonal music by Sarah Quartel 'Snow Angel', for choir, cello and drum, as well as music by John Rutter, Ola Gjeilo and others, along with some standard Christmas Carols.

If you want to find out more about us, give Susan a message on hethsing@btinternet.com or telephone me on 07500 299238.

Pulham Orchestra Concert

"The British Isles in December"

Saturday December 10th at 7.30pm in Hethersett Parish Church

The Pulham Orchestra under the Musical Direction of Margery Baker, is delighted to return to the beautiful church in Hethersett to perform a concert of music featuring some of the best melodies and orchestral music from around the British Isles.

The programme will include Mendelssohn's Scottish Symphony (No 3); Nursery Suite by Elgar (written for Princesses Elizabeth and Margaret); Vaughan-Williams' Folk Song Suite and Norwegian Dances by Grieg (his father was Scottish).

There will be familiar tunes: The Londonderry Air, and "Country Gardens" by Grainger and something in the spirit of Christmas.

Interval refreshments will be available.

Tickets £8 at the door, children free.

A tree planted on Hethersett Memorial Playing Field has not taken and will be replaced.

The tree was planted to commemorate the Queen's Platinum Jubilee celebrations. It will be replaced in the near future with a special tree guard also being put in place.

The following are just some of the regular events taking place in Hethersett. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address: petersteward@sky.com.

You can also visit Hethersett Parish Council's community directory on its website

Hethersett Croquet Club meets on the Memorial Playing Field from 2.30 pm on Wednesday and Saturdays during the summer. During the winter the group play indoor games in Hethersett Queen's Head.

Hethersett Methodist Church Art and Craft Group meets in the Methodist Church Hall from 10 am on Wednesdays. Further details available from Tina Greenhalgh on 01603 810364.

Hethersett Methodist Church new offers Wednesday morning coffee from 10 am.

First Steps pre-school Group meets in Hethersett Village Hall. See poster in this edition.

Hethersett Forget Me Not Group's (formerly Hethersett Dementia Support Group) monthly cafés take place in Hethersett Methodist Church Hall from 10 am every first and third Tuesday. There is a social morning meeting on the first Tuesday of each month from 10 until 11.30 am. A more structured meeting then takes place on the third Tuesday from 10 am until midday.

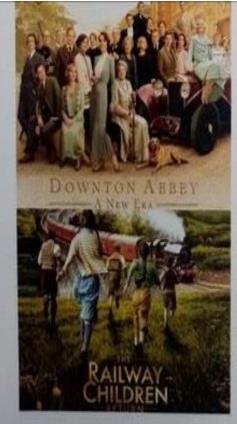
Hethersett Short Mat Bowls Club plays each week in Hethersett Village Hall on Tuesday afternoons. The club opens at 2.15 pm for a 2.30 pm start and finish around 4.30 pm with a tea and biscuit break also included.

Hethersett Memorial Playing Field Bowls Club meets on Wednesdays and Saturdays from 2 pm from April.

If you would like your event featured in Hethersett Herald just send an e-mail to the editor with details.

Coming To Your Screen

HETHERSETT Village Screen is a non-profit organisation bringing films to the community of Hethersett



Downton Abbey: A New Era (PG) Sunday 6th November, 3pm

Hugh Bonneville, Maggie Smith, Michelle Dockery and the much-loved ensemble cast return in this period drama, which sees a film crew descend on Downton, with unpredictable results for those above and below stairs...

The Railway Children Return (PG) Sunday 4th December, 3pm

Jenny Agutter, Tom Courtenay and Sheridan Smith star in an updated retelling of the classic E. Nesbit novel. Siblings Lily, Pattle and Ted are evacuated from Manchester to the West Yorkshire countryside, where adventure awaits.

If you would like your event featured in Hethersett Herald or our sister publication Good News please send details of event, time, date and venue to the editor at: petersteward@sky.com.

Friends of Hethersett Library

We support Hethersett Library by hosting events and raising funds to help provide additional resources for Hethersett Library and the Hethersett Community.

See our Facebook page for upcoming events

Kindly supported by Tesco Express, Hethersett



Help Us Celebrate 50 Years of Hethersett Library

Hethersett Library opened in 1972 and we will be marking the Golden Jubilee with a number of special events.

Coming Events in 2022

Wednesday 12th October – Talk by Local Author Ray Rumsby on his new novel The Prentice Boy – 7 pm. Tickets £5 (includes light refreshments).

Thursday 15th October – Join us for a special free coffee morning in the Library from 12.45 pm. All welcome.

Saturday 26th November – We will be holding a general knowledge quiz in Hethersett Village Hall. See posters for more details.

Saturday 3rd December – Children's Party in the Library for youngsters aged six to 10.

The Friends of Hethersett Library are looking for more committee members. If you would like to join us, please contact Chairman David Bills on 01603 813041.



Extending opening hours at your library

Open Library gives you access to the library when the building is unstaffed, making your library available at times that are more convenient for you.

Library Available* Monday 8am - 7pm Tuesday 8am - 7pm Wednesday 8am - 7pm Thursday 8am - 7pm Friday 8am - 7pm Saturday 8am - 4pm Sunday 10am - 4pm

Staffed Hours				
Monday	1.30pm - 7pm			
Tuesday	Unstaffed			
Wednesday	11am - 7pm			
Thursday	1.30pm - 7pm			
Friday	1.30pm - 7pm			
Saturday	11am - 4pm			
Sunday	Unstaffed			

*During times when the library is available but not staffed, you can access the library using our Open Libraries system

Please visit www.library.norfolk.gov.uk or call 01603 774777 for more information







Methodist Church dates for your diary include the following.

The Art and Craft Group meets every Wednesday at 10 am. Please contact Tina Greenhaldh for information on 01603 810364.

The **Wednesday Coffee Stop** is open every Wednesday from 9 am until noon. Fresh coffee will be served. Please come and enjoy with a group of friends.

Men's Mardle meets on the second Wednesday of each month at 10 am.





Wreath Making Date

AT Wymondham Star Throwers cancer charity they are already dreaming of Christmas with a wreath making workshop. You can book a place by emailing: victoria@starthowers.org.uk. The workshop will take place at the Star Throwers centre in Melton Road, Wymondham on Sunday 4th December and is led by Nicky, from The Enchanted Willow florist. All proceeds go back to Star Throwers - Cancer Support Charity.

On The Lord's Land

WHEN William and Alice Bernak became Lord and lady of Hethersett in 1306, their manor had been a going concern since before the Norman invasion.

For the people who lived on the land, little of great import had changed over those long years. Before the Bernaks' arrival, it's possible very few had ever laid eyes upon their lord.

Even the Norman Conquest was nothing new.

King Cnut and the Danes had been there and done that 50 years before William. There's a convincing argument that Ulf - who held the manor

in 1066 - was the son of one of the warriors who came with Cnut to England in 1016.

The seasons still turned and the crops needed planting. The villagers worked and paid their dues and the lords had little reason to make any changes.

The reason Cnut, William, and Harald Hadrada had all coveted England, was that the Manor system - and the way the nobles made their profits from it - was well organised. There was no need to fix it if it wasn't broken.

And this is what we must remember- a



Coin of King Cnut the Great (© The Trustees of the British Museum)

Manor was a farming estate and estates were designed to make a profit

This being the case, when the Bernaks came to town much remained as it had been for hundreds of years.

Firstly, the villagers were still bonded to the land. This meant that they weren't able to leave. Many were probably descended from unfree tenants from before Cnut's time, their lands passed from one generation to the next.

William and Alice had around 80 tenants, each of whom had their own

families. The village itself probably had something closer to 130 households, as it had at Domesday.

While the Manor of Hethersett Bernaks (as it was known then) was by far the largest manor in the village of Hethersett, it was not the only Manor there.



Rough Location of the Manors of Hethersett

Confusingly, Simon de Hedersete - who lived in Cringleford - was Lord of "Hedersete's Manor" (as opposed to "The Manor of Hethersett"). This would later become known as "Hethersett's Manor," before finally resting on the name of "Hethersett Woodhall" Manor.

As you can imagine, this caused a great deal of confusion over the years. Hedersete's Manor was perhaps a third the size of the Bernaks' estate. His lands lay mostly in the South West of Hethersett, interspersed with those of the Bernaks as was the way in those times.

Hubert Hacun (owner of the Manor of Great Melton) also had a Manor in Hethersett.

This came to be known as the Manor of Hethersett Hacons. It was much the smallest of the three Manors, and was more a reflection of the overlap of plots in Lynch Field. This was the Common Field that lay in the North West between Hethersett and Little Melton

While William and Alice were not the only Lords of Manors in Hethersett, they were still the Lord and Lady of Hethersett Village.

They had a Manor House with a Great Hall and Barn, their own fishery, extensive personal lands, and were patrons of the church - not just that of St Remigius, but the now lost Church of All Saints in Cantley as well.

Not only did they have a grand place to live - known as a Capital Messuage - but they also had the right to fix prices for bread and ale and to make judgement for minor crimes within the bounds of Hethersett village. This was done at what was known as a Court Lete.

In Hethersett the Lete was held annually on the Eve of the feast of St Peter ad Vincula. That's the 31st of July to you and I. The rents due to the Bernak's own Lord - Ralph de Neville, Lord of the honour of Richmond - were due the following day.
Conveniently there would
always be plenty of fines
charged at the Lete that would
provide for the Bernaks' own
payment.

You see, if you wanted to inherit land from your father, there'd be a fine.

If you wanted to marry someone from elsewhere: a fine

If you wanted to sell or buy some land: a fine.

If you wanted to study for the priesthood: a fine.

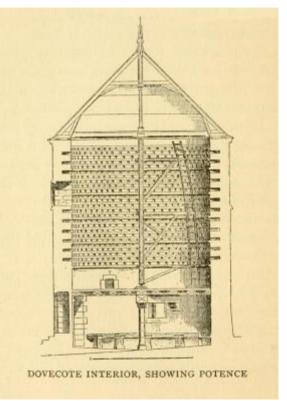
If you didn't turn up to the Court without a good excuse: a fine.

And these were actually just the charges for everyday life that could be made at the regular Manor Courts as well.

You would pay up if your cattle strayed onto the common field, if the drains near your fields were clogged or the fences broken, if you gathered more wood from the forest than could be pulled down by either hook or by crook, or if you dug up any clay without leave.

The Bernaks owned the soil, and they owned the woods. They had a right known as faldage, where no-one's animals were allowed to poo on their own land overnight. You had to pasture your cattle and sheep on the Lords' fields so that they could benefit from the manure instead.

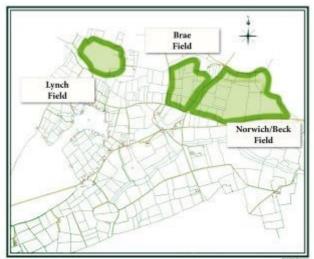
Should your animals poo on your own land? You guessed it: a fine.



The Bernaks owned the Water Mill there. One had existed in Hethersett since Domesday - perhaps on the little stream that ends in the old moat that surrounded Thickthorn Hall.

The local villagers were obliged to grind their own corn at that mill and nowhere else. The Lord and Lady then received a cut of the flour for their own use. In 1308, a certain Richard atte Cros discovered this to his cost when he was fined three pence at the Court Lete for not grinding his corn at their mill.

They also had their very own
Dovecote - a structure filled with small
alcoves in which the doves nested. It
stood in a field just South and East of
St Remigius.



The Common Fields of Hethersett

Doves were kept for meals, but more importantly they were kept for hawking: to the great annoyance of the local farmers.

The farmers had nothing against hawking *per se*, but if they shooed off those doves they found constantly picking at the new laid seed in the fields? Well, you know the answer by now: a fine.

The farmers still cast seed at that time. They walked down the furrows, a bag about their waist before them and threw the seed to either side as they went.

It was far less efficient than later methods and was often termed Broad Casting - a reflection on how inaccurate this planting was. We get the term broadcasting from this technique.

Farmers ploughed deep furrows with a high ridge developing in between. As I've mentioned in past articles, they

each had small plots distributed about the common fields. The idea was that no-one could end up with the better land if all plots were spread sufficiently.

Hethersett had three main Fields -

- Lynch Field: this lay between Lynch Green and Little Melton in the North.
- Beck, or Norwich Field: this lay North of the main road and ran from the furthest point in Hethersett to the East to where it met Costessey North, and along to end at the Road to Little

Melton

 A third field, perhaps known as Brae Field. By the time names were recorded, it had already been divided into many smaller enclosed Common Fields. This lay between the last two fields, below Bray Meadow Common.

This wide dispersal of plots led to much extra work and often made life more difficult than it need be, but it did force everyone to work co-operatively.

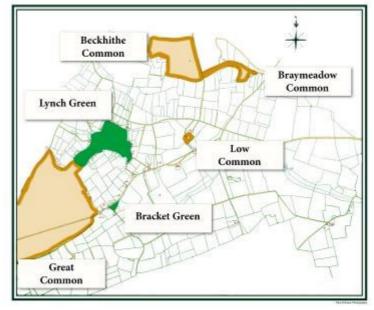
They needed to decide together when each field would be planted, what they should plant and when it would lie fallow. Ideally there were no fences between plots - just distinctive stones or landscape features.

With the broadcast method of planting, there was little point in planting different things to your neighbour. You'd each end up with a bit of the other's seed.

It was also important that they

periodically planted things that would increase the phosphate in the land. Without a proper rotation of planting, the soil would be leached of its nutrients over time. Slowly the land would yield less year after year.

The Lords of the manor not only made profits of rent from their tied bondsmen, but made money growing their own produce - with the help of their tenants' labour.



The Greens and Commons of Hethersett

Once a week or so, the bound tenants would have to give over working on their own land and work on their Lord's. It was known as "Boon" work.

On top of these Boons, it was normally expected that everyone would pitch in during harvest to gather the Lord's crops before they gathered their own. They would often be given ale and/or food for their labours. This was all negotiated in detail over many lifetimes and was remembered from time immemorial by the oldest farmers.

Now a Lord or Lady weren't expected to know who was due to do what work, or what recompence the labourers were due at Harvest. They had a Bailiff to do that for them.

The Bernak's bailiff was named Stephen Shirene. He lived and worked for them from at least 1309 until 1332, when he is found still present on the Tax list for that year.

He was likely a local boy. A Henry Shirene lived in Hethersett in 1270 and was perhaps his grandfather.

It made sense for a local to become Bailiff - for they knew everybody in the village. They knew who might shirk work and where they might be found. They also knew everybody's business - how much work their plot owed to the Lord and whether it was one or two chickens they owed the Lord's table a year.

Not every part of life was so closely monitored, however.

While areas such as Greens and Commons were technically still owned by the Lords, the tenants had many more rights there, and this went some way towards making their lot easier. The Greens were a shared place where cattle could be pastured when not used for the plough. They each had ponds for watering, and could be used for gatherings as well.

Hethersett was blessed with at least two Greens:

- Lynch Green, which lay on a spur of land that extended out from the Great Common between Hethersett and Wymondham.
- Bracket Green (recorded as Brachegate Green in 1309). This was a triangle of land sitting at the top of present day Ketteringham Lane where it meets the main road to Norwich.

Hethersett also had its choice of many Commons. They were technically what was called the lord's "waste," and the rules that governed them also applied to the verges of the roads that passed the Common Fields.

It was William and Alice's land, but you could gather wood for your fire there, and hazel for your fences. Nuts, herbs, and berries could be found to pad out what was usually a fairly unpalatable gruel that was eaten from day to day. You could graze your pigs on fallen acorns in the woods, and pick reeds at the meers for your thatch. It was also possible to catch a sneaky rabbit, or to snare a pigeon: if you could do so without being caught.

Hethersett had at least four commons:

• "The Great Common" a large, contested piece of waste land between Hethersett and Wymondham. Depending upon who you asked it was known as either Hethersett Common or Wymondham Common.

- Beckhithe, which lay at the border of Hethersett and Little Melton in the North West
- Braymeadow, which lay at the border of Little Melton and Hethersett in the North East
- Low Common lay in the bend of present day Shop Lane.

Hethersett was a much more wooded place at the time.

There were at least 200 acres of woods in 1270 when Joan Tateshale's father Ralph died. As was sometimes the way of it when one of the King's chief landholders died, there was some "confusion" as to ownership after his death. So while this little "confusion" was sorted out (which would be an article in itself) Robert Perer, one of the King's men, thought it in the best interests of the manor that he chop down a hundred or so acres of trees and sell them.

Needless to say, when Robert de Tateshale came into his wife Joan's inheritance a few years later, he would not permit the King's Bailiffs to enter Hethersett without his own Bailiff present.

By the time of William and Alice, only two smaller woods remained, each of about 40 acres. They probably lay in the South West of the village. The original wood was likely a Northern extension of Smeeth Wood in Ketteringham.

So although things had changed little in Hethersett for generations, there still was some slow movement as we reached the early 1300s, when the Bernaks put their stamp on their new home.

By the time of their deaths, Hethersett had progressed from a water mill to a new fangled Windmill, thereby increasing the Bernak's profits five fold.

I'm not certain where it stood, however the Norfolk Environmental Heritage Record place the site of a medieval and later Windmill on Lynch Green itself, right where present day Mill Road and Great Melton Road meet.

It's of interest that Great Melton Road was once called Champier's Lane, with a Champier's Tenement just

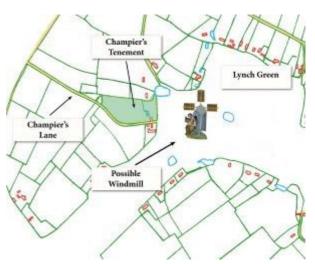
where the road met the Green. The windmill site is immediately opposite. It just so happens that one of the wealthier Hethersett residents in 1332 was a fellow by the name of Roger Champers. Could he have run the new windmill for the Bernaks up on Lynch Green?

A perhaps larger change had just happened as well.

In 1270, the Lord had 200 acres of arable land that he farmed personally (well had the villagers farm for him). It was his personal estate. By Robert Tateshale's death 28 years later, 120 acres of this had been converted into pasture.

Why? England was riding on the sheep's back.

Robert and the Bernaks all hailed from Lincolnshire, where the boom in the Continental wool trade had already taken off. It seems Robert had decided to maximise his profits in Hethersett as well.



Possible Site of Medieval Windmill on Lynch Green

This would have meant two things:

Firstly, the beginnings of enclosure. Sheep needed fences, so fences and hedges started to go up around sections that once were common land. By the time of the final Enclosure of Hethersett in 1800, there were still a couple of Common Fields that hung from the edges of present day Suckling Lane. In 1800 the land around them had long been Freehold land, and I would not be surprised if this was once a large common Field, given over to the flocks from around the late 13th Century.

Secondly, this would have meant a great deal more work for Richard Barcarii. He was the shepherd when the Tateshale's took over. Conversely, there was a lot less for the manor's tenants to do on their Boon days for the Lord. If there were no crops, they could not gather them. So what were they to do?

William and Alice had a high class problem when they took up residence: They had lots of wool money and they had a lot of tenants who no longer had busy-work to do around the farm.

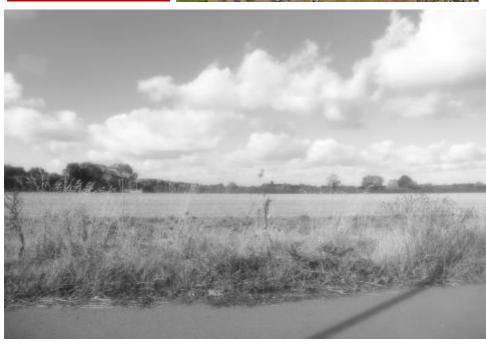
Have you ever heard of Wool Churches?

The Bernaks had.

Let's chat about that one next month.

A 13th Century Illustration of King David as a Shepherd







Dotted throughout this edition of Hethersett Herald are a number of different photographs of the field opposite Kett's Oak on the B1172. All the various images were taken using different filters on the same camera.

Have You Missed Out?

YOU can catch up on previous editions of the Hethersett Herald by going to

www.hethersettherald.weebly.com

and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents.

It is currently available only online. If you have news or would like to be featured in Hethersett Herald contact editor Peter Steward on petersteward@sky.com

Business Opening Hours

This is a free service for businesses in Hethersett. If you would like your opening hours posted here please e-mail details to petersteward@sky.com

Kin Café at Rowan House in Queen's Road is open on Tuesdays from 8 am until 2 pm and Wednesdays to Fridays from 8 am until 4.30 pm.

Hethersett Butchers in Great Melton Road is open from 7.30 am until 5 pm on Monday, Tuesday, Thursday and Friday, from 7.30 am until 1 pm on Wednesday and from 7.30 am until 12.30 pm on Saturday.

Hethersett Social Club Opening Hours

THE latest list of opening hours for Hethersett Social Club are as follows:

Monday—Closed

Tuesday, Wednesday and Thursday—7-11 pm

Friday-5-11.30 pm

Saturday—midday until midnight

Sunday midday to 8 pm.

Post Office Opening Hours

Opening hours for Hethersett Post Office which is located within Hethersett Library are as follows:

Mondays-13.30 to 17.30

Tuesdays—No Service

Wednesdays—11.00 to 17.30

Thursdays—13.30-17.30

Fridays-13.30-17.30

Saturdays—11.00-14.00

Sundays—No Service

News From Nearby

Lift the Winter Gloom on Lemon Day

By Tony Vale

Residents and visitors to Wymondham are being encouraged to cast aside the doom and gloom of winter and enjoy a taste of Spring on Lemon Day, Saturday November 5th.

The town's annual celebration of all things Lemon (colour, flavour or fruit) will provide an opportunity for community groups, businesses and individuals to come together under a common theme.

There's an important message for dog walkers and cyclists, highlighting the need for them to wear something florescent as the clocks go back. The Farm Cafe at Centre Paws is offering a cup cake to any dog visiting there on Lemon Day that is wearing a Hi Viz collar (of any colour).

There will also be a recognition of the Sunflower as a declared symbol of the day, with photographs of some of the winning entries in the Wymondham in Bloom Sunflower Growing Competition on display in the library.

There's an Arts and Crafts event at Fairland Hall (10 am – 1 pm), supported by Morrisons and Wymondham Town Council, with funds raised going to the Mayor's chosen charities.

And if you enjoy singing and/or playing a musical instrument, you are welcome to Drop In and Zing at the adjacent Fairland Church Centre from 12 noon until 2 pm.

You can get involved in Lemon Day simply by putting something yellow in your window if you live in the town or by wearing/carrying something yellow. There will also be an opportunity to sample some Lemon creations in the participating cafes.

Wymondham Lemon Day is a Wymondham Town Team co-ordinated event.

In Memory of A Special Poet



Pencil Sketch of Wilfred Owen which adorns a wall in my house

WILFRED EDWARD SALTER OWEN

18th March 1893 - 4th November 1918

THE Great War Poets were part of my A level English Literature course that I was subjected to whilst a pupil at Wymondham College.

Following my A level pass I was pleased that the subject was behind me and thought little of it until I started taking an interest in battlefield tours, especially around the Ypres Saliant



and on the Somme Front. It was then many of the words of those poets revealed to me the hell which was being experienced in the trenches and in those often futile advances into 'no man's land'.

No poet reflects the horrors of the wounded, dying and dead more than Wilfred Owen.

The knowledge he gave me, together with Siegfried Sassoon, further assisted me in grasping the tragedy of The Great War. Owen referred to it as "The Pity of War".

This made me determined to make a pilgrimage to Owen's last resting place and to discover some of the areas



The writer by the grave of Lieutenant W E S Owen M.C. at Ors Communal Cemetery Nord France.

where he fought and which inspired him to write some of his memorable poetry. This I did in 2017.

Poetry of the First World War tends to be in two distinct parts;

1914 – 1916: is often written in the 'classical' style, for example, Rupert Brooke using such words as honour, triumph and sacrifice.

1916 -1918: with the influence of Kitchener's Volunteers, words such as blood, shell and death begin to dominate.

Owen enlisted in 1915 where he and another poet, Edward Thomas, were privates training at Hare Hall Camp, Essex. Owen was commissioned into the Manchester Regiment and joined 2nd Manchesters on the Somme near Beaumont Hamel in January 1917.

Suffering from shell-shock he was invalided home to Craiglockhart War Hospital where he met Siegfried Sassoon. Sassoon had just produced 'The Old Huntsman', a book of poetry which contained some of his first war poems. These poems together with Owen's own experiences inspired Owen to write his own poetry which was then often subjected to Sassoon's constructive criticism.

It is important to understand that Owen and Sassoon were not against the war,



The writer reading to words of Dulce et Decorum Est at Ors Communal Cemetery accompanied by military historian David Warren.

they were against how the war was being waged and to this they looked to the politicians and the generals.

Sassoon's influence on Owen is seen in the poem which Owen originally called 'Anthem for Dead Youth'. Sassoon crossed out the word 'Dead' and replaced it with the word 'Doomed' giving the title a more foreboding, yet to happen, meaning.

Another famous poem that Owen wrote was his most quoted, 'Dulce et Decorum Est', in which Owen witnessed the effects of a gas attack

on a soldier.

If in some smothering dreams, you too could pace

Behind the wagon that we flung him in,

And watch the white eyes writhing in his face,

His hanging face, like a devil's sick of sin;

If you could hear, at every jolt, the blood

Come gargling from the frothcorrupted lungs,

Obscene as cancer, bitter as the cud Of vile, incurable sores on innocent tongues,- My friend, you would not tell with such high zest

To children ardent for some desperate glory,

The lie: Dulce et decorum est

Pro patri mori"

The Latin words mean 'It is sweet and fitting to die for one's country' which Owen stated was far from the truth as he watched this soldier die in front of his own eyes. The poem was written in direct response to Jessie Pope's poem 'The Call' which glorified patriotic duty.

Who's for the khaki suit -

Are you, my laddie?

Who longs to charge and shoot -

Do you, my laddie?

Who's keen on getting fit,

Who means to show his grit,

And who'd rather wait a bit -

Would you, my laddie?

One poem of Wilfred Owen's which had an immediate influence on me was 'The Sentry'.

On 12th January, 1917, the 2nd Manchesters were ordered to take over part of the front line on the Serre Road opposite a German stronghold jutting out towards the British trenches known as the 'Heidenkopf Quadrilateral'.

It was here Owen 'found an old Boche dug-out' and held it under intense enemy fire for over four days.

In 2003, archaeologists successfully traced and found the site of Owen's 'Bosch dug-out' which immediately brought his poem to life.

Again in 2017, I was privileged to read that poem to a group of battlefield enthusiasts whilst I was standing in Serre Road Cemetery No 2 looking across at was known as the Heidenkopf Quadrilateral. In the poem the sentry is severely injured and having fallen back into the dug-out thinks he has been blinded. Owen then holds a flame in front of his eyes.

"O sir, my eyes - I'm blind - I'm blind, I'm blind!"

Coaxing, I held a flame against his lids

And said if he could see the least blurred light

He was not blind; in time he'd get all right.

"I can't," he sobbed. Eyeballs, hugebulged like squids

Watch my dreams still; but I forgot him there

In posting next for duty, and sending a scout

To beg a stretcher somewhere, and floundering about

To other posts under the shrieking air.

.

....Half-listening to that sentry's moans and jumps,

And the wild chattering of his broken teeth,

Renewed most horribly whenever crumps

Pummelled the roof and slogged the air beneath -

Through the dense din, I say, we heard him shout

"I see your lights!" But ours had long died out.

One of Owen's most moving poems is that of 'Futility' where Owen comes across the body of a French Airman who has just died.

His body looked untouched, still warm and Owen wondered why the sun could not wake this person, after all it had woken the dead earth many years ago; "was it for this the clay grew tall?"

Move him into the sun -

Gently its touch awoke him once,

At home, whispering of fields half-sown.

Always it woke him, even in France,

Until this morning and this snow.

If anything might rouse him now

The kind old sun will know.

Think how it wakes the seeds - Woke once the clays of a cold star.

Are limbs, so dear-achieved, are sides

Full-nerved, still warm, too hard to stir?

Was it for this the clay grew tall?

- O what made fatuous sunbeams toil

To break earth's sleep at all?

In early 1918 Owen was awarded the Military Cross for his part in a successful attack in the Battle of



Looking across from Serre Road Cemetery No2 to the Heidenkopf Quadrilateral between which is the Owen dug-out.



The writer reading to words to 'The Sentry' at Serre Road Cemetery No 2.

Joncourt during the final 100 day assault on the Hindenburg line. At dawn on 4th November, he led his platoon to the west bank of the Sambre on the Oise Canal. They came under fire from an enemy machine gun and

Owen was hit and killed.

The Armistice bells rang out in Shrewsbury when his parents received the telegram they had always dreaded.

The photograph opposite shows Owen's name on the Roll of Honour in Shrewsbury Abbey.

The photograph below is of the Owen Memorial Sculpture in the grounds of Shrewsbury Abbey. This represents the pontoon bridges over the Sambre Canal where Wilfred Owen was killed.

Photo accreditation: All from John Head's photo collection





Hethersett Herald

HETHERSETT Herald is published electronically towards the end of each month via the Hethersett Village web site at

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Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party. Views expressed in Hethersett Herald are those of individual authors and not necessarily the views of the volunteers or the editor.

Information, reports and photographs are always welcome. These can be e-mailed to petersteward@sky.com. Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life.

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Regular Columnists - Sarah Lawrence and John Head.

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Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.

To contact us e-mail petersteward@sky.com.