

# HETHERSETT HERALD

October 2019

Number 48



**Last Gasp Drama for Valley** - In a sensational and nail-biting end to the season, Hethersett and Tas Valley Cricket Club clinched promotion and a top trophy. Full details start on page 16.

## Friends Forever



IT was friendship tinged with sadness as pupils old and new came together for the last ever speech day at Hethersett Old Hall School.

Just one day before the school was due to be put into the hands of the receiver, former pupils returned to renew acquaintances and say their farewells to a school that played such a massive part in their lives.

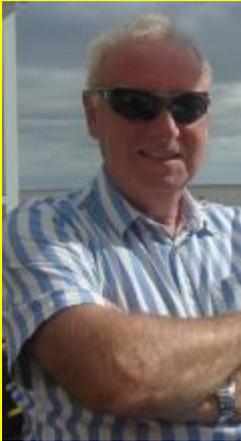
As soon as the news of the school's closure was made public, a special Facebook page was set-up to contact former pupils and this soon had over 800 members, subsequently rising to over 1,000. The result was an impromptu reunion at the speech day on September 1st with hundreds of former pupils returning to their alma mater.

You can read a report of the reunion on page five.

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# A Message From The Editor



**THIS** edition of Hetherset Herald marks a landmark in our publication as it completes its fourth year of bringing news and features to the village.

In that time we hope we have reflected and reported on just some of the issues affecting our village. The idea behind Herald has always been to inform, educate and, we hope, entertain. We have looked at the good and bad in our village at a time of considerable development and change - something that will undoubtedly continue in the weeks, months and years to come.

We started as a very modest eight page publication in November, 2015 This edition at over 140 pages is our biggest yet and reflects just how much is happening in our village.

I have spent my life in journalism and public relations and began as a young trainee reporter with Eastern Counties Newspaper (now Archant) in Lowestoft, Suffolk. I believe that my strength (if I have any) lies in small town/village journalism, and, in putting together Hetherset Herald, I feel I have returned to my professional roots as a writer of a journal (clearly the real meaning of the word Journalist).

I am hugely grateful to all those who have contributed to making Herald such a success and an integral part of village life over the past four years. Their contributions have helped us to maintain a high standard. As I move around the village I find that more and more people are aware of the publication and see it as the primary source of news and information for Hetherset. I hope this will continue long into the future.

Just a reminder that you can catch up with all 48 editions of Hetherset Herald by going to [www.hethersetherald.weebly.com](http://www.hethersetherald.weebly.com).

Please keep your stories and information coming in and we look forward to serving the village for many years to come.

Peter Steward (Editor)



# Societies Day in Late October

HETHERSETT has so much to offer with groups, clubs and societies catering for just about every age and interest imaginable.

Many of the groups will be showcased on Sunday, October 27th from 2 until 4 pm at a special societies day in Hethersett Village Hall.



The event is being organised by Hethersett Parish Councillor Leslie Dale under the auspices of the parish council and is advertised as a “Hethersett Parish Council Community Event.”

Groups/societies already lined-up include Hethersett Dementia Group, Heart of Hethersett Bereavement Group, Hethersett Disabled Group, Hethersett Jubilee Youth Club, Hethersett Methodist Church, Hethersett Women’s Institute, Hethersett Horticultural Society, Hethersett Toadwatch, Friends of Hethersett Library, Hethersett Cinema Group, Finnbar’s Force Charity, Cringleford and Hethersett Flower Arrangement Group, Hethersett Probus Club, the Alpine Society, Hethersett WEA and Hardy Plants. It is likely that more will be added.

The last Societies’ Day was held in 2014. At September’s parish council meeting Leslie Dale explained the rationale behind the day:

“Seventeen years ago myself and my wife moved to Hethersett. I was keen to join societies and get involved in village life. The only thing to tell us what was available was a book.”

So the idea of a societies day was born with the first one taking part sometime between 2002 to 2007 and this was repeated in 2014 when the hall was filled with groups informing the public and looking for new members.

The 2019 event will be sponsored by Smith and Pinching. Parish councillors have agreed unanimously to support the event and take it under its wing.

Our photograph at the top of the page shows the 2014 event when over 20 clubs and groups took part.

# Old Hall School Remembered

PUPILS of Hethersett Old Hall School, both old and new, came together for the school's final speech day on September 1st. Many were responding to a web-site set-up by Sarah Atkins and Vicky Owen which was launched shortly after the closure of the school was announced. We carried details of the closure in our September edition. Here we reflect on Old Hall School through the eyes of just a few of those attending the final speech day.

"I'VE often thought about my time at Hethersett, even more so in the last two weeks. I started thinking about what it means to have been a Hethersett pupil." Those are the reflective words of Sarah Atkins after hearing that her old school was closing.

Sarah was not alone. Many others felt the same way and a quickly constituted Facebook page set up by her and Vicky Owen soon attracted over 800 members and brought forth comments about how much the school meant to so many people. One message summed it up:

"819 members to this group and still counting says how much Hethersett Old Hall School means to its former pupils and staff and this is fantastic to see."

Reading the comments on the Facebook page gives some idea of the fun and memories that live on in the minds of former pupils. One had this to say:

"School reunion today (the last speech day) so going to Hethersett Old Hall School for the very last time. Spent many years there, some sad memories but also some happy, funny memories. Dorms of friends always being together staying awake and mucking about. My mum always said it was like St Trinians when she dropped me off, girls running everywhere, laughing and giggling. Well



Sarah Atkins and Vicky Owen

it's been 30+ years since I left that school and today my beautiful daughter is going to come with me and see where her mum went to school and lived for many years."

Hundreds of former pupils (three of whom are pictured opposite) came together for the final speech day and there was a special input from former Head Victoria Redington. Sarah Atkins summed up in her speech just what it means to be a Hethersett Old Hall School Girl.



"It's being impressed by classes who stand up when an adult enters the room and appreciating a smart school uniform. It means measuring distance using laps of the sports field your mental guide and knowing the rules of minor games like netball and rounders in excessive details. You also know you learnt how to play hockey the proper way - on grass."

In an amusing speech, Mrs Redington referred to inheriting life skills, concealing cigarette smoke and being able to conquer most tasks by flipping through an address book. "We are confident when we are together, but a little bit shy when we are apart," she said.

"It means your affection and appreciation for the building and the people before,

## Almost £300,000 Owed to Staff

A REPORT from the liquidators, McTear, Williams and Wood, showed that when Old Hall School closed it owed over £500,000 which included unpaid salaries to staff.

The Eastern Daily Press newspaper highlighted the debts in its latest story about the school which owed £288,000 to staff, £115,000 to trade and expense creditors, £25,448 to HMRC and £95,300 to parents in school fees paid in advance.

It is hoped that all that money will be paid when the site is sold.

during and after your time and it means getting emotional when you heard the beech tree had to be felled.”

Another comment seems to beautifully sum the school up: “Hethersett is a place you find your best friends, learn tough lessons about growing up and become an expert in tree climbing. I will always be a Hethersett girl and I thank my parents, classmates and staff for being able to say that.”

Mrs Redington’s speech is reproduced in full on the next page.

She highlighted the fact that 2019 is not the first time that the school had found itself in financial difficulties:

“When I came in 1983 the school was in a fairly precarious state, and closure had been a threat for all the reasons that have been affecting small schools then and since,” she said.

**The comment below which appeared on the Facebook page sums up perfectly what so many people felt about Old Hall School**

***“As we were walking round we were saying how Hethersett was nothing like your average private school, it was more like one big family. I appreciate all the friends I made there and all the teachers that provided their support and guidance over the years.”***

The school rode out that crisis and continued for another 36 years until the sad news this summer that economic pressures and falling numbers made closure inevitable.

After the event Mrs Redington put the following message on Facebook: “Just recording my pleasure and amazement at the way our school has been appreciated and remembered. Thanks to Sarah Atkins and Vicky Owen.

“The Last Speech Day event was a terrific success, bringing so many together again - and much more can grow from this great group of people. I was so pleased to meet so many of you again.”

There are hundreds of comments and photographs on the Facebook page which is available to view at:

<https://www.facebook.com/groups/220859805515908/>

# Leaks, Japes and Memories

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**Former Headmistress Victoria Redington returned to Hethersett Old Hall School for the final speech day and looked back on her time in charge. Here we reproduce her speech.**

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“20 years now since I retired hors de combat from my years at school. I thought I’d hung up my academic gown for good – probably won’t need it again unless I’m buried in it! But note I’m wearing shorts as befits one in retirement in Southwold.

When I came in 1983 the school was in a fairly precarious state and closure had been a threat for all the reasons that have been affecting small schools then and since.

The old arcon buildings were fabled for their leaks and, possibly rodents, but the school itself was well known for its ability to recognise and care for the needs of each individual; and for the feeling of being a big and supportive family.

In my years we had some very lucky circumstances and terrific hard work by loyal, dedicated staff, governors and parents, and of course builders; and were able to have a thriving school which expanded and developed into the establishment and home which most of us here remember.

My time here was probably the busiest and most satisfying part of my life – and even after all these years I miss the buzz of being part of a dynamic school family which changed the lives of everyone for the better.

The Facebook page set up the day after closure was announced reached hundreds in a very few days – and the comments, reminiscences and photos posted by a group now numbering 969 are a testimony to just what levels of happiness and success so many individuals have enjoyed.

It is also a window into the past for many of us. Who knew that melting crisp packets on radiators could be such an important part of school life? Or that a lesson could include learning the Tellytubbies dance in German!

Who knew that anyone would be confirmed in order to get out of prep, or, shock horror, because that way you got to have profiteroles?



It must have had more effect than we might suspect though – the demand to sing hymns today, and the number of people who have kept their hymn books speaks volumes!

Did S5 boarders in Norwich on Saturday afternoons really spend their time in the pub – not shopping? If picking up stones on the sports field before breakfast was a suitable (and very useful) punishment for fooling about after lights out shut down or banging up, as it was variously known – how should they have been served? I shudder to think!

Some of the pranks were less unknown than many believed – those of you who smoked on the roof or in the dorms during study periods, or locked unfortunate members of staff in cupboards, or removed pages from their reports before exposing them to the critical eyes of parents know who you are!

Those reports! The scourge of the staff who had to write them with wearying frequency -and without errors of any kind ; but they have been valued as ‘brutally honest’ - and appreciated as infinitely more meaningful than many of the anodyne offerings seen today.

I also remember the day of the Gorillagram – one of the high spots of my career!

I applaud the gratitude of the old girl who is thankful not to have been ‘grassed up’ by the member of staff who spotted her spending Sunday afternoon with young gentlemen in the village.

Enormous affection and gratitude is evident from those of you who owe much to particular members of staff; you will not forget how their patience, inspiration and kindness have shaped your lives.

Maybe today is the day for the issuing of a general pardon for all the scrapes and high jinks -and for a general thanksgiving for all the blessings we have had from our association with a 95-year-old extended family of people.

We are all sad it has ended, but we feel particularly for all those whose education, hopes, and employment have been cut short; new beginnings are hard, and our best wishes go with them.

For those who are ex pupils or ex staff what the school meant can’t be taken away, nor can the memories, achievements and lasting friendships which shape all our lives.

Enormous thanks are due to Sarah and Vicky for their quick and decisive action in overcoming every obstacle to organise this special event, to all who have and still will contribute to the Facebook group, and to all of you for coming today to meet old friends and be grateful for them.”

Over the page we bring everything right up to date with the speech by Head Girl elect Philippa Hardesty.

# It Became A Second Home

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**Head Girl Elect Philippa Hardesty gave an inspirational speech at the event. Here it is reproduced in full.**

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“I would like to start this speech by thanking Sarah and Vicky for organising this speech day and I hope everyone here has had a lovely time today, discussing memories and reminiscing about their time at HOHS.

I began at this school when I was six-years-old, joining at the end of year one into Mrs Halford’s class and as soon as I joined here it became a second home to me. I have been at HOHS for 11 years and throughout this time I have grown so much as a person, both literally and figuratively!

I have made life long friends and memories that I don’t think I will ever manage to forget. In Year Four, Mrs Hall would read us the Eddie stories and always make sure to do a funny voice that would result in all of us bursting out in laughter. I also remember melting marshmallows over the fire on our Year Six camp out with Mr Crump whilst it was raining and although none of us wanted to stay in the rain we all wanted to eat marshmallows!

Another thing I will never forget is when Mr Osborne tried to convince all of my Year Seven class in one of our first lessons with him that a Woodpecker had just flown in through the window and was flying over our heads. There are so many happy memories that I could be here all day telling you stories.

I would like to take this opportunity to thank all previous and current members of staff for all that you have done to make this school so special. Without you we wouldn’t have been able to make these memories and you have all made it a second home and, for some of us, a temporary home.

I would also like to thank the school and the liquidators for allowing this event to be held today. Although this may be the last time all of us are together, we will never forget this school and all of the happy memories that have come along with it.”

# Thoughts About the School

**Below are just a few of the hundreds of comments made about Hethersett Old Hall School on the Facebook page. The page also includes hundreds of photographs taken of reunions at the speech day and from the past.**

“It was a fantastic emotional day saying goodbye to HOHS, but never forgotten. I owe this school a lot and wouldn't be where I am today without attending this school, and the long life friends I have made here too.”

\* \* \*

“Mixed emotions on going back, but so glad I did. Was great to see everyone, pupils and staff. Such a shame some couldn't make it. Can't quite believe HOHS is over!”

\* \* \*

“It was so lovely to see all of the teachers and so many familiar faces. Hethersett is such a huge part of our lives.”

\* \* \*

“I never got to complete my time at HOHS as I would've in 2020, but I will always be a Hethersett Girl.”

\* \* \*

“Wouldn't it be amazing to set up a charity in HOHS' legacy? Giving grants to disadvantaged kids, helping old girls to do amazing post grad studies or supporting wulugu girls are just some ways I thought of that we could continue to make an impact.”

\* \* \*

“43 years since I left. Today I met some old classmates, re-lived some memories and was reminded of some I'd forgotten. Met a couple of teachers that have influenced my love of English literature and how mountains are formed. What a fabulous day that I was able to share with my daughters. Speeches were perfect and our last 'Jerusalem' very moving.”

\* \* \*

“819 members to this group and still counting says how much Hethersett Old Hall School means to its former pupils and staff and this is fantastic to see.”

\* \* \*

“Hethersett, for the short two years I was there (always too short I felt), was like a second home to me! I loved coming to sixth form and truly appreciated the value that everyone placed on the small things - like making sure students from all years were involved together.”

# Hethersett Old Hall School - The History

OLD Hall School was founded in 1928 by Mrs C. P. Andrews as a preparatory school at Hellesdon House near Norwich. She opened the school for her two daughters, a niece and three of the girls' friends.

Mrs Andrews turned outbuildings into classrooms and staff flats and new teachers joined. Hellesdon House had the feeling of a country rectory but soon became too small.

It moved to Hethersett in 1935 when Mr and Mrs Andrews quickly added a dining room, new classroom and a gymnasium. As the Second World War approached, the number of pupils reached 50.

Over subsequent years the historic Georgian house has been at the centre of development and modernisation whilst keeping its essential character.

During the war the school was re-located to Hay Tor in Devon due to concerns about the safety of children in Norfolk. On returning to Hethersett, the staff and pupils found the Royal Army Service Corps ensconced and so the school took up temporary residence at Old Catton, just outside Norwich. When the Hethersett site was de-requisitioned, it once again returned to be a seat of learning.

Mrs Andrews relinquished control, handing over to Mrs C. M. Brabner and Miss M. P. Thomson. Mr and Mrs Andrews continued to live at the school, however. In 1950 the estate and enterprise was purchased by Miss Christabel Lewin. The old stables were converted into teaching areas with the hay loft transformed into an art studio.

By 1958, Old Hall School had over 100 pupils aged from five to 12 and six Arcon temporary buildings were purchased from a defunct United States Air Force base. A senior department was developed in 1965 as the school catered for 200 pupils, aged between seven and 16, including 60 boarders.

In 1969, the school was granted full independent recognition by the Department of Education and Science and a Board of Governors was formed in 1972 when the school was registered as a charitable educational trust. Alterations and improvements continued although some of the more fanciful ideas such as a dining hall with clock tower (1974) and cloisters (1980) were shelved.

After Christabel Lewin, the school had a succession of head teachers including a Mr Ramsden, Miss Pilgrim, Miss B. Wharton and Miss H Beswick – in fact six Heads in an eight year period before Mrs Victoria Redington became

Head in January, 1983 and worked tirelessly for many years to modernise the school. In 1986, Jim Prior M.P. opened a new £105,000 teaching block which was the third phase of a £170,000 extension programme. The block included new laboratories, a computer room, economics room and subject teaching areas.

The village archives contain many interesting snippets from the history of Old Hall School. Early publicity states that the number of pupils at the school is “deliberately kept small due to the fact that the happiness, personal development and well being of the girls is the first concern.’

Here is another extract:

“The development of the character and personality of each girl is vital. Each is encouraged to work for some definite career, be a useful daughter at home and serve those less happily situated than herself.’

These aims didn’t always seem to be achieved, however. In 1982 the soon to retire Head, Hilary Beswick, accused the pupils of “intellectual complacency and a lack of practical common sense.” She had this to say.

“At worst this manifests itself in the girl who thinks that with her parents having paid the fees, her mere presence at lessons will guarantee academic success.” Miss Beswick urged the girls to put more efforts into their studies.

On another occasion a report showed concern that: “a number of the girls have been slimming unnecessarily.’

Of course all things change and nothing stays the same and eventually the school expanded to take in boys. There were plans to again increase the number of male pupils when the decision was made to close the school.

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## Adventurous Day For Charity

IT was adventure all the way as Hethersett-based charity Finnbar’s Force held an adventure day at Eaton Vale Outdoor Activity Centre.

The event raised almost £10,000 towards the fight against childhood brain tumours and the charity’s aim to support as many children with cancer as they can.

Families were given the chance to try a whole host of adventurous activities. Including abseiling, archery, canoeing and much more.

# Fight Against Anti-Social Behaviour

ONCE again the village seems to have a problem with anti-social behaviour from a number of youths - particularly around playgrounds and playing fields.

Missy Hitchcox came across the problem not for the first time when she took her children to the play area off Admirals Way.

"I am so sick of taking my kids to the playgrounds around Hethersett just to have the experience completely spoiled by teenagers who are old enough to know better.

Yes we were all teenagers once. Did we go to playgrounds in broad daylight with small children present and boldly shout obscenities, talk about sexually explicit subjects, sit on play equipment smoking illegal substances and spit all over everything when toddlers are likely to clamber all over it?

Three times this year I've had to speak out and tell large groups of teenagers that they're acting inappropriately, but you can't seriously tell me they don't already know that. Today (September 21st) was the latest incident, at the playground on Admirals Way. My daughter was on the swing, my son on the bridge. Approximately 10 kids on bikes rode up, immediately swearing and talking about a 'fight with the year sevens'. Two boys went over to the swing and sat next to my daughter, SHOUTING profanities to the rest of the group.

I loudly called over to my daughter to come away from the swings because 'some people don't know how to behave around children and it's completely inappropriate' which did cause them to stare at me and then quieten down a bit.

it's such a shame to have such beautiful parks all around, and then be filled with dread when my kids ask to go, because I don't know what they're going to hear or inhale next. I'm so outraged by it. Maybe if you're a parent to teenagers in the village you could have a gentle word with your kids to try and discourage large groups from acting this way at playgrounds. I really don't know the answer but it's enough to make me want to move my kids away, if these are the future adults of the village."

There have also been similar posts on social media with one mother stating that abuse from youths on Hethersett Memorial Playing Field put her off going there for most of the summer. So what can be done to improve the situation?

**Editor's comment** - I think we all agree that on the whole Hethersett is a wonderful place to live. We have our problems but they are no different to those experienced in virtually any village of equal size. As we grow there is the distinct possibility that things will get worse. Unfortunately appeals to parents just won't work as some of them are worse than the kids.

What we can do is come together as a village to fight against anti-social behav-

our. This has been achieved to good effect in the past. I remember when the Memorial Playing Field Trustees worked closely with Norfolk Police to cut down on anti-social behaviour on the field. Extra surveillance by the police worked wonders and cut the problems considerably. The same approach would work on Admirals Way.

So I would suggest that instances of swearing, anti-social behaviour and illegal drug use should be reported without hesitation to Norfolk Police. The more reports they receive the more they are likely to take action.

Make sure you take dates, times and can give as much information as possible. Working together anti-social behaviour can be combatted.

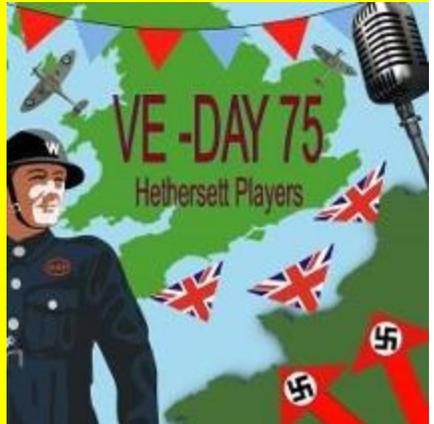
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## Forties Feel For Relauched Players

HETHERSETT Players are back and their first production next year will have a distinctly historical feel.

June, 2020, has been chosen for the re-launch of the group who will be celebrating the 75th anniversary of VE (Victory in Europe) Day.

The group announced the production on its Facebook page in the following words: "A celebration of the 75th anniversary of VE Day will provide a spectacular night of entertainment including 1940s costumes, singing and a performance of one of the classic Dad's Army episodes "Mum's Army."



Players will be releasing more details of the event and we will bring these to you in future editions.

The Players are still appealing for new members: "Plenty of parts are available for both ladies and gentlemen," they state.

The group is also organising a number of workshops for prospective new members. "Please sign up for our workshops to ensure you are part of this fabulous production."

Details of the workshops will follow in a future edition of Hethersett Herald.

# Drama As Valley Gain Promotion

IT went down to the last ball of the last over of the last day of the season.

Hethersett and Tas Valley's chances of promotion to Division One of the Norfolk Alliance hung on a thread as they needed an improbable 24 from the last two overs of their vital promotion clash at home to Ashmanhaugh and Barton Wanderers.

Valley were drinking in the last chance saloon with their last pair at the wicket and only victory good enough to give them the second promotion place.

Ashmanhaugh started the day in second place with Valley five points behind in third. In a do or die last over, Hethersett defied all the odds in the most exciting finish ever seen at their Flordon headquarters.

Before the game, the match was dubbed "the most important in the club's history" - some claim bearing in mind the club goes back to the 19th century.

Ashmanhaugh won the toss and elected to bat and there could be no hint of what was to come as Valley restricted them to 138-9 by the 34th over, suggesting that this would be a walk in the park rather than a highly competitive game of cricket.

But Ashmanhaugh had other ideas and their final pair put on 39 runs to take their final all out total to a much more competitive 177 with the last wicket falling off the penultimate ball of the 43rd over. In previous seasons before the league rules were changed to eliminate the farcical idea of losing and winning draws, Hethersett would have been awarded the additional two overs not used by the visitors.

Now it's just a level playing field 45 over shoot-out with Valley requiring a scoring rate of just under four runs an over.

It should have been a target comfortably within their ability with a strong batting



line-up that had taken them to the verge of promotion. But the pitch had other ideas with the ball coming on slowly and holding up.

Opener and star batsman of the season, Tom Collershaw, gave a statement of intent by crashing the first two balls to the boundary with his first shot falling just a foot short of a six.

But then things began to go awry for Valley with talented young opener Jack Gibson falling for just four and a tumble of wickets following with a stream of dejected batsmen making their lonely way back to the pavilion.

Something or someone was needed to arrest the decline and that someone was skipper Ben France who provided the glue to hold the innings together as partners came and partners went.

The problem came in a drastic drop in the scoring rate that began to seriously threaten Valley's chances.

Wickets continued to tumble, France continued to play his natural game and it all came down to those last two overs with Valley's last pairing of France and Matt Steward at the wicket.

Two overs remaining and 24 runs needed at two runs a ball and France realising that he had to become more belligerent and take the majority of the strike. The penultimate over brought nine runs which didn't look like enough.

Hethersett's entire season rested on hitting 15 runs off the final six balls (which actually turned out to be seven as Ashmanhaugh threw in a wide to help the home side's cause).

With two balls remaining that target was down to seven - with the odds still firmly in Ashmanhaugh's favour.

But Steward had other ideas. A man with Hethersett cricket running through his

# That Final Over

**Ball One** - Ben France drives but there is no run. 15 runs still needed.

**Ball Two** - Ben France strikes firm and true for a big six - nine runs needed.

**Ball Three** - Ben France drives again and they take a single - eight runs still needed.

**Ball Four** - The umpires call a wide. Three balls still to go and seven runs needed.

**Ball Five** - Matt Steward has strike but can only block the ball. Seven needed from two balls.

**Ball Six** - Matt Steward meets a full length ball and hits it out of the ground for a massive six.

**Ball Seven** (additional ball for the wide) - Steward strikes it firmly back to the bowler. The players sprint for the needed single and Ashmanhaugh fail to hit the stumps. Valley are home by one wicket off the final ball of the season. Cue celebrations.

# Final Day Scoreboard

## Ashmanhaugh and Barton Wanderers

Craig Beeden	c Bryce	b Steward	9
Jordan Everett	c Curtis	b Bryce	13
Joseph Everett	c Osborn	b Morton	23
Ashan Athurkoralage	c France	b Collishaw	69
Sachin Jha		b Morton	13
Thomas Harris		b France	38
Nuwan Jayasena		b France	0
Cameron Marable		b France	3
Max Mackintosh	lbw	b Collishaw	0
George Hudson	lbw	b Collishaw	0
Joss Brannigan	Not Out		0
Extras			9
<b>TOTAL (42.5 overs)</b>			<b>177</b>

Bowling - France 8-2-39-3, Steward 8-0-46-1, Morton 9-1-23-2, Bryce 9-2-20-1, Collishaw 8.5-0-42-3

## Hetherset and Tas Valley

Tom Collishaw		b Jordon Everett	32
Jack Gibson	lbw	b Joseph Everett	4
Ben France		Not Out	72
Ian Bryce	lbw	b Jayasena	1
James Shipley	c Brannigan	b Jordon Everett	7
Tom Osborn	lbw	b Hudson	10
John Curtis	c Jordon Everett	b Hudson	0
Joseph Wilson	lbw	b Athurkoralage	14
Sam Morton		b Athurkoralage	0
Richard Goodenough	c Harris	b Joseph Everett	6
Matthew Steward		Not Out	11
Extras			21
<b>Total (45 overs)</b>			<b>178-9</b>

blood - having played for the club from the age of eight and for many more years than he would probably care to remember, he smashed the penultimate ball high, wide, handsome and out of the ground into the woods, thus adding to the drama as it seemed to take an eternity to find the ball whilst the two Hetherset batsmen tried to keep calm but couldn't help pacing around and Ashmanhaugh tinkered with their field.

The scores were tied but Valley knew that wasn't good enough. They still needed a run from the last ball of the entire season. None of the spectators were on the edge of their seats as, by this time, they were standing up ready to either celebrate or commiserate.

The ball was full of length, Steward drove hard and sure but back to the bowler. The batsmen sprinted, the bowler panicked and failed to throw the wicket down and Hetherset scampered home for a win and promotion.

A large crowd went wild, the Hetherset players collapsed on top of each other and champagne corks were popped. Valley had snatched victory from the jaws of defeat, Ashmanhaugh had snatched defeat from the jaws of victory - it was as simple as that. Steward finished unbeaten on 11 and France unbeaten on 72.

The bland facts can never capture the atmosphere and excitement of a game that will go down in the club's history as the day they reached their highest level of Norfolk cricket in the club's history.



# Over-40s Are Runners-Up

HETHERSETT and Tas Valley Over-40s reached the final of the Norfolk Over-40s Social League.

The semi-finals and final were played at Flordon - home of Hethersett and Tas Valley. In the semis, Hethersett overcame Castle Rising before losing to Tivetshall in the final. Castle Rising beat Happisburgh in the play off for third and fourth place.

Lewis Denmark from Norfolk Cricket Board, which organised the season-long competition, paid tribute to the organisers:

“On behalf of the Norfolk Cricket Board I would like to thank everyone who has participated in the 2019 Norfolk Over 40s Social League sponsored by It’s On The Ball. The competition remains one of our more successful initiatives we run across Norfolk and we now have more teams taking part than ever before with 20 clubs involved across three regional divisions.

“The annual finals day took place at the idyllic Tas Valley Cricket Ground and all of the reports (players/umpires) I have received have been brilliant. Congratulations to Tivetshall who won the finals day this year after beating Hethersett and Tas Valley in the final and congratulations to all of the league winners who received their medallions and league trophies during the final presentation.

Our photograph shows the Hethersett and Tas Valley team. Hethersett reached finals day after finishing one of the top runners-up during the league season.

# Cup Triumph As Well



JUST eight days after winning promotion, Hethersett and Tas Valley met with more success with another final over victory.

This time it was to win the Hunts Norfolk Junior Cup with a five wicket win over Swaffham at Horsford with the winning runs coming off the penultimate ball.

Having beaten Acle in the semi-final a couple of weeks previous, Valley had high hopes in this slightly unusual competition which consists of 16 eight ball overs. Once again they kept supporters on the edge of their seats after being set what looked a reasonably modest target. But with boundaries at a premium on the large pitch, Valley had to be at their best in scuttling through for ones and twos.

Swaffham batted first and were restricted to 119-9 thanks to a blistering spell of spin bowling from Sam Morton which saw him take five wickets and earn him a man of the match award.

Hethersett's reply was mainly based around an innings of 45 by Ian Bryce and

### 34 not out by Damian Fahy

With two overs (16 balls) to go, Hethersett still needed 23 runs. The 15th over realised 10 runs including a massive six from Fahy. Fourteen was required from the final over and Fahy and Nick Burrett steered the team home with Fahy hitting consecutive fours off the sixth and seventh ball to steer Hethersett to victory.

Opposite Hethersett skipper Ben France receives the trophy. Below are action shots of Damian Fahy and Ian Bryce and on the next page Sam Morton receives his man-of-the-match trophy..





**Man of the Match Sam Morton receives his award of a trophy and a £300 voucher for cricket equipment.**

**Leg spinner Sam took five wickets to lead his side to victory over Swaffham in the Hunts Cup which was played at Manor Park, the home of Norfolk cricket, in Horsford.**

HETHERSETT and Tas Valley are also top of the pops when it comes to sportsmanship. The club's Saturday fourth team won the Norfolk League Spirit of Cricket League with an average score of 9.71 out of 10. After each game the opposition sends in a score and Valley came top with the club's third team also doing well to finish in 13th place with a match average of 9.47. Top positions

<b>NCL SPIRIT OF CRICKET TABLE 2019</b>			
<b>Team</b>	<b>Level</b>	<b>SOC Avg</b>	<b>SOC Rank</b>
Hethersett & Tas Valley C	4 SE	9.71	1
Rolleby	2 East	9.65	2
Dersingham	4 West	9.59	3
Drayton	2 East	9.59	4
Eaton	2 East	9.56	5
New Buckenham	3 SE	9.56	5
Rackheath	3 SE	9.56	5
Brooke B	3 SE	9.56	5
Ketteringham Hall A	4 SE	9.56	5
Denver A	4 West	9.56	5
Wensum	2 East	9.50	11
Kirkley & Belton A	3 SE	9.50	11
Hethersett & Tas Valley B	3 SE	9.47	13

# Roadworks Cause Concern For Hethersett Business

**A HETHERSETT business has seen a dramatic drop in its turnover as the latest set of roadworks and traffic lights threatens its livelihood.**

Church Farm Shop on the B1172, has seen the number of customers drop since the latest work on the cycle path began at the beginning of September.



Jake Willgress estimates that in one week the shop's takings were 30% down as customers stayed away. As a result staff had to be sent home, something that saddened and worried Jake.

"On that week. Monday, Tuesday and Wednesday, were so bad we could have shut. I could have cried because you work hard to build something up. I don't quite understand why the work is taking up to 10 weeks as there is already a

cycle path there. We cannot afford to be like this in November and December. We were in a position where we were paying out more than we were taking in. I am concerned that if we have to keep sending staff home they will start looking for other jobs” Jake said.

Many of the shop and café’s customers were “scared off” by thoughts of negotiating the traffic lights:

“About 90% of our customers come in cars and some of them are petrified about getting out onto the B1172. We weren’t notified that the roadworks were about to begin,” Jake added.

The current traffic lights are three way with two sets on the main road and one on Churchfields.

It is expected that the traffic lights will move further towards Wymondham before the current work is finished and will return early in the new year to complete the cycle path.

Jake Willgress is hoping that the café and shop will recover and that customers will return.

A spokesperson for Norfolk County Council told the Eastern Daily Press Newspaper: "We appreciate the frustrations of the local community, particularly given the volume of recent works in the area but the duration of this project and it's fit with our wider programme means it would not be possible to complete during the school holidays.

“We are seeking to minimise disruption by avoiding the need for a full road closure as much as possible and ensuring traffic signals are manually controlled during peak hours, as well as liaising with neighbouring businesses and imposing a 20mph speed limit through the site to improve safety.”



**Jake Willgress - “You build up a business. I could have cried.”**





# Cycle Path - The Debate

THE cycle path continues to bring mixed reaction and emotions between those who think it is a “waste of money” and those who believe it is an important step forward. There have been plenty of comments on social media both for and against.

David Lomas had the following to say:

“I came from Wymondham to Hethersett the other day and sure enough there was a cyclist happily in the middle of the road holding up all the traffic! What is the point in spending thousands on a cycle path that cyclists don't use?”

Roger Birchall took an opposing view:

“That is exactly what is wrong with that cycle path. If you are a group out training it's safer on the road. You are not having to stop at every junction and you are less likely to run over the elderly couple walking their dog. “

Steve Jones highlighted one of the problems with the cycle path which has been pointed out by many serious cyclists:

“My son rode his brand new cross bike on the Thickthorn to Hethersett section last night and got punctures in both wheels. The path is full of debris and McDonald's litter. World has gone mad “

Others felt that the moaning for and against the path has gone on too long:

“Omg overtake them and get on with your day. If the only thing people have to moan about constantly is bloody cyclists then your life ain't that bad “

Tristan Cork asked for more tolerance:

“I wish people would stop being so bloody intolerant of other people, just because they're not doing what they want them to be doing! It's not illegal to ride your bike on the road, whether there is a cycle path next to it or not! Just be patient and wait until you can get round safely, just like you would with a tractor/ horse/moped/roadsweeper/etc. There are some good reasons that all of those things might be on the road, just the same as there are good reasons that cyclists may be on the road! “ Here was a different view.

“The cycle path is meant to be there to keep cyclists away from the traffic thus keeping them safe and also to help traffic flow so we don't get stuck behind a cyclist. It should be made law that cyclists ride cycle paths when they are provided as a motorist is governed by the law not to drive on cycle paths you lot can't have it both ways perhaps we should stop spending money creating these paths

and put it into the roads.”

One thing that is certain amongst all the arguments is that the cycle path will become a reality, cyclists will never be banned from using roads and so, as many of the messages state, we need to be more tolerant and learn to just get on with things.

There were questions posed about the cycle path at the September meeting of Hetherset Parish Council. Some councillors wondered if the current work on the B1172 has been necessary bearing in mind a cycle path already existed at that point. This is also a point brought up by Jake Willgress from Church Farm coffee shop (see page 23 for more on this).

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## NEW COFFEE SHOP FOR HETHERSETT?

HETHERSETT could soon have another coffee shop/bar.

Rowan House Health and Welfare Centre has applied to South Norfolk Council for a change of use for an area on the ground floor to provide a café serving coffee and cake.

The application can be viewed on the South Norfolk Council website at

<https://info.south-norfolk.gov.uk/online-applications/applicationDetails.do?keyVal=PX1R38OQ00Z00&activeTab=summary>

**The next edition of Hetherset Herald will be online at the end of October.**

**News, features and photographs should be with the editor by October 15th at the latest.**

**We are happy to consider items for publication which can be sent to**

**[petersteward@lineone.net](mailto:petersteward@lineone.net)**

# Friendship Group Idea

A Hethersett resident is looking to start an informal friendship group in the village for people who would like to have informal get togethers.

Elaine Canning is looking for people interested in setting up a group - either during the day or on evenings. This could be either during the week or at weekends.

Elaine is looking at possibly hiring the village hall and has already been in contact about possible booking dates:

“Friday evenings are out and some Saturdays are not possible. If a few people are interested in helping then I could look ahead at possible regular slots.

“If we have interest from people willing to help we can get together to plan things. The group would be for all ages and for residents new and old. I am sure there are lots of people who may want to join community groups but can't due to working and other commitments. This would be ideal for them to meet up and get to know other people in the village,” Elaine said.

If you are interested in helping set-up a social group, please contact Elaine by e-mail at: [ecpiano23@gmail.com](mailto:ecpiano23@gmail.com).

## Large Quantity of Litter Bagged

TWENTY eight people turned out for the latest village litter pick on Saturday, September 14th with an afternoon start replacing the usual morning session.

People of all ages took part in the event which started from the Methodist Church car park and which was organised by the Hethersett Environmental Action Team (HEAT).

The sun shone and even more litter than usual was collected. Depending on how you look at it, this was either a great success or a big disappointment. A success from the point of cleaning up the streets or the village but a disappointment that so many people still feel it is acceptable to dump litter all over the place.

The event was supported by Tesco Express of Hethersett and afterwards the organisers said how encouraging it was to see young families with their children taking part. HEAT is hoping for an even larger turnout for the next litter pick (see later in this edition for details).

# Making Hay While The Sun Shone



Meadow



Field madder



Bee orchid



Painted lady

Ringlet

Red admiral

## ***By Dr Anne Edwards***

THIS year, the grassy area that runs along the B1172 opposite the church underwent a trial as a no-mow biodiversity area for South Norfolk Council.

The area was left uncut between May and mid-September. The grass grew long and rapidly became a haven for wildlife. Wildflowers, including more than 50 bee orchids, burst into bloom and attracted all manner of insects including butterflies and bees.

At the end of summer, once the flowers had set seed, the council mowed the area and volunteers raked off the hay. This is an important step in meadow management because it reduces the fertility of the area and encourages the growth of delicate wildflowers rather than more robust plants like nettle and dock.

Look out for an even more impressive floral array next summer. If you are inter-

ested in wildlife and would like to help with village practical conservation activities check out the website <https://wildhethersett.wordpress.com>, find us on Twitter @WildHethersett or get in touch via Facebook @HethersettHEAT

# A Cornucopia of Delights

Anne Edwards reports from the village hall on Hethersett Horticultural Society's annual show. Anne also took the montages.



Best In Show: Pauline Harper's prize raspberries



Onions go head to head



Jam array



Best beetroot



Terrific tomatoes



The Show gets underway

The Village Hall was a veritable cornucopia of horticultural delights for the Annual Show on the 14<sup>th</sup> September.

Tomatoes were titivated, potatoes were polished and onions were perfectly perched for judging. There was an eye-catching array of colourful blooms and floral displays, some delicious jams and chutneys, mouth-watering bakery and stunning photography.

What a challenging task the judges had before them! Competitions for best in class and best in show were fiercely contested and winners were awarded with certificates and much-coveted silver cups.

What an honour it must be to become part of village history and have one's

And the winners are.....Show secretary Marilyn Savory (centre) and Chairman Chris Morriss (right) present cups to, clockwise from top left, Pauline Harper, Chris Pill, Margaret Sidell, Jenny Hallett, Judy Freeman and Carol Towells.



name engraved, alongside Hethersett gardeners from 100 years ago, on these historic trophies. Restorative tea and delicious cake were on hand to restore equilibrium after all the anticipation and excitement. Congratulations to those who emerged triumphant, all the brave participants for putting on such a fantastic spectacle and of course the hard-working organisers from Hethersett Horticultural Society. The show is an iconic institution. Long may it continue.

### List of winners

**Pauline Harper:** President's Cup and Norfolk and Norwich Horticultural Society Medal for Best Exhibit in the Show; Chairman's Trophy (best exhibit in veg section); Emily Knight's Memorial Trophy (most points in fruit, veg, flower sections); Silver Challenge Cup (most points in flower section); Deacon Junior Cup (most points in fruit section); Charles Tudor Challenge Cup (most points in veg section); Deacon Senior Cup (best exhibit in fruit section); John Howard Memorial Cup (best exhibit in domestic section).

**Chris Pill:** RHS Banksian Medal.

**Margaret Sidell:** Abra Trophy (most points in domestic section); Peter Bond Memorial Trophy (runner up most points in fruit, veg, flower sections).

**Carol Towells:** Ethel Haywood Memorial Cup (bowl of roses); Jack Logue Rose Vase (rose competition); Peggy Crow Memorial Plate (best exhibit in photographic section).

**Judy Freeman:** Benjamin Trophy (best exhibit, flower arranging).

**Jenny Hallett:** Burton Fanning Silver Challenge Cup (best exhibit in flower section).

# Thanks From The Show Secretary

PUTTING on an event such as the horticultural annual show requires a veritable army of volunteers and so over to Marilyn Savory, show secretary, for some thanks:



“I would like to thank all the members and residents who made this year’s show such a great success. A special mention for chairperson Chris Morriss and treasurer Ted Hallett and my sidekick Margaret Siddell.

“I would like to thank Margaret Ford and Jill Samwell-Smith for delicious lunches, Jenny Hallett and her ladies and one gentleman for the mouth-watering afternoon refreshments, Stella Tennant who successfully sold the donated plants, Leslie Dale for transporting extra tables to the hall and back from whence they came.

“Our Gentlemen members for arranging the tables, banners, moving chairs etc. Friday evening and Saturday morning at the Village Hall, All seven stewards who checked all exhibits before the judging started and filling in prize cards and the result paperwork for the show secretary. I would also like to thank Anne Edwards for arranging a stall with Wymondham Wildlife Trust on the stage and Big C Wymondham for two charity stalls and all the members who helped clear up after the show.

“Last but definitely not least the members for their exhibits, the judges were very impressed by the high standard of entries. Apologies if I have missed anybody out.”

## Police Act Over Anti-Social Cycling

Norfolk Police are clamping down on irresponsible cycling in Hethersett.

Their action follows reports of anti-social behaviour by a group of youths whilst riding their bikes throughout Hethersett, often doing “wheelies” in the middle of the road.

The local beat manager, PC Chris Boden, has spoken with some of the individuals and their parents and has also been into Hethersett Academy to deliver an assembly on road and cycle safety.

# Speed Watch Update

**By Associate Editor Roger Morgan**

THE Community Speed Watch scheme organised by a group of willing volunteers has been running in Hethersett for a number of months.

By and large it has been met with universal approval from local residents. The team frequently receives positive comments from both passing pedestrians and motorists alike.

There are some obvious hot spots for speeding in the village, notably New Road and Churchfields. The recent work being carried out on building the new school and the new Hethersett Academy car park on Back Lane has affected speeds in that area.

It is good to see that the vast majority of drivers respect the speed limits in the village. However, a few appear to totally disregard the warning signs and race past the checks at speeds in excess of 40 mph.

The highest speed so far recorded is 51 mph in a 30 mph zone. This has happened on at least two occasions. Details of the vehicles exceeding the speed limit are recorded and passed to the police. The registered driver will then receive a warning letter.

The principle aim of the scheme is not to 'catch people out' but simply to make motorists more aware of their speeds. It is hoped that in the long term this will significantly reduce the risk of serious accidents in the village.

**NEWS UPDATE:** Organiser Bridget Williamson told the latest parish council meeting that the majority of motorists drive carefully and responsibly:

“There are a few exceptions but the majority of motorists are polite and courteous and drive very well,” she said.

Mrs Williamson said new volunteers would be welcome to join the team with full training being given.



# Chipped Surface - Broken Windscreen



HETHERSETT residents are being urged to be on their guard for badly chipped roads after a local man suffered a shattered windscreen on Colney Lane where the road surface has broken up.

Andrew posted the following image on Facebook in order to warn motorists to be aware of dangers.

“My windscreen was shattered by debris thrown up from the road where the road has broken up on Colney Lane. Apparently it is still the responsibility of the new estate developers and it is about time something was done about it.” Andrew said.

We have also been informed of problems on Miller Close on the new North Hethersett development. The following message was left on the

All Things Hethersett Facebook page:

“The pavement hasn't been finished and has just had lumps of cement thrown in. Other bits of Miller Close already have plants growing through the road and pavement .”

Cyclists have been finding the going tough after re-surfacing work in Recreation Road which has left ruts on the surface. One cyclist told us that it had made getting down the road “very difficult.”

Traffic came to a standstill in Great Melton Road on September 20th thanks to a lorry having difficulty backing into the area around Tesco Express to make a delivery.

## Challenging and Exciting

EDUCATION and schooling in Hethersett is changing beyond all recognition with a new primary school on the North Hethersett complex, Hethersett Academy expanding and Old Hall School closing. Over the next few years, Hethersett Voluntary Controlled Church of England Primary School (Formerly Hethersett Junior School) will also be expanding. Peter Steward, himself a former chair of governors of the school, met up with new chair Bob Crawley and Head Teacher Matthew Parslow-Williams to talk about the future of the school.

EXCITING and challenging is the way Bob Crawley and Matthew Parslow-Williams view the future of Hethersett Voluntary Controlled Church of England Primary School.

The next few years will see many changes at the school which began its life as the National School in 1817. It took on primary status at the beginning of the Autumn term and the next few years will see the roll increase considerably as it becomes a through school for children from reception age to Year Six. That doesn't take into account the possibility of also having a nursery.



Chair of Governors Bob Crawley and Head Teacher Matthew Parslow-Williams in the area where the new classroom block will be built,

A major building programme is due to start later this year subject to planning permission and will take a year to complete. It will see a new classroom complex take shape on a playground area at the side of the school. This will include two classrooms for each of reception and Years One and Two and also a hall and "heart area" for books etc. Overall the £4 million project to double the size of the school is part of a £20 million investment by Norfolk County Council to

transform education in Hethersett by providing hundreds of additional school places and new modern facilities. The overall plan includes building the brand new £8million Hethersett Woodside Primary and Nursery School on Coachmakers Way and an £8 million expansion of Hethersett Academy, both of which are currently under construction to be ready for 2020.



### **Hethersett Voluntary Controlled Church of England Primary School.**

Trying to find a suitable site for the new build at the primary school

wasn't exactly easy as a number of alternatives had to be ruled out due to the need to maintain open green play areas and the fact that the school field is owned by Norwich Diocese and cannot be built on.

The ethos of the school has always been simple - to provide a caring environment where children can grow and learn - and that will be the essence of the school's future.

The school currently has 303 pupils, including 26 children in Reception, and this could ultimately rise to over 450 plus nursery provision.

The school has always used its limited space to great effect and this will certainly be the case in the future with plenty of play areas as well as a field for sport and even a wild area which has been created by the children themselves.

Bob Crawley recently took over as chair of governors and admits he is "hugely excited" by the challenges ahead.

Head Teacher, Matthew Parslow-Williams, is also excited about the future:

"Being a primary school gives us the chance to mould children in our ethos and values and also help them to develop from Reception through to Year Six. The recent refurbishment for the reception year and new build classroom block are important developments and will add to the existing education facilities, including our first class art room and school swimming pool," he said. In the past the school only took children from Years Three through to Six.

The Head admits that the changes at the school have re-invigorated him: "It has



On the left is the new wild wood area and on the right one of the recreation areas.

given me a new natural career progression, not only taking children through from Reception to Year Six but also helping to manage a multi million pound development.

“It will be my legacy to create a quality school where everything we do is robust and based on Christian values. The next two years will be exciting times. We will (Continued on next page)

## Call For More Governors

THE school is looking for more parent and community governors - people interested in making a difference to the lives of local children. Bob Crawley took over as Chair of Governors earlier this year and says he has thoroughly enjoyed the experience despite not having any children at the school:

“We would love to have four or five more governors. It is not an onerous task. The full governing body meets six times a year with meetings lasting no longer than two hours. In addition we have a number of committees that meet occasionally for about one hour at a time,” Bob said.

“In Hethersett, we have some highly skilled people and we would love to have a real mix of people. Governors can make a huge difference,” Head Teacher Matthew Parslow-Williams added.

Anyone interested in volunteering or finding out more about what the role entails should contact the school on 01603 810498.

be moving up a notch with more facilities, more children and more teachers. I firmly believe we can make a huge difference to the lives of our children.

“We are very lucky to have a team of excellent teachers and support staff who are totally focussed on making sure that every child has the opportunity to develop and enjoy learning through a very wide curriculum,” he said.

Bob Crawley said the change of status of the school had changed its dynamics: “The senior leadership team has been working so hard. We are fully focussed on providing the best possible education for the children and there will be no disruption to this whilst the building takes place,” he said.

Bob also expressed a wish to work closely with the local community both during and after the work and appealed for more people to become governors.

## Education in Hethersett - A Timeline

1817	First National School built in Queen's Road
1850-54	New British School built in Henstead Road
1860	New National School built on present Junior School site in Queen's Road
1880	School attendance becomes compulsory
1891	Fees for elementary education abolished
1935	Hellesdon House School moves to Hethersett as Hethersett Old Hall School
1956	Hethersett Primary School formed (amalgamation of National and British). British School is sold to the church.
1972-74	Building and Opening of Woodside First School
1978	Hethersett Middle School formed (formerly Primary School)
1980	Hethersett High School opened
1980	Demolition of first National School Building - replaced by a private bungalow
2007	Woodsfide First School becomes Woodside Infants and Hethersett Middle School becomes Hethersett Junior School
201	Hethersett High School becomes Hethersett Academy.
2018	Plans announced for a new primary school on land in North Hethersett and also for extensions at Hethersett Junior School and Hethersett Academy.
2019	Hethersett Old Hall School closes
2019	Hethersett Junior School becomes Hethersett Voluntary Controlled Primary School

# Hethersett Junior School - The History



Formal paid for and non-compulsory education began in Hethersett in 1817.

The first National School building in Hethersett was situated just across from the present Primary School in Queen's Road. The original building was demolished in 1980 and today the site is a private bungalow, but in the front garden is a commemorative plaque.

A new British School was built in Henstead Road between 1850 and 1854, just a few years before a major new section of the National School was put up in 1860 on the present Primary School site.

The building of both the British and National Schools came as a result of individual and group efforts by people, irrespective of their religious persuasion who had sometimes the money and always the vision of improving the lives of others through education.

The village curate, the Reverend John Edwards, was one of the driving forces in setting up the school and this set the standard for a close relationship between education and the church which exists to this day. Apart from the Rev. Edwards, sums of money were given by the Reverend J. Buckle, J. Browne Esq, T. S. Norgate Esq and one or two others There was at this time a small girls school and Rev. Edwards observed that: 'the poorer classes thankfully avail themselves of the means provided for the education of their children.'

By 1833, 125 children attended the school. They were charged one shilling (5p) a quarter apart from the six who were paid for from the endowment. The returns

of the National Society's School Enquiry for 1846/47 recorded that 68 boys and 41 girls received instruction in the school. Of this number, 48 boys and 32 girls attended both on weekdays and Sundays, 19 boys and six girls on weekdays only and one boy and three girls on Sundays only.

They were taught by a master and assistant mistress and five paid monitors. The total expenditure in salaries amounted to £44. 6s (£44.30p) and the estimated annual cost of maintaining the school was £63 1s (£63.05p).

At this time education was neither free nor compulsory. By 1861, fees at the National School had risen and varied from one penny to sixpence per week depending on the occupational status of parents.

In 1860 the Rector of Hethersett, the Rev. William Collett, applied to the National Society for aid towards erecting a new mixed school measuring 53ft by 18ft to accommodate 120 children, with a teacher's house attached. The new school was completed in 1861 and the original building was retained as an infants department.

The boys' and girls' sections were divided in May, 1871, when the boys' section added more geography and history to their curriculum and took over the former infants and original National School building.

White's Directory of 1864 describes the National School as "a spacious brick building with master's house and good playground attached which was built in 1860 at a cost of £700 and attended by 50 children. The master receives £8 3s 4d yearly from £272. 8s 8d three per cent consols left by William Hughes for the education of six poor children. The old school, built in 1817, now an Infant School, has also about 50 children in attendance."

By 1883 the National School had 111 girls and infants and 66 boys on its roll. The average attendance was 54 boys and 84 girls and infants. The average attendance at the British School was 60 mixed students.

The National and British schools worked side by side until their amalgamation in 1951, when it proved obvious that neither of the existing schools could reach the standard in buildings and amenities laid down in the Education Act of 1944.

The British School building was sold to the church and the proceeds used to establish the Caroline Lindley Trust which is still in existence and gives grants for the further education of men and women aged between 18 and 25

School attendance in Hethersett became compulsory with all fees for elementary education being abolished in 1891. In 1918 ancilliary services such as medical inspections were introduced.

A number of other educational establishments sprung up in the village but it was the British and National Schools, however, which continued to dominate education as the village approached the end of the century.

In 1900 a school inspection commented that at the National School "The infants room is crowded and it is hoped the managers will see their way to enlarge it at an early date.'

During the Second World War the National School provided education to 30 war evacuees, most of whom came from East Ham in London. The school received no additional teaching staff to cope with this influx

The war certainly seems to have put off many proposed improvements to the National School. In May 1939, there were plans for 'a better lavatory and cloak-room accommodation, electric light, central heating and new floors." The work was deferred 'until the international situation became clearer.'

That appears to have been September 1945, when the Hethersett parish magazine reported that improvements were to be made at the National School. A canteen for meals and the installation of electric light to the school and school house were planned.

Some suggestion that budgeting may not have been all that prudent, however, came in an August 1948 appeal for contributions of about £60 to clear a deficit before the new rector, Mr Townshend, arrived to take his position as chairman of the managers. It is not clear from the records whether this amount was forthcoming.

After being in existence for just over 100 years, the British School building became the parish church hall. The National and British schools amalgamated to form a primary school in 1956. This continued in existence until Hethersett Middle School came into being in 1978.

The year 1954 was the last one that the National School had children of all ages. In September 1954 all the children over the age of 11 were moved to schooling at Costessey.

In 1956, four classrooms were completed to the north-east of the old building and the children from the British School were transferred as their building shut down.

In 2007 the Middle School became Hethersett Junior School, losing its year seven children but gaining year threes and this year it changed once again to become Hethersett Voluntary Controlled Church of England Primary School.

The current complex has a number of the original 1860 buildings as well as a foundation stone from 1817.

The year 1972 also saw the opening of a swimming pool at the Middle School which was used not only by the children but by the wider community and remains in use to this day.

# Rector Praises School Staff

THE RECTOR of Hethersett, the Rev Derek McClean, has had “a light-bulb moment.”

Writing in the September Good News magazine, Rev McClean looks at the changes in education taking place in Hethersett in the near future but begins with a joke :

“How many Anglicans does it take to change a light bulb?”

“CHANGE! We don’t change anything.”

“Well of course Anglicans do. Change is part of life, and our little part of the world is seeing significant change. Where once we had a primary school (in Little Melton) and both an infant and a junior school (in Hethersett), we will now have three primary schools.

“This will involve many changes for staff and pupils alike and has already caused significant difficult choices for those parents who have primary-aged children.”

The Rev McClean points out that with change comes uncertainty:

“Apart from which school to choose, there is also the fact that the building work to accommodate these changes is ongoing. As much as the children, the staff will also have uncertain times as they all make the adjustment to the new conditions and seek to be as normal as possible whilst the building work is going on.”

He goes on to praise staff: “I have seldom come across such hardworking and dedicated staff as I have seen in the Junior now Primary school.

“All our schools have challenges ahead. Pray for the staff and the children. It is a wonderful work that is done there.”

See page for a special feature on Hethersett VC Church of England Primary School - its past, its present and its future.

# Not Quite Scorchio

*The British record temperature of 38.7 degrees was set in Cambridge during the July heatwave and in Hethersett we were only just behind that with temperatures in the mid-30s recorded and that's just under the 100 degree mark on the Fahrenheit scale.*

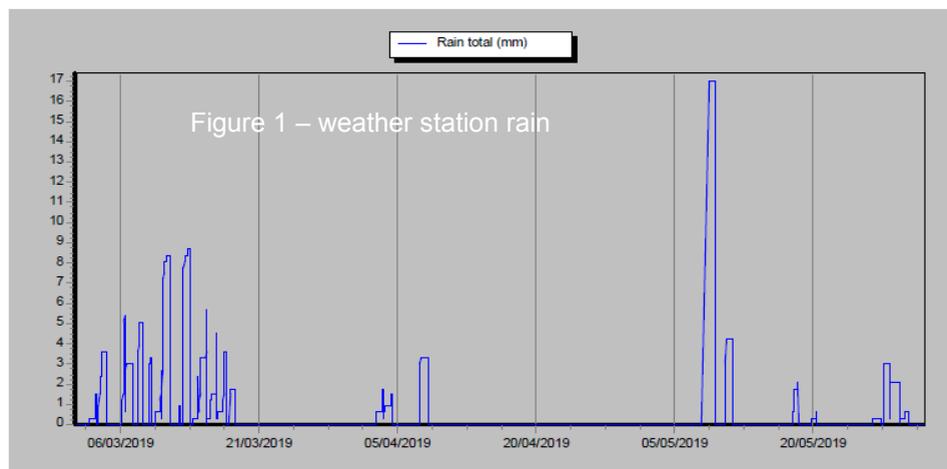
*It was so hot that part of the A11 close to Hethersett was shut after the surface melted. The hot weather returned again towards the end of August as temperatures again exceeded 30 degrees.*

*But as Herald Associate Editor and keen local weather observer Gary Wyatt writes, this summer was not as scorching as the previous year.*

MY article about last year's summer published in the September, 2018, edition of the Herald carried the favourite tabloid newspaper headline of "Phew, what a scorcher".

Whilst this year's summer was not as consistently scorching as 2018, nevertheless it had some shorter very warm periods and a new UK temperature record was set, on which more later. Also, and this is often true of East Anglian weather, the contrast in rainfall between our area and that of western/northern Britain was very marked. Spring this year also had some interesting features so in this article I thought I would cover both spring and summer 2019.

Just to be clear, the Met Office defines meteorological 'Spring' as the months of March-May, and 'Summer' as June-August. 'Autumn' is September-November



and 'Winter' is December-February. The weather data I give here is mostly taken from my own manual observations and from the automatic weather station in my garden, which I described in an article in the May, 2018, Herald. However, due to an oversight on my part during April, the station's memory became full and started overwriting data before I downloaded it.

Consequently, there is about a two week gap in the data bridging the end of April/beginning of May; manual readings were still taken in that period.

### Spring 2019

Gardeners amongst Herald readers will be aware how a dry spring or a late frost can play havoc in the garden, and spring this year was, yet again, rather dry in our area.

There was a fairly wet spell in the middle of March but the only really wet day after that was 8th May, when around 17mm of rain fell. Otherwise, after the March wet spell, rain was fairly infrequent and totals were generally low, as can be seen in figure 1, and there were some lengthy periods in March and April when no rain fell at all.

As mentioned above, spring was much wetter in other areas of the UK and a Met Office map (figure 2) neatly summarises this. East Anglia rainfall was only 50-70% of the long term average, whereas parts of the north west of the UK had in excess of 150% of the average.

As for frost, temperature data from my weather station (figure 3 - ignore the sloping line which is the program jumping over the missing data) and the manual readings which I also take daily, show there were no air frosts this year in spring, at least in my garden, with the lowest recorded temperature being 0.2°C in early April, and only a few other nights when the temperature fell below 1°C.

By the way, an 'air frost' is one in which a temperature measurement of 0°C or

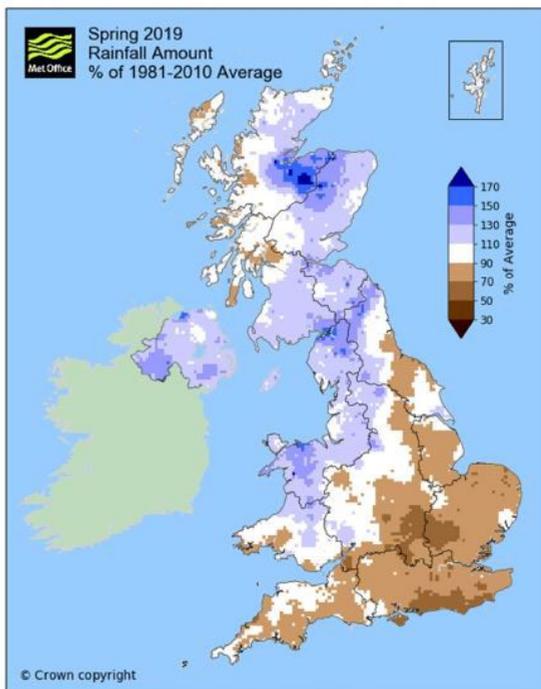
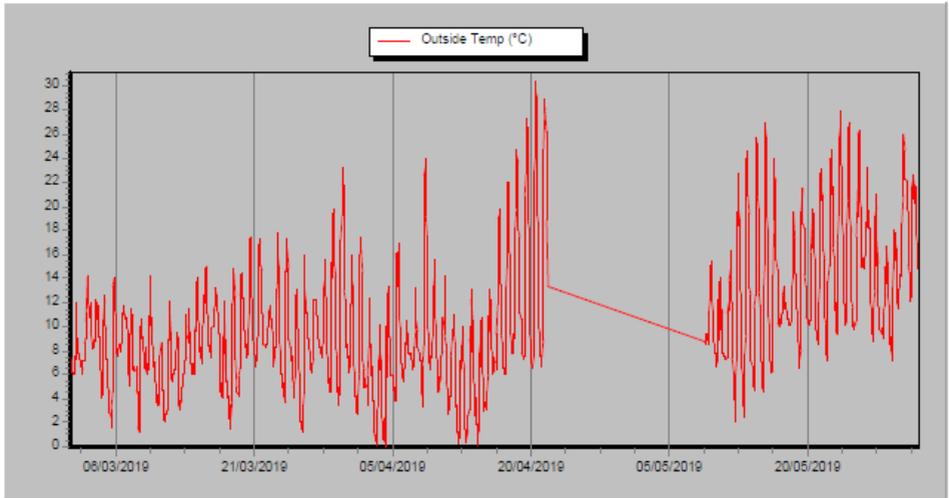


Figure 2 – Met Office UK rainfall data for spring 2019

below is recorded some distance above ground level, typically one metre. 'Ground frosts', where the temperature is taken at ground level, tend to be more frequent than air frosts, and generally occur on still nights with dry ground, when



heat radiates away rapidly from the soil. These are also called 'radiation frosts'. I do not have an instrument that records these, although personal observation suggests that some did occur in spring this year.

The same principle applies to frost which forms on, for example, car wind-screens when the surrounding air temperature is still above freezing. Of course, both types can cause considerable damage in the garden.

There were several periods of east/north-east winds during spring 2019, always a cold direction for us at this time of year, and as a result the day-to-day temperatures here fluctuated markedly. When the wind was in that direction, for example between 9th-15th April and 3rd-7th May, maximum temperatures were only 9-11°C, and often felt much colder due to wind chill. However, when the wind was south or south-west, for example 20th-24th April and 18th-27th May, daily maxima soared to 20-25°C. (Only the first of these hot spells can be seen in figure 3 as the second was during the period of data loss.)

As for temperatures more generally, the whole of the UK was above average in spring, 2019, again as shown by the Met Office (figure 4). Our area was only just above the long term average, however, probably due to the easterly wind spells mentioned above.

So, to summarise spring 2019 in Hethersett, we can say it was markedly drier and slightly warmer than the long term average, with some dry spells and short very warm ones.

## Summer 2019

Moving on to the summer period, the warmer and drier than average theme continued and the difference between our area and the west/north of the UK became even more pronounced. Temperature and rainfall data from my weather station is shown in figures 5 and 6. However, averages rather hide some very big differences from week to week. For example, early June was very wet and I recorded over 80mm rain in the first two weeks, as can be clearly seen in figure 5; quite remarkably, this was more than fell in all the remaining summer period. Long periods with no recorded rain at all include 26th June-6th July and 20th-29th August, and even in between these times amounts were small.

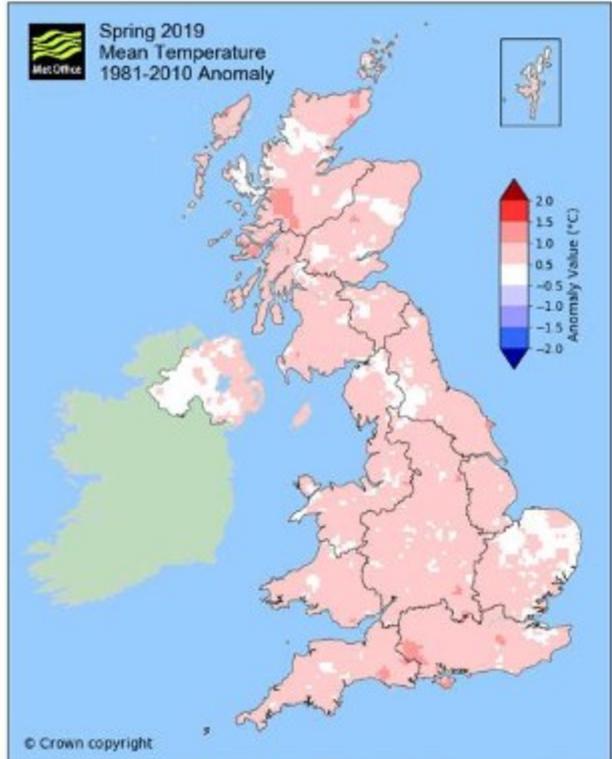
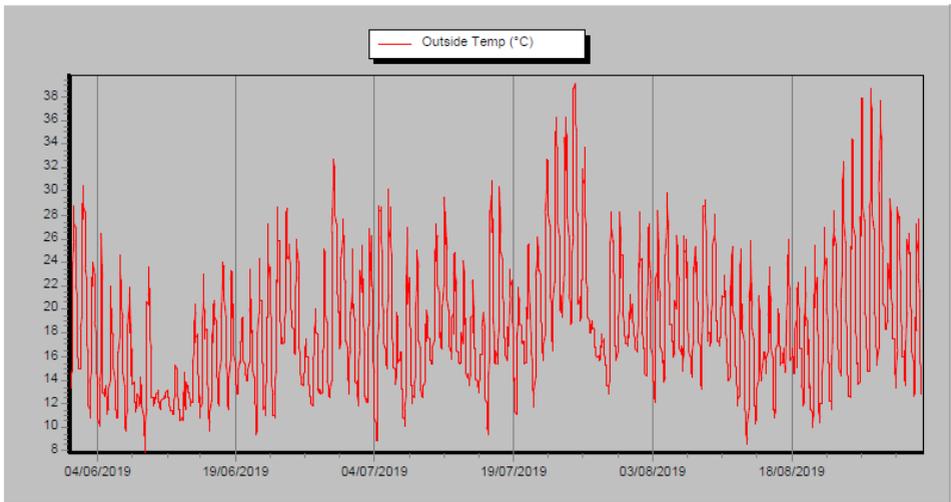
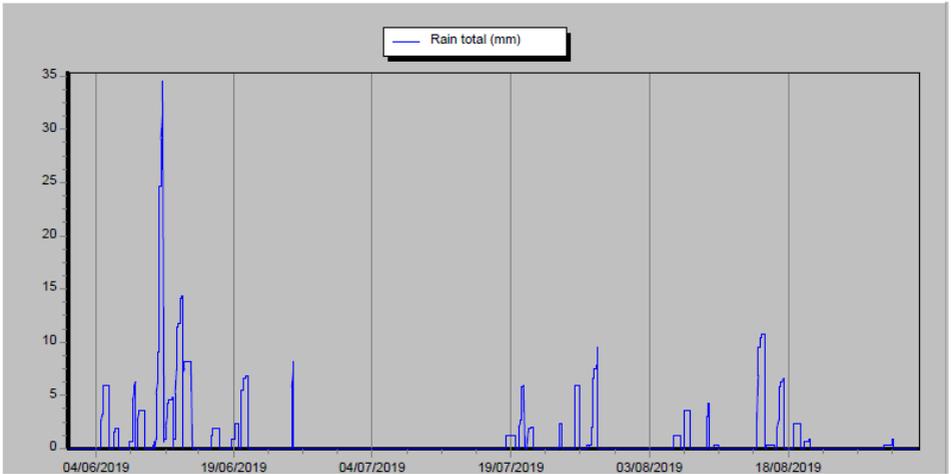


Figure 4 – Met Office UK temperature data for spring 2019

Similar fluctuations in temperature were seen, with some very cool periods when the wind was again easterly (typical for East Anglia, of course, even well in to June) and some extremely warm periods when maximum temperature exceeded 30°C for several consecutive days. It was during one such spell in late July when a new UK record was set in Cambridge, with 38.7°C recorded on the 25<sup>th</sup>. The same day I recorded 34.9°C, the highest of the summer. That hot spell ended with a spectacular prolonged thunderstorm late on Friday, 26th July, which was accompanied by very strong gusts of wind bringing down branches from trees in the garden – it really was a violent tempest but strangely brought only about 5mm rain. Normally such a storm would bring a torrential downpour. The last 10 days of August brought another very hot and dry spell to end the meteorological summer. Both of these hot spells can be clearly seen in figure 6 (although note that the maximum temperatures seen in the graph are too high by 4-5°C due to overexposure of the weather station, an effect I explained in a previous article.

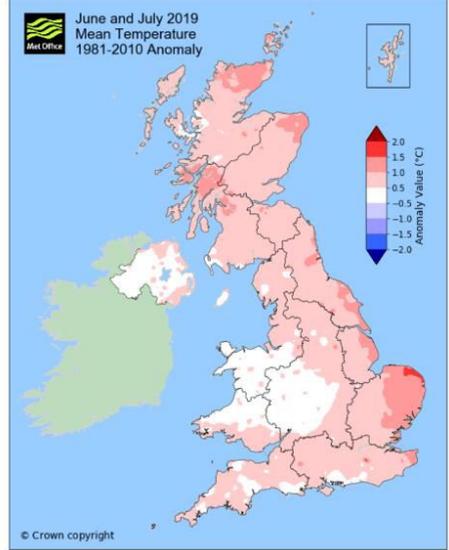
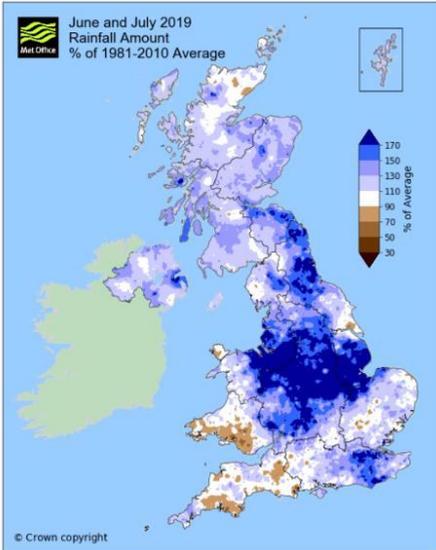


However, the trend is correct).

Met Office charts (figures 7 and 8) show the UK position for June/July, particularly the extremely high rainfall in the north. You may remember frequent news reports of flooding and the near collapse of a dam in Derbyshire, yet here my garden continued to wilt as the dry conditions persisted.

So, to summarise the summer weather in Hethersett, after a wet start in early June, it was then very dry, in contrast to much of the UK, and there were several spells of very hot, 'barbecue summer' weather with temperatures well into the 30s, although I personally did not enjoy the extreme heat and humidity we had at times. Sunshine was plentiful, particularly in July and August, and very welcome.

As I write in the first week of September, the early days of the meteorological autumn, right on cue the weather has cooled down, the air is fresher and night time temperatures have dropped to single figures, making sleeping more comfortable.



## To Autumn

1.

SEASON of mists and mellow fruitfulness,  
Close bosom-friend of the maturing sun;  
Conspiring with him how to load and bless  
With fruit the vines that round the thatch-eves run;  
To bend with apples the moss'd cottage-trees,  
And fill all fruit with ripeness to the core;  
To swell the gourd, and plump the hazel shells  
With a sweet kernel; to set budding more,  
And still more, later flowers for the bees,  
Until they think warm days will never cease,  
For Summer has o'er-brimm'd their clammy cells.



September is my favourite month, often bringing calm days with golden sunshine in the season of “mists and mellow fruitfulness”.

Maybe Herald readers would like to tell us which their favourite month is and why?

To finish, here are a couple of my photos to wish you a happy autumn.



# King's Head Watch

AS promised we are keeping a weather-eye on the deteriorating state of the King's Head. So we ventured out with our camera once again to bring you the latest photos.

From This



To This



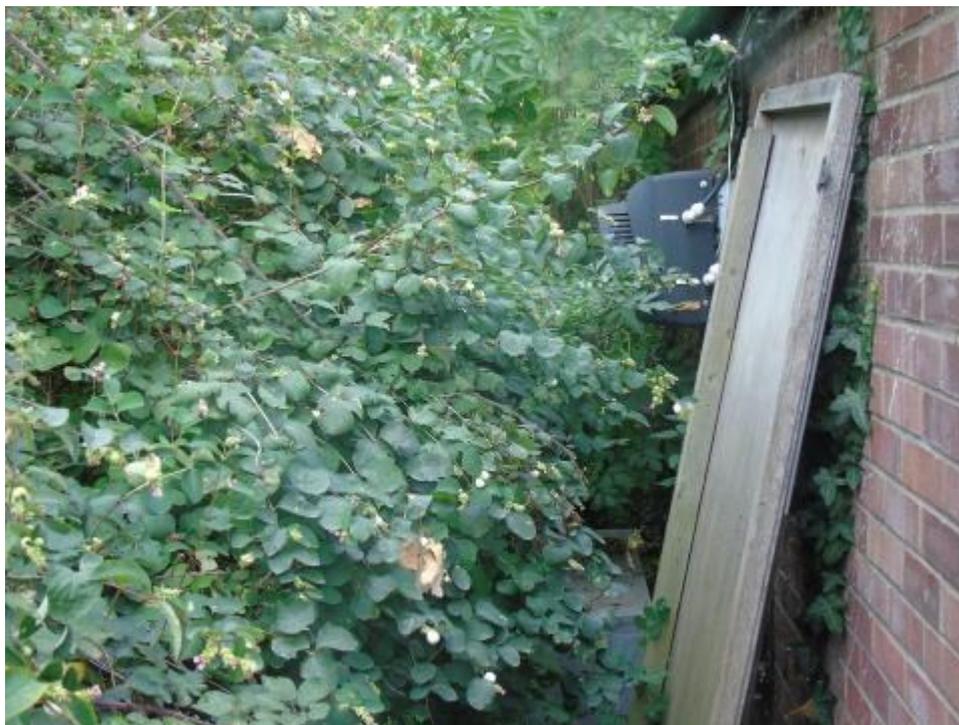
# King's Head Watch



**Above - Window boxes of dying flowers and window frames with peeling paint. Below - a general deterioration of the pub's front with plenty of weeds.**



# King's Head Watch



Would you look upon this as a "fantastic business opportunity?"

# King's Head Watch



THE photographs on this page were taken in the back garden of Hethersett King's Head and show how the grass has been allowed to grow and how the area has been left unattended.

# King's Head Watch



**MORE photographs taken in the back garden of the pub. There was even a glass containing a small amount of beer that remains on a table. The whole area is becoming a shambles and a disgrace and you might be forgiven for asking what the owners doing about it?**

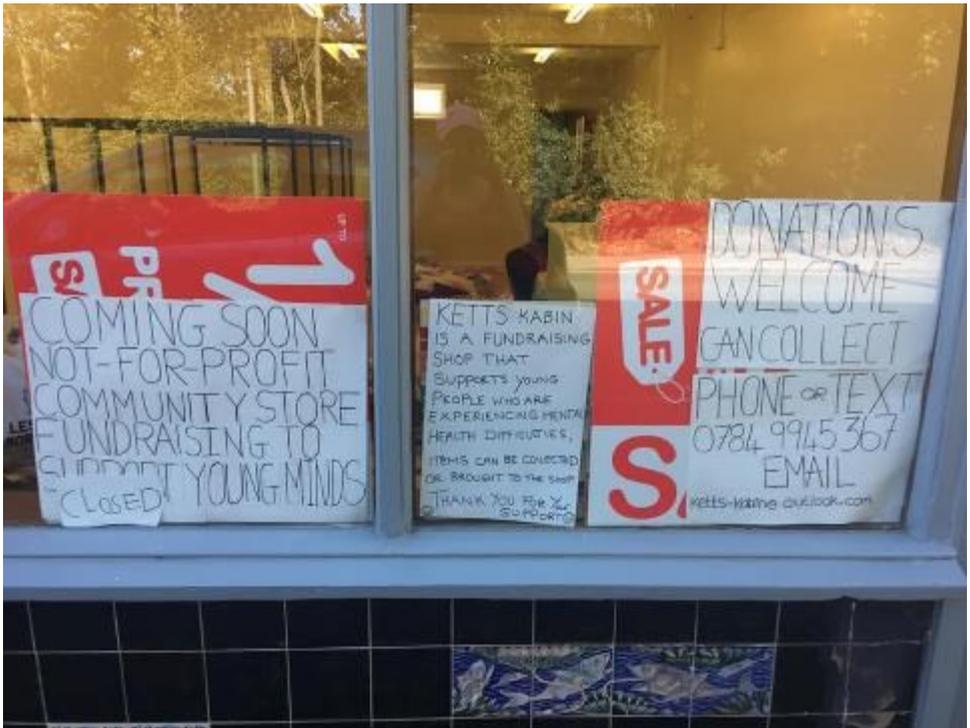
# King's Head Watch



## Cann's Lane to Remain Two Way

CANN'S Lane is to remain open to two-way traffic at its junction with the Old Norwich Road.

Norfolk County Council has been considering making the road one-way with traffic only being allowed to enter into Cann's Lane from the Norwich Road. After looking into the matter the council has decided to maintain the status quo but to extend the existing double yellow lines 17 metres in each direction on Norwich Road to improve the visibility for drivers exiting Cann's Lane.



# On The Charity Beat

HETHERSETT'S new charity shop is preparing to open - hopefully some time in October..

As reported in the previous edition of Hethersett Herald, the former Jeanette Raven Curtains and Blinds shop in Queen's Road has been taken over as a "not for profit" community store set-up to raise funds to support young people with mental health problems.

Kassie Prime from Hethersett is behind the project which will have the aim of equipping 16 to 24-year-olds with practical skills such as book keeping and profit management and at the same time helping with their mental well being.

We are hoping to have a full interview with Mrs Prime in a future edition of the Hethersett Herald.

# News From The Parish Council



**Parish Council chairman Adrienne Quinlan presents cheques for £407.96 to two charities - the proceeds from this year's Open Gardens event which raised £815.92. On the left Mrs Quinlan presents a cheque to Charlotte El-Labany from Finnbar's Force and on the right to Daniel from the PACT charity.**

EACH of Hethersett's district councillors has a £1,000 personal budget to award to deserving causes in the village. To apply please e-mail one or all of them. Contact details are printed elsewhere in this edition.

## Get In Touch

If you have any stories or information you would like to see in the Hethersett Herald, please get in touch with us. You can find the contact details elsewhere in this edition.

# News From The Parish Council

## Number of Litter Picks To Increase?

THE number of litter picks in Hethersett could soon be doubled if a new idea meets with the approval of the parish council and the Hethersett Environmental Action Team (HEAT).

At the present time, litter picks are held every two months starting from the Methodist Church car park. The new plans are for picks to take place monthly with a new alternative hub of the village hall being introduced. It is also possible that the times of the picks will alternate between mornings and afternoons.

Environmental champions Sarah Lawrence and Hannah Harrison made the suggestions at the September meeting of the council. They have expressed a wish to attract more families and younger people.

“Our aim is to make Hethersett a nice place,” Hannah said.

“Everyone is thrilled that people are prepared to give up their time,” said council vice-chairman Stephen Slack.

Council chairman Adrienne Quinlan said: “The more litter picks we have the better” and Councillor Chris Morriss commented: “As we get more volunteers we can introduce more hubs.”

A meeting will now take place to discuss taking the ideas forward. In the meantime the bi-monthly litter picks will take place on November 9th and January 11th with other provisional dates set for October 12th and December 14th.

HETHERSETT Parish Council's survey of sports and recreational facilities in the village has already attracted 152 responses. There is still time to send in your thoughts and once again we print the survey on the next two pages. The survey can also be filled in online by visiting: <https://www.surveymonkey.co.uk/r/>



## Use of Sports and Recreational Facilities in Hethersett

Hethersett Parish Council is asking for your help in identifying the sports and recreational facilities that may be required within the parish over the coming years.

The village has many excellent community venues, some of which are already being used to their full capacity. By telling us about the sports and recreational facilities you and your household currently use, you will be helping the Parish Council identify potential shortfalls in the future.

Our first project is the redevelopment of the changing rooms at the Memorial Playing Field as they are in a very dilapidated state.

Please send your completed survey to the Parish Clerk or place in the box in the library

On line version is available at

<https://www.surveymonkey.co.uk/r/HethersettParishCouncilSurvey>

1. Is your household within Hethersett Parish? Yes / No

2. How many people live in your household? - by age group

3. How many people live in your household? - by gender

Please indicate number	
Male	
Female	
LGBT	
Prefer not to say	

Please indicate number	
Under 16	
16 - 25	
26 - 35	
36 - 45	
46 - 55	
56 - 65	
over 65	

4. Do you or any of your household participate in any of the following sporting activities?

Please indicate ALL that apply to your household

If there are any others you wish to add please do so on a separate sheet.

- |  |  |                                       |   |
|--|--|---------------------------------------|---|
| <input type="checkbox"/> Aerobics          | <input type="checkbox"/> Circuit Training        | <input type="checkbox"/> Martial Arts | <input type="checkbox"/> Tai Chi          |
| <input type="checkbox"/> Badminton         | <input type="checkbox"/> Cricket                 | <input type="checkbox"/> Netball      | <input type="checkbox"/> Tennis           |
| <input type="checkbox"/> Basketball        | <input type="checkbox"/> Cycling                 | <input type="checkbox"/> Outdoor Gym  | <input type="checkbox"/> Walking          |
| <input type="checkbox"/> Bowls - Indoor    | <input type="checkbox"/> Cycle Speedway          | <input type="checkbox"/> Pilates      | <input type="checkbox"/> Walking Football |
| <input type="checkbox"/> Bowls - Outdoor   | <input type="checkbox"/> Football                | <input type="checkbox"/> Rugby        | <input type="checkbox"/> Yoga             |
| <input type="checkbox"/> Bowls - Short Mat | <input type="checkbox"/> Fun and Fitness Classes | <input type="checkbox"/> Table Tennis | <input type="checkbox"/> Zumba            |

**5. How often do members of your household take part in any of, the activities listed above?**

Once a week / More than once a week / once a month / Once every 2 or 3 months  
/ Once or twice a year / Never

**6. When do your household's sport activities take place?**

Please indicate all that apply.

Morning / Afternoon / Evening / Weekend

**7. Do you or any of your household participate in, or are you, or anyone in your household a member of, the following activities/groups?**

Please indicate ALL that apply to your household

If there are any others you wish to add please do so on a separate sheet

Further details about your activities can also be given on a separate sheet

- |  |   |
|--|---|
| <input type="checkbox"/> Adult Education                             | <input type="checkbox"/> Drama                      |
| <input type="checkbox"/> After School Activities (not in the school) | <input type="checkbox"/> Music                      |
| <input type="checkbox"/> Art and Craft                               | <input type="checkbox"/> Parent and Baby Activities |
| <input type="checkbox"/> Brownies/Cubs/Guides/Scouts                 | <input type="checkbox"/> Self Help Group            |
| <input type="checkbox"/> Dance                                       | <input type="checkbox"/> Youth Club                 |

**8. How often do members of your household take part in any of the activities listed above?**

Once a week / More than once a week / once a month / Once every 2 or 3 months  
/ Once or twice a year / Never

**9. When do your household's recreational activities take place?**

Please indicate all that apply.

Morning / Afternoon / Evening / Weekend

**10. Are there any other sporting or recreational activities you would like to see provided in the village?**

If there are then please give details

**11. Do you have any other questions or comments?**

If there are then please give details

If you require a response, then please provide contact details – these will only be used within the scope of the survey

# News From the Parish Council

## Parish Council Meeting Dates

HETHERSETT Parish Council meets on the third Monday of each month with full council meetings starting at 7.30 pm. They are preceded by meetings of the council's planning committee at 7 pm. The planning committee also meets on the first Monday of each month

Meeting dates for the full council for the remainder of 2019 are: Monday October 21st, Monday November 18th and Monday December 16th

## How To Contact The Parish Council

PARISH clerk Annette Palmer can be contacted by telephone on 01603 810915 or via email at [hethersett.pc@tiscali.co.uk](mailto:hethersett.pc@tiscali.co.uk).

The parish office is currently upstairs in the village hall and is open on Monday and Thursday mornings between 10 am and noon.

It is likely that the office will move into Hethersett Library in the near future. We will have dates and times as soon as they are available.

The council has a website at

[www.hethersett-parish-council.norfolkparishes.gov.uk](http://www.hethersett-parish-council.norfolkparishes.gov.uk)

And also a Facebook page.

# News From The Parish Council

## “Chaotic” Claim for Road Junction

THE area around Great Melton Road and Mill Road is becoming dangerous due to speeding motorists and parked vehicles, it was claimed at the September meeting of Hethersett Parish Council.

A local resident described the current situation as “chaotic” with at least three accidents in the area in the past four months.

He referred to some of the driving as “lunatic” with motorists ignoring a recent “Road Closed” sign and driving on the paths. He asked the council to consider supporting traffic calming measures to slow traffic down. He also pointed out the dangers from vehicles being parked close to the junction.

Council chairman Adrienne Quinlan said the council would talk to Norfolk County Council’s Highways Department about the possibility of having double yellow lines put in place.

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### Parish Shorts

The pond area on Ullswater Drive has become overgrown and untidy, members heard. A number of years ago the area was tidied up by the Norwich Fringe Group and the council is to look into the possibility of having a return tidy up.

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The next meetings of the Hethersett Environmental Action Team (HEAT), which is a sub committee of the parish council, will be on November 6th, January 8th and March 4th at Hethersett Social Club.

# News From The Parish Council

## More Dog Bins For Village

HETHERSETT Parish Council will be providing another four dog bins in the village, bringing the total up to 35.

Councillors approved new bins for Back Lane, Baker Drive, Shop Lane and close to one of the bus stops on the B1172.

It will cost the council an additional £100 a year to empty each bin.

Councillors pointed out that bagged dog poo can now be put in standard black household waste bins. Councillors agreed that the bins are well used and good value for money. Concern was expressed about the lack of bins in Back Lane and this will be addressed.

Council vice-chairman Stephen Slack stated that there has only been one prosecution in Norfolk in the past year for failure to clean up after a dog.

“It is estimated that one household in four nationally has a dog, which would mean between 800 and 900 dogs in Hethersett,” Mr Slack said.

Below are just some of the locations of dog bins in the village:

New Road (outside No 8), junction of Mill Road and New Road, Childs Road, junction of New Road and Great Melton Road, footpath on Great Melton Road, Great Melton Road (opposite junction with Malthouse Road), Mill Road (junction with Park Drive), Memorial Playing Field (four on the field and two in the car park), Firs Road, South Croft, Mill Road (junction with West Croft).

Great Melton Road (footpath to Central Close), Queen’s Road (junction of Cann’s Lane), Norwich Road (opposite Cedar Court), Great Melton Road (junction of Lynch Green), Cedar Road, Lynch Green, Grove Road, Back Lane, Village Hall, Deacon Drive, Ullswater Drive (two), Admirals Way and Church-fields.



# The Six Pubs of Hethersett

WE have written a considerable amount about Hethersett King's Head over the past few months and the future of the pub is still in the balance.

But did you know that Hethersett once had up to six public houses and that's not including the Social Club or Park Farm Hotel? The Queen's Head is still very much alive at the corner of Old Norwich Road and Queen's Road and older readers will remember the Greyhound pub in Henstead Road which is now a private house and which closed as a licensed premises in February 1996.

But how many residents have heard of the Hethersett Prince of Wales, The Trowel and Hammer or Hethersett Victoria?

The Prince of Wales is described as being situated in Cann's Lane by the turn-pike. It closed in 1939. The licence was transferred to the Round Well Public House in Costessey but this didn't open as a public house until 1940. The Trowel and Hammer was in Lynch Green but was closed by 1840. The Victoria was also in Norwich Road but details on this are very scant. It probably closed in the mid-19th century.

We would love to hear from anyone who has more details of The Prince of Wales, the Victoria or the Trowel and Hammer.

We have come across some interesting snippets from the Hethersett pubs.

It is claimed that Ralph Summers was the youngest licence holder in England when he took on the licence of the Queen's Head in 1931. During the Second World War he saw service in Africa and Italy with the pub being run by his wife Edith with assistance from her sisters Ivy and Gracie Loombe. Beer deliveries during the war years were at 10 am. and by 10 pm the same evening the ration of beer would have been drunk dry by American servicemen and locals. Ralph and Edith left the house for Australia on the 13th February, 1971, but there is no mention of his actual age when he took over the licence.

On Friday 8th September, 1865, the licence renewal for the King's Head was opposed by Superintendent Barrett of Norfolk Police owing to objections raised between August 1864 and August 1865 when Mr. Grounds had been convicted. The bench said the licence had been abused and refused renewal.

Willamant Warner appeared as an Insolvent Debtor at a hearing in the Court House at the Castle of Norwich, 24th July 1840. He was then described as late of Hethersett, first a Carpenter, and lately a Carpenter and Licensed to sell Beer by Retail. He was being sued under the name Willemot Warner.

## Hazardous Waste Collection Day at Ketteringham

THE next hazardous waste collection day at Ketteringham Recycling Centre will take place from 9 am until 4 pm on October 11th, 12th and 13th.

Waste is considered hazardous if it can cause harm to humans or the environment and includes any waste that needs specialist disposal. Norfolk County Council doesn't normally take these items at its recycling centres, but does hold regular free household hazardous waste days for residents disposing of household hazardous waste only and not for any business, group or other organisations.

Paint does not need to be treated as hazardous. Norfolk County Council states: "If you have paint in good condition, you could offer it to friends and family. If you cannot reuse your paint, remove the lid and dry it out (if necessary by adding something absorbent, like cat litter). Once dry, you can put the paint cans in your general waste bin."

## Tackling Anti-Social Behaviour and Drugs

**NORFOLK** Police have targeted Hethersett Memorial Playing Field as part of an operation to tackle anti-social behaviour.

The South Norfolk Beat Team carried out the operation on the evening of Sunday 25th August to tackle anti-social behaviour across the parks and play areas in Hethersett, Cringleford and Mulbarton.

This followed reports of drug use and inappropriate use of mopeds.

Eight persons were searched and cannabis was seized, and a further four persons were stopped with alcohol. An anti-social moped rider was issued with a warning notice and another two riders were tested for drugs

News of the operations met with mixed reactions on social media with one comment stating:

"Unfortunately unless you do this every couple of weeks ( like old style coppers did) rather than every couple of years it's going to make no difference whatsoever

# Plastic Rubbish Wanted

**THREE local churches are doing their bit to help save the planet and at the same time raise money for an animal sanctuary.**

**St Remigius Church, Hethersett, All Saints Church, Little Melton, and All Saints and St Mary's Church, Great Melton, are recycling plastic rubbish rather than sending it to landfill.**

**All three churches have provided boxes for items currently not re-cyclable in green bins.**

**There are posters in the church which list the plastic items that can be recycled. These include:**

- **Rinsed dog and cat food pouches/biscuit bags/treat wrappers and packaging.**
- **Pringles tubes, lids and seals**
- **Toothpaste tubes and caps**
- **Toothbrushes and electric toothbrush heads.**

**Money raised from re-cycling the items will go to the Hallswood Animal Sanctuary which since January has raised £3,000 from rubbish.**

**The sanctuary is located at 177, Drayton Road in Norwich.**

**For more information on the sanctuary visit their website at:**

**<http://hallswood.co.uk/>**

# Hethersett's Big Society

**Peter Steward looks back on a visit to 10 Downing Street to receive a top national award on behalf of Hethersett**

IN March 2013, Hethersett became the first village or town in the United Kingdom to win a coveted Prime Minister's Big Society Award.

Today that award is on display in a cabinet in Hethersett Library.

I had the honour of travelling to Downing Street with Shane Hull to receive the award from the then PM David Cameron. The award was in recognition of keeping the London Olympic Games legacy alive and also for the outstanding community spirit in our village.

"I'm delighted that the people of Hethersett were inspired by the Olympics to come together and promote sport and fitness for everyone in the village.

"This Big Society award recognises Hethersett's achievements and shows what people in communities across the country can achieve when they get behind something and volunteer to make a real difference in their local area.

"The award recognises the work of the people of Hethersett in improving the fitness and wellbeing of residents and improving sports and leisure facilities in a dedicated effort to keep the Olympic legacy alive," David Cameron said.

The 2012 legacy saw the village launch the Hethersett and Meltons' Sports Association which is still in existence. In 2010 Shane Hull also organised the village's two mile annual funrun - which will continue in 2020 after being cancelled this year due to organisational problems.

At the time I was quoted in the Eastern Daily Press with the words:

"We have increased people's awareness of what is on offer in the village by ensuring all our fitness groups are inclusive and open to everybody irrespective of age, sex, disability, colour or creed.

"People coming to our village comment on our go-ahead and positive attitude, which comes through the number of people who give their time and energy voluntarily to enhance our environment and to work towards making us the 'ultimate fitness and well-being village'.



**Shane Hull (left) and myself accepting the Big Society award from David Cameron.**

“We are delighted to be recognised by the prime minister for our efforts. We believe anyone ‘can do’, and our village is an example of ‘how to’.”

South Norfolk MP Richard Bacon also paid tribute to the village:

“I am delighted that Hethersett’s hard work in keeping the Olympic legacy alive has been recognised by the prime minister.

“Hethersett’s outstanding commitment to sport, community values and the Olympic spirit is a credit to the county. I applaud everyone in Hethersett on this achievement”.

In the lead up to the 2012 London Olympics, Hethersett achieved another famous first when the official Olympic flame made a diversion for a lap of Hethersett High School’s playing field.

Between 2006 to 2016 Hethersett won a number of awards which included the following:

- 2006 Eastern Daily Press Pride in Norfolk Community of the Year
- 2008 Eastern Daily Press Pride in Norfolk Community of the Year Runner-Up
- 2010 London Olympic Games Inspiration Award
- 2010 Eastern Daily Press Event of the Year Runner-Up
- 2011 Active Norfolk South Norfolk Village Games Winners
- 2011 Active Norfolk County Village Games Runners-Up
- 2011 Eastern Daily Press/Active Norfolk Sports Village of the Year
- 2011 Eastern Daily Press/Active Norfolk Sports Champion of Champions
- 2012 Active Norfolk South Norfolk Village Games Winners
- 2012 Active Norfolk County Village Games Runners-Up
- 2012 Eastern Daily Press Pride in Norfolk Community of the Year
- 2013 Prime Minister’s Big Society National Award
- 2013 Active Norfolk South Norfolk Village Games Winners
- 2013 Active Norfolk County Village Games Runners-Up
- 2013 Active Norfolk/Eastern Daily Press/Radio Norfolk, Norfolk Sports Village of the Year
- 2014 Active Norfolk South Norfolk Village Games Winners
- 2014 Active Norfolk County Village Games Winners
- 2014 Active Norfolk/Eastern Daily Press/ Radio Norfolk Sports Village of the Year runner-up
- 2016 Active Norfolk/Eastern Daily Press/ Radio Norfolk Sports Village of the Year runner-up

In addition a number of clubs and groups and individuals also won awards. These included Hethersett Social Running Group being named Run England Eastern Region Group of the Year in 2012 and Hethersett Dementia Group being named South Norfolk Council’s Community Group of the year in 2016.

In 2012 Hethersett were named the Eastern Daily Press Pride in Norfolk Com-

munity of the Year. The judges' comments resonate with the community that we have today. They had the following to say about the village.

"Hethersett is far from a "dormitory community" for Norwich-based commuters. With a growing population currently standing at 6,000 Hethersett truly has a village feel. For the last three years, the very active Olympic committee has organised more Olympic-themed sporting and cultural events per head of population than anywhere else in the UK. The achievement was recognised with a visit by the Deputy Chairman of London 2012, Sir Keith Mills, and a truly unique off-route visit by the Olympic Flame during the Torch Relay.

Hethersett is also proud of its village hall and playing field, run by volunteer trustees. The playing field committee organised a Diamond Jubilee Fayre which was well attended despite the weather. The Hethersett Environmental Action Team (HEAT) organises regular litter picks, tree and ornamental features maintenance, promotional walking and energy conservation. The latter was supported by the Energy Saving Trust's Green Communities Programme by winning a £20,000 grant to install measures to reduce domestic energy use for vulnerable households. HEAT also recently completed a biodiversity survey, publishing a book called "Wild About Hethersett."

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# No Grieving for Hethersett Artist

HETHERSETT based artist Jo Cole won't be grieving over the death of Robert Mugabe.

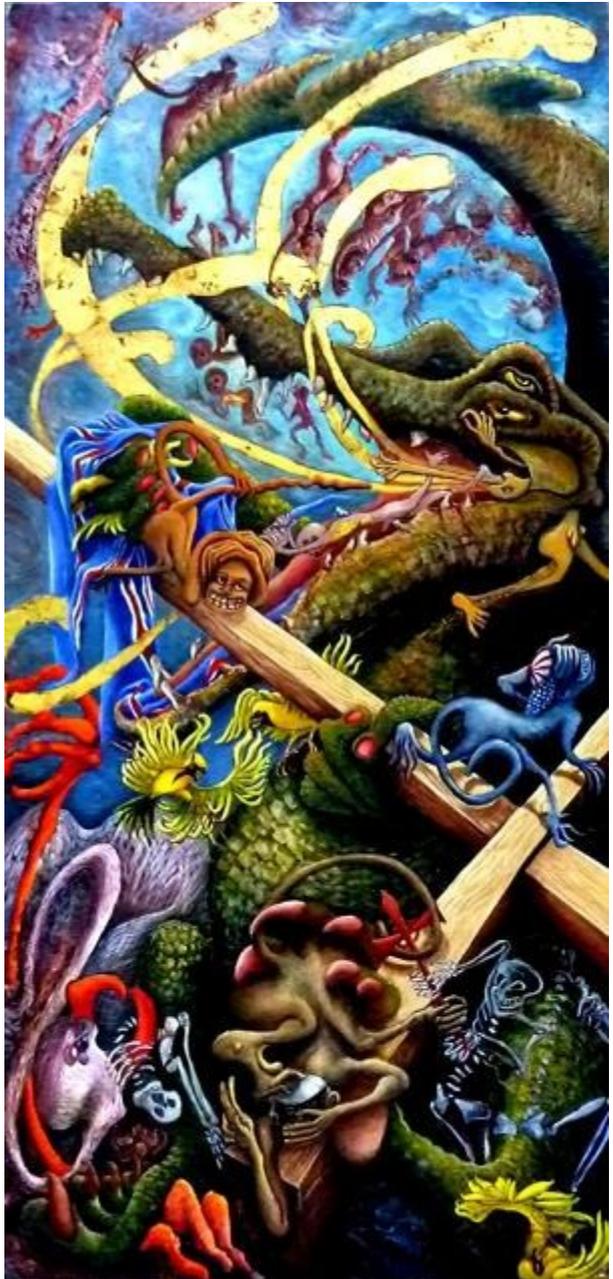
For Jo and husband Rob left their native Zimbabwe under the Mugabe regime and had their passports taken away.

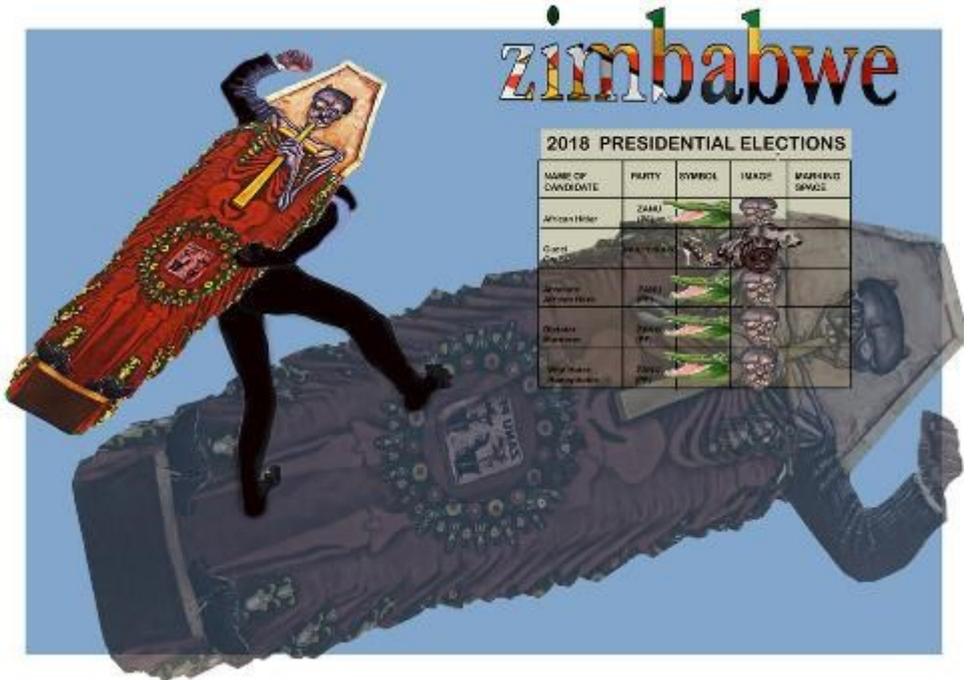
Jo, who paints under her maiden name Jocelyn Jacobson and who has an honours degree in Fine Art from Norwich University of Art, came to Hethersett after many years of living and working in Zimbabwe.

From Zimbabwe she emigrated with Rob to South Africa for five years and then Botswana for 10 years before making a life in England for themselves and their two children.

"We wanted to give our children stability and Africa wasn't a very stable place. Our Zimbabwe passports had been taken away by the Mugabe regime and our work permits for Botswana were due to run out," Jo said.

You can catch up with Jo's art during Black History month from September 30th to October 18th when she





will have a number of paintings on display. On October 12th Jo will be talking about her work alongside fellow artist Diana Lamb in the Express area of Norwich Forum Library from 2 until 3.30 pm.

Jo will also be exhibiting with the 20 Group from Tuesday, October 8th until Saturday October 19th at the Undercroft Gallery in Norwich Market Place.



The entrance to the gallery is at the back of the market place on the right hand side when you are facing city hall

The pictures on this and the previous page show just two of Jo's very complex paintings.

The other picture shows Jo at work in her Hethersett studio.

# Village Screen Time Again

Details of the next three films organised by Hethersett Village Screen are below. All the films take part on a Sunday afternoon at 3 pm in Hethersett Village Hall.

## October 13th - Fighting With My Family



Fighting with My Family is a 2019 biographical sports comedy-drama film written and directed by Stephen Merchant. It depicts the World Wrestling Entertainment (WWE) career of professional wrestler Paige, portrayed by Florence Pugh. The film also stars Lena Headey, Nick Frost, Jack Lowden, Vince Vaughn and Dwayne (The Rock) Johnson, who also acts as a producer. Many of the scenes are set in Norwich to add a nice local flavour to the presentation.

## November 10th - Red Joan

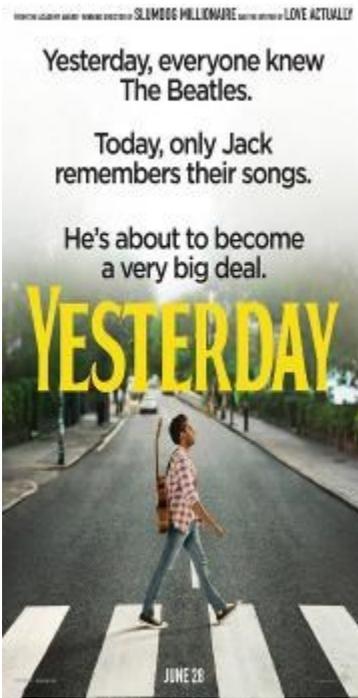
Joan Stanley is a widow living out a quiet retirement in the suburbs when, shockingly, the British Secret Service place her under arrest.

The charge is providing classified scientific information - including details on the building of the atomic bomb - to the Soviet government for decades. As the interrogation gets underway, Joan relives the dramatic events that shaped her life and her beliefs.

The film stars Sophie Cookson, Stephen Campbell-Moore, Tom Hughes and Dame Judi Dench.



## December 8th - Yesterday



Yesterday is a 2019 British romantic comedy directed by Danny Boyle and written by Richard Curtis and another film with an East Anglian connection.

It stars Himesh Patel as a struggling musician who, after an accident, finds himself the only person who remembers The Beatles. He becomes famous after taking credit for writing and performing their songs. The film also features Lily James as Himesh's childhood friend and love interest, Kate McKinnon as his manager and Ed Sheeran as a fictionalised version of himself.

Much of the action was shot in Suffolk with Lowestoft featuring prominently. We understand that former Rector of Hethersett, the Rev Di Lammas, has a small part in the action.

**THE autumn 2019 season of films opened with the feel good comedy drama “Fisherman’s Friends” - the story based on fact about a group of Cornish fishermen who became pop music sensations when their album of sea shanties made its way into the national music charts.**

**Over 50 people attended and the main event was preceded by a holiday film from the 1960s from the collection of the East Anglian Film Archives.**

**It was the second largest audience for a Hethersett Village Screen production - being beaten only by the comedy biopic “Stan and Ollie.”**

## A Refill Revolution

THE Refill Revolution is upon us in Hethersett.

We now have nine local businesses that have signed up as refill stations, with retail giant Tesco being our most recent.

If you don't already know, Refill is an award winning campaign designed to help you reduce your plastic pollution by making it easy to refill your reusable water bottle instead of buying a single use plastic one.

If you download the Refill app, you can search for refill stations near you, wherever you are. The scheme is going worldwide so hopefully you'll never be thirsty again. It's a fantastic initiative to get more people drinking water and thinking about their plastic use, thus helping the environment. If you would like any more information about Refill or if you're a business and would like to sign up as a refill station, please get in contact with myself or Sarah Lawrence at [refillhethersett@yahoo.com](mailto:refillhethersett@yahoo.com) or like us on Facebook (Refill Hethersett) and Instagram (@refillhethersett).

The first business to show interest in Refill was Rowan House Health and Well Being Centre, so it was only right that we got them on board first. Sarah and I met with Rachel Pailles from Rowan House who we sat and chatted to for ages before getting them on the map. Just pop into reception and ask for a refill. I've already refilled my reusable water bottle there and the receptionist was lovely (I felt like a mystery shopper).

Next up, we met with Lorraine from the Queen's Head Public House. The



# Hannah's Hethersett Life

bar staff already seem to provide free refills when asked (they had some cyclists come in recently asking for water) so they won't need to do anything different, just carry on being the refill champions that they are! Just pop to the bar if you need to refill (with water that is, beer and wine not included)!

After setting up the first two companies, we were contacted by Peter and Kathy from JC Computer Technologies Ltd, based at Ketteringham Hall. It was lovely to be approached by a company, rather than us reaching out to them. Peter and Kathy are very involved in the Hethersett community, having lived here for a number of years, so it was lovely chatting to them about the village and what they already do to reduce their plastic usage. Just pop into the office if you need a refill.



On a side note, the grounds at Ketteringham Hall are absolutely stunning so if you ever get a chance to go there, do it!

We then met up with a busy Sue from Hethersett Social Club, who managed to squeeze in a chat with us even though she was rushed off her feet with customers. Just pop to the bar if in need of a refill (again, with water not beer/wine!).

I then had a lovely email from Reverend Derek McClean at St Remigius Church on Norwich Road, offering to be a refill station. I met up with him one sunny afternoon and had a quick look at their refill area, it's a small kitchen inside the church that you can help yourself to. The church is open in

# Hannah's Hethersett Life



the mornings until dusk and the Rector is very happy for members of the public to come in, refill their water bottles and help themselves to a cup of tea/coffee and biscuits too! How lovely is that? Such a beautiful place, too.

Janey's Village Cafe signed up next. Like a lot of places, they were very busy but managed to squeeze us in for a chat. We spoke with Dave, Jane's son, who was more than happy to get signed up as a refill station. Just ask a member of staff if in need of a refill.

Janey's also provide tasty and extremely reasonably priced food and yummy drinks, we are very regular customers! Especially my milkshake-loving daughter.

Next up, I met with Jake from the Church Farm Shop and Tea Room. The business has taken a massive hit with the roadworks going on just outside their shop, so it's a really tough time for them. Jake still managed a smile for the camera though! We are really happy to have them on board.

Please use the farm shop as much as you can, they are counting on us to help them through this time. They sell all sorts; milk, bread, fruit and veg, sweet treats, pet food, a lot of locally sourced produce and they do fantastic hot drinks and cakes. Don't forget that there is a butchers on site too, just at the side of the farm shop.

Just last week, I popped in to see the lovely ladies at Hot Pepper Creative Hair

# Hannah's Hethersett Life

who were all busy with clients but still had time for a quick photo. Just ask any of them if you need a refill and they'll be happy to help.

Also, if you need a lovely haircut/colour then look no further. I've had my hair done there a few times and we always get our daughter's fringe cut there too. Fantastic ladies and fantastic service.

Last but absolutely not least, we have Tesco Express. As many of you know, Refill and Hethersett champion, Sarah Lawrence, is known for working at Tesco and is always trying to get her store involved in the community as much as she can. Sarah had a chat with Keyleigh, the store manager, who checked with her manager that it was ok to go ahead. I was really, really surprised that a busy store such as this would even consider being part of Refill. We are only the ninth refill scheme to have a Tesco store sign up and we are the first refill scheme to have a Tesco Express store sign up in the whole of Norfolk. With such a massive chain, it will hopefully be a domino effect and will prompt the rest of Tesco to hop on board too! Just ask a member of staff for a refill.

Also, Tots' Town on Station Lane would like to be a part of refill, but due to the nature of their business they cannot be put on the Refill map. You can only go to Tots' Town if you've booked to go, you can't just walk in. So, if you find yourself playing at Tots' Town with your children, by all means ask for a refill. But it will be for customers only, which is better than nothing at all and we are really grateful.

Thank you so much to everyone who has supported us in our mission to get Hethersett thinking about plastic pollution and thank you to the businesses who have signed up. If you would like to take steps towards being more environmentally friendly and being more aware of how much plastic you are using, please see some tips on the next page:



# Hannah's Hethersett Life



- Switch from plastic hand soap dispensers to soap bars. Soap bars usually come in paper packaging, last longer than pump soaps and are cheaper too.
- Switch from plastic toothbrushes to bamboo toothbrushes, you can get quite a few for a great price online. We got five bamboo toothbrushes and 50 bamboo cotton buds for around £8.
- Stop buying/using plastic straws and switch to metal/reusable ones. Again, we got five metal straws and a straw cleaning brush online for about £5. You can even get foldable ones that you can pop in your bag and take to restaurants with you.
- Switch to shower gel bars, similar to the hand soap.
- Stop buying bottled water, invest in a reusable bottle, download the refill app and just use the refill stations.
- Try to only buy groceries that are environmentally friendly packaged, of course it can't be avoided a lot of the time but just being more aware would be fantastic!

The photographs on this and previous pages are of companies and shops that have joined the Refill Hethersett scheme.



## My Garden Wildlife

I'VE been a bit quiet on the wildlife front this month. We've been so busy what with our daughter starting nursery etc so we've all been too exhausted to do a lot! We have had some nice sunny days in the garden, though. Our daughter loves having lunch and tea in the garden which is lovely as we're usually joined by a few pigeons and it gives me time to do a bit of gardening and feeding the birds whilst she is busy eating or playing with some of her many garden toys.

We have a frog living in my daughter's outdoor toy box (he has got so many other places he can go, I'm unsure as to why he insists on living in there!), We have named him "Bottle Top" as the first time we saw him, he was sat in a milk bottle top filled with water, that's how small he is! Occasionally when I water the plants, the odd frog jumps out of a plant pot and gives me a fright. Wonderful little creatures aren't they?

I'm still feeding the hedgehogs each and every night. I've been so tired recently that when I pop out to feed them each night I go straight back inside because I want to get to bed. However, I've put the trail camera out a few times to make sure they are still about and they are! They appear to be getting to the food before the neighborhood cats which is great news. A week or so ago I kept finding hog poop around the garden, which isn't unusual but the size of the poop suggests baby hogs! So I made sure I stayed outside a bit longer one evening after feeding time. Sure enough, within about two minutes, I heard rustling from our compost heap (I say compost heap, its basically our messy garden corner,



# Hannah's Hethersett Life

wood, tree branches, grass, the lot!) and out came a dear little hog, not quite a baby but very young and very hungry. I'll have to keep an eye on him as the weather cools down. I'll be sure to weigh him to make sure he can survive the winter.

There's been a beautiful juvenile wood pigeon in the garden a few times, it seems fairly tame and not bothered by us being in the garden at all, it got very close. We have a regular wood pigeon "Ruffy" who has feathers sticking out all over the place, hence his name, but he's a lovely one, although the other woodies don't seem to think so.

Has anyone noticed an increase or decline in any of their garden visitors this year? Last year, I was hand-feeding robins but this year I'm lucky if I even see one which is really strange.

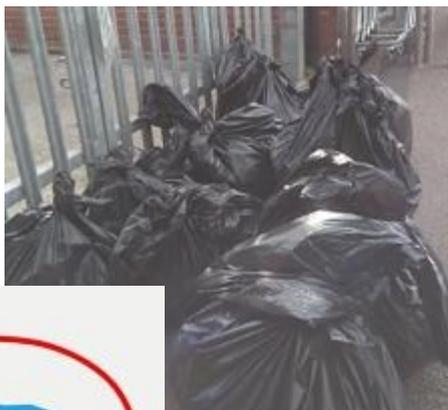
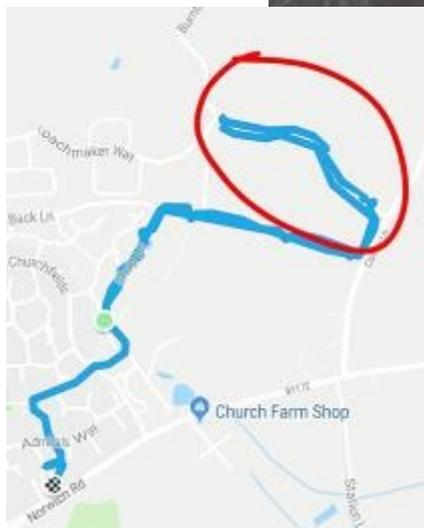
## Community Spirit

SEPTEMBER'S litter pick saw a good turnout, with 28 people coming to volunteer their time to clean up the village.

There were lots of children present too which is fantastic. A big thank you to Tesco who not only donated a heap of

chocolates and sweets for the litter picking participants, but also offered the use of their big dustbins for the litter pick rubbish to go in. Now that's community spirit!

**Editor's Note** - A few days later Hannah took to the streets again and collected two more bags of rubbish from a small area of the village



# Hannah's Hethersett Life

## First Steps

FIRST Steps Playgroup has re-opened after the summer holidays.

We have new toys, new ideas and lots of new faces.

It's great getting back to normal, seeing friends and their little ones again.

Pop along on a Tuesday morning (term time only) 9:45 – 11 am at the village hall. We'll be happy to see you!



## Please Don't Blame The Workmen

IF you're a member of the popular All Things Hethersett Facebook group, you will have seen many posts about the recent roadworks. I know it's annoying, it's inconvenient and it seems pointless at times. But, please don't blame the workmen, they are simply doing their job and I'm sure it isn't easy. They ARE entitled to break times, so if you drive past and they aren't doing anything, that doesn't mean they haven't done anything all day. We all know that the roadworks are happening no matter what, so let's just make sure that we either find alternate routes or that we leave earlier than usual if we need to get somewhere. It won't be forever.

While we're on the subject of moaning -cyclists get a really bad press on the ATH Facebook group and probably just in general. With cycle paths being put in everywhere, car users seem to think that cyclists then have to use them. They don't! It's their choice, it is not a legal requirement.

Sometimes the cycle paths are dangerous, what with loose debris, slow walkers, children and the like taking up the path, it sometimes just isn't feasible for a serious cyclist to use. Again, I know it can be annoying being stuck on the road behind a cyclist, but car users aren't perfect either. We should all just try to calm down on the roads and let people be. I'm all for a good moan, it's healthy to an extent but, I've seen some nasty comments about the roadworks and cyclists which isn't necessary.

# Hannah's Hethersett Life

## Busy Time at Messy Church

What a busy church this time around! So many families came out to attend the harvest messy church and wasn't it a lot of fun?! Bread making, song singing, painting, games, gluing & sticking and best of all, a lovely hot meal! It's only my second time at messy church and I already love it.

Not being religious, I didn't know if I'd enjoy it but that couldn't be further from the truth. It's so welcoming, friendly and fun. I highly recommend that you try the next one, which is scheduled for Saturday the 30<sup>th</sup> November. See you there!

That's all for this month, my biggest column yet! Thanks for reading, see you next time.

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## In Praise of Refuse Collectors

Sometimes messages on social media just make you smile and feel good inside. Like this one:

"I know it's only a silly little thing...

"If we're at home when the bin men arrive, my three year old daughter excitedly watches them out of the window, and even on a rainy day like this one they always have a smile and a wave for her. It makes her day!"

A reply followed on:

"Bin men are really cool and helpful "

# Grieving for Pets

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**We catch up with Helen Tyler from Barking Mad South Norwich and look back at what the past couple of months have brought. Helen lives in Hethersett and will be talking to the Heart of Hethersett Bereavement Group on October 1st**

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## SEPTEMBER

September was Dog Remembrance Month, creating a focus for dog lovers to come together and celebrate the lives of their cherished pets, whilst providing mutual support and understanding.

Shocking survey data shows that losing a pet can cause such an intense grief, a tenth of respondents sought counselling or were prescribed anti-depressants.



Local dog sitting specialists, Barking Mad South Norwich, is supporting the vision of providing a platform for people who are suffering dog bereavement. We want to raise national awareness of the lack of understanding that many dogs are regarded as precious family members, leading to overwhelming grief being harmfully internalised by their owners.

Bereaved dog lovers often feel that their pain will just be dismissed and so suffer in silence.

A poll of 2,000 animal lovers for pet insurers [Animalfriends.co.uk](http://Animalfriends.co.uk) highlighted that more than half of those surveyed described the grief of losing an animal as, 'the same or greater than losing a relative'. Experts believe that bereaved pet owners become so distraught because their animal was perceived to be part of the family.

Dr Thomas Fletcher, senior lecturer at Leeds Beckett University said: "We humanise our pets - they are not just animals but become actual members of our family. Particularly for elderly people, the animal is the one they invest so much of their time and energy into.

For that person in particular, an animal's loss is felt more keenly than that of a human. Because pets are entirely dependent on us, those who are lonely invest even more of their time because they are reliant on us for everything. They be-

come literally our entire world.”

Barking Mad Dog Care has worked closely with an ever-expanding network of dog lovers for the last 19 years. Their first-hand experience has led to a real understanding of the issues involved and resulted in the launch of the first UK Dog Remembrance Month in 2017. They have created a Facebook support group ([facebook.com/groups/DogBereavementRainbowBridgeRemembrance](https://facebook.com/groups/DogBereavementRainbowBridgeRemembrance)).

Bereaved dog parents often find companionship by becoming a Barking Mad host, when the time is right for them. Hosts care for dogs whose owners are away on holiday, with 24/7 support and without the emotional commitment of owning another dog.

If you are missing a dog in your life and would like to learn more about becoming a Barking Mad host, I can be contacted on 01603 340595.

Barking Mad is part of the Franchise Brands plc group of companies and is the UK's favourite dog holiday company, as verified by TrustPilot. Contact Barking Mad at [www.barkingmad.uk.com](http://www.barkingmad.uk.com) to find your dog's home from home today.

## **October**

Barking Mad South Norwich will celebrate two successful 'puppy partnerships' with inspirational charity Dogs for Good, with one dog ready to be 'matched' with a family with a child with autism. The charity trains dogs to help children and adults with all sorts of challenges, including autism, physical disabilities, special educational needs and dementia. Every year they run a 'Dogtober' fundraising initiative to raise awareness of their work.

Barking Mad began working with Dogs for Good in 2017, with fundraising beginning in earnest. The dog sitting network has now raised over £18,000, with incredible support from customers, hosts and friends, and is funding the training of two new assistance dogs, Prince and Wendy. The money has been raised through events such as coffee mornings, quizzes and making toy puppies out of facecloths to sell. During 'Dogtober' they hope to smash the £20,000 mark.

We are delighted to have sponsored two puppies in training who will go on to make such a life changing difference but these incredible animals are in such demand that we can't just stop there. We'd love others to join us on our Dogtober walk at Centre Paws on 12th October at 10 am to continue the fundraising.

Time after time we see the emotional and physical effects that dogs have on the members of our host community, who care for our doggy guests whilst their owners are away.

These beautiful canine creatures give so much to their human companions on a completely unconditional basis. It is our understanding of the benefits of dog companionship which has led us to become official supporters of Dogs for Good.”

Cathryn Simpson, Corporate Partnerships Manager for Dogs for Good said:

“We’re absolutely delighted to be working with Barking Mad, there’s obvious synergy between the two organisations in respect of the dogs but more importantly the ethos of both organisations is closely matched.”



Prince’s trainer, Mel, added: “Prince has passed his 16 week assessment and completed early training. He will now move on to the next stage of his career and will soon be going on a first matching visit with a family who have a young son with autism.”

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## Where To Eat In Hethersett

### **Church Farm Shop and Tea Rooms -**

Norwich Road (B1172). Telephone 01603 814151

Open Mondays to Saturdays 9 am to 5 pm. Closed on Sundays.

### **Janey’s Village Café -**

32A Mill Road. Telephone 01603 811234. e-mail - [janeyd11@yahoo.co.uk](mailto:janeyd11@yahoo.co.uk).

Open Monday, Tuesday, Wednesday, Thursday and Sunday 8 am to 3 pm.  
Friday and Saturday 8 am to 5 pm.

### **Hethersett Queen’s Head -**

12 Norwich Road. Telephone 01603 810226.

Food served Monday to Thursday 11.45 am to 2 pm (lunch) and 6-8.30 pm (evening meal). Friday and Saturday 11.45 am to 2.15 pm and 5.30 to 9.30 pm. Sunday carvery sittings at midday and 2 pm. Evening meals 5 to 8.30 pm

# Herald Health With Rowan House

***Rachel Pailes from Rowan House Well Being Centre in Queen's Road, Hethersett, underlines the benefits of breast feeding.***



WORLD Breastfeeding Week is an annual celebration which is held in more than 120 countries. The goal is to encourage breastfeeding and provide support and education to families across the world.

According to the World Health Organisation, breastfeeding promotes better health for mothers and children alike. In fact, they say:

*“Increasing breastfeeding to near-universal levels could save more than 800,000 lives every year, the majority being children under six months. Breastfeeding decreases the risk of mothers developing breast cancer, ovarian cancer, type two diabetes and heart disease. It is estimated that increased breastfeeding could avert 20,000 maternal deaths each year due to breast cancer.”*

It's pretty strong stuff. But unfortunately breastfeeding your baby isn't always simple and, despite it being your legal right to feed your baby anywhere you need to in the UK, not everyone is super supportive of breastfeeding in public places, even when done discreetly.

But we are!

We run twice monthly breastfeeding support cafes at Rowan House (on the 1st and 3rd Friday of each month) where pregnant women and mums can come along and get support from our pregnancy and parenthood team. Leading the way is Lactation Consultant Sian Aldis.

We sat down for a cuppa and a chat about how Sian supports families in Norfolk and beyond and the amazing benefits of breastfeeding.

**So Sian, tell us a little about what you do?**

“I run No Milk Like Mama's and provide Breastfeeding and holistic sleep support to families. I am a qualified Lactation Consultant (IBCLC) which is the highest international standard for breastfeeding support.

I am also a Mindful Breastfeeding Practitioner and use mindfulness techniques in both my ante-natal and post-natal work. I am also qualified to deliver holistic sleep coaching to families, enabling me to support families through sleep challenges whilst maintaining their breastfeeding relationship.”

**Why is breastfeeding so important? What benefits does it bring for moth-**

## **ers and babies?**

“There are so many wonderful benefits to breastfeeding. For starters breastfeeding can help to reduce the risk of many infections in children, such as gastrointestinal illness and respiratory infections. It is shown to be protective against SIDS, childhood cancers and long term health disorders such as heart disease and diabetes. Mothers also benefit from breastfeeding with research showing a reduced risk of female cancers and osteoporosis.

Importantly, breastfeeding also contributes to creating a close and loving relationship, through the responsiveness of feeding and the release of the hormone oxytocin in both mother and child.”

## **As a Lactation Consultant, what sort of issues do the mums you support present you with?**

“Everyone’s experience of breastfeeding is different, so the support required by mothers is incredibly varied. It might be support with painful feeds, something that no mother should have to just put up with. I also support parents whose baby has never latched to breastfeed, those who have issues with latching, tongue tie, weight gain concerns, the list is endless!”

## **What’s the most common issue you encounter when supporting breastfeeding mums?**

“The reason for support is so varied, I don’t think there is a single issue that I can say. However, every mother I support benefits from reassurance and understanding what is normal for their baby. The pressure on new mums can be pretty immense so often managing expectations makes a big difference, regardless of what the main reason they might have requested support.”

## **How do you provide support to those mums who might be struggling with breastfeeding?**

“I mostly see mothers one-to-one at home (clinic and online consultations are also available). This gives them plenty of time to discuss their concerns and talk about their journey so far. We go over practical steps to make things easier for them and a lot of emotional support is given also. Breastfeeding is such an emotional thing!”

## **Are most issues to do with breastfeeding easily resolved?**

“Something I love about this work is that the outcomes are usually pretty quick. I often meet mums who are struggling in pain and by the time I leave she is cuddled up with her baby enjoying her first comfortable feed. However, different situations require different solutions.

“Some issues take longer than others. As such I would never say that things are easily resolved. Mothers are incredible and it is their determination that resolves things. Not that they need to remain with pain or other concerns, but to continue

breastfeeding through any difficulties takes a lot of courage and perseverance.”

### **So how does a mum know if she needs help?**

“I have a free breastfeeding guide on my website with details of when to know things are going well and when to seek support. Typically I would encourage mothers to seek support if breastfeeding is painful, feels unmanageable or if their baby is struggling to latch and/or does not seem satisfied at the breast. We must listen to mothers and invariably they know when something isn't right. If they feel they need support, then they need it, regardless of how many times someone has told them their latch is fine!”

### **Any top tips for mums looking to breastfeed their infants? How can they get prepared?**

“Coming along to our twice monthly breastfeeding café when pregnant is a great thing to do. It's on the first and third Friday of each month at Rowan House. Women rarely get the opportunity to see a baby breastfeed prior to having their own. If you are able to attend an antenatal breastfeeding workshop or consultation this is a great idea also.

I would also recommend Emma Pickett's book 'You've Got It In You – A Positive Guide to Breastfeeding' and Dr Amy Brown's book 'The Positive Breastfeeding Book'.

And of course, if you feel you need help then reach out for specialist breastfeeding support. You can also join my online community for support at:

<https://www.facebook.com/groups/497464664090004/>

I would encourage new and pregnant parents to always look at the credentials of any authors of resources they read and always look for an IBCLC (International Board Certified Lactation Consultant) qualification when reading anything about breastfeeding.”

## **More News From Rowan House**

### ***With Rachel Pailes***

It's been a busy month for the Rowan House team. We had a wonderful time supporting the utterly fabulous Finnbar's Force Family Fun day at Eaton Vale Activity Centre.

It raised an incredible £10,000 for Childhood Brain Tumors. We have been to many family fun days but this one was epic. My children enjoyed archery,

low ropes, go-carts, canoeing and firing catapults (amongst other things).

There was something for everyone especially as we teamed up with colleagues at the Parent and Baby Show to deliver an all-day series of workshops and classes aimed at the under 5s.

Thank you to our Emily for giving up her Sunday and Emma from Spinning Tots for being so joyful (as always) and helping out throughout the day on our stall and with our balance challenge activity

The biggest thank you, however, goes to massage therapist Shasta Waters who worked tirelessly all day giving taster massages and for generously donating her time to the charity.

Starting on Monday, 7th October, we're very excited to welcome Spinning Tots Movement and Music classes to Rowan House!

Spinning Tots are fun, weekly, interactive music and movement sessions for little ones aged 6 months - 5 years. There are various sessions for different ages including Baby spinners 6 months - 1 year, Toddler Spinners 1 year - 2 years, Mini Spinners 2 years - 3 years and Multi Spinners 6 months - 5 years.

Class leader Emma Renouf is armed with BA Honours Degree in Childhood Studies, Level 3 in Early Learning and Childcare and a Level 2 in Children's Care, Learning Development.

Plus she has over ten years experience working with children, ranging from Room Supervisor and Setting Senco in a local preschool, Family Support Practitioner, Head Teacher in delivering play and learn sessions (aged 0-5) and most recently a Teaching Assistant in a Primary School. Wow!

Children learn through play and exploring and Spinning Tots music and movement classes allow children to play and explore whilst also encouraging and developing speech and language skills, physical development, social skills, friendships and much more!

Emma will be running two weekly classes at Rowan House from Monday 7th October and offers a trial session for just £3! Come along for a song singing, instrument playing, dancing session!

1:30 pm - 2:15 pm: Toddler Spinners (12 months - 2 years)

2:30 pm - 3:15 pm: Baby Spinners (6 months - 12 months)

Book your place here: <https://spinningtots.class4kids.co.uk>

# Festive Fair Date Set

THIS year's annual Hethersett Christmas Charity Market and Fair will take place in Hethersett Methodist Church and Church Hall on Friday, November 29th from 6 pm.

The event, which has become an integral part of the village calendar, is organised jointly by members of the Methodist Church and Hethersett Parish Councillor and former South Norfolk Councillor Leslie Dale.

The event includes charity and club stalls, Christmas music and entertainment, a children's market and much more. Money raised at the event goes to individual charities represented. It will be the 12th running of the event which was originally envisaged as a summer fair.

If there is any individual or group in the village prepared to provide suitable entertainment would they please contact Anne Steward by email at

[annesteward@tiscali.co.uk](mailto:annesteward@tiscali.co.uk)

"We would like to widen the entertainment base and are looking for individuals or small groups to provide 15 minutes of suitable family entertainment on this occasion," Anne said.

## Social Media Watch

### Woodside Sticker Appeal

If you shop at Aldi, Hethersett Woodside Primary School is collecting the Team GB stickers to get an exclusive sports kit and be in with the chance to win £20,000. If you are able to get them to Woodside or pass them on to a parent of a child that goes there it will be a big help. They have to collect 300 in total.

# Tom Nokes - A Legacy for Hethersett

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***Hethersett Herald Associate Editor and Village Archivist Gary Wyatt continues his series of articles on Edwardian photographer Tom Nokes with more details about the man, his family and his connection with Hethersett.***

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OUR modern residents are familiar with the way the village looks today and no doubt some will have taken photos around our streets, even if only in the background of a quick mobile phone snap of friends and family.



However, have you ever thought of what the village looked like a century ago? Or two centuries ago? Of course, 200 years ago photography had not been invented and the only images we have from that period are paintings, etchings and drawings, and these are few for what was then a small rural community. The most well-known is an etching by John Crome, one of the “Norwich School” of artists, which is entitled Road Scene, Hethersett (pictured opposite).

I have seen references to this as dating from 1838, but as Crome died in 1821 this is obviously wrong. Perhaps surprisingly, the original etching is now in the Metropolitan Museum of Art in New York, whose catalogue dates it as 1812. The precise location of the etching is unknown, but I like to imagine that it is somewhere near the church, as this would be almost the first thing a traveller would see in the village when arriving on the turnpike from the Norwich direction.

There are two other images of Hethersett pre-photography that I am aware of. One is of the King’s Head Public House, and the other Kett’s Oak, both prominent landmarks and obvious choices for an artist. Unfortunately I do not know the artists or date of either. They may actually be modern depictions of what the artist imagined the subject looked like in the past. You can view two of these on the next page. The three are entitled Road Scene, Hethersett by John Crome, 1812, King’s Head pub, Hethersett, artist and date unknown. Kett’s Oak, Hethersett, artist and date unknown.



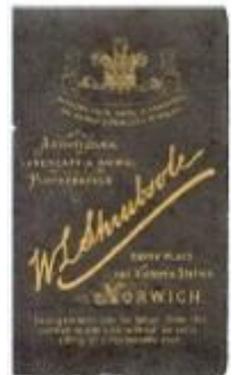


So, we know little of what the village looked like prior to the development of photography in the 1830s. Even then, it was many years before photography spread to the general public, as it was still complicated and expensive. The earliest photographs were taken by professionals and frequently they earned their living by turning these into post-cards for sale to the public. It is here that Tom Nokes appears on the scene.

Tom Nokes was born on 25th February, 1869, in Coburn Place, Norwich, the son of Thirza, a nurse, and William Nokes, a “billiard room, inn and hotel proprietor”. He was apprenticed as a printer to William Lewis Shrubsole, a Norwich studio photographer, probably when he was about 14-years-old. Shrubsole had studios in several different locations in Norwich at various times, including Exchange Street, Davey Place and the now long-closed and demolished Victoria Station.

The studio’s work included portraits (some of which were of babies taken post mortem, apparently not unusual at the time) and large country houses, presumably commissioned by the land owners. These included Ketteringham Hall, and I sometimes wonder if this location inspired Tom’s later work, of which more in a moment. Tom married Ellen Merry, a tailoress, on 15th April, 1895, and they lived at 9, Chester Street, Norwich, a house which still stands today in the area known as “The Golden Triangle”.

At some point he left his employer and set up his own studio in a shed in the garden. The couple had four children, not all surviving childhood. It is Tom’s work from this studio that brings us to the Hethersett link. Perhaps inspired as above, during the reigns of Edward VII and George V (roughly in the period 1900-1925) he set off on his bike to tour the villages south of Norwich, producing photos for postcards to sell to the residents. Shrubsole’s business card is opposite.





The villages, of course, included Hetherset. At that time postcards were extremely popular and many millions were sent through the postal service each year. He used such a postcard as his trade card, and this shows the variety of work that he was undertaking: "Landscape and Animal Photographer" and "Artists, Enlarger and All Classes of Work".

It is said that Tom got to know the inhabitants of the villages by joining in social events and meeting people in the pubs. As he cycled with all his equipment (which would have been heavy in those days) strapped to his bike, his family were concerned about what state he might arrive home in after the pub visits! A selection of Tom's photos of Hetherset follow and it is interesting to note that despite all the modern development in the village, many of the scenes from a century ago are still recognisable. Some are rather idiosyncratic, especially the Christmas card which shows a cartload of hay passing under (I think) the railway bridge at Cantley, not exactly the usual Christmas subject.

Incidentally the bridge, rather a long way from the main village, still exists on the road between Ketteringham and Cringleford. Another oddity is a card of a tree struck by lightning – obviously a major event at the time. Several cards show grand houses such as Hetherset Hall and Thickthorn Hall, presumably as a result of a commission by the owners. Other prominent buildings include Hurn House, Hill House (demolished for widening of the then A11 in the 1970s), The Elms and Hetherset Station (still existing but much changed and no longer in use as a station unfortunately). Village events such as weddings, pageants, cricket matches and Coronation celebrations give glimpses of social life at the time, and some of these events seem to continue more or less unchanged today. In the 1920s, photography became cheaper for the general public,

Tom's business suffered, and work as a house painter and decorator took over. His wife died in 1932 and in 1941 he moved to Doughty's Hospital in Golden Dog Lane, Norwich, an alms house for "poor elderly persons of good character". There he seems to have had a quiet end to his life and he died in 1943 and is buried in Earlham Cemetery. Without his work, we would have much less knowledge of how Hetherset looked in the past, and be the poorer for it, I think.





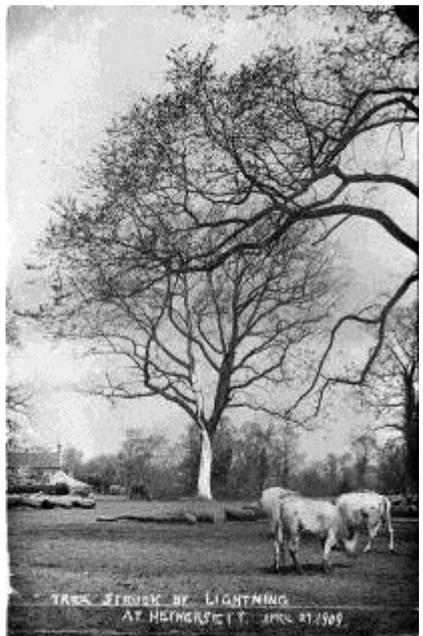
The Nokes family connection with Hethersett continues to this day, as when I gave a talk on Tom to the Hethersett Society last year, a member of the audience revealed himself as Tom’s grandson, currently living in Hethersett. See how many of the street scenes or buildings in Tom’s photos you think you can still recognise in the village of today. If you need more information on any of the photos, please contact me via the editor of the Herald.

A valuable source of information for this article was a book called *Discovering Old Norfolk: The Road to the Past* by Susan Wright, published by Halsgrove in 2011. Although now out of print, it turns up on eBay and Amazon occasionally, and the Norfolk Library Service also hold copies.

The photographs on the previous page shows the Nokes’ back garden, showing his studio complete with washing line and (probably) the privy.

The other shot is of the Nokes family.

Below left is the aforementioned Christmas card and on the right the tree struck by lightning somewhere in Hethersett. On the right above is Nokes’ business card.





**Hurn House**



**Major buildings - Hethersett station**



Station Lane  
and the level  
crossing



Station  
Farm

All the photographs on this page and the other pages about Tom Nokes come from Hethersett's official village archive,



Major buildings - the church. An uncommon interior photo.



**The Hethersett and Lt. Melton Band, May 1913**



**The Hethersett Guides, 1924. Late works of Nokes.**



**People - the successful 1906 cricket side.**



Tom Nokes delighted in taking photographs of people. On this page he covered sport (cricket from 1906), a village band (1913), Guides (1924) and a wedding group on the left.



Hethersett Hall

The Elms



More buildings from the Nokes collection. These depict Hethersett Hall, the Elms and Norwich Road with the Queen's Head prominent. Below is another wedding group.





**Pte. R. W. 'Billy'  
Mapes**

**The village postie!  
Location not  
known.**



**The King's Head Public House  
is  
pictured on the left.**

NORFOLK Constabulary is holding an open day for would-be Special Constables on October 12th at its Wymondham headquarters.

New recruits are being sought to join Norfolk's 200-strong team of Special Constables. Budding recruits will get the chance to see first-hand how serving Specials help and support regular officers. The event will be divided into two sessions; the morning will cover practical demonstrations while the afternoon will be set aside for anyone wishing to complete the application process.

Serving Specials will demonstrate how they support roads and rural policing as well as the drone unit and there will also be a radio exercise, highlighting the communication and observation skills required by officers. There will be a chance to meet serving Special Constables and talk to them about their experiences and how they fit in their duties in with everyday life.

To book a place please call 01953 425699 extension 2371 or email [BeSpecial@norfolk.pnn.police.uk](mailto:BeSpecial@norfolk.pnn.police.uk).

# Hethersett Matters

**WE regularly feature scams in this publication. In this edition we look at some of the latest to avoid. This column is put together in partnership with Norfolk Trading Standards and Norfolk Police.**

RESIDENTS should be on their guard after police received reports of a cold caller offering cane furniture.

Residents should also be on their guard after police received reports of doorstep cold callers offering roofing services in the Norwich area.

Doorstep cold callers are also very active in the county. In one incident a resident received a doorstep cold call from a man who claimed he was 'calling at properties that are not properly insulated as part of a Government-funded scheme'. The resident declined the offer and reported the cold call.

The advice is simple. Be very wary of claims made by doorstep cold callers and never give access to your property, agree to services, buy items or agree to return visits if approached in this manner.

There have also been reports from Norfolk residents about telephone cold calls claiming to be from 'TalkTalk'. In one call the caller said that they were contacting the consumer as they were about to 'disconnect the consumer's phone service'. The consumer, who was not a TalkTalk customer, stated this to the cold caller at which point the call was ended.

People should be wary of telephone cold calls and the claims made during them. If you receive a suspicious cold call do not give or confirm any personal or financial details and hang up. There have also been reports from Norfolk residents about recorded message telephone cold calls regarding bank accounts and credit cards.

The most recent report was a message starting 'Your Credit Card has been used to make a purchase abroad'.

Previously there have been reports of recorded message calls stating:

'Your credit card has been compromised overseas'

'An attempt has been made to transfer £600 from your bank account'

'This is Mastercard, an attempt to purchase an item for £600 has been made on your card'

'This is Visa, an attempt to purchase an item for £600 has been made on your



We don't know of any official lottery operators who ask for fees to collect winnings. Any request for a fee payment is a good indication that someone is trying to scam you.

Never disclose your bank details or pay fees in advance to claim a lottery win.

If they've provided an email address to respond to, be very suspicious of addresses such as @hotmail.com or @yahoo.com or numbers beginning with 07 because these are free to get hold of.

Genuine lotteries thrive on publicity. If they ask you to keep your win a secret it's likely to be a scam.

Many examples of lottery scam letters have bad spelling and grammar – see this as a warning that fraudsters are at work.

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## Herald Short Story

Kathy Floyd from Hethersett has just started a degree in creative writing at the University of East Anglia. Here we include her short story - Appointments. We are always happy to include short stories and poetry in the Herald.

I pile the bin bags in the hall. Farewell old clothes! You have served your purpose. The Big C will be grateful. The phone rings. I'm naked in the bathroom.

'Go on,' I say to myself, 'saunter through then.'

I practice my 'first day of the rest of my life naked saunter'. I move deliberately slowly towards the living room without taking my eyes off my breasts that are hanging freely. The phone stops just as I reach out for it.



I go upstairs and dress. Jeans and white tee shirt. No bra. I stand tall in front of the mirror and feel my wholesome breasts under the cotton. Free and

healthy. I ring for the taxi.

My appointment is at twelve. Time to spare. I bypass Marks and Spencer; not today thank-you. I make my first visit in 30 years to Top Shop.

I submit to the boisterous music with serenity and spend £300 on vibrantly coloured clothing that will clash beautifully. Three bras; red, white and black. All push you ups with lace and trimmings.

The town clock chimes twelve as I swing open the door.

'Mrs Johnson, how lovely to see you again,' Rita greets me, with a soothing Lancashire undertone.

'Thank you Rita,' I say, reaching over her desk and touching her hand, 'it's lovely to see you too. *Genuinely* lovely.' She blushes.

'Everything's prepared Mrs Johnson,' she says hastily, removing her hand and pointing towards Andre with her diamanté pen.

Andre is waiting at the chair. His good looks and perming paraphernalia at the ready.

'Sit Mrs Johnson sit,' he orders me in his best Italian English. Radio two plays quietly in the background. Fantastic Day - Haircut One Hundred. 1982 I think. I would have been 20. I can still remember that first Dallas perm.

I sit. I inhale him as he tenderly drapes the black gown over my relaxed shoulders. A lifetime away from the white surgical gown and scent of sterility *last* Friday. Pungent aromas of earthy sandalwood and musk threaten to seduce me momentarily. He is beautiful. I compose myself.

'No perm today Andre,' I tell him, unfolding the magazine page. 'I'd like *this* please.'

He leans over my shoulder and peers at the photograph. Then he whisks it from my hand and plants himself in front of me, holding the picture next to my face.

'*This*,' he says, pointing to the photograph with his comb, 'This is *big change* Mrs Johnson!'

'Yes I know Andre.'

'*Very* pretty lady,' he says, holding the paper at arms length.

'*Very*,' I say, turning to look into his lovestruck eyes. 'It's Sinaed O'Connor. She was famous in the eighties. You would have been a mere twinkle then Andre.'

'A twinkle?'

'Not born. It means you hadn't been born, sort of.' I give him a wink to help him piece it together.

'Ah,' he sighs, handing the paper back to me. 'Like star in the sky! I see Mrs Johnson.' He is pleased with his progress.

And I am pleased with mine. I give Andre a bigger tip than usual. He has played a pivotal part in my renewal.

'Is good Mrs Johnson,' he says, holding out my coat, 'Is better than picture eh?'

*It is good. This is the beginning of the rest of my life. Mantra for today. Correction. For everyday.*

Outside on the high street, ethereal pink and white blossom trees are singing in the new season and I pause to salute them.

The surgery is on the way to the taxi rank so I pop in with the card. I bypass the queue and head for the receptionist. A million years away from last Friday.

'Mrs Johnson?' I feel a hand on my shoulder as I'm rummaging through my bag. I turn.

'It is you Mrs Johnson,' says Dr Kelly, gently taking hold of my elbow and steering me away from the queue. 'Did you get my messages Mrs Johnson?'

I feel giddy. I run my fingers through my Sinead tufts to steady myself.

'What messages Dr Kelly?' My breathing speeds.

She turns to say something to the receptionist. I am disorientated. My armpits are wet. I need the toilet.

'Please come through Mrs Johnson.' She lets go of my elbow to open her door.

I don't remember the descent. I'm on the floor. My head hurts. Disjointed utterances drown and surface.

'As soon as possible wrongly cleared Mrs Johnson. patients notes mixed up. drink water. more tests. next Friday...'

Kathryn Floyd

# Council/Government Contact Numbers

Below are the contact details for people you may want to get in touch with on village matters:

## **Member of Parliament**

Our MP is Richard Bacon who can be contacted through the following:

Email - Richard@richardbacon.org.uk.

Address: Grasmere, Denmark Street, Diss, Norfolk, IP22 4LE.

Telephone: 01379 642097

Web site: www.richardbacon.org.uk

Facebook - Bacon4SouthNorfolk

Twitter - @Bacon4SNorfolk

## **Norfolk County Council**

Our Norfolk County Council representative is David Bills who can be contacted on 01603 813041.

## **South Norfolk Council**

Our South Norfolk Council representatives are Adrian Dearnley, Phil Hardy and David Bills. David can be contacted on 01603 813041 or at dbills@s-norfolk.gov.uk, Phil on 07985 695668 or at phardy@s-norfolk.gov.uk and Adrian on 07957139880.or at adearnley@s-norfolk.gov.uk.

## **Hethersett Parish Council**

Clerk to the council Annette Palmer can be contacted on 01603 810915. Parish council chairman Adrienne Quinlan can be contacted on 01603 814379.

The Parish Council usually meets on the third Monday of each month at the Village Hall. The planning committee meets on the first and third Monday (depending on planning applications).

Agendas of meetings are displayed on village noticeboards at Churchfields, Hethersett Library, Hethersett Post Office, the Memorial Playing Field, and Hethersett Village Hall. Copies of minutes are held at the library or are available from the clerk. The parish council office is open at the Village Hall (upstairs) on Monday and Thursday mornings between 10 am and 12 noon.

Email: hethersett.pc@tiscali.co.uk

Website – hethersettpc.info

# HETHERSETT HERALD

Your Monthly E-Magazine

News, views, comment, information and photographs keeping you up to date with what is happening in our village. Hethersett Herald is published on the first day of each month exclusively at:

[www.hetherssettherald.weebly.com](http://www.hetherssettherald.weebly.com)



# The Scott Willoughby Column

EIGHT more weeks of disruption, eight more weeks of hideous traffic queues, but will the end result be worth it?

That's the question I am continually asking myself as I sit in a traffic jam or gaze on yet more road-works, as if we haven't had enough over the past few years.

Many people have questioned the need for additional work on the present section of the cycle path as a cycle way already exists.

Once the work on this section has been completed it won't be long before more traffic lights come our way as the two parts of the cycle path are joined up.

Hopefully that will be it and we will at least have a serviceable cycle path virtually connecting all the way from Wymondham to Norwich. The problem that comes with a cycle path is the fact that many serious cyclists will not touch them with a proverbial barge pole. It is infuriating for motorists to get stuck behind a cyclist on the road when there is a cycle path available. But serious cyclists point out that whilst the paths are provided by the county council, little is then done to ensure they are kept free of debris and as one person points out in this edition of Hethersett Herald, punctures are a regular occurrence.

One thing that does come out loud and clear from the current situation is a need



# The Scott Willoughby Column

for motorists, cyclists and pedestrians all to be more tolerant of each other's wishes and views.

The only thing that is certain in my mind is that whilst some cyclists use the paths, others will continue to use the roads and this is something we will just have to accept.

\* \* \*

A walk around the Back Lane area of Hethersett shows just how much development is currently going on.

You can be forgiven for feeling that a whole new village is being developed over that side.

I just hope that home-owners on the new areas genuinely feel part of the village. I still remember when Steeple Tower was built and residents felt detached from the main part of the village. That feeling dissipates over time and nobody would suggest that Churchfields and all the surrounding roads are now anything but an integral part of Hethersett.

\* \* \*

Finally in this edition I must once again drone on about the King's Head. You will see in this edition of the Herald that at one time the village had no less than six public houses, although one must imagine that some of these would have been little more than a front room of a house.

Ridiculously as the village grows the number of "watering holes" seems to be diminishing. It is difficult looking at the state of the King's at the moment to see how this particular Phoenix can rise from the ashes.

The current owners seem to have little or no interest in doing anything other than tell us that taking on the pub is a "fantastic business opportunity" and allowing it to deteriorate.

There is no doubt in my mind that a rejuvenated King's Head could be a vibrant community asset. Sadly at the moment there seems to be little evidence that this will happen anytime in the near future.

## No Room At The Inn

There is growing support for Hethersett Hedgehogs as more people read and then post on our Facebook page which can only be good news for our autumn juveniles.

In normal years I would expect the number of autumn juveniles to peak in October rather than September but this year we have already been stretched in the number we can care for.

Perky came in last month weighing around 127 gm but is now fat and happy in the outside run weighing 674 gm. He should be able to go for release where he was found in a few days. I know that he will be well cared for there and, as it is still early autumn rather than mid-winter, he should be able to make a den for hibernation before the cold weather creeps in. Although, as he has worked hard and dragged an unbelievable number of dry leaves into his bed it would be a shame to disturb him and we may just let him hibernate there and go home in the spring.

At one stage we had seven hedgehogs in the shed spread over five hutches one of which was old and somewhat inadequate. The pressure softened when Perky moved into the outside run but it meant that some had to share a hutch. This is workable when those involved are siblings but if they are unrelated then they will fight which means that one is likely to be bullied



**Perky has made himself at home in the outside run**

# Hethersett Hedgehogs

and not thrive. It is essential then to weigh them every day to assess the situation.

The dire condition of the juveniles this year was also evident when we were asked to take one by a local vet. Before we have even got a carrier ready to go and get him, there was another call to say that he had already died. Every hoglet lost leaves me feeling desolate.

There was sadness when we lost Titch who only weighed 80 or so grams. He came in covered in fly eggs and that usually means there is little hope of survival as flies know instinctively when a creature is about to become food rather than a living being. However, Titch did try but then showed an inadequacy of one of our hutches as he managed to squeeze between the wires in the grid that covered the front. Not only did he escape his hutch but then he escaped the shed. He was found the next day cold and in a sorry state and then sadly died.

The smallest one we have now is Plato who weighs 156 gm. Although he is so tiny he is gaining weight slowly but consistently. Another little chap called Percy was brought in and we were not sure that he would make it as he refused to eat until offered chopped up roast chicken breast. From then on there was no stopping him and now he is approaching a weight where he can go in the outside run next to Perky. He still has roast chicken every day. I am sure that I am the only person in Tesco's that buys a whole chicken to chop up for hedgehogs.

Paul Baisley our local dentist also has hoglets in his care and has very kindly agreed to help out if we become swamped again. If you see a tiny hedgehog out and about please get help for it as it is too late in the year for it to be able to care for itself before winter sets in. A dish of water and a bit of food in your garden could save a little life.



**Percy has taken a liking to roast chicken.  
Plato is still tiny but is growing slowly.**

# Groups and Societies

## **Hethersett Methodist Church**

The church holds shoppers' coffee mornings every Saturday from 10.30 am until midday. Everyone is welcome and tea and coffee is served. The art and craft group meets on Wednesdays from 10 am until midday. Further information is available from Tina Greenhalgh on 810364.

There is a Bible study group on the second and fourth Tuesdays of each month at the church at 7.30 pm and all are welcome

Harvest Festival will be celebrated at the church on Sunday, September 29th, with the 10 am morning service being led by the Rev Catherine Hutton and the 6.30 pm evening service by the Rev Mary Sachikonye

## **Litter Pick**

The next village litter pick organised by the Hethersett Environmental Action Team will take place on November 9th at 10 am starting from Hethersett Methodist Church Car Park. All are welcome and equipment is provided.

## **St Remigius Church**

A coffee drop in session for parents and toddlers takes place in St Remigius Church on the first Tuesday of each month from 10 am. The October session will take place on October 1st.

## **Heart of Hethersett Bereavement Group**

The Heart of Hethersett Bereavement Group meets every two weeks on a Tuesday in the lounge at Woodcote Sheltered Housing complex in Firs Road from 5.30 until 6.30 pm and has a mixture of films, talks and social time.

The group also welcomes people who are lonely and/or suffering from depression and anxiety. It is supported by Ivan Fisher Independent Funeral Home. Meetings in October will be on the 1st, 15th and 29th.

On October 1st Herald columnist Helen Tyler from Barking Mad South Norwich will be talking about "grieving for pets."

# Groups and Societies

## Hethersett Dementia Support Group

Big news from the Hethersett Dementia Support Group is that from October the group will meet twice a month. Previously the group organised a cafe on the third Tuesday of each month in Hethersett Methodist Church Hall from 10 am until midday. Now the group will have an additional social morning on the first Tuesday of the month for people to enjoy time together. October sessions will therefore take place on October 1st (10-11.30 am) and 15th (10 am -midday) Light refreshments are served free of charge.

The café welcomes all in our community, those living with dementia and their carers and others who wish to meet and chat over tea or coffee. All can participate in activities, share memories and listen to guest speakers on a wide range of subjects.

Further information is available by e-mailing [hethersettdementia2016@gmail.com](mailto:hethersettdementia2016@gmail.com) where you can leave a contact telephone number and somebody will get back to you within 48 hours.

## Hethersett Woman's Institute

Fay Jones spoke to members on the prickly subject of stinging nettles. She underlined the usefulness of nettles which can provide free food, being used to make soup, cooked in their own right and also as a food colourant. Cornish yang cheese is wrapped with layers of nettles and partially fermented leaves are a good fertiliser. So nettles are much more than a garden nuisance and weed.

## Hethersett Social Bowls Club

Hethersett Social Bowls Club held its annual two wood triples tournament at Hethersett Social Club. Winners were the trio of Mick Monk, Richard King and Keith Abbott and runners-up were Steve Weber, Kevin Sale and Ray Lewis also of Hethersett. The event also raised funds for the Big C Cancer Charity.

# Groups and Societies

## **Cringleford and Hethersett Flower Club**

Stephanie Laing demonstrated arrangements using wood as part of the accessories or as part of a container. In July members and friends visited the gardens at Hindringham Hall and in July Jacquie Aldous produced a lovely mix of flowers and colours under the heading "That's Entertainment IV." These went from Laurel and Hardy to Moulin Rouge.

In August the club celebrated its 45th anniversary with a get together in Cringleford Church Hall.

The group generally meets on the fourth Monday of the month in Hethersett Village Hall at 7.30 pm. Membership for a full year is £25 and visitors are welcome at £5 a meeting.

More information is available from Lynn Rawlings on 01603 457888. See our What's On section for more details of coming club events.

## **Messy Church**

It was messy both inside and outside when the St Remigius Messy Church picnic was forced inside due to rain. Those present enjoyed the food and games. The September Messy Church celebrated Harvest with a variety of craft activities followed by a meal.

## **We Are On Facebook**

Hethersett Herald is on Facebook. You can follow us at

<https://www.facebook.com/Hethersett-Herald-196216690775010/>

# Groups and Societies



## Probus Club

Yolande Russell from the Eating Matters charity talked to members about eating disorders. The charity offers early intervention and counselling for people suffering from mild to moderate eating disorders. It was established in 1979 and became a registered charity in 1991 before being re-launched in 2012. In 2018 the charity received 361 referrals and carried out 3,237 one-to-one counselling sessions and 72 hours of group work for people who emotionally over-eat through bullying and abuse.

**This was followed by a talk by the Le Paradis Massacre Commemoration Group on September 18th. Three members of the group - John Head, Dennis O'Callaghan and Nick Smith are photographed above with Probus Club members.**

**The group was set-up a number of years ago to commemorate and remember the massacre of 97 soldiers from the Royal Norfolks, Royal Scots and other regiments at the village of Le Paradis in Northern France on May**

# Groups and Societies

27th, 1940.

Two members of the Royal Norfolk Regiment - Privates William "Bill" O'Callaghan and Albert "Bert" Pooley - survived the ordeal and lived to see the Nazi perpetrator of the massacre brought to justice and hanged.

Two members of the commemoration group - John Head and Peter Steward - live in Hethersett.

John outlined the build-up to the Second World War and the movements of the Royal Norfolk Regiment and their defence of Le Paradis - a defence that held the enemy back long enough to enable over 300,000 troops to be evacuated from Dunkirk.

Dennis O'Callaghan - son of Bill - then described the aftermath of the massacre and its repercussions.

You can learn more about the massacre and those involved by visiting the group's official website at [www.leparadismassacre.com](http://www.leparadismassacre.com).

It was the club's 998th meeting and it will be celebrating its 1,000th get-together with a meal at Park Farm Hotel, Hethersett.

## Good News Magazine

The village Good News magazine is looking for people to help distribute the publication. Anyone interested in delivering to various parts of the village should contact Monica Moore on 811731.

## Norfolk Association for the Disabled

*By Angela Farrington*

Wymondham and Attleborough Branch also covering Hethersett.

Upcoming events are detailed on the next page.

# Groups and Societies

**October 3<sup>rd</sup>** - Social at Methodist Church hall. Entertainment will be either feely bags or a quiz. Followed by tea, sandwiches and cakes.

**October 8<sup>th</sup>** - AGM. This is where we get together with our other groups in Norfolk and hear about their activities over the last 12 months, then usually there is an interesting talk followed by raffle and tea and cakes.

**November 7<sup>th</sup>** - Methodist Church hall. Activity to be advised.

**November 24<sup>th</sup>** - Trip to Drayton Players. Always a popular event.

**December 10<sup>th</sup>** - Christmas lunch at Park Farm Hotel.

**January** - We have no social in January but will have a visit to the Hethersett Pantomime.

All newcomers welcome. Anyone interested in joining our group as a disabled member, or anyone looking to volunteer to help at our meetings and on trips out or for any other enquiries please contact **Rob Reeve 01603 810440** or **Angela Farrington 01603 810342**

## HETHERSETT SOCIAL CLUB

*Live locally and never visited HETHERSETT SOCIAL CLUB ?*

We offer a warm, friendly atmosphere for all the family with a wide range of facilities

Extensive range of beers, spirits, wines and soft drinks at affordable prices

### ENJOY SPORT?

Pool tables (adult and children's) - Darts - social game or team player  
4 snooker tables (including one match table)

Bridge club - Petanque - Full size outdoor bowls green

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**ENTERTAINMENT:** Live music/karaoke/fish and chip quiz nights/ race nights to name a few



**SPECIAL OCCASION?** Birthday/Wedding/Christening ?

Large function room available for hire

Buffets can be catered for on request - reasonable rates



Outside patio area and children's play area

Call in today for details of membership and a tour of our facilities

Contact Sue on 01603 811195

See our website on: [www.hethersettsocialclub.co.uk](http://www.hethersettsocialclub.co.uk)



# Groups and Societies

## Jubilee Youth Club News

***By Gillian Saunders***

YOUTH club has restarted on Wednesday evenings after the summer break and we look forward to welcoming back last year's members and hearing all your news and also welcoming new members too.

The early group for the younger members starts at 5:45 pm and runs to 7:15 pm and then the group for high school ages starts at 7:30 pm. Lots of things to do and activities for the term to plan, so go along to your group and have fun!

Remember new members, just get an adult to pop in with you on your first evening just to sign the consent form (it is ok for you to send them away after that). Your first evening is free. Just bring any money you want for tuck. We have kept subs at £1.50 a week again this year. If this causes any problems and becomes a barrier to anyone attending please have a discreet word with Emma (our youth worker) and we will try and help in any way we can.

We have decided to postpone the quiz until the lighter evenings in the spring. I am aware of the evenings drawing in and people not liking turning out in the dark and also because I have been so tied up sorting out all the evidence for the Quality Mark that I haven't had time to think about all the question planning and advertising that is needed! There will be one in the spring though.

We will have a stall at the Charities Market at the end of November. More details of how you can help with this soon.

I am pleased to say we have just submitted our folder to the assessor for the Ambition Quality Mark. I have enclosed a little bit about what it is about so hopefully when next month I tell you if we were successful you will know what it means to the club. I hope it will show parents/carers and members that the club is a safe, fun place for young people and also show the people of Hethersett and surrounding villages that there is a 'quality' club where young people can go and have fun whilst being safe and that the funding we receive from the parish council is being used to provide this.

It has meant a lot of work to collect all the evidence into one place and then collate, but I hope it will be worth it. The witness statements from the young people did make me realise how much they enjoy coming to club and how we have

# Groups and Societies

grown and developed since we decided to reopen the club and take on the employment of the youth workers ourselves when county funding was pulled.

This is a little bit about the Quality Mark which I have taken from their publicity.

*“Ambition Quality is a national kitemark to recognise and accredit good quality, safe youth provision. Getting an Ambition Quality mark means your youth club, drop-in café, sports club or youth project is welcoming, gives young people a chance to grow and develop social skills, and that there are policies and procedures in place to keep them safe.*

*“Achieving an Ambition Quality Mark proves to funders and partners that you can deliver high quality services, and it shows your commitment to improving your services for the young people you work with. Once you have achieved a Quality mark, you can display it on your building, on funding bids and reports and on any marketing literature you have, and the accreditation lasts for three years.*

We await the comments from the assessor and any further work they require to make us even better.

If you are able to help in any way with the club either as a Trustee, which doesn't involve too many meetings but it does help share the work out a little bit more, or as a volunteer on a Wednesday evening please get in touch with us.

If you want to know a little more about the club we have a Facebook page which Emma is brilliant at posting photos of the activities the members have enjoyed doing (there do seem to be lots involving food).

## Hethersett Society Visits The Galapagos Islands

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*Herald Associate Editor and Hethersett Society member, Gary Wyatt, reviews the society's September meeting*

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The talk at September's meeting of the society was given by Anna Meek, supported by her sister Jeanette who lives in California but was over here for a visit. Clearly the fame of Hethersett Society has spread worldwide.



# Groups and Societies

separation from members of the same species on the other islands. The phrase 'survival of the fittest' refers to the process by which a random genetic mutation leads to an advantage in survival and breeding for the individual carrying that mutation.

Anna showed many photos of the wildlife encountered during the trip and those of the sea lions, iguanas and tortoises were especially good. I had not previously known that the difference between a seal and a sea lion is that the latter have external ear structures whereas seals have only a hole (good to know just in case it ever comes up in a pub quiz). Many of the species found have Galápagos as the prefix to their common name, indicating that they are unique to the islands.



Other fauna seen included red-footed and blue-footed boobies (birds, in case you were wondering), albatrosses, lava herons, ghost crabs, Sally Lightfoot crabs, green turtles, giant tortoises up to 125 years old, and penguins, some of which were above the equator and thus in the northern hemisphere (another one for a pub quiz). Albatrosses can live for 50 years and mate for life.

Anna also showed wonderful white coral beaches bordering beautiful blue seas. There are also black lava beaches, not so attractive. Flora illustrated included prickly pears and other succulents. As expected, the photography was of a high standard and the talk very enjoyable.

The next meeting of the Society is on Monday, 14th October, at 7.30 pm in Hethersett Methodist Church Hall when Richard Hoggett will speak on 'The Anglo-Saxon Conversion', a talk described by the Society chairman Chris Morriss as being "more interesting than it sounds". Non-members are welcome to any meeting for a £2 charge, but membership for the full year is only £7.

# Groups and Societies



HETHERSETT Pensioners' Association took to an Iron Horse to enjoy a lovely outing on the Mid Norfolk Railway from Wymondham to Dereham and back. The trip also included a cream tea with strawberries



# Hethersett Herald

HETHERSETT Herald is published electronically in the first week of each month via the Hethersett Village web site at

[www.hethersettherald.weebly.com](http://www.hethersettherald.weebly.com)

Hethersett Herald is a non profit making and independent publication providing news, views and information about Hethersett. It has no affiliation to any specific group, organisation or political party.

Information, reports and photographs are always welcome. These can be e-mailed to [petersteward@lineone.net](mailto:petersteward@lineone.net). Everyone who works or contributes to Hethersett Herald does so on a voluntary and unpaid basis. We are happy to hear from anyone who would like to help us increase and improve our coverage of village life. Views expressed are those of the individual authors.

## **Herald Team**

Editor - Peter Steward

Associate Editors - Roger Morgan and Gary Wyatt.

Columnists - Hannah Harrison, Scott Willoughby

Proof Reader - Anne Steward.

Thank you to everyone that has contributed to this edition of Hethersett Herald. If you have enjoyed reading this e-magazine please pass on details to friends and relatives so that we can increase our readership.

# Hethersett Herald What's On

*The following are just some of the regular events taking place in Hethersett. If you have an event you would like to see featured in Hethersett Herald, please send details including its date, time and venue to the following email address:*

*[petersteward@lineone.net](mailto:petersteward@lineone.net)*

## **Regular Events:**

**Hethersett Croquet Club** meets on the Memorial Playing Field from 2.30 pm on Wednesday and Saturdays.

**Hethersett Methodist Church Art and Craft Group** meets in the Methodist Church Hall from 10 am on Wednesdays. Further details available from Tina Greenhalgh on 01603 810364.

**Hethersett Table Tennis Club** meets in Hethersett Methodist Church Hall from 7 pm on Fridays.

**Hethersett Methodist Church Shoppers' Coffee** takes place on Saturdays from 10.30 am until midday.

**First Steps pre-school Group** meets in Hethersett Village Hall on Tuesdays from 10 am during school term time.

**The Heart of Hethersett Bereavement Group** meets in the lounge of Woodcote Sheltered Housing complex from 5.30 to 6.30 pm on alternate Tuesdays. All welcome, light refreshments available free of charge.

**Hethersett Dementia Support Group's** monthly café takes place in Hethersett Methodist Church Hall from 10 am until midday every third Tuesday. There is also a social morning meeting on the first Tuesday of each month from 10 until 11.30 am.

**Hethersett Short Mat Bowls Club** plays two sessions each week in Hethersett Village Hall. The first is on Tuesday afternoons from 2.15 pm for a 2.30 pm start and the second is on Friday evenings at 7.15 pm for a 7.30 pm start.

We will have a list of November coming events in the next edition.

# Hethersett Herald What's On

**Coming Events for October include the following (see previous page for details of groups and societies that meet regularly).**

**October 1st -18th** - Hethersett artist Jo Jacobson exhibits in Norwich Forum.

**October 1st** - Hethersett Dementia Support Group additional meeting. Hethersett Methodist Church Hall 10 - 11.30 am.

**October 3rd** - Norfolk Association for the Disabled Wymondham and Attleborough Branch social at Methodist Church Hall. Entertainment will be either feely bags or a quiz. Followed by tea, sandwiches and cakes.

**October 8th** - Norfolk Association for the Disabled Wymondham and Attleborough Branch AGM. Methodist Church Hall.

**October 10th-19th** - Hethersett artist Jo Jacobson exhibits in the Undercroft at the back of Norwich Marketplace.

**October 12th** - Hethersett artist Jo Jacobson talks about her art in the Express area at Norwich Library.

**October 13th** - Hethersett Village Screen presents "Fighting With My Family," Hethersett Village Hall, 3 pm. For further details of this and coming films see pages 72 and 73.

October 14th - Hethersett Society - The Anglo Saxon Conversion, Hethersett Methodist Church Hall, 7.30 pm.

**October 16th** - Library Friends Meeting, Hethersett Library, 6 pm. All welcome - discussion on coming talks and events.

**October 21st** - Hethersett Parish Council meeting, Hethersett Village Hall, 7.30 pm. Planning Committee meets at 7 pm.

**October 27th** - Societies' Day in Hethersett Village Hall 2-4 pm. For more information see page four.

# Hethersett Herald What's On

## Colourful Display Assured



THERE will be plenty of colour on display when the Paint With Us Art Group holds its autumn exhibition in Hethersett Village Hall on Sunday, November 17th.

The group has been encouraged by the popularity of previous exhibitions.

The Paint With Us exhibition will take place from 10 am until 4 pm.

Refreshments will be available. Parking and entry is free and artwork and cards

will be on sale. Our photographs on this page were taken at a previous event.



# Hethersett Social Club



Coming attractions at Hethersett Social Club include the following:

Saturday 12th October - James Barr in the lounge

Saturday 16th November - Odd Man Out Band

Saturday 7th December - Stardust Duo in the lounge

Saturday 21st December - Deano in the lounge

Christmas Eve 24th December - Family Disco 4-8 pm

Club Opening Hours

Monday - Closed

Tuesday - 7 pm to 11 pm

Wednesday - 7 pm to 11 pm

Thursday - 7 pm to 11 pm

Friday - 5 pm to 11.30 pm

Saturday - 12 pm to 12 am

Sunday - 12 pm to 6 pm

For more information on club activities telephone 01603 811195 or visit the official website at:

[www.hethersettsocialclub.co.uk/](http://www.hethersettsocialclub.co.uk/)

More information on Hethersett Social Club on page 116

# Hethersett Herald What's On

**Hethersett Surgery will be closed on Tuesday, 1st October, due to the annual flu vaccination in Hethersett Village Hall.**

**This also means that there will be no First Steps Hethersett Stay and Play Baby Group on this day.**

**GP Surgery Closed  
on  
Tuesday 1 October** (including  
the Dispensary)

**This is due to the doctors and staff  
being at the Village Hall for the  
annual Flu Vaccination Day**

**Emergency appointments will be seen at either  
Cringelford or Mulbarton surgeries**

## Free Hearing Assessments

One local business is committed to raising awareness of hearing loss in Norfolk by holding a free awareness event in Hethersett as part of its tour across the county throughout November.

The Hearing Care Centre, a family-run business with 26 centres across East Anglia, has organised 'Norfolk Hearing Care Month', which will see special events held in Attleborough, Aylsham, Dereham, Harleston, Hethersett, Hoveton, Norwich and Watton.

The team, led by Norfolk audiologist Simon Myhill, will be visiting Rowan House Health and Well Being Centre, Hethersett, on Tuesday 12<sup>th</sup> November (9 am-5 pm), offering complimentary hearing assessments, expert advice and, if required, make personalised recommendations on solutions that could lead attendees on the path to better hearing.

Hearing loss affects one in six people in the UK and it takes 10 years on average

before those who have noticed a loss in their hearing choose to seek help. Research has also proven that other than a reduced quality and experience of life, hearing loss can also lead to cognitive decline resulting in conditions such as depression and dementia.

Karen Finch, founder and lead audiologist at The Hearing Care Centre said: "Hearing loss is a real issue in the UK. More often than not it's a gradual process, it's not always easy to tell if you're losing your hearing. Therefore it is so important to have your hearing assessed on a regular basis to intervene at the earliest stage possible."

To find out full details or to book an appointment for this event, call The Hearing Care Centre on Freephone 0800 0962637 or visit [hearingcarecentre.co.uk/hearingcaremonth](http://hearingcarecentre.co.uk/hearingcaremonth).

The Hearing Care Centre was established in 1998. The main practice is situated in Ipswich with a further 25 centres located in: Aldeburgh, Attleborough, Aylsham, Beccles, Bury St Edmunds, Carlton Colville, Dereham, Eye, Felixstowe, Framlingham, Hadleigh, Halesworth, Harleston, Hethersett, Hoveton, Ipswich East, Needham Market, Norwich, Southwold, Stowmarket, Sudbury, Thetford, Watton, Wickham Market and Woodbridge.

### **Hearing Loss Statistics\***

- There are 11 million people in the UK with hearing loss which is one in six of the population.
- By 2035, it is estimated that there will be around 15.6 million people with hearing loss across the UK - that's one in five.
- More than 40% of people over 50 years old have hearing loss, rising to 71% of people over the age of 70.
- People leave on average a 10-15 year delay from the onset of hearing loss to addressing their condition.
- Evidence suggests that GPs fail to refer up to 45% of people reporting hearing loss to audiology services.
- The most common type of hearing loss in the UK is among people who are gradually losing their hearing as part of the ageing process.

\* Stats taken from Action on Hearing Loss

# Hawk Talk with Mel Perkins

HETHERSETT Hawks/Yellow Brick Mortgages made it four wins out of four against local rivals Norwich Stars with a 102-78 win in their final rearranged South-East and Eastern League Division One match at Eaton Park. The match was evenly contested in the early stages but Hetherset's strength in depth shone through and eventually Hetherset were able to reach 100 points with Norwich giving youngsters a few rides.

Teenagers Charlie Lyth and Paul Delaiche were in good form, as was Harley Hamill and there was a welcome return for Dan Butler.

Norwich 78, Hetherset 102. Hetherset scorers - C. Lyth 19, P. Delaiche 17, H. Hamill 16, B. Loombe 14, L. Cossey 12, D. Butler 9, G. Morgan 8, D. Martin 7.

	P	W	D	L	F	A	PTS
Ipswich	12	12	0	0	1291	855	24
Gt. Blakenham	12	7	1	4	1167	976	15
Hetherset	12	4	0	8	976	1164	8
Norwich	12	0	1	11	857	1296	1

Hetherset Hawks had six riders representing Norfolk in return junior matches against Suffolk at Harford Park, Norwich.

In the Under-10s, Luca El Labany helped set the platform for a team win by joining Norfolk champion Connor Jarrett for a 7-3 win in his first ever team race.

Substitute Lewis Smith also produced some key rides as Norfolk won 82-78 and secured an aggregate win.

The Under-16 match was also a close affair. Charlie Lyth, unbeaten in five



# Hawk Talk

with Mel Perkins

rides, had support from Paul Delaiche and, when these two came out for the final nominated riders race, Norfolk were leading 75-74. Their opponents were British Under-14 champion Harvey Young and Kristian Mitchell. Two pile-ups meant the race was re-started twice but disaster struck as Charlie fell and Suffolk took full advantage to take the race 6-4 and the overall victory 81-78.

George Larter-Dixon and McKenzie Loombe also had their moments for Norfolk.



## Lewis is The Top Under-10

Lewis Smith is the club's Under-10 champion. He came top of the pops to take the title on September 10th, finishing three points clear of Luca El Labany.

Scores were: Lewis Smith 28, Luca El Labany 25, Lola Martin 21, Oscar Copeland 18, Max Pugh 15, Henry Adderson 15, Jasmine Swan 11, Alex Thompson 7.

## Hawks Lose After Long Trip

HAWKS faced unexpected hot conditions for their final division two match on the South coast.

This made bend conditions tricky as Hellingly Lions put their home knowledge to advantage in the early stages against the Hawks' B team

which was under strength.

At one point Hawks were 13 points down but unbeaten rides from Charlie Lyth and substitute David Adams helped to claw it back to five points with three heats reaming.

Hellingly responded to share the points in these heats for a narrow win that gave them runners-up spot in the division.

Lewis Smith, fresh from winning the Club's Under-10 title, was named man of the match by the manager.

Hellingly 82, Hethersett B 77. Hethersett scorers - C. Lyth 20, P. Delaiche 19, G. Morgan 13, D. Adams 10, K. Adams 5, N. Longlands 5, L. Smith 5.

Results of the club's Under-13 championship was: 1 George Larter-Dixon 16 points, 2 Lewis Smith 14, 3 Jamie Baggaley 12, 4 Luca El Labany 9. Other scores - Lola Martin 9, Jessica Baggaley 6, Max Pugh 4.

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# Have You Missed an Edition?



YOU can catch up on previous editions of the Hethersett Herald by going to [www.hethersettherald.weebly.com](http://www.hethersettherald.weebly.com) and following the links. Hethersett Herald is an independent publication for news, views and features about Hethersett and general articles written by residents. It is currently available only online.

# The Changing Face of Back Lane

THE North Hethersett area is experiencing a transformation with new housing development at Kett's Park and Heather Gardens but also a new school and major development at Hethersett Academy. Pictures by Peter Steward and Angela Eden.





WE are looking to improve and expand our groups and societies section. If you would like your organisation to be featured in Hethersett Herald please contact the editor via e-mail at [petersteward@lineone.net](mailto:petersteward@lineone.net).

Reports of events and meetings can also be sent to the above email address.

The deadline for copy is the 15th of each month. Hethersett Herald is published on or around the first day of each month via the web site

**[www.hethersettherald.weebly.com](http://www.hethersettherald.weebly.com)**

**Announcement of publication is also made on social media platforms including Facebook, Twitter and Next Door.**

**If you enjoy reading Hethersett Herald please pass details on.**

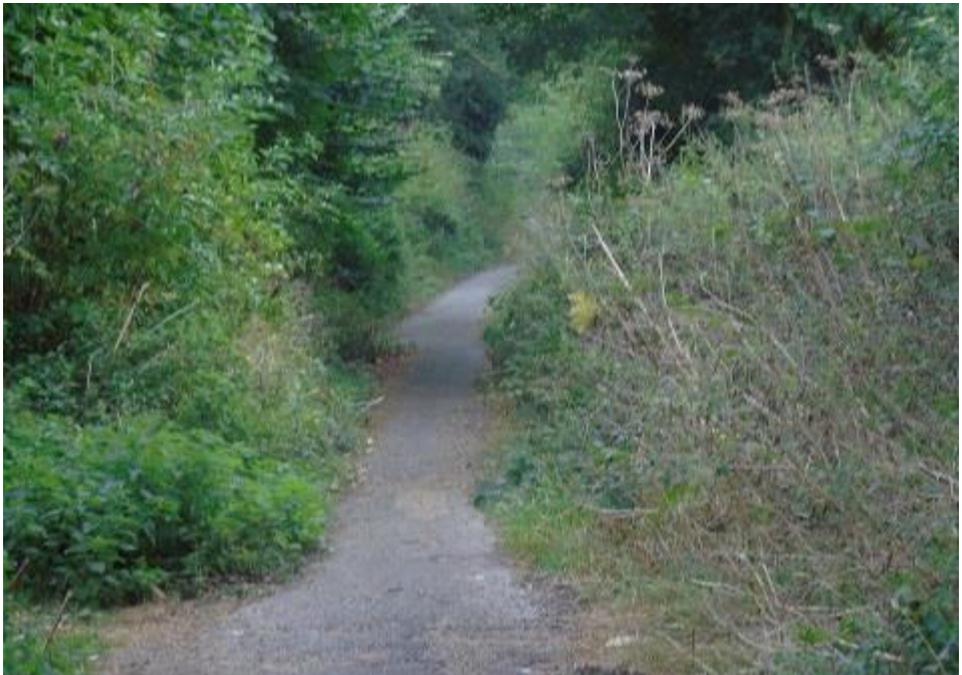
# Work Needed on Shop Lane

WORK to cut back overgrown hedgerows in Shop Lane and Back Lane was delayed but, at the time of going to press, has been partially completed although work is still outstanding in Shop Lane. We received a complaint from resident and village stalwart and keen cyclist Mel Perkins who pointed out how difficult it can be for pedestrians and cyclists to share the overgrown spaces.

“On one occasion I had to stop my bike to allow a lady with a pushchair to pass as it is now too narrow. Something needs to be done before someone gets injured by some less caring cyclist,” Mel said.

Norfolk County Council said they were aware of the problem and promised to address it which they partially did in September after saying the following:

“We have inspected and are going to resolve the problem. After investigation we have confirmed action is required. Defects are scheduled for repair depending on the nature of the defect and work needed but on average can take approximately 6 weeks.” By our calculation it took them about 10 weeks.



# A Colourful Project

## Residents' Art On Display

WALK into the foyer at Hethersett Hall Care Home and you are immediately met by a burst of colour in the form of creative art work.

The bright works have been created by residents of the Barchester care home who have been taking part over the past month in an arts and crafts project with the group "Creative Mojo."

The project looks at "Gardens around the World" and there are many interesting interpretations as our photographs illustrate.

"Our residents have really enjoyed creating some lovely pieces of art work," said Activities Co-Ordinator Charlotte Govier.

Hethersett Hall opened their doors to the public on September 24th to view the work as part of a national day of arts in care homes being organised by Creative Mojo and NAPA (the National Activity Providers Association).

Creative Mojo has been working with over 50 care homes throughout England, along with a number of art centres and libraries. The organisation provides "an all-inclusive craft experience for the elderly, adults with learning and physical disabilities and mental health concerns." and also specialise in working with people with dementia and also within wider community groups. More information is available on their website at <https://www.creativemojo.com/>.

Virtually all the residents at the home have been involved in

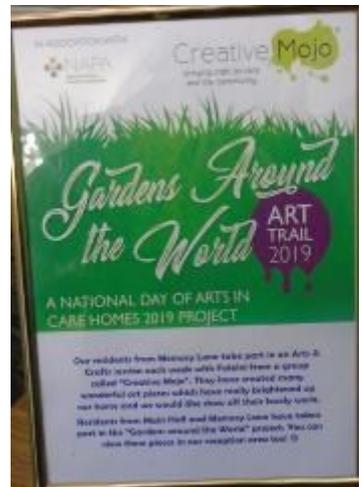




the project which will see the artwork eventually turned into canvasses for permanent display in Hethersett Hall.

Residents from the Memory Lane section at the home have been working on a regular weekly basis with artist Foteini Araka from Creative Mojo (pictured above) who has taught residents to use colour and originality in their work.

The latest art project is just one of the ways residents are encouraged to be part of the Hethersett Community with members of the public regularly invited into the home. The following Friday, doors were opened to the community again as the home held a coffee morning in aid of MacMillan Cancer Support.





All the artwork featured on this and the previous two pages is original and produced by residents at Hethersett Hall Care Home with the theme of "Gardens Around the World."

## More artwork from Hethersett Hall



### Friendly Events in Hethersett Library

TALKS, presentations, games afternoons and a children's traditional party are just some of the events being organised by the newly formed Friends of Hethersett Library Group.

On Thursday, 14th November, Norfolk author Phyllida Scrivens will give a presentation based on her book "Escaping Hitler."

A traditional children's party will take place on Saturday, 7th December, and we will have more details of this in coming editions.

A games afternoon is being organised on the first Friday of each month. A whole host of games from chess and draughts to well known board games will be available and it's just 50p to take part.

The group is also hoping to organise a quiz in the village hall in the spring. The group is supported by South Norfolk Council and Norfolk Libraries Service.

# A Right Royal Visit

HETHERSETT Library was honoured with a Royal visitor on September 11th when Queen Victoria took time off from her Royal duties to talk about her life, her times, her marriage to Prince Albert and her love of Norfolk.

Almost 30 people attended the presentation by Georgette Vale (pictured opposite) from Wymondham organised by the Friends of Hethersett Library



The presentation was the second in a sequence of talks at the library with the series being kicked off by Hethersett Archivist and Herald Associate Editor Gary Wyatt who talked about Edwardian photographer Tom Nokes.

The next talk will be “Escaping Hitler” by Norfolk author Phyllida Scrivens on November 14th. We will have more information on this in the next edition of Hethersett Herald

Tickets for the talks are £5 which includes light refreshments. Any profit from events is put back into organising events at the library.

# News From Hethersett Library

## Library Opening Hours

The library will be staffed on the following days and times:

Monday: 1.30-7 pm

Tuesday: Open Access Only

Wednesday: 11 am - 7 pm

Thursday: 1.30-7 pm

Friday: 1.30-7 pm

Saturday: 11 am-4 pm

Sunday: Open Access Only

Open Library Users who have had their library cards activated for open access will now be able to gain entry to the building from 8 am until 7 pm every weekday and from 8 am until 4 pm on Saturdays and from 10 am until 4 pm on Sundays.



During Open Library Hours when the building isn't staffed residents will be able to return and borrow books, use computers but won't be able to borrow CDs or DVDs.

The poster on page 141 gives an overview of coming events in Hethersett Library for October and the previous page gives details of the libraries bounce and rhyme time which begins on October 4th.

Hethersett Parish Council will soon have its own office in the library. Plans are now at an advanced state to provide a parish office for the public within the building. We will let you know when this is up and running.

You will also find details of the latest meeting and coming events of the Friends of Hethersett Library elsewhere in this edition of Hethersett Herald.

# News From Hethersett Library

A colorful poster for a 'Bounce and Rhyme' event. The title 'Bounce and Rhyme' is written in a large, rounded, purple font with a white outline at the top. Below the title, on the left, are two cartoon babies: one in blue overalls holding a purple balloon, and another in pink shorts crawling. The background is a simple landscape with green grass, trees, and a blue sky with clouds. To the right of the babies, the event details are listed in purple text: 'Hethersett Library', 'Friday 4th October', '1.45pm -2.15pm', and 'And every Friday thereafter...'. At the bottom left is the logo 'borrow discover connect' and at the bottom right is the 'Norfolk County Council' logo.

**Bounce and Rhyme**

Hethersett Library  
Friday 4th October  
1.45pm -2.15pm  
And every Friday thereafter...

**borrow discover connect** Norfolk County Council

## Mixed Start to the Season

HETHERSETT Athletic Football Club has enjoyed, or suffered depending how you look at it, a mixed start to the new season.

The Saturday side are currently in seventh place in the Barnes Print South and Central Norfolk League Division One after one win and two defeats.

The Sunday First team have lost all four of their Norwich Sunday League Division One games and have yet to score a goal and the Sunday Reserves have drawn one and lost one in Division Two and were knocked out of the cup 3-4 by Eaton Beehive.

# Hethersett Library Events

## October 2019

- **Knit & Natter: Mon 14th, 21st & 28th 14:00-16:00**
- **Colour me Calm: Weds 2nd, 9th, 16th, 23rd & 30th 11:00-12:00**
- **Baby Bounce and Rhyme: Friday 4th 1:45-2:15**
- **Lego Club: Fri 4th, 11th, 18th & 25th 3:15-4:15**
- **Computer Help for Beginners : Weds 16th 11-12:30 (Booking Essential. Please call us on 01603 810188 or pop in and talk to a member of staff)**

**If you have an interest in knitting, feel free to drop in on any of the dates listed to meet the group and join in. No booking required.**

### Book of the Month

The House on Bellevue Gardens by Rachel Hore. Copies and reviews from our reading group will be available from October 7th in branch.

See staff at your local library for details,  
visit [www.library.norfolk.gov.uk](http://www.library.norfolk.gov.uk) or call 0344 800 8020



Norfolk County Council

## Medal Ceremony For Youngsters



Photographs by Sarah Lawrence

A MEDAL ceremony for children who completed the Norfolk Libraries Summer Reading Challenge was held in Hethersett Library.

Our photographs above were taken by Sarah Lawrence from the All Things Hethersett Facebook page and include her daughter with her certificate:

“It was lovely that Hethersett Library held a medal ceremony for children that completed the Norfolk Libraries Summer Reading Challenge. I know that some Libraries just hand the certificate and medal over, but the event at Hethersett made it really special. My daughter had been excited since she found out! They even had Councillor David Bills there to present the medals. Well done Hethersett Library for going the extra mile,” Sarah said.

As well as being Hethersett’s representative on Norfolk County Council and South Norfolk Council, David Bills is also Chair of the Friends of Hethersett Library group.

This year’s challenge had a Space Chase theme with youngsters reading books inspired by the 50th anniversary of the moon landings.